

OCTOBER TO DECEMBER



2021



Message from Barry & Raewyn

Wow hasn't the time flown, it seems like only yesterday we were at the festive time of the year.

Raewyn and I take this opportunity to thank all our dedicated staff and sub contractors for their tireless efforts throughout some of the most trying times our industry has thrown at us.

You have all gone above and beyond to get the job done. Not only getting the job done but doing it with professionalism and pride, whilst wearing our brands.

You are the backbone of our companies and we wish you and your families a wonderful Christmas and the happiest of New Years.

Stay safe and well all, we look forward to a positive 2022!

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EDITOR:

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COMPLIANCE OFFICER



Getting To Know:
Ricci Walker

Warehouse/Admin– Perth WA

What is your favourite holiday season?

Any holiday

Your favourite meal/type of food?

Mums cooking

What job would you be terrible at?

Anything to do with the computer

Do you have any secret talents?

Driving a forklift but don't tell anyone.

What is your favourite part about working for Land Transport?

The people

What is your go to drink?

Beer



What city would you most like to live in?

I'm living in it – Perth!

Do you have any fears/phobias?

God built me low to the ground for a reason, heights... & needles

What was your first ever job?

Cleaning the machines in a laundromat

Do you have any siblings, if so how many?

1 Brother

**FUN FACT ABOUT
RICCI!!!!**

Ricci has been
working for Land Transport
for over 12 years!!!



FLASH
BACK



ON THE ROAD AGAIN



B39– Graeme Bennett



B10– Rob Vickery



BTB80 (Wagga) Thomas Burgess



B08– Michael Sloss



B36– Brendan Reuter



B37– Tim Ison



PT24– Tyson Paxton

*Thank
you*

TESTIMONIALS

Big thank you to Debby and Katrina for keeping me well updated and informed.....even if late at night! We all know that the transport industry doesn't actually get a "holiday" but please enjoy the long weekend as much as you can and Thank you!

**Bill Law
Coates Hire**

We are happy to help any Truck Driver we can during these times.

**Dusty Gill
Caltex Yunta Truckstop**

I just thought I'd let you know that the two lads from Land Transport Perth (Shawn Kelly + Trent Land) who delivered our freight today were both exceptionally helpful, friendly and polite.

**Alison
Apex Envirocare**

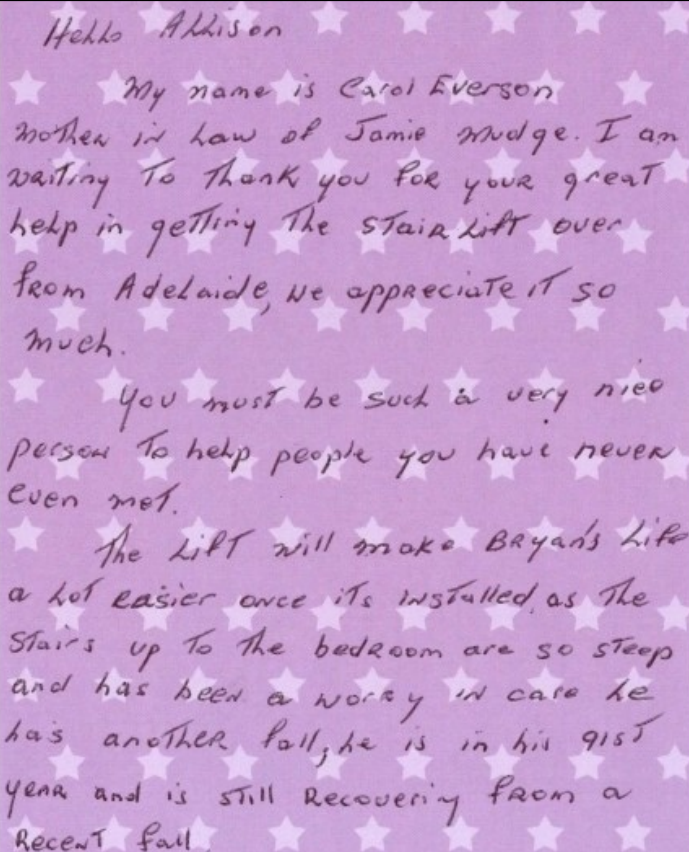
My family and myself would like to thank you for your tribute to Ian at the Light's on the Hill Convoy on Saturday.

