

**YOUR LEADERSHIP TEAM**



**Chasity Conaway**  
Executive Director



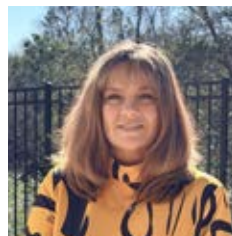
**Corrina Redd, RN**  
Resident Services Director



**Michelle Goodin**  
Life Enrichment Coordinator



**Angela Warren, LPN**  
Resident Care Coordinator



**Rhonda Terrell**  
Dining Services Director



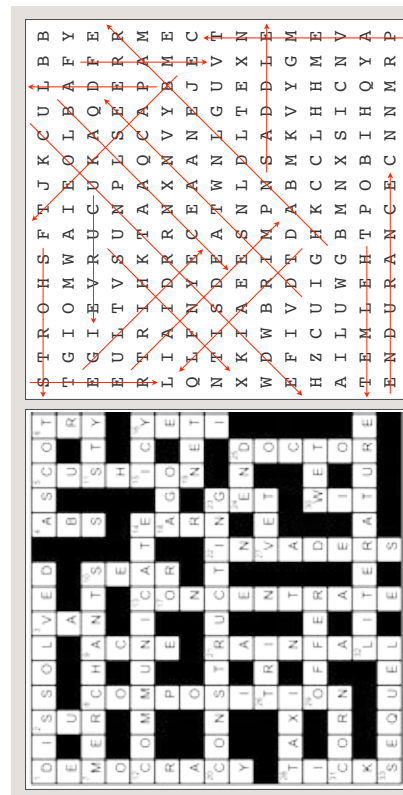
**Mark Otwell**  
Maintenance Director



**Shara Lusk**  
Business Office Manager



**Robert Sandifer**  
Chaplain



**A MESSAGE FROM YOUR EXECUTIVE DIRECTOR**

As we welcome the month of May, I find myself reflecting on the rhythm of the seasons and the gentle ways they invite us to pause, look around, and appreciate what's right in front of us. May is a month of transition. Spring is in full bloom and summer's just around the corner, and it always seems to bring that sense of renewal into the halls

of our community as well.

This sense of renewal is echoed in the special occasions we celebrate together this month. May is recognized nationwide as Older Americans Month, a time when we honor the achievements, wisdom, and resilience of our residents. Their stories, experiences, and laughter are the foundation that makes our community a home. Let's take a moment to recognize the unique gifts our residents share, and the way their lives inspire everyone around them, every single day.

We also look forward to Nurse Appreciation Week, May 6-12—a chance to express our heartfelt gratitude to the dedicated nurses whose compassion and steady hands shape our daily lives. Their care, patience, and kindness are the backbone of our community, and we are truly grateful for the difference they make.

All around us, nature reminds us of how life thrives when given a little warmth and attention. I see it in our gardens as new blossoms appear, in the friendships that continue to grow, and in the laughter that fills our common spaces. These everyday moments, shared together, are what make this season so special.

As May comes to a close, we will pause together on Memorial Day to remember and honor those who have served and sacrificed for our country. Their legacy lives on in the community we share and in the opportunities we have to gather in peace and friendship.

As always, we invite you to join us whenever you'd like—whether it's a group activity, a celebration, or a quiet moment of conversation. Each presence adds to the richness of our community.

Thank you for the joy, patience, and kindness you bring every day. Let's make the most of this beautiful season, together.

Warmly,

**Chasity Conaway**  
Executive Director



**The Harbor at Hickory Hill**

NEWSLETTER | MAY 2026

*Celebrations & Milestones*

**Welcome to our newest residents!**  
• Elizabeth Crouse

**Let's celebrate everyone marking a special moment this month!**

- RESIDENT BIRTHDAYS**
- May 4: Gail White
  - May 28: Elizabeth Crouse

- TEAM MEMBER BIRTHDAYS**
- May 11: Crystal Cheeks
  - May 17: Angela Warren

- RESIDENT ANNIVERSARIES**
- Gail White – 5 years
  - Sharron Martin – 4 years
  - Bonnie Tubbs – 4 years
  - Linda Hadden – 4 years
  - Mary Ann Ballard – 3 years
  - Donald Bowes – 1 year

**MAY ACTIVITY Highlights**

- 6<sup>th</sup> Painted Bubbles
- 7<sup>th</sup> Mother's Day Tea
- 14<sup>th</sup> Harbor Block Party
- 20<sup>th</sup> Bake My Day
- 21<sup>st</sup> Human Slot Machine
- 27<sup>th</sup> 50 Forward Choir





## A LIFE STITCHED WITH LAUGHTER: MEET JELAINE HILLMAN

There's a certain kind of light that follows Jelaine Hillman wherever she goes—a warmth woven from laughter, kindness, and the quiet joy of caring for others.

