



Approved Providers List

Please Click on Your Desired Location Below

<u>Alabama</u>	<u>Montana</u>
<u>Alaska</u>	<u>Nebraska</u>
<u>Arizona</u>	<u>Nevada</u>
<u>Arkansas</u>	<u>New Hampshire</u>
<u>California</u>	<u>New Jersey</u>
<u>Colorado</u>	<u>New Mexico</u>
<u>Connecticut</u>	<u>New York</u>
<u>Delaware</u>	<u>North Carolina</u>
<u>Florida</u>	<u>North Dakota</u>
<u>Georgia</u>	<u>Ohio</u>
<u>Hawaii</u>	<u>Oklahoma</u>
<u>Idaho</u>	<u>Oregon</u>
<u>Illinois</u>	<u>Pennsylvania</u>
<u>Indiana</u>	<u>Rhode Island</u>
<u>Iowa</u>	<u>South Carolina</u>
<u>Kansas</u>	<u>South Dakota</u>
<u>Kentucky</u>	<u>Tennessee</u>
<u>Louisiana</u>	<u>Texas</u>
<u>Maine</u>	<u>Utah</u>
<u>Maryland</u>	<u>Vermont</u>
<u>Massachusetts</u>	<u>Virginia</u>
<u>Michigan</u>	<u>Washington</u>
<u>Minnesota</u>	<u>West Virginia</u>
<u>Mississippi</u>	<u>Wisconsin</u>
<u>Missouri</u>	<u>Wyoming</u>

[District of Columbia \(Washington D.C.\)](#)

[International](#)

Alabama

Alaska

Arizona

Stacy Kratz, Ph.D., LCSW, CAP

Modern Mind Institute of Psychotherapy and Consultation

Business Phone Number: 813-380-2375

Business Email Address: stacy@kratz.us

Locations Available: Arizona, California, Florida, Illinois, Missouri, Texas, Washington

Specialties: Expert treatment in sport mental health and wellness, specializing in anxiety disorders (generalized anxiety; phobias; panic disorder; obsessive compulsive disorder), depressive disorders (major depression; persistent depressive disorder, seasonal affective disorder; perinatal depression), grief and loss, marital and family issues such as family dynamics, dislocation from family, isolation, stress and the unique challenges of being an athlete, as well as alcohol and other drug abuse prevention and treatment, including maintaining sobriety.

Arkansas

California

Lisa Bonta Sumii, LCSW, CMPC

Website: <https://www.athmindset.io/>

Business Phone Number: 415-254-0149

Business Email Address: lisa@athmindset.io

Locations Available: California

Specialties: mental performance, trauma informed care, parenting the elite athlete, navigating identities, injury recovery, sport team dynamics, and managing relationships

Kelly Hee, LCSW

Business Phone Number: 925-708-3692

Business Email Address: kellyhee3@gmail.com

Locations: California and Hawaii

Specialties: eating disorders, ED in athletes, body image, disordered exercise/eating habits

Stacy Kratz, Ph.D., LCSW, CAP

Modern Mind Institute of Psychotherapy and Consultation

Business Phone Number: 813-380-2375

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Ellie Lipton, LCSW, LICSW

Website: www.ellielipton.com

Business Phone Number: 206-817-0023

Business Email Address: ellieliptontherapy@gmail.com

Locations Available: California and Massachusetts

Specialties: LGBTQ+ athletes, life transitions, anxiety, depression, individual therapy, couples therapy, family therapy

Noah Merl, LCSW

Website: <https://www.athleticacumen.com/>

Business Phone Number: 925-450-0456

Business Email Address: NoahMerl@AthleticAcumen.com

Locations: California

Specialties: addiction, performance psych consulting

Katherine Morrill, LCSW and LICSW

Website: [Psychology Today profile](#)

Business Phone Number: (978) 821-4581

Business Email Address: katherinemorrilllcsw@gmail.com

Locations Available: California and Massachusetts

Specialties: Youth, high school and college athletes; depression; anxiety; grief and loss; trauma; individual and family therapy; team trainings