We were standing on the left hand side at the golf course before you enter the show grounds this is our usual spot. Light's on the hill has now become a family tradition and we really appreciate you doing this for Ian. Lucas had all his trucks set up in the dirt. Can you believe it will be 4 years this February. Thank you so much for your tribute.

Christine Vickery and family

Got some great feedback from our Supply Chain GM (Rob Kalf) about the Dubbo warehouse after his visit. Look forward to being able to get there myself in the new year to see all the improvements since last time I was there pre covid. Keep up the good work, your doing a great job.

**Michael Francis
Adama**



Hehlo Allison

My name is Carol Everson mother in law of Jamie Mudge. I am writing To Thank you for your great help in getting The stair lift over from Adelaide, we appreciate it so much.

You must be such a very nice person To help people you have never even met.

The lift will make Bryan's life a lot easier once its installed as The stairs up To the bedroom are so steep and has been a worry in case he has another fall, he is in his 91st year and is still recovering from a recent fall.

Just wanted to pass on my thanks for getting these from Perth to Toowoomba so quickly. Great service.

**Jen
Adama**

Just want to thank you all for your efforts in regard to this freight movement. Job went very smoothly and everything arrived in perfect condition. Appreciate it.

Dean King
Maxilift

Always professional service from Barry land and family.
Silo Bags

You guys are the rare shining light in my life
Alex Vorster
Blue Iron Cove

Have a great Christmas to you and your families. Your service to Adama is excellent.
Craig Taylor
Adama

Its great to be working with you and appreciate your continual support though our most challenging time of the year 'mango season'.

BP is an absolute legend to work with and I would be in trouble every season if I didn't have the help from the team at Townsville.

Merry Christmas, thank you for your Christmas gifts and look forward to working with you in the future.

Jo Thorne
Tropico

The other day your driver Shane Kaye (B25) from Brisbane delivered my Toyota Hilux to me and I just wanted to give you some feedback about my delivery. The road between Forbes and Cowra was cut off, so Shane rang me to let me know that my car would be late and that he would have to find another way to Cowra.

He must have heard the desperation in my voice and probably felt sorry for me as I would have had to get a babysitter and ask someone to drop me into Cowra to pick the car up. He took it upon himself to ring his boss to ask if he could deliver it directly to me in Koorawatha. He absolutely did not have to do that. He was just so kind and thoughtful and went out of his way to help me. When I took delivery he was so polite and lovely to deal with. I am so grateful to him for going the extra mile even though he didn't have to. I even tried to give him a little cash tip but he wouldn't accept it..

From my experience with him, I think you are very lucky to have such a dedicated and professional employee representing your company. Thanks very much for a great delivery experience.

Kate Fischer
William Fischer Plastering

TRUCK DRIVER CHRISTMAS POEM

As I leave the yard tonight and drive along the moon lit strips, I will encounter a normal truckies night; from kangaroos to other drivers, hi-beam lights to stop and go traffic lights.

At the end of the day us boys are just trying to do what's right, while you're tucked up with your family at night, remember we're out here doing our best and our only wish is to see our family and rest. The night has changed to day as you get up to play.

All he can do is hope and pray that he makes it home today. Now he's been held up unloading all can think is u must be joking!!!
Once he's done, he's on his way with Jimmy Barnes red lining on the radio, he's hammer down home bound..

Merry Christmas to every one riding that white line over Christmas.



DEPOT NEWS

WAGGA DEPOT– NSW

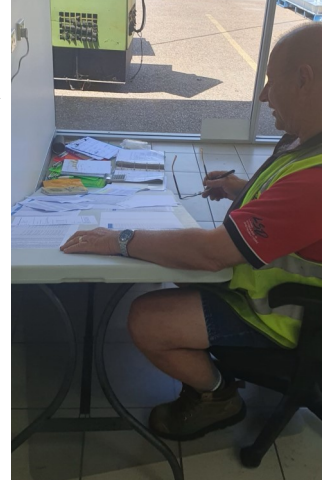
Todd Lambkin's Granddaughter playing hockey in her Land Transport hat.



