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## Power Cultivation Options In Agriculture Part of Alternative Energy Fair Next Month

It's a "growing" market in agriculture: Energy.

Capay Valley organic farmer Paul Muller, one of four co-owners of the certified organic Full Belly Farm in Guinda, will discuss the increased use of solar, wind and water-generated power in agriculture at a home and ag-centered Sacramento Valley Alternative Energy Fair next month.

The *free* daylong event will be conducted from 9 a.m. to 4 p.m. May 22 at the Heidrick Ag History Center (HAHC) in Woodland. It will feature a variety of speakers and presentations on alternative energy sources and their benefits to home owners, area businesses and farms. The family-friendly event includes free entrance to the Fair and admission to the Center's two world-class antique truck and tractor museums, activities for children, and food available for purchase in an outdoor courtyard.

"I'd like to see us make energy the next crop," said Muller, whose farm started generating 17 kilowatts of solar power five years ago. The farm now harnesses 23 kilowatts. Muller has a wealth of information to share about cultivating energy from alternative power sources. Full Belly Farm is one of several entities in the Capay Valley — including the Yocha Dehe Wintun Nation, the tribe that owns Cache Creek casino and an Energy Fair co-sponsor — that is reaping the benefits of local energy production.

As part of what has been billed as the Capay Valley Energy Shed Initiative, farmers and businesses in the valley are working with the University of California, Davis, to explore how much energy the valley needs and is able to produce, as well as the feasibility of installation and financing infrastructure. "The Energy Shed is looking at the (Capay Valley) like a water shed. Could we be a net exporter of energy?" Muller said.

Muller already cultivates a great deal of the power needed to run the 200-acre farm that produces more than 80 organic crops each year. Full Belly Farm has a bank of solar panels that generate electricity for the packing shed, cold storage and a water pump. Any excess electricity flows into the local public utility, which in turn sends power back -to Full Belly Farm on cloudy days that prevent adequate on-site power generation. At the end of the year, Muller and the utility "square up" the difference.

"There are lots of reasons to (use alternative energy) but the best is conservation," Muller said. Muller will join more than 20 other presenters at the Alternative Energy Fair discussing the financial benefits and global effects of power alternatives. Attendees can learn about conservation, drying crops, financing energy projects, steps to take before installing solar panels and turning waste into electricity. Vendors will also be on hand to answer questions on swimming pool heaters, well pumps, air conditioning, back-up generators, tax incentives and electric cars.

The Heidrick Ag History Center is located at 1962 Hays Lane in Woodland (off County Road 102 between Interstate 5 and East Main Street). For additional information about the Sacramento Valley Alternative Energy Fair, please visit: [www.aghistory.org](http://www.aghistory.org).

Submitted by Wayne Ginsburg, HAHC Board



Pictured above are key participants and facilitators from the Youth Development Institute training series held in Esparto: (left to right) Barrett Burton and Lina Schwenger, Madison High student participants, Andy Paul of the Youth Development Network (facilitator); Rachel Bingham and Tico Zendejas, RISE staff (facilitators); Martin Zavala and Maribel Garcia, Esparto After School Program staff; and, Chelsea Becker, After School Program Coordinator.

## YOUTH DEVELOPMENT INSTITUTE TRAINING HOSTED IN ESPARTO – HUGE SUCCESS!

A four-day training designed to inspire and skill-bind professionals committed to working with youth was held in Esparto in April. The Youth Development Network (YDN) curriculum is a committed effort to promote positive development of children and youth. The training mission is to enhance the ability of people who work with children and youth to create life-changing experiences for them to thrive and succeed. It recognizes youth as community assets. The training "sold out" – enrollment filled early and had to be finally cut off due to the high response level. Adult trainees traveled from throughout Yolo County, and also Sacramento and Placer, in order to have the opportunity to participate.

RISE Inc. was the host and the proud home base of two certified trainers, Tico Zendejas and Rachel Bingham. Rachel is the coordinator of the RISE Middle School After School Program and Tico is the immediate past coordinator of the Esparto After School Program and the current manager of RISE Community Projects. Rachel and Tico were joined by a third trainer, Andy Paul, who is an affiliated trainer with YDN and "best practices" promoter of new strategies in developing leadership and active engagement with youth. The three received a standing ovation and cheerful finale at training's end!

The training covered strategies, frameworks, engagement and relationship building approaches, and foundation principles for working successfully with youth and children. Clear outcome expectations were promoted, rooted in practices proven to positively involve and inspire youth. Recognizing children and youth as capable assets in our communities and building resiliency and action based on basic foundations centered the training experience.

This training put Esparto on the map – committed to emerging "best practices" and progressive youth development initiatives. Over 40 professionals attended four days of training – with a goal to make a difference!

Submitted by the RISE Staff



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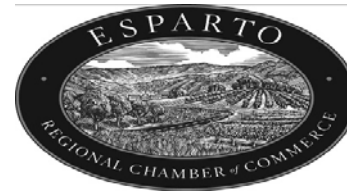
The *Valley Voice* is a community newspaper. It is generously supported by local advertisers, public agencies, and the Tribal Council of the Rumsey Band of Wintun Indians. It is published and designed for and by the Capay Valley Region. It is free to every residence. A "Committee of Local Citizens" helps to determine the paper's mission, publishing priorities, and best approaches to sustain the community's overall support and interest.

**The Valley Voice Citizen Committee is open to all volunteers. It meets only as needed – a commitment of only 15-20 hours per year! Please let us know if you would like to participate in these meetings – we would be pleased to notify you!**

**Thank you for your interest!**  
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For article inquires, call 787-4110, or send an e-mail message to Greta Taber, Editor, at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. **All articles are due by the 20th of each month.** Ads must be paid in advance and accounts must be paid up to date by the **20th of each month.** We reserve the right to edit articles at our discretion, due to space limitations and other criteria. The *Valley Voice* is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants, Foundations, and local community service organizations. Articles published do not necessarily express the views of the *Valley Voice* editor or committee.



**News from the Esparto Regional Chamber**

First of all, a great big thank you to all the businesses, non-profits and individuals who participated in the 2010 Annual Capay Valley Almond Festival. The weather was beautiful and the attendance was in great numbers! We were fortunate to have a couple of spots on television thanks to both CW 31 and Fox 40. The efforts of Jim Durst, Tim Reid, and Alexis Kersting, Esparto High School counselor, Hannah Muller, Almond Festival Queen, her court, and various high school students acted as spokespersons for the festival and participated in television interviews.

