



# Valley Voice

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Esparto, CA 95627

## Criner's Arena is Hosting its Annual Junior Rodeo on Halloween Weekend!!

It is that time of year again, time to RODEO in the Valley. Last year's rodeo brought kids from all over Northern California and Southern Oregon and we are ready for them again with renewed enthusiasm as this is one of our favorite events on our favorite fun filled holiday. So, yes, expect to see some ghosts, goblins, and witches this year as we rodeo on Halloween. There will be a costume contest for the contestants as they are encouraged to dress up themselves and their trusty steeds. The Little Britches can look forward to pumpkin decorating, a petting zoo, and a haunted house cowboy style, in addition to the Barrel Racing, Pole Bending, Goat Roping, Pig Maze, Goat Doggin, Jello Sucking and Dummy Roping. As always, the Little Britches will receive a free 2009 Keep the Dream Alive T-Shirt to wear until it falls apart or until the pig smell wears off.

The Junior and Senior Riders will compete in the Ranch Cutting, where they match their skill to cut a cow out of a herd of cattle and keep it from returning to the herd for two and a half minutes. Single Stake Race, well it is just that, a race around a pole as fast as you and your steed can go, we have a record of 7.24 seconds to be beat, any takers? Barrel Racing was made a household event when Charymane James won the National Finals Rodeo Championship on her horse Scamper 10 times. Pole Bending is the most difficult test of agility for horse and rider as they must weave in and out of six poles set in a straight line as fast as they possibly can without knocking them over. In Goat Tying they need to ride their horses 100 feet to the goat, bail off and gather up three legs and finish tying it in under eight seconds to make a trip to the pay window. Calf Roping has had a few name changes in the recent years, but the task is still the same as cowboys have been using to doctor, vaccinate and mark their cattle for centuries. Break-away Roping is done with a shorter rope that is tied to the saddle horn with a thin string so that when the calf is roped and the slack is pulled the string breaks away and the flag falls for the time. Steer Stopping began on the ranch when one just needed to stop or keep a steer from going somewhere he did not belong. If you aren't ready to rope but you like chasing cows we have an event for you, steer daubing, yes daubing. It has grown to national competition and is still going. Back the trusty steed into the header's box, and upon the release of the steer, paint must be daubed onto his hip as fast as possible, and hopefully faster than anyone else does to get the buckle and the money. Team Roping just speaks for itself at our dinner table since it's about team work. A 500 lb. steer with ten inch horns on each side is loaded into the chute as the contestants are backed into the box. When ready a head is nodded for the release of said animal and two and a half tons of muscle, comes thundering out to keep the two riders within throwing distance of the steer. The steer is roped around the horns or neck, if luck so has it by one partner, and the other partner ropes both back feet by the heels. Getting it done faster than any other team picks up the prize money.

A relatively new event has been added to our roster this year to pick up the football team's new-found interest in bovine sports, Chute Doggin. Yes, it's kind of like steer wrestling without a horse. We will load a 450 lb. +/- steer into the chute and allow the dogger to get a good hold on one of the steer's horns before we open the gate. It will then be up to the dogger to get the other horn and get his body out in position to bring the steer to the ground. As with all Rodeo timed events, the fast time takes the buckle and the money.

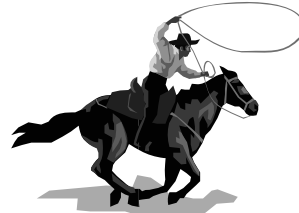
Be at the arena for a 10 a.m. grand entry on Halloween and an 8:30 a.m. grand entry on November 1<sup>st</sup>. There will be over night camping and a good time to be had. So, remember it's not the time you put in, but what you put into the time. .

Submitted by Pam Criner



Jaelyn Dutton (left) skids to her goat in the Goat Tying Event (Picture by Larry and Patsy)

Little britches (below) push pigs through the famous Pig Maze. (Picture by Larry and Patsy)



For schedule of events for the Junior Rodeo, see page 11.



October, 2009

## Esparto High School Cheerleaders to be in the NY Macy's Thanksgiving Day Parade

The Madison, Esparto and Capay Valley communities want to congratulate the Esparto High students who made the All-Stars during this past summer's Cheerleader Camp as Esparto High Cheerleaders. Olivia Wetter, Carly McCoy, Samantha Garcia and Laci Kelley raised \$6,600 in funds during the past three months in order to represent Esparto High School at the 84<sup>th</sup> Annual Macy's Thanksgiving Day Parade in New York City, performing on live television. They wanted to thank the community and their families for their support these last three months, as they could not have done it without them. It is an exciting event and they are happy to represent their hometown. Remember to watch our own Esparto High School Cheerleader All-Stars in the Macy's Thanksgiving Parade on November 26.

It has been a whirlwind adventure for these girls in the last three months. The day after they were chosen to go, they started collecting donations and planned a car wash. Channel 31 heard about this and featured the girls performing on "Good Day Sacramento". R.H. Phillips and Liz Steiner generously donated their facility for a Family Dinner Date night. Families, teachers and school board members were there to support the girls. The RISE program donated the proceeds from the "Safety in the Community" project in exchange for making the signs and working at the event. The deadline for making their commitment to go and confirm their spots, and they still needed \$3000 (in less than 48 hours). The Esparto Fire Department made a donation and the rest came from a private donor who donated half of what was needed, and loaned them the other half. The cheerleaders continue to fundraise and work to pay back the loan, as well as earn money for their airfare to New York.

In New York they look forward to seeing a Broadway show, the Rockettes at Radio City Hall, and appear on national television during the Macy's Day Parade. This will be an extra-special opportunity for three of the girls, who plan on pursuing a career in the performing arts.

Submitted by Tracy Nash

**Valley Voice**

**Subscription Form**

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is a perfect way to keep up to date with all the Capay Valley news and events. Complete the order below.

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Please make checks out to RISE, Inc.  
Mail to: RISE, Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office in downtown Esparto at 16858 Yolo Ave. .

**The Valley Voice Needs YOU!!**

The *Valley Voice* is a community newspaper. It is generously supported by local advertisers, public agencies, and the Tribal Council of the Rumsey Band of Wintun Indians. It is published and designed for and by the Capay Valley Region. It is free to every residence. A "Committee of Local Citizens" helps to determine the paper's mission, publishing priorities, and best approaches to sustain the community's overall support and interest.

