

Valley Voice

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ALMOND FESTIVAL 2014



Pictured above are the four candidates for the Almond Queen Pageant. Left to right: Mariesa Cramer, EllaRose Eldon, Mikayla Shera, and Marlee Wallace.

Almond Queen Pageant

On Saturday, February 15, the Guinda Grange Hall held the annual Almond Queen Pageant to a full house. A delicious dinner was prepared and served by members of the Guinda Grange, and enjoyed by all present. Local area farmers donated much of the food served, including potatoes, broccoli, and lettuce. The Pageant began at 8:00 p.m. by Master of Ceremonies, Thaddeus Barsotti. Alexis Kersting, EHS Counselor, and Hallie Muller were co-coordinators of the pageant. The Rumsey Improvement Association is the sponsor of the Almond Queen Pageant.

Four Esparto High School seniors were candidates in the Pageant this year: Mariesa Cramer of Madison, EllaRose Eldon of Brooks, Makayla Shera of Guinda and Marlee Wallace of Guinda. There were three components to the contest: an essay, an interview, and the speech presentation. The essays and interviews were completed earlier in the process. On the night of the pageant, each candidate delivered a five-minute speech on the topic "How will your future achievements in education and work reflect on what you have learned as a member of the Capay Valley community?" After speaking, they were each asked a follow-up question on their speech, a current event question, and a fun question. The judges, Alice Meserve Manas, Frances Burke, and Joe Krovoza, had the most difficult task of the evening. Each judge lamented that judging was a more difficult task than they had originally anticipated because of the unique talents each candidate brought to the pageant.

Congratulations to Makayla Shea, 2014 Almond Queen, Mariesa Cramer, First Runner-Up, and Marlee Wallace, Miss Congeniality. The Almond Queen and her court spent their time visiting each town during the Almond Festival, making stops in Esparto, Capay, Guinda, and Rumsey.

Thank you to the Cache Creek Casino for the generous donation of a limousine for the Almond Queen to travel in during the Almond Festival Thanks also to the Scholarship Sponsors for this event, and to those who donated items for the raffle that was held during the pageant.

Submitted by Hallie Muller

All pictures in this edition were sent by Hallie Muller, Trini Campbell, Camilla Barry, Frances Burke and Melissa Jordan. Thanks to you all.

"Most Successful Almond Festival Ever"

So said long-time vendors in the Esparto town park, who were waxing poetic over the number of visitors. Other comments made to those of us in the Chamber Booth:

"I loved Rumsey! Everything was so beautifully displayed."

"The lambs at Rumsey and Guinda were very special!"
"Cars are packed end-to-end all up and down the valley!" (This said joyously, because it proved a good attendance.)

We sold out early!" from a number of food vendors.

"We had to keep refilling our stock...and couldn't keep up with demand."
"Thank you for putting on this festival!" from any number of visitors who handed in passports full of stamps proving they'd been to every stop on the route.

The *Almond Dessert Contest* had a record number of entries, from both adults and students. The 5 judges were wondering if they would have enough appetite to taste them all! (But that soon passed as they began sampling the wonderful food.) The youngest entrant was 11; the oldest...*well!* Cakes were decorated with almond blossoms, cookies were shaped like almond blossoms, candies featured almonds with chocolate or fudgy consistency, an ice cream was slightly melting but still absolutely delicious. **Rumsey House B&B** (www.rumseyhouse.com) awarded cash prizes of \$100 to first place, \$50 for second place in each division. **Ginger Elizabeth Chocolates** (www.gingerElizabeth.com) donated a \$50 box of gourmet candies to third place in each division.

The winners in each division were:

Adult: First Prize David Hayes' Hungarian Almond Torte,

Second Prize Linda Marshbanks' Fruit and Almond Nougat,

Third Prize Amy Lichty's Orange Almond Tea Bread

Student: First Prize Alyssa Noguera's Burnt Almond Cake,

Second Prize Samantha Scruggs' Hello Dolly Cookies, Third Prize Erika Barajas's Almond Cupcakes

Recipes will be featured in the next issue of Valley Voice; please watch for them.

This was my first opportunity as Chamber Executive Director and I was mighty nervous at coordinating the Almond Festival. The greater valley community really pulled behind me and made it a pleasurable experience and a true Capay Valley event. THANKS TO THE STEERING COMMITTEE AND OTHERS WHO VOLUNTEERED TIME, MONEY AND ADVICE. Listed below are some of the people who worked directly with me. If I have forgotten to list your name here, please remember my brain is fuzzy from yesterday's event and I will try to make it up in future editions of Valley Voice!

Pat Harrison
Alice Manas
Greg Kringen
Lori Day-Reynolds
Alan Humason
Gene Rutan
Shawn Rutan
Cindy Kringen
Trudie Martin

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Gretchen Ceteras Linda Wilson, Tico Zendajas Mike Leonard, Hallie Muller Keli Rutan-Jorgansen Gage Hutchens Christine DeMaria Candy Schaer Dru Rivers
Paul Muller
Bob Bramlett
Trini Melendrez
Fred Manas
Enid Williams
Lynette Hjerpe
Lindsey Metzger
Greta Taber

 $Cont.\ on\ pg.\ 3$

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For article inquires, call 787-4110, or send an e-mail message to Greta Taber, Editor, at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. All articles are due by the 20th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations and other criteria. Articles published do not necessarily express the views of the Valley Voice editor. The Valley Voice is published monthly by a partnership of the Yocha Dehe Wintun Nation, RISE, Inc., and the Esparto Unified School District.