Many who participated reported on their successful fundraising efforts! The Esparto Fire Department sold twice as much beer as compared to previous years. Madison Fire Department had a 25% increase in sales and participation in the car show. The Grange reported selling about 33% more than previous years and was sold out of the Famous Almond Roca by 2 p.m. and everything else by 3 p.m. Los Tios Restaurant had a great day of sales and did well fundraising for an Ambassador Travel Program in the parking lot. Capay Valley Vision created a beautiful haven away from the crowds and all participants were very pleased with the oasis and wine tasting they found. Capay Valley Vineyards reported being very satisfied with their sales, also. The Boosters' Club sold more than double the tri-tip sandwiches from last year and sold out after making over 1500! Wow that's a lot of beef! The Capay Firehouse also reported as selling out of food. Countryside Church also saw an increase in sales. Road Trip Bar & Grill had an amazing day of sales increasing from last year. The Lions Club had to send a member out to get more corndogs and sold over 800 corndogs! The Famous Rumsey Ribs also sold out again this year. Dilly Dally the Clown donated her time to the community this year and was so pleased with the fruits of her labor that she asked us to please include her again next year!

Thanks to Cache Creek Casino for the donation of the art work for the Blossom Trail Map. We were able to attract Sunset Magazine to photograph Capay Organics stone fruit blossoms which will be featured in the January/February 2011 issue of Sunset magazine along with the Blossom Trail Map. Please visit [www.blossomtrail.org](http://www.blossomtrail.org) to view the map.

The Chamber is off to some great successes in helping the local economy. Would you like to be a part of this growing membership? Download an application at [www.espartoregionalchamber.com](http://www.espartoregionalchamber.com).

Our next Chamber Mixer will be on Wednesday, May 12<sup>th</sup> at the Capay Valley Vineyards wine tasting room at 6:00 p.m.

**Scholarship program: We need your Help!**

The Chamber has created an annual scholarship for high school students and this year we are short on our fundraising efforts for this program. We are asking our community members to please donate to this scholarship program. Please contact the Esparto Regional Chamber at (530) 787-3242 with your tax deductible donation all of your donation will go directly to the scholarship program. We thank you in advance for your support. We live in a wonderful community that comes together and achieves amazing accomplishments! So I expect we will have a record breaking scholarship fund this year!

Submitted by the Esparto Regional Chamber of Commerce

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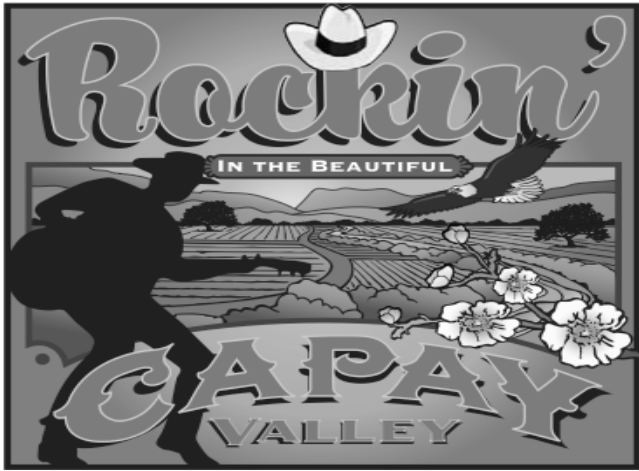
## Capay Valley Vision Feedback

Local resident Mary Cornwell has started a petition drive to restore the turn lane off Yolo Ave. (Highway 16) at the Post Office. This portion of streetscape is not supported by any local residents and Mary has taken the bull by the horns to do something about it. You can sign any of these petitions at El Toro Market, Esparto Supermarket, Los Tios, Esparto Fire Department, RISE office, New Reflections Salon, Hog Canyon Pizza or the CVV office.

**Parks and Recreation District:** Continuing meetings on the Parks and Recreation District included a presentation by SCI Consulting firm to Arbuckle and other communities quest for a Recreation District and services. The Parks and Recreation Task Force includes representatives from WYORCA, CVV, New Season CDC, Esparto Chamber and MERCSA. If your group is interested in joining, please contact Ron Voss or Linda Adams at [revoss@ucdavis.edu](mailto:revoss@ucdavis.edu) or [nichademus70@yahoo.com](mailto:nichademus70@yahoo.com). They would love to have you participate! If your organization is interested in a presentation about this project, please contact Sue Heitman at Capay Valley Vision or [sue@capayvalleyvision.org](mailto:sue@capayvalleyvision.org) for arrangements.

**Rockin' in the Capay Valley** goes country on **May 2, 2010, 7:00 p.m.** at **Club 88 at Cache Creek Casino**. Starring up and coming country star, Buck Ford, join us at this concert which includes *free line dance instruction!* And it is a fundraiser to boot, so your \$25 ticket is tax deductible. It is not too late, you can even buy tickets at the guest services desk at Cache Creek Casino resort on that day. Come on down and go country with Capay Valley Vision.

Submitted by Sue Heitman, Director Capay Valley Vision



## Yocha Dehe Wintun Nation Honors Philanthropic Partners at 2<sup>nd</sup> Annual Luncheon

The Yocha Dehe Wintun Nation Community Fund gathered on April 15 with its grantees for the 2<sup>nd</sup> Annual Partners in Philanthropy Luncheon. This year more than 200 people representing more than 80 organizations attended the event at the Tribal Community Center in Brooks.

Tribal Chairman Marshall McKay used the occasion to reaffirm Yocha Dehe's longstanding commitment to support the greater community – the Yocha Dehe Community Fund has already surpassed the \$18 million mark in grants to nonprofit organizations, schools, and social service agencies, primarily in Yolo and Sacramento counties. McKay also discussed the fund's six core areas of giving, including education, arts and culture, and Native health and wellness. "The values of giving and sharing have always been an integral part of who we are as a people, and we intend to continue working for the benefit of this community together with our partners," said Chairman McKay.

At this luncheon the distinguished Tahtimihn Award was given to **RISE Inc.** for its 23 years of service to the children, and families of the Madison, Esparto and the Capay Valley. RISE collaborates with local and county organizations to bring these services to the community.

The Community Fund Board also presented Certificates of Recognition to three organizations for their excellent community service:

- **The Knight's Landing Children's Center** provides high quality accessible childcare to the families of the Knights Landing Community. They do a lot with few resources and a group of dedicated volunteers.
- **Short Term Emergency Aid Committee** (better known as STEAC) has helped at least 35,000 Yolo County residents with basic necessities on a short-term emergency basis since 1967 and has done a great job in providing emergency shelter, rental assistance, clothing, food, utility assistance and education assistance to low income families.
- **The Yolo Wayfarer's Center** has provided programs to meet the emerging housing and food needs of individuals and families since 1983. The organization provides: a residential substance abuse treatment and transitional living center program; a family transitional housing program; and year round emergency shelter program.