**The Valley Voice Citizen Committee is open to all volunteers. It meets only as needed – a commitment of only 15-20 hours per year! Please let us know if you would like to participate in these meetings – we would be pleased to notify you! Thank you for your interest!**

To advise the paper of your interest to serve, please call 787-3433 and leave your name, address & phone number OR email the *Valley Voice* at [valleyvoice2@hotmail.com](mailto:valleyvoice2@hotmail.com) OR mail your name, address and phone number to the *Valley Voice*, c/o P.O. Box 133, Esparto, CA 95627.

**The Valley Voice  
P.O. Box 133  
Esparto, CA 95627**

For article inquires, call 787-4110, or send an e-mail message to Greta Taber, Editor, at [valleyvoice2@hotmail.com](mailto:valleyvoice2@hotmail.com). For billing inquiries or ad rates, call 787-4110. **All articles are due by the 20th of each month.** Ads must be paid in advance and accounts must be paid up to date by the **20th of each month.** We reserve the right to edit articles at our discretion, due to space limitations and other criteria. The *Valley Voice* is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants, Foundations, and local community service organizations. Articles published do not necessarily express the views of the *Valley Voice* editor or committee.

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**The Yolo County Food Bank**

The Yolo County Food Bank thanks the community for supporting the Esparto Food and Clothes Closet at the Countryside Community Church. The Yolo County Food Bank is encouraged that the local community is using these services as needed and continues to coordinate with the local communities in the area to provide food distribution services.

A new policy will begin on November 1<sup>st</sup>, 2009, which will require some form of proof that a person lives in the Madison, Esparto-Capay Valley Region when utilizing the local food bank on Fremont and Grafton Streets in Esparto. This needs to be a current proof of address, such as a PG& E bill, Water Services District bill, a mortgage bill or a rental receipt. It needs to be a physical address, and not a P.O. Box address. Other forms may be appropriate, but they do need to be from a recent time period. This policy is either in place at other food banks, or will be in place, with those food banks utilizing the Yolo County Food Bank resources.

The Food and Clothing closets are open Wednesdays from 9-12 p.m. and Fridays, from 3-5 p.m. Clothing donations are welcome during these hours. Please bring items downstairs to the church basement. Thank you very much for your patience, and if there are any questions, or if you need assistance in determining which form to bring, call Beth @ 787-4110, M-F, 8-5 p.m.

Submitted by RISE Staff



**Countryside Community Church  
Cordially Invites You to a Pumpkin Potluck!**

After the church service on Sunday, October 25<sup>th</sup>, there will be a potluck in the Social Hall.

We are asking folks to bring a "pumpkin dish" to share. It could be pumpkin soup, pumpkin pie, butternut squash raviolis...anything that has pumpkin in it! If pumpkin isn't your thing, then feel free to bring a salad or some other dish.

If you're not able to bring a dish on that day, don't worry, we would just love to have you there!

The church service begins at 10 a.m. and the potluck will begin at 11 a.m. We are located at the corner of Fremont and Grafton. If you have any questions feel free to call the church office at 787-3586 or contact Pastor Pamela Anderson at [Pamela-usa@hotmail.com](mailto:Pamela-usa@hotmail.com).

See you then!

Celebrating Our  
One Year  
Anniversary!



Great American Food  
with a  
- Capay Twist -

**MONDAY NIGHT FOOTBALL**  
**ALL-YOU-CAN-EAT SPAGHETTI**  
starting at 5:00



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Date: October 25 2009  
Location: Taber Ranch  
Time: 2-6pm



Reserve your tickets now!!

For more information or to reserve your tickets please call 530.787.3353 email: [info@capayvalleyvision.org](mailto:info@capayvalleyvision.org)  
Visit: [www.CapayValleyVision.org](http://www.CapayValleyVision.org)



### News from Esparto Unified School District Submitted by Aida Buelna, Superintendent

#### **7-11 Surplus Property Evaluation:**

At the last Esparto School Board meeting, trustees voted to bring together a committee that will review any surplus property that the District owns. The committee will be made up of community members, business members, parents and district staff. The charge of the committee will be to make recommendations to the Board of Trustees with regards to all property that is owned by the District. If you are interested in becoming a member of the 7-11 Surplus Property Evaluation committee please call Tim Brock, Assistant Superintendent for Business at (530) 787-3446 or Aida Buelna, Superintendent.

#### **Esparto Middle School Multipurpose Building**

We hope to have a grand opening of the Esparto Middle School Multipurpose Building the beginning of October. As soon as the information is solidified we shall be sending out invitations to parents and community members.

#### **2008-09 Accountability Progress Reporting (APR) and the Academic Performance Index (API) Reports**

These APR and API reports for Esparto Unified School District have been delayed due to a clerical error. As soon as we receive the information it shall be shared with the community at a regularly scheduled Board meeting. The student

testing information for the California Standards Tests (CST) that was mailed home to all parents in August is accurate and correct. All staff have been busy reviewing the CST information to better inform instruction and provide students with outstanding lessons.

#### **School Psychologist**

Mary Klotz who worked 5 years with the Esparto Unified School District has moved on to the Bay Area, and we wish her well. As we say good bye to Mary Klotz, we will begin advertizing for a new school psychologist for the District. If you are interested in being a part of the interview panel, please call our office so that we can add you to our interview panel.

#### **High School Counselor**

Alexis Kersting is currently on maternity leave. She will be returning mid- November. In her absence we have been able to acquire the services of Ms. Olga Ochoa, faculty member from National University, and former high school counselor in the Woodland Joint Unified School District. Ms. Ochoa will be with us two days a week working with students until Alexis gets back. Please help me welcome Ms. Ochoa.





**Children's Health From Head to Toe**  
*First 5 Yolo's Tips on Children's Health*

**Tackle Tooth Decay**

- Cavities are the most common dental disease for young kids.
- The good news is that tooth decay is 100 percent preventable!
- To help keep teeth clean and strong, never let your baby fall asleep with a bottle.
- Limit 100 percent juice to two to four ounces a day. Better yet, opt for tap water, which is accessible, inexpensive, does not promote tooth decay and is kind to the environment by reducing bottles in landfills.
- Help toddlers brush their teeth twice a day.
- Most importantly, take your kids to a dentist by their first birthday.
- Remember, healthy smiles make healthy kids!

**Choose Healthy Foods**

- In California, one in three children is overweight or at risk of becoming overweight.
- As a parent or caregiver, help stop this trend. Start by making sure your child eats at least five servings of fruits and vegetables every day.
- Choose water over soda and other sugary drinks. One can of soda each day can cause weight gain of 15 pounds per year.
- Give kids low-fat dairy products like milk, yogurt and cheese.
- For healthy, affordable recipes, order a free copy of First 5 California's "Yummy for Your Tummy" mini-cookbook by calling 1-800-KIDS-025.

