Monday

CHILDREN

We are very fortunate in Darley to have dedicated volunteers who run three excellent scouting groups.

Beavers and Cubs

Beavers: **Age 6-8** Time: **5 - 6pm** (term time only)
Contact: **Fiona Roberts** **darleybeavers@gmail.com**

Cubs: **Age 8-11** Time: **6.15 - 7.45pm** (term time only)
Contact: **Erica Spencer** **akelaccd76@gmail.com**
07736 733663

Scouts: **Please see entry under Thursday**

Uniformed youth groups that impart **#skillsforlife** through games, activities and badgework. More information can be found on The Scout Association website - **www.scouts.org.uk**. Waiting lists apply.

ADULTS

Happy Dancing for 55yrs plus

Time: **9.30 - 10.20am** Cost: **£30** (for 4 weeks, pay in advance)

Join this fun dance class: Excellent music; where we get fit, working on stretching, balancing, coordination, making us feel positive and happy. Come and join us. You've nothing to lose except a few pounds.

Contact: **Jane Waring 07900 430448 janewaring@hotmail.co.uk**

Bridge Club

Time: **2.00 - 4.00pm** Cost: **£3** (per week) FREE first session

Meets every week.
Friendly and informal bridge. No playing partner needed.

Contact: **Peter Dransfield 01423 780054**

ALL AGES

Darley Community Library

Time: **5.30 - 6.30pm** (term time only closed Bank Holidays)
Contact: **Theresa 01423 780359**

Darley Community Library is run by volunteers in partnership with North Yorkshire County library service. We have a good selection of books and borrowing is free.

Note fees for all activities may be subject to change in the future.

Tuesday

CHILDREN

Little Fishes

Time: **9.30 - 11.00am** Cost: **£2** (per family per week) (term time only)

Little Fishes baby and toddler group. Baby corner, craft table, messy table and story/song time. Price includes refreshments. A friendly group run by Nidderdale Community Church.

Contact: **Jude 07731 630030**

ADULTS

Meet and Eat

Time: **12.30 - 2.00pm** (First and third Tuesday of the month)

Village community café run by volunteers. Everyone assured a warm welcome and a tasty two course lunch with coffee.
First courses are served between 12.30 and 12.45pm.

Contact: **Angela 07738 621886 angela@ehouseman.co.uk**
Katrina 780664

Pilates

Time: **7.30-8.30pm (All equipment provided)**

Contact: **Olivia Walls 07585 608386**

olivia.walls@hotmail.com

Tai Chi

Time: **10.00 - 11.00 am In Christ Church**

Exercise that is a gentle form of standing movement which helps balance, strength, flexibility, concentration and creates stillness at the start of the day.

Contact: **Sue Runham 07989 758774 for details and cost.**

Yoga

Time: **7.00 - 8.15pm In Christ Church - Bring your own mat**

Beginners welcome

Contact: **Sue Beever - 07801 064819 suebeever@gmail.com**

ALL AGES

Darley Community Library

Time: **10.45am to 12.15pm** Contact: **Theresa 01423 780359**

Note fees for all activities may be subject to change in the future.

Wednesday

ADULTS

Pilates

Time: **10.30 - 11.30am** Cost: **£33** (for 4 weeks) **In Chirst Church**

For beginners to advanced level

Contact: **Ian Sinclair 07977 190268 iansinclair@ntlworld.com www.pilatesidealbodysolutions.co.uk**

Table Tennis

Time: **3.15- 4.30pm** Cost: **£3** (per session)

A friendly afternoon aimed at people who are retired. Just come along have some exercise and fun.

Contact: **Andrew Robertshaw 07881 943352**

Darley Women's Forum

Time: **2.00 - 4.00pm** (Wednesdays fortnightly)
In CCCC Meeting Room Cost: **£2** (per session)

A friendly and lively discussion group where members meet to share thoughts on a wide variety of topics. **Contact: Jackie Heptinstall 07544 990253 jackieheptinstall@gmail.com**

Physio Pilates & Pilates for Strength

Physio Pilates Time: **5.15 - 6.15pm In Christ Church**

Pilates for Strength Time: **6.30 - 7.30pm In Christ Church**

Contact: **info@physioelise.co.uk www.physioelise.co.uk**

In Harmony Community Choir Group

Time: **7.30 - 9.00pm** Cost: 2 Taster Sessions FREE
£5.00 (per session, paid termly)

Open to all who would enjoy singing with a fun and friendly group. Our repertoire is varied and made up by member suggestion, ensuring we sing the songs we love as well as those offered by our Director.

Contact: **Lucy 07823554496 lucy.malby@icloud.com or Verity 07891959048 verity01@btinternet.com**

Together in the Dale Day Care Services

Time: **10am-3pm |** £45 per session (including lunch)

Fortnightly Wednesday sessions offering companionship, activities, and a welcoming place to spend the day. Enjoy cooking, crafts, games, quizzes, guest speakers, and a freshly prepared lunch from The Wellington Inn, Darley Community transport available and support from Radfield Home Care provided at no extra cost. Sessions can provide valuable respite for carers.

