

September 2026 Calendar of Daily Programs, Special Events and Community Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Senior Discount Day at Walgreens (FL) 7:00 Musical Entertainment: Chicago Showcase: Ryan Kirk and Saori Chiba (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 12:00 Lunch & Learn with the Alzheimer's Association: 10 Warning Signs of Alzheimer's (GR) 1:00 Duplicate Bridge (C&G) 2:00 Sit & Stretch (GR) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Food Committee (A&C) 2:00 Facilities Committee (A&C) 3:00 Putting Tournament (PG)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 PBS Documentary: Dolly Parton: Here I Am (TR)	10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>9 to 5</i> (TR) 7:00 Movie: <i>9 to 5</i> (TR) 7:00 Poker (A&C)
6	7 <i>Labor Day</i>	8	9	10	11 <i>Rosh Hashanah Begins at Sunset</i>	12
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:30 Left, Right, Center Game (A&C) 2:00 Movie: <i>The Adventures of Greyfriars Bobby</i> (TR) 7:00 Movie: <i>The Adventures of Greyfriars Bobby</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11 Brain Game Packet Pickup (A&C) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 6 (TR) 4:00 Watch & Jewelry Repair (C&G) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 12:00 3rd Floor Mixer BBQ (DR Patio) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 3:00 Poetry Appreciation (3FCR) 7:00 Musical Entertainment: Pianist Chris White & Vocalist Petra van Nuis (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 2:00 Sit & Stretch (GR) 3:00 Grief Group (A&C) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Programs Committee (A&C) 2:00 Transportation Committee (A&C) 3:00 Floor Reps Committee (A&C) 4:30 Signature Dinner (DR) 7:00 Movie: Michael (TR)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: Jimmy Thai (FL) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 TED Talk & Discussion (TR) 7:00 Movie: Michael (TR)	10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2 Movie: <i>Gigot</i> (TR) 7 Movie: <i>Gigot</i> (TR) 7:00 Poker (A&C)
13	14	15	16	17	18	19
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12-2 Sunday Brunch (DR) 2:00 Movie: <i>The Mouse That Roared</i> (TR) 7:00 Movie: <i>The Mouse That Roared</i> (TR)	9:15 Sit & Stretch (GR) 9:30 Outing: Historical Bus Tour of Glenview & Lunch (FL) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 7 (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 10:30 Roman Catholic Mass (URC) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 7:00 Educational Lecture by Krista August Signposts on the Prairie, Part 1: Passport to Where Illinois Began (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 2:00 Sit & Stretch (GR) 3:00 Steering Committee (A&C) 7:00 Poker (A&C)	Audiologist Appts. w/ Dr. Wise (3FCR) 9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:00-2:00 Electronic Recycling (A&C) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 2:00 Oktoberfest Beer Tasting (C&G) <i>*Limited Spots, sign up with Jamie*</i> 5:00 Birthday Dinner I (CC) 7:00 Trivia Night (GR)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:30-5:00 Friday with Friends Oktoberfest Happy Hour (CC) 7:00 Shabbat Service (URC)	10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 10:00 Walk to End Alzheimer's at Gallery Park (FL) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>42</i> (TR) 7:00 Movie: <i>42</i> (TR) 7:00 Poker (A&C)
20 <i>Yom Kippur Begins at Sunset</i>	21	22 First Day of Autumn	23	24	25	26
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:30 Left, Right, Center Game (A&C) 2:00 Movie: <i>Arthur the King</i> (TR) 7:00 Movie: <i>Arthur the King</i> (TR)	9:15 Sit & Stretch (GR) 10:00 Bible Study with Chris (3FCR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 8 (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Fall Cider & Donuts with PIH (FA) 3:00 Poetry Appreciation (3FCR) 7:00 Musical Entertainment by the Glenview Concert Band Ensemble (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 12:00 Marriott: Come From Away (FL) 1:00 Duplicate Bridge (C&G) 2:00 Sit & Stretch (GR) 3:00 Grief Group (A&C) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 11:15 Exercise Video (GR) 1:00 Current Events Discussion with Gary Midkiff (A&C) <i>*Limited spots, Sign up w/ Jamie by September 17*</i> 2:45 Fiction Book Club (3FCR) 3:30 Torah Study (A&C) 5:00 Birthday Dinner II (CC) 7:00 Men's Club (A&C)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: The Palace (FL) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 Travelogue Video: Rick Steves European Festivals (TR)	10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>Golda</i> (TR) 7:00 Movie: <i>Golda</i> (TR) 7:00 Poker (A&C)
27	28	29	30			
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:30 Left, Right, Center Game (A&C) 2:00 Movie: <i>La Bamba</i> (TR) 7:00 Movie: <i>La Bamba</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 12:30 Rivers Casino Outing (FL) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>A Man on the Inside</i> Episode 1 (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Chestnut Environmental Forum (A&C) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Fitness Center Orientation (FC) 7:00 Oktoberfest Musical Entertainment by Die Musikmeisters Band (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:00 Christian Service (URC) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 2:00 Sit & Stretch (GR) 3:00 Zumba w/ Legends Therapy (GR) 7:00 Poker (A&C)	Common Area Abbreviations A&C = Arts & Crafts Room BC = Business Center BS = Beauty Salon CC = Country Café C&G = Card & Game Room CS = 3rd Floor Card Shop DR = Dining Room	FA = Fireplace Area FL = Front Lobby Gar = Garden, off 1300 wing Gaz = Gazebo GR = Great Room PDR = Private Dining Room PIH = Partners in Healthcare PG = Putting Green	TR = Theater Room URC = Upper Room Chapel WC = Wellness Center 3FCR = 3rd Floor Conf. Room 3FIFA = 3rd Floor Fireplace Area Religious Programs in Green Bus Outings in Blue

