

November 2026 Calendar of Daily Programs, Special Events and Community Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Time Ends 11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 2:00 Movie: <i>Hocus Pocus</i> (TR) 7:00 Movie: <i>Hocus Pocus</i> (TR)	2 9:15 Sit & Stretch (GR) 10:00 Bible Study (3FCR) 10:30 Sit & Stretch (GR) 11 Brain Game Packet Pickup (A&C) 1:00 Meditation with Leah (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>A Man on the Inside</i> Episode 8 (TR) 4:00 Watch & Jewelry Repair (C&G) 7:00 Bingo (A&C)	3 Election Day 9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Senior Discount Day at Walgreens (FL) 7:00 Travelogue by Jamie: <i>Cruising from Norway to Spain</i> (GR)	4 9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:00 Christian Service (URC) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:15 Balance Class with Karen (GR) 2:30 Sit & Stretch (GR) 3:00 Grief Group (A&C) 6:30 Poker (A&C)	5 9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00-4:00 Optometrist Appointments with Dr. Patel (PDR) 1:00 Food Committee (A&C) 2:00 Facilities Committee (A&C) 3:00 Putting Tournament (GR)	6 9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 12-12:40 Chili Bar for Bears Fans (FA) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 TED Talk & Discussion (TR)	7 10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:00 Scrabble (C&G) 1:00 Canasta (C&G) 2:00 Movie: <i>Brooklyn</i> (TR) 6:30 Poker (A&C) 7:00 Movie: <i>Brooklyn</i> (TR)
8 11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12-2 Sunday Brunch (DR) 2:00 Movie: <i>The Magic of Belle Isle</i> (TR) 7:00 Movie: <i>The Magic of Belle Isle</i> (TR) 7:20 Bears Game (C&G)	9 9:15 Sit & Stretch (GR) 10:00 Bible Study (3FCR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Leah (TR) 1-3 Technology Help with Jamie 2:00 Sit & Stretch (GR) 3 Netflix Series: <i>Self Made: Inspired by the Life of Madam C.J. Walker</i> (TR) 7:00 Bingo (A&C)	10 9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 3:00 Poetry Appreciation (3FCR) 7:00 Musical Entertainment: Wayne Messmer (GR)	11 Veterans Day 9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 11:30 Veterans Luncheon (DR) <i>*RSVP Required*</i> 1:00 Duplicate Bridge (C&G) 2:00 Veterans Pinning Ceremony (GR) 6:30 Poker (A&C)	12 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 11:20 Muslim Community Center (FL) 1:00 Programs Committee (A&C) 2:00 Transportation Committee (A&C) 3:00 Floor Reps Committee (A&C) 3:30 Torah Study (3FCR) 4:30 Signature Dinner (DR) 7:00 Election Recap Session (GR)	13 9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: Lazy Dog (FL) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3 Music Bingo w/ JourneyCare (GR) 7:00 Shabbat Service (URC)	14 10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:00 Scrabble (C&G) 1:00 Canasta (C&G) 2:00 Movie: <i>The Art of Racing in the Rain</i> (TR) 6:30 Poker (A&C) 7:00 Movie: <i>The Art of Racing in the Rain</i> (TR)
