

## FIRST CONFESSION & FIRST HOLY COMMUNION FOR STUDENTS IN YEAR 2 OF FHC

### REQUIREMENTS

- † Student must be baptized
- † Student must have attended 2 years of sacramental preparation
- † Student should be attending Sunday Mass at St. Philip
- † Required documents (*deadline – April 19<sup>th</sup>, 2026*)
  - Certificate of Baptism
  - First Communion Register Information Form
  - Birth Certificate
- † Pass the FHC Exam with a score of 75% or higher
  - Prayers: all the prayers recited with the Rosary; Act of Contrition and Mass responses

### IMPORTANT DATES

- † **TOUR OF THE CONFESSIONAL – SATURDAY, FEBRUARY 7<sup>TH</sup>, 2026**
  - 10:00 pm – 11:00 am, church
  - Students must be accompanied by a parent
- † **FIRST HOLY COMMUNION RETREAT – JESUS DAY – THURSDAY, APRIL 23<sup>RD</sup>, 2026**
  - 7:45 am – 3:00 pm
  - Cost: \$40
  - Some of the activities for the day:
    - Mass at 8:00am (parents are welcome to attend)
    - Games outside
    - Adoration and prayer time in the church
    - Confession (if possible)
    - Time for homework
    - Practice of receiving Holy Communion
- † **FIRST HOLY COMMUNION**
  - During Sunday Masses (Saturday, 5:30pm; Sunday, 8am, 10:30am, 1pm & 4pm) on:
    - May 9<sup>th</sup> – 10<sup>th</sup>
    - May 16<sup>th</sup> – 17<sup>th</sup>
    - May 23<sup>rd</sup> – 24<sup>th</sup>
  - Parents will receive a link to sign up for the Mass of their choice

### ROLE OF THE PARENTS

- a. General teachings
  - Friendship with Jesus
  - God the Father and Jesus the Son are good and merciful
- b. Specific teachings on Confession ➔ Forgiveness
  - Prayers (Our Father, Hail Mary, Glory Be, and Act of Contrition)
  - Ten Commandments
  - Examination of Conscience
- c. Specific teachings on the Holy Eucharist ➔ Real Presence
  - Food for the body; Food for the soul

- Preparing for a Visit by Jesus
- Thanksgiving to Jesus for Coming
- d. Example of the parents
  - Sunday Mass – every Sunday
  - Daily Prayer in the Home
  - Regular Confession

## RECEPTION OF FIRST HOLY COMMUNION DURING SUNDAY MASS

### ARRIVAL

- Please arrive **30 minutes before the Mass** you have chosen

### ATTIRE

- **Girls:** should wear a white dress.
- **Older girls:** Dress appropriate for Church; i.e., modest, well fitting dresses which fall below the knees. The dresses should have sleeves and should not be low cut. Dress shoes, appropriate for Church and with heels not too high
- **Note:** if the girl's dress is not sufficiently modest, then she will be required to wear a white robe during the ceremony
- White veils (preferably not Mom's wedding veil), wreath of flowers or white bow is recommended but not required
- Girls & gloves: must be white and removed before they leave their seat to receive First Communion
- No purses, bibles or rosaries will be permitted in their seats
- **Boys:** should dress in a suit and tie or in a jacket, tie, dress slacks and dress shoes

### PHOTOGRAPHY

- Photography during the Mass is not allowed
- Individual photographs by the families with or without the priests may be taken after Mass

### CONCELEBRATING CLERGY

- If anyone has a family member or guest who would like to concelebrate please notify the pastor as soon as possible

### SEATING

- First Communicants and family will occupy the pews in the front

### FIRST HOLY COMMUNION CERTIFICATE

- Certificates will be issued upon request starting in June