

Valley Voice

Capay, Brooks, Guinda, and Rumsey

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BIG THANK YOU! FOR COMMUNITY

It could not have happened without YOU!

Thank you to all the organizations and individuals, that made this holiday special for so many less fortunate families! Thank you to the Esparto and Madison Fire Departments, the Esparto Elementary and Esparto Middle Schools, and the churches throughout the Madison, Esparto and Capay Valley area who pitched in to help their friends and neighbors. Thank you to the Yolo County Food Bank for donating food toward the Annual Christmas Food Box Drive and also thanks to the anonymous donors who gave food and money to fill in gaps and round out the Annual Christmas Food Box Drive effort. Special coordination and collaboration thanks to the Countryside Community Church and the local Esparto Food Bank. There was "biker help" too - thank you to Renegade Classics' Toy Run for the toys included in the Boxes. Also, a special thank you to Donna Bahneman's Human Services Class at Woodland Community College for providing some needed items for the homeless in our area. Last, but not least, thank you to the numerous volunteers who picked up, sorted, packed and delivered food for the Annual Christmas Food Box Drive for 2009. You know who you are – and you are special to the effort. Our community was able to fully assist over 70 Madison-Esparto-Capay Valley families this year because of the generosity and spirit of cooperation of so many.

Submitted by Countryside Community Church, Esparto Food Closet, RISE Inc.

CalTrans Final EIR for SIP on Highway 16 Released

Informational note for those who did not receive the word: the final Environmental Impact Report for the CalTrans Highway 16 Safety Improvement Project has been released and can be found at this website: http://www.dot.ca.gov/dist3/projects/yolo16/documents.html. A hard copy of this document can also be viewed at the Esparto Library. This project extends from Interstate 5 west through Madison and into the Capay Valley as far as Brooks. Editor

> January 18 Martin Luther King's Birthday Observance (Holiday)

"We must work unceasingly to uplift this nation that we love to a higher destiny, igher plateau of comp to a more noble expression of humanness." **MLK**



The Esparto Lions' participated in and contributed gifts and wrapping paper to the Children's Shopping Day held on December 13. See story on page 9.



HOLIDAY HELP!!

Serving Madison, Esparto,



Citizen of the Year Award Presented to Linda Wilson

Linda Wilson was presented with the Citizen of the Year award by the Western Yolo Grange at their December 17 meeting. Marian Nichols, secretary of the organization, presented the award, and stated that Linda has served the Capay Valley and Esparto communities for many years in a variety of ways.

Over the years Linda has held several offices in the Rumsey Improvement Association. An active volunteer and member of the Capay Valley Volunteer Fire Department, Linda responds to emergency medical and fire calls. For years she served as a classroom volunteer at Esparto Elementary School, volunteered on District committees and most recently headed the School Attendance and Review Board for the Esparto School District. Linda has worked behind the scenes at the annual Capay Valley Christmas program for over fifteen years. For several years she has been directly in charge of the Almond Queen Pageant, overseeing the many details involved in this important

Congratulations to Linda on this well-deserved award! Submitted by Marian Nichols of the Western Yolo Grange

Valley Voice **Subscription Form**

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is a perfect way to keep up to date with all the Capay Valley news and events. Complete the order below.

Name: Mailing Address: City, State:

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Please Select:

☐ One Year: 12 editions (\$25.00)

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Please make checks out to RISE, Inc. Mail to: RISE, Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office in downtown Esparto at

16858 Yolo Ave. .

VALLEY VOICE **AD RATES**

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Business-card size: \$25 per month 1/4 page: \$50 per month 1/2 page: \$100 per month Full page: \$200 For more information, and

yearly discounts, call 787-4110

The Valley Voice Needs YOU!!

The Valley Voice is a community newspaper. It is generously supported by local advertisers, public agencies, and the Tribal Council of the Rumsey Band of Wintun Indians. It is published and designed for and by the Capay Valley Region. It is free to every residence. A "Committee of Local Citizens" helps to determine the paper's mission, publishing priorities, and best approaches to sustain the community's overall support and interest.

The Valley Voice Citizen Committee is open to all volunteers. It meets only as needed – a commitment of only 15-20 hours per year! Please let us know if you would like to participate in these meetings – we would be pleased to notify <u>vou</u>! Thank you for your interest!

