

DRESS POLICY – 2025 2026

Dance attire is an important part of learning to dance. A dress code lends a feeling of uniformity to the class. Baggy clothing and long pants make it impossible for the teacher to see your posture, movements and footwork. **AS A GENERAL RULE, WE REQUIRE TAN TIGHTS AND A BLACK TANK BODYSUIT. HAIR MUST BE TIED BACK AND OFF THE FACE. FOR FOOTWEAR, SEE LIST BELOW.**

TIGHTS: All classes, including ballet, wear tan tights. This makes it easier for dancers who are in multiple classes. Proper dance tights are required and are available at Fantasy Costumes in Red Deer. **Absolutely no nylons!** Some classes (such as Acro and Lyrical) require footless or adjustable tights. Please see list below.

PRESCHOOL/KINDER LEVELS

- **BALLET:** Pink Slippers, Tan Tights, Choice of Colors for Bodysuit, Bootie shorts or Ballet Skirt. Skirts must be no longer than the knee.
- **TAP:** Black tap shoes w/elastic, NO laces.
- **HIP HOP:** Loose fitting clothing (sweatpants), inside sneakers.

PRIMARY LEVEL + OLDER

- **BALLET:** Pink Slippers, Tan Tights, Black Tank Bodysuit, Black Skirt (not past knees) Bootie shorts or capris - no long pants.
- **TAP:** Black lace-up or slip-on tap shoes, tan tights, black tank bodysuit, black bootie shorts
- **JAZZ:** Black lace-up or slip-on jazz slippers, Tan tights, Black tank bodysuit, Black bootie shorts.
- **HIP HOP:** Loose fitting clothing (sweatpants), inside sneakers. (Bodysuit and tights w/shorts or sweatpants over is also fine!) Footwear for hip hop is standard: Black Converse lace-up sneakers (or knock-off brand). White soles.
- **BOYS:** Black Shorts or Capri Pants and Black (form-fitting) top for jazz, tap, musical theatre. Sweats may be worn for Hip Hop. Footwear, as assigned.
- **ACRO/JAZZ:** Jazz Shoes, Tan (footless or convertible) tights, Black Tank Bodysuit, Black bootie shorts.
- **MUSICAL THEATRE:** Tan tights, Black Tank Bodysuit, Black bootie shorts, jazz shoes
- **LYRICAL:** Regular dancewear. Capri tan (adjustable footed) tights and foot undies
- **CONTEMPORARY:** Regular dancewear. Capri tan (adjustable footed) tights and socks (or toe undies.)
- **POINTE:** Ballet attire (tights must be full-length w/hole in bottom), Pointe Shoes, as fitted by the professionals at the Dancewear Store

***‘ON WITH THE DANCE... LET
JOY BE UNCONFINED!’***