

August 2026 Calendar of Daily Programs, Special Events and Community Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31					1
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>Willy Wonka & the Chocolate Factory</i> (TR) 7:00 Movie: <i>Willy Wonka & the Chocolate Factory</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 1 (TR) 7:00 Bingo (A&C)	Common Area Abbreviations A&C = Arts & Crafts Room BC = Business Center BS = Beauty Salon CC = Country Café C&G = Card & Game Room CS = 3rd Floor Card Shop DR = Dining Room	FA = Fireplace Area FL = Front Lobby Gar = Garden, off 1300 wing Gaz = Gazebo GR = Great Room PDR = Private Dining Room PIH = Partners in Healthcare PG = Putting Green	TR = Theater Room URC = Upper Room Chapel WC = Wellness Center 3FCR = 3rd Floor Conf. Room 3FIFA = 3rd Floor Fireplace Area Religious Programs in Green Bus Outings in Blue		10:00 Great Courses: <i>The American Revolution</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>The Bucket List</i> (TR) 7:00 Movie: <i>The Bucket List</i> (TR) 7:00 Poker (A&C)
2	3	4	5	6	7	8
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12-2 Sunday Brunch (DR) 2:00 Movie: <i>Arsenic and Old Lace</i> (TR) 7:00 Movie: <i>Arsenic and Old Lace</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 2 (TR) 4:00 Watch & Jewelry Repair (C&G) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1 PBS Series: <i>The American Revolution</i> (TR) 2:00 Senior Discount Day at Walgreens (FL) <i>*Must be a My Walgreens Member*</i> 3:00 Poetry Appreciation (3FCR) 7:00 Lecture by Bill Pack: The Mind Readers (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1-4 Optometrist Appts. w/ Dr. Patel (PDR) 1:00 Duplicate Bridge (C&G) 1:00 Fitness Class with Danny (GR) 2:00 Sit & Stretch (GR) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Food Committee (A&C) 2:00 Facilities Committee (A&C) 3:00 Putting Tournament (PG)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Open Art (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 TED Talk & Discussion (GR)	10:00 Great Courses: <i>The American Revolution</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>Great Balls of Fire!</i> (TR) 7:00 Movie: <i>Great Balls of Fire!</i> (TR) 7:00 Poker (A&C)
9	10	11	12	13	14	15
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 12:30 Ravina: Pianist Misha Dichter (FL) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>Temple Grandin</i> (TR) 7:00 Movie: <i>Temple Grandin</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 3 (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 1 PBS Series: <i>The American Revolution</i> (TR) 3:00 Poetry Appreciation (3FCR) 7:00 Musical Entertainment by the Ada Ensemble (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:00 Fitness Class with Danny (GR) 2:00 Sit & Stretch (GR) 3:00 Grief Group (A&C) 7:00 Poker (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Programs Committee (A&C) 2:00 Transportation Committee (A&C) 3:00 Floor Reps Committee (A&C) 4:30 Signature Dinner (DR) 7 Movie: The Devil Wears Prada 2 (TR)	9:15 Sit & Stretch (GR) 10:00 Watercolor Open Art (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: The Lawn (FL) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 TED Talk & Discussion (GR) 7:00 Shabbat Service (URC) 7 Movie: The Devil Wears Prada 2 (TR)	10:00 Great Courses: <i>The American Revolution</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>A League of Their Own</i> (TR) 7:00 Movie: <i>A League of Their Own</i> (TR) 7:00 Poker (A&C)