September Fitness & Wellness



Sit & Stretch

*Mondays, Wednesdays, Fridays at 9:15am, 10:30am, & **2:00pm***
This virtual exercise class stars Chestnut Square's Jim Castellano.
He takes you through the steps to a great stretch.

Chair Yoga

Tuesdays in September at 9:15am in the Great Room
Instructor, Julia, will be leading this class.

Optometrist Appointments with Dr. Patel

Wednesday, September 2nd from 1pm-4pm in the Private Dining Room. Call to schedule your appointment: 630-998-0948.



Lunch & Learn: 10 Warning Signs of Alzheimer's

Wednesday, September 2nd at 12:00pm in the Great Room
Join us for an informative Lunch & Learn presented by the Alzheimer's Association as they discuss the 10 warning signs of Alzheimer's disease. .

Chestnut Square Putting Tournament

Thursday, September 3rd at 3:00pm on the Putting Green
Join us for some friendly competition with your Chestnut neighbors.
Golf balls & putters will be provided and all are welcome to play.
We will play in the Great Room if the weather does not cooperate.



Audiologist Appointments with Dr. Wise

Thursday, September 17th in the 3rd Floor Conference Room
Call to schedule your appointment: 224-580-9021.



Fitness Center Orientation

Tuesday, September 29th at 2:00pm in the Fitness Center
Staff will be giving an orientation on how to use the fitness center equipment properly & safely.



Zumba with Legends Home Therapy

Wednesday, September 30th at 3:00pm in the Great Room
Join Legends Home Therapy for a fun, music-inspired class designed especially for older adults. Led by Lauren Lorensen.

Programs to get you thinking:

Jeopardy

A spin-off of the famous Jeopardy show! Each time, we will have six categories with six questions in each category. You are sure to learn something new during this friendly competition.



Scattergories

The Scattergories game is the fast-thinking game of categories and words! Players race against the timer as they write down answers. Score points for writing down things no one else did. The more creative the answers, the more points you score.

Brain Games

Every Monday at 11:00am, join Jamie to challenge your mind with different brain games! Each week we will be doing something different to exercise different areas of our brain.



PBS Series: *The Roosevelts: An Intimate History*



Director Ken Burns' series explores the lives and lasting impact of Theodore, Franklin, and Eleanor Roosevelt, following the influential family from 1858 to 1962 and highlighting their roles in shaping American history.

Great Courses & Discussion: *Medical Myths, Lies, and Half-Truths*

Discover the truth behind common health myths and misconceptions. This Great Courses series explores what science really says about nutrition, hydration, vaccines, alternative medicine, and more. Learn how to recognize reliable medical information and make better-informed health decisions.



TED Talks & Discussion

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks, called "TED talks." TED stands for Technology, Entertainment, Design — three broad subject areas that are collectively shaping our world. But a TED conference is broader still, showcasing important research and ideas from all disciplines and exploring how they connect.



Food & Personal Care Drive

THE MONTHS OF
SEPTEMBER & OCTOBER

During September & October, we will be collecting **non-perishable food** & **personal hygiene items** to donate to the Northfield Township Food Pantry.

There will be a donation bin in the Mail Room and in Jamie's office.
Monetary donations accepted as well.

See Jamie with questions
Thank you!