Rain or Lack Thereof

At 4.12 inches, 2013 was by far the driest calendar year in the 125 years that the Taber family has kept rainfall records in the Capay Valley. January 2014 added only another .12, so in a thirteen-month period when average rain would total almost 28 inches, we received less than 4 and a quarter. It shouldn't surprise anyone who lived through it that 1976 held the previous record for low rainfall in a calendar year at 5.71 inches.

Rainfall years are more accurately represented by seasonal totals, though, and the California Department of Water Resources uses a season that starts with October and runs through the following September. By that seasonal standard, 1975-76 still holds the record low at 6.08 inches, followed by 1976-77 at 8.44. The only other totals below 10 inches came in two seasons back in the 1920's. If we get average rainfall for the rest of this season (which clearly is no sure thing) 2013-14 would come in at 8.59 inches.

Average very seldom has anything to do with Actual, when it comes to rain. Season to season there are wide variations. Just six years after the big drought of the Seventies, a total of more than 80 inches fell in 1981-82 and 1982-83. From 14 and a half to 80 is an amazing swing, but in the early Seventies, just before the drought, there had been two seasons with a total of almost 60 inches.

Unfortunately for the farmers and ranchers of the Capay Valley, this record-setting lack of rain comes after a period of typical lack of rain. Taking out the very wet December of 2012 and its runoff, leaves a total of about 30 inches of rain over the past three years. So there is no water available to be released from Clear Lake or Indian Valley Reservoir. So the hills, which are usually so green as the almonds bloom, sit brown and gray. So wells will be straining to irrigate the crops which farmers take the risk of planting.

Rain-clouds seem to be showing up in the distant forecasts, so maybe some actual precipitation will arrive and help the hills turn green, and keep our fields productive.

Submitted by Harmon Taber



Pictured above are students and staff at Esparto K8 School making a giant HEART for Heart Health Awareness (and Valentines Day).

Esparto Convenience Center Opens Two Days a Week

To help better serve the public the Esparto Recycling & Transfer Station is now open EVERY WEDNESDAY AND SATURDAY from 9:30 a.m. – 3:30 p.m. Also, they are now accepting cardboard for recycling, which is being accepted with other recycling materials.



Esparto Chamber News

A big thank you to all of our sponsors. Without these donors the Almond Festival would have not have been such a successful event.

2014 Almond Festival Sponsors

Gold:

Cache Creek Casino Resort

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Capay Canyon Ranch Western Yolo Grange

Rumsey Improvement Association

Country Villa Mobile Estates

Friends of Esparto Regional Library

Countryside Community Church Esparto Fire Station

(cont. from pg. 1)

Next year, of course, will be the 100th anniversary of the Festival and I look forward to even more community involvement.

Brief Chamber Notes: Come by and see our new chamber signs, please join the chamber if you haven't done so, and wait for news of our board meeting nights at which everyone is welcome.

Submitted by Camilla Barry Executive Director



Local Control Accountability Plan (LCAP) Submitted by Aida Buelna, Superintendent

The Local Control Accountability Plan (LCAP) committee has been working since October 2013, meeting on a monthly basis to develop a draft of the Esparto Unified School District LCAP.

As much as possible we have asked staff, parents, and community members to be a part of this committee and provide input into the Local Control Accountability Plan (LCAP).

The State Board of Education has issued the following guiding principles in the development of the plan:

- Simple—avoid duplication with other plans, jargon, and non-essential information
- Transparent—includes information necessary to demonstrate, describe, and explain how LCFF funding supports student performance and outcomes
- Local—expects information shared is highly contextual and supports the sharing of a local story.
- Performance-focused—emphasizes student performance outcome and avoids compliance-oriented information request and questions.

The committee has developed a Survey for parents and one for community members requesting their input as they moved toward the LCAP draft. This survey can be found on the District and School websites for parents and community members to provide input.

I encourage all parents and community members to visit our sites and take the survey so that we can utilize these results in formulating the district LCAP. Parents who do not have computer or internet access will be invited to attend a meeting where the computer labs will be made available with access to staff that can address any questions regarding the survey and how to navigate the tool.

Once the draft is written we will be holding a series of forums to share the draft and solicit input from parents, students, associations and community. The first of these forums will be held on March 24 in Marsh Hall at Esparto High School. Please check the high school marquee for times and locations of to more focus meetings. We ask that you make every effort to attend one of these meetings and provide us your input.

State Budget Proposal Eliminates Agricultural Education Incentive Grant

In his 2014-15 State Budget, Governor Brown proposed the complete elimination of funding for the Agricultural Education Incentive Grant, which supports high quality Agricultural Education standards in our public schools. This grant program is designed to provide matching funds for districts who commit to meeting state-approved program standards in Ag Education, including classroom instruction, supervised agricultural experience projects, and leadership training through the Future Farmers of America (FFA) student organization.

The Agricultural Education Incentive Grant currently supports local Ag Education programs and FFA activities in over 300 high schools statewide, with over 74,000 students enrolled in these programs offered in a wide variety of urban, suburban, and rural settings. Students enrolled in these programs are representative of California's social and ethnic diversity, with Hispanic students making up 51% of current Ag Education enrollment, while 35% are White.

