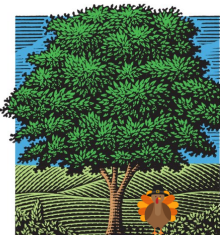


November 2025 Calendar of Daily Programs, Special Events and Community Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>King Richard</i> (TR) 7:00 Movie: <i>King Richard</i> (TR)		Common Area Abbreviations A&C = Arts & Crafts Room BC = Business Center BS = Beauty Salon CC = Country Café C&G = Card & Game Room CS = 3rd Floor Card Shop	DR = Dining Room FA = Fireplace Area FL = Front Lobby Gar = Garden, off 1300 wing Gaz = Gazebo GR = Great Room PDR = Private Dining Room	PIH = Partners in Healthcare PG = Putting Green TR = Theater Room URC = Upper Room Chapel WC = Wellness Center 3FCR = 3rd Floor Conf. Room 3FIFA = 3rd Floor Fireplace Area		10:00 Great Courses: <i>Ancient Empires Before Alexander</i> (TR) 1:00 Canasta (C&G) 2:00 Movie: <i>Coco</i> (TR) 7:00 Movie: <i>Coco</i> (TR) 7:00 Poker (A&C)
2 Daylight Saving Time Ends	3	4	5	6	7	8
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12-2 Sunday Brunch (DR) 2:30 Outing: Glenview Concert Band (FL) 2:00 Movie: <i>Wonka</i> (TR) 7:00 Movie: <i>Wonka</i> (TR)	9:15 Sit & Stretch (GR) 10:00 Bible Study (A&C) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 1-3 Technology Help with Jamie 1:30 Sit & Stretch (GR) 3 One Day University Lecture (TR) 4 Watch & Jewelry Repair (C&G) 7:00 Bingo (A&C)	9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 10:00—11:00 Swap Drop Off (A&C) 11:00—2:30 Shop the Swap! (A&C) 1:00 Netflix Series: <i>Wild Animal Babies: Bonds That Tie</i> (TR) 2 Outing to Walgreens for Senior Discount Day (FL) *must be My Walgreens Member* 7:00 Chicago Showcase: Pianist Saori Chiba & Baritone Jeffrey Ray (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:00 Scrabble (CC) 1:30 Sit & Stretch (GR) 2:30 Fitness Class with Danny (GR) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 11:15 Health Talk with Arosa Care (GR) Helping Seniors Stay Safe & Independent 1:00 Food Committee (A&C) 2:00 Facilities Committee (A&C) 3:00 Kickoff Event for Google Reviews (GR)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 12-12:40 Chili Bar for Bears Fans (FA) 1:00 Wii Bowling (TR) 1:30 Sit & Stretch (GR) 3:00 Putting Tournament (GR)	10:00 Great Courses: <i>Ancient Empires Before Alexander</i> (TR) 1:00 Canasta (C&G) 2:00 Movie: <i>A River Runs Through It</i> (TR) 7:00 Movie: <i>A River Runs Through It</i> (TR) 7:00 Poker (A&C)
9	10	11 Veterans Day	12	13	14	15
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2 Movie: <i>Airplane!</i> (TR) 7 Movie: <i>Airplane!</i> (TR)	9:15 Sit & Stretch (GR) 10:00 Bible Study (A&C) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 12 3rd Floor Pizza Party Mixer (GR) 1:00 Meditation with Delia (TR) 1:30 Sit & Stretch (GR) 2:00 Faith Café (CC) 3 One Day University Lecture (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (A&C) 11:30 Veterans Luncheon (DR) *RSVP Required* 1:00 Netflix Series: <i>Wild Animal Babies: Finding Your Place</i> (TR) 2:00 Veterans Pinning Ceremony (GR) 7 Musical Entertainment by Rick Pickren (GR)	9:15 Sit & Stretch (GR) 10 Christian Service & Communion (URC) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:30 Sit & Stretch (GR) 2:00 Board Meeting Review (GR) 7:00 Glenview’s American Association of