Colorado

Jamal Jackson, LCSW

Website: sacounseling.org

Business Phone Number: 720-445-5464

Business Email Address: student.athlete.counseling@gmail.com

Locations Available: Colorado

Specialties: athlete mental health

Jessica Joiner, LCSW, LAC

Website: <https://journeyinspiredcounseling.com/>

Business Phone Number: 303-895-0635

Business Email Address: Jessica.joiner@journeyinspiredcounseling.com

Locations Available: Colorado

Specialties: Sport Social Work, overall mental health, substance abuse and addictions, co-occurring disorders

Marilyn M. Vargas, LCSW

Website: www.fcspueblo.com/contact-us.html

Business Phone Number: 719-543-6633

Business Email Address: vargas719@msn.com

Locations Available: Colorado

Specialties: Sport clinical social work, youth athlete mental toughness and performance, EMDR, trauma-informed care, mental health treatment

Connecticut

Geoff Cushner, LICSW

Business Phone Number: 508-304-7499

Business Email Address: geoffcushner@gmail.com

Locations Available: Massachusetts, Connecticut

Specialties: cognitive behavioral therapy, trauma, anxiety, panic disorders, depression, anger management, life changes and transitions

Laura Hahn-Segundo Collins LCSW,CCCE

Business Phone Number: 347-927-0445

Business Email Address: lcollins.lcsw@gmail.com

Locations: New York, New Jersey, Connecticut

Specialties: Individual psychotherapy, coaching, and trauma-informed trainings for the athletic community

Delaware

Marc Felizzi, PhD, MSW

Business Phone Number: 302-897-4942

Business Email Address: felizzi@verizon.net

Locations Available: Delaware, Maryland, Pennsylvania

Specialties: cognitive behavioral therapy, trauma informed care, adolescents, adults and families

Florida

Anita Daniels, LCSW, LCAS, CCS, MSW

Business Phone Number: 919-564-9360

Business Email Address: actualitiesltd@gmail.com

Locations Available: Florida, Indiana, North Carolina

Specialties: depression, anxiety, grief and loss, addictions, sports counseling, athlete development, couples counseling, life transitions

David Harris, LCSW

Business Phone Number: 314-260-6680

Business Email Address: dmharris@posbydesign.com

Locations Available: Florida, Illinois, Missouri

Specialties: performance coaching, anxiety, bipolar disorder, depression, post-traumatic stress disorder, life transitions

Stacy Kratz, Ph.D., LCSW, CAP

Modern Mind Institute of Psychotherapy and Consultation

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Natalie Mena, LCSW-R

Website: www.nataliemena.com

Business Phone Number: 914-365-8763

Business Email Address: nmenalcsw@gmail.com

Locations Available: Florida, New York, New Jersey

Specialties: Trauma-informed care, relational and psychoanalytic approaches, identity development, performance pressure, racialized stress, anxiety, depression, substance use, life transitions, mental health stigma, athlete resilience, and first-generation student support

Megan Verdun, LCSW

Business Phone Number: 708-232-3273

Business Email Address: megan@wholeheartedtherapypractice.com

Locations: Illinois, Florida, South Carolina

Specialties: Anxiety, stress, depression, school and sports performance issues, student- athletes, injuries, body-image issues, disordered eating, life transitions, and basketball coaching

Tara Wells, MSW, LCSW

Business Phone: 561-310-4703

Business Email Address: tara@finishlinemindset.com

Locations: Florida

Specialties: eating disorders, anxiety, trauma informed, LGBTQIA, BIPOC, ADHD, Autism Spectrum, art therapy, somatic therapy

Georgia

Brad Hambric, LPC, BC-THM, LCAS-A

Business Phone Number: 919-946-0340

Business Email Address: brad@bellavietherapy.com

Locations Available: Georgia, North Carolina

Specialties: athletes, underrepresented minority populations, anxiety, depression, and group and individual services

Jennifer Liam, LCSW, CPT

Website: jenliam.com

Business Phone Number: 404-909-2901

Business Email Address: jen@jenliam.com

Locations Available: Georgia

Specialties: adolescents, anxiety, athletes, college/adulthood, depression, gender, LGBTQIA, health and wellness, life transitions, neurodivergence, women's issues

Hawaii

Kelly Hee, LCSW

Business Phone Number: 925-708-3692

Business Email Address: kellyhee3@gmail.com

Locations: California and Hawaii

Specialties: eating disorders, ED in athletes, body image, disordered exercise/eating habits

