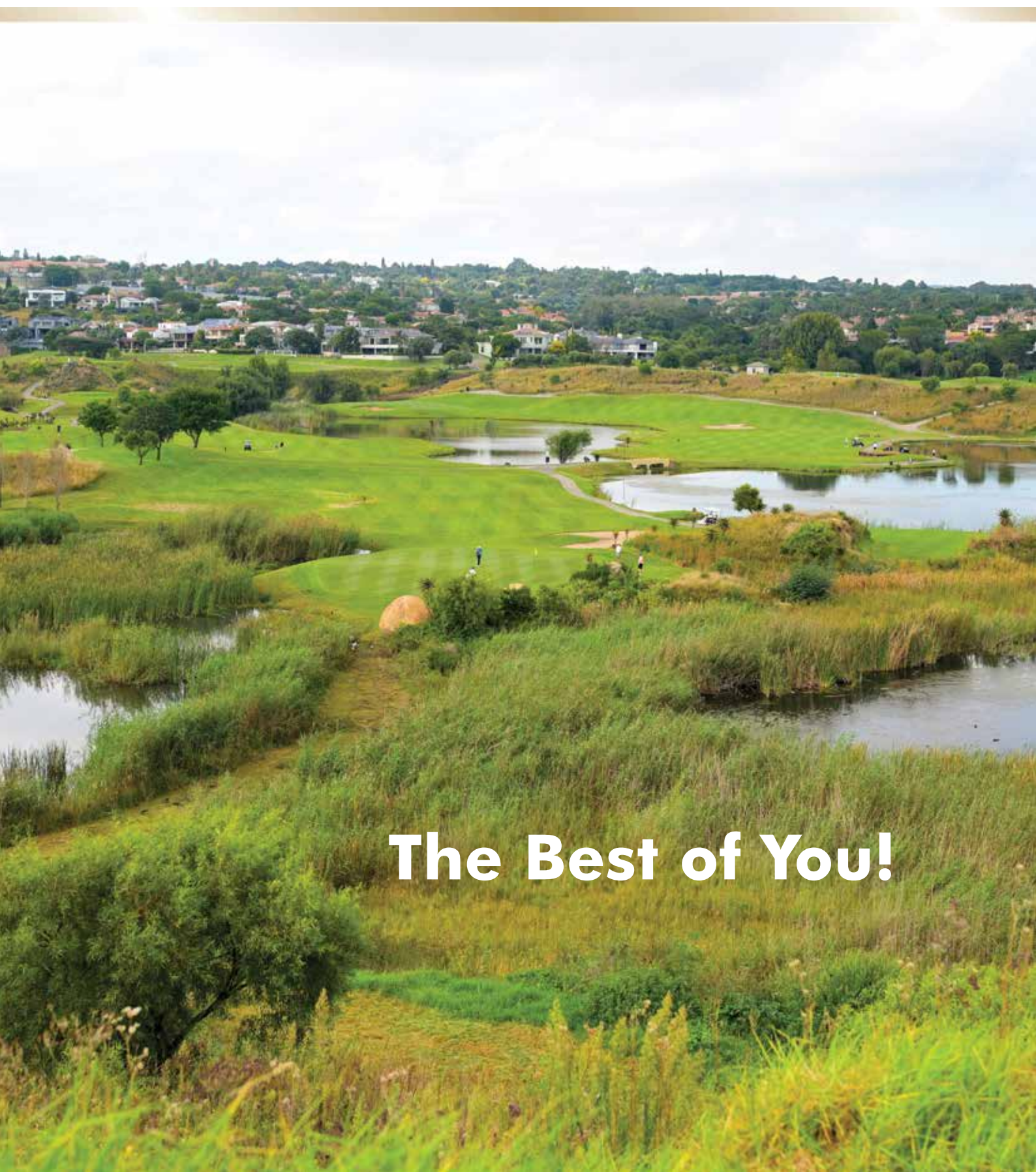


Celebrating 18 years of the ECHOA Estate Magazine

The EAGLE

EAGLE CANYON GOLF & LIFESTYLE ESTATE MAGAZINE

APRIL - MAY 2026



The Best of You!



In the heart of Eagle Canyon Golf Estate, Linda continues to set the benchmark for exceptional real estate performance. **With an impressive 48% market share,** her results speak with quiet confidence.

Achieving **Emerald Circle status**, an honour reserved for a select group of top-performing agents, reflects not only outstanding sales success, but a consistent commitment to excellence.

This milestone is a testament to Linda's relentless work ethic, deep understanding of the market, and genuine passion for serving her community and clients with integrity and care.



Thank you to all my clients for your continued trust and loyalty. Your support is greatly appreciated and it is a privilege to be included in your property journey.



Linda Nunes
Registered with the PPRA - Principal FFC
083 949 8662



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Control Room: 011 794 6999 / 079 271 0401 / 011 794 5111 / 071 344 7478

Country Club: 011 801 6600

Golfersfeedback@echoa.co.za

HOA Board Members

As of March 2026

Neil Michelson

Chair HOA

Wanda Merrington

Vice Chair HOA

Ntsako Baloyi

Duncan Coles

Neil Hobkirk

Shaun Mills

Stewart Rae

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Asher Spa & Hair Salon

010 541 2129/ 068 223 0127 / info@asherspa.co.za

BDGA Golf Academy

083 262 8997 / www.bdga.co.za / 082 262 8998
andre@bdgagolf.com

The Canyon's Bistro, Bar 19 & Turning Point

079 391 0232

EC Auto Wax

010 502 1845 / eaglecanyon@autowax.co.za

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Events & Conferencing

011 801 6600 / info@thecanyons.co.za

Meeting Rooms

011 801 6600 / ccereception@echoa.co.za

MRN Laundry & Dry Cleaning

011 794 1312 / 076 412 1806

Free pick-up and delivery service for residents

Proshop

011 801 6600 / 011 801 6611 / 073 111 6872



THE EDITOR

Kim Bell

HOD: Communications & Marketing
Comms@echoa.co.za

Cover Image: Riaaz Ameen

Best of You!

In continuation of our 2026 theme of the Year of You, this issue focuses on the Best of You, from celebrating excellence on the Golf Course at our recent **Club Champs** (see page 22) to introducing you to our awesome ladies beginner golf programme, **Queens of the Green** (page 24).

Our **emotions feature** on page 26 shares how music can bring out the best in you (and what songs should be on repeat on your song list – particularly when you need that little extra help or boost). And, on page 29, our **wellbeing feature** focuses on improving your personal productivity by helping you “manufacture” and optimise your time.

In this issue, we also share our brand story (the best of us); as well as promote our owl release programme that is currently underway.

Don't forget out **See Something, Say Something campaign** – a reminder that you count, you matter and you are being heard:



As the HOA continuously strive to improve our offering – we have implemented a **new service** to assist with regards to any concerns or complaints that you may have on the estate.

Step 1: WhatsApp San Naidoo on 072 377 5655; with your name, stand number and complaint (please include photos where necessary).

Step 2: The resident will receive an affirmative response that the complaint has been received and shared with the relevant department head or team member via email

Step 3: A response from the relevant department head or team member will be communicated back to the resident within 24 hours.

Please note, there may be some delays for messages received after hours and on weekends.

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www.eaglecanyongolfestate.co.za

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BEST ESTATE 2025 (2024,2023,2022)
BEST GOLF COURSE 2025 (2024)
BEST COUNTRY CLUB 2025

Donate your preloved golf gear

There is a large donation box waiting for your preloved golf attire in the bottom foyer of the clubhouse. Give your gear a second life for those who truly need it. Not only are you decluttering your own home – but you helping tomorrow's potential pros.



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NEWS YOU CAN USE

What's happening in our community and surrounds

"The time for action is now. It's never too late to do something."

— Antoine de Saint-Exupéry

SAVE THE DATE:

The 2026 AGM will take place
Monday 20 April, 18h00 at Eagle 1.

This focus of this AGM is to elect directors to the HOA board (most of the current Board have been seconded on); to present the 2024/2025 AFS and to present the 2026/2027 budget. **Your voice and vote matter and we encourage Members to attend, whether in person or virtually.**

2. Get your family and friends together – show your skills (mentally and physically) by completing set challenges and stand the chance to win your team R50 000!

It's gonna be eggcellent fun!

THE **AMAZING CANYON EASTER EGG RACE** **R50 000 CASH 1ST PRIZE!**

SUNDAY 12 APRIL 2026
Team briefing at 11:30 am sharp in Eagle 1
START AT 12 PM
FREE ENTRY
(Prize giving afterwards at ±3:30 pm)

Enter teams of up to 7 people / Crack the clues / Claim that cash

LIMITED TO 40 TEAMS SO ENTER NOW!