**Move and Groove**

- Healthy kids mean active kids!
- Walk, bike or run with your kids every day.
- Play games like "follow the leader" and "hide-and-go-seek."
- Turn off the television and computer and encourage your child to go outside to play, skip and jump.
- By building strong muscles and bones, kids are healthier – and less likely to become overweight or develop diseases like type 2 diabetes.

**Keep Baby Healthy**

- A baby is a special gift – who needs special care. As a new parent, make sure you schedule regular well-baby checkups with a health care provider.
- For more parenting advice, order the free First 5 California *Kit for New Parents* by calling 530-669-2475.

First 5 Yolo encourages parents and caregivers to help their children live active and healthy lives. To learn more about parenting advice, oral care and healthy eating for young children as well as to find local programs and services, please visit [www.first5yolo.org](http://www.first5yolo.org) or [www.first5california.com/parents](http://www.first5california.com/parents).

Compliments of First 5 Yolo  
 403 Court Street  
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 530-669-2475 [www.first5yolo.org](http://www.first5yolo.org)

**Julie Swartz**  
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**Join us on October 10 for**  
***the monthly Farmers' Market***  
**9 a.m. to noon in the Esparto Community Park**

- ✦ Health Fair Activities and Providers
- ✦ Music by Jim Hunter and Simpson Creek
- ✦ Get a free \$5.00 coupon for purchases at a food or produce vendor
  - ✦ Buy \$10.00 worth of produce and pay only \$5.00
- ✦ Bounce House for children
- ✦ Yoga activities by Lynn Morgan of Capay Yoga
- ✦ Also, find great gifts from our arts, crafts and specialty food vendors.
- ✦ Experience the flavors of local and seasonal goods, including delicious fruits and vegetables, nuts, jams, and jellies, olive oil, breads and tortillas. Bring friends & family!



Set up starts at 7 a.m. Please have all vehicles moved from around the park no later than 9 a.m.

If you would like a **free** booth, please contact Ashley at 530.787.3536 or [mzashley86@gmail.com](mailto:mzashley86@gmail.com)  
 For more info: [www.capayvalleyfarmersmarket.com](http://www.capayvalleyfarmersmarket.com)

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***Esparto***

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**Clinic Hours—Horario De La Clinica**

Monday: 9:00 a.m. to 1:00 p.m.  
 Tuesday, Wednesday, Thursday, and Friday: 2:00 p.m. to 6:00 p.m.  
 Lunes: 9:00 a.m.-1:00 p.m.  
 Martes, miércoles, jueves y viernes: 2:00 p.m.-6:00 p.m.

**SAME DAY APPOINTMENTS AVAILABLE**  
**CITAS DISPONIBLES EL MISMO DÍA**

### Esparto Elementary Cubs Corner

September has so quickly flown by and yet the Cubs have managed to accomplish so many things this month!

Congratulations to the 69 students whom we celebrated on the evening of September 17. EES held its second annual Academic Excellence Awards Dinner and the event was a smashing success. Our guests were treated to a yummy lasagna dinner and cake for dessert. Each child was then individually recognized for his or her accomplishments. These awards were given to those students who scored "Advanced" in math and/or language arts and/or writing and/or science on last spring's California Standards Test. Thanks to the committee who put this evening together!

EES students will again participate in the Yolo Wayfarer Center's annual Empty Bowls fundraiser. This fundraiser is designed to bring awareness about hunger in our community. Students will be crafting bowls out of ceramic clay to be shown at school on October 6 (they may be purchased at that time), and then to be sold at the Empty Bowls luncheon on October 15. Thanks to Marie De-Gand, Jane Stallings and Mark Abildgaard, who coordinated this project.

The first annual silent/live auction of the recently reorganized PTA was a fun evening held out at RH Phillips Winery on September 25. The event raised funds to support programs and supply materials to our school. Thank you to all of the donors, sponsors, and anyone who bid on auction items. I'd like to especially recognize Heather Echarte and Gretchen Adan. These two hard-working ladies spent countless hours planning, organizing and gathering donations in order to ensure that this event be a rousing success.

Academically, the Cubs and teachers have been working really hard. All students have been evaluated to determine present reading levels. Also, all of our second language learners have been tested to determine how their English language skills are developing.


Our third graders received a special gift! Members of The Sacramento Chapter of the Daughters of the American Revolution delivered a dictionary for each student to take home. The chapter raised money in order to be able to give each Esparto Elementary third grader their very own dictionary. We are so grateful for this wonderful act of generosity!

Have a fun-filled October and welcome fall!

*Veronica Michael, Principal*

#### Just a few reminders...

- There is no supervision before 7:30 a.m. **Please do not drop off your children before that time.**
- **CARNIVAL** is coming!!! October 1, 2009 from 5:00-7:00 p.m. See you there!
- Please do not drive through the bus lane
- Yellow curbs are for loading and unloading—please do not leave your vehicle unattended in the yellow zones.



Fresh, organic fruits & vegetables delivered to the Capay Valley Vision office in Esparto every Wednesday.

Farm Stand open every Friday from 2-6 p.m.  
At Full Belly Farm (Road 43)  
For more information, call (530) 796-2214.

### Esparto Middle School Students to Be Published!

Be first on the list to order your copy of "Anthology of Short Stories by Young Americans", 2009 Edition. According to Anthology of Poetry, Inc., "It has been said that a reader can take from a story what the reader brings to the story. Arriving with only the reader's perspective, what more could the reader learn than what is obvious? However, arriving to the story broad-minded, and willing to enjoy the writer's perspective, there is good chance for even greater discovery."

Last year I had the wonderful opportunity for greater discovery by serving as a substitute English teacher at Esparto Middle School. My employment began in January and continued through the end of the school year in June. The students' end of the year assignment was to write a short story. Their short story was to be as brilliant and dangerous and as much fun as they chose. Their only parameters were that the story was to be limited to 1200 words and the final essay was to be turned in to me by Friday, May 29<sup>th</sup>.

The reason for these parameters was important because the deadline for submission to this National contest sponsored by Anthology of Poetry, Inc was May 29, 2009.

When I shared my desire to submit the students' stories to Anthology of Poetry, Inc., I received an enthusiastic response. The students began writing, pouring their hearts into words onto page. Their imaginations wildly exploding, words were woven into sentences and paragraphs and finally into short stories. It was magic!