Yocha Dehe Wintun Nation has a longstanding culture of giving. The Yocha Dehe Community Fund was one of the first to be established by a Native American tribe in California and the Tribe is a recognized leader in local charitable giving. The Tribe recently released new guidelines for the Community Fund grant applications. The new guidelines provide clear direction for applicants and specific information about the Fund's goals and giving categories. The process of grant application is also clarified, providing a streamlined process for both applicants and the Fund alike. Please visit [www.yochadehe.org](http://www.yochadehe.org) for further details on the Community Fund.

Submitted by Brent Andrew of Pyramid Communications.




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The Esparto PTA celebrated the new playground structure at Esparto Elementary School at a community barbeque and ribbon cutting ceremony on April 13. Cutting the ribbon is Joseph Echarte while Elise Adan holds the ribbon steady and students on the structure show their pride. Proceeds from the PTSA Auction Benefit funded the purchase and construction of the new playground structure.

Submitted by Heather Echarte.

### Esparto Elementary Principal's Corner

The month of April brought us spring break, celebrations, and, of course, hard work by our students and staff.

Administrative Assistant's Day was April 21. I'd like to take this opportunity to publicly acknowledge my two wonderful secretaries: Debbie Bloom and Maggie Veloz. These ladies make my job easier with their efficiency and organizational skills. They also take good care of our students and staff.

If you haven't been to the school lately, you haven't seen the latest addition. Through the awesome fundraising efforts of the PTA, as led by Heather Echarte, Gretchen Adan, and Julie Muller, Esparto Elementary now has a new play structure. This accomplishment was celebrated on April 13 with a ribbon cutting and tri-tip BBQ.

We are smack dab in the middle of the California Standards Test. Students in grades 2-5 are taking state mandated tests in the subject areas of English Language Arts, Math and for the 5<sup>th</sup> grade, Science. The results of these tests help schools and parents understand how our students are progressing in the core content areas. I have been really impressed with the good attendance and concerted effort put forth by our kids.

May will be an equally busy month. We look forward to seeing you all at Open House/Science Faire. This will be on May 12. Classrooms will be open from 6:00-6:45 p.m. and the Science Faire will be ongoing from 6:00-7:30 p.m.

Submitted by JVeronica Michael, Principal

#### Dates to calendar:

- May 4: National Teacher's Day
- May 5 & 19: School Board meetings
- May 13: English Learner Advisory Council
- May 20: Jogathon—details to come
- School Site Council meeting
- May 28: Last day of school

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*Martes, miércoles, jueves y viernes: 2:00 p.m.-6:00 p.m.*

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### Esparto Library Program Highlights

- Bilingual Pre-school Story Time: every Thursday morning at 10:30 a.m. in the Wintun Room, featuring stories, finger-plays, and songs.
- Teen Book Club, and Adult Book Club: Call the library for dates in May.
- English Conversation Class: All English learners welcome. Practice your English in a group setting. The class meets on Tuesday, 1-2 p.m. in the Wintun Room. The class, on break temporarily, will resume on May 25<sup>th</sup>.
- The 2010 Yolo County Summer Reading Program theme is "Make a Splash @ Your Library...READ!" There will be many of free programs and prizes for children of all age groups. For teens in grades 7- 12 the summer theme is "Make Waves @ Your Library". Teens can read, write reviews and enter to win prizes. Call 530-787-3426 for details. These programs are sponsored by the Friends of the Esparto Regional Library.
- Share your Esparto/Madison/Capay Valley story! If you would like to participate in the California of the Past Digital Storytelling Project please contact the Esparto Regional Library at 530-787-3426. This project is made possible through a grant provided by the California State Library.

Submitted by Malinda Baker, Librarian

### Vacation Bible School at Countryside Community Church

Mark this on your calendar! Countryside Church will have its annual Vacation Bible School from Monday, June 28<sup>th</sup> through Friday, July 2<sup>nd</sup> from 6:00-8:30 p.m. with snack provided. This is a free event for preschoolers all the way through 6<sup>th</sup> grade. If you are in 7<sup>th</sup> grade or older, we are always looking for volunteers. If you would like to help with music, crafts, recreation, snacks, or teaching a Bible class, please contact Rev. Pamela Anderson at the church: 787-3586. We will be sending out more information soon, so keep a look out! We are located at the corner of Fremont & Grafton  
www.countrysidechurch.us.

Submitted by Rev. Pamela Anderson

### Preschool Applications for the 2010-2011 School Year

The Esparto State Preschool will be accepting applications for the 2010-2011 school year beginning May 3, 2010. To enroll your child, please visit us at the preschool office located in the Esparto Elementary School office. It is open from 1:00-3:00 p.m., Monday-Friday. The preschool is located at the elementary school. You must be income-eligible to enroll in the program, therefore please bring your most recent 30 days of pay stubs for income verification. The program hours are from 9:00 a.m.—12 p.m., Monday through Friday, and follows the Esparto Unified School District calendar. Any quistiones, please call Maggie at 787-3417 Ext. 500.

### Aplicación Preescolar para el Año Escolar 2010-2011

La Escuela Preescolar Estatal de Esparto estará aceptando aplicaciones para el año escolar 2010-2011 comenzando el 3 de Mayo, 2010. Para registrar a su hijo/a, por favor visítenos en la oficina preescolar localizada en la oficina de la Escuela Elementaría. La oficina preescolar esta abierta de 1:00 p.m.—3:00p.m. La escuela preescolar esta localizada en la escuela elementaría. Usted debe ser elegible de ingresos para calificar en este programa, así que, por favor traiga con usted comprobante de ingresos de los más reciente 30 días. Los horarios del programa son de 9:00a.m. – 12:00p.m., de lunes a viernes, y sigue el calendario del Distrito Escolar Unificado de Esparto. Si tiene alguna pregunta, por favor llamen al 787-3417 Ext. 500 con la Sra. Veloz.

Submitted by Kimberly Wright, Lead Teacher

### Esparto Writers' Group

The next meeting for the Esparto Writers' Group will be from 6-8 p.m. on Thursday, May 20 at the Esparto Library. The writing prompt for this meeting is "What's your sign?" or how well does your Zodiac sign fit you? The Esparto Writers' Group is always up for a challenge and there is a chance we will soon try our talents at writing lyrics to music. Come visit, try us out, we enjoy hearing what other people write. For more information please contact Barbara Durst, coordinator, 666-3104 or bdurst@mac.com.