No. 3 / continue on page 8

Hopping into the holiday season

Three things you can do:

1. Enjoy lunch with your family at the Canyons

The Canyons **5 APRIL 12H00**

EASTER LUNCH
Sunday

LIVE MUSIC
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LAMB ON THE SPIT
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072 454 1110

HESTEA@MANDATED.CO.ZA

RESULTS
START WITH
THE RIGHT
PLAN



3.

continued from page 6

Sign up for our Par 3 Masters; and get to experience the golf course from a different angle.



Update on Estate Rubbish Collection

There are three dedicated trucks and teams that service Eagle Canyon, each with their own route.

Approved Refuse Bins

- Only official Pikitup-supplied bins will be collected.
- Each bin is registered to a specific property and aligned with Pikitup's collection routes.
- Non-compliant bins (e.g. from retail stores such as Westpack) will not be collected as:
 - They do not fit Pikitup's lifting equipment
 - They are not manufactured to the required standard
 - They pose a risk of damage, injury, or spillage

Obtaining or Replacing Bins

- Residents requiring a new or replacement bin may visit the HOA office to obtain the necessary application form.
- Prior to submitting the application, residents must obtain a reference number from Pikitup by calling 011 375 5555, which must be included on the completed form.
- The completed form must be submitted together with:
 - A copy of the City of Johannesburg rates and taxes statement
 - A copy of the registered owner's ID or driver's licence
- Pikitup will collect completed applications weekly for processing at their Roodepoort office.
- First bin is provided free of charge.
- Replacement bins (for damaged or worn units) follow the same process.
- Additional bins can be requested, subject to applicable charges.

Sectional Title Properties

- Many bins servicing sectional title schemes have been identified as damaged and unsafe for collection (with the exception of Whistling Straits).
- Managing agents and/or property owners are requested to arrange for replacement bins as a matter of priority.

Recycling

- Recycling is collected on Thursdays.
- Residents are requested to neatly separate and place recyclable items aside.
- This assists in maximising available truck capacity for general waste collection across the estate.

Collection Times

- Bins must be placed on the verge by 07h00 on Tuesdays for collection.
- Late bins will unfortunately not be collected and will only be serviced on the next scheduled collection day.

Further Assistance

For any queries or assistance, please contact Pikitup directly on 011 375 5555 (Option 4).

We appreciate your cooperation in ensuring a safe, efficient, and consistent refuse collection service across the estate.

Garden Refuse

Pikitup has found an increase in garden refuse being placed in black bags in the Pikitup bins. They will only collect household refuse and will not take garden refuse. One of the reasons that Pikitup does not take garden refuse is that this cannot be sufficiently compacted, which means that the rubbish truck fills up quicker. The dump site is an hour from Eagle Canyon, and the waiting time for entry and dumping can take up to three hours depending on how busy the dump site is. This means up to a five hour turnaround time per load, which in turn impacts service delivery and necessitates a return the following day.

Garden refuse is required to be removed by residents themselves or their garden service. We are in process of investigating the feasibility of introducing a garden refuse service to the estate.

A recent estate poll revealed that: 77,3% would like the HOA to arrange for an internal garden refuse removal service, and 57,5% would prefer weekly collection. Of those who participated in the poll, 50% were happy to have minimal fee of around R170 added to your monthly levy.

continue on page 10

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that matter

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With more than 25 years of real estate knowledge and experience and 15 years in Eagle Canyon, we understand luxury Estate living and can offer the best value proposition.

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We take pride in building relationships which we have with the community.

SALES & RENTALS

Let me do the same for you.



Debby Woodward | 082 889 7903 | debby@sothebysrealty.co.za

GOLF CART REMINDER: Registration and Golf Cart Stickers

As per our estate rules (Use of Streets:3.6): Privately owned golf carts must be registered with the HOA and display the registration details in a suitably prominent location on the golf cart as directed by the HOA. We recently launched our new and improved golf cart registration stickers.

The stickers are part of our Security Team's ongoing streamlining and improvement of our security measures; as we had picked up deficiencies in our previous golf cart registration system.

All golf carts currently registered with the HOA will receive the new golf cart stickers – free of charge. There are three stickers to be placed on the golf cart – two circular for each side and a rectangular sticker to be placed on the bottom front of the golf cart (like a license plate).

These stickers are reflective, so can be seen in the dark as well as picked up by our security cameras. They also reflect the stand number/unit number of the registered vehicle.

The second batch is currently available for collection at our HOA offices, and the third batch is on order. A reminder that if you have not as yet registered your golf cart, or have a new golf cart, to please do so. New registrations cost R50. A deadline for sticker collection and placement will be shared in due course and the owners of any private golf cart that does not display the new stickers will run the risk of being penalised for non-compliance.

Should you have any questions regarding this process, please contact San on secadmin@echoa.co.za.

Golf Cart Rules of the Road

Our estate rules stipulate that unlicensed drivers are not permitted to drive golf carts in public areas anywhere on the estate. A minimum of a learner's is required. Golf carts without lights are only permitted to be driven on the Estate during daylight hours. **If you notice any transgression of this rule, please report directly to our security on the following numbers: 079 271 0401 or 071 344 7478.**

Golf Carts and the Golf Course

There has been a concerning increase of cart and other damage to the golf course; not only do we need to protect our estate assets, but damage to our fairways and greens can result in costs reaching up to around R2 million to restore the greens.

HOA will be implementing additional security measures, including the installation of cameras on the golf course and increased security presence, the cost of which, will ultimately be borne by the estate.

We urge all parents to please engage with their children, particularly those making use of golf carts, and to clearly explain the seriousness and consequences of their actions. Damage to property is regarded as vandalism and will carry serious consequences.

Extra Murals

@ the Tennis Club and on the Soccer Field:

ACE Models West Rand	(30+, Any age) 071 471 1880 westrand@acemodels.co.za	Fridays 14h30 to 16h30
Bible Study		Wednesdays 18h30
Church Group	082 728 2840 andrew@livingwordministry.co.za	Sundays 08h00 to 11h00
Ladies Social Tennis	083 326 6446 Monique Van Achterburgh	Tuesdays 07h30 to 10h00
Line Dancing	084 663 3025 Marlene Bailey	Monday 18h00; Tues & Thurs 09h00.
Little Kickers	063 790 3488 cclarke@littlekickers.co.za	Tuesdays, Fridays & Saturdays
Mindful Inclusions	074 436 9413 mindfulinclusions@gmail.com	Monday 9h00 to 10h30 17h30 to 18h30
Move Dance Studio	082 553 0248 ursula.ludick@gmail.com	Tuesdays & Thursdays
Taekwondo Classes	(All ages) 082 780 6252 Rahen Pillay	Tuesdays and Thursdays 18h00
Tennis Coaching	082 857 5902 Roy Kets	
Weighless	083 287 5447 elainem@connectit.co.za	Wednesdays 17h00 – 18h00

Tennis Club: DID YOU KNOW?

The tennis club is available for Residents to hire on weekends for events and parties.

Full day Saturday or part thereof: 08h00 to 22h00 (including set up): R2 300 (plus an additional R1 000 refundable deposit required)

Full day Sunday or part thereof: 12h00 to 22h00 (including set up): R2 300 (plus an additional R1 000 refundable deposit required)

Venue hire includes:

- Tennis club and outside area, including usage of outside picnic tables and benches (can seat 20 max).
- Kitchen with oven, hydroboil and full-sizefridge
- Use of Braai facilities (if required)

Residents are responsible for their own crockery, cutlery, and clean up. There is a lounge set up inside the venue itself. Terms and Conditions Apply.

To Book: Email Anina Du Plessis on admin@echoa.co.za

TO BOOK The Tennis Courts:

<https://booking.setmore.com/scheduleappointment/28e11e21-4e20-4591-99da-2c03663a29eb/bookappointment>



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KEY ECONOMIC SHIFTS DRIVING SOUTH AFRICA'S PROPERTY MARKET RECOVERY

Between September 2025 and early 2026, several key economic developments began supporting a gradual recovery in South Africa's residential property market. Lower inflation, easing interest rates, and improved investor confidence have created a more stable and supportive environment for housing activity, setting the stage for a potential upturn in the cycle.

Inflation remained well contained during this period, staying near the lower end of the South African Reserve Bank's target range. This gave the Reserve Bank room to reduce interest rates without placing pressure on the economy. By early 2026, the repo rate was around 6.75 percent, with the prime lending rate near 10.25 percent. These lower rates have improved affordability, reduced monthly repayments, and enabled more buyers to qualify for home loans. As a result, demand has started to strengthen gradually.

At the same time, government bond yields declined, reflecting improved confidence in South Africa's fiscal position. Stronger revenue collection, a narrowing budget deficit, and more stable debt levels all contributed to a more positive outlook. Lower bond yields reduce long term borrowing costs across the economy, allowing banks to offer more competitive lending rates and further supporting the property market.

