

RAC R MMD/NMD MEETING

9.12.25



ATTENDANCE

Baptist Beaumont

- Maternal:
- Neonatal: Dr. Doshi NMD, M. Bordelon NPM

Christus St. Elizabeth

- Maternal: Dr. Edmondson MMD, A. Waguespack, MPM
- Neonatal: Dr. Thompson NMD

Medical Center of SE Texas

- Maternal:
- Neonatal: S. Maccamond, NPM

UTMB Angleton Danbury

- Maternal: Dr. Adum MMD, J. Black MPM
- Neonatal: Dr. Jain NMD, J. Black NPM

UTMB Galveston

- Maternal: K. Stewart MPM
- Neonatal: Dr. Huff NMD, A. Shapley NPM



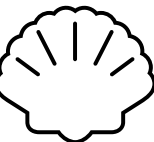
Maternal and Neonatal Medical Directors and Program Managers



Facility	Mat Level	MMD	MPM	Neo Level	NMD	NPM
Baptist	2	Dr. Dowdy – office 833.5790, cell 409.658.0958	Becky Landry 409-853-5080	3	Dr. Snehal Doshi NMD snehal.doshi@bhset.net	Michelle Bordelon mbordelon@bhset.net
CHRISTUS St. Elizabeth	2	Dr. Steven Edmondson sedmondson@obhg.com	Waguespack, April N. april.waguespack@christushealth.org	3	Dr. Lauree Thompson Office 409.236.7892 Lauree.thompson@christushealth.org	Kelli Huebel Office 409.236.7892 Kelli.huebel@christushealth.org
Medical Center of Southwest Texas	1	Dr. Gary Mennie Gary.Mennie@hsahospitals.com		3	Dr. Syed Haider hassan621@gmail.com Cell - 713-876-447	Shanna Maccammond Shanna.maccammond@hsahospitals.com 409-853-5021
UTMB ADC	1	Dr. Vivian Adum vladum@utmb.edu	Julie Black 979-848-9182 jablack@utmb.edu	1	Dr. Sunil Jain skjain@utmb.edu	Julie Black 979-848-9182 jablack@utmb.edu
UTMB Galveston	4	Dr. Luis Pacheco ldpachec@utmb.edu	Kimberly Stewart 409-772-2468 kistewar@utmb.edu	4	Dr. Monica Huff 409.772.2215 mlhuff@utmb.edu	Amy Shapley 409-772-2486 amshaple@utmb.edu

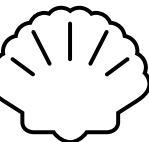
TCHMB OB
COMMITTEE
MEETING
UPDATES
7.24.25

- CMS updated OB Condition of Participation including organization and staffing, delivery of care and staff training; also revised the existing QAPI CoP with specific requirements for OB services
- Collaboration with Texas AIM Sepsis bundle- next learning session for our cohort is 10/23 & 10/24
- Next TCHMB meeting 9.25.25



TCHMB NEO
COMMITTEE
MEETING
UPDATES
7.18.25

- All hospitals should have received the enrollment invitation for LASSO-TX- there will be 3 in-person learning sessions (February, June and October 2026) as well as monthly coaching calls, QI tools and expert faculty support. Enrollment deadline is 11/15/25
- Next meeting 9.19.25



- House Bill 37, “Everly’s Law” took effect September 1, 2025
- Designated hospitals must offer supportive bereavement services, counseling options, cooling cots
- PAC to implement a program to recognize hospitals that provide bereavement care training to hospital personnel

Next meeting 12/17/2025 at 9 AM

PAC
MEETING
9/4/2025



DSHS PERINATAL LEVEL I MEETINGS

* 10.1.25 2PM

* 11.5.25 2PM



DSHS PERINATAL LEVEL II-IV MEETINGS

* 9.17.25 2PM

* 10.15.25 2PM

* 11.19.25 2PM



TETAF & MIGHTY NETWORKS



* Applications are open for
NANN and AWHONN
Emerging Leaders
programs

*When to use case review
and when to use aggregate
review in trauma PI -
Trauma System News



What is Type II Diabetes?