CHICAGO SHOWCASE

**TUESDAY, SEPTEMBER 1 AT
7:00PM IN THE GREAT ROOM**

**PIANIST ~ SAORI CHIBA
OPERA TENOR ~ RYAN KIRK**

Musical Entertainment:

Pianist Chris White & Vocalist Petra van Nuis

Tuesday, September 8th at 7:00pm in the Great Room

Join jazz singer Petra van Nuis and pianist Chris White for a cozy duo performance featuring classics from the Great American Songbook.

Enjoy Petra's expressive vocals and Chris's sensitive accompaniment for an evening of romance and swing!

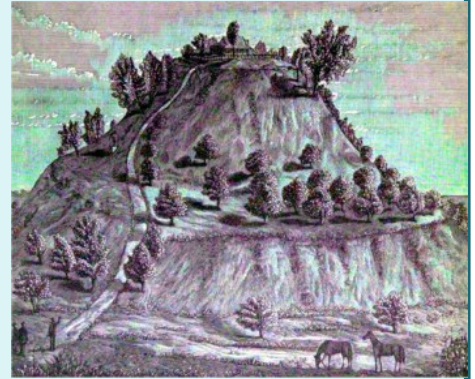


Educational Lecture by Krista August Signposts on the Prairie, Part 1: Passport to Where Illinois Began

Tuesday, September 15th at 7:00pm in the Great Room

Take a virtual road trip — to Little Egypt — and learn why Southern Illinois is considered to be Where Illinois Began. Along the way, we will encounter signposts that recall prehistoric Illinois; early French settlement in the American Bottom; a consequential Revolutionary War campaign; and more.

All this learning will be accented with recreational stops as well, including a virtual hike at a National Natural Landmark.



CHESTNUT SQUARE

TRIVIA NIGHT

**Thursday, September 17
7:00 PM**

Great Room



ELECTRONIC



RECYCLING COLLECTION

**Thursday, September 17 from
10am-2pm in the Arts & Crafts Center**

Got old electronics collecting dust? Bring them to our Electronic Recycling Event and give them a second life!

Safely recycle items listed below instead of sending them to the landfill. This event helps protect the environment, conserve valuable resources, and keep harmful materials out of our community.

ACCEPTABLE MATERIALS



Cable Receivers
Cell Phones
Computer monitors
Computers
• Desktops
• Notebooks
• Tablets

Converter Boxes
Fax Machines
Keyboards
Computer mice
MP3 Players
Portable Digital Assistants (PDAs)
Printers (Multi-function Printers)

Satellite Receivers
Scanners
Televisions (No tube TVs)
Video Game Consoles
Video Recorders/Players
Zip Drives
Remotes
Chargers/Cables
Lifeline Boxes

Please delete all personal data from items you bring

See Jamie if you have any questions.



Oktoberfest

JOIN US FOR FESTIVE FUN!



OKTOBERFEST *Beer Tasting:*



Thursday, September 17
at 2:00pm



Card & Game Room

LIMITED SPOTS
PLEASE SIGN UP WITH JAMIE.

OKTOBERFEST *Happy Hour*



Friday, September 18
from 3:30pm–5:00pm



Café



FIRST DAY OF
Fall

CIDER & DONUTS
with Partners in Healthcare



**TUESDAY,
SEPTEMBER 22**



AT 2:00PM



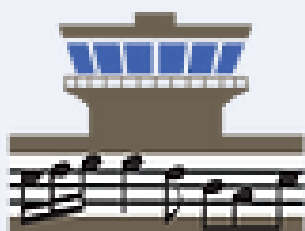
**BY THE FIREPLACE
ON THE FIRST FLOOR**



**Musical Entertainment by the
Glenview Concert Band Ensemble**

Tuesday, September 22nd at 7:00pm in the Great Room

Enjoy an afternoon of wonderful live music featuring the Glenview Concert Band Ensemble! Sit back, relax, and let the sounds of talented local musicians entertain you with a variety of familiar favorites and classic concert band selections.



GLENVIEW
CONCERT BAND

Current Events

WITH GARY MIDKIFF

LEARN ABOUT AND DISCUSS
WORLD EVENTS IN A
CONVERSATION LED
BY PROFESSOR GARY
MIDKIFF.



THURSDAY, SEPTEMBER 24

1:00PM IN THE ARTS & CRAFTS CENTER

PLEASE SIGN UP WITH JAMIE BY SEPT 17

Oktoberfest Musical Entertainment by Die Musikmeisters Band

Tuesday, September 29th at 7:00pm in the Great Room

Get ready for an authentic Oktoberfest celebration with Die Musikmeisters Oktoberfest Band! Enjoy lively German music, traditional Oktoberfest favorites, and plenty of festive energy as they bring the spirit of Munich right to us.



