

**YOUR LEADERSHIP TEAM**



**Chasity Conaway**  
Executive Director



**Corrina Redd, RN**  
Resident Services Director



**Michelle Goodin**  
Life Enrichment Coordinator



**Angela Warren, LPN**  
Resident Care Coordinator



**Rhonda Terrell**  
Dining Services Director



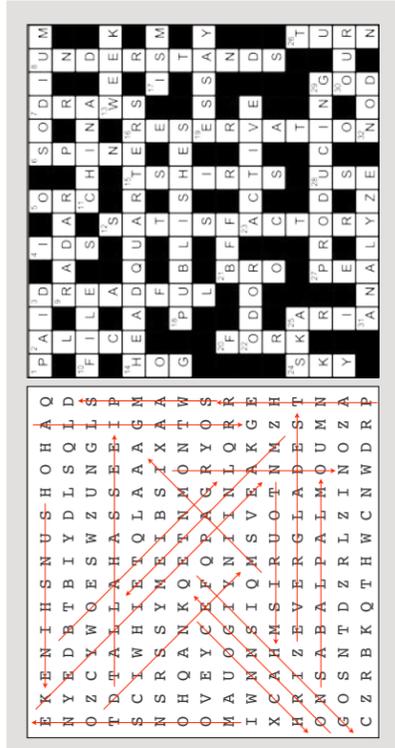
**Mark Otwell**  
Maintenance Director



**Shara Lusk**  
Business Office Manager



**Robert Sandifer**  
Chaplain



**A MESSAGE FROM YOUR ADMINISTRATOR**

As we step into March and welcome the first signs of spring, I find myself reflecting on the power of renewal—not just in nature, but in our lives and community. This season reminds us that no matter the challenges we face, there is always room for growth, fresh beginnings, and brighter days ahead.

In senior living, care goes beyond routines and schedules. It's about creating moments of connection, kindness, and respect that make every day meaningful. Our teams are dedicated to honoring the unique stories and needs of each resident, fostering an environment where everyone is valued and truly at home.

March brings with it the promise of longer days and warmer sunshine, perfect for gathering, sharing smiles, and creating new memories together. We have a full calendar of activities and events designed to engage, inspire, and bring joy. Whether it's a lively group activity, a quiet moment of reflection, or simply time spent with friends and family, there's something for everyone to enjoy.

This month also offers a wonderful opportunity to embrace the spirit of renewal in our own lives. Whether it's trying something new, reconnecting with old friends, or simply savoring the small moments, spring invites us all to grow and refresh in meaningful ways.

I encourage everyone—residents, family members, and friends—to take part in the activities and events planned this season and to enjoy the warm, supportive spirit that makes our community such a special place. Doors and hearts are always open, and this season of renewal brings a wonderful opportunity to connect and grow together.

Thank you for trusting us to be part of your journey. Together, we create communities filled with warmth, care, and the kind of belonging that makes every day brighter.

With warmest regards,

**Chasity Conaway**  
Executive Director



**The Harbor at Hickory Hill**

NEWSLETTER | MAR 2026

*Celebrations & Milestones*

**Welcome to our newest residents!**

- Panomwan Hawk
- Brenda Stevens
- Nancy Haines

**Let's celebrate everyone marking a special moment this month!**

**RESIDENT BIRTHDAYS**

- Mar. 11: Judy McGee
- Mar. 15: Gerrie Langston

**TEAM MEMBER BIRTHDAYS**

- Mar. 5: Alisha Allen
- Mar. 13: Tina Law
- Mar. 26: Tyula Hale

**RESIDENT ANNIVERSARIES**

- Reba Chambers – 1 year
- Nell Tucker – 1 Year

**TEAM MEMBER ANNIVERSARIES**

- Kyndra Howard – 3 years

**FAMILY NIGHT**  
**MARCH 12**

*See you there!*



**BILL POAGUE: A LIFE OF SERVICE, TEAMWORK, & LASTING FAITH**

For Bill Poague, life has always been about teamwork—on the field, in service, and in faith.