Submitted by Barbara Durst

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### Yocha Dehe Wintun Nation Event Honors Tribal Sustainability Initiatives

The Yocha Dehe Wintun Nation celebrated their sustainability work with an event at the Cache Creek Casino Resort on April 1. The program featured a blessing by Tribal Council Member Leland Kinter in the Native Patwin language, a song by Yocha Dehe Wintun Academy students and a first-hand look at the Tribe's environmental work. The Tribe was also presented with the California Trane High-Performance Building Showcase award for a state-of-the-art thermal energy storage tank and a rebate check for \$1.1 million through the Shift and Save program with PG&E.

"Stewardship has always been a critical part of our identity as Native people. For thousands of years, we have tended the land, protected plant and animal species and preserved environmental balance," said Tribal Chairman Marshall McKay. "As a continuation of this long history, we move into the future, actively investing in systems and technologies that will contribute to a healthier planet."

The Trane Company presented the Tribe with the California Trane High-Performance Building Showcase award for the 1.3 million-gallon thermal energy storage tank developed collaboratively for the Cache Creek Casino Resort. The thermal energy storage tank system dramatically reduces energy demand at peak hours by cooling water at night when energy demand is lower and temperatures are cooler. Because of the tank, the Tribe became eligible for PG&E's Shift and Save program, which rewards customers who implement energy saving equipment that shifts power use to non-peak, less polluting hours. PG&E Senior Account Manager John Mabry presented the Tribe with a \$1.1 million rebate from the Shift and Save program.

"We are proud of our work to most efficiently use the earth's resources," said Tribal Council Member James Kinter. "The Tribe maintains our bond with our homeland through an extensive and expanding set of sustainability initiatives aimed at preserving and protecting it for future generations." The event highlighted the wide range of environmental programs and technologies the Tribe has put into practice. The following are just a few of the Tribe's many sustainability projects:

- Cache Creek Casino Resort wastewater is treated using a membrane bioreactor treatment system that generates water safe for human use.
- The Tribe is collaborating with UC Davis and the local community in the Capay Valley Energyshed project to evaluate current energy usage valley-wide and assess the potential for increased use of renewables.
- A solar array that produces up to 250 kilowatts of renewable energy has been installed near the Cache Creek Casino Resort.
- The Tribe has removed invasive species around Cache Creek and replaced them with native plants in partnership with the Cache Creek Conservancy and local students.
- 1,200 acres of Tribal land have been placed into a conservation easement, held by the Golden State Conservancy.
- The Tribe's sustainable farming practices include the use of biological controls, mulching, drip irrigation and crop rotation on farmlands.
- The Tribe's fire department fuels its vehicles with a biodiesel blend to reduce emissions of air pollutants.
- The Tribe brought a natural gas pipeline seven miles to the resort property, reducing truck traffic by up to 10 propane tanker trucks per month.

The Yocha Dehe Wintun Nation regards sustainability not as a new idea or a dream to regain the past, but as a way to move forward together into a positive future. For more on the Tribe's environmental work, please visit [www.yochadehe.org](http://www.yochadehe.org).

Submitted by Johanna Dalton of Pyramid Communications

Pictured above right are representatives from PG&E and the Trane Company presenting a check to the Yocha Dehe Wintun Nation for their sustainability projects. Receiving this check is Marshall McKay, Tribal Chairman, and Tribal Council members Mia Durham, Anthony Roberts, Leland Kinter and James Kinter. Pictured below are students from the Yocha Dehe Wintun Academy performing during the event.

### 2nd Annual Samantha Senkbeil Memorial Art Auction

The 2<sup>nd</sup> Annual Samantha Senkbeil Memorial Art Auction will be held Saturday June 19, 2010 at the Boy Scout Cabin, located next to the Esparto Fire house. Last year's event was an outstanding success thanks to the amazing artists who donated their work. Once again we are inviting the community to showcase their artistic ability, while honoring Samantha. The Samantha Senkbeil Memorial Art Auction supports a higher education scholarship for local students during their sophomore, junior, or senior year in college.

All types of art are appreciated including paintings, drawings, photographs, quilts, wood working, steel work, sculptures, weaving, gourds, pottery, etc. We request all donations be submitted by Wednesday June 16, 2010.

Please contact Caitlin Nichols by phone at (530)383-6891 or e-mail at [cen34@saclink.csus.edu](mailto:cen34@saclink.csus.edu) if you are interested in donating or for more information on where to submit your donation.

Submitted by Caitlin Nichols



### Patrick Scribner

Certified Public Accountant

507 First Street, Suite B  
Woodland, CA 95695

(530) 666-2727  
Fax: (530) 668-6822

email: [pscpa@pacbell.net](mailto:pscpa@pacbell.net)



**Esparto Community Services District**  
Dedicated to Safe Water and  
Responsible Waste Management

P.O. Box 349, 26490 Woodland Ave, Esparto, CA 95627  
Phone: 530-787-4502 Fax: 530-787-4219  
E-mail: ron@ecsd-ca.org

### NEWSLETTER

#### CONSERVING WATER IS GOOD FOR ALL OF US

The Esparto Community Services District is a nonprofit government agency, which charges only what it costs to operate and maintain the systems to meet all regulations. Included in this is planning for the future to allow for replacement of systems and parts which wear out and to be prepared for regulations that change. Developers are only required to pay for the demand on the system they add. Developers pay to extend services to them and also pay an inclusion fee that is set aside to fund future expansions.

**Using less water means using less energy. Energy is needed to pump, treat and distribute water. Conserving water saves the District money which means lower costs to customers.**

#### Water conservation in the home:

Inside the home water use is evenly distributed among appliances. Almost 30% is flushed down the toilet. Avoid unnecessary flushing of Kleenex, Band-Aids handy wipes, etc. Thousands of gallons each year can be conserved by replacing old toilets with ultra-low-flow toilets that use 1.6 gallons per flush or less.

#### Be a drip detective:

Check all faucets, toilets and appliances for water leaks and fix them. A leaky faucet that fills an 8 oz. container in 30 minutes or less could waste as much as 1225 gallons of water each year. A toilet running continuously could waste up to 3000 gallons of water a month. **SO DEATH TO THE DRIP!**

#### Turn it down:

The average bathroom faucet runs at the rate of 2 gallons of water per minute. Running a faucet at less than full flow conserves water and saves money. Turn the water off while you floss and brush your teeth.

#### Fill her up:

Running the dishwasher when it is only half full uses just as much water as full loads. Adjust the water level on the washing machine when it is not a full load to save water.

#### Efficient washing machines:

By replacing an older washing machine with a high-efficiency one, water consumption can be reduced from 40 gallons per load to less than 28 gallons per load. Think how much water you will save in a year!