TOWNSVILLE DEPOT– QLD

Gary Smith working on rates– under the pump only a few hours before tender closes and the table collapsed. He made the deadline!!!

Townsville office had a little visitor



Pre Christmas with BP, Norma, Debby and Katrina.



TOOWOOMBA DEPOT– QLD

Debby gets a visitor from an old friend same time every year



BRISBANE DEPOT– QLD

Land Brisbane invitational training & BBQ with Coates Hire Meadowbrook.



STAYING POSITIVE DURING THE PANDEMIC



STAY CONNECTED

Find creative ways to stay connected to family, friends and co-workers, especially when you feel alone or sense that others might be in need.

- ⇒ *Pick up the phone and call a loved one*
- ⇒ *Meet up via video (Facetime, Skype)*
- ⇒ *Send a letter*

TAKE CARE OF YOURSELF

Fill your cup to foster positivity and resilience. Try positive self-talk, and write down your strengths. Start a gratitude journal. Make a list of your hopes and goals for the future. Reminisce on some of your favourite memories and pastimes. Plan a fun activity or vacation for the future.



BUILD AND MAINTAIN A HEALTHY IMMUNE SYSTEM

- Get adequate sleep. Most adults need 7 or more hours of sleep per night. Turning off technology at least 30 minutes before bed can improve sleep quality.
- Eat a variety of nutritious foods, including 2 ½ - 3 cups of vegetables a day, whole grain foods, fruits and a variety of plant-based proteins. These contain vitamins and minerals that help the systems in the body work together for better health and minimize the risk of inflammation.
- Stay hydrated by drinking adequate amounts of water each day.
- Exercise regularly for at least 30 minutes a day. In addition to the many health benefits, studies show exercise is one of the most effective ways to manage stress and reduce feelings of anxiety and depression.

Tips to Support your Immune System



MAINTAIN A BALANCED DIET
Lean protein, healthy carbs and omega-3 fatty acids



WASH YOUR HANDS
Wash with soap for 40 seconds*. Make sure to get to palms, backs of hands, under fingernails and wrists.



GET ADEQUATE REST
Aim for ~7 hours per night to allow your body to recover from stress and exercise



EXERCISE
Daily moderate activity (30 min/day) can help boost your immune system



HYDRATE
Drink 4 to 6 cups of water daily



LIGHTS ON THE HILL 2021



HEALTH ALERT



15 December 2021

The World Health Organisation (WHO) recently declared the **Coronavirus COVID-19** outbreak a public health emergency of international concern.

In an effort to minimise risk to our employees, sub-contractors and customers, The Land Transport group has implemented the below in conjunction with advice from WHO & Department of Health (DoH) to combat the risk of Coronavirus:

QR Check in codes have been introduced in all depots. All staff (including interstate drivers), visitors, subcontractors and anyone who attends a depot, are to use the QR check in upon arrival to the depot.