On Friday, May 29, 2009 I scrambled to the post office with a bundle of stories. They were neatly typed, packaged in a manila envelope with a book of stamps enclosed so that students would be notified. School ended and summer began.

Acceptance letters started arriving in July. Teresa Warde was the first parent to call. Katie's story had been chosen! According to Teresa "Katie hasn't stopped grinning since she received the letter." Then I bumped into another parent. Makayla Shera's story had also been accepted. In August I saw Marcos Vasquez who told me his story was accepted. Jocelyn Anaya called me on the phone, and with much excitement in her voice, told me her story too had been accepted.

Young writers from across America have written diverse short stories full of entertaining characters, plot twists, memorials and laughter. Every story and every page will bring a smile. Of the thousands of stories that were submitted nationally, approximately one hundred were chosen to be published. Among those, I am proud to announce...the Esparto Middle School students who are soon to be published!

Congratulations to Elizabeth Montes, Evelyn Quiroz, Jocelyn Anaya, Makayla Shera, Martin Corona, Tyler Zentner, Miranda Miller, Jeycent Perez, Jane Schwenger, Marcos Vasquez, Katie Warde, and Claudia Yates.

To order a copy call (336) 626-7762, or go to [www.anthologyofpoetry.com](http://www.anthologyofpoetry.com) to fill out an order form online. Make sure to request the 2009 Anthology of Short Stories issue that includes Esparto authors.

Submitted by Cathy Senkbeil



#### Loving Hands Pre-school and Daycare in Esparto

Hours of operation are from 6:30 a.m. to 5:30 p.m.

with low weekly rates.

Call Joy Escalante at 530-787-3661 for more information.

**Habitat for Humanity Workshops**

Habitat for Humanity of Yolo County is now accepting applications from very low-income, first-time homeowners for our next build in the City of Woodland. Construction will begin very soon on a one story, three bedroom, two bath duplex. Applications can be found at our main office and at different locations throughout Yolo County. Application workshops will also be held throughout September and October in West Sacramento, Davis, Esparto and at our office in Woodland. The deadline for the submission of applications is by 5:00 p.m. on October 15th, 2009. To qualify for our program, families must: have a need for safe and decent housing; have lived or worked in Yolo County for at least a year; have an annual income no greater than 50% of the Area Median Income (AMI); must be a first-time homeowner; contribute at least 500 hours of "sweat-equity"; attend all scheduled homeownership classes; and be willing to partner with Habitat for Humanity, Yolo County as representatives of the organization.

**About Habitat for Humanity of Yolo County**

*Habitat for Humanity of Yolo County is a non-profit, faith-based housing organization. Established in 1993 as an affiliate of Habitat for Humanity International, Habitat Yolo works in partnership with people from all walks of life to build decent, affordable homes for families in need. The goal is to eliminate poverty housing world-wide and to make decent shelter a matter of conscience. To learn more about Habitat Yolo or to make a donation, call (916) 803-8000 or visit [www.habitatforhumanity-yolo.org](http://www.habitatforhumanity-yolo.org).*

FOR MORE INFORMATION, PLEASE CALL HABITAT FOR HUMANITY, YOLO COUNTY AT (530) 668-4301 OR E-MAIL US AT [HFHYOLO@DCN.ORG](mailto:HFHYOLO@DCN.ORG). APPLICATIONS CAN BE PICKED UP AT OUR OFFICE FROM 8:00A.M. TO 12:00P.M. AT: 1017 MAIN ST, WOODLAND, CA 95695

Submitted by Amanda Caulder, HFH of Yolo, Secretary

**HABITAT FOR HUMANITY APPLICATION WORKSHOPS WILL BE HELD AT THESE LOCATIONS ON THESE DATES AND TIMES:**

\*\*\*\*\*  
**UNINCORPORATED AREAS OF YOLO COUNTY (including Esparto)**

Date/Time:  
 Saturday, October 10th  
 9:00 – 11:00 a.m.  
Location:  
 RISE Community Service Center  
 17317 Fremont Street in Esparto  
 (530) 787-4110  
 \*\*\*\*\*



**DAVIS**  
Date/Time:  
 Saturday, October 3rd  
 9:00am – 11:00 a.m.  
Location:  
 Davis Community Church  
 412 C St  
 Davis, CA 95616  
 (530) 753-2894

**AB 1422 Restores Healthy Families Program**

On Sept. 3, 2009, the California Legislature passed AB 1422, which was signed by Gov. Schwarzenegger. This bill restored about half of the money cut from the Healthy Families Program and prevented the disenrollment of almost 700,000 California children who had been in the program. This assures access to the preventive care that is crucial to growing children. The Yolo Children's Health Initiative, the First 5 Commission and Yolo County Children's Alliance and the health plans have worked and will continue to work with the Legislature so that all California Children can have access to quality, affordable health care.  
 Submitted by Judith Bruno

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- Speed dial, 3-way calling, hunting,
- Voice mail with optional sub mail box.
- Number porting.
- Plus extras you can't get with old fashioned telephone service

**JUST \$29.95 plus tax  
 ALL FOR \$99.99 INC. TAX**

### FERL Harvest Day Dinner

The Friends of the Esparto Regional Library are preparing for their Annual Harvest Day Dinner scheduled for Sunday November 8, 2009. The Harvest Day Dinner is a major fundraiser for the Friends of the Esparto Regional Library. Funds raised are used to pay for additional library access hours, a bilingual aide, children's hours, reading prizes, books for the library and electronic equipment. The Harvest Day Dinner will also help kick off the Esparto Regional Library 10th Anniversary Celebration. The Planning Committee for the Harvest Day Dinner is being organized right now and is looking for committee volunteers. Please contact a FERL Board Member or send an email to the FERL Board President at [Julio.Cota@FERL.org](mailto:Julio.Cota@FERL.org).

Submitted by Julio Cota

### Esparto Writer's Group Meets

Our last suggested topic, *The West*, produced a wide variety of interpretations. We now have a "poet that didn't know it" - hope to hear more from her! We heard (part of) a story based on a family history set in the west. There was an awe-inspiring lesson on just where west is, and a weather report from Chicago which definitely convinced everyone to stay in the west. Outside of the suggested topic we also made a trip to Cuba. Thank you to everyone who read their work at the September meeting.

The next meeting of the Esparto Writer's Group is from 6-8 p.m. Thursday, October 15 at the Esparto Regional Library. New and prospective members are encouraged to attend. You can share original work or just observe. Critiques are optional. Each month there is a "suggested" topic to wake up the brain cells. For October the topic is "Alternate Universe - Personal Perspective." What if you had taken a different path at some decision point in your life? Could you have changed more than just your history, the history of our country, the world?