#### SAVING WATER SAVES MONEY:

The less water you use, the less it costs the District, so the less we have to charge YOU. The new water meters required by the State of California will make it even more important to save water and be a drip detective. The State law on water conservation requires that everyone use water meters and water must be charged at what is known as an increasing block rate system. This means that you will be allowed a certain amount of water usage in the minimum charges. If you use more than the allowable amount, you will be charged for the usage. The more you use the more you pay. **Keep an eye on how much water you are using. The normal amount is around 10 units per month for inside use. Your usage is found on your monthly water bill. If you are using considerably more start looking for leaks, or think about how you can conserve water in your home.**

Submitted by Ron Loudon, General Manager/Supt. Esparto CSD



Mother's Day Sunday



**SPRING FLOWERS ~ ART ~ MUSIC ~ PICNICS**

*Self-guided visit to beautiful gardens. Tickets \$10 per adult. Children free.*

What a wonderful way to spend Mothers Day – touring the beautiful gardens of the Capay Valley! Come join in the delight of spring flowers on Sunday, May 9, 2010 strolling through many of the valley's finest gardens. Talk to the gardeners themselves and learn their secrets of success.

The tour will run from 11 a.m. – 4 p.m. and there will be refreshments to buy at several of the chosen gardens. Participants are encouraged to bring their own picnics to enjoy in the gardens or box lunches will be for sale at the Guinda Grange made with local fruits and vegetables. Plants and artwork will also be for sale at the Grange Hall. From the quaint town of Capay to the town of Rumsey, ten different gardens will be open throughout the day.

The cost of the tour is \$10.00 per adult (children are free). Tickets are available now at the Capay Valley Vision office in Esparto, the Corner Store in Guinda, Hayes Feed on Main Street in Woodland, the Redwood Barn Nursery in Davis, and Putah Creek Cafe in Winters.

Please call 530-796-3464 for more information and to make reservations.

This tour is a benefit and all proceeds will go towards establishing and enhancing the communities of Esparto and the Capay Valley.

Submitted by Dru Rivers



#### **Race for the Cure**

Gloria Bailey will be running in the Susan B. Komen "Race for the Cure" on Saturday, May 8 in Sacramento in memory of local women Kathy Barsotti, Linda Burrage, and Leslie Roath. If you would like to support her in this cause you can make out a tax deductible check to the Susan B. Komen Foundation, and drop it off at the Esparto Post Office.

Editor



**Early Learning – the Foundation for a Lifetime!**  
*Parental Involvement in Early Learning Benefits Kids and Teachers*

It is well established that providing children with quality early learning is essential in developing the language, cognitive and social skills they need to succeed in school and in life. That is why early learning teachers play a significant role in nurturing young children's growth and fostering a love of learning.

In honor of "California Day of the Teacher" on May 12, First 5 Yolo offers parents the following tips to help support teachers and providers in their goals to support healthy childhood development and help kids build a solid foundation for success.

**Get Involved:**

- Teachers and providers always appreciate when parents are actively involved in their kids' education.
- Talk to your children every day about their experiences at school and ask them what they learned.
- Attend open houses, PTA meetings and parent-teacher conferences to build a strong relationship with your child's teacher.
- Ask the teacher what you can do to get involved in your child's education.

**Meet With Your Child's Teacher:**

- Before meeting with the teacher, think about what you want to know and understand about your child's school experience and ask your child how he or she feels about school, the teacher and other students. Write down key questions you want to ask.
- During the meeting, be clear about what's being said. If you need clarification or have concerns about the teacher's answers, ask for further explanations until you fully understand what's being said.
- After the meeting, follow up at home with your child. Talk about what was discussed and focus on the positive and how to achieve any goals that may have been set.

**Communicate Often:**

- It can be challenging for busy parents to speak with teachers often, but there are many ways to maintain regular contact.
- Introduce yourself at least once in person and check in when you can through e-mail, handwritten notes or phone calls, depending on the teacher's preferences.
- Keep track of your children's progress, even if they are performing well. Teachers like to hear from parents and know they are engaged in their child's education.

**Read Daily:**

- Reading aloud to your children every day helps them develop skills for school success.
- Encourage your children's interest in books by talking about stories they like and providing books they will enjoy.
- Take time to read a book yourself. Kids learn by example, so if they see you reading, they will want to read, too!
- Spend time together at your local library looking for books, reading and attending events.

To learn more about early childhood education and First 5 Yolo's programs, services and resources, please visit [www.first5yolo.org](http://www.first5yolo.org).

**Compliments of First 5 Yolo**  
 530-669-2475 [www.first5yolo.org](http://www.first5yolo.org)



**"VALLEY SENIORS" PROGRAM AT RISE,  
 SCHEDULE FOR MAY 2010**

**SPONSORED BY THE YOCHA DE HE COMMUNITY FUND.**

If you are 55 or over, Please join us at RISE at 17317 Fremont Street in Esparto, next to Esparto Market and the D. Warren Insurance Agency.

JOIN US ON TUESDAYS & THURSDAYS, FROM 10AM-1PM FOR FOOD, DAY TRIPS, HEALTH, EXERCISE, CLASSES & INFORMATION:

- MAY 4:** 10:00 Tai Chi  
 11:00 Brunch at RISE  
 12:00 Nutrition with Laura Martinez (Carbohydrates)
- MAY 6:** 9:00-1:00 Brunch at Nordstrom's  
 Transportation provided with RSVP  
 Bring money for restaurant
- MAY 11:** 10:00-1:00 at RISE  
 10:30 Speaker: Peggy Phelps from Yolo Adult Day Center on Transition Planning  
 12:00 Lunch Served
- MAY 13:** 10:00-1:00 Meet at RISE for morning coffee  
 10:30 Computer Class, Meet at Esparto Library  
 Instructor: Malinda Baker, Yolo County Librarian  
 12:00 Lunch served at RISE, Inc.
- MAY 18:** 10:00 Tai Chi  
 11:00 Brunch at RISE  
 12:00 Nutrition with Laura Martinez
- MAY 20:** 10:00-1:00 Jan Lowry Cache Creek Preserve  
 Bring Bag Lunch: RSVP with Beth  
 Transportation Provided with RSVP
- MAY 25:** 10:00 Knitting Group: Hospice Hearts  
 Bring Knitting Needles. Yarn available, or bring specific color  
 Call 787-4110 for more information
- MAY 27:** 10:00 at RISE for Movie Day  
 12:00 Potluck Lunch

**Call Beth @ RISE, 530-787-4110 for questions and updates.**

Submitted by the RISE Staff

**Is Health Insurance for your Child a Problem??**

**In these difficult economic and health reform times, good health insurance coverage for your children may be a problem. There are three different publicly-supported options now available, which seek to assist many levels of incomes and urgent situations. You may qualify for at least one of these:**

- **MediCal**—For those families most in need. Job loss &/or changes in income power may now qualify you. Review of your eligibility situation is free.
- **Healthy Families**—Federally and State Supported with low premiums.
- **Serves the children of families who earn too much for MediCal help. Has low premiums. Once enrolled, your enrollment lasts for a year without further review. Find out today if you qualify.**
- **Healthy Kids**—Supported by local funds and efforts. This health insurance option seeks to insure that all children have access to health care. Higher income families can successfully utilize this option. Thanks to the generosity of the Yocha Dehe Wintun Nation, no qualifying local child will be put on a waiting list. Monthly premiums are low.