Jelaine was born in Mobile, Alabama, the middle child of three sisters, arriving on her oldest sister's birthday—a twist of fate that set the tone for a life full of close family ties. It was her big sister who chose the name Jelaine, and just fourteen months later, a younger sister joined the fold, making their childhood a lively blur of shared birthdays and sisterly adventures.

Her father worked at the shipyard, building ships during the war, while the girls grew up in a city that, much like their family, was always bustling with change. Jelaine attended Murphy High School, where the influx of new students was so great that her class graduated after only the 11th grade. At just sixteen, she finished school and entered the working world—never one to shy from a challenge. Two years at the University of Montevallo followed, but her heart was already spoken for.



fifty-nine years, six months, and two days.

She'd known Paul Hillman since childhood. Their friendship, always threaded with affection, blossomed into love when Jelaine was fifteen and Paul was seventeen. After two years at Montevallo, she moved to Auburn to marry him, and on Thanksgiving Day of 1958, they began a partnership that would last

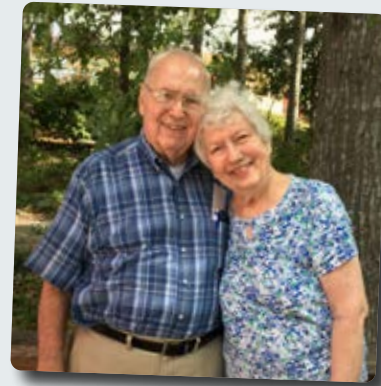
Together, Jelaine and Paul built a life that moved with the rhythm of their growing family. Their first daughter, Denise, was born in Auburn. The next stop was Mobile, where their son Dana arrived, and then on to Slidell, Louisiana, where they welcomed their youngest, Emily. Each move was another patch in the quilt of their family story, stitched together with love, resilience, and a dash of adventure.

Jelaine's creativity and warmth defined the heart of her home. She sewed clothes for her children, later for her four grandchildren, and crafted quilts that wrapped generations in comfort. The sound of her

playing the piano was a familiar thread in the fabric of family life, as was the aroma of her legendary jelly rolls rising in the kitchen. Her baking was famous, and her gardens—always overflowing with flowers—told the story of her passion for beauty. Paul might have started a vegetable garden each year, but it wasn't long before Jelaine's flowers took over, transforming neat rows into a riot of color.

Those who know Jelaine speak first of her humor.

She has a knack for making people laugh and lighting up a room, her quick wit and gentle teasing were a welcome comfort in every season. But her heart for others is just as memorable. Her daughter Emily recalls how, throughout their childhood, Jelaine would "adopt" an older neighbor—taking them to church, preparing meals, and making sure no one felt left behind.



Through every change, every move, and every challenge, Jelaine Hillman has remained the kind of person who brings people together, who makes a home wherever she is, and who fills every day with laughter, love, and a little extra sweetness.



## CONNOR MONTGOMERY MAY WINNER



If you're looking for someone who truly embodies the spirit of service, look no further than Connor Montgomery. Connor is always the first to raise his hand when a shift needs filling, and he's just as happy to roll up his sleeves in the kitchen as he is to lend a hand on the floor. His positive attitude is contagious, and it's matched only by the kindness and attention he shows to every resident.

With eight years of experience as a CNA, Connor brings both skill and heart to his work at The Harbor. When asked what he loves most about his job, he doesn't hesitate: it's helping the residents and putting smiles on their faces. That simple joy is what keeps him going the extra mile every day.

Outside of work, Connor enjoys taking long walks with his dog, Sugar, and picking up a few extra adventures while Ubering. And if you ever need a hand, you'll hear his signature phrase before you know it: "Have no fear, Connor's here."

