

Arlynn Baer, LMSW

Alliance of Social Workers in Sports
Executive Board
Member-At-Large
Platform Statement

December 7, 2025

I've been an athlete, a coach, and now a social worker supporting youth athletes at Row New York. I know what sacrifices athletes make and the nuanced challenges that social workers in sport face. I'm running for Member-at-Large to bring my unique experience and fresh energy to ASWIS.

Social workers understand complexity better than anyone. At Row New York, I support athletes facing everything from performance anxiety to housing instability. I collaborate with coaches and staff to ensure our athletes receive consistent, coordinated care. I also advocate for better structures and policies within our programs so our young people can thrive on the water and in their everyday lives. These are the same skills I'm ready to contribute to the ASWIS board as we expand our impact and sharpen our direction.

I understand how nonprofit boards function, and if elected Member-at-Large, I will accelerate progress on Dr. Moore's initiatives and goals, as well as those of incoming leadership. I'll strive to create more access for social workers in sport by demonstrating and building clearer pathways into athletic settings, especially for new practitioners. I will strengthen ASWIS advocacy efforts by helping expand our policy presence so athlete wellbeing remains a national priority.

Social work is a big tent, and there is room for everyone under it. If elected, I will bring coaches, administrators, clinicians, and communities into better alignment around athlete support through a social work lens.

I am running because sports have changed my life. And as a social worker, I have the privilege of helping the next generation of athletes receive the support they deserve. Being a Member-at-Large will allow me to continue giving back in an even more meaningful way.

Thank you for your consideration.

Arlynn Baer, LMSW