Bill was born in the small town of Coosada, Alabama, and spent his early childhood there before his family moved to Montgomery when he was in second grade. After graduating from high school, Bill answered the call to serve and joined the Army. He rose to the rank of Sergeant First Class and found himself stationed in Trieste, Italy, where he and his men took on an unexpected mission: manufacturing American uniforms for the troops.

It didn't take long for Bill's fellow soldiers to learn about his love for baseball. Before long, they were forming teams and playing games every Saturday—bringing a taste of home and camaraderie to the far side of the world. Bill fondly remembers the day members of the Grand Ole Opry, including country music legend Roy Acuff, came to Italy to perform for the troops. It's a memory that brought joy to the whole unit and has always stuck with him.

After completing his military service, Bill returned to Alabama and put his entrepreneurial spirit to work by opening Poague Office Supplies. He ran the store with the same sense of dedication and leadership that had guided him in the Army.

Faith has always been central in Bill's life. He joined his church in building a new congregation out in Utah, where he witnessed several young boys accept Christ—a moment that touched him deeply and reminded him of the power of community and service.

Bill's family means everything to him. He's the proud father of three sons and a daughter, and his wife, Margaret, has been a devoted partner in this chapter of his life. Together, they celebrate a big, loving family with nine grandchildren and three great-grandchildren. Bill's love of baseball never faded; he continued playing in a senior adult league for many years, passing on his passion for the game to younger generations.

From the ballfields of Italy to church pews in Alabama and Utah, Bill Poague's life has been a testament to friendship, faith, and the joy found in coming together—whether as a team, a family, or a community.



Jayla Chapman



We are thrilled to recognize Jayla Chapman as this month's recipient of the Going the Extra Mile award at The Harbor. Jayla's cheerful spirit and genuine love for our residents shine through in everything she does.

What Jayla loves most about working at The Harbor is the chance to build close relationships with each resident. She treasures hearing stories from their lives before they arrived and finds true joy in caring for them and showing them kindness every day. Her warmth is felt throughout our community—she's always happy to see the residents, and her friendly presence brightens our halls.

Jayla is known for her willingness to help however she can, often picking up extra shifts to support her team and ensure residents receive the best care possible. Her dedication and compassion make her a valued part of The Harbor family.

Outside of work, Jayla enjoys spending time with friends, shopping, watching TV shows, reading, and relaxing with her coloring books.

Please join us in congratulating Jayla on this well-deserved recognition. We are grateful for her positive energy and the loving care she brings to our community every day!

*"If anyone forces you to go one mile, go with them two miles." Matt 5:41*

**MARCH ACTIVITY**  
*Highlights*

- March 3 Cooking Corner Vanilla Pudding Rainbow Cookies
- March 11 Bake My Day with Rhonda
- March 12 Family Night
- March 17 Craft Corner: Lucky Charms
- March 25 First Methodist Choir



**Chaplain's Corner**

Did you know that in Alabama, sightings of hummingbirds in late February or early March can be signs of early spring—especially the Ruby-Throated Hummingbird? I

am excited to say I've read of sightings of these birds along the Gulf Coast, about three weeks ahead of schedule. It's time to get your hummingbird feeders up to snuff.

I don't know about you, but I rejoice when the stranglehold of winter is released. When new growth becomes evident and the birds chirp more excitedly, it feels like nature itself is announcing that spring is on the way.

Moments like these remind us that signs matter. In everyday life, signs often point us toward what is coming next. In Scripture, Jesus spoke about signs as well—not to frighten us, but to prepare and reassure us. He said, "And this gospel will be preached in the whole world as a testimony to all nations, and then the end will come." That's an end we can all look forward to, especially considering our increasingly confusing world. This is a promise we can cling to.

I like that phrase, "see that you are not troubled." Those words remind us that God is in control and makes provision for those who are His. The good news is that even if some may not yet know Him, it's not too late to become His.

"For God so loved the world that he gave his only begotten Son, that whosoever believes in him shall not perish but have eternal life."

Most people reading this article are in the winter phase of life. There have been good years and difficult years. The past need not control our present nor our future. The good news is spring is on the way. New life is abundant and free for all who would choose.

