



DECLARING WAR ON PTSD

Bravo Zulu House offers veterans a unique and comprehensive path to healing by integrating effective recovery practices with specialized PTSD and mental health support.

HERE'S HOW WE BENEFIT VETERANS:

- **Proven Sober Living Practices:** Private rooms, ADA compliant with elevator, 12-step meetings, and empowering spiritual counseling.
- **Integrated Mental Health Support:** We work with **Mayo Clinic Health System** to ensure veterans get direct access to top-tier PTSD treatment.
- **Unique Onsite Programs:** Our **Dog Therapy Program** connects veterans with rescue dogs to ease anxiety and provide emotional support, while **hydroponic farming** provides a therapeutic outlet, fostering purpose and accomplishment.

QUALIFICATIONS

Veteran: Honorable, General, Other Than Honorable, male by birth

Sobriety: Successfully completed in-patient treatment

Diagnosed: PTSD, other military-related mental health diagnosis

Willingness: Participate in 12-step program, and other Bravo Zulu House programs

Bravo Zulu House stands as America's first sober home, specifically designed for veterans navigating the challenges of PTSD. This program was created by veterans for veterans to foster a culture of brotherhood, offering proven recovery methods.



Application: bravozuluhouse.org

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SCAN TO
APPLY →