"We are extremely disappointed that Governor Brown has proposed eliminating Ag Education funding in California, the leading agricultural-producing state in the nation" said Jim Aschwanden, Executive Director of the California Agricultural Teachers' Association. "These programs are vital if we expect to attract bright, talented, and innovative students to help meet the many challenges facing both agriculture and the state of California over the next several decades. The elimination of support for high quality, rigorous program standards sends a clear message to schools that agriculture and these programs are not important for the future of our state economy."

Submitted by Charlie Abee, Ag Teacher at EHS

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Views of the Almond Festival



Pictured above from left to right are Mariesa Cramer, 1st runner up, Mikayla Shera, Almond Queen, Diego Ochoa, Esparto High School Principal, and and Marlee Wallace, Miss Congeniality, visiting the Almond Festival.









Pictured above is Shirley Bramlett selling quilts at the Almond Festival. Center row far left are the Calvary Baptist musicians, middle are visitors at the Chamber booth, and Alyssa Noguera, winner student division with her burnt almond cake. Lower row far left is a young participant enjoying the pony rides, center is the sign for the pizzas sold in Rumsey and Hallie Muller with her nephew, Rowan.







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FREE PRODUCE DISTRIBUTION

For families with children ages 0-5 ONLY

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- **Educational Arts and Crafts** Mondays 11:15 a.m.—12:15 a.m. **Countryside Church Social Hall** 26479 Grafton St., Esparto

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- **Tiempo de Cuentos**
- **Arte Educativo** Lunes 11:15 a.m.—12:15 a.m. **Countryside Church Social Hall** 26479 Grafton St., Esparto Submitted by the RISE Staff







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Transition Fair to be Held at Woodland Community College

The Yolo County SELPA and Woodland Community College will be hosting the 17th Annual Transition Fair for high school students with special needs and their families who are interested in planning for their student's transition to adult living.

Community agency representatives will be on hand for presentations and questions. The event will take place on March 13, 2014. Attendees can drop in any time between 4:00 to 6:00 p.m. at Woodland Community College, 2300 E. Gibson Rd., Community Room, Building 800, Woodland. The event and parking are free. Please do not park in "faculty designated" spaces. RSVP to (530) 668-3786, FAX (530) 668-3827 or E mail: vinceena.irgens@ycoe.org.

Submitted by Vinceena Irgens, YC SELPA

HICAPP: Appointments available at RISE, for MEDICARE information. Book now for objective, no-cost info, not representing any insurance agency, by a certified trained HICAPP volunteer, at RISE Inc.

By appointment only. Call 787-4110 First Come, First Served.



Free Pancake Breakfast

On Sunday, March 2, Countryside Community Church will have a free Pancake Breakfast following the 10:00 a.m. church service. Sunday School is provided. Bring your friends and come join us! It will be a Mardi Gras theme, so come join the party! We are located at the corner of Fremont & Grafton.

For more information go to:
www.espartocountrysidechurch.org.
Like us on Facebook and if you're into
gadgets scan the QR code below with
your iPhone and you will be able to go
directly to our web page. Submitted by
Rev. Dr. Pamela Anderson





You are invited to join us at Calvary Baptist Church of Esparto!

Regular Weekly Services:

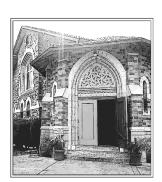
Alice Marsh Hall

Esparto High School

Sundays, 10:00 a.m.

Pastor Kris: 530-383-2106

A ministry of Calvary Baptist Church of Woodland Find us on Facebook – Calvary Baptist Church of Esparto



Sunday Service at 10am Sunday School provided for 3-10 year olds

Rev. Dr. Pamela Anderson, Pastor (Presbyterian Affiliation)

Called by Christ to Care Countryside Community Church

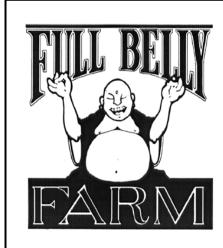
We are a "come-as-you-are" church that loves fellowship and is "Called by Christ to Care."

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For more exciting information about our programs for youth and adults go to

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RISE, Inc. Spring Break Intersession Program

April 14, 15, 16 & 17, 2014, RISE, Inc. will offer an intersession program for kindergarten – 5^{th} grade. Intersession activities include arts & crafts, staff-led outdoor play, special projects, and more! Kids help to make their own healthy breakfast, lunch and snacks, which are included. Preregistration for intersession is required. A minimum of 10 children must be signed up by April 7 or this intersession will be cancelled.

> **Dates:** April 14,15,16 & 17, 2014 **Hours: Location:** Esparto K-8, North Campus

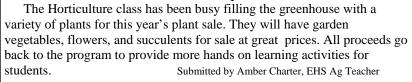
Cost:

\$10 per child per day Registration forms can be picked up at the RISE Community Center (17317 Fremont Street, Esparto) or at the After School Program at Esparto K-8 North Campus. Space is limited. If you have questions please contact Jose Vasquez (530) 908-1052 or jose@riseincservices.org Please check the Valley Voice for information on future intersession programs.

Submitted by the RISE Staff

Plant Sale

Esparto High School Agriculture Department March 22 from 8:00 a.m.-12:00 p.m.



James & Deborah Durst 26100 County Road 16 Esparto, CA 95627 530-787-3390



Ann Scheuring Resigns as a Member of the Friends of the Yolo County Archives Board

After serving on the Board of the Friends of the Yolo County Archives for eight years, Ann Foley Scheuring announced that she is leaving the board. She represented the community of Rumsey during her term.