15 11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 2:00 Movie: <i>Seven Years in Tibet</i> (TR) 7:00 Movie: <i>Seven Years in Tibet</i> (TR)	16 9:15 Sit & Stretch (GR) 10:00 Bible Study (3FCR) 10:30 Sit & Stretch (GR) 11:00 Environmental Forum Coffee Hour & Open Discussion (A&C) 1:00 Meditation with Leah (TR) 2:00 Exercise with Danny (GR) 3 Netflix Series: <i>Self Made: Inspired by the Life of Madam C.J. Walker</i> (TR) 7:00 Bingo (A&C)	17 9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10:30 Roman Catholic Mass (URC) 11:00 Scattergories Brain Game (3FCR) 11:00-1:00 Card Shop Holiday Sale (A&C) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Fitness Center Orientation (FC) 7:00 Educational Lecture by Cheryl Brown Fisher-Price Toys Remembered (GR)	18 9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:15 Balance Class with Karen (GR) 2:30 Sit & Stretch (GR) 3:00 Steering Committee (A&C) 6:30 Poker (A&C)	19 Audiologist Appts. w/ Dr. Wise (3FCR) 9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:30 Holiday Musical Performance by the Starlite Singers (GR) 1:00 Zumba w/ Legends Therapy (GR) 2:45 Book Club (3FCR) 5:00 Birthday Dinner (CC) 7:00 Trivia Night (GR)	20 9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:30-5:00 Friendsgiving Happy Hour (CC)	21 10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:00 Scrabble (C&G) 1:00 Canasta (C&G) 2:00 Movie: <i>Dragnet</i> (TR) 6:30 Poker (A&C) 7:00 Movie: <i>Dragnet</i> (TR)
22 11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12:00 Bears Game (C&G) 1:15 Musical Concert at Our Lady of Perpetual Help Church (FL) 2:00 Movie: <i>The Life List</i> (TR) 7:00 Movie: <i>The Life List</i> (TR)	23 9:15 Sit & Stretch (GR) 10:00 Bible Study (3FCR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Leah (TR) 1-3 Technology Help with Jamie 2:00 Exercise with Danny (GR) 3 Netflix Series: <i>Self Made: Inspired by the Life of Madam C.J. Walker</i> (TR) 7:00 Bingo (A&C)	24 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1:00 PBS Docuseries: Ken Burns: <i>The Roosevelts: An Intimate History</i> (TR) 2:00 Pie Tasting (C&G) *sign up with Jamie* 3:00 Poetry Appreciation (3FCR) 7 Musical Entertainment by Tom Stanfield (GR) 7:00 Glenview Interfaith Thanksgiving (FL)	25 9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:15 Balance Class with Karen (GR) 2:00 Wii Bowling (TR) 2:30 Sit & Stretch (GR) 3:00 Grief Group (A&C) 6:30 Poker (A&C)	26 Thanksgiving Day <div></div>	27 9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 2:00 Sit & Stretch (GR) 3:00 Nature Documentary: Horizon (TR)	28 10:00 Great Courses: <i>Medical Myths, Lies, & Half-Truths</i> (TR) 11:00 Scrabble (C&G) 1:00 Canasta (C&G) 2:00 Movie: <i>I Am Woman</i> (TR) 6:30 Poker (A&C) 7:00 Movie: <i>I Am Woman</i> (TR)
29 11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 2:00 Movie: <i>You, Me & Tuscany</i> (TR) 7:00 Movie: <i>You, Me & Tuscany</i> (TR)	30 9:15 Sit & Stretch (GR) 10:00 Bible Study (3FCR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Leah (TR) 2:00 Exercise with Danny (GR) 3 Netflix Series: <i>Self Made: Inspired by the Life of Madam C.J. Walker</i> (TR) 7:00 Bingo (A&C)		<div></div>	Common Area Abbreviations A&C = Arts & Crafts Room BC = Business Center BS = Beauty Salon CC = Country Café C&G = Card & Game Room CS = 3rd Floor Card Shop DR = Dining Room	FA = Fireplace Area FL = Front Lobby Gar = Garden, off 1300 wing Gaz = Gazebo GR = Great Room PDR = Private Dining Room PIH = Partners in Healthcare PG = Putting Green	TR = Theater Room URC = Upper Room Chapel WC = Wellness Center 3FCR = 3rd Floor Conf. Room 3FIFA = 3rd Floor Fireplace Area Religious Programs in Green Bus Outings in Blue