For more information about the Esparto Writer's Group please contact Barbara Durst by email ([bdurst@mac.com](mailto:bdurst@mac.com)) or by phone (666-3104).

Submitted by Barbara Durst

### K/ 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> Grade Girls

Join Girl Scout Troop #1377 on Monday, October 19 from 4:30-5:45 p.m. at the Esparto Fire House to find out more about:

#### Girl Scouts are Out of This World!

- ◆ Class is limited to first 8 girls that RSVP.
- ◆ Cost is \$2.00 at the door. Girls do not need to become a Girl Scout.
- ◆ The purpose of this event is to inspire girls to be all that they can be.
- ◆ Esparto is expanding its Girl Scout outreach.
- ◆ Girls will rotate through 3 stations: cooking, craft, science, and then spend 20 minutes in Girl Scouts songs and games.

More information: Julie Rose or call 796-3437.

Submitted by Julie Rose

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## HARVEST BUFFET

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**October is National Disability Employment Awareness Month**

The month of October finds people in America recognizing the value of persons with disabilities in employment. July of 2009 found 23% of the labor force being people with disabilities, compared to the rate of 71.8% nondisabled persons in America. There is much to be done in relation to people with disabilities where employment is concerned, and awareness of disability issues in relation to employment is crucial.

The theme of this year's National Disability Employment Month is designed to capture the vital role that expectations play in successes as individuals and society. People with disabilities offer a wide-variety of skills and abilities to employers, with a level of loyalty that is not surpassed.

Expectations are not enough. People with disabilities must also have opportunities available to work. A complete range of employment choices is needed in order to maximize talents and abilities. With both opportunities and choices available, people with disabilities will have the ability to maximize their many talents. They have the ability to contribute to the economy and build the communities in which they live.

**The Winters and Esparto WorkAbility 1 Programs would like to thank the following business partners for their expectations and the job training opportunities they have provided our students. This outstanding program would not be possible without the wonderful support of those listed below:**

Esparto Unified School District  
 Cache Creek Casino Resort  
 Burger Barn  
 Esparto Supermarket  
 Chavela's Grab and Go  
 El Toro Food Carniceria  
 T-L Ranch  
 Derwydd Alpacas  
 Esparto Chamber of Commerce  
 Guys Corner Market  
 YMCA East Bay Esparto Pre School  
 LaPlazita Taqueria  
 Lawson Real Estate  
 Los Tios Mexican Grill  
 Madison Migrant Child Development Center  
 Ron Ray Transport  
 Viking Propane  
 Yolo County Library – Esparto Branch  
 Yolo County Office of Education  
 Computer Concepts  
 Cache Creek Nature Preserve/Conservancy  
 Country Waffles  
 Ludy's Main Street BBQ and Catering  
 Nugget Market  
 Cut N Loose  
 Izaar's Salon and Spa  
 Yolo County Sheriff's Department  
 Department of Employment and Social Services  
 Hayes Feed and Supply  
 Sacramento City College  
 Solano Community College  
 Woodland Veterinary Hospital  
 Woodland Community College  
 Kohl's Department Store

Winters Joint Unified School District  
 Access Manufacturing, Inc.  
 Barbosa's Auto Repair, Inc.  
 Bertinoia Winters Aggregate  
 Buckhorn Catering  
 Buckhorn Steak & Roadhouse  
 Camile's Hair Salon  
 Chris' University Florist  
 Chuy's Taqueria  
 City of Winters, CA  
 Cody's Deli & Catering  
 Environmental Education Farm Foundation  
 First Adventures Child Care Center  
 Golden Farm Products  
 Kountry Kitchen  
 Lester Farms Bakery  
 Los Reyes Restaurante y Cantina  
 Napa Auto and Truck Parts  
 Orchard Veterinary Services  
 Pacific Ace Hardware  
 Pavestone  
 Pisani's Exxon Service  
 Putah Creek Café and Bakery  
 Ray's Cycle  
 Round Table Pizza  
 Subway  
 Tomat's California Cuisine  
 Warrior Video  
 Winters Parent Nursery School  
 Winters True Value Hardware  
 WoodTech  
 YMCA East Bay Winters Pre-School  
 Yolo County Library – Winters Branch

(Anyone inadvertently left off this list please accept our sincere apologies.)  
 Submitted by Linda Wingard, WorkAbility Consultant

**Taber Ranch Extra Virgin Arbequina Olive Oil -  
 A 2009 Yolo County Fair Gold Medal Winner.  
 See you at the Farmers' Market  
 or call 796-4983.**



**HOES DOWN HARVEST FESTIVAL**  
 CELEBRATE RURAL LIVING



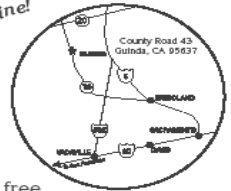
An on-farm fundraising festival

**SATURDAY, OCTOBER 3, 2009**

FULL BELLY FARM • CAPAY VALLEY • 11 a.m. - 11 p.m.  
 All proceeds go to the Ecological Farming Association & local community groups

- TASTY ORGANIC FOOD & DRINKS!
- LIVE MUSIC & DANCING ALL DAY!
- FARM WORKSHOPS
- CHILDREN'S HANDS-ON FUN
- FARM TOURS
- FARMERS' MARKET & CRAFTS

Rain or Shine!



**SATURDAY ADMISSION:**  
 Adults \$20.00 • Children (2-12) \$5.00 • Under 2 get in free  
 Camping on Saturday \$20.00 per car.

Call about volunteering

We encourage carpooling!

Please leave dogs and alcohol at home

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 in the Capay Valley Region.  
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**Delivery Schedule**

(on EHS Campus only)

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Bud Vase \$ 5.50 and up  
 Med Vase \$ 15.00 and up  
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**Carnations**

Single Wrap \$ 2.00  
 \* in vase \$ 3.50  
 Double Wrap \$ 3.50  
 \* in vase \$ 5.50  
 Triple Wrap \$ 5.50  
 \* in vase \$ 7.50  
 ½ Dozen Wrap \$10.00  
 \* in vase \$13.50  
 Dozen Wrap \$14.00  
 \* in vase \$17.50

Make checks Payable to **Esparto FFA**  
**Note: Prices may change seasonally**

Contact Amber Charter, Esparto High School Ag Teacher at:  
 (530) 787-3405 ext. 225  
 acharter@espartok12.org



### **Volunteers Needed For Emergency Preparedness Exercise**

On Saturday, October 3, 2009, the Yolo County Public Health Department will be conducting public flu vaccination clinics in the cities of Woodland and West Sacramento. This is in coordination with these two cities and is being conducted as part of a health emergency preparedness clinic exercise. The intent is to provide FREE seasonal flu vaccinations to as large a public audience as possible.