To advise the paper of your interest to serve, please call 787-3433 and leave your name, address & phone number OR email the Valley Voice at

valleyvoice2@hotmail.com

OR mail your name, address and phone number to the Valley Voice, c/o P.O. Box 133, Esparto, CA 95627.

The Valley Voice P.O. Box 133 Esparto, CA 95627

For article inquires, call 787-4110, or send an e-mail message to Greta Taber, Editor, at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. All articles are due by the 20th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations and other criteria. The Valley Voice is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants. Foundations, and local community service organizations. Articles published do not necessarily express the views of the Valley Voice editor or committee.

Yocha Dehe Wintun Nation Announces \$777,149 in Grants

Yocha Dehe Wintun Nation recently announced the 4th quarter grants from the Yocha Dehe Community Fund. Eleven nonprofits were approved for funding by the Tribe's Community Fund Board on December 17, 2009. Of the eleven, all but one organization is in Yolo County or the Sacramento area.

Organizations to receive grants from the Yocha Dehe Community Fund in the 4th Quarter of 2009 include:

- Williams Fire Protection Authority The grant will be used to purchase equipment used in responding to traffic accidents
- St. John's Shelter for Women and Children The grant will be used to fund a transitional program for low-income mothers and their children
- Big Brothers and Big Sisters of Greater Sacramento The grant will be used to expand mentoring programs in West Sacramento

Over the past decade, the Community Fund has provided nearly \$18 million in financial support to nonprofit organizations and service providers in Sacramento and Yolo Counties, and other organizations supporting the Fund's goals in education, community health, arts and culture, the environment, community development and social services. The Community Fund was one of the first to be established by a Native American tribe in California and is a recognized leader in local charitable giving.

Submitted by Johanna Dalton of Pyramid Communications



Loving Hands Pre-school and Daycare in Esparto
Hours of operation are from 6:30 a.m. to 5:30 p.m.
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CAPAY VALLEY VISION

Preserving a sense of place

Capay Valley Vision Feedback

Recreation District: Meetings continue and momentum is growing as additional organizations are becoming interested in the formation of a Recreation District as a CSA (County Service Area) in the Madison and Esparto area. The interest was prompted by the Yolo County Parks and Natural Resources desire to divest itself of the Esparto Park and by a LAFCO report which outlined the two possibilities for this to be accomplished. LAFCO recommended that parks and recreation be a part of MERCSA (Madison Esparto CSA), or the creation of a new CSD (Community Service District). The groups involved are moving to ask the County under MERCSA to expand their zone of benefit to include parks and recreation. Currently, we have met with four of the Yolo County Supervisors and have received their support. In addition, there is a grant application that the community will be seeking under the auspices of Yolo County to help in building new recreation facilities in Esparto. The letter to support the formation of the new district goes before the Board of Supervisors in January. To date, the organizations supporting this include: Capay Valley Vision, New Seasons Community Development Corporation, Knights of Columbus, ECAC, Junior Spartan, WYORCA, Esparto PTA, Madison Community Committee, Esparto Little League, Capay Valley AYSO, RISE Inc., and the Capay Valley Rotary Club. We are still seeking support from other organizations that are working on recreation needs in our community. If you are interested and have not been contacted, please let Trini Campbell of WYORCA know at trini@riverdogfarm.com.

Energyshed: The project is now in the hands of the UC Davis staff who are furiously working on tabulating the information received from all of the organizations, individuals, farms and businesses that have generously given of their time to fill out surveys and encourage their neighbors to do so also. Next up will be meetings in the first of the year for planning the implementation of energy strategies for the Capay Valley. Thanks to the following organizations for fostering this project:

- Capay Valley Vision, Capay Valley Grown, Capay Valley Rotary Club, Esparto Citizen's Advisory Committee, Esparto Community Service District, Esparto District Chamber of Commerce, Esparto Unified School District, Madison Citizen's Advisory Committee, Madison Community Committee, New Season Community Development Corp., RISE Inc., Rumsey Improvement Association, USDA National Resources Conservation Service, Western Yolo Grange, Yolo County Farm Bureau, Yolo County Flood Control and Water Conservation District
- And of course, the University of California, Davis and the Yocha Dehe Wintun Nation

To energy savings in 2010!