These improvements are already visible in market activity. Estate agents are reporting increased buyer enquiries, more property viewings, and improving selling conditions. In most property cycles, transaction volumes begin to rise before house prices start to increase, suggesting that the market may be entering an early recovery phase rather than a fully established upswing.

However, the recovery is unlikely to be uniform across all areas. Local market conditions, particularly the level of housing inventory, play a critical role in shaping outcomes. In areas where there is a higher supply of homes, buyers tend to have more negotiating power. In contrast, where stock is limited, properties tend to sell more quickly and at stronger prices. This means that some regions and price segments may recover faster than others.

It is also important to recognise that financial markets typically move ahead of property markets. Changes in interest rates and bond yields often signal the direction of the cycle, while the property market responds more slowly due to the time required for financing and transaction processes. This lag effect is a normal part of property cycles and helps explain why early signs of recovery appear first in activity levels rather than prices.

Despite these positive trends, external risks remain. Rising geopolitical tensions have pushed up oil prices, increasing fuel and transport costs. This could place upward pressure on inflation and potentially slow the pace of further interest rate reductions. If this occurs, it may delay the speed of the recovery, even if the overall direction remains positive.

Overall, South Africa's property market appears to be in the early stages of recovery. While some uncertainty persists, the combination of improving economic stability, lower borrowing costs, and gradually strengthening demand provides a solid foundation for future growth. For property professionals and buyers alike, understanding both the broader economic environment and local market dynamics remains essential in identifying opportunities.

Our Estate was recently featured on the popular Afrikaans television programme OntbySAKE. The two minute advert showcased the beauty, lifestyle and unique character of our estate to viewers across South Africa and formed part of our brand awareness drive. This is part of our current brand awareness drive.

**Our Brand is our identity - the image we wish to portray to the world.
It shapes us and communicates our personality and vision.**

The Eagle is a symbol of power, of freedom, of beauty, honour, pride and grace. Eagles weather the storm, they protect that which they love and cherish, they build strong, safe homes and they nurture their families.

Our Eagle, a regal and proud symbol of the Estate, soars. A reflection of where we want to be in service delivery, as a sought-after residential Estate and as a community. The logo is integrated and cohesive. The deep blue and rich gold echoes power, prestige, luxury and beauty.

We simply need to look across our Estate to realise the beauty that surrounds us! The blue of the sky, the terracotta of the roofs, the gold and red of the sunsets and sunrises, the green of the golf course and the sand of the bunkers. These are all incorporated into our corporate identity, a true reflection of our brand and who we are.

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 INTERNATIONAL PROPERTY GROUP

AS SEEN ON ESTATE

Interesting, unusual or striking flora and fauna on the Estate. Have a photo or story you wish to share? Please email comms@echoa.co.za.

Nile/Water Monitor

Varanus niloticus



This guy goes by many names, including leguaan and lizard. He can grow up to 200cm (yes, you read right!) with an elongated head, forked tongue and long, flatish tail that is much longer than his body. He has a stout body, powerful limbs and strong claws. Their skin is tough and covered in small, bead-like scale. Adults are greyish-brown to dirty olive-brown on the top of the head and back, with scattered darker blotches and light yellow eyes and bands on the head, back and limbs. The adults belly and throat are paler, with black bars.

Juveniles are more vividly coloured than their parents, and are usually black and bright yellow.

They are usually found close to water sources, such as dams, rivers and water courses (hence the name), and while shy creatures – are often seen on the estate by our avid fishermen.

Water monitors are usually solitary, with very little interaction outside of their mating season (June to September). In addition, they will eagerly mate with any female water monitor they can find. The female can lay up to 60 eggs! They tend to favour laying their eggs in live termite mounds. The female water monitor tears open the nest (in the rainy season when the mound is soft) and deposits here eggs without attempting to cover them up. The unattended eggs incubate for around six to nine months before hatching.

Interestingly, the juvenile monitors are more social than their adult counterparts, and will often remain in groups. These little guys (in comparison to a fully grown monitor) tend to stick to the reed beds and shallow water where they hunt and feed on frogs and insects. The juvenile reaches maturity around three years of age.

Monitors have insatiable appetites and will feast on pretty much anything they can find, including freshwater crabs (which we have plenty of), frogs, fish, birds and their eggs. They are also known to eat the eggs of terrapins, small mammals and other reptiles. They are not known to shy away from a hunting challenge. They can live up to 20 years if they are living in a protected area.

Water Monitors enjoy basking by the water's edge, or on logs and rocks. When on land, they walk with a bit of a swagger and may climb trees to eat, sleep or simply bask in the sun. They hold their bodies well off the ground when walking and use both sight and smell when accessing their environment or sensing potential food sources.

They will either live in long self-made burrows, or will hijack abandoned holes dug by other animals.

They are non-venomous to humans, but their tails are extremely powerful, and they may try and bite or thrash their tail if threatened. They are very wary reptiles and if approached will run away or jump into the water and swim underwater to the safety of the reed beds.

Did you know?

South Africa has two species of monitor lizards – the Nile/Water Monitor and the Rock Monitor. They both belong to the family Varanidae, which means they are closely related to the world-renowned Komodo Dragon.

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It's Owl-standing

The estate and our dedicated team of surrogate parent volunteers are once again looking after two abandoned juvenile barn owls while they wait out their 21 days before being released.



The hope is that once released, they will make Eagle Canyon their home. The three-month old owls were rescued by the Owl Project after being trapped in a roof in Doornkop, Soweto.

This is the second time that we are acting as a release site for rescued owls with the first pair released in July last year. At around three months, this pair are slightly older than the previous pair and appear to be a little more shy, sleeping hidden away in their owl box during the day and bashfully peeking out when their food is brought in the evening.

They arrived on the Estate last week Thursday, with much fanfare, as eager residents and children gathered to view them having their ring tags stamped with their unique identification numbers, listen to an informative talk, and watch them being released into their temporary home.

Here they will stay for 21 days before being released before sunrise on 8th of April. During this time period, they are being fed a diet of day-old chicks every evening at the same time, and are checked on each morning to monitor their food intake.



Should you wish to take a peek – their release pen can be found next to the dam by the greenbelt on Muirfield Drive, by stand 637.

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*Excluding installation

DAB

0.75kw K30/70M **R8 295**

1.1kw K35/100M **R10 195**

*Excluding installation



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Available tank colors Eco Green / Beige / Grey / Olive / Storm Sky / Winter Grass**

- Eco tank 4750L
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- SAP Pump cover
- Brass float valve &
- Plastic orange ball
- Torrenti connection kit

SEAKOO

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1.1kw + Controller **R10 495**

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*"Most people are afraid of failure.
I love failure because it tells me where to go next."* — Bryson DeChambeau

{On Course}

A round up of all things Golf

Caddie Kits

Many thanks to **Roz Everitt and Chas Everitt** for the fabulous sponsorship of the caddies conti-suits and caps. Richard Daws (our Men's Golf Captain) and Ashley Mulligan (Men's Vice Golf Captain) distributed the uniforms. The Country Club also provided three navy golf shirts to each of our caddies.



Kingsway – Thandanani Charity Golf Day

**Date: Friday 5 June,
Eagle Canyon Golf Course**

Some golf days are about trophies. This one is about transforming young lives in our own community.

On 5th June 2026, Resident, Buzz Beyer, invites you to be part of a day that combines exceptional golf with meaningful local impact. The Kingsway-Thandanani Golf Day raises vital funds for two organisations that are quietly and faithfully changing futures:

Kingsway Christian School, providing quality, affordable education to children from disadvantaged communities.

Thandanani House of Refuge, a registered Child and Youth Care Centre offering a loving home to vulnerable children Behind every child is a story of resilience. Behind every story is a community that chose to care.

**This is where you come in.
How You Can Be Part of the Story
Whether you are:**

- A business looking for meaningful CSI alignment and brand visibility; or
- A corporate team wanting to host clients in a purpose-driven environment; or
- A group of friends ready to rally a fourball for a great cause; or
- An individual who believes in backing local impact, there is a way for you to get involved.

From entering a fourball, to sponsoring a hole, to premium event partnership opportunities, we have tailored participation options to suit both individuals and businesses who want their contribution to count.

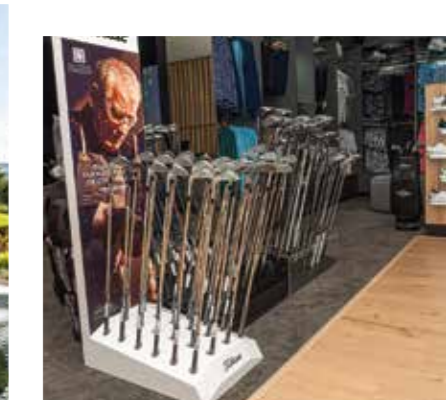
Beyond the golf, your involvement helps fund education, shelter, care, and hope for vulnerable children living just a few kilometres from where you tee off.