Idaho

Illinois

David Harris, LCSW

Business Phone Number: 314-260-6680

Business Email Address: dmharris@posbydesign.com

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Specialties: performance coaching, anxiety, bipolar disorder, depression, post-traumatic stress disorder, life transitions

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Cindy Miller Aron, LCSW, CGP, FAGPA

Business Phone Number: 514-760-2804

Business Email Address: cind152001@gmail.com

Locations Available: Illinois and Oregon

Specialties: elite athletes, athletic personnel and systems, depression, anxiety, mood disorders, trauma related disorders, adjustment disorders, and group therapy

Indiana

Anita Daniels, LCSW, LCAS, CCS, MSW

Business Phone Number: 919-564-9360

Business Email Address: actualitiesltd@gmail.com

Locations Available: Florida, Indiana, North Carolina

Specialties: depression, anxiety, grief and loss, addictions, sports counseling, athlete development, couples counseling, and life transitions

Michelle Whitaker, LCSW, CSAYC

Website: michellewhitakerlcsw.com

Business Phone Number: 317-961-5817

Business Email Address: michellewhitakerlcsw@gmail.com

Locations Available: Indiana

Specialties: EMDR, youth services

Iowa

Katie Johnson MSW, LISW

Business Phone Number: 319-382-4721

Business Email Address: katie@johnsoncounselingllc.com

Locations: Iowa, South Dakota, Minnesota

Specialties: adolescents/youth

Kansas

Kentucky

Louisiana

Janell Kalifey, LCSW

Website: janellkalifey.com

Business Phone Number: 504-232-8165

Business Email Address: jkalifey@gmail.com

Locations Available: Louisiana

Specialties: psychoanalytic psychotherapy, (NOBPC), mind-body modalities, individual and team dynamics, USOPC mental health registry, NBPA mental health/wellness directory

Holly Randall, MSW, LCSW-S

Business phone number: 936-556-1162

Business email: hrrandall@therapyeliteathletes.com

Locations: Texas, Louisiana

Specialties: college/professional/USOPC athletes, performance issues, post injury/concussion, EMDR, Brainspotting, HeartMath+, SafeSport and Sports Social Work certifications

Maine

Maryland

Marc Felizzi, PhD, MSW

Business Phone Number: 302-897-4942

Business Email Address: felizzi@verizon.net

Locations Available: Delaware, Maryland, Pennsylvania

Specialties: cognitive behavioral therapy, trauma informed care, adolescents, adults and families

Selena Tetteh, LCSW-C

Website: www.wellnessbymonarch.com

Business Phone Number: 443-832-9533

Business Email Address: stetteh@wellnessmymonarch.com

Locations Available: Maryland, Virginia

Specialties: athlete mental health, anxiety

Massachusetts

Geoff Cushner, LICSW

Business Phone Number: 508-304-7499

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Business Phone Number: 206-817-0023

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Locations Available: California and Massachusetts

Specialties: LGBTQ+ athletes, life transitions, anxiety, depression, individual therapy, couples therapy, family therapy

Katherine Morrill, LCSW and LICSW

Website: [Psychology Today profile](#)

Business Phone Number: (978) 821-4581

Business Email Address: katherinemorrilllcsw@gmail.com

Locations Available: California and Massachusetts

Specialties: Youth, high school and college athletes; depression; anxiety; grief and loss; trauma; individual and family therapy; team trainings

Christine Mosher, LICSW, MSW

Business Phone Number: 508-274-1216

Business Email Address: cmosher2364@gmail.com

Locations Available: Massachusetts

Specialties: anxiety, depression, chronic mental health, substance abuse, children, adolescents, adults, seniors, athletics

Michigan

Rachel Amity, LCSW, LMSW

Website: reachyourtherapeak.com

Business Email Address: rachel@therapeak.net

Locations Available: Michigan and Wyoming, can offer sport performance services anywhere (all services are telehealth only)

Specialties: Sport performance, anxiety, transitions/life milestones

Tiffany Turner-Baldwin LMSW

Business Phone Number: 734-545-9770

Business Email Address: tturner.infinity@gmail.com

Locations: Michigan

Specialties: anxiety, selective mutism, performance

Ongeleke Turner, LCSW

Website: noflagnofoul.com

Business Phone Number: 313-449-1373

Business Email Address: headcoach@noflagnofoul.com

Locations Available: Michigan, Pennsylvania

Specialties: athlete mental health, behavioral health, sports social work, trauma-informed care, identity exploration and transition, mental skills