University Women Presents: Story Telling for Civic Pride (GR)	10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:30 Fall Prevention hosted by Legends Home Therapy (GR) 1:00 Programs Committee (A&C) 2:00 Transportation Committee (A&C) 3:00 Floor Reps Committee (A&C) 4:30 Signature Dinner (DR) 7:00 Movie: Where the Crawdads Sing (TR)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: Mykonos (FL) 1:00 Wii Bowling (TR) 1:30 Sit & Stretch (GR) 2:00 Poetry Class (3FCR) 3:00 TED Talk & Discussion (TR) 7:00 Shabbat Service (URC)	10:00 Great Courses: <i>Ancient Empires Before Alexander</i> (TR) 1:00 Canasta (C&G) 2:00 Movie: <i>The Fundamentals of Caring</i> (TR) 7:00 Movie: <i>The Fundamentals of Caring</i> (TR) 7:00 Poker (A&C)
16	17	18	19	20	21	22
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>A Star is Born</i> (TR) 7:00 Movie: <i>A Star is Born</i> (TR)	Audiologist Appts w/ Dr. Wise (3FCR) 9:15 Sit & Stretch (GR) 10:00 Bible Study (A&C) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 12:30 Outing: Gichigamiin Indigenous Nations Museum (FL) 1:00 Meditation with Delia (TR) 1:30 Sit & Stretch (GR) 3 One Day University Lecture (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga <i>(A&C)</i> 10-11:30 Card Shop (CS) 10:00 Lecture by Gary Midkiff: U.S. Civil War (GR) 11:00-1:00 Card Shop Holiday Sale (A&C) 1:00 Netflix Series: <i>Wild Animal Babies: Hostile Homes</i> (TR) 7:00 Trivia Night (GR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 10:45 Roman Catholic Mass (URC) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:30 Sit & Stretch (GR) 2:30 Fitness Class with Danny (GR) 3:00 Steering Committee (A&C) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Fitness Center Orientation (FC) 2:30 Fiction Book Club (3FCR) 3:30 Torah Study (A&C) 5:00 Birthday Dinner (CC)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 11:15 Health Talk with Broad Street Home Care: The Independence Blueprint: Powered by Wellness (GR) 11:15 Lunch Bunch: Kabul House (FL) 1:00 Wii Bowling (TR) 1:30 Sit & Stretch (GR) 3:00 TED Talk & Discussion (TR)	10:00 Great Courses: <i>Ancient Empires Before Alexander</i> (TR) 1:00 Canasta (C&G) 2:00 Movie Matinee: <i>In the Heights</i> (TR) 7:00 Movie: <i>In the Heights</i> (TR) 7:00 Poker (A&C)
23	24	25	26	27 Thanksgiving Day	28	29
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2 Movie: <i>Blazing Saddles</i> (TR) 7 Movie: <i>Blazing Saddles</i> (TR)	9:15 Sit & Stretch (GR) 10:00 Bible Study (A&C) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 1-3 Technology Help with Jamie 1:00 Pinochle (C&G) 1:30 Sit & Stretch (GR) 3 One Day University Lecture (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 10:30 Environmental Group (A&C) 1:00 Netflix Series: <i>Wild Animal Babies: Stepping Up</i> (TR) 3:30-5:00 Friendsgiving Happy Hour (CC) 7:00 Music Lecture & Entertainment by Jim Kendros (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:30 Sit & Stretch (GR) 2:30 Fitness Class with Danny (GR) 7:00 Poker (A&C)		9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Class (A&C) 10:30 Sit & Stretch (GR) 12:00 Men’s Club Gathering (PDR) 1:30 Sit & Stretch (GR) 2:00 Poetry Class (3FCR) 3:00 Documentary: <i>The Other Shore</i> (TR)	