We're proud to recognize Connor Montgomery for his dedication, his warmth, and for making The Harbor a brighter, happier place for everyone.

*"If anyone forces you to go one mile, go with them two miles." Matt 5:41*



## CHAPLAIN'S CORNER

As we step into the fifth month of the year, it doesn't feel quite so "new" anymore. We've had our share of changes and challenges. We miss

those who are no longer with us, and we're grateful for the new friends who have joined our community. Life keeps moving forward—time doesn't pause for any of us.

In moments like these, I'm reminded of a verse from Ecclesiastes:

*"The race is not to the swift or the battle to the strong, nor does food come to the wise or wealth to the brilliant or favor to the learned; but time and chance happen to them all." (Ecclesiastes 9:11, NIV)*

Solomon—who many believe wrote Ecclesiastes—helps us put words to what can feel confusing about life. He looked at the pleasures and distractions of this world and realized they don't last. They may feel good for a moment, but they can't carry us through the deeper needs of the heart.

He also wrestled with something we all wrestle with: it can be hard to see the good when life feels unfair. And yet, it can be just as hard to deny that there is still goodness all around us—kindness, friendship, care, and moments of joy—even in the middle of hardship. That's a tension people have carried for generations.

In the end, Solomon leaves us with a simple challenge:

*"Fear God and keep his commandments, for this is the whole duty of man." (Ecclesiastes 12:13, NIV)*

Jesus put it even more simply:

*"Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'" (Matthew 22:37-39, NIV)*

—Chaplain Bob Sandifer

Please join us for a  
*Mother's Day Tea*

THURSDAY  
**MAY 7**  
2:00 PM

Celebrate the wonderful women in our lives with delicious treats and togetherness—because every mother deserves a moment to feel cherished.

RSVP by May 6<sup>th</sup>: (334) 361-5111  
or [mgoodin@hickoryhillharbor.net](mailto:mgoodin@hickoryhillharbor.net)