New Board Member:

Capay Valley Vision was happy to add a new Board member in November. Barry Burns, Fire Chief in Esparto, has graciously agreed to join our Board of Directors. We look forward to his knowledge and expertise in the coming years.

We are thankful in 2009 for the projects and work that all of the community organizations have achieved. Whether it is the Middle School Multipurpose Room, or the restoration of Lindbergh Building and ACE Hardware on its way; or the new Streetprint in Esparto; or saying goodbye to TANC and the Re-entry Facility, we say thanks to all of the volunteers in this community who make things happen! **Happy Holidays and a toast to 2010!**

Submitted by Sue Heitman, Executive Director of CVV



News from Esparto Unified School District Submitted by Aida Buelna, Superintendent

<u>School Board Meetings</u>: The School Board will hold board meetings in Madison and Guinda or Rumsey in the early part of the year. We shall keep you posted on these dates and locations for the Spring Board meetings.

<u>Visitations</u>: We welcome all parents and community members on our campuses. Please remember that you must check in with the office when you are on any school campus. If you would like to visit classrooms, please feel free to contact the front office and make an appointment to visit your teacher's classroom. All staff welcome the opportunity to answer your questions and address any of your concerns.

<u>Surveys</u>: In the month of January please expect a survey from your child's school. We shall be asking parents to give us feedback on how well we are doing at school. The survey will range from administration, teachers, homework, curriculum and school climate. We ask that you fill out the surveys and return them to the District office. We shall publish the results of these surveys in an upcoming issue of the Valley Voice. Thank you in advance for your cooperation in filling out the school surveys. Your opinion matters to us!

Community Input: We shall be holding a community forum where we shall ask parents and students to share the characteristics they would like to see in the next principal of Esparto High School. This forum is scheduled for Monday, January 11, 2010 from 5:30 to 6:30 p.m. in the Alice Marsh Social Hall. If you can not make this forum please email, write, call or come by to share with me what characteristics you would like to see in the next principal at Esparto High School. All recommendations will be consolidated and shared with the interview panels prior to beginning the interview process. I can be contacted at abuelna@espartok12.org, (530) 787-3446; 26675 Plainfield Street, Esparto, CA 95627.

It is my sincerest wish that all of you enjoy your time with family and friends.

Important Dates to Remember:

Return to School: Monday, January 4, 2010 Minimum Days: Monday, January 11, 2010 Monday, January 25, 2010

School Holiday: Observance of Martin Luther King Jr. Day on

Monday, January 18, 2010



Patrick Scribner_



Certified Public Accountant

507 First Street, Suite B Woodland, CA 95695

(530) 666-2727 Fax: (530) 668-6822

email: pscpa@pacbell.net



VALLEY SENIORS' PROGRAM AT RISE, SPONSORED BY THE RUMSEY COMMUNITY FUND.

If you are 55 or over, please join us at 17317 Fremont Street in Esparto, next to the Esparto Supermarket and D. Warren Insurance Agency, in the RISE Community Room. Everyone is welcome!

SCHEDULE FOR JANUARY 2010! TUESDAYS & THURSDAYS: 10 A.M.-1 P.M. HOT TOPICS FOR JANUARY INCLUDE: FOOD, DAY TRIPS, LEARN NEW SKILLS, AND "MIX-IT-UP."

JANUARY 5: SHARE PHOTOS & HEALTH CLASS

HOT COFFEE: 10 A.M. & FOOD AT 11 A.M. JANUARY 7: CROCKER ART MUSEUM 10 A.M.- 4 P.M.

LUNCH OUT

JANUARY 12: COMPUTER INTRODUCTION

BRUNCH AT 11 A.M.

JANUARY 14: WII BOWLING & LUNCH at Cache Creek Golf Course Restaurant

JANUARY 19: SCRAPBOOK PAGE & HEALTH CLASS

BRUNCH AT 11 A.M.