Interested?

**To receive the full participation and sponsorship options:
Email: coach@aldrinbeyer.co.za | WhatsApp: 083 256 7140**

Let's fill the field | Let's rally our networks | Let's play golf that truly matters.

Play with purpose. Build community. Change lives.



THE L.O.F.T. GOLF SHOP

Were you at the recent opening of the newly revamped golf shop? Stocked with top global brands and best of all, **Eagle Canyon members get an automatic 10% discount!** Enjoy a state-of-the-art fitment centre for all your club fittings. If they don't stock it, they will order it for you!

Celebration of Success

We hosted our annual Club Champs on the 14th and 15th of March. Despite the heavy clouds, and predictions of rain, the weather played nice and all rounds were completed. It was an amazing weekend of golf and camaraderie – on and off the course.

Thank you to our sponsors, Propvest Property, Schindlers and Titleist, in helping make this event happen.

Thank you also to all who participated, whether on the course or behind the scenes. Saturday, players had a chance to enjoy some live music and downtime before prepping for Sunday's round. This year, a gala prizegiving event was hosted at Eagle One, with both players and their partners enjoying the evening and celebrating the wins.



Congratulations to our Club Champ Winners:

Men's A - Division Winner: Connor Pamphilon on 141 gross
Men's A - Division Runner up: Chad Stanton on 145 gross
Men's A - Division Nett Winner: MC Steenkamp on 140 net
Men's A - Division Nett Runner Up: Daniel Perry on 141 net
A Div Best 1st Day: Ryan Diederick 71 gross
A Div Best 2nd Day: Gerard Hartman 72 gross

Men's B - Division Winner: Yougan Govender on 154 gross
Men's B - Division Runner up: Michael Kindler on 161 gross
Men's B - Division Nett Winner: Jamie Gowans on 143 net
Men's B - Division Nett Runner Up: Rory Lindecke on 145 net
B Div Best 1st Day: Neville Farinha 79 gross
B Div Best 2nd Day: Andre Roberts 81 gross

Men's C - Division Winner: Jace Mudali on 74 points
Men's C - Division Runner up: Jaco Kok on 70 points
C Div Best 1st Day: Abikesh Pahlad 36 pts
C Div Best 2nd Day: Ian Grobler 40 pts

Men's Senior - Division Winner: Trevor Payne on 83 points
Men's Senior - Division Runner up: Kelvin van Niekerk on 81 points
Men's Senior Division Best 1st Day: Graeme Fraser 47 pts
Men's Senior Division Best 2nd Day: Andrew Thevan 42 pts

Ladies A - Division Winner: Casey Twidale on 144 gross
Ladies A - Division Runner up: Amy Stanton on 149 gross

Ladies B - Division Winner: Esther Bruinette on 65 points
Ladies B - Division Runner up: Karen Dengler on 64 points
Ladies B - Division Best 1st Day: Gabrielle Keight 33 pts
Ladies B - Div Best 2nd Day: Maxcine Pillay 33 pts

We would like to take this opportunity to celebrate Yougan's four year running of winning Men's B Division and Casey's second year running winning Ladies A-Division.

Feedback from a Member:

"A Big Congratulations to the Eagle Canyon Management Teams, Captains and Staff!!

Very few of us are able to recognise what happens in the background to make an event like Club Champs a success. Think about the course four weeks ago and then recognise the quality of the course over the weekend. Think about the catering, putting together the players' tee times, the list goes on and on. You guys were exceptional and have set a new standard that everyone can be very proud of! Well done Eagle Canyon."

Our Knockouts Hall of Fame

The 2025/2026 winners were also celebrated at the Club Champs Prizegiving:

Men's Individual Winner: Trevor Payne
Men's Individual Runner Up: Jason Marriot
Ladies Individual Winner: Chantelle Usmar

Ladies Individual Runner Up: Cindy Merrington

Mixed Winner: Chad Elliot and Cindy Merrington
Mixed Runner Up: Chris Groenewald and Judy Katz

Men's Betterball Winner: Chad Elliot and Robbie Steele
Men's Betterball Runner Up: Mark Prinsloo and Walter Behr

Ladies Betterball Winner: Chantelle Usmar and Chrissie Mostert
Ladies Betterball Runner Up: Cindy Merrington and Anneli Botha

Junior Winner: Travis Thomson
Junior Runner Up: Evan Dunbar



For all the Club Champs action – visit:
www.eaglecanyongolfestate.co.za/estate/club-champs-2026

Become a Queen of the Green

Ever looked at the golf course and thought that is something you would like to try, but then changed your mind as you felt it might be too intimidating?



Our Ladies Club Captain, Maxcine Pillay along with our very own BGA Academy and our golf club have created a ladies beginner programme that will get you out onto the course with skill and confidence (Plus, you will have fun doing so).

The 12-month programme combines the evolutionary Ops36 Beginner Programme with monthly social competitions and mentorship from our lady golfer members, among other things.

Maxcine, herself, is a graduate of the programme, and a student of BGA coach, André Louw.

André explains that Ops36 is a concept copied from an American programme. Locally, Roelof Roelofse from George took the initiative to implement the same model to grow the game. André got in touch with him to bring the concept to Eagle Canyon around seven or so years ago.

Ops 36 is a great way to introduce the game of golf to a newbie as it eliminates the intimidating side to golf, which is hitting far and high shots, by allowing the player the opportunity to start as close as 25m from the hole and working backwards towards the tee box through various stages. Once you have successfully achieved the first 25m, you move back incrementally, only moving on once you have made the target. "It's a great way to focus building your game from the green to the tee," adds André.

Queens of the Green, our new ladies beginner programme, takes this one step further. "It's a friendly 12-month pathway that combines professional coaching, guided on-course experiences, and a vibrant social community that is perfect for women who are new to golf or returning with a fresh start in mind," shares Maxcine.

The aim of the course is to build confidence, learn the basics, and connect with other ladies in an encouraging, relaxed environment designed to help you feel at home both on and off the course.

The membership includes a welcome kit for each new participant, access to exclusive mentorship from our current lady members and weekly lessons with a BGA Pro, which includes the Ops36 Programme.

Plus, you have the opportunity to take part in bi-monthly 9-hole course challenges and monthly social competitions alongside your mentors.

Additional benefits include reduced green fees and cart rates on select days, as well as invitations to exclusive networking events throughout the year.

On Saturday, 28 of March, we hosted a free, introductory – try before you buy – immersive experience sponsored by Golden Tiger Realtors. This included a 45-minute BGA introductory lesson, which included around 15 minutes of theory and 30 minutes practice; drinks, snacks and networking with our current Eagle Canyon golf ladies, who will be on hand throughout the programme to assist in mentorship and support.

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Ladies Beginner Golf Programme

"Start Your Golf Journey with Confidence"

Discover a welcoming and supportive way to start your golf journey with Queens of the Green, a Ladies Beginner Programme. This friendly 12-month pathway combines professional coaching, guided on-course experiences, and a vibrant social community - perfect for women who are new to golf or returning with a fresh start in mind.

Build confidence, learn the basics, and connect with other ladies in an encouraging, relaxed environment designed to help you feel at home on and off the course.

Your membership includes a welcome kit for every new participant, access to our exclusive mentorship programme, and weekly lessons with a BGA Golf Pro. You'll also enjoy full access to the international Ops36 programme, take part in bi-monthly 9-hole course challenges, and join monthly social competitions alongside your mentors. Additional benefits include reduced green fees and cart rates, as well as invitations to exclusive networking events throughout the year.

We have created packages to suit both your budget & your skill level.

EAGLE CANYON GOLF & LIFESTYLE ESTATE

Required Base Package: R2,500 Annual Membership (Upfront Cost)

Includes:

- Welcome kit to the value of R2,000
- Access to Exclusive Mentorship programme
- Reduced Green & Cart fees for selected days (Wed AM, Friday PM, Sunday PM)
- Wed & Sat only if accompanied by a Mentor
- Monthly social competitions, including limited drinks & snacks after the round
- Exclusive access to networking events

After 12 months, package must be upgraded to one of the standard membership packages.

Contact us for more details:
Maxcine Pillay: captain@echoa.co.za
Memberships: membership@echoa.co.za

bga golf academy

Add-On Lesson Packages

Option 1: Ops36 Full Package (weekday, or weekend)

- Weekly lessons (weekdays, or weekend)
- 9-hole course challenges every 2nd Sunday to complete 6-level programme

Option 2: Lessons Only

- R2,300 5 lessons
- R4,300 10 lessons
- R5,900 15 lessons
- Additional options available

Option 3: Ops36 Course Challenge only

- R500 activation + R1,380 per term
- Discounts available for groups and referrals

Queens of the Green has packages to suit all budgets and skills levels:

Required Base Package:

R2,500 Annual Membership (Upfront Cost) Includes:

Welcome kit to the value of R2,000

- Access to Exclusive Mentorship program
- Reduced Green & Cart fees for selected days (Wed AM, Friday PM, Sunday PM)
- Wed & Sat only if accompanied by a Mentor
- Monthly social competitions, including limited drinks & snacks after the round
- Exclusive access to networking events

After 12 months, package must be upgraded to one of the standard membership packages.