**Check these options out! Free!**

**If you are interested in further discussing any of these health insurance options, please call RISE Inc. at 787-4110 and ask for a screening appointment with Beth Conn-Ossenfort or Lupe Saucedo. Free. Confidential. RISE will also come to small groups or farm meetings to discuss these options with interested folks. Call today!**

Submitted by the RISE Staff



### Heirloom Tomato Tasting and Live Music at Capay Organic

*Silent auction and beverage sales to benefit*

*The Kathleen Barsotti Non-Profit for Sustainable Agriculture*

Come taste heirloom tomatoes and dance to live music under the oak trees at Capay Organic! Presented by Farm Fresh To You, this year's tomato tasting and music festival that takes place at Capay Organic farm on Saturday, July 10th. Arrive at 5 p.m. to enjoy farm trailer rides and art activities, in addition to a tasting of the farm's 10+ heirloom tomato varieties. Live music by **Mumbo Gumbo** and **The West Nile Ramblers** will play from 7 p.m.-11 p.m. Guests are encouraged to bring picnics. Local wine from Capay Valley Vineyards will be poured at the event, and farm fresh tacos and homemade popsicles will be available for purchase. Tickets are \$15 in advance by calling 800-796-6009 (advance ticket sales close on July 5<sup>th</sup>). Children under 12 get in free.

The Kathleen Barsotti Non-Profit for Sustainable Agriculture (KBNP) will be fundraising at the event via beverage sales and a silent auction featuring local artisan goods. Kathy founded Capay Organic and Farm Fresh To You – she was an innovative farmer and entrepreneur, and was loved by her community. KBNP was set up in her honor to promote sustainability. In 2009, the non-profit awarded a \$500 scholarship to a student from Winters and donated over 70 backpacks with school supplies to Capay Valley farm workers' children.

**WHEN?** Saturday, July 10, 2010 from 5pm-11pm

**WHERE?** Capay Organic, 23800 State Highway 16, Capay, CA 95607

**TICKETS:** \$15 in advance by calling 800-796-6009 (advance ticket sales close on July 5<sup>th</sup>), \$20 at the door; Under 12 get in free.

For information on this event and the farm's Second Saturday Farm Tours, visit their Facebook page at [www.facebook.com/farmfreshtoyou](http://www.facebook.com/farmfreshtoyou).

Submitted by Moyra Barsotti

## Viking Propane, Inc.

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**Contact us for all your propane needs  
and unbeatable service!**

- Above Ground & Underground Tanks
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- Water Heaters (Standard & Tankless)
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**17834 Railroad Street, PO Box 70**

**Madison, CA 95653**

**[www.vikingpropane.com](http://www.vikingpropane.com)**

**[vikingpropane@sbcglobal.net](mailto:vikingpropane@sbcglobal.net)**

**(530) 666-6996 or Toll Free 1-800-621-8221**

## HARVEST BUFFET

International dining at it's finest.



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## SHORT SALE HELP FOR STRUGGLING HOMEOWNERS

Linda Pillard is one of the few realtors that has earned the prestigious designation Certified Distressed Property Expert (CDPE), she completed extensive training in foreclosure avoidance, with a particular emphasis on short sales. She is trained to help families that are behind in their mortgage payment.

Short sales allow the distressed homeowner to repay the mortgage at the price that the home sells for, even if it is lower than what is owed on the property. This can save many people from foreclosure and even bankruptcy. More and more lenders are willing to consider short sales because they are much less costly than foreclosures.

1. **We negotiate with the banks in situations where a property owner owes more than the property is worth.**
2. **Our specialized negotiating techniques, packages and processes are specifically designed to get the bank to take less than is owed.**
3. **We handle ALL the paperwork, phone calls, follow-up and headaches so you don't have to.**

**If you need help or just want to talk about your situation please call Linda Pillard at (530) 713-6121. She is here to help the families in our community.**

Linda Pillard, ABR, CDPE, CRS, RDCPro, SRES  
National Real Estate #01208519



**Coming to  
Esparto  
Try it free the first week!  
May 11<sup>th</sup>**

Zumba fuses Latin and international rhythms with easy to follow dance moves (hip-hop, reggaeton, salsa, samba and merengue) to create a dynamic fitness workout. Routines feature interval training sessions where fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat.

Ejercicio de Zumba fusiona ritmos latinos y internacionales con fácil movimiento de seguir (salsa, samba, merengue hip hop e reggaeton) para crear un dinámico entrenamiento de ejercicio. Las rutinas tienen sesiones de entrenamiento en donde los ritmos rápidos e lentos, y el entrenamiento de resistencia se combinan para tonificar y esculpir su cuerpo, mientras se quema la grasa.

Clases empiezan a partir del Martes Mayo 11 en el salón de los Bomberos. Para obtener más información, llame al (707)365-3372 o mande un correo electrónico a [thanya\\_brasil@yahoo.com](mailto:thanya_brasil@yahoo.com). Nos vemos pronto.

**Classes start Tuesday May 11<sup>th</sup>  
Cost: \$45.00 per month  
Tuesdays 6-7 p.m. & Thursdays 6-7 p.m.**

Certified Zumba Instructor **Thania Coutinho**. Register with the instructor. Classes Beginning Tuesday at the Esparto Fire House. For more info contact [thanya\\_brasil@yahoo.com](mailto:thanya_brasil@yahoo.com), or call 707-365-3372.

## ELECTION OF THE BOARD OF DIRECTORS OF THE COMMUNITY MEDICAL CENTERS

### ELECTION NOTICE

During the month of June 2010, the Board of Directors of Community Medical Centers, Inc., will hold an election to fill up to thirteen (13) vacancies on its volunteer board of directors. Candidates may apply to fill these vacancies commencing Monday, May 3, 2010. Positions include both consumer (patients) and non-consumer (community leaders or health providers) seats. Federal guidelines require that the Board maintain a 51% majority of consumer membership. The number of seats to be filled will depend on the number of applications received for consumer positions and will be determined by the credentials committee prior to the election.