This is only one of the areas of her many years of community service in Yolo County. She was also on the Planning Commission from 1986 to 1994. She was a member of the League of Women Voters in Davis for 20 years, and served a term as its president. She was a member of the Board of Directors for the International House in Davis and served a two year term for the Yolo County Mental Health Association. She also raised a family and taught at UC Davis.

Ann and her husband, David, moved to Rumsey in 1993 after she retired from the university. There they currently farm and raise walnuts, mandarin oranges and asparagus.

She has also written many publications and books, especially on agriculture, throughout her career. She wrote Abundant Harvest: The History of the University of California, Davis. She also wrote A Guidebook to California Agriculture. Her most recent publication (2010) is Valley Empires: Hugh Glenn and Henry Miller in the Shaping of California. (Glenn was known at the "Wheat King" and had Glenn County named after him, and Henry Miller was known as the "Cattle King"). Ann has definitely made her mark throughout Yolo County for her years of service to the community.

> Pictured below is the car show in Esparto, sponsored by Madison Fire Department.





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Esparto Lions Speech Contest

On February 6 the Esparto Lions Club held their annual Student Speakers' Contest in the Veterans of Foreign Wars Hall in Esparto. Four Esparto High School students participated in this contest. Those attending enjoyed a delicious meal prepared by Lion Gabe Galvan. Contestants and their families, Lions Club members, and the four judges were in attendance.

After dinner the Master of Ceremonies, Lion Nick McNicholas, outlined the specific rules for the speakers, the attendees, and the judges. The judges included: Trudie Martin, Camilla Barry, Enid Williams and Greta Taber. There were three time keepers, Lion Pat Harrison, Lion Frank Nichols and Lion Daniel Lopez; and two Tellers, Lion Joanne Crouse and Lion Jim Schulte, who added up the scores.

The student speakers (in order of presentation) were Marlee Wallace, a senior; Elizabeth Montes, a senior; Erika Barajas, a junior; and Mariesa Cramer, a senior. The prompt that they spoke to was "Community Service: What is it and Why does it Matter?" The girls were judged on how well they answered the prompt (text), the delivery of their speeches, and the overall effectiveness of their speeches. All students gave heart-warming speeches about their involvement in community service activities in this region.

Only one finalist was announced: Erika Barajas. She will advance to the next level (ZONE) in the Student Speakers' Contest on March 5 at the Reveille Clubhouse at 417 Lincoln Ave., Woodland, at 7:00 p.m. Congratulations, Erica!

Submitted by the Esparto Lions Club



Pictured left is Erika
Barajas, winner of the
Esparto Lions Club Student
Speakers' Contest, with
Lion Frank Nichols, the club
president.





BETTER FOOD FOR BETTER LIVING

As of October 2010, California named its nutrition assistance program CalFresh, which was formerly known as the Food Stamp Program. This federally funded nutrition assistance program is for low-income families and individuals. To find out if you qualify for CalFresh, call RISE Inc. at 530-787-4110 for an appointment.



Yolo County Sexual Assault and Domestic Violence Center Changes Its Name to Empower Yolo

The Sexual Assault and Domestic Violence Center (SADVC) has become *Empower Yolo*. The name change is an effort to more effectively encompass the philosophy of service, comprehensive programs and geographical reach of services offered by the agency.

While the name of the agency has changed, *Empower Yolo* is still Yolo County's primary victim service provider and violence prevention leader. Established in 1977, *Empower Yolo* is dedicated to the intervention, prevention and elimination of domestic violence, sexual assault, stalking, human trafficking, and child abuse in Yolo County.

The name change resulted from an awareness of barriers the old name created for those seeking services. Many people think that domestic violence and sexual assault are just women's issues, but *Empower Yolo* provides inclusive services to women, men, and children who have been victimized by violence and offers a child abuse treatment program for children who have been victimized by violence, sexual abuse, neglect, school or community violence, or who have witnessed violence in their homes. While the agency is well known as Yolo County's provider of domestic violence and sexual assault services; prevention and education are an integral part of its work – which the new name, *Empower Yolo*, more effectively encompasses.

In response, the February 12 launch of *Empower Yolo* kicked off the *Yolo Campaign for Change* – a ten day awareness-raising campaign on the prevalence of violence and *Empower Yolo*'s scope and geographical reach of services with an emphasis on the less recognized, unincorporated areas of Yolo County. The *Yolo Campaign for Change* is intended to be a community-wide engagement campaign, which encourages community members of Yolo County to join *Empower Yolo* in taking a stand against violence. To learn more about *Empower Yolo* and the *Yolo Campaign for Change*, visit our website at www.empoweryolo.org.

Submitted by Empower Yolo Staff

Reminder

All articles, ads, and announcements and payments for this paper are due to the following email address by the 20th of each month for publication in the next month's Valley Voice. Send to valleyvoice2@hotmail.com.



Des de octubre 2010, California denominó su programa de ayuda de nutrición asistencia CalFresh, que fue sabido anteriormente como el Programa de Cupón de alimentos. Este programa financió federalmente de ayuda de nutrición es para familias y individuos de ingresos bajos. Para averiguar si uste califica para CalFresh, llame a la oficina de RISE Inc. al numero 530-787-4110 para una cita.