BGA Add-On Lesson Packages

OPTION 1: Ops36 Full Package: R1,725 p.m.

- Weekly lessons (weekday, or weekend)
- 9-hole course challenges every second Sunday to complete 6-level program

OPTION 2: Lessons Only:

- R2,300 5 lessons
- R4,300 10 lessons
- R5,900 15 lessons
- Additional options available

OPTION 3: Ops36 Course Challenge only

- R500 activation + R1,380 per term

Discounts available for groups and referrals.

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Soundtrack of your Life

Ever had that stadium feeling when you hear a song – one that you can feel from your toes up and resonates throughout your body. Or a particular song that has an ability to put a smile on your face (no matter how grumpy you may have been); or immediately calms you down? .

"Where words fail, music speaks" — Hans Christian Andersen

Music holds of power of influence as it can reduce anxiety, boost memory, enhance your physical performance and helps foster deep emotional connections.

Plus, music directly impacts your brain chemistry by releasing dopamine, serotonin and oxytocin – your “feel good” and bonding chemicals.

Studies show that music also acts as a natural therapeutic tool for healing, pain management and improved cognitive function.

Key Aspects of the Power of Music:

- **Physical Health & Healing:** Music reduces heart rate, lowers cortisol (stress hormone), and blood pressure. It is used to aid recovery from surgery and can even help manage pain by stimulating endorphins.

- **Brain & Cognition:** Listening to or playing music acts as a mental workout, activating vast regions of the brain, strengthening neural pathways, and improving memory, particularly in older adults.
- **Emotional & Mental Wellness:** It acts as a powerful mood modulator, instantly alleviating depression, managing anxiety, and providing emotional support.
- **Social & Emotional Bonding:** Shared musical experiences, such as concerts or singing together, releases oxytocin, builds trust, strengthens bonds, and alleviates feelings of loneliness.
- **Cultural & Spiritual Connection:** Music serves as a universal language, connecting people and providing a profound sense of spiritual or cultural ties.

Music has healing power. It has the ability to take people out of themselves for a few hours.” — Elton John

Music can empower you to do great things. But not all songs have the same effect. A study, conducted by Dennis Hsu of the Kellogg School of Management at Northwestern University, examined this phenomenon. Hsu and his team watched how athletes use music to prepare themselves for the game ahead. “The ways these athletes immerse themselves in the music – some with their eyes steely shut and some gently nodding along with the beats – seem as if the music is mentally preparing and toughening them up for the competition about to occur,” he shared at the time of the study,

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The Power of Music: Perceptual and Behavioral Consequences of Powerful Music, published in Social Psychology and Personality Science.

Hsu focused on how music can transform the psychological state of the listener, providing a positive and motivational influence. The research discovered that high-power music evokes a sense of power subconsciously and it’s not necessarily due to the lyrics.

Hsu found that listening to high-power music heavy on the bass (think Queen’s We Are the Champions), when you need that little extra push, can lead to more desirable outcomes when it comes to job interviews, social perceptions, negotiations and even employee performance. “People might want to explore whether pumping up their favourite tunes can quickly ease them into an empowered mental state before going into a first date, an important client meeting, or a job interview,” he says.

Further researched conducted by Berkeley scientists, found that the subjective experience of music across cultures can be tracked over as many as 13 emotions, including amusement, joy, eroticism, beauty, relaxation, sadness, triumph, anxiety, scariness, annoyance, defiance and feeling pumped up. This is across music genres, including rock, folk, jazz, classical, marching band, experimental and heavy metal. Alan Cowen, a UC Berkeley doctoral student in neuroscience who led the study commented at the time: “Music is an universal language but we don’t always pay enough attention to what it’s saying and how it’s being understood.”



Back in 2015, a music-loving **Dutch neurologist, Dr Jacob Jolij**, researched what qualifies as the most mood-boosting tunes. Jolij commented that music is personal and usually depends on social contexts and your own associations, however, mood-boosting songs are faster than your average song (usually between 140 to 150 beats per minute), written in a major key and focus on happy events or complete nonsense.

Based on this, Jolij created a formula to find the happiest songs. Here's what should be on your playlist:

1. Don't Stop Me Now – Queen
2. Dancing Queen – Abba
3. Good Vibrations – The Beach Boys
4. Uptown Girl – Billie Joel
5. Eye of the Tiger – Survivor
6. I'm A Believer – The Monkees
7. Girls Just Wanna Have Fun – Cyndi Lauper
8. Livin' On A Prayer – Jon Bon Jovi
9. I Will Survive – Gloria Gaynor
10. Walking on Sunshine – Katrina and the Waves

“Music is the soundtrack to every good and bad time we will ever have.” — Alex Gaskarth

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Resident Hekkie van der Westhuizen, PhD, is a leadership consultant, coach and author. His work includes emotional wellness, which will be the focus area for a series of topics that he is currently sharing to, hopefully, assist you in dealing with life's challenges.



Improving our Personal Productivity

“Time is the scarcest resource, and unless it is managed, nothing else can be managed.” – Peter Drucker

Time is the scarcest resource out there – we cannot buy it, and we certainly cannot turn back the clock to relive it. One thing we can do, though, is to effectively “manufacture” more of it... How is this possible, you may ask? Well, we can make more of it by optimising our time in various ways. I would like to share with you some tips to make this possible. Why am I the person sharing this with you? Well, I am an entrepreneur, and in my line of business as a consultant, I am effectively selling time. Therefore, if I am not optimising time, I am essentially compromising my income potential.

Tip #1 – Delegating effectively

“Only do what only you can do” – Andy Stanley

What kind of message do we send to people reporting to us or who are around us, if we don't delegate to them, especially when they see we are battling to cope? Well, I think we specifically convey the following messages - that

we don't (1) trust them, and (2) want to develop them... We all have proverbial balls to juggle, at work, at home, wherever. My view is that these balls fall into two different categories, though – glass balls and rubber balls. The glass balls are typically the things that we have to do ourselves. To use a “left field” example, I cannot get someone else to maintain the relationship with my wife. This can only be my responsibility. However, the rubber ball items should be delegated to other people, because if they drop that “ball”, it will bounce back and someone will

catch it again, without incurring major harm or damage. If we don't successfully delegate, it is not sustainable, which will negatively impact the people around us, the organisations where we serve, and specifically ourselves. In delegating to someone else, we temporarily assign responsibility to a person that we trust, even though we are still accountable for that task. Do we just leave that person to get the job done? No, depending on their performance readiness and experience, we follow up and guide them to success, knowing that their success is our

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Improving our Personal Productivity

continued from page 29

success. This does not imply in any way that we micromanage them, because then we should not have delegated the task to them in the first place.

You might say to me: "But hang on, I don't have any people reporting to me, and how can I then delegate to anyone?" Well, Keith Ferrazzi wrote a book called "Leading without Authority", where he promotes the idea that "You can delegate, without having someone reporting to you, also by relying on your networks." Therefore, we should reframe how we think about delegating in the traditional sense and use our networks to, even if it's temporary, assist us with experts in their structures to assist us to get the job done.

"The best way you can find out if you can trust somebody is to trust them." – Ernest Hemingway

Tip #2 – Saying "No"

"It's only by saying NO that you can concentrate on the things that are really important." – Steve Jobs

The "perfect storm" is when we cannot delegate successfully and say "No" to someone. Think about it – if we are guilty on both these fronts, then we'll simply accumulate more and more work until we buckle and break. The first thing we need to do is to get over the mental barrier that saying "No" is wrong. Of course, it's not wrong – if you have other things to do that are more of a priority, then you need to say "No". The trouble is, a lot of people find this very challenging, even though saying "No" is often the right answer.

The keys to saying "No" are to be very positive when you do it and to give yourself some time to think about it. For example, by saying: "I would like to help you, but I need some time to think about it. I'll come back to you." You then think about it, after factoring in your other priorities. If you have time to assist the other person, it's great. If you don't have the time and go back to the person to tell them this, you will probably find that they found someone else to do it, or they did it themselves. It's actually as simple as that. If it's your line manager, then tell them that you can do it, but that you then cannot do a number of other things on time that they require from you. Based upon this, they can then decide if they still want you to do it.

The bottom line is that your time is your time. No one else's time...

