



Health First Foundation

Northern Arizona™

2026 COMMUNITY HEALTH GRANT CYCLE FOR NORTHERN ARIZONA

Frequently Asked Questions (FAQs)

Please review the below FAQs before contacting a member of the Health First Foundation (HFF) grants team. If you are unable to resolve your question(s) through the FAQ, contact the team at: foundation@healthfirstforall.org or 928-223-9250. Due to the high volume of calls and inquiries as the deadline nears, organizations are encouraged to contact Health First Foundation grant staff with your questions well in advance of the deadline. During the last week of the grant cycle duration, you will have limited access to LOI technical support.

- ❖ What are examples of health priority focus areas?

Mitigates Chronic Medical Conditions

Address preventions or solutions to diabetes, heart disease, obesity, respiratory conditions, cancer, COPD, pneumonia, hygiene (oral and physical) and Alzheimer's disease.

Improves Behavioral or Mental Health

Address preventions or solutions to stress, depression, bi-polar condition, autism, learning disabilities, anxiety, substance abuse, suicide, domestic violence, sexual assault, alcohol abuse, abuse of prescription drugs, lack of access to mental health services for less serious issues such as diagnostic and counseling services, and lack of access to affordable inpatient and outpatient treatment.

Improves Access to Health Care Services

Address the lack of knowledge of services, lack of basic health education, lack of available services, lack of affordable and reliable transportation, inconvenient office hours, challenges in obtaining insurance, challenges in patterns of insurance coverage, social and cultural barriers, economic barriers, and environmental barriers.

- ❖ If my organization has received funding in the past from HFF, may I apply again this year? Yes, you may apply for funding each grant cycle year for a new program/project. However, the Foundation will not fund a program/project that has received prior HFF funding.
- ❖ What funding requests are not allowed? The Foundation will not fund expenses for conferences, sponsorships, fundraising events, or brick and mortar capital projects.
- ❖ What if my funding request is under \$50,000? The Foundation may consider meritorious grant proposal requests for less than \$50,000. HFF encourages proposals of \$50,000 or greater that support direct service projects that advance health and well-being, leverage matching funds, involve strategic, mission-driven collaborations or partnerships, and build sustainable capacity of the organization.
- ❖ Is medical or office equipment considered a capital expenditure? Perhaps. The Foundation will fund equipment that is necessary for the program/project. If the medical equipment is part of the organization's operational budget, it may not be considered. If there are questions regarding the type of equipment, the Foundation will reach out for further clarification.

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- ❖ Can my organization include salaries and wages in our funding request? Yes. Please ensure you have the salary and/or wages included in your budget overview.
- ❖ What if my organization is located in northern Arizona but we serve community members in Phoenix. Will HFF fund my program/project? No. Program/projects must serve populations in at least one of the following counties: Apache, Coconino, Mohave, Navajo, and Yavapai.

WHAT IF...

- ❖ My organization is a standalone organization? You may submit one application. You may submit another if, and only if, you are applying with a collaboration or coalition along with other organizations.
 - If you would like to submit a second application on behalf of a collaborative group of organizations, submit only one application per project. This means choosing just one organization to submit the collaborative application.
- ❖ My organization is a fiscal sponsor for other organizations. You may submit one application per sponsored organization. You may submit another if, and only if, you are collaborating with another organization.
 - If you would like to submit a second application on behalf of a collaborative group of organizations, submit only one application per project. This means choosing just one organization to submit the collaborative application.
 - A fiscal sponsor may apply for projects separate from those its sponsored organizations apply for.
- ❖ My organization is a school district or a school within a district? You may submit one application per school. You may submit another if, and only if, you are collaborating with another organization.
 - If you would like to submit a second application on behalf of a collaborative group of organizations, submit only one application per project. This means choosing just one organization to submit the collaborative application.
 - If several schools are applying for the same project, please treat it as a collaborative application.
 - A district may apply separately for projects separate from those the schools apply for.
- ❖ My organization is a government or tribal entity, or a university: You may submit one application per department. You may submit another if, and only if, you are collaborating with another organization.
 - If you would like to submit a second application on behalf of a collaborative group of organizations, submit only one application per project. This means choosing just one organization to submit the collaborative application.