Diabetes is a chronic health condition that impacts how your body turns food into energy. When you eat food, the body breaks it down into sugar (glucose) to be absorbed into the bloodstream. In response to high blood sugar levels after a meal, the pancreas will release insulin to let the blood sugar into your body's cells for use as energy. Diabetes stops the cells from responding to insulin causing too much blood sugar to stay in your bloodstream. Over time, this may cause serious health problems like heart disease, kidney disease, and vision loss.



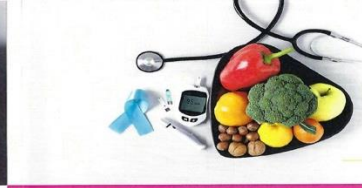
Risk Factors

"About **50%** of women with gestational diabetes go on to develop type 2 diabetes, but there are steps you can take to prevent it."

-Centers for Disease Control & Prevention (CDC)

Other risk factors include:

- Family history of diabetes
- Overweight or obesity
- Insulin resistance or prediabetes before getting pregnant



Lowering Your Risk

- Breastfeed your baby.
- Visit the doctor to have your blood sugar tested 6-12 weeks after delivery and then every 1-3 years.
- Adhere to a healthy diet. Make half your plate non-starchy vegetables, choose fruits, lean protein, whole grains, and keep hydrated with water.
- Limit consumption of processed foods, trans fat, sugary beverages, and alcohol.
- Stay active. Regular exercise can help lower blood sugar levels by improving insulin sensitivity.
- Reach a healthy body weight after delivery.

Signs & Symptoms of Type II Diabetes

Diabetes symptoms may go unnoticed for a long time because they are not always noticeable. For this reason, it is important to know the risk factors and monitor blood sugar levels routinely with your doctor.

Some symptoms include:

- Frequent urination
- Increased hunger and thirst
- Blurry vision
- Very dry skin
- Sores that heal slowly
- Frequent infections

Contact

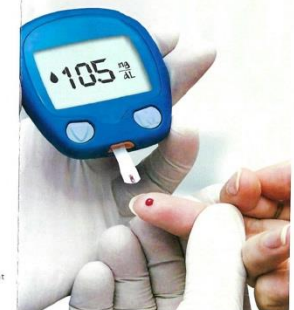
**Methodist Hospital
Dietitian's Office
210-575-0928**

Please contact your doctor if you need to book an appointment for diabetes screening.

Sources:
VeryWell Health Type 2 Diabetes After Gestational Diabetes Infographic.
<https://www.verywellhealth.com/type-2-diabetes-after-gestational-diabetes-6543158>.
Gestational Diabetes, CDC.
<https://www.cdc.gov/diabetes/basics/gestational.html>.



REDUCING THE RISK OF TYPE II DIABETES AFTER GESTATIONAL DIABETES



**UPCOMING
LUNCH & LEARNS**



*Congenital heart disease

*Trauma informed care

*Late onset sepsis

*Maternal health in TX (10/1)

*Science of opioid addiction

COMMITTEE PROJECT DISCUSSION



MATERNAL

- ❖ Sepsis
- ❖ HTN

NEONATAL

- ❖ STS
- ❖ Increase percentage of newborns breastfeeding at discharge

Guest speaker: Olivia Owens, MSN, RNC-MNN, IBCLC

FY 26 COMMITTEE PROJECTS UPDATE



- Maternal committee voted to implement compiling our regional sepsis initiatives in alignment with the Texas AIM bundle
- Initial steps include evaluating guidelines and current practice at each campus to collaborate within facilities
- A. Waguespack has shared Christus' sepsis guideline
- Neonatal committee voted to focus on increasing breastfeeding rates at discharge by 10% in alignment with LASSO-TX initiative
- Initial steps to include incorporating current rates from each facility into a regional database and facilitate collaboration between hospitals to achieve goals
- O. Owens has shared UTMB's EPIC report



UNTIL WE MEET AGAIN....

- ❖ Next General Assembly and Perinatal Committee meeting 12.9.25 (Dr. Fox, UTMB, will present PASD mini-sim for Perinatal Committee)
- ❖ Next Medical Director meeting 12.12.25