September Outings



Senior Discount Day at Walgreens



Tuesday, September 1st / Departing at 2:00pm

Walgreens offers a 20% discount for seniors aged 55 on the first Tuesday of every month. The discount applies to regular-priced, eligible merchandise, both in-store and online (using code SENIOR20).

Historical Bus Tour of Glenview & Lunch



Monday, September 14th, Departure at 9:30 am / Glenview

Step aboard for a fascinating journey through Glenview's past! Join us for a Historical Bus Tour of Glenview as a representative from the Glenview Historical Society shares stories and insights while we visit some of the community's most historic landmarks. Highlights include Schram Memorial Chapel, Wagner Farm, New Church—including a tour of its beautiful grounds—and The Grove. After exploring Glenview's rich history, we'll conclude the day with a delicious lunch at The Glen Club!



Please sign up by September 10
Cost: \$ Bring your own money for lunch



Marriott Theatre: Come From Away

Wednesday, September 23rd, Departure at 12:00 pm / Lincolnshire

Based on the incredible events of September 11, 2001, when 38 planes carrying 7,000 international passengers were abruptly diverted to the small isolated town of Gander in Newfoundland, Canada.



Please sign up by September 16 *even if you are a season ticket holder*
Cost: \$ See Jamie for help buying tickets

Rivers Casino



Monday, September 28th, Departure at 12:30 pm / Des Plaines

Join us for an outing to Rivers Casino. Whether you're feeling lucky at the slots, enjoying the lively atmosphere, or simply spending time with friends, there's something for everyone. Come along for a great day out and see where your luck takes you!



Please sign up by September 24
Cost: \$ Bring your own money for gambling

Lunch Bunch



Please arrive in the lobby 15 minutes before the departure time. Residents must bring their own form of payment.

Jimmy Thai

Friday, September 11th, 11:15am Departure / Deerfield

The Palace Cantonese Restaurant

Friday, September 25th, 11:15am Departure / Morton Grove



Outing announcement for ticketed events:

If you cancel without finding a replacement after the sign up date, you will be charged for the ticketed amount. Thank you for understanding.

Walking Guide:

Minimal Walking



From bus to
restaurant/theater

Moderate Walking



Small museum
or attraction

Extensive Walking



Large museum
or attraction

You are welcome to drive yourself to any of the outings, but please add your name to the sign up sheet and indicate that you will be driving yourself. Please coordinate the meeting time with the group.

The sign up sheets for bus outings are located in the Transportation Binder at the front desk.

**** Please sign your own name up in the book instead of having the concierge or a friend sign you up. ****



Save the Date for These Upcoming Outings:



Sunday, October 11—The Savoyaires present *Princess Ida* (3pm)

Monday, October 26 – The Grove (1pm)

Sunday, December 13— Metropolis Center for Performing Arts presents *The Christmas Schooner* (2pm)

Spiritual Life Programs

September Shabbat Service

Friday, September 18 at 7:00 pm, Upper Room Chapel

Residents of all faiths are invited to attend our monthly Jewish Shabbat Service!
Our beloved Joel Gratsch will lead us in the service.

Roman Catholic Mass

Tuesday, September 15 at 10:30 am, Upper Room Chapel

A Priest from OLPH Catholic Church in Glenview will join us to preside over the Mass.

Roman Catholic Communion Service

Sundays, 11:00 am, Upper Room Chapel

Residents of all faiths are welcome to join the Chestnut community for this service.

Say the Rosary

Sundays, 11:30 am, Upper Room Chapel

Along with the rosary, this group also prays for the prayer requests written in the Interfaith Prayer Request Journal. You are invited to add any prayer requests you have. You may do so anonymously if you like.

September Torah Study

Thursday, September 24 at 3:30 pm, Arts & Crafts Center

Led by Rabbi Joe Ozarowski, Chestnut Square's Torah Study is open to all residents.
Rabbi Joe offers an in-depth look at all that we might miss "behind the scenes."

Interfaith Prayer Request Journal

In the Chapel there is an Interfaith Prayer Request Journal. All residents are invited to add any prayer requests you have. You may do so anonymously if you like.

Grief Group

Wednesday, September 9 & 23 at 3:00 pm in the Arts & Crafts Center

Join Journey Care for a non-religious Grief Group, offering support, connection, and resources for anyone coping with loss or navigating the grieving process.

Christian Service

Wednesday, September 30 at 10:00am in the Chapel

Bob B. & David W. will be leading this service. Communion will be available.

Bible Study with Chris

Monday, September 21 at 10:00am in the 3rd Floor Conference Room

Join Journey Care for an uplifting Bible Study filled with faith, fellowship, reflection, and meaningful conversation.