Jeffrey Williams, LCSW

Business Phone Number: 517-930-9950

Business Email Address: info@revivedmindcounseling.com

Locations: Michigan, Tennessee

Specialties: cognitive behavioral therapy, athlete mental health, trauma, depression, anxiety, EMDR, MBSR

Minnesota

Katie Johnson MSW, LISW

Business Phone Number: 319-382-4721

Business Email Address: katie@johnsoncounselingllc.com

Locations: Iowa, South Dakota, Minnesota

Specialties: adolescents/youth

Mississippi

Missouri

David Harris, LCSW

Business Phone Number: 314-260-6680

Business Email Address: dmharris@posbydesign.com

Locations Available: Florida, Illinois, Missouri

Specialties: performance coaching, anxiety, bipolar disorder, depression, post-traumatic stress disorder, and life transitions

Stacy Kratz, Ph.D., LCSW, CAP

Modern Mind Institute of Psychotherapy and Consultation

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Locations Available: Arizona, California, Florida, Illinois, Missouri, Texas, Washington

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Montana

Nebraska

Nevada

New Hampshire

New Jersey

Laura Hahn-Segundo Collins LCSW,CCCE

Business Phone Number: 347-927-0445

Business Email Address: lcollins.lcsw@gmail.com

Locations: New York, New Jersey, Connecticut

Specialties: Individual psychotherapy (integrated psychodynamic approach), coaching, and trauma-informed trainings for the athletic community

Natalie Mena, LCSW-R

Website: www.nataliemena.com

Business Phone Number: 914-365-8763

Business Email Address: nmenalcsw@gmail.com

Locations Available: Florida, New York, New Jersey

Specialties: Trauma-informed care, relational and psychoanalytic approaches, identity development, performance pressure, racialized stress, anxiety, depression, substance use, life transitions, mental health stigma, athlete resilience, and first-generation student support

New Mexico

New York

Eric Dawson, LCSW, LGSW

Business Phone Number: 989-600-1289

Business Email Address: ericdawsonlcsw@gmail.com

Locations Available: District of Columbia and New York

Specialties: anxiety, pressure related to athletic and academic performance, trauma, addiction, depression, and collegiate and high school student athletes

Alex Diaz, Ph.D., LCSW

Business Phone Number: 914-793-9719

Business Email Address: alexldiaz@sportsmentaledge.com

Locations Available: New York

Specialties: trauma, anxiety, depression, post-concussions, life transitions, bi-cultural issues for Hispanic clients, distractibility, and oppressive compulsive disorder

Lauren Gordon MSW, LCSW

Business Phone Number: 917-656-6047

Business Email Address: lgordoncsw@gmail.com

Locations: New York

Specialties: SageCare certified, anxiety, depression, loss and bereavement, illness and injury, LGBTQ and multicultural identities, performing artists, retired athletes, life and career transitions

Laura Hahn-Segundo Collins LCSW, CCCE

Business Phone Number: 347-927-0445

Business Email Address: lcollins.lcsw@gmail.com

Locations: New York, New Jersey, Connecticut

Specialties: Individual psychotherapy (integrated psychodynamic approach), coaching, and trauma-informed trainings for the athletic community

Natalie Mena, LCSW-R

Website: www.nataliemena.com

Business Phone Number: 914-365-8763

Business Email Address: nmenalcsw@gmail.com

Locations Available: Florida, New York, New Jersey

Specialties: Trauma-informed care, relational and psychoanalytic approaches, identity development, performance pressure, racialized stress, anxiety, depression, substance use, life transitions, mental health stigma, athlete resilience, and first-generation student support

North Carolina

Anita Daniels, LCSW, LCAS, CCS, MSW

Business Phone Number: 919-564-9360

Business Email Address: actualitiesltd@gmail.com

Locations Available: Florida, Indiana, North Carolina

Specialties: depression, anxiety, grief and loss, addictions, sports counseling, athlete development, couples counseling, and life transitions

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Business Phone Number: 919-946-0340

Business Email Address: brad@bellavietherapy.com

Locations Available: Georgia, North Carolina

Specialties: athletes, underrepresented minority populations, anxiety, depression, and group and individual services