Sock Hop



6:00-8:00 pm THURSDAY, March 13 Esparto North Campus

> \$1 Admission PTA members are free

Dinner \$3 Drinks \$1

Wear your poodle skirts and rolled up jeans Come listen to '50s and '60s music and rock around the clock

Children must be accompanied by an adult.



All proceeds to benefit the Esparto-Capay Valley 4-H Program

April 5, 2014 at the Guinda Grange Hall

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Pictured left are Trini Campbell, FERL President, with Wally and Nancy Remington who were honored for their service to FERL and the library.









Pictured above left are judges rating the entries for the Almond Baking Contest. Above right are young entrants waiting for the results of the contest. Directly above is a display of the gourds of Gretchen Ceteras in Rumsey Hall. Below is a caricature artist at Esparto Park.



Volume 16, Edition 3, March 2014

FERL Recognition Given

Nancy and Wally Remington received special recognition at the FERL annual meeting held in January for their dedication to the library in 2013. Nancy serves as the FERL Secretary. In this capacity she keeps records of all correspondence and meeting minutes. Along with acting as the FERL historian, Nancy goes above and beyond her officer duties by coordinating many FERL projects.

In 2013, Nancy chaired the Memorials, co-chaired Memberships with Claire Haag, organized the Children's Programs, and organized the Light Up the Library memorials/honor ornaments. She recruited her husband Wally Remington, a retired graphic designer, to create beautiful, colorful posters and flyers for all the FERL sponsored arts and sciences events.

The FERL board of directors are immensely grateful to the Remingtons for their commitment to the Esparto Regional Library, to FERL, and for their volunteer service in our community. They received an overnight stay in Calistoga as a gift of appreciation from the FERL Board of Directors. FERL would like to welcome Marian Nichols as the 2014 Memorials Chairperson and thank the FERL membership in attendance at the annual meeting for approving the re-election of FERL Directors Jon Durst and Nancy Remington. The next FERL Board meeting will be Thursday March 13, 2014 at 7:00 p.m. at the library. All community members interested in enhancing the library's programs are encouraged to attend. For more information please contact FERL President, Trini Campbell via email: trini@riverdogfarm.com or phone: (530) 249-0903.

Submitted by the FERL Board of Directors



Daylight Saving Time begins on March 9.

Spring begins on March 20.



GIVE ME A CALL TODAY!

000

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SPARTANS ATHLETICS

22nd Annual High School







Athletics

Golf

June 21, 2014 8:00 AM

*Registration begins @ 7:30 a.m. Wildhorse Golf Club

Tournament Events

- · Longest Drive
- · Closest to Pin
- · Putting contest and More

Entry Fee: \$115.00 per player
*Late registration will be \$135

Entry Includes:

Green Fees, Golf Cart, Range Balls, Tee Gifts, Lunch, & Prizes

All Proceeds to EHS Athletics Entry Deadline: May 30, 2014

Contact: Aida Buelna @ 530-787-3446 or abuelna@espartok12.org

Is Health Insurance for your Child a Problem??

In these difficult economic and health reform times, good health insurance coverage for your children may be a problem. There are three different publically-supported options now available, which seek to assist many levels of incomes and urgent situations. You may qualify for at least one of these:

- MediCal—For those families most in need. Job loss and/or changes in income power may now qualify you. Free review of your eligibility.
- Healthy Kids—Supported by local funds and efforts. This health insurance option
 seeks to insure that all children have access to health care. Higher income families
 can successfully utilize this option. Thanks to the generosity of the Yocha Dehe
 Wintun Nation, no qualifying local child will be put on a waiting list. Low monthly
 premiums.
- Check these options out! Free!

If you are interested in further discussing any of these health insurance options, please call RISE Inc. at 787-4110 and ask for a screening appointment with Beth Conn-Ossenfort or Lupe Saucedo. Free. Confidential.

Submitted by the RISE Staff









<u>Medical Services for the Entire Family</u> <u>Servicios Medicos Para Toda la Familia.</u>

At **Esparto Family Practice**, our providers look forward to partnering with you, and establishing a relationship that will benefit you now and in the years to come. Our providers seek to educate you and your family about health and illness.

En La Clinica Esparto Family Practice nuestros proveedores esperan colaborar con usted y establecer una relación que lo beneficiará ahora y en el futuro. Nuestros médicos lo educaran a usted y a su familia sobre la salud y las enfermedades



Call our office to schedule your appointment Llame hoy para una cita. Community Medical Centers

> 17050 Grafton street Esparto, Ca 95627 530-787-3454

Clinic Hours- Horario de Clinica Monday 9 a.m. to 1 p.m.

Lunes: 9 a.m. – 1 p.m.

Tuesday, Wednesday, Thursday and Friday 2 p.m. – 6 p.m. Martes, Miercoles, Jueves y Viernes 2 p.m. – 6 p.m.



PACIFIC ACE HARDWARE



Hope Everyone enjoyed the Almond Festival!

We have lots of great things on sale this month to help get your Spring clean-up done.

- Check out the yard tools—shovel, rakes, brooms and hoes for \$9.99.
- Get your lawn green and weed free. Ace fertilizer and Weed and Feed on sale.
- Now carrying ATV and Motorcycle batteries.
- We do rescreening—bring in those old screens and have them replaced in no time.
- ARRIVING SOON—Flower and Vegetable plants. We have lots of seeds too!

INSTANT SAVINGS!! No more Mail—in Rebates for Rewards Card holders. Come get yours today and start enjoying instant savings.



Warm wishes of Spring and Praying for Rain!!