November Fitness & Wellness



Sit & Stretch

*Mondays, Wednesdays, Fridays at 9:15am, 10:30am, & **1:30pm***

This virtual exercise class stars Chestnut Square's Jim Castellano.

He takes you through the steps to a great stretch.



Chair Yoga Class

Tuesdays at 9:15am in the Great Room

Hosted by a live instructor, yoga focuses on simple meditation and the adoption of specific bodily postures, and is widely practiced for health and relaxation.

Fitness Class with Danny

Wednesdays at 2:30pm in the Great Room

Join us as we focus on balance, coordination, joint mobility, strength, and flexibility.

Chestnut Square Putting Tournament

Friday, November 7th at 3:00pm in the Great Room

Join us for some friendly competition with your Chestnut neighbors.

Golf balls & putters will be provided and all are welcome to play.



Fitness Center Orientation

Thursday, November 20th at 1:00pm in the Fitness Center

Jamie will be giving an orientation on how to use the fitness center equipment properly & safely.



November Health Talks

Arosa Care: Helping Seniors Stay Safe & Independent

Thursday, November 6th at 11:15am in the Great Room

Fall Prevention hosted by Legends Home Therapy

Thursday, November 13th at 11:30am in the Great Room

Broad Street Home Care:

The Independence Blueprint: Powered by Wellness

Friday, November 21st at 11:15am in the Great Room

Programs to get you thinking:

Jeopardy

A spin-off of the famous Jeopardy show! Each time, we will have six categories with six questions in each category. You are sure to learn something new during this friendly competition.



Scattergories

The Scattergories game is the fast-thinking game of categories and words! Players race against the timer as they write down answers. Score points for writing down things no one else did. The more creative the answers, the more points you score.

Brain Games

Every Monday at 11:00am join Jamie to challenge your brain with different brain games! Each week we will be doing something different to exercise different areas of our brain.



One Day University

One Day University offers *virtual* lectures from America's most popular professors. One Day University works closely with these professors to develop the most engaging talks on a variety of topics that inform and inspire us. Topics will be announced on the weekly highlights & listed on the daily calendars.

Great Courses & Discussion:

Ancient Empires Before Alexander

Discover the dozen empires that flourished in the 2,000 years before the conquests of Alexander the Great; follow them as they rise to glory, create administrative and military structures, clash with one another, and eventually collapse.



TED Talks

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks, called "TED talks." TED stands for Technology, Entertainment, Design — three broad subject areas that are collectively shaping our world. But a TED conference is broader still, showcasing important research and ideas from all disciplines and exploring how they connect.



COMMUNITY *Swap*

**Tuesday, November 4
in the Arts & Crafts Center**

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10:00am—11:00am: Swap Drop Off

Drop off small household items that you no longer want. Gently used, clean clothing will be accepted.

Only drop off items on this day, not prior.

11:00am—2:30pm: Shop the Swap!

Stop by and take anything you want!
We will open to employees at 12:00pm

All items are **free** and all leftover items will be donated.





Kickoff Event for Google Reviews!

**Thursday, November 6th
3:00pm • Great Room**

Join us for tasty treats and light refreshments as we discuss how you can support Chestnut Square by writing a Google review. The event will include a demonstration on the easy steps involved.

Online searches are one of the primary tools people use when selecting a retirement community, and your written testimonial can make a huge difference in the success of Chestnut Square!

Chicago Showcase:

Pianist Saori Chiba & Baritone Jeffrey Ray

Tuesday, November 4th at 7:00pm in the Great Room

Jeff has performed as a soloist in Handel's Messiah at New York's Carnegie Hall, and has sung with the Berlin Radio Symphony Orchestra and the Munich Bach Festival. He has also been featured at the Ravinia Festival and the Opera Festival of Chicago, and received awards from the American Opera Society, American-Berlin Opera Foundation, and more.



Saori Chiba is a native of Tokyo, Japan. A brilliant pianist, Saori is the recipient of numerous awards and accolades for superb keyboard artistry.



CHILI BAR FOR BEARS FANS



We will be having a chili bar for lunch! We encourage you to wear a Chicago Bears shirt, jersey, or colors!

FRIDAY, NOVEMBER 7TH
AT 12PM
1ST FLOOR FIREPLACE

GO
BEARS!



CHESTNUT SQUARE AT THE GLEN



VETERANS DAY

Events



TUESDAY, NOVEMBER 11



11:30am

Luncheon for Veterans (DR)

(Veterans Only)

(Please RSVP to Jamie by November 7)

2:00pm

Veterans Day Pinning
Ceremony (GR)

(All Residents are Invited to Attend)

7:00pm

Music by Rick Pickren (GR)
Stars & Stripes Forever



**IF YOU ARE A VETERAN,
PLEASE LET JAMIE KNOW**

Glenview's American Association of University Women (AAUW) Presents: *Story Telling for Civic Pride*

Wednesday, November 12th at 7:00pm in the Great Room

This presentation, brought to Chestnut Square by *American Association of University Women*, will center on storytelling through the lens of shared public spaces. It's no secret that our public art, museum, and history records are largely missing the stories of women, people of color, and marginalized communities. Speaker Laura Sievert-Hesseltine will explore the real logistics of how we change the way we tell our

community stories. Participants will learn that changing our collective storytelling isn't just a moral imperative, but a sound investment for our Illinois economies.



Lecture by Professor Gary Midkiff: U.S. Civil War – Part 2

Tuesday, November 18th at 10:00am in the Great Room

This series will examine the war from five overlapping perspectives: battles, generals and admirals, Presidents (Jefferson Davis and Abraham Lincoln), political dynamics and significant individuals.