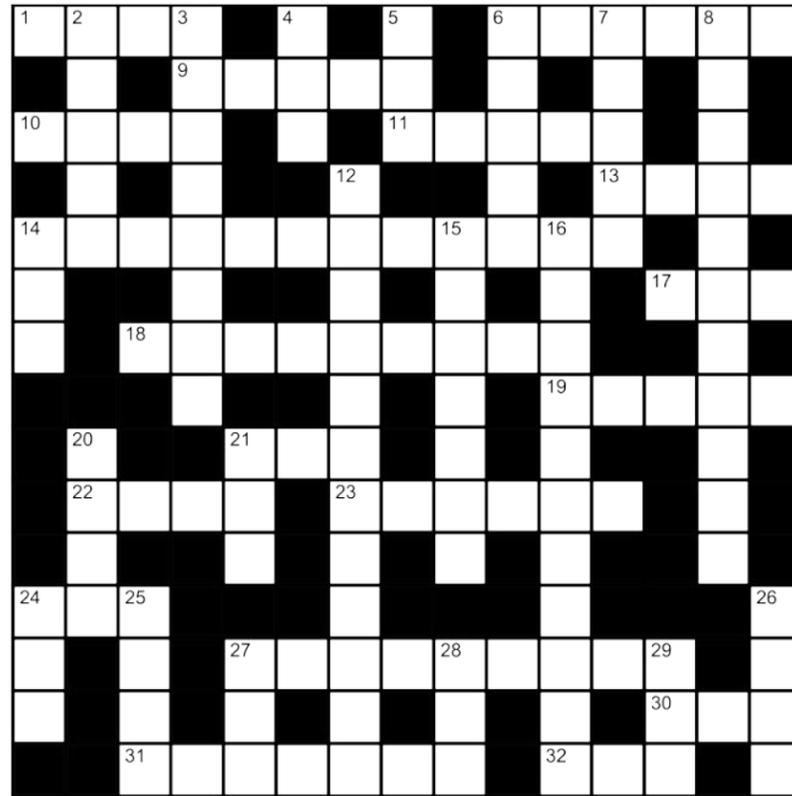
—Chaplain Bob Sandifer

**ACROSS**

- 1. \_\_\_ back: reimbursed
- 6. Salt mineral
- 9. Weather bureau tool
- 10. Walk in a line: single \_\_\_
- 11. Fine dinnerware
- 13. TV Guide span
- 14. Company's central office
- 17. Suffix with ideal
- 18. Puts into print
- 19. English exam finale, often
- 21. Best friend forever, abb.
- 22. Skunk's defense
- 23. On the move
- 24. 1950s music genre from Jamaica
- 27. Bringing into being
- 30. Days of \_\_\_ Lives
- 31. Study in depth
- 32. Affirmative action?

**DOWN**

- 2. She falls down a rabbit hole
- 3. Awful; ghastly
- 4. Driver's license and others
- 5. Mythical monster
- 6. Another name for backbone
- 7. Makes a sketch
- 8. Comprehends; grasps
- 12. Adequate
- 14. "Living high on the \_\_\_"



- 15. Casual, short-sleeved tops
- 16. Dinner arrangement
- 20. Chopsticks alternative
- 21. Sis's male sibling
- 24. Wild blue yonder
- 25. Operatic solo
- 26. Card between "flop" and "river" in hold 'em
- 27. Cause of sleep disturbance for a princess
- 28. Operate
- 29. Zeus, for one

E K E N I H S N U S H O H A Q  
 N Y E D B T B I Y D L S Q L D  
 O Z C Y W O E S W Z U N G L S  
 T D T A L L A H A S S E E I P  
 S C I W H I E T Q L A A A G M  
 N S R S S Y M E I B S I X A A  
 O H Q A N K Q E T N M O N T W  
 O V E Y C E F Q P A G R Y O S  
 M A U O G I Y N I I N L Q R R  
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 O N S A B A L P A L M O U M N  
 G O S N T D Z R L Z I N O Z A  
 C Z R B K Q T H W C N W D R P