16	17	18	19	20	21	22
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>Gigot</i> (TR) 7:00 Movie: <i>Gigot</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Netflix Series: <i>Little House on the Prairie</i> Episode 4 (TR) 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Scattergories Brain Game (3FCR) 12:00 Crosstown Classic Hot Dogs (FA) 1 PBS Series: <i>The American Revolution</i> (TR) 3:00 Poetry Appreciation (3FCR) 7:00 Musical Entertainment by Andrew Collins (GR)	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 10:45 Roman Catholic Mass (URC) 11:00 Coffee Talk (A&C) 1:00 Duplicate Bridge (C&G) 1:00 Fitness Class with Danny (GR) 3:00 Resident Advisory Council (GR) 7:00 Poker (A&C)	Audiologist Appts w/ Dr. Wise (3FCR) 9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00 Garden Cooking Demo (Garden, off 1300 Wing) 5:00 Birthday Dinner I (CC) 7:00 Men's Club with Tim Wilsey (A&C)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Open Art (A&C) 10:30 Sit & Stretch (GR) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:30-5:00 Friday with Friends Luau Happy Hour (CC)	10:00 Great Courses: <i>The American Revolution</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>Jim Thorpe: Lit by Lightning</i> (TR) 7:00 Movie: <i>Jim Thorpe: Lit by Lightning</i> (TR) 7:00 Poker (A&C)
23	24	25	26	27	28	29
11:00 Roman Catholic Communion Service (URC) 11:30 Say the Rosary (URC) 1:00 Left, Right, Center Game (A&C) 2:00 Movie: <i>Project Hail Mary</i> (TR) 7:00 Movie: <i>Project Hail Mary</i> (TR)	9:15 Sit & Stretch (GR) 10:30 Sit & Stretch (GR) 11:00 Brain Games (A&C) 1:00 Meditation with Delia (TR) 2:00 Sit & Stretch (GR) 3:00 Zumba Party Sponsored by Legends Home Therapy (GR) Sign up with Jamie 7:00 Bingo (A&C)	9:00 Salon Services (BS) 9:15 Chair Yoga (GR) 10-11:30 Card Shop (CS) 11:00 Chestnut Environmental Forum (A&C) 1 PBS Series: <i>The American Revolution</i> (TR) 2:00 Fitness Center Orientation (FC) 3:00 Poetry Appreciation (3FCR) 7:00 Gazebo Night: The Sandy Beach Band (Gazebo/Balcony) 	9:15 Sit & Stretch (GR) 10-12 Blood Pressure Checks (PIH) 10:30 Sit & Stretch (GR) 11:00 Coffee Talk (A&C) 11:30 New Resident Luncheon (PDR) 1:00 Duplicate Bridge (C&G) 1:00 Fitness Class with Danny (GR) 2:00 Sit & Stretch (GR) 3:00 Grief Group (A&C)	9:00 Salon Services (BS) 10-11:30 Card Shop (CS) 10:15 Jeopardy (GR) 11:15 Exercise Video (GR) 1:00-2:15 Lecture by Gary Midkiff: 76 Moments in U.S. History Part 2 (GR) 2:45 Fiction Book Club (3FCR) 3:30 Torah Study (A&C) 5:00 Birthday Dinner II (CC) 7:00 Trivia Night (GR)	9:00 Salon Services (BS) 9:15 Sit & Stretch (GR) 10:00 Watercolor Open Art (A&C) 10:30 Sit & Stretch (GR) 11:15 Lunch Bunch: Cabo Cocina (FL) 1:00 Mahjong (C&G) 1:00 Wii Bowling (TR) 2:00 Sit & Stretch (GR) 3:00 Balance Strong, Live Long Fitness Class & Health Talk (GR)	10:00 Great Courses: <i>The American Revolution</i> (TR) 11:15 Scrabble (CC) 1:00 Canasta (C&G) 2:00 Movie: <i>Dear Brigitte</i> (TR) 7:00 Movie: <i>Dear Brigitte</i> (TR) 7:00 Poker (A&C) <i>August 30th & 31st are in the top lefthand corner</i>