November Fitness & Wellness



Sit & Stretch



Mondays, Wednesdays, Fridays at 9:15am, 10:30am, and 2:00pm
This virtual exercise class takes you through the steps to a great stretch. On Wednesdays, the afternoon class will be at 2:30pm.

Chair Yoga

Tuesdays in November at 9:15am in the Great Room
Instructor, Julia, will be leading this class.

Balance Class with Karen from the YMCA



Wednesdays at 1:15pm in the Great Room. Join Karen from the YMCA for a one-hour class designed to improve balance, strength, posture, mobility, and flexibility. The class includes a gentle warm-up, bodyweight strength exercises, balance movements, posture work, mobility and flexibility exercises, breathing techniques, and fun brain challenges.

Optometrist Appointments with Dr. Patel

Thursday, November 5 from 1pm-4pm in the Private Dining Room
Call to schedule your appointment: 630-998-0948.



Chestnut Square Putting Tournament

Thursday, November 5 at 3:00pm in the Great Room

Join us for some friendly competition with your Chestnut neighbors.
Golf balls & putters will be provided and all are welcome to play.



Fitness Center Orientation

Tuesday, November 17 at 2:00pm in the Fitness Center
Staff will be giving an orientation on how to use the fitness center equipment properly & safely.



Audiologist Appointments with Dr. Wise

Thursday, November 19 in the 3rd Floor Conference Room
Call to schedule your appointment: 224-580-9021.

Zumba with Legends Home Therapy

Thursday, November 19 at 1:00pm in the Great Room
Join Legends Home Therapy for a fun, music-inspired class designed especially for older adults. Led by Lauren Lorensen.



Programs to get you thinking:

Jeopardy

A spin-off of the famous Jeopardy show! Each time, we will have six categories with six questions in each category. You are sure to learn something new during this friendly competition.



Scattergories

The Scattergories game is the fast-thinking game of categories and words! Players race against the timer as they write down answers. Score points for writing down things no one else did. The more creative the answers, the more points you score.

Brain Games

Every Monday at 11:00am, join Jamie to challenge your mind with different brain games! Each week we will be doing something different to exercise different areas of our brain.



PBS Series: *The Roosevelts: An Intimate History*



Director Ken Burns' series explores the lives and lasting impact of Theodore, Franklin, and Eleanor Roosevelt, following the influential family from 1858 to 1962 and highlighting their roles in shaping American history.

Great Courses & Discussion:

Medical Myths, Lies, and Half-Truths

Discover the truth behind common health myths and misconceptions. This Great Courses series explores what science really says about nutrition, hydration, vaccines, alternative medicine, and more. Learn how to recognize reliable medical information and make better-informed health decisions.



TED Talks & Discussion

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks, called TED talks. TED stands for Technology, Entertainment, Design — three broad subject areas that are collectively shaping our world. But a TED conference is broader still, showcasing important research and ideas from all disciplines and exploring how they connect.



KIDS **ABOVE**
ALL

Holiday GIFT DRIVE

NOVEMBER 16 – DECEMBER 15

Each year, Kids Above All hosts a Holiday Gift Drive to provide toys, books, and clothing to more than 1,600 children and young adults, ages 0–24, who have experienced poverty, violence, and injustice.

This holiday season, Chestnut Square will be supporting this wonderful cause by purchasing gifts through the Kids Above All Amazon Registry.



There are three easy ways to contribute!

How You Can Help:

1



Shop Online:

Ask Jamie for the direct link to the Kids Above All Amazon Registry.

2



Browse the Registry Together:

Schedule an appointment with Jamie to review the registry in her office and choose gifts to donate.

3



Make a Monetary Donation:

Write a check payable to Kids Above All or give a cash donation to Jamie. Your contribution will be used to purchase gifts through the Amazon Registry.

Please see Jamie with any questions or to make your donation.

Thank you for your generosity and for helping make the holiday season a little brighter for children and young adults in our community!

Travelogue by Jamie:



Cruising from Norway to Spain

Tuesday, November 3
at 7:00pm in the Great Room



CHILI BAR FOR BEARS FANS

We will be having a chili bar for lunch! We encourage you to wear a Chicago Bears shirt, jersey, or colors!

**FRIDAY, NOVEMBER 6TH
FROM 12:00 PM- 12:40 PM
1ST FLOOR FIREPLACE**

GO BEARS!



Evening Entertainment:

Musical Entertainment by Wayne Messmer:

Tuesday, November 10 at 7:00pm in the Great Room

Get ready for a wonderful musical experience with Wayne Messmer, one of Chicago's most recognizable voices! Best known for his stirring renditions of the National Anthem for the Chicago Cubs and Chicago Blackhawks, Wayne is an accomplished vocalist whose repertoire celebrates the timeless sounds of the Great American Songbook.