*Florida*

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- ALLIGATOR
- BOATING
- CONCH
- DISNEY
- EVERGLADES
- FISHING
- KEY LIME PIE
- MANATEE
- MIAMI
- MOONSTONE
- ORANGE
- ORLANDO
- PANTHER
- SABAL PALM
- SUNSHINE
- SWAMPS
- TALLAHASSEE
- TOURISM

**VALENTINE'S SOCIAL HOSTED BY SELECT REHAB**



**A VALENTINE VISIT WITH PRATTVILLE ELEMENTARY STUDENTS BRIGHTENS OUR DAY!**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:30 Coffee &amp; Conversation<b>1</b>                  10:00 Worship W/ Edward                  10:30 Snack and Chat                  11:00 Walking Club                  2:00 Puzzle Club                  3:00 Crossword Puzzles                  4:00 Classic</p>	<p>9:15 Devotion W/ Bro Bob <b>2</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Dr Seuss Translator                  2:00 Make Cat in the Hat                  Cookies                  3:00 Hymns w/ Will                  4:00 Manicures</p> <p>Purim Begins</p>	<p>9:30 Devotion <b>3</b>                  10:00 Snack and Chat                  10:30 Bingo                  2:00 Cooking Corner                  Vanilla Pudding Rainbow                  Cookies                  3:00 Word Search                  3:30 Name 10                  4:00 Word in Word</p>	<p>9:30 Devotion W/ Bro Bob <b>4</b>                  10:00 Exercise                  10:30 Snack and Chat                  11:00 Porch Rockers                  2:00 Bake my day w/Rhonda                  2:30 Finish the Sports Phrase                  3:00 Taboo                  4:00 Simple C</p>	<p>9:30 Devotion <b>5</b>                  10:00 Exercise                  10:30 Snack and Chat                  11:00 Resident Council                  2:00 Hydration Station                  2:30 Cranium Crunches                  3:00 Pictionary                  3:30 Walker and Wheelchair                  Wash</p>	<p>9:30 Devotion <b>6</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Shuffleboard                  2:00 Bingo                  3:00 Left Right Center                  4:00 Trivia</p>	<p>9:30 Devotion <b>7</b>                  10:00 Snack and Chat                  10:15 Balloon Tennis                  10:45 Magnetic Darts                  11:00 Taboo                  2:00 Walking Club                  3:00 Domino's                  4:00 Classic TV</p>
<p>9:30 Coffee &amp; Conversation<b>8</b>                  10:00 Worship W/ Edward                  10:30 Snack and Chat                  11:00 Walking Club                  2:00 Bingo                  3:00 Corn Hole                  3:30 Shuffleboard                  4:00 Simple C</p> <p>Daylight Saving Time Begins</p>	<p>9:15 Devotion W/ Bro Bob <b>9</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Taboo                  2:00 Manicures                  3:00 Hymns w/ Will                  4:00 Manicures</p>	<p>9:30 Devotion <b>10</b>                  10:00 Snack and Chat                  10:30 Bingo                  2:00 Tongue Twisters                  With a Twist                  3:00 Word in Word                  4:00 What Am I?</p>	<p>9:30 Devotion W/ Bro Bob <b>11</b>                  10:00 Exercise                  10:30 Snack and Chat                  11:00 Porch Rockers                  2:00 Simon Says                  3:00 Yarn Wrapped Carrots                  4:00 One on Ones</p>	<p>9:30 Devotion <b>12</b>                  10:00 Exercise                  10:15 Snack and Chat                  10:30 Dragon Door Craft                  2:00 Bermuda Day Snack                  3:00 Bermuda Crossword                  4:00 Bermuda Triangle Game</p> <p><b>FAMILY NIGHT</b>                  6-7</p>	<p>9:30 Devotion <b>13</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Bowling                  2:00 Bingo                  3:00 Harbor Market                  4:00 Family Feud</p>	<p>9:30 Resident Led Devotion<b>14</b>                  10:00 Snack and Chat                  10:30 Word Find                  11:00 Puzzle Club                  2:00 Walking Club                  3:00 Therapeutic Coloring                  4:00 Classic TV</p>