*Behind every smile in our hats, is a nurse in this heart.*

CORRINA REDD, RN + ANGIE WARREN, LPN + BELLE WITHERINGTON, LPN + DANIELLE PRIEUR, LPN + MICHELLE MARSHALL, LPN

**NATIONAL NURSES WEEK**  
May 6-12

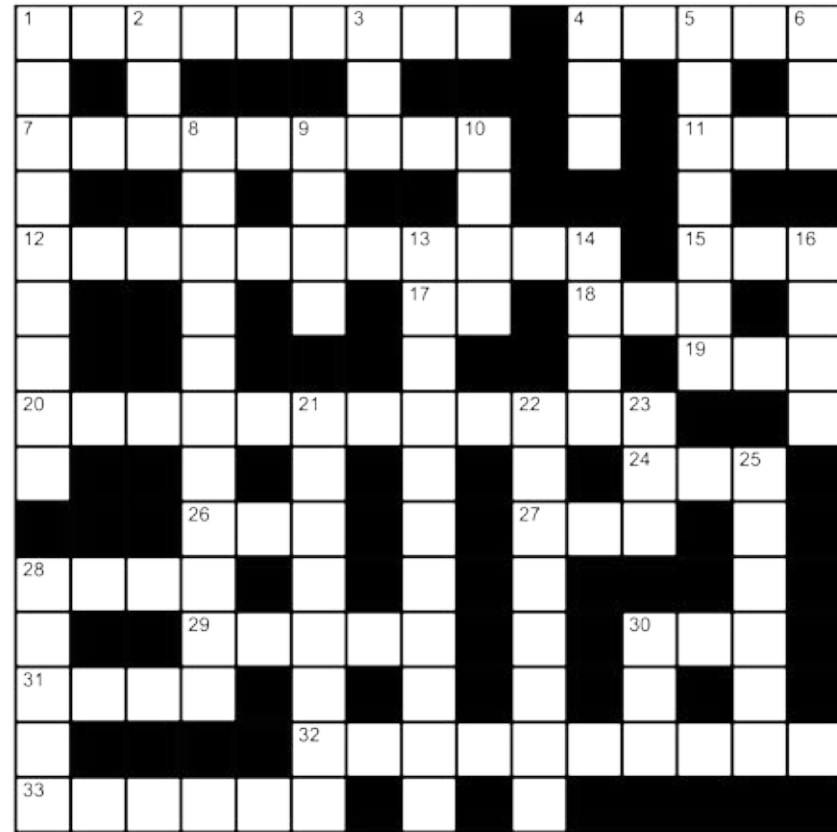
*We Appreciate You!*

**ACROSS**

- 1. Melted
- 4. Fancy tie
- 7. Traders or dealers
- 11. Hog haven
- 12. Transmit information
- 15. Frigid
- 17. Either \_\_\_
- 18. Long \_\_\_ and far away
- 19. Fishing aid
- 20. Building or creating
- 24. Finale
- 26. Prefix meaning "three"
- 27. Dog doc
- 28. It's hailed by city dwellers
- 29. Proposal
- 30. Freshly painted
- 31. Maize
- 32. English major's subject
- 33. Film follow-up

**DOWN**

- 1. Government by the people
- 2. Used before name and charge
- 3. Vehicle with sliding doors
- 4. Stomach muscles, for short
- 5. Shock absorber?
- 6. Attempt
- 8. Musical arrangement
- 9. Teen affliction
- 10. Brand, in a way



- 13. Focus intently
- 14. Work for pay
- 16. Abominable Snowman
- 21. Wet-weather indicator
- 22. H. G. Wells' Martians are some
- 23. Figure out
- 25. Physician
- 28. The sounds of time passing?
- 30. Humorist's specialty

S T R O H S F T J K C U L B B  
 T G I O M W A I E O L B A F Y  
 E G I E V R U C U K A Q D F E  
 E U L T V S U N P L S E E R R  
 R T R I H K T A A Q C A P A M  
 L I A I D R R N X N V Y B M E  
 Q L F N Y E C E A A N E J E C  
 N T I S D E A T W N L G U V T  
 X K I A E E S N L D L T E X N  
 W D W B R I M P N S A D D L E  
 E F I V D T D A B M K V Y G M  
 H Z C U I G H K C C L H H M E  
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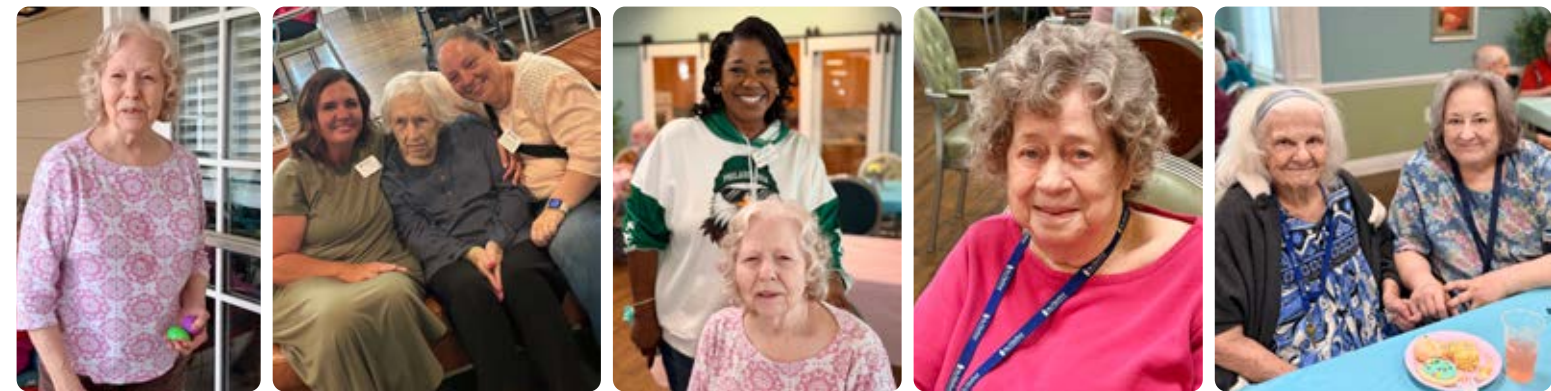
**PEDAL POWERED**

*The words listed can be found vertically, horizontally, diagonally, forward, and backward.*

- |             |           |        |
|-------------|-----------|--------|
| BALANCE     | FRAME     | SADDLE |
| BASKET      | GLIDE     | SHIFT  |
| COUNTRYSIDE | HANDLEBAR | SHORTS |
| CURVE       | HELMET    | STEER  |
| DISTANCE    | PAVEMENT  | TANDEM |
| ENDURANCE   | PEDAL     | TRAIL  |