Election Recap Session with Dr. Connie Mixon:

Thursday, November 12 at 7:00pm in the Great Room

Join Dr. Constance "Connie" Mixon, Professor of Political Science and Director of the Urban Studies Program at Elmhurst University, for an informative and engaging discussion recapping the recent election. Explore the results, key takeaways, and what they may mean moving forward. A respected political analyst, Dr. Mixon regularly provides commentary for local and national media, including PBS, NPR, WBEZ, and the Chicago Tribune. Bring your questions and enjoy this opportunity to gain expert insight into the election and the ever-changing political landscape!

Lecture by Cheryl Brown: Fisher-Price Toys Remembered:

Tuesday, November 17 at 7:00pm in the Great Room

Join Cheryl Brown for a nostalgic trip down memory lane as she explores the beloved world of Fisher-Price toys! From classic playsets to childhood favorites, rediscover the toys that entertained generations of children and hear the stories behind these timeless treasures. Whether you remember playing with them yourself or watching your children enjoy them, this engaging lecture is sure to bring back wonderful memories!



Trivia Night with Jamie:

Thursday, November 19 at 7:00pm in the Great Room

Residents will be broken into teams and then given 30 random trivia questions.

Musical Entertainment by Tom Stanfield

Tuesday, November 24 at 7:00pm in the Great Room

Enjoy an entertaining musical performance by Tom Stanfield, talented pianist and trumpeter! Sit back, relax, and enjoy an engaging mix of melodies as Tom showcases his musical talents on both instruments. Join us for a delightful musical experience filled with familiar tunes and wonderful entertainment!





CHESTNUT SQUARE AT THE GLEN



VETERANS DAY

Events



WEDNESDAY, NOVEMBER 11



11:30am

Luncheon for Veterans (PDR)

(Veterans Only)

(Please RSVP to Jamie by November 6)

2:00pm

Veterans Day Pinning

Ceremony (GR)

(All residents are invited to attend)



IF YOU ARE A VETERAN,
PLEASE LET JAMIE KNOW

Music Bingo

with JourneyCare



**November 13 at 3pm
in the Great Room**

A musician will perform popular hits primarily from the 1950s through the 1970s.

You will receive bingo cards featuring song titles, and as the songs are played, mark off the corresponding titles on your cards.

*It's just like traditional bingo,
but with music instead of numbers!*



Environmental FORUM

Coffee Hour & Open Discussion



Monday, November 16



at 11am



in the Arts & Crafts Center

Join us for a cup of coffee and an informal discussion about environmental topics, ideas and ways to make a difference!



Bring any questions you have! All are encouraged to attend.

Holiday Card Sale



Tuesday, November 17
11am - 1pm



in the Arts & Crafts Center

Do you need to purchase greeting cards for the upcoming holiday season? Stop by the Arts & Crafts Center to purchase some Holiday Greeting Cards on November 17! Boxes and packs of cards priced from \$2-\$7 for 8-20 cards will be available at this card sale. Individual Holiday cards will be available in the card shop after November 17.

Raffle ticket will be given with each purchase

Holiday Musical Performance

by

**Glenview Park District's
Starlite Singers**



Thursday, November 19



at 10:30am



in the Great Room





Friendsgiving Happy Hour



Friday, November 20th
3:30pm-5:00pm in the Café
eat, drink, & be thankful



Pie Tasting



Tuesday, November 24th



at 2pm



in the Card & Game Room

Limited Spots Available!

Please sign up with Jamie.

November Outings



Senior Discount Day at Walgreens



Tuesday, November 3 / Departing at 2:00pm

Walgreens offers a *20% discount* for seniors aged 55 on the first Tuesday of every month. The discount applies to regular-priced, eligible merchandise, both in-store and online (using code SENIOR20).

Muslim Community Center



Thursday, November 12, Departure at 11:20 am / Morton Grove

Join us for an educational and enriching outing to the Muslim Community Center! We'll have the opportunity to observe a prayer service, enjoy a guided tour of the center, and participate in a Q&A session to learn more about Islamic faith, traditions, and practices. Light refreshments will be provided. Come with an open mind and curiosity to learn, connect, and experience another faith community.



