

# Regional Perinatal Plan



# **RAC-R Regional Perinatal Plan**

## **PURPOSE**

The Perinatal Committee collaborates with the RAC Board of Directors for the oversight of the perinatal care system in RAC-R (East Texas Gulf Coast Regional Trauma Advisory Council) including the Regional Perinatal System Plan. This plan includes strategies to collaborate with hospital and pre-hospital providers to reduce morbidity and mortality for mothers and infants. The committee will provide guidance in the development and review of assessment tools, regional plans, compilation of regional data and health education for the perinatal population in RAC-R.

## **GOALS**

- A. Goals for each year are established at the beginning of the fiscal year.
- B. Collaborate with and provide mentorship for entities that provide perinatal care within RAC R and bordering regions.
- C. Provide health education and wellness promotion initiatives to the community we serve.
- D. Statewide collaborative projects will be incorporated into the committee's goals as they arise.

## **OBJECTIVES**

The mission of the RAC-R Perinatal Committee is to promote healthy mothers and babies throughout the communities we serve. We will promote safe and effective care practices through constant attention to quality assurance and performance improvement processes, and by fostering collaborative relationships among healthcare stakeholders of our region to provide evidence-based education, training, and resources.

## **DESIGNATED PERINATAL FACILITIES**

### **Maternal Levels of Care:**

Level I (Basic Care): Care for pregnant and postpartum patients who are generally healthy and do not have medical, surgical or obstetrical complications

Level II (Specialty Care): Care for pregnant and postpartum patients with conditions that present a low to moderate risk of maternal morbidity or mortality

Level III (Subspecialty Care): Care for pregnant and postpartum patients with low risk conditions to significant medical, surgical or obstetrical conditions that present a high risk of maternal morbidity or mortality

Level IV (Comprehensive Care): Care for pregnant and postpartum patients with low risk to the most complex medical, surgical or obstetrical conditions including specialized services and subspecialists

[Texas Maternal Facilities | Texas DSHS](#)

**Neonatal Levels of Care:**

Level I (Well Care): Basic neonatal care for healthy newborns, generally more than or equal to 35 weeks gestational age

Level II (Special Care): Care for moderately ill newborns who require special attention, generally more than or equal to 32 weeks gestational age and weight more than or equal to 1500 grams

Level III (Neonatal Intensive Care): Comprehensive care for newborns of all gestational ages with mild to critical illnesses or requiring sustained life support

Level IV (Advanced Neonatal Intensive Care): Facilities equipped to provide the highest level of neonatal care for newborns of all gestational ages including those with the most complex and critical medical and surgical conditions or requiring sustained life support

[Texas Neonatal Facilities | Texas DSHS](#)

**HEALTH EDUCATION**

The mission of the RAC-R Perinatal Committee is to promote health education for both our patient population as well as our hospital and pre-hospital providers. Patient and family education includes, but is not limited to, programs such as Safe Sleep, parental CPR courses and Pack and Play Programs. Additionally, perinatal care education and training is provided to our EMS partners throughout the region.

**PERINATAL QUALITY IMPROVEMENT**

Ongoing monitoring and evaluation of the perinatal care system through a well-defined PI program is the primary way to improve perinatal care thus ultimately reducing the risk of morbidity and mortality. All organizations participating in the RAC-R Perinatal Committee accept the guiding principles for system PI as outlined by the Texas Department of State Health Services.