How can you help? There are two ways you can help. One is to spread the word about the clinics and encourage people to come get their seasonal flu shot. Seasonal flu shots are available free to all Yolo County residents.

The second way you can help is to sign up as a volunteer to staff the two clinic sites, and encourage others to, also. People with a variety of skills are needed, not just medical personnel. Here are a few options:

- ◆ Runners – assist all staff by helping clients, getting/delivering supplies, providing breaks for staff
- ◆ Traffic Control & Interior Security – Work with uniformed officers to provide security services at each site
- ◆ Inventory Control – keep track of all vaccines, supplies, etc. on site
- ◆ Paperwork Collection – Work with clients to ensure that all medical records are collected and information materials are given
- ◆ Translation – Assist clients with alternate language needs
- ◆ Triage – Meet clients and provide information
- ◆ Medical Screening – Assist clients by identifying the vaccine they are eligible for at the site

Volunteering to help at the site can also count towards high school required community service hours. For more information or to sign up, go to: [Volunteer.coordinator@yolocounty.org](mailto:Volunteer.coordinator@yolocounty.org).

Submitted by Norma Springsteen of Yolo County

### **Programs at the Esparto Regional Library:**

- ◆ Pre-School Bilingual Story Time: every Thursday morning at 10:30 a.m. in the Wintun Room
- ◆ The Friends of Esparto Regional Library sponsor a monthly book prize contest. Every time you check out a book you can enter the contest to win a free book.
- ◆ The Teen Book Club and the Book Club for adults meets every four to six weeks. Contact the library at 787-3426 for book titles and meeting dates.
- ◆ Share you Esparto/Madison/Capay Valley story! If you would like to participate in the *California of the Past* Digital Storytelling Project, please contact the Esparto Regional Library at 530-787-3426. Tell a story about a person, place, event or a family history. This project is made possible through a grant provided by the California State Library.
- ◆ Meet new and interesting people in your community! The Esparto Regional Branch Library is looking for volunteers to help others improve their English language skills by encouraging conversation in a social setting. For approximately one hour per week, volunteers meet at the library with a small group of adults who want to practice their English skills. If you are interested in helping the library to start this **\*new\*** program, please contact the library staff.
- ◆ Yolo reads, a program of the Yolo County Library, aims to help adults improve their reading and writing skills through free one-on-one tutoring with a volunteer. Adults in our program learn new computer skills, resume writing, studying to pass the citizenship exam or GED test. To volunteer, contact Yolo Reads. If you know anyone who wants to improve their reading and writing skills, please tell them about Yolo Reads today! Contact Yolo Reads at 530-666-8019 or 866-609-7303 (toll free).

Submitted by Malinda Baker, Librarian

### **Save the Date for FREE Seasonal Flu Shots**

On **October 3, 2009**, the Yolo County Health Department will be providing free flu clinics at two locations in the county:

#### **Woodland Community/Senior Center**

2001 East Street, Woodland, CA

#### **Riverbank Elementary School**

1100 Carrie Street, West Sacramento, CA

Both clinics will be open to the public from 9:30 am to 12:30 p.m. Parking may be limited at both sites, but a free shuttle service through YoloBus and the Washington Unified School District is available. The Woodland clinic shuttle pick up will be located at the County Fair Mall on Gibson and the West Sacramento shuttle will pick up at multiple points along Sacramento Avenue. For a complete shuttle schedule, go to [www.yolobus.com](http://www.yolobus.com).

Vaccinations will be provided for any Yolo County resident over six months of age on a first come, first served basis. Both traditional injectable vaccine and FluMist (a nasal spray) vaccine will be available. Informational materials about the vaccine in English, Russian, and Spanish will be provided at the clinics, and interpreters will be available on site. For more information about the clinics, go to [www.yolohealth.org](http://www.yolohealth.org) and click on the What's New link, or call (530) 666-8645.

Submitted by Cheryl Boney, Deputy Director Public Health Programs

#### **Esparto Family Practice Flu Clinic**

On Friday, October 2 from 9:00 to 6:00 p.m. the Esparto Family Practice at 17050 Grafton Street will hold a flu clinic for all members of the community. The cost for a flu shot on this day will be \$10.00 per person.

Editor

#### **Step by Step Program Seeking Basic Necessities for Children**

The Yolo County Children's Alliance's (YCCA) Step by Step/Paso a Paso Healthy Families America Home Visiting Program, now in its second year, focuses on giving pregnant and new moms the support they need to raise successful, happy and healthy children. The program is seeking some basic necessities for the families they serve. All donated items will stay in the local community, and used items are accepted.

Basic necessities for the Step by Step program include the following:

Baby blankets and/or quilts for newborns, baby gates, baby strollers, blankets, towels, sheets, Books, Bouncers and baby swings, Canned food items/grocery gift certificates, car seats/booster seats, children's clothing, i.e. shoes, jackets, pants, shirts, warm clothes, etc., cleaning products, i.e. brooms, vacuums, mops, crib and crib sheets; baby basinet or cradle, diapers and wipes, formula and bottles, household items, i.e. small appliances, lamps, pots & pans, bowls, silverware, dishes, and school supplies

To donate, contact the YCCA office at (530) 757-5558. The Yolo County Children's Alliance and Child Abuse Prevention Coordinating Council is a children's collaborative working to improve the well being of children, youth and families in all the communities in Yolo County.

Submitted by Katie Villegas, Executive Director

### ***Countryside Community Church***

Bring your children to Sunday School and Worship with us  
at 10 a.m. on Sunday.

Located at Fremont and Grafton in Esparto / 787-3586

**Rev. Dr. Pamela Anderson, Pastor**  
*Presbyterian Affiliation*

**Low Carbon Diet challenge**

Capay Valley is invited to join Davis Sustainable in a 30 day Low Carbon Diet challenge. Each household will try to lose 5,000 pounds of carbon output, using a well-tested, world practiced program. This "Low Carbon Diet" is a fun, accessible, easy to use guide that will show you, step-by-step, how to dramatically reduce your CO<sub>2</sub> output in just a month's time. There will be opportunities to share this process online with other groups in Davis who will be taking the challenge simultaneously.

With a real ticking clock, substantive and timely change needs to come from both the top down and bottom up. Our daily lifestyles represent half of America's carbon footprint and our purchases influence the other half. Households represent between 50% and 90% of a community's carbon footprint.