August Fitness & Wellness



Sit & Stretch

*Mondays, Wednesdays, Fridays at 9:15am, 10:30am, & **2:00pm***
This virtual exercise class stars Chestnut Square's Jim Castellano.
He takes you through the steps to a great stretch.

Chair Yoga

Tuesdays in August at 9:15am in the Great Room
Instructor, Julia, will be leading this class.

Fitness Class with Danny

*Wednesdays at **1:00pm** in the Great Room*
Join us as we focus on balance, coordination, joint mobility, strength, and flexibility.

Optometrist Appointments with Dr. Patel

Wednesday, August 5th from 1pm-4pm in the Private Dining Room
Call to schedule your appointment: 630-998-0948.



Chestnut Square Putting Tournament

Thursday, August 6th at 3:00pm on the Putting Green

Join us for some friendly competition with your Chestnut neighbors.
Golf balls & putters will be provided and all are welcome to play.
We will play in the Great Room if the weather does not cooperate.



Audiologist Appointments with Dr. Wise

Thursday, August 20th in the 3rd Floor Conference Room
Call to schedule your appointment: 224-580-9021.



Fitness Center Orientation

Tuesday, August 25th at 2:00pm in the Fitness Center
Jamie will be giving an orientation on how to use the fitness center equipment properly & safely.

Balance Strong, Live Long Fitness Class & Health Talk

Friday, August 28th at 3:00pm in the Great Room

Discover how falls can be prevented by attending *Balance Strong Live Long*. This program is brought to you by the North Suburban YMCA, Illinois Bone and Joint Institute, and the Glenview Fire Department.



Programs to get you thinking:

Jeopardy

A spin-off of the famous Jeopardy show! Each time, we will have six categories with six questions in each category. You are sure to learn something new during this friendly competition.



Scattergories

The Scattergories game is the fast-thinking game of categories and words! Players race against the timer as they write down answers. Score points for writing down things no one else did. The more creative the answers, the more points you score.



Brain Games

Every Monday at 11:00am, join Jamie to challenge your mind with different brain games! Each week we will be doing something different to exercise different areas of our brain.



PBS Series: *The American Revolution*

The American Revolution, a 6-part (*we will break it up into 12 parts*) film from Ken Burns, explores how thirteen colonies rose against the British Empire, won independence, and launched a new form of government that reshaped the world. Highlighting pivotal moments from Lexington and Concord to Valley Forge and Yorktown, this landmark history special illuminates America's struggle for freedom and a turning point in shaping democracy.

Great Courses & Discussion: *The American Revolution*

Why did 13 colonies believe they could defeat the most powerful nation on the planet? And how did they manage such a feat? Get the real story on the battle for American independence with these 24 lectures masterfully delivered by Professor Allen Guelzo of Gettysburg College.



TED Talks & Discussion

TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks, called "TED talks." TED stands for Technology, Entertainment, Design — three broad subject areas that are collectively shaping our world. But a TED conference is broader still, showcasing important research and ideas from all disciplines and exploring how they connect.





Kids Above All Back-to-School Backpack Drive

Chestnut Square is working with the *Kids Above All* organization to collect school supplies for their annual Back-to-School Backpack Drive.

The Back-to-School Drive (All Ages)

We will be collecting general school supplies such as: pencils, pens, notebooks, backpacks, crayons, markers, etc. for students of all ages.

All items must be new in their original packaging.

Donations for the Back-to-School Drive can be brought to Jamie's office or to the mail room until **August 14.**

If you have any questions, please see Jamie. Thank you!



Lecture by Bill Pack: *The Mind Readers*

Tuesday, August 4th at 7:00 pm in the Great Room

From Washington Irving Bishop to The Amazing Kreskin, “Mind Readers” have performed feats that were so extraordinary that those who witnessed the demonstrations were dismissed as foolish, or even insane. The mystery proved so difficult to solve, it challenged science, disturbed religion, and bewildered experts in legerdemain. You’ll learn about the utterly remarkable lives of these “psychic” performers and you’ll experience some of their most baffling feats.



Musical Entertainment by the Ada Ensemble

Violinist Addison Teng and Pianist AiTong Zhang

Tuesday, August 11th at 7:00 pm in the Great Room

Violinist Addison Teng is an internationally acclaimed performer, educator, and founder of the Fulton Music Society and Fulton Chamber Players. He has performed worldwide and received numerous honors for his artistry and teaching.