North Dakota

Ohio

Oklahoma

Oregon

Cindy Miller Aron, LCSW, CGP, FAGPA

Business Phone Number: 514-760-2804

Business Email Address: cind152001@gmail.com

Locations Available: Illinois and Oregon

Specialties: elite athletes, athletic personnel and systems, depression, anxiety, mood disorders, trauma related disorders, adjustment disorders, and group therapy

Pennsylvania

Carly Ellman PhD, LCSW

Website: www.carlyellman.com

Business Phone Number: 215-239-3039

Business Email Address: carly.ellman@gmail.com

Instagram: @dr Carly_talks

Locations Available: virtual and Pennsylvania

Specialties: anxiety, stress management, depression, perfectionism, eating disorders, substance use disorders, transition out of sport, identity, parent and coach support, team culture & leadership

Marc Felizzi, PhD, MSW

Business Phone Number: 302-897-4942

Business Email Address: felizzi@verizon.net

Locations Available: Delaware, Maryland, Pennsylvania

Specialties: cognitive behavioral therapy, trauma informed care, adolescents, adults and families

Spencer Kilpatrick, LCSW

Website: confluencemindandmotion.com

Business Phone Number: 724-243-2686

Business Email Address: admin@confluencemindandmotion.com

Locations Available: Pennsylvania

Specialties: clinical psychotherapy, sport psychology

Ongeleke Turner, LCSW

Website: noflagnofoul.com

Business Phone Number: 313-449-1373

Business Email Address: headcoach@noflagnofoul.com

Locations Available: Michigan, Pennsylvania

Specialties: athlete mental health, behavioral health, sports social work, trauma-informed care, identity exploration and transition, mental skills

Rhode Island

South Carolina

Megan Verdun, LCSW

Business Phone Number: 708-232-3273

Business Email Address: megan@wholeheartedtherapypractice.com

Locations: Illinois, Florida, and South Carolina

Specialties: Anxiety, stress, depression, school and sports performance issues, student- athletes, injuries, body-image issues, disordered eating, life transitions, and basketball coaching

South Dakota

Katie Johnson MSW, LISW

Business Phone Number: 319-382-4721

Business Email Address: katie@johnsoncounselingllc.com

Locations: Iowa, South Dakota, Minnesota

Specialties: adolescents/youth

Tennessee

Jeffrey Williams, LCSW

Business Phone Number: 517-930-9950

Business Email Address: info@revivedmindcounseling.com

Locations: Michigan, Tennessee

Specialties: cognitive behavioral therapy, athlete mental health, trauma, depression, anxiety, EMDR, MBSR

Texas

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Holly Randall, MSW, LCSW-S

Business phone number: 936-556-1162

Business email: hrrandall@therapyeliteathletes.com

Locations: Texas, Louisiana

Specialties: college/professional/USOPC athletes, performance issues, post injury/concussion, EMDR, Brainspotting, HeartMath+, SafeSport and Sports Social Work certifications

Karen Winston, LCSW

Business Phone Number: 713-666-1419

Business Email Address: kwinstonlmsw@aol.com

Locations: Texas

Specialties: professional athletes, college athletes, mental health, couples and individuals, variety of mental health challenges



Utah

Vermont

Virginia

Selena Tetteh, LCSW-C

Website: www.wellnessbymonarch.com

Business Phone Number: 443-832-9533

Business Email Address: stetteh@wellnessmymonarch.com

Locations Available: Maryland, Virginia

Specialties: athlete mental health, anxiety

Washington

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West Virginia

Wisconsin

Wyoming

Rachel Amity, LCSW, LMSW

Website: reachyourtherapeak.com

Business Email Address: rachel@therapeak.net

Locations Available: Michigan and Wyoming, can offer sport performance services anywhere (services telehealth only)

Specialties: Sport performance, anxiety, transitions/life milestones

District of Columbia (Washington D.C.)

Eric Dawson, LCSW, LGSW

Business Phone Number: 989-600-1289

Business Email Address: ericdawsonlcsw@gmail.com

Locations Available: District of Columbia and New York

Specialties: anxiety, pressure related to athletic and academic performance, trauma, addiction, depression, and collegiate and high school student athletes

International