### CANDIDATES' QUALIFICATIONS:

Candidates must meet the following qualifications: 1) Must be at least eighteen (18) years of age at the time of election; 2) Must not have been judicially determined to be incompetent or under guardianship or conservatorship; 3) Must not have been convicted of a felony involving fraud with any government program, or other nature that may pose a potential risk to the Corporation; 4) Must have no legal, financial, or other conflict of interest with the corporation; 5) Must have no immediate family member employed by or contracted with the corporation; 6) Must have not worked for the corporation as an employee, contractor, or volunteer for at least five years prior to applying for membership; 7) Consumer candidates, the individual, or a household family member, must have a health record with a documented visit at a CMC clinic site during the past two years.

### GENERAL NOMINATING INFORMATION:

Persons wishing to apply may call Marianne Barnhouse at (209) 373-2834 to obtain an application. Applications must be completed and hand delivered or mailed to the attention of Marianne Barnhouse at 7210 Murray Drive, Stockton, CA 95210, no later than Monday, May 31, 2010. The credentials committee will notify the applicants by mail of their eligibility status.

### NOTIFICACIÓN DE ELECCIONES

Durante el mes de junio del 2010, la Mesa Directiva de los Centros de Salud de Community Medical Centers, Inc., sostendrá una elección para llenar hasta trece (13) asientos vacantes en la mesa directiva de la corporación (miembros voluntarios). Candidatos pueden aplicar para ocupar estos puestos comenzando el lunes, 3 de mayo del 2010. Los puestos incluyen tanto a consumidores (pacientes) y no-consumidores (líderes de la comunidad o proveedores de servicios de salud). Reglas federales requieren que la Mesa mantenga una mayoría del 51% de miembros consumidores. El número de asientos para llenar dependerá del número de aplicaciones recibidas para las posiciones de consumidor y será determinado por el comité de credenciales antes de la elección.

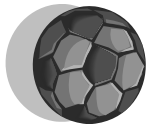
### REQUISITOS PARA CANDIDATOS:

Los candidatos deben tener las siguientes calificaciones: 1) Debe tener por lo menos dieciocho (18) años de edad al momento de convertirse en candidato; 2) No debe haber sido judicialmente determinado incompetente, bajo tutela o custodia; 3) No debe haber sido condenado de un crimen que implica el fraude con ningún programa del gobierno, u otra naturaleza que puede plantear un riesgo potencial a la corporación; 4) No debe tener conflicto legal, financiero, u otro interés con la corporación; 5) No debe tener a ningún miembro de familia inmediato empleado por o contratado con la corporación; 6) No debe haber trabajado para la corporación como un empleado, contratista, ni voluntario por lo menos cinco años antes de solicitar candidatura. 7) Los candidatos de consumidor, el individuo, o un miembro de familia de casa, deben tener un historial médico con una visita documentada en una clínica de CMC durante los dos años pasados.

### INFORMACIÓN GENERAL DE NOMINACIONES:

Las personas que desean aplicar pueden llamar a Marianne Barnhouse al (209) 373-2834 para obtener una aplicación. La aplicación debe ser completada y entregada a domicilio o por correo a la atención de Marianne Barnhouse en 7210 Murray Drive, Stockton, CA 95210, a más tardar el lunes, 31 de mayo de 2010. El comité de credenciales notificará por correo a los candidatos de su elegibilidad.

Submitted by the Staff at the Community Medical Centers



### Soccer Sign-Ups for the 2010 Fall Season

Capay Valley AYSO sign-ups will be Wednesday May 12, 2010 at the Esparto Elementary School from 5:30 p.m. to 7:30 p.m. Any child, from ages 4-18, is eligible to play soccer. Teams are filled on a first-come, first-served basis. Team formation is determined by volunteer availability and participation. Training is available for all volunteer positions. The registration cost to play is \$35 per player; additional siblings in the same family cost \$25 each. The uniform set which includes a shirt, shorts, and socks costs \$20. After June 1, 2010, the registration fee increases. Sign up early to receive the reduced registration fee.

The youth soccer program is an all volunteer, non-profit organization. Volunteer coaches, referees, and board members are needed to ensure a successful season. For more information about Capay Valley AYSO, visit: [www.capayvalleyayso.org](http://www.capayvalleyayso.org). The next Capay Valley AYSO board meeting is: Tuesday May 18, 2010 at 7 p.m. at Brian Paddock's house in Esparto. Contact Regional Commissioner Brian Paddock for more information: at 787-1725. All board meetings are open to anyone interested in providing the youth of this region with an opportunity to play soccer. Limited financial assistance is available to players from families experiencing economic hardship and who qualify. To make contributions to CV AYSO to sponsor low-income players, mail a contribution to: CV AYSO, P.O. Box 44, Esparto, CA 95627.

Submitted by Trini Campbell

### Capay Valley School House

A group of parents met in Esparto last month to discuss forming an independent study K-6 charter school. This is an ideal opportunity for families who want to be more involved with their children's education in a more flexible schedule, while still having the support of a formal classroom setting. A hybrid home/school structure is envisioned in a small school environment, with classes 3 days a week. In the mornings, a teacher will offer main lesson academic instruction and tutoring for reading, writing and math. The afternoons will offer Spanish, science, drama and arts. Choices of specialty classes and field trips will be planned throughout the year. On the fourth day of the week, families will have access to teacher consultation time. In the first year, this program will be funded thru a public charter school already operating in Yolo County. Families will receive individualized curriculum guidance from an experienced teacher, as well as a budget to spend on student educational materials. Classroom space is now being sought and there are a few more openings for the 2010-2011 school year still available.

If you would like more information, contact Elvira Paoletti at 796-4676 or email [elvirapaoletti@hotmail.com](mailto:elvirapaoletti@hotmail.com).

Submitted by Elvira Paoletti

### Weddings at Countryside Community Church

*If you or somebody you know is getting married, we want to encourage you to think about getting married at the picturesque Countryside Community Church. It is an ideal location, ideal for pictures, and with our economic times, an ideal price. We have friendly and helpful staff who can help you plan your dream day*

*the way you want,*

*Give us a call, we would love to hear from you!*

*(530)787-3586*

[www.countrysidechurch.us](http://www.countrysidechurch.us)

*Ask for Rev. Dr. Pamela Anderson*

*or for our wedding coordinator, Deb Jensen.*

*Submitted by Rev. Dr. Pamela Anderson*

## SPARTANS ATHLETICS

### 18th Annual High School



### Athletics Golf Tournament

**June 6, 2010**

**1:00 PM**

\*Registration begins @ 12:noon

**Yocha DeHe Golf Club**

Tournament Events

- 2 Longest Drive
- 2 Closest to Pin
- 1st on Green and More

Entry Fee: \$125.00 per player

Entry Includes:

Green Fees, Golf Cart w/ GPS, Range Balls, Tee Gifts, Personalized Score Card, Raffle, Banquet Buffet, T-Shirt, & Prizes

All Proceeds to EHS Athletics

Entry Deadline: May 14th

Contact: Jeff Lorenson @ 530-312-9957 or [jlorenson@espartok12.org](mailto:jlorenson@espartok12.org)

### Graduation Flowers Available

|                       |         |
|-----------------------|---------|
| Double Lei.....       | \$20.00 |
| Single Lei.....       | \$15.00 |
| Mixed Bouquets.....   | \$15.00 |
| Dozen Roses.....      | \$18.00 |
| Triple Rose Wrap..... | \$12.00 |
| Single Rose Wrap..... | \$5.00  |

All proceeds help support Esparto High School Floral Shop.