**Become a part of the global warming solution!**

**You'll learn how to:**

- Calculate your CO<sub>2</sub> footprint with our easy-to-use "carbon calculator".
- Create "cool household systems" that save the Earth while saving you money.
- Take on "cool lifestyle practices" that reduce CO<sub>2</sub> emissions without cramping your style.
- Reduce your annual household CO<sub>2</sub> output by at least 15%.
- Find helpful local resources.
- Purchase carbon offsets to become "carbon neutral".
- Form a Low Carbon Diet "EcoTeam" with friends, colleagues, co-workers or your faith community.

Come to the first meeting, Monday, Oct. 5<sup>th</sup> at the Esparto Library, Wintun Room, 7-8 p.m. Three follow-up meetings will be held Tuesday, Oct. 13<sup>th</sup>, 20<sup>th</sup>, and 27<sup>th</sup> from 7-8 p.m.

Contact Elvira Paoletti (530) 796-4676 [elvira@s4sf.com](mailto:elvira@s4sf.com) or



**You and Your Family Are Invited To  
Esparto's K-8 PTA's  
2<sup>nd</sup> Annual Game Night  
Thursday, October 22, 6-8 p.m. at Esparto  
Elementary School**

**Bring a board game or enjoy  
Yatzee, Twister, or Apples to Apples set up by  
PTA members.**

**Admission free to PTA members**

**\$1 non members**

**Pizza: \$2/slice. Drinks \$1**

**Costume Parade at 7 p.m.**

**Prizes for funniest, scariest,**

**Most elaborate and most original costume.**

Plan to join the *PTA Chili Cook Off*. To enter, bring a  
crock pot of your best chili at 6 p.m.

Judges pay \$1 to sample each chili and vote on the best.

Winner will receive a \$10 gift certificate

to Los Tios Restaurant.

Submitted by Julie Rose

**Esparto Drama Club Treated to Performance**

Students at Esparto High will be treated to a theatrical performance by Izzy Tooinsky on October 2nd. A drama workshop will also be held for Esparto High School drama classes. Izzy is a "motivational humorist" who has performed all over the world. The Hoes Down Community Fund and the Esparto Music and Drama club are pitching in to pay for these events. For those who would like to see his work, Izzy Tooinsky will be performing at the Hoes Down Harvest Festival on Oct 3rd.

Submitted by Elvira Paoletti



**Exchange Students:**

*Front Row:* L to R  
Mikheil Chigogidze  
Nordari Ivanidze  
*Back Row:* L to R  
Ketevani Maisuradze  
Hanna Udevenko  
Nana Rostobaia  
Ditjola Naco  
Nadezhda Nefedova  
Mariya Maksimenko

(See story on pg. 11)



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**Yolo County Schools Host  
Eastern European Exchange Students**

Four Yolo County High Schools are hosting 2009-10 exchange students from Eastern Europe.

Name:	School:	Country:	Host Family
Mariya Maksimenko	Pioneer H.S.	Russia	Crepeau
Ketevani Maisuradze	Woodland H.S.	Rep. Georgia	Belletti
Nana Rostobia	Woodland H.S.	Rep. Georgia	Sidener
Nadezhda Nefedova	Pioneer H.S.	Russia	Swenson
Norari Ivandize	Esparto H.S.	Rep. Georgia	Mayer
Hanna Udovenko	Esparto H.S.	Ukraine	Mayer
*Ditjola Naco	Esparto, H.S.	Albania	Rose
Mikheil Chigogidze	Davis H.S.	Rep. Georgia	Logan

The programs include the Future Leaders Exchange (FLEX), Georgian High School Exchange Program (GHSEP) and Youth Exchanges and Studies (YES). The FLEX and YES programs are funded by the Freedom and Support Act with the goal to provide an opportunity for high school students from Eurasian countries (former Soviet Union) to experience life in a democratic society in order to promote democratic values and institutions in Eurasian countries. The GHSEP program is funded by the Georgian Government and is run like FLEX and YES programs. Since 1993, more than 18,000 students have participated in the programs in the U.S.A. and returned home to pursue higher education and move into the job market.

The YES program is a Congressional initiative designed to reach out to countries with significant Muslim populations and to foster dialogue and understanding.\* Ditjola Naco is from the YES program. There is also a student in this group not in Yolo County Schools: Ahmed Fayed from Afghanistan. He is at Heritage High School in Brentwood, Ca.

They will be here for one academic year to study in American high schools and develop their leadership and citizenship skills to serve as "agents of change" in their home countries through organized alumni activities.

Students are selected on the basis of merit and the process begins with over 50,000 students applying for 1200 positions. Students must have excellent English skills and are selected using a merit based system that requires that they demonstrate good adaptation, communication, and academic skills with the final decision being made in Washington.

Host families are selected locally, and supported by a local coordinator. Host families are asked to provide the following:

1. A nurturing environment
2. Three meals a day, and;
3. Their own bed in which to sleep.

Students of these programs are provided with \$125.00 per month stipend for incidentals, host families receive \$300.00 for school start up expenses. Schools receive \$300.00 for enhancement activities. (i.e. FFA State Convention). All the students in Yolo County belong to the FFA (Future Farmers of America) and complete their leadership requirements of the program through FFA leadership events. They also have health coverage while here.

If anyone is interested in a presentation by these students about their home country, they are available. Future hosting opportunities are also being sought for next year.

Submitted by World Link Inc, Yolo County Coordinator, Jim Schulte  
jschulte\_611@hotmail.com or 787-4441.