- **Wash hands frequently** with soap & water for a **minimum of 20 seconds** or use an alcohol-based hand rub.
- **Practice respiratory hygiene** when coughing and sneezing, cover mouth and nose with flexed elbow or tissue – discard tissue immediately into a closed bin and clean your hands as per above.
- Where possible **maintain a social distance** by upholding at least **4m² distance** between yourself and other employees.
- **Avoid touching eyes, nose and mouth** with your hands as you can transfer the virus from surfaces to yourself.
- **Avoid shaking hands** or touching another person/s.
- We **recommend** you minimise any non-essential domestic or international travel.
- Where possible reduce **face to face meetings** to phone hook ups, if meetings are required, only have the essential person/s in attendance.
- Avoid **large gatherings**, particularly indoors.
- **Brief toolbox talks** are to be held **outside daily**, maintaining the **4m² distance** for each employee or **one on one**.
- When conditions permit, **open doors and windows** to let fresh air in.
- Ensure all **air conditioning** units remain up to date with their **quarterly servicing** (Please check with Eileen in Head Office if you are unsure).
- No **non-essential visitor/s** to site.
- Ensure **EFTPOS machine** is wiped down after each use.
- All tea, coffee, sugar, milk, crockery and cutlery has been removed from all Land Transport kitchen and amenities.
- **No passengers** to be in any Land Transport long distance vehicles.
- **Local prime movers** are to be **used** where possible instead of interstate prime movers.
- Keep as many **internal doors open** as possible to **reduce** the use of **high touch points** (door handles).
- All queries are to be emailed or phoned to internal departments, as **all face to face encounters** need to be at an **absolute minimum** and only when essential.
- In the attempt to reduce the amount of non-essential personnel in the offices, **external doors** are to be locked where possible or bollards put in place to maintain 1.5m distance.
- **Cleaners** are now completing cleans of all Land Transport depots **5 days per week**.
- We recommend you **use gloves when fuelling your vehicles**.
- **Pen** to be **removed** from visitor sign in / out books.
- Carry and use your own **pen/s** at all times.
- **Forklift drivers** to **wear gloves** at all time when operating the forklifts.
- All staff are encouraged to have a **flu shot**.
- **Hand sanitisers, masks, disposable gloves, surface sanitising sprays and disinfectant wipes** have been distributed throughout the company.
- **Shower spray and toilet wipes** have been distributed throughout the company.
- **Sanitising stations** have been installed into our depots at point of entry.
- Land Transport's **Covid-19 Safety Plan** has been issued to all our staff and subcontractors.
- Temperature testing will be removed from depots, unless someone is feeling unwell, then the persons temperature will be checked and recorded. Effective 6 December 2021.
- We request all long-distance drivers to be **COVID-19 tested** on a 7-day cycle. See below the testing sites (Page 5).



- All depots have been instructed that common lunchrooms are to have a maximum of 4 people at any one time and that chairs are to be taken out of lunchrooms, leaving a maximum of 4 only.
- Drivers have been issued with disinfectant wipes to wipe down surfaces etc in their trucks.
- All depots are issued with a monthly checklist for cleaning/sanitising supplies. If supplies are required, these are sent out immediately.
- As directed by SA Government, the Adelaide depot has a COVID-19 marshal.
- We strongly urge all to use Roadhouses and Takeaway establishments at a minimum when and where possible. If public restrooms are used, ensure that you practice good and safe hygiene and always use your own cleansing products.
- If any extra PPE or sanitising equipment is required, contact Compliance.
- We recommend that all get vaccinated.

For now, **it is business as usual for us**. We have no reported confirmed cases of COVID-19 associated with our employees or their families. Our priority remains to be the health and safety of our employees, sub-contractors and customers. In line with this, our second priority is to remain open for business and to continue to provide livelihoods for our employees, sub-contractors, customers and their families.

Even with Australian state borders closing, all road transport will continue as it is considered an essential service.

We will keep on truckin'.

Please see below extract from the DoH website regarding self-quarantine after returning to Australia from overseas:

"Staying at home means you:

- **do not go to public places such as work, school, shopping centres, childcare or university**
- **ask someone to get food and other necessities for you and leave them at your front door**
- **do not let visitors in — only people who usually live with you should be in your home**

You do not need to wear a mask in your home. If you need to go out to seek medical attention, wear a surgical mask (if you have one) to protect others.

You should stay in touch by phone and on-line with your family and friends."

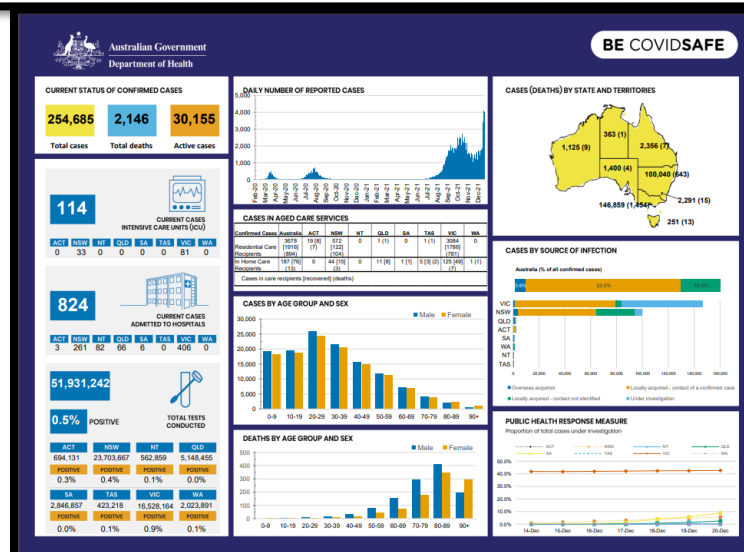
Key symptoms of COVID-19 are:

- Fever
- Cough
- Sore Throat
- Fatigue

For information on COVID-19, use the COVID-19 Symptom Check via <https://www.healthdirect.gov.au/symptom-checker/tool/basic-details> or contact the Australian Government's National Coronavirus Helpline on 1800 020 080.

KEEP OUR SPIRITS HIGH & HANDS CLEAN

NB: Important notes and additions see in bold.



STATE BORDER REQUIREMENTS

All staff are to adhere to any/all written directives from any/all Governing bodies

STATE	BORDER PASS	TESTING REQUIREMENTS	FACEMASK REQUIREMENTS	WEBSITE	COMMENTS	VACCINE REQUIREMENTS
ACT	YES		YES	https://www.covid19.act.gov.au/community/travel		NO
NSW						NO
NT	YES PER TRIP + Freight risk Mitigation Management Plan	YES	YES	https://coronavirus.nt.gov.au/community-advice/border-controls	*RECORD OF CLOSE CONTACT	YES – FROM 1/11/2021 EVIDENCE OF 1 ST VACCINATION & FROM 13/12/2021 EVIDENCE OF 2 ND VACCINATION
QLD	YES – FROM ALL STATES FORTNIGHTLY	YES – YOU NEED PROOF OF A NEGATIVE TEST WITHIN 7 DAYS OF ENTRY INTO QLD – MUST BE A PCR (POLYMERASE CHAIN REACTION) NOT A RAT (RAPID ANTIGEN TEST) RESULT		https://www.qld.gov.au/border-pass		FROM 15/11/2021 EVIDENCE OF 2 ND VACCINATION OR EVIDENCE OF A BOOKING FOR 2 ND VACCINATION
VIC						YES-FROM 15/10/2021 EVIDENCE OF 1 ST VACCINATION FROM 26/11/2021 MUST BE FULLY VACCINATED
SA	YES EXITING ET NUMBER, ONCE EXPIRED, WILL NEED TO APPLY THROUGH ENTRY CHECK SA	YES – EVIDENCE OF A NEGATIVE RESULT WITHIN THE PAST 7 DAYS OR EVIDENCE OF A TEST WITHIN 72 HOURS	YES – WHENEVER IN CONTACT WITH THE PUBLIC	https://www.police.sa.gov.au/sa-police-news-assets/front-page-news/sa-police-news	* RECORD OF CLOSE CONTACT IS STILL REQUIRED TO BE FILLED OUT	YES-EVIDENCE OF 2 VACCINES <u>OR</u> EVIDENCE OF 1 ASTRAZENECA VAX BEFORE 18/10/2021 & EVIDENCE OF BOOKING FOR 2 ND DOSE
WA	YES-IF FROM ANY STATE G2G PASS SET UP ON PHONE	YES – MUST HAVE PROOF OF A NEGATIVE RESULT WITHIN 72 HOURS OF ENTERING WA A RAPID ANTIGEN TEST (RAT) MUST ALSO BE UNDERTAKEN AT THE BORDER AND YOU WILL NEED TO AWAIT YOUR RESULT	YES	https://www.wa.gov.au/government/document-collections/coronavirus-covid-19-state-of-emergency-declarations	MUST SELF ISOLATE WHEN NOT WORKING	FROM 15/11/2021 MUST BE DOUBLE VACCINATED



POSITIONS VACANT

Visit our website for more information

<https://www.landtransport.com.au/employment/positions-vacant/>



If any staff members have any photos or stories they would like to share, please send through to complianceenquiries@landtransport.com.au or via the compliance mobile– 0436 481 725.

www.landtransport.com.au