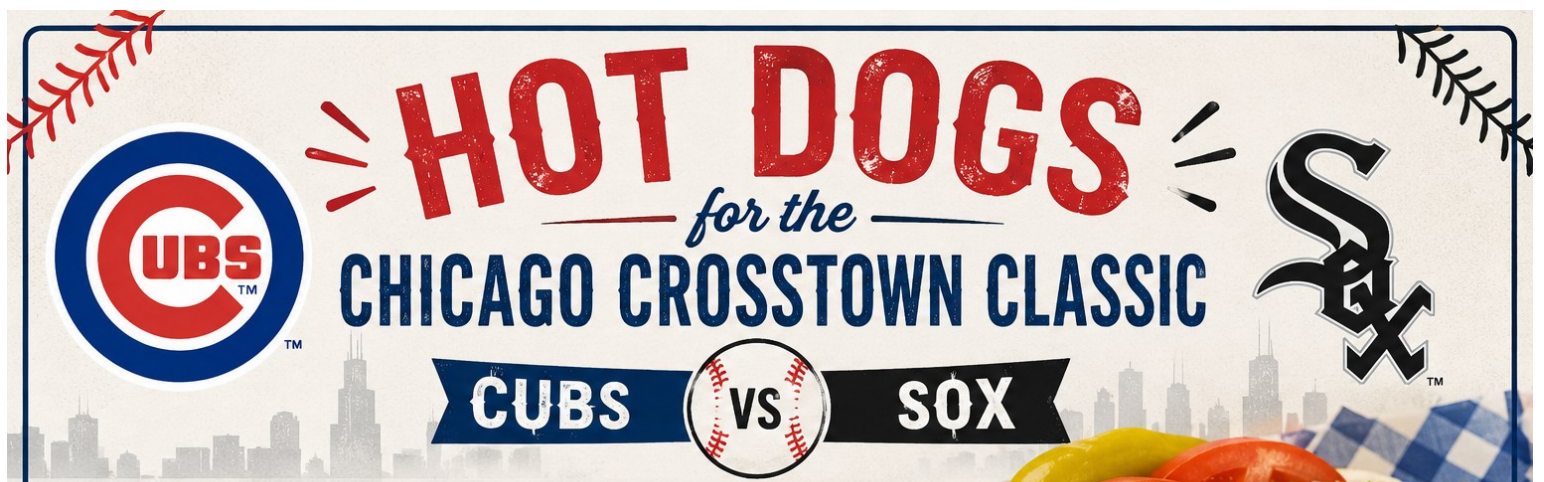
Pianist AiTong Zhang is an award-winning pianist and member of the Fulton Chamber Players. She has performed and taught internationally and serves as Faculty Artist in Residence at the Fulton Summer Music Academy.





HOT DOGS *for the*
CHICAGO CROSSTOWN CLASSIC

CUBS **VS** **SOX**





 **TUESDAY, AUGUST 18**

 **12:00PM**

 **1ST FLOOR FIREPLACE**



Wear either CUBS or SOX

WEAR EITHER CUBS OR SOX COLORS, SHIRTS OR HATS AND ENJOY A

Hot Dog Lunch

TO CELEBRATE BOTH TEAMS!



Musical Entertainment by Andrew Collins

Tuesday, August 18th at 7:00 pm in the Great Room



Chicago-based vocalist and pianist Andrew Collins is a dynamic performer known for his engaging stage presence, versatile repertoire, and ability to connect with every audience. From jazz and pop to Broadway favorites and timeless classics, Collins delivers memorable performances on both vocals and piano—and is always happy to take requests, creating a personalized experience for each event.



GARDEN *Cooking Demo*

Fresh ingredients. Simple recipes. Delicious results.



THURSDAY, AUGUST 20
1:00 PM



IN THE GARDEN AREA

Join us for a live cooking demonstration
featuring fresh ingredients from our garden.
All are welcome!



LUAU



Happy Hour

• GOOD DRINKS. GREAT COMPANY. TROPICAL VIBES. •



FRIDAY, AUGUST 21ST



3:30PM – 5:00PM



IN THE CAFÉ



~ Wear your Hawaiian attire and join the fun! ~



GAZEBO NIGHT ENTERTAINMENT: THE SANDY BEACH BAND

TUESDAY, AUGUST 25 AT 7:00PM

GAZEBO AREA / 3RD FLOOR BALCONY

The Sandy Beach Band performs “summer fun” music and tunes you would hear in the Caribbean islands. Concerts feature the music of Jimmy Buffet, The Beach Boys, Van Morrison and more. This event is guaranteed to warm you up and take you on an island adventure. Sit back, relax, and enjoy a trip to the tropics!



Lecture by Gary Midkiff:

76 Moments in U.S. History Part 2

Thursday, August 27th at 1:00 pm in the Great Room

To help celebrate the 250th birthday of our country this year, Gary Midkiff has assembled a six-part program that describes the 76 most important moments in our history from 1776 to 2026. These moments will include Supreme Court decisions, inventions, pharmaceutical advances, wars, presidential decisions, and a few moments from the world of sport.