Tip #3 – Practising "Parallelism"

"To do two things at once is to do neither." – Publilius Syrus

Research tells us that multitasking does not work... To touch a task and then leave it,

before you complete it, to start focusing on the next one, is counter-productive. The net result is that we get home, tired, and we cannot really say what we have successfully done or completed today. Instead of multitasking, I use a concept that I call "Parallelism" in the sense that I get someone else or "a system" to start and complete a task that I am accountable for, while I am starting and completing the "glass ball tasks" that I mentioned in "Time Optimiser #1 – Delegation".

For example, I hate traffic, because I believe that sitting in traffic is the ultimate form of wasting time. So, when I have to visit clients in Midrand or Centurion, bearing in mind that I live on the West Rand of Johannesburg, I get up at 04h30. Marilé normally only gets up at 05h30, so I quietly sneak out of our room and take my electric shaver downstairs, before I go for a run and, thereafter, take my dog for her morning walk. Upon my return, I then get the microwave to cook my oats, the coffee machine to make me coffee, while I shave – three actions completed at the same time, which I believe is ultimate productivity. This also helps me to then leave home at 05h45 to be early at my clients to get a proper stint of work completed, before I assist in the development of their leaders.

"Focus on being productive instead of busy." – Tim Ferriss

Tip #4 – Prioritising our tasks

"What is important is seldom urgent and what is urgent is seldom important."

– Dwight D. Eisenhower

In his famous book "7 Habits of Highly Effective People", Stephen Covey dedicates a whole chapter to the Eisenhower Matrix, which is simply a prioritisation tool where tasks are classified according to Urgency and Importance. Based on this classification, tasks can then be allocated into four quadrants. In essence, we should only be focusing on the Important tasks, whether Urgent or Not Urgent, especially if we have people reporting to us who could deal with the Not Urgent quadrant items.

Covey calls the Important and Urgent quadrant the "crises mode" quadrant, where very little of our tasks should reside. Most of our tasks should reside, though, in the Important and Not Urgent quadrant, where we can plan properly to address important tasks. He calls this quadrant "the heart of effective personal management." You don't have to use the Eisenhower Matrix, but I would suggest that you at least use some prioritisation tool. Otherwise, you will find that you are wasting your precious time on the wrong things...

"If it's a priority, you'll find a way. If it isn't, you'll find an excuse." – Jim Rohn



Tip #5 – Using Time Blocks

"Productivity is being able to do things that you were never able to do before." – Franz Kafka

Most of us find it challenging to work through a specific priority task from start to finish. We typically get distracted by people or the requirement to complete other tasks, which negatively impacts our personal productivity. A couple of years ago, I read a book called "The Time Management Solution" by the productivity expert, Damon Zahariades. In his book, he describes the use of time blocks, which, at its simplest, is reserving time slots during which you work on specific tasks. Everything else on your to-do list is set aside during these periods or, ideally, given its own dedicated time blocks.

Time blocks are very useful in maximising our personal productivity, assuming that we are able to really focus on the priority task that needs to be completed, whatever it takes. This implies that we might need to switch off our phone, close Outlook to not notice incoming e-mails, and tell everyone in the office that we are not to be disturbed for the next hour or two.

I firmly believe that the ultimate time-waster is a lack of discipline. If we can apply the required amount of discipline, we should be able to apply all these tips that I have shared with you. I wish you all the best of success in doing this more consistently to improve your personal productivity.

"I believe every human has a finite number of heartbeats. I don't intend to waste any of mine." – Neil Armstrong

"I trust and hope that this article gave you some insights that would add value to your life. I look forward to sharing more thoughts with you on emotional wellness, self-leadership, and important soft skills in the next edition."

– Dr. Hekkie van der Westhuizen, founder of the Southern African Leadership Development and Training Institute (SALDaTI®)

You can reach him at: hekkie@saldati.com

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Cars

Mobile detailer: A full time mobile detailer that is reliable and efficient and will do anything to get your car looking at its best once again. Available from Monday to Saturday, between 9:00 to 17:00. Please contact us on 061 829 8942 or glossydrivedetail@gmail.com

Signature Cars: A family-run luxury car dealership in Little Falls that's hard to beat, Signature Cars is a synergy of efficiency and professionalism. Contact 010 448 0747 / 082 929 9756 or visit www.signaturecars.co.za.

Cleaning and Sanitising

TheMouldMedics.co.za: We consult, inspect, test and remediate matters relating to mould exposure in the home. With a team of dedicated professionals, we work towards enhancing environmental health by offering expert advice and non-toxic solutions to eradicate mould in the home. Join us in our commitment to creating a healthier living environment for everyone. TheMouldMedics.co.za (084) 675-0179

The Cleaning Medic Services (Domestic and Commercial Cleaning Services) Deep Cleaning - Carpets - Persians - Mattresses - Upholstery - Flooring - Windows (incl. High Reach) - Solar Panels - Steam Cleaning (Kitchen/Bathrooms) - Shower Glass Lime Scale Removal - Post Renovation/Occupation - Ultraviolet and Thermal Fogging Disinfection, and so much more. Supervised Team operating in Eagle Canyon for over 7 years! Contact us today via Whatsapp on 073 250 1943 and visit our website at www.thecleaningmedic.co.za.

Eds Projects - Premium environmentally friendly degreasers and sanitising cleaning agents. Contact: Dylan Rogers 072 242 1326, 011 801 3200 or www.gp2.co.za

FSG - Cleaning, Hygiene and Pest control Services include office cleaning & high-level cleaning, office hygiene and pest control (rental options available). Contact: 010 600 5050.

Consultancy

Consulting Civil, Structural, Architectural & Project Managers based in Eagle Canyon with over 30 years of local and global experience. We can assist with projects from inception to design and construction management

BUSINESS DIRECTORY

for all Residential, Commercial and Industrial projects. Contact Robert at 073 000 9919 should you require more information.

Craftmanship

Viridian Candle Co. Escape to a dream world with our immersive eco-luxe products. Inspired by fantasy fiction and handcrafted in limited batches, our product range includes fragranced candles, wax truffles and gifts. Viridian Candle Co. is an eco-conscious small business; our products are skin-safe, vegan, non-toxic and pet friendly. Visit www.viridiancrafts.com for guilt-free indulgence. FREE deliveries in Eagle Canyon! For inquiries & EC Delivery vouchers, email tellus@viridiancrafts.com or WhatsApp 0832146094.

Dipped Wick The art of luxury scents meets unparalleled craftsmanship. We are a small business dedicated to creating exquisite hand-poured soy candles, reed-diffusers, wax melts, personalised gifts, corporate delights, and unforgettable wedding favours that ignite the senses and elevate any space. Contact details (WhatsApp): 071 871 3597.

Winklmayr Leathercraft: handbags and accessories crafted from genuine Crocodile and Ostrich. European style, made in South Africa. Eagle Canyon Residents receive free Uber to/from the studio in Strijdom Park. Please WhatsApp +27 83 764 6149 for appointment. website: winklmayr.com

Education

Campus of Things is an online school providing a top-class education to learners in grades 4-11. We are accredited with SACAI & aligned with the CAPS curriculum. We also offer virtual tutoring & assistance, and examination preparation bootcamps. Contact +27 62 442 7190.

Leffhandlearning: All things left-handed. Workshops, support, stationery. www.leffhandlearning.co.za or contact Tracy van der Merwe on 083 417 3316.

Electrical Repairs / Power

Back Up Power Quality affordable inverter battery backup and solar panel installations. View installation example in Eagle Canyon. Contact André 076 062 4272.

Elliot Electrical Services include repairs to all electrics, i.e: lights, plugs, geysers, stoves, pool pumps & any tripping faults. Contact: Office 066 489 7335 or Kevin Elliot 082 573 7098.

TechnElectrical CC Services include emergency relating to any electrical installation faults including geyser, oven, stove and pool repairs. Contact: Darryl Skelton 083 680 4998.

The Testing Guys Services include assisting with domestic, commercial and industrial repairs on the following installations: power/electrical problems, electrical tripping faults, thermostat and elements on geysers, stoves, swimming pool pumps, gate motors, intercoms, lighting, lightning damage & surge protection. Contact: 064 900 9868 or info@tguys.com

Finance & Business

FDC Financial Solutions (Pty) Ltd Short-term insurance brokers Contact details: 010 035 0883 or insure@fdcs.co.za

Finance & Business Consultant: Are you looking for finance and business support? I am a financial consultant that is a qualified CA(SA) with 15 years experience in various financial roles and industries. I am available to advise and support your business on either a short or long term basis, depending on your requirements. Please contact 082 450 5343 or chrisleroux1983@gmail.com and we can discuss your requirements.