JANUARY 21: MALINDA BAKER, ESPARTO LIBRARIAN

"GROUP DIGITAL STORY"

LUNCH AT NOON

JANUARY 26: CALIFORNIA RAILROAD MUSEUM

10 A.M.-4 P.M. LUNCH OUT

COMING IN FEBRUARY: JELLY BELLY TOUR; HEIDRICK MUSEUM; GREAT AMERICAN BAKE SALE

Look forward to demonstrations, outings and special events. Call Beth @ RISE if you have any questions at (530) 787-4110. Submitted by the RISE Staff





Fresh, organic fruits & vegetables delivered to the Capay Valley Vision office in Esparto every Wednesday.

Farm Stand open every Friday from 2-6 p.m. At Full Belly Farm (Road 43) For more information, call (530) 796-2214.

Making Sure Holiday Toys are Safe

The Yolo County Lead Poisoning Prevention program seeks to educate parents, teachers, and child and health care providers on the dangers of lead poisoning. Even small amounts of lead can have a lifelong effect on brain development and learning of children. Lead can be found in paint manufactured before 1977 in the United States and even today in some imported painted products such as toys, dinnerware, jewelry, and candies. The Consumer Protection Safety Commission (CPSC) recently discussed new federal safety rules that are in place for toys. The new rules include lowering the acceptable amount of lead and phthalates in toys and expanding the categories of toys that fall under mandatory lead testing.

So far in 2009, CPSC has had 38 toy recalls. Toy recalls involving lead paint are also down. In 2009 there have been 14 recalls involving lead, down from 63 in 2007 and 85 in 2008. Here are some general safety steps consumers can take to make sure toys are safe:

<u>Scooters and other Riding Toys</u>: Riding toys, skateboards, and in-line skates go fast and falls could be deadly. Helmets and safety gear should be worn at all times and be sized to fit. <u>Small Balls and other Toys with Small Parts</u>: For children younger than age three, avoid toys with small parts, which can cause choking.

<u>Balloons</u>: Children can choke or suffocate on un-inflated or broken balloons. Keep un-inflated balloons away from children younger than eight years old. Discard broken balloons at once

Magnets: For children under age six, avoid building or play sets with small magnets. If magnets or pieces with magnets are swallowed, serious injuries and/or death can occur. Also remember to immediately discard plastic wrappings or other packaging on toys before they become dangerous play things. Keep toys appropriate for older children away from younger brothers or sisters. Charging batteries should be supervised by adults. Pay attention to instructions and warnings on battery chargers. Some chargers lack any device to prevent overcharging.

For more information on preventing lead poisoning go to the Yolo County Lead Poisoning prevention website at www.yolocounty.org/Index.aspx?page=128 For more information about the Consumer Protection Safety Commission visit their website www.cpsc.gov.

Submitted by Cheryl Boney, Deputy Director Public Health Programs

Community Medical Centers

Esparto

17050 Grafton Street Esparto CA 05627 (530) 787-3454

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Consejería y Educación de Salud
Proveedores de examines de CHDP-Servicios de WIC

Clinic Hours—Horario De La Clinica

Monday: 9:00 a.m. to 1:00 p.m.
Tuesday, Wednesday, Thursday, and Friday: 2:00 p.m. to 6:00 p.m.
Lunes: 9:00 a.m.-1:00 p.m.
Martes, miércoles, jueves y viernes: 2:00 p.m.-6:00 p.m.

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- Whole house filters and sand traps
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- Insulation of pipes
- Mainline replacements/repairs
- Waterline replacements/repairs
- Re-pipes of sewer and water
- Sprinklers and Irrigation



Call (530) 402-6859 Ask for Jerry Business license #1115 FREE DENTAL SCREENINGS FOR CHILDREN HOSTED BYCOMMUNICARE HEALTH CENTERS

Fluoride Treatment Included

<u>What:</u> The Peterson CommuniCare Health Center in Woodland is hosting free dental screenings and fluoride varnish for Yolo County children ages 0 to 5. The clinic is one of several held to increase access to oral-health care for children. The importance of early dental care and fluoride use to prevent tooth decay will be emphasized. **Spanish language translators will be available.**<u>Why:</u> Tooth decay is the single most prevalent childhood disease. About one-third of California preschool children have untreated tooth decay and almost two-thirds of children will have dental decay by the time they reach third grade. Untreated tooth decay can cause pain and infection which can lead to problems with nutrition, growth, school readiness and speech. With access to health care as a critical concern, the Yolo County Children's Health Initiative and First 5 Yolo are teaming up with CommuniCare Health Centers to help children receive the vital oral health care they need.