CHESTNUT
S Q U A R E

at The Glen

A SENIOR LIVING COMMUNITY



LEGENDS

HOME THERAPY

Summer Sway!

A Senior Zumba Party!



Move.
Smile.
Thrive!

Join Legends Home Therapy for a fun-filled, music-inspired movement class designed especially for older adults! Led by **Lauren Lorensen**, a senior-wellness specialist, this upbeat, interactive program combines familiar tunes with gentle, functional movements that help improve balance, coordination, endurance, flexibility, and confidence—all while having FUN!

Whether you prefer to participate seated or standing, **everyone is welcome**. No dance experience required—just come ready to smile, move, and enjoy yourself!



30
Minutes



Therapist-
Led



Chair &
Standing
Options



All Ability
Levels

(SNACKS and mobility screenings/discussion to follow)



DATE:

8/24



TIME:

3:00 PM



Location:

The Great Room

See you
there!

August Outings



Senior Discount Day at Walgreens



Tuesday, August 4th / Departing at 2:00pm

Walgreens offers a 20% discount for seniors aged 55 on the first Tuesday of every month, known as "Seniors Day". The discount applies to regular-priced, eligible merchandise, both in-store and online (using code SENIOR20).

A free myWalgreens membership is required to receive this discount.



Ravinia Music Performance by Pianist Misha Dichter



Sunday, August 9th, Departure at 12:30 pm / Highland Park, IL

Now in the sixth decade of a distinguished global career, Misha Dichter remains one of America's most popular artists, extending a musical heritage from the Russian Romantic School, as personified by Rosina Lhevinne, his mentor at The Juilliard School, and the German Classical style that was passed on to him by Aube Tzerko, a pupil of Artur Schnabel. **Please sign up by August 3 / Cost: \$20**

Lunch Bunch

Take a ride on The Odyssey Shuttle Bus for an afternoon out to lunch! **Please arrive in the lobby 15 minutes before the departure time. Residents must bring their own form of payment.**

Please sign up with the Concierge at 847-904-5100



The Lawn Grill

Friday, August 14th, 11:15 am Departure / Wilmette

Neighborhood bar and grill at the Wilmette Golf Club offering comfort eats, beer, wine, plus a patio.

Cabo Mexican Cocina

Friday, August 28th, 11:15 am Departure / Northbrook

At Cabo Mexican Cocina, every meal is a fiesta! Founded in 2024, they're passionate about bringing the bold and authentic flavors of Mexico to Northbrook. Chefs create each dish using traditional recipes and the freshest ingredients, ensuring a delicious experience in every bite.

Spiritual Life Programs

August Shabbat Service

Friday, August 14 at 7:00 pm, Upper Room Chapel

Residents of all faiths are invited to attend our monthly Jewish Shabbat Service!
Our beloved Joel Gratsch will lead us in the service.

Roman Catholic Mass

Wednesday, August 19 at 10:45 am, Upper Room Chapel

A Priest from OLPH Catholic Church in Glenview will join us to preside over the Mass.

Roman Catholic Communion Service

Sundays, 11:00 am, Upper Room Chapel

Residents of all faiths are welcome to join the Chestnut community for this service.

Say the Rosary

Sundays, 11:30 am, Upper Room Chapel

Along with the rosary, this group also prays for the prayer requests written in the Interfaith Prayer Request Journal. You are invited to add any prayer requests you have. You may do so anonymously if you like.

August Torah Study

Thursday, August 27 at 3:30 pm, Arts & Crafts Center

Led by Rabbi Joe Ozarowski, Chestnut Square's Torah Study is open to all residents.
Rabbi Joe offers an in-depth look at all that we might miss "behind the scenes."

Interfaith Prayer Request Journal

In the Chapel there is an Interfaith Prayer Request Journal. All residents are invited to add any prayer requests you have. You may do so anonymously if you like.

Grief Group

Wednesday August 12 & 26 at 3:00 pm in the Arts & Crafts Center

Join Journey Care for a non-religious Grief Group, offering support, connection, and resources for anyone coping with loss or navigating the grieving process.