Pacific ACE Hardware—Esparto: (530) 787-3800 Vacaville: (707) 448-2978 Winters: (530) 795-3368

"Spotlight on Safety" Chief Gary Fredericksen Yocha Dehe Fire Department

In the wake of a statewide water shortage, that has forced Governor Jerry Brown to declare a drought emergency, it is important that Californians do their part to conserve water by cutting their water usage by 20 percent. According to the California Department of Water Resources, Americans use, on average, 156 gallons of water a day. Cutting that number by 20 percent means cutting back on using approximately 30 gallons of water a day.

TIPS FOR CONSERVING WATER:

- Installing aerators on bathroom faucets can save 1.2 gallons of water a day, according to Save Our Water.
- You can save up to 10 gallons a day by turning off the faucet while brushing your teeth.
- Reducing your shower time in from 10 minutes to 5 minutes can also save 12.5 gallons of water a day.
- Replacing your toilet and installing a high-efficiency toilet is a more permanent solution that can save 19 gallons of water a day.
- It is important to be efficient when doing things such as the laundry and the dishes. Residents are encouraged to wait until the load is full, to maximize the usage of water. Waiting until the dishwater load is full could save up to 15 gallons of water.
- Homeowners can also save water by reducing outdoor water usage. Using sprinklers for 3 to 5 minutes less time could save 2 to 5 gallons.

DROUGHT STRICKEN AREA WILDFIRE SAFETY TIPS

- Residents living in drought stricken areas should reduce brush, trees and other flammable materials away from their home. A community that has adapted to fire is a better-protected community.
- Before building a campfire, check local regulations.
- Follow all public-use restrictions and access closures. It is important to check with local public agencies about closures before venturing off road.
- When putting a campfire out, drown it with water. Stir the fire with water and dirt until all fuel is cold to the touch. Never leave a fire until it is out cold.
- Campers are asked to be careful with gas lanterns, barbeques, gas stoves and anything else that can be a source of ignition for a wildfire.
- Each year, machinery and equipment are the cause of numerous wildfires.
 With a little extra care, most of these fires are easily preventable. Clean
 accumulated grass and debris away from exhaust systems and bearings.
 Make sure all bearings are lubricated. Service all spark arresters. Keep a
 shovel, water and working fire extinguisher on the equipment.
- Keep vehicles off dry grass. Exhaust systems can heat up to 1,000 degrees and ignite adjacent grasses and shrubs. Park only in designated parking areas or over non-flammable surfaces (such as graveled or dirt areas), and never in tall grass.
- Expect the unexpected and stay on designated roads and trails. When operating vehicles "off road" (or across grassy or brushy open fields), there are many hidden hazards that can disable a vehicle, bringing the exhaust system into prolonged contact with dry grass, or brush. Grasses and brush can also get caught beneath the vehicle and come into contact with the exhaust system, allowing the vehicle to spread fire over great distances.
- Report any sign of smoke or fire to an adult immediately. Children should not try to put out a fire themselves. This is a job for an adult.
- Children can easily learn about fire prevention. Additional fire prevention information for children can be found at www.smokey.com.

Remember, if you have any questions or concerns, please stop by your local fire department or give us a call at (530) 796-2500.

play the best. YOCHA DEHE GOLF CLUB TROON GOLF CASINO RESORT cachecreek.com



VALLEY SENIORS' PROGRAM AT RISE, SCHEDULE FOR March 2014

SPONSORED BY THE YOCHA DE HE COMMUNITY FUND

If you are 55 or over, Please join us at RISE; 17317 Fremont Street in Esparto, next to Esparto Market and the D. Warren Insurance Agency.

JOIN US ON TUESDAYS & THURSDAYS, FROM 9:00 a.m.-to Noon FOR FOOD, DAY TRIPS, HEALTH, EXERCISE, CLASSES & INFORMATION:

March 4: 9:00 Coffee

Calagrability Arthritis Prevention and Treatment

Lunch March 6: 9:00 Coffee

Legal Services of Northern CA & by Appointment

Lunch

March 11: 9:00 Coffee

9:30 Community Art Project: Creating a Mandala

With Mark Abildgaard

11:00 Lunch

March 13: 9:00 Coffee

10:00 Visiting Nurses to Speak Topic: TBA

11:00 Lunch

March 18: 9:00 Coffee

9:30 Calagrability Arthritis Prevention and Treatment

11:00 Lunch

March 20: Senior Trip All Day: Daffodil Hill, Volcano CA

March 25: 9:00 Coffee Potluck

Potluck Tuesday and Baking Bread

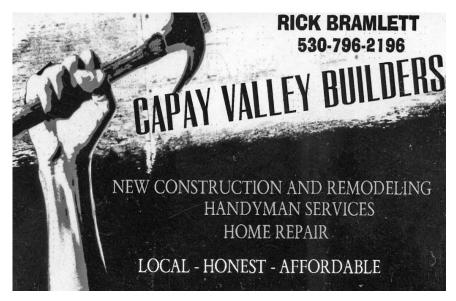
March 27: 9:00 Coffee & Exercise

10:00 Anel Moreno, Nutrition, Yolo County Health Dept.

11:00 Lunch

Call Beth at 787-4110 for updates and information.

Submitted by the RISE Staff



Esparto Little League Opening Day Ceremonies



It is time to dust off your gloves and bats and come out to join the fun season of baseball and softball!