Pre-orders can be made by Phone 787-3405 ext. 225 or

Email: [acharter@espartok12.org](mailto:acharter@espartok12.org)

We will also have a booth at graduation.

Limited quantities available

Submitted by Amber Charter

### Matt's Lawn Care

**Full Service Weekly Lawn Care starting at \$50 per month:**

- Mow, Edge, Blow, Hedge Trimming,
- Weed Control and Fertilization
- Commercial and Residential Service
- Yard Clean Ups
- Lot Clearing
- Tree Removal
- Weed Abatement
- Pressure Washing
- Field Mowing
- Sprinkler Repair

Special Offer: Free Sprinkler System Inspection

*Expires: June 1, 2010*

**Matthew Milliron**

P.O. Box 896

Esparto Ca 95627

530-330-0093



## COMMUNITY CALENDAR

**AA meetings:** *Countryside Community Church*, located at 26479 Grafton St. on Tuesdays at 7:00 p.m. Call 1-800-970-9040 for more information.  
*Guinda Community Church*, Tuesday, Thursday and Saturday at 7:00 p.m. in Spanish.

**Ala-teen meetings:** meets at Guinda Community Church 16671 Forest Ave. Call Lynn for details at 787-4566 or Pastor Noble at 668-0870.

**Capay Valley Christian Fellowship:** meets at 11:00 a.m. on Sunday at 7588 St. Route 16, Guinda.

**Capay Valley Fire Commission Meeting:** meets the 2nd Monday of each month at 6:30 p.m. at the Guinda Fire Station.

**Capay Valley General Plan Advisory Committee:** meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.

**Capay Valley Vision Board:** meets on the fourth Wednesday of every month at the Library from 5:00 to 7:00 p.m.

**Countryside Community Church:** Sundays at 10:00 a.m. Worship Service and Sunday School.

**Dental Office in Esparto:** is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.

**Early Learning Center Program:** held from 9:00-11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church

**Esparto Baptist Church:** Worship and preaching service at 11:00 a.m. on Sundays. Bible Study on Sundays at 9:45 and Wednesdays at 7:00 p.m.

**Esparto Citizens Advisory Committee Planning Council:** meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.

**Esparto Community Services District:** meets on the 2nd Wednesday of each month at 7:00 p.m.

**Esparto Family Practice:** open Monday from 9:00 a.m.-1:00 p.m., Tuesday, Wednesday, Thursday and Friday from 2:00 to 6:00 p.m.

**Esparto Lions Club Meeting:** meets on the 1st and 3rd Thursday at the VFW hall 7:00 p.m.

**Esparto Regional Chamber of Commerce:** meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)

**Esparto Unified School Board Meeting:** meets on the 1st and 3rd Wednesdays at 5:30 p.m. at the Library.

**Food and Clothes Closet:** open on Wednesdays & Fridays at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.

**Friends of Esparto Regional Library Board of Directors' Meeting:** meets on the first Tuesday at 7:00 p.m. at the Library.

**Home Schooling Cooperative:** Call Anna Brait at 796-3801.

**Legal Services in Esparto:** free services offered on the 1st and 3rd Thursdays at the RISE office from 9:00 a.m. to 11:00 a.m.

**Guinda Community Church:** Sunday School for youth at 8:45 a.m. and Sunday Service at 9:30 a.m.

**Madison Advisory Committee:** Jan. 2010: 4th Thursday at 6:30 at the Madison Community Services District. No meetings in May, November or December.

**MEDI-CAL and Food Stamps Services:** Wednesday 2:00 to 4:00 p.m. at the RISE Inc. office. Call 787-4110 for appointments.

**Rotary Club of Capay Valley, Brooks:** meets at 7:00 a.m. every Friday at the C<sup>2</sup> Restaurant at Cache Creek Casino Resort.

**St. Martin's Church:** Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street

**Veterans of Foreign Wars (VFW), Esparto and Western Yolo Chapter,** meets on the 2nd Monday of each month, at 7:00 p.m., in the Esparto VFW Hall.

**Western Yolo Grange:** meets on the 2nd Thursday at 6:30 p.m. for a potluck dinner and meeting at the Grange Hall at 16787 Forrest Ave. in Guinda.

**WYORCA:** meets on the 2nd Thursday from 5:00 to 6:30 p.m. at the Esparto Library.

**RISE Collaborative Meeting:** meets the 3rd Friday at 9:00 a.m. at the RISE building (except August).

**WIC Services:** located in the Esparto Family Practice office at 17050 South Grafton St. on the 4th Wednesday. (2:00-6:00 p.m.)

*If you would like to include calendar events or change information, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.*



**Memorial Day May 31**

### Activity Calendar for May, 2010 (as mentioned in this paper)

- May 2: Rockin' in the Capay Valley at Club 88 at Cache Creek Casino at 7:00 p.m.
- May 3: Applications for Esparto State preschool available at Esparto Elementary School
- May 5: EUSD Board Meeting at 5:30 p.m. at Rumsey Community Hall
- May 6: Ag Task Force Meeting at 7:00 p.m. at the Esparto Library
- May 9: **Mother's Day**
- May 9: Mother's Day Garden Tour in the Capay Valley 11:00-4:00 p.m.
- May 11: Zumba Class begins in Esparto at the Fire House at 6:00 p.m.
- May 12: Chamber Mixer at the Capay Valley Vineyards Tasting Room
- May 12: Open House/Science Fair at Esparto Elementary School from 6:00-7:30 p.m.
- May 12: CV AYSO Soccer sign-ups at Esparto Elementary School from 5:30-7:30 p.m.
- May 18: CV AYSO Board meeting at Brian Paddock's home at 7:00 p.m.
- May 19: EUSD Board Meeting at 5:30 p.m.
- May 20: Esparto Writers' Group meets at the library at 6:00 p.m.
- May 22: Alternative Energy Fair at Heidrick Ag History Center
- May 28: Last day of school for Esparto Schools
- May 28: Esparto High School Graduation at 7:00 p.m.
- May 31: **Memorial Day Holiday**