

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month (see intentions listed below for each month).

(This prayer originated in mid-19th century France through the efforts of the Apostleship of Prayer, group founded by Jesuit seminarians who were preparing for missionary work. For more information on the Apostleship of Prayer, [click here](#).)