When: Saturday, March 8 at 10:00 a.m. Where: Esparto Little League Field

Season Opener games will start immediately following the opening ceremony. We are still accepting late sign-ups for most teams. Register on-line: www.espartolittleleague.com or contact us at: espartolittleleague@hotmail.com.

Support from sponsorships is a crucial part of our organization. The funds raised from sponsorships help to cover operating costs. We want to thank the following sponsors who are generously supporting the Esparto Little League this year: A&M Painting, Burns Family, BZ Bee Pollination, Capay Canyon Ranch, Echarte's Squeeze Service, Ellis Family, Esparto Fire Department, Hog Canyon Deli, Milliron Feed, On Fire Fellowship, Pedroia and Sons, Road Trip Bar and Grill, Stephens Family, Viking Propane, and Wilbur Ellis. If you are interested in supporting Little League through sponsorship, please contact us at: espartolittleleague@hotmail.com.

Esparto Little League offers a fun environment for the youth of Esparto, the Capay Valley and surrounding communities to learn baseball and softball fundamentals, build self esteem, learn sportsmanship and discipline, and get outdoor exercise playing with their friends. The Little League program has opportunities for boys and girls ages 4-14 to play T-Ball, Baseball, and Softball.

Submitted by Marcy Stephens and Brandy Burns

Plant Sale

EVENT: Plant Sale and Workshops
DAY and DATE: Saturday, April 5, 2014
TIME: 9:00 a.m.- 1:00 p.m.

LOCATION: Woodland Community College – Horticulture Garden

2300 East Gibson Rd. Woodland

COST: Free

FOR MORE INFO contact the UC Cooperative Extension, (530) 666-8143 or http://ucanr.ucdavis.edu

Plant Sale and Garden Workshop event! There are 35 varieties of heirloom tomatoes, and other veggies, ornamental perennials, and flowers for the spring garden. FREE GARDEN WORKSHOPS on tomato growing tips, straw bale gardening and water wise gardening. The plant sale will continue on Saturdays thru May 10, 2014, 9 a.m. – Noon. Master Gardeners on hand to questions your garden related questions. RAIN or SHINE!

Submitted by Jim Schulte



Pictured above are the winners of the Almond Queen Pageant: from left Marlee Wallace, Mariesa Cramer, and Mikayla Shera.

Pet Adoption Corner

Have a pet that needs adopting? A litter of kittens? You are moving and need to find a new home for a cat or dog? Just lost a pet and want a new one? Send in the information and we will place it in this space.

All notices must be received by the 20th of each month for the next month's paper. Send to valleyvoice2@hotmail.com. Editor reserves the right to edit any notice. Send a picture if desired. Please give contact information. Adoptions are strictly between individuals.

Editor



Meet Petey! Petey is a happy fellow who is approximately two years old and weighs about 10 lbs. We think he is a Miniature Pinscher mix. He definitely has the outgoing min-pin personality with just a stub of a tail! Petey came into a local shelter with a severely injured leg. He went to UCD to have it repaired, and is now good as new! His leg does not slow him down at all and he will live life to the fullest, which is a good thing, because he's ready to go! Petey is an enthusiastic dog with a constantly wagging rear-end. He likes walks, other dogs, wants to play, will sit on a lap and is just an all-around good little guy!



Artemis is a grey and white Domestic Short Hair female who was born around May 5, 2013. She is a sleek creature, named after the Greek Goddess of the wild, because she is a survivor. Artemis is intelligent and checks out a situation before diving right in. She loves her brother Apollo and is okay with other cats. Artemis was born on the mean streets, but enjoys a warm lap and the comforts of home. Come and meet this wonderful girl!





Bagheera is a black Domestic Medium Hair male who was born around November 23, 2013. He is a very sweet little boy that loves to cuddle and especially burrow. One of his favorite places to sleep is under his plush blanket. Bagheera also loves playing with his foster siblings and can hold his own against cats twice his size, aptly earning his name. (He is named after a tiger in Kipling's Jungle Book stories, who is tamed by Mowgli.) Bagheera doesn't have much experience with dogs, but he's an incredibly brave kitten that has no problem adjusting to new situations. He's usually a pretty quiet kitten, except when there's food involved. He has no problem letting you know when it's breakfast time! Bagheera also loves exploring the outdoors on his little harness and leash. If you're looking for a playful, cuddly, little boy, then Bagheera is perfect for you!

These pets are available at Yolo County SPCA. Please fax (530-231-2969) or email (cats@yolospca.org) or (dogs@yolospca.org) for an application. Our application, as well as a full list of our adoptable animals, can be found at yolospca.org.

Please contact Yolo County SPCA at cats@yolospca.org or dogs@yolospca.org.

Submitted by Yolo County SPCA

Calendar for March 2014

March 1: Family Contra Dance at the Guinda Grange Hall at 7:00 p.m.

March 2: Pancake Breakfast at Countryside Church after service

March 8: Opening Ceremonies for Little League at Little League field at 10:00 a.m.

March 9: Daylight Savings Time begins

March 13: Transition Fair at Woodland Community College at 4:00 p.m.

March 13: PTA Sock Hop at Esparto K8 North Campus at 6:00 p.m.

March 13: FERL Board Meeting at Library at 7:00 p.m.

March 17: St. Patrick's Day

March 20: Spring begins

March 20: Valley Seniors' Trip to Daffodil Hill (all day)

March 24: EUSD LCAP meeting in Marsh Hall at Esparto High School

March 22: Plant Sale at Esparto High School at 8:00 a.m.