**EASTER JOY**



**ALZHEIMER'S SUPPORT SERVICES**  
[LEGACYSL.NET/ALZHEIMERS-SUPPORT](https://LEGACYSL.NET/ALZHEIMERS-SUPPORT)



**REMEMBER & HONOR**  
 MEMORIAL DAY | May 25

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

								9:30 Devotion 10:00 Select Movement 10:15 Snack Shack Talks 10:30 Kentucky Derby Hats 2:00 Snack Shack 2:15 Bingo 3:30 Design Your Racehorse	<b>1</b>	9:30 Devotion 10:00 Mock Mint Juleps 10:30 Mini Kentucky Derby 11:00 Talk Derby to Me 2:00 Saturday Matinee 3:00 Serenity Coloring 4:00 Word Search Fun	<b>2</b>		
May Day													
9:30 The Cozy Cup Chat 10:00 Worship W/ Edward 10:30 Snack Shack Talks 11:00 Puzzle Pals 2:00 Snack Shack 2:30 Bingo 3:30 Trivia 4:00 Armchair Travels	<b>3</b>	9:15 Devotion w/Bro Bob 10:00 Select Movement 10:30 Snack Shack Talks 11:00 Porch Rockers 2:00 Snack Shack 2:15 Manicures 3:00 Hymns W/ Will 4:00 Manicures	<b>4</b>	9:30 Devotion 9:45 Exercise 10:00 Snack Shack 10:15 Resident Council 10:30 Bingo 2:00 Cinco de Mayo Celebration 3:00 Budding Branches and Lavender	<b>5</b>	9:15 Devotion W/ Bro Bob 10:00 Exercise 10:30 Snack Shack Talks 11:00 Porch Rockers 2:00 Bake My Day w/Rhonda 3:00 Painted Bubbles 3:30 Happy Grumpy Balloon Toss	<b>6</b>	9:30 Devotion 9:45 Morning Grooves 10:00 Snack Shack Talk 10:15 Flower Power Bouquet 11:00 Minute to Win It 2:00 Mother's Day Tea Vital Caring 3:00 Courtyard Chat 4:00 One on Ones	<b>7</b>	9:30 Devotion 10:00 Select Movements 10:15 Snack Shack Talks 10:30 Balloon Tennis 2:00 Snack Shack 2:30 Bingo 3:30 Harbor Market 4:00 Armchair Travels	<b>8</b>	9:30 Resident Led Devotion 10:00 Snack Shack Talks 10:30 Step Squad 11:00 Crossword Puzzles 2:00 Saturday Matinee 3:00 Serenity Coloring 4:00 Puzzle Pals	<b>9</b>
9:30 The Cozy Cup Chat 10:00 Worship W/ Edward 10:30 Snack Shack Talks 11:00 Step Squad 2:00 Snack Shack 2:30 Mother's Day Puzzle Pack 3:00 Serenity Coloring	<b>10</b>	9:15 Devotion w/Bro Bob 10:00 Select Movement 10:30 Snack Shack Talks 11:00 Word in Word 2:00 Snack Shack 2:15 Manicures 3:00 Hymns W/ Will 4:00 Manicures	<b>11</b>	9:30 Devotion 9:45 Exercise 10:00 Snack Shack Talks 10:30 Bingo 2:00 Snack Shack 2:30 Watercolors 3:00 Name 10 3:30 Corn Hole 4:00 Simple C	<b>12</b>	9:15 Devotion W/ Bro Bob 10:00 Exercise 10:30 Snack Shack Talks 11:00 Porch Rockers 2:00 Snack Shack 2:30 No Sew Sleep Masks 3:00 Stevie Wonder/ Ritchie Sing Along 4:00 One on Ones	<b>13</b>	9:30 Devotion 9:45 Morning Grooves 10:00 Snack Shack Talks 10:15 Decoupage Dessert Plate 11:00 Trivia 2:00 Snack Shack 2:30 Block Party 3:30 Courtyard Chat 4:00 Taboo	<b>14</b>	9:30 Devotion 10:00 Select Movements 10:30 Snack Shack Talks 11:00 Shuffleboard 2:00 Snack Shack 2:30 Bingo 3:30 Bowling 4:00 Word in Word	<b>15</b>	9:30 Devotion 10:00 Snack Shack Talks 10:30 Military Slang Trivia 11:00 Looking at Trees Art 2:00 Armed Forces Day Coloring Pages 3:00 Armed Forces Day Puzzles 4:00 Classic TV	<b>16</b>