Historian Shelby Foote said that to truly understand the character of the United States you first have to understand the Civil War. Professor Gary Midkiff, who has studied the Civil War for 50 years, agrees. As Gary leads participants through these six sessions, he will expand their knowledge of the Civil War and explain how that knowledge allows a better understanding of many of the societal issues we face today.





HOLIDAY CARD SALE

**TUESDAY, NOVEMBER 18
11AM-1PM**

IN THE ARTS & CRAFTS CENTER

Do you need to purchase greeting cards for the upcoming holiday season? Stop by the Arts & Crafts Center to purchase some Holiday Greeting Cards on November 18! Boxes and packs of cards priced from \$2-\$5 for 8-20 cards will be available at this card sale. Individual Holiday cards will be available in the card shop after November 20.

Raffle ticket will be given with each purchase.





Friendsgiving Happy Hour



Tuesday, November 25th
3:30pm-5:00pm in the Café
eat, drink, & be thankful



Musical Appreciation Lecture & Concert by Jim Kendros:

Tuesday, November 25th at 7:00pm in the Great Room

Jim Kendros is known to audiences as "The North Shore's Favorite Music Historian." Jim presents music appreciation seminars for a variety of audiences. In addition to being the pre-concert lecturer for the Northbrook Symphony Orchestra, he is also the educator and speaker for the acclaimed Music Salon of Elgin which meets at the Gail Borden Public Library. *Topic will be announced closer to the date.*



November Outings



Glenview Concert Band Performance

*Sunday, November 2nd – 2:30pm Departure
Glenview Park Center / Glenview*

Founded in 1985, the Glenview Concert Band has been entertaining residents of the Chicago suburbs for over three decades. It is a community ensemble comprised of volunteer adults throughout the Chicagoland area. Chestnut Square resident Royce Masterson is also in the band.

Please sign up by Friday, October 31st / Cost: Free

Gichigamiin Indigenous Nations Museum

*Monday, November 17th
Departing at 12:30pm / Evanston*

The Gichigamiin Indigenous Nations Museum in Evanston focuses exclusively on the history, culture, and arts of North American native peoples. The museum was established as the Mitchell Museum of the American Indian in 1977.



Cost: \$6 / Sign up by November 14th

Lunch Bunch

Please arrive in the lobby 15 minutes before the departure time. Residents must bring their own form of payment. Please sign up with the Concierge

Mykonos

Friday, November 14th, 11:15am Departure / Niles
Since 1981, Mykonos has been serving delicious Greek classics in a bright setting with patio seating.

Kabul House

Friday, November 21st, 11:15am Departure / Evanston
Classic Afghan fare with halal meats and vegetarian items, served in a stylish space.



Spiritual Life Programs

November Shabbat Service

Friday, November 14 at 7:00 pm, Upper Room Chapel

Residents of all faiths are invited to attend our monthly Jewish Shabbat Service!
Our beloved Joel Gratsch will lead us in the service.

Roman Catholic Mass

Wednesday, November 19 at 10:45 am, Upper Room Chapel

A Priest from OLPH Catholic Church in Glenview will join us to preside over the Mass.

Roman Catholic Communion Service

Sundays, 11:00 am, Upper Room Chapel

Residents of all faiths are welcome to join the Chestnut Community for this service.

Say the Rosary

Sundays, 11:30 am, Upper Room Chapel

Along with the rosary, this group also prays for the prayer requests written in the Interfaith Prayer Request Journal. You are invited to add any prayer requests you have. You may do so anonymously if you like.

November Torah Study

Thursday, November 20 at 3:30 pm, Arts & Crafts Center

Led by Rabbi Joe Ozarowski, Chestnut Square's Torah Study is open to all residents.
Rabbi Joe offers an in-depth look at all that we might miss "behind the scenes."

Interfaith Prayer Request Journal

In the Chapel there is an Interfaith Prayer Request Journal. All residents are invited to add any prayer requests you have. You may do so anonymously if you like.

Bible Study with Mayra

Mondays in November 10:00 am, Arts & Crafts Center

Join our new chaplain, Mayra, for a Bible Study every Monday at 10:00am. All are welcome to attend.

Christian Service & Communion with Mayra

Wednesday, November 12 at 10:00 am, Upper Room Chapel

Join our new chaplain, Mayra, for this Christian Service & Communion.
All are welcome to attend.

- CHESTNUT SQUARE -

Food Drive

THE MONTH OF NOVEMBER

During the month of November, we will be collecting **non-perishable** food items to donate to the Northfield Township Food Pantry.

There is a donation bin at the Front Desk.

Thank you!