\$15 Cat Spay/Neuter \$20 Dog Spay/Neuter

* Includes vaccinations and microchip ID with lifetime registration



With spay/neuter your pet could be healthier, wander less and behave better!

Visit sacanimal.org

starting on Saturday, January 18 to apply for an appointment

COMMUNITY CALENDAR

AA: Countryside Community Church, located at 26479 Grafton St. on Tuesdays at 7:00 p.m. Call 1-800-970-9040 for more information.

Spanish AA: next to the Esparto Grab 'n Go Market at 16814 Fremont Street on Mondays, Wednesdays, and Fridays from 7:00 to 8:00 p.m.

Al-Anon: Countryside Community Church on Tuesdays from 7:00 p.m. to 8:00 p.m.

Calvary Baptist Church: meets at 10:00 a.m. on Sunday at Alice Marsh Hall at the Esparto High School.

Capay Valley Christian Fellowship: 11:00 a.m. adult Sunday school; 11:45 a.m.: social; 12:10-1:10 a.m. worship and children's Sunday school at the Guinda Community Church

Capay Valley Fire Commission Meeting: meets the 2nd Monday of each month at 6:30 p.m. at the Guinda Fire Station.

Capay Valley General Plan Advisory Committee: meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.

Capay Valley Vision Board: meets on the third Wednesday of every month at the CVV office at 5:30.

Countryside Community Church: Sundays at 10:00 a.m. Worship Service and Sunday School.

Dental Office in Esparto: is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.

Early Learning Center Program: held from 9:00 to 11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church

ECV Joseph Zumwalt Chapter 169: meetings on the first Monday of each month at 7:00 p.m. at Rose's Island in Esparto. Must be a Clamper. 681-3412 for info.

Esparto Citizens Advisory Committee Planning Council: meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.

Esparto Community Services District: meets on the 1st and 3rd Wednesdays of each month at 7:00 p.m.

Esparto Family Practice: open Monday from 9:00 a.m. to 1:00 p.m.. Tuesday, Wednesday, Thursday and Friday from 2:00 to 6:00 p.m.

Esparto High School Ag Boosters meets on the third Wednesday of each month at 6:00 p.m. in the Ag Classroom at the high school.

Esparto Lions Club Meeting: meets on the 1st and 3rd Thursdays at the VFW hall 7:00 p.m.

Esparto Regional Chamber of Commerce: meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)

Esparto Unified School Board Meeting: meets on the 2nd and 4th Wednesdays at 6:00 p.m. at Alice Marsh Hall.

Esparto Writers' Group: meets the 3rd Thursday of each month at the Library at 6:00 p.m.

FFA Ag Boosters: meet on the 3rd Wednesday of each month at 6:00 p.m. in the Ag classroom at the high school.

Food and Clothes Closet: open on Wednesdays 9:00-12:00 and Fridays 3:00-5:00 p.m. at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.

Food Bank Food Give-Away: fourth Monday of each month from 11:00 to 12:00 p.m. at the RISE office.

Friends of Esparto Regional Library Board of Directors' Meeting: meets on the third Tuesday at 7:00 p.m. at the Library.

Home Schooling Cooperative: Call Elvira Paoletti at 796-4676.

Legal Services in Esparto: free services offered on the 1st Thursdays at the RISE office from 9:00 a.m. to 11:00 a.m.

Guinda Community Church: Sunday Service at 9:00 a.m.

Madison Advisory Committee: 4th Thursday at 6:00 p.m. at the Madison Community Services District. No meetings in May, November or December.

Madison Community Committee: 3rd Thursday at 8:30 a.m. at the Madison Community Services District.

MEDI-CAL and Food Stamps Services: Wednesday 2:00 to 4:00 p.m. at the RISE Inc. office. Call 787-4110 for appointments.

New Life Christian Center: Sunday Service at 11:00 a.m. with Junior Church on the 1st and 3rd Sundays for ages 5-10. Wednesday Bible Study at 7:00 p.m.

On Fire Fellowship of Esparto: Sunday service at 11:00 a.m.. Bible Study: Wed. at 6:30 p.m. Youth Group: Fri. at 6:30 p.m.; Ladies: 1st/3rd Tues. at 6:30 p.m.

Rumsey Improvement Association: Potluck dinner and meeting on the 1st Monday. 6:00 p.m. social; 6:30 p.m. dinner; 7:10 p.m. meeting at the Rumsey Hall

St. Martin's Church: Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street

Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 2nd Monday each month, at Post Home, Orleans St. and Highway 16.

Western Yolo Grange: meets on the 3rd Tuesday at 6:00: social, and 6:30 p.m.: potluck dinner and meeting at the Grange Hall at 16787 Forrest Ave. in Guinda.

WYORCA: meets on the 2nd Thursday from 5:00 to 6:30 p.m. at the Esparto Library.

RISE Collaborative Meeting: meets the 3rd Friday at 9:00 a.m. at the RISE building (except August).

Yolo County WIC Services: located in the Esparto Library at 17065 Yolo Ave., the 1st Wed. 8:00-12:00; and 3rd Wed. of each month from 8:00-4:00p.m. Call (530) 666-8445 **4-H:** meets at 6:30 p.m. on the 2nd Monday of each month at the Community Center in Esparto.

If you would like to include calendar events or change information, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.



March Calendar of Events is on Page 15.