<p>9:30 Coffee &amp; Conversation<b>15</b>                  10:00 Worship W/ Edward                  10:30 Snack and Chat                  11:00 Walking Club                  2:00 Fabled Headlines                  3:00 Puzzle Club                  4:00 Classic TV</p>	<p>9:15 Devotion <b>16</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Porch Rockers                  2:00 Manicures                  3:00 Hymns w/ Will                  4:00 Manicures</p>	<p>9:30 Devotion <b>17</b>                  10:00 Exercise                  10:30 Bingo                  2:00 Shamrock Parfaits                  3:00 Lucky Charm Craft                  3:30 Leprechaun Hunt                  4:00 One on Ones</p> <p>St. Patrick's Day</p>	<p>9:30 Devotion <b>18</b>                  10:00 Exercise                  10:30 Snack and Chat                  11:00 Would You Rather                  2:00 Bake My Day w/Rhonda                  3:00 Corn Hole                  4:00 Name 10</p>	<p>9:30 Devotion <b>19</b>                  9:45 Exercise                  10:00 Snack and Chat                  10:30 Scrapbooking                  2:00 March Birthday                  Celebrations                  3:00 Bowling                  3:30 Scattergories                  4:00 Simple C</p>	<p>9:30 Devotion <b>20</b>                  10:00 Select Movement                  10:15 Snack and Chat                  10:30 Tulip Ledge Decor                  2:00 Bingo                  3:00 Corn Hole                  4:00 Trivia</p> <p>Spring Begins</p>	<p>9:30 Devotion <b>21</b>                  10:00 Snack and Chat                  10:30 Draw a Ram's Head                  11:00 Ram's Head Coloring                  Sheet                  2:00 Bingo W/ Adoration                  3:00 Puzzle Club                  4:00 Classic TV</p>
<p>9:30 Coffee &amp; Conversation<b>22</b>                  10:00 Worship W/ Edward                  10:30 Snack and Chat                  2:00 Club Soda Freezing                  Point Experiment                  3:00 Reverse Coloring                  4:00 Spring Cleaning Junk                  Drawer Detective</p>	<p>9:15 Devotion W/ Bro Bob <b>23</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Family Feud                  2:00 Manicures                  3:00 Hymns w/ Will                  4:00 Manicures</p>	<p>9:30 Devotion <b>24</b>                  9:45 Exercise                  10:00 New Resident Brunch                  11:00 Trivia                  2:00 Bingo                  3:00 Finish The Beatles                  Song Title                  4:00 Simple C</p>	<p>9:30 Devotion W/ Bro Bob <b>25</b>                  10:00 Exercise                  10:30 Snack and Chat                  11:00 First Methodist Choir                  2:00 Color Club W/ Right at                  Home                  3:00 Taboo                  4:00 Alphabet Game</p>	<p>9:30 Devotion <b>26</b>                  10:00 Exercise                  10:15 Snack and Chat                  10:30 Drama Club                  11:00 Trivia                  2:00 Balloon Volleyball                  3:00 Shuffleboard                  4:00 Simple C</p>	<p>9:30 Devotion <b>27</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Shuffleboard                  2:00 Bingo                  3:00 Make a Photo Puzzle                  4:00 One on Ones</p>	<p>9:00 Resident Led Devotion<b>28</b>                  9:30 Snack and Chat                  10:00 Therapeutic Coloring                  11:00 Walking Club                  2:00 Saturday Matinee                  3:00 Puzzle Club                  4:00 Classic TV</p>
<p>9:30 Coffee &amp; Conversation<b>29</b>                  10:00 Worship W/ Edward                  10:30 Snack and Chat                  11:00 Walking Club                  2:00 Puzzle Club                  3:00 Therapeutic Coloring                  4:00 Classic TV</p> <p>Palm Sunday</p>	<p>9:15 Devotion W/ Bro Bob <b>30</b>                  10:00 Select Movement                  10:30 Snack and Chat                  11:00 Porch Rockers                  2:00 Manicures                  3:00 Hymns w/ Will                  4:00 Manicures</p>	<p>9:30 Devotion <b>31</b>                  10:00 Snack and Chat                  10:30 Bingo                  2:00 Associated Stamps                  Game                  3:00 Sherlock Holmes                  Puzzle                  4:00 Collage Detective</p>	<h1>March 2026</h1>			