Mother's Day National Skilled Nursing Care Week													
9:30 The Cozy Cup Chat 10:00 Worship W/ Edward 10:30 Snack Shack Talks 11:00 Step Squad 2:00 Snack Shack 2:30 Victorian Parlour Games 3:00 Three Dimensional Daisy	<b>17</b>	9:15 Devotion w/Bro Bob 10:00 Select Movement 10:30 Snack Shack Talks 11:00 Porch Rockers 2:00 Snack Shack 2:15 Manicures 3:00 Hymns W/ Will 4:00 Manicures	<b>18</b>	9:30 Devotion 9:45 Exercise 10:00 Snack Shack Talks 10:15 Bingo w/ Southern Care 2:00 Snack Shack 2:30 Human Casino 3:00 Whack a Mole 4:00 Armchair Travels	<b>19</b>	9:15 Devotion W/ Bro Bob 10:00 Exercise 10:30 Snack Shack Talks 11:00 Porch Rockers 2:00 Bake My Day w/Rhonda 3:00 Name that Tune Bingo 4:00 Drama Club	<b>20</b>	9:30 Devotion 9:45 Morning Grooves 10:00 Snack Shack Talks 10:30 Human Slot Machine 2:00 Snack Shack 2:30 Make Strawberry Sugar Scrub 3:30 3 D Teacups	<b>21</b>	9:30 Devotion 10:00 Select Movements 10:15 Snack Shack Talks 10:30 Alphabet Game 11:00 Bowling 2:00 Snack Shack 2:30 Bingo 3:30 Scattergories 4:00 Bermuda Trivia	<b>22</b>	9:30 Resident Led Devotion 10:00 Snack Shack Talks 10:30 Puzzle Pals 11:00 Step Squad 2:00 Serenity Coloring 3:00 Fun with Crosswords 4:00 Classic TV	<b>23</b>
Victoria Day (Canada)													
9:30 The Cozy Cup Chat 10:00 Worship W/ Edward 10:30 Snack Shack Talks 11:00 Word Puzzles 2:00 Snack Shack 2:30 Step Squad 3:00 Serenity Coloring 4:00 Classic TV	<b>24</b>	9:15 Devotion w/Bro Bob 10:00 Select Movement 10:30 Snack Shack Talks 11:00 Drama Club 2:00 Snack Shack 2:15 Manicures 3:00 Hymns W/ Will 4:00 Manicures	<b>25</b>	9:30 Devotion 9:45 Exercise 10:00 New Resident Brunch 10:30 Scrapbooking 2:00 Snack Shack 2:30 Bingo 3:30 Corn Hole 4:00 Bowling	<b>26</b>	9:15 Devotion W/ Bro Bob 10:00 Exercise 10:30 Snack Shack Talks 11:00 50 Forward Choir 2:00 Snack Shack 2:30 Jewelry Making 3:30 Cranium Crunches 4:00 Taboo	<b>27</b>	9:30 Devotion 9:45 Morning Grooves 10:00 Snack Shack Talks 10:15 Noodle Javelin 11:00 Noodle Croquette 2:00 May Birthday Celebration 3:00 Noodle Ball 4:00 Noodle Knock Down	<b>28</b>	9:30 Devotion 09:45 Select Movements 10:00 Snack Shack 10:30 Rosie the Riveter Booth 11:00 Rosie the Riveter Color 2:00 Snack Shack 2:30 Bingo 3:30 Penny Auction 4:00 One on Ones	<b>29</b>	9:30 Devotion 10:00 Snack Shack Talks 10:30 Ring Toss 11:00 Corn Hole 2:00 Board Games 3:00 Serenity Coloring 4:00 You Got Served Word Find	<b>30</b>
Memorial Day													
9:30 The Cozy Cup Chat 10:00 Worship W/ Edward 10:30 Snack Shack Talks 11:00 Step Squad 2:00 Snack Shack 2:30 Bingo 3:30 Taboo 4:00 Decade Trivia	<b>31</b>												