Flooring

Combined Flooring Services Established in 1957, Combined Flooring is a leading provider of premium flooring solutions in South Africa. We cater to diverse markets, offering an extensive range of quality carpets, Luxury vinyl planks LVT's, and specialty products. Our expert installation services ensure a flawless finish, tailored to your unique needs and budget. We are based right outside the wall of Eagle Canyon, in Laser Park. Come through, meet our team and have a look at our extensive showroom. Address: 92 Vlagskip St, Laser Park, Johannesburg, 2040. gauteng@combined.co.za. Phone: 011 795 4400

Food

Nutritious. Delicious. Homemade with Love! Craving healthy, home-cooked meals without the hassle? Enjoy fresh, wholesome food made with quality ingredient.

Offerings include: Daily Meals – Fresh, balanced, and ready to eat. Meal Prep – Pre-portioned, healthy meals for the week. Wholesome Dinners – Comforting, nutritious, and satisfying. Order now and make healthy eating easy. Mikisha Singh Ellary. 076 070 9286

Honey Bee: Eagle Canyon Residents receive free door to door delivery on all raw honey purchased. Visit our website for online orders <https://www.honeybeeco.co.za/> or email info@honeybeeco.co.za.

Yummy Tummy Homemade Baby, Toddler and adult Meals delivered to your door. Check out our Menu and order on line www.yummytummy.co.za or contact 082 872 7601 or 082 373 3227.

Raw Honey: We are beekeepers with over 120 active hives placed in a herbal environment at Bluehills, Midrand apiary and at Dinokeng game reserve in Hamanskraal. Our honey is from the hive to the bottle - raw and seasonal. R150 for 500ml R200 for 500ml with honeycomb. Contact 073 522 1288 or 066 587 3557.

Artisinal Sourdough Charcoal infused sourdough, Salt & Rosemary Sourdough, Olive Sourdough, Sundried Tomato Sourdough and plain sourdough. Contact: Sophie on 071 483 0311.

Primade Food and Catering Services include a wide range of heat and eat meals, available in various portion sizes suitable for individuals, couples and families. Menu is updated on a weekly basis and orders are required 24 hours in advance. Contact: Apriena Jugoo Pummer 082 834 7326.

Fuel / Diesel

Ballistic Diesel Deliveries Contact Werner: 065 100 0000 or werner@ballisticconsulting.co.za

Glass/Aluminium Repairs

Breytenbach Glass Services include glass and aluminium repairs subject to availability. Lead time one to two days depending on materials and requirements. Contact: Johan Breytenbach Jnr 082 416 9252.

Goldsmith and Watchmaker

Manufacturer and designer of fine and con-temporary jewellery. Diamond and gem setter. Repairs to all jewellery and watches. Contact Kyle on 076 734 4949 or email info@artisjewellery.co.za

Golf Carts & Batteries

Golf Cart Lithium Battery Conversion: Upgrade your golf cart old batteries to advanced lithium and save! Lighter, longer runtime and efficient. Special discount applies to Eagle Canyon residents. Contact us today! <https://www.solargolfcart.co.za/>

Tip Top Carts Golf Cart Lithium Battery Conversion, Golf Cart Repairs, Golf Cart Refurbishment, upgrades and more. We do on site repairs, pick up and delivery. Contact Taylor Black on tiptopgolfcarts@gmail.com or 063 724 9250.

Need new golf cart batteries. I can help with the latest and most cost-effective solutions. Contact Trevor Payne on 082 891 3660.

Health & Well-being

Marsh & Marsh Physiotherapy Revitalize with Marsh & Marsh Physiotherapy in Eagle Canyon. Expert hands-on care for sports injuries, chest physio, rehab, post-op, pain management, and pregnancy care. Affordable within medical aid rates. Contact us at 083 277 7910 or visit marshmarshphysio.co.za for more information.

Tension and Trauma Release TRE® is a revolution in stress, tension and trauma release that helps you move from recovery to resilience and optimal performance. TRE® is a simple but profound process that is not only used to 'release' stress & trauma after the fact, but just as importantly prevent chronic stress and burnout by building capacity and physiological resilience in the nervous system through ongoing and regular use. Just some of the benefits include: deeper relaxation, improved sleep, reduced pain and faster recovery. Contact Tia on 081 777 2928

Revitalize Your Health. Harness the essence of Tahitian Noni Juice. Pure Wellness. Astonishing Benefits. Tahitian Noni is a miraculous fruit that grows in the French Polynesian islands of Tahiti in the South Pacific. The formula is rich in amino acids, vitamins, minerals, phytochemicals, and antioxidants, making it highly beneficial for health. The manufacturing process preserves 100% of its effective ingredients. The formula is rich in over 275 phytonutrients supporting your immune system, helping boost your energy levels & safeguarding the health of your entire family. Your Superjuice Wellness Boost. To find out more: www.noniresearch.org. Contact Dave – 0824511658 for more detail and information.

Online Yoga Classes Offering group or individual classes. Contact Sonja sonjavj@gmail.com or WApp: 073 262 4060

Home & Garden

Sarita Sharman Lighting & Decor is a unique lighting company offering design, imported, local and bespoke lighting for each individual project. Working with architects, designers, and homeowners from plan to execution. We offer onsite supervision and great after sales service! Our no 011 7941207 www.saritasharmanlighting.co.za

Kira Interiors is an interior design company that specialises in curtains, blinds, custom furniture, reupholstering, flooring, lighting, wallpaper, panelling & other wall finishes. We also do kitchen, bathroom and cupboard design and layout. We focus on residential and corporate projects. We offer full turnkey projects that will suit all your needs. Contact Ezilmar Pelsler 079 876 6288

QH Décor We are a furniture company which specialises in Re-upholstery and manufacturing of furniture, Our company specialises in trendy furniture and modular designs as well as Re-Upholstery. Contact Quanita - 083 375 0010, info@qhdecor.co.za, Instagram QH Décor.

CSLAB DESIGN is an online lighting store, we offer lighting and interior design consultancy for residential and commercial applications. Contact details: Mpho 072 99 30166 or visit www.cslab.co.za

Ceramic Products Manufacturers of ceramic ornaments, pots etc. Contact Carol Hall 081 308 7988.

Unique Stone & Garden Décor Manufacturers of fibre cement garden pots, water features, cobble paving, flagstones, bird baths & decorating garden pebbles and Lesotho Sandstone at wholesale prices. Contact Elmarie Gerber 082 495 6555 or Hekkie de Beer 081 796 9853, or visit www.uniquestone.co.za

Vinyl Window & Wall Art Design your own style of window frosting or decorate your walls with some skilfully designed stickers. Graphic solutions are custom designed to reflect your brand/style. Additional services available. Laser cutting wood or Perspex, Printing on wood, Printing on Perspex, Any type of labels or stickers. Welcome boards, Any type of Signage. Contact Elke Shroeder via pvt message 083 454 6010, email vinylwindowandwallart@gmail.com or visit windowwallart.co.za

My Boo Kay Service provided: Delivering fresh flowers in and around Eagle Canyon at affordable prices, catered to your specific needs. Contact: Jolindi 072 612 2781.

Inverters & Solar Systems

Solar Cleanse: We are a professional solar panel cleaning company. We specialise in eco-friendly solar panel cleaning that boosts performance and longevity. SolarCleanse provides professional panel cleaning, premium quality cleaning equipment, environmentally friendly practices, trusted by solar owners. Want to boost your solar output? Contact us today for a FREE estimate and let us help you get the most out of your solar investment. 083 399 5166 or christossouris@gmail.com

Solar Panel Cleaning Services Solar Panel Cleaning Services Protect your investment and increase efficiency by up to 30% with QTS Coatings. Our service includes an integrity inspection report of your roof, solar panels and gutters. Clean solar panels will optimise energy production, extend your solar panel life and protect your warranty. Contact Dion McCarthy on 082 456 4098.

Backup Inverters & Solar Systems: Inverter backup system, solar solutions & plug & play in-verters, installation. Combat loadshedding, reduce your electricity bill, contribute to sustainability. Contact Brandon @ Casca on 082 787 1677 or brandon@casca-lighting.co.za

Landscaping

FSG - Landscaping Services include landscaping & irrigation design and installation. Tel. 010 600 5050.

Legal

TLC There are few things more inconvenient or frustrating than having to appear at the CCMA in order to defend what you believe to have been the fair dismissal of one of your employees. Good help is hard to find and many employers discover the hard way that they have followed the wrong advice. For peace of mind, reach out to us. 087 550 2514 / sales@thelabourcounsel.co.za

DDC Debt collection can be an expensive & inefficient process. We are the alternative. Backed by a successful law firm, we quickly litigate matters to completion at no upfront cost to the client & a nominal charge of less than 10% of the final amount collected. Services are limited to corporate clients employing more than 50 employees. Don't sell your bad debts for less than they are worth, rather call 011 568 4409 or email ddc@donaldson.africa.