(See student pictures on pg. 10)



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  - ⇒ Retrofit and Repairs
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**Call: Richard Bauer for more information at 787-3265**

**Keep the Dream Alive Rodeo Schedule 2009  
At Criner's Arena**

**Friday**

4 D Barrel Racing 7p.m.

**Saturday**

- Check in 7a.m. to 9:30 a.m.
- 10:00 a.m. *Grand Entry*  
Introduction of Queens  
Posting of Colors and National Anthem  
First Section of Single Stake  
First Section of Goat Tying  
First Section of Tie Down Roping  
First Section of Breakaway Roping
- 12:15 p.m. Lunch Break ~Ranch Cutting
- 1:00 p.m. First Section of Pole Bending  
First Section of Barrel Racing  
First Section of Chute Doggin  
First Section of Steer Daubing  
First Section of Team Roping
- 3:40 p.m. First Section of Steer Stopping
- 5:00 p.m. Dinner
- 5:30 p.m. Rope for the Gold Team Roping Sign up
- 6:00 p.m. 2 for \$15
- 7:00 p.m. 3 for \$25

**Sunday**

- Check in at 7a.m.
- 8:30 a.m. *Grand Entry*  
Introduction of Queens  
Posting of the Colors and National Anthem
- 8:40 a.m. Second Section of Steer Stopping  
Second Section of Team Roping  
Second Section of Chute Doggin  
Second Section of Steer Daubing
- 10:30 a.m. Second Section of Barrel Racing  
Second Section of Pole Bending  
Second Section of Breakaway Roping  
Second Section of Tie Down Roping  
Second Section of Goat Tying  
Second Section of Single Stake  
~Lunch~ Ranch Cutting
- 1:30 p.m. Finished
- 2:30 p.m. Awards Presentations



Submitted by Pam Criner



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## COMMUNITY CALENDAR

**AA meetings:** *Countryside Community Church*, located at 26479 Grafton St. on Tuesdays at 7:00 p.m. Call 1-800-970-9040 for more information.  
*Guinda Community Church*, Tuesday, Thursday and Saturday at 7:00 p.m. in Spanish.

**Ala-teen meetings:** meets at Guinda Community Church 16671 Forest Ave. Call Lynn for details at 787-4566 or Pastor Noble at 668-0870.

**Ag Task Force:** meets bi-monthly at 7:00 p.m. on the 1st Thursday. Meetings are March, May, July, September, November for 2009.

**Capay Valley Christian Fellowship:** meets at 11:00 a.m. on Sunday at 7588 St. Route 16, Guinda.

**Capay Valley Fire Commission Meeting:** meets the 2nd Monday of each month at 7:30 p.m. at the Guinda Fire Station.

**Capay Valley General Plan Advisory Committee:** meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.

**Capay Valley Regional Farmers' Market:** is held on the 2nd Saturday of the month, May to December, from 9:00 a.m. to noon in Esparto Park

**Capay Valley Vision Board:** meets on the fourth Wednesday of every month at the Library from 5:00 to 7:00 p.m.

**Countryside Community Church:** Sundays at 10:00 a.m. Worship Service and Sunday School

**Dental Office in Esparto:** is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.

**Early Learning Center Program:** held from 9:00-11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church

**English as a Second Language classes:** held on Mondays and Wednesdays from 6:00 to 8:00 p.m. at Esparto Elementary School (Room 32)

**Esparto Baptist Church:** Worship and preaching service at 11:00 a.m. on Sundays. Bible Study on Sundays at 9:45 and Wednesdays at 7:00 p.m.

**Esparto Citizens Advisory Committee Planning Council:** meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.

**Esparto Community Services District:** meets on the 2nd Wednesday of each month at 7:00 p.m.

**Esparto Family Practice:** open Monday, Wednesday & Thursday from 2:00 to 6:00 p.m. and on Tuesday & Friday from 9:00 a.m. to 1:00 p.m.

**Esparto Lion's Club Meeting:** meets on the 1st and 3rd Thursday at the VFW hall 7:00 p.m.

**Esparto Regional Chamber of Commerce:** meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)

**Esparto Unified School Board Meeting:** meets on the 1st and 3rd Wednesdays at 5:30 p.m. at the Library.

**Food and Clothes Closet:** open on Wednesdays & Fridays at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.

**Friends of Esparto Regional Library Board of Directors' Meeting:** meets on the first Tuesday at 7:00 p.m. at the Library.

**Home Schooling Cooperative:** Call Anna Brait at 796-3801.

**Legal Services in Esparto:** free services offered on the 1st and 3rd Thursdays at the RISE office from 9:00 a.m. to 11:00 a.m.

**Guinda Community Church:** Sunday School for youth at 8:45 a.m. and Sunday Service at 9:30 a.m.

**Madison Advisory Committee:** meets the 1st Thursday at 6:30 p.m. at the Madison Fire Department.

**Rotary Club of Capay Valley:** meets at 12 noon every Friday at the Clubhouse of the Yocha Dehe Golf Club at the Cache Creek Casino Resort.

**St. Martin's Church:** Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street

**Western Yolo Grange:** meets on the 3rd Thursday at 6:30 p.m. at the Grange Hall for a potluck dinner and meeting.

**WYORCA:** meets on the 2nd Thursday at 7:00 p.m. at the Esparto Library.

**RISE Collaborative Meeting:** meets the 3rd Friday at 9:00 a.m. at the Esparto Community Hall (except August).

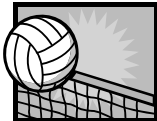
**WIC Services:** located in the Esparto Family Practice office at 17050 South Grafton St. on the 4th Wednesday. (2:00-6:00 p.m.)



### Esparto High School Sports Schedule

Home Games for October 2009

October 6	Hamilton	Volleyball	5:30/7:00
October 13	Williams	Volleyball	5:30/7:00
October 15	East Nicholas	Volleyball	5:30/7:00
October 20	Los Molinos	Volleyball	5:30/7:00
October 23	Portola	Football	5:30/7:00
	(senior night)		
October 27	Biggs	Volleyball	5:30/7:00
	(senior night)		
October 30	East Nicholas	Football	5:30/7:00
	(Homecoming)		



### Activity Calendar for October 2009

(as mentioned in this paper)

October 1:	Esparto Elementary School Carnival from 5-7 p.m.
October 2:	Izzy Tooinsky performs for Esparto High School
October 2:	Esparto Family Practice Flu Clinic from 9 a.m. to 6 p.m.
October 3:	Habitat for Humanity Application Workshop at RISE office from 9-11 a.m.
October 3:	Hoes Down Harvest Festival at Full Belly Farm from 11 a.m. to 11 p.m.
October 3:	Free Flu clinics in Woodland/West Sacramento from 9:30 a.m. to 12:30 p.m.
October 5, 13, 20, 27:	Low Carbon Challenge at the Library from 7-8 p.m.
October 10:	CVR Farmers' Market in Esparto Park from 9-12 p.m.
October 15:	Esparto Writers' Group meets at the Library from 6-8 p.m.
October 19:	"Girl Scouts are Out of this World" at Fire House from 4:30-5:45 p.m.
October 22:	PTA Annual Game Night at EES from 6-8 p.m.
October 25:	Pumpkin Potluck at Countryside Community Church at 11 a.m.
October 25:	CVV Taste of Capay at Taber Ranch Event Center from 2-6 p.m.
October 31:	HALLOWEEN
October 31-Nov. 1:	Junior Rodeo at Criner's Arena (all day)