Please sign up by November 10 / Cost: Free

Russell Stern & The Music Ministry's Concert at OLPH



Sunday, November 22, Departure at 1:15 pm / Glenview

Join us for a musical experience featuring Russell Stern & The Music Ministry at Our Lady of Perpetual Help (OLPH). Enjoy an inspiring concert filled with uplifting melodies, meaningful music, and a wonderful sense of community.

Please sign up by November 19 / Cost: Free

Glenview Clergy Association Interfaith Thanksgiving Service



Tuesday, November 24, Departure at 7:00 pm / Glenview

Join us for an evening of gratitude, reflection, and community at the annual Interfaith Thanksgiving Service, "We Give Thanks," at Holy Trinity Lutheran Church, featuring a reflection by Fr. Maina Waithaka. All are welcome!

Please sign up by November 20 / Cost: Free

Lunch Bunch: Lazy Dog

Friday, November 13, Departure at 11:15 am / Northbrook

Lazy Dog Restaurant & Bar offers a cozy, lodge-inspired atmosphere with a menu of American favorites, including burgers, sandwiches, salads, and comfort food. It's a great spot to enjoy a casual meal with friends!

Bring your own money for lunch.





Outing announcement for ticketed events:

If you cancel without finding a replacement after the signup date, you will be charged for the ticketed amount. Thank you for understanding.

Walking Guide:

Minimal Walking



From bus to
restaurant/theater

Moderate Walking



Small museum
or attraction

Extensive Walking



Large museum
or attraction

You are welcome to drive yourself to any outing. Please add your name to the sign-up sheet and indicate that you will be driving yourself. Be sure to coordinate the meeting time with the group.

Sign-up sheets for bus outings are located in the Transportation Binder at the front desk.

***** Please sign your own name up in the book instead of having the concierge or a friend sign you up. *****



Save the Date for These Upcoming Outings:

Friday, December 4 — Lunch & Shopping at Misericordia (11:15am)
Sign up available now for Misericordia – Sign up in the binder at the desk!

Sunday, December 13— Metropolis Center for Performing Arts
presents *The Christmas Schooner* (2:00pm)

Tuesday, December 22 — Holiday Light Drive (7:00pm)
(we will most likely add an additional date)



Out of respect for fellow residents and our guest lecturers and musicians, please arrive on time and silence your phones before each program. We also kindly ask that you refrain from talking during movies, lectures, and musical performances so everyone can enjoy the experience without disruption.

Thank you for your cooperation!

Spiritual Life Programs

November Shabbat Service

Friday, November 13 at 7:00 pm, Upper Room Chapel

Residents of all faiths are invited to attend our monthly Jewish Shabbat Service!
Our beloved Joel Gratsch will lead us in the service.

Roman Catholic Mass

Tuesday, November 17 at 10:30 am, Upper Room Chapel

A Priest from OLPH Catholic Church in Glenview will join us to preside over the Mass.

Roman Catholic Communion Service

Sundays, 11:00 am, Upper Room Chapel

Residents of all faiths are welcome to join the Chestnut community for this service.

Say the Rosary

Sundays, 11:30 am, Upper Room Chapel

Along with the rosary, this group also prays for the prayer requests written in the Interfaith Prayer Request Journal. You are invited to add any prayer requests you have. You may do so anonymously if you like.

November Torah Study

*Thursday, November 12 at 3:30 pm, 3rd Floor Conf. Room *Room change**

Led by Rabbi Joe Ozarowski, Chestnut Square's Torah Study is open to all residents.
Rabbi Joe offers an in-depth look at all that we might miss "behind the scenes."

Interfaith Prayer Request Journal

In the Chapel there is an Interfaith Prayer Request Journal. All residents are invited to add any prayer requests you have. You may do so anonymously if you like.

Grief Group

Wednesday, November 4 & 25 at 3:00 pm in the Arts & Crafts Center

Join our Chaplain, Leah, for a non-religious Grief Group, offering support, connection, and resources for anyone coping with loss or navigating the grieving process.

Christian Service

Wednesday, November 4 at 10:00am in the Chapel

Our Chaplain, Leah, will be leading this service. Communion will be available.

Bible Study with Leah

Mondays in November at 10:00am in the 3rd Floor Conference Room

Join our Chaplain, Leah, for an uplifting Bible Study filled with faith, fellowship, reflection, and meaningful conversation.