Medical & Dental

Dr Marichen Lombard: Specialising in general Dentistry and Aesthetics. Enhance your smile and beauty. Contact Dr Marichen directly, 063 074 4503

Blue Light Blocking Glasses New technology glasses used for protection from Digital Eye Strain for sale R350 per pair. Different Styles available. Great gift for kids and

adults. Free delivery within the Estate. Contact: Sarah 079 324 4745 or Adrian 082 595 6056.

Services - Sound mind counselling services I have a special interest in children and family counselling. I offer play therapy, adolescent counselling, trauma counselling and grief counselling. Please contact Kate on 078 238 7119.

Dr. Nataša Groenveld, Specialist anaest-hesiologist & aesthetic medicine practitioner. Specialising in medical aesthetic care. Contact: Dr. Nataša Groenveld 082 853 1124

Rike Coetzer - Therapeutic Reflexologist Registered, performing reflexology sessions including the Vacuflex system under regulated hygienic conditions. Allied health service that benefits health and wellbeing, assists in stress reduction and various other health conditions. Contact: Rike 082 784 4719 or rikecoetzer@gmail.com

Wilton SHE Consultants Services include an integrated range of Occupational Health and Safety, Environmental, Quality and Risk Management Service in line with ISO Standards, including accredited legal liability training, Disaster Management & Emergency Planning. Contact Details: Mario Wilton 082 778 2037, Andrea 079 085 9699 or info@wiltonhealthsafety.co.za

Office Supplies

FSG - Indoor Office Plants Services include indoor office plants supply and maintain. (rental options available). Contact: 010 600 5050

Personal Care

Aesthetico Services provided include branded, luxury haircare and skincare products Contact Sonja Schröder on 082 448 9575 or sonjaschroeder@gmail.com

ShZen Skincare ShZen Skincare and supplement products for sale. These high treatment products are manufactured using the best essential and plant oils. Extensive range available. Contact: Porcia 084 7447 666

Office Supplies

Photographic Equipment

FSG - Indoor Office Plants Services include indoor office plants supply and maintain. (rental options available). Contact: 010 600 5050

Cameratek: For your photographic, videography and binocular needs plus rentals, drones, smart home devices & studio hire, visit www.cameratek.co.za / 011 251 2400 / Rebecca Hayes.

Plumbing

New Life Plumbing When you have an emergency or you need your repair handled. You need a plumber who gets the job done right and does not take advantage of your emergency plumbing repair needs by overcharging you. Call us on 082 824 0246!

CM Plumbing and Electrical for all your household plumbing & electrical maintenance & repair services. Available 24 hours. Contact Chase on 076 182 7009, chaysplumbingandelectrical@gmail.com

Dels Plumbing Group Services include all plumbing & drainage maintenance such as blocked drains, burst geysers, leaks/floods & all plumbing maintenance issues. Contact: 072 119 6559

Drycon Plumbing Services include plumbing repairs, burst geyser replacements/repairs, leaking toilet & basin repairs, water pumps supply & install, blocked drains & burst pipes: Gary Knibbs 083 226 54 72 / gary@drycongroup.co.za or David Drynan 082 496 4692 / dave@drycongroup.co.za

RM Projects Plumbing and other emergency services (excl. electrical). Contact: Ruan Muller 061 605 3042

Pool Services & Other

Honeydew Nets cc: Established 1985. We specialise in all types of swimming pool covers & nets and sports netting. Members of NSPI. www.netsandcovers.co.za, www.facebook.com/honeydewnets, 011 794 8333/4/5.

Security

FSG - Security Services CCTV/Alarm Installations/ Offsite Monitoring. 010 600 5050

Shipping & Logistics

Transport and Logistics Services: Services include dedicated delivery, priority freight, affordable logistics, door to door deliveries - Nico on 063 775 5089 or Nicolazarus@icloud.com for reliable & high quality service.

Social Media

Content Creation Do you want to understand content creating? Become an #influencer or #momfluencer and understand Social Media & find your niche? Mentor pageants and interview preparation. No age limit. Marika on 083 282 0444

Stationery, Printing & Digital

Bin Stickers Elegant custom made bin sticker in silver with an Eagle or Palm Tree theme. Sticker only R70. Installation & Sticker R100. Free Delivery in Eagle Canyon. Contact: Elke 083 454 6010

IDC Band Whether you need plastic, vinyl or material wristbands, you can find an option that suits your needs perfectly. Contact: Peter on 011 675 5548 or email peter@idcband.co.za

NAVAM Suppliers of printer cartridges, laptops and desktops, repairs, invertors and batteries and software and wireless networking solutions. Contact: Anusha Naicker 083 293 9353

Storage

Commercial space/storage Do you need additional storage space or perhaps want to run your business in a more professional environment? We are offering entrepreneurs reasonably priced premises to operate from. Please call 010 446 2504 for more information and to book a viewing. Alternatively, you can whatsapp on 072 148 1144.

Telecommunications & WiFi

Novo Connect Services: extending your WiFi signal to all areas in your home, fast & reliable WiFi experience throughout your home, problematic video streaming & eliminating WiFi deadspots. www.novoconnect.co.za

Smart Automated System Solutions is a Smart Home Solutions company specialising in I.T Networking & Wi-Fi installations. Additional services: CCTV, AV Installations and Home Cinemas. Chad Petersen 076 984 4955 or chad@smartassolutions.co.za

Town Planning & Development Consultants

Ideal Consulting has a national footprint & offers expert assistance on all property rights and development matters. Services: rezoning applications (to change property rights), consent use applications (to allow additional uses), written consents (to increase coverage or height), building line relaxations, subdivisions, consolidations, and much more. Whether you're planning a small amendment or a major development, our experienced team provides professional, efficient, and results-driven solutions Contact: info@idealconsulting.co.za or 087 131 1899 for expert advice and guidance.

Waste Removal

New Era Waste Services include Waste Removal in Skip Containers 3m³ and 6m³. Contact: Chad Willcocks 082 856 4783, JP Willcocks 082 853 9953

Waterproofing

Advanced Waterproofing Professional certified company specialising in waterproofing, painting, damp proofing and general repairs. Contact: Jamie 082 442 6218.

Window Cleaning

Window Magic Services incl. full window cleaning service within the Estate, internal & external high reach windows. Window cleaning equipment for sale. David Smith: 082 875 7999 or dsmith@magicwindows.co.za

Website & E-commerce

Website, Funnel, and E-commerce website software that builds an unlimited number of websites or online stores. You will be taught how to use the software. Use it for yourself or to start a part-time business. R3 000. Try it for free for 7 days. Contact 083 660 5235

Wellness

Unlock True Happiness with Our Happiness Program Discover simple, science-backed practices to boost your mood, cultivate gratitude, and be present. Our Happiness Program is designed to help you create lasting joy and fulfilment in your everyday life. Contact 083 442 7032 for more details.

Weekly Happiness Sessions: Boost Your Joy Join our free weekly sessions to reduce stress, increase your focus, and improve your overall well-being. Each session consists of physical stretches and breathing techniques, to help you be more present, balanced, peaceful, and happy. Make happiness a habit! Contact 083 442 7032.

Tailored wellness solutions Do you want to prioritise your health & seek premium, effective, & naturally derived products? Whether your focus lies in nurturing gut health, alleviating inflammation, fostering mental wellbeing, or enhancing post-training recovery. A groundbreaking global megatrend has emerged, which incorporates an easy at-home test designed to equip you with concrete data. Discover the tailored insights your body craves & monitor your progress with scientific precision. Restore balance & embrace a healthier physique, naturally. Contact Lana: WhatsApp number: 071 412 3133

Disclaimer: This is a compilation of businesses and services provided by Residents for Residents. This is for information purposes only. The HOA holds no responsibility for services rendered or agreements entered into between the parties.



ENGEL & VÖLKERS

Finest Real Estate Worldwide

Autumn Momentum at Eagle Canyon

As autumn settles over Eagle Canyon, the Estate is defined by crisp mornings, golden sunsets and renewed market momentum. Demand remains strong for well-presented family homes and premium rentals, with recent highlights including a record annual lease in Bayhill Avenue of R840 000 and standout sales in Kasbah Ridge at R5 350 000 and R5 150 000.

Eagle Canyon continues to outperform broader Johannesburg trends, with strong value retention and increased listings creating opportunity for buyers, while turnkey homes still achieve premium results for sellers.

Lifestyle remains central to its appeal, from wellness routines to social moments at the Clubhouse and The Canyons restaurant. Through Engel & Völkers' global network, opportunities also extend to destinations such as Sardinia, Dubai, Istanbul, Nice, Rhodes and Porto - a reminder that real estate is ultimately about the community and lifestyle we create.



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Randpark Ridge, Randburg
+27 (0)10 141 8222
jhbnorthwest@fineandcountry.com
www.fineandcountry.co.za

FINE & COUNTRY