Contact: Nidderdale Plus 01423 714953 zoe@nidderdaleplus.org.uk https://www.nidderdaleplus.org.uk/together-in-the-dale/

Note fees for all activities may be subject to change in the future.

Thursday

CHILDREN

Scouts

Scouts: **Age 11-14** Time: **7.00 - 9.00pm** (term time only)
Contact: **Simon Hunt** **07966 106621 shuntccd@gmail.com**

Beaver/Cubs: **Please see entry under Monday**

Uniformed youth groups that impart **#skillsforlife** through games, activities and badgework. More information can be found on The

ADULTS

Seated Pilates

Time: **11.00am** Cost: **£8** (per class)
Blocks of 8 weeks i.e. £64 total

A gentle, seated, group Pilates class to improve posture, strength, flexibility, mobility, balance and co-ordination. Osteoarthritis, osteoporosis, and hip/knee replacement friendly.

Contact: **Sally Trask 07931 567566**

Dales Diners

Time: **1.00pm** Cost: **£6** (booking essential)

First Thursday of the month.

If you know anyone who is caring for a partner, friend or family member with memory problems, please tell them about this small friendly lunch club run by Harrogate Carers' Resource. Run by Dementia Forward.

Contact: **Dementia Forward 03300 578592**
info@dementiaforward.org.uk

Darley Book Wheel

Time: **2.00 - 3.30pm** Cost: **£10** (Annual subscription, booking essential)

Second Thursday of the month.

A friendly book club. Members read a book a month and take turns at leading the sessions to discuss it. NYCC Library Service supplies the books.

Contact: **Pat Brockway 07447 977147 patbrockway11@gmail.com**

Yin Yoga

Time: **9.00 -10.00 am - £10** per session**£10** a session pre book -

Contact: **Michelle Hennon - 07769 252737**

Yin is a beautiful slow paced calming practice of yoga targeting deeper connective tissues, improving flexibility, and calming the mind

Poses are held for longer periods of time and props are used for support and comfort.

Note fees for all activities may be subject to change in the future.

Friday

ADULTS

Book Exchange and Coffee Morning

Time: **10.30 - 12.00 noon**

First Friday of the month.

More new books are being added every month. There are no formalities, just select your books and return them when read. No cost, no fuss!

Contact: **Ken Rowswell 01423 780004**
Derek Howard 01423 780043

Stitching Together Darley

Time: **10.00am - 3.00pm** Cost: **£8 per session**

Third and fifth Friday of the month except July, August and December.

We have tutors some months and other months we tutor in house.

We are a friendly group who meet to stitch and sew or bring our own projects to progress with assistance if required.

We are affiliated to the Quilters Guild.

Contact: **Janet Harris 07880601100 janet@tipladyhall.com**

Craft & Connect

Time: **10.00am - 12.00 noon** Cost: **£2** (per week)

Second and fourth Friday of the Winter months.
Bring any handicraft project, chat whilst you work & enjoy an cuppa.
All welcome

Contact: **Kim or Kath 07856 628516 kdkbs@outlook.com**

ALL AGES

Karate

Time: **6.00 - 7.00pm** Cost: **£25** (per month)

Classes are run by fully qualified instructors and are suitable for ages 7 to adult. A great way to improve fitness, balance and coordination.

Contact: **John Howden 07704 141709**
johnhowden@rocketmail.com

Note fees for all activities may be subject to change in the future.

Saturday

ALL AGES

Darley Community Library

Time: **10.00am to 12.00 noon** Contact: **Theresa 01423 780359**

Butties, Bakes and Brew at CCCC

Time: 10.00am to 12.00pm Second Saturday of the month except August and December.

Run by different groups each month in conjunction with the Saturday morning Library , Bacon Sandwiches, Coffee, cake and card stall.

If you would like to book one of these coffee mornings to raise funds for a local charity or group please contact: Sue Runham 01423 780317

Messy Church

Time: **4.00 - 6.00pm** Cost: **FREE**

Bi-monthly. Dates may change.

Includes meal at Hookstone Hall, Low Lane, Thornthwaite.

For further information on these and other activities, contact: Rev. Alastair 01423 780262 irreverend@btinternet.com

Sunday

ALL AGES

Forest Church

Time: **10.00am**

Meets 2nd Sunday of the month in the Vicarage orchard next to Holy Trinity, Dacre Banks.

For more details contact: **purplecaterpillars@yahoo.co.uk**

Regular Services at Christ Church Darley

Holy Communion	1st Sunday of the month	**9.30am**
Quiet Communion	2nd Sunday of the month	**6.30pm**
Family Service	3rd Sunday of the month	**9.30am**

Note fees for all activities may be subject to change in the future.

Main Street, Darley, Harrogate HG3 2QF
Visit us @ the Darley village website
www.darleyvillage.info

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