When: Saturday, January 23, 2010 from 8:00 a.m. to 3:00 p.m.

Where: CommuniCare Health Centers

8 N. Cottonwood Street, Woodland, CA (530) 666-8954

<u>Visuals:</u> Oral health evaluations, fluoride treatments, photo opportunities with Yolo County children and families.

Appointments: Parents are asked to call (530) 666-8954 for an appointment and mention "Saturday Clinic."

Dental screenings are only available for children 0 to 5 years of age who live in Yolo County.

About First 5 Yolo: Research shows a child's brain develops most dramatically in the first five years and what parents and caregivers do during these years to support their child's growth will have a meaningful impact throughout life. In November 1998, California voters passed a statewide ballot initiative to add a 50-cent-per-pack tax on cigarettes. The funds collected are utilized to fund education, health and childcare programs that promote early childhood development from prenatal through age 5. For more information about First 5 Yolo, please visit www.First5Yolo.org.

Submitted by Judith Bruno

Get Vaccinated and Give the Gift of Health

Some diseases are rare because so many people have been vaccinated against them. Entire communities benefit from this kind of protection because the individuals who have been vaccinated do not get sick and are not able to share the disease with anyone else who may not be vaccinated. Your healthcare provider can determine if you are up to date on your vaccinations. If you do not have a healthcare provider, the Yolo County Health Department provides some vaccinations to the public.

The Yolo County Health Department provides a broad base of childhood vaccinations and limited adult vaccinations. Vaccines are provided only during specified clinic hours. The new clinic hours are: Mondays and Wednesdays from 2:00-5:00 p.m. These new hours will begin Monday, January 4, 2010. The clinic is located at:

Yolo County Health Department 137 N. Cottonwood St. Ste 1200 Woodland (530) 666-8645

Childhood and adult vaccines are \$10 for the first vaccine and \$3 for each additional vaccine at time of service. Insurance billing is not available. Only cash or checks are accepted. No child will be refused an immunization based on inability to pay the administration fee. No Seasonal or Novel H1N1 flu vaccine is available through the vaccine clinic now.

We ask that everyone wanting a vaccine, both adults and children, always bring their immunization card, if available, for accurate and complete immunization recommendations. The Yolo County Health Department participates in the California Immunization Registry, which allows immunization records to be accessed at participating doctors' offices and clinics. Opting out of inclusion in the Registry can be shared when checking in at the vaccine clinic.

Submitted by Cheryl Boney, Deputy Director Public Health Programs in Yolo Co.

Free Holiday Recycling at the County's Landfills

Free tree-cycling of holiday trees and recycling other holiday materials is being offered at the Yolo County Central Landfill December 26 through January 16 and at the Esparto Convenience Center December 26 through January 17.

Trees to be recycled should have all ornaments, flocking, tinsel, garland and/or lights removed. Holiday trees, cardboard, bottles and cans can be recycled for free at the following locations:

Yolo County Central Landfill

Intersection of County Roads 28H and 104, northeast of Davis in Woodland Hours: Monday-Saturday, 6:30 a.m.-4:00 p.m. and Sunday 9:00 a.m.-5:00 p.m. Phone: (530) 666-8729 Closed on New Year's Day

Esparto Convenience Center

(Trees should be placed in the woodbin) 27075 County Road 19A in Esparto Hours: Saturday & Sunday, 9:30 a.m.-5:00 p.m. Phone: (530) 787-3387

Holiday recycling is sponsored by the Yolo County Department of Planning & Public Works, Division of Integrated Waste Management. For information, call (530) 666-8729 or visit: www.yolocounty.org.

Submitted by Beth Gabor, YC Information Officer

Programs at the Esparto Regional Library:

- ♦ Pre-School Bilingual Story Time: every Thursday morning at 10:30 a.m. in the Wintun Room
- ♦ The Friends of the Esparto Regional Library sponsor a monthly book prize contest. Every time you check out a book you can enter the contest to win these books. The Teen Book Club and the Book Club for adults meets every four to six weeks. Contact the library at 787-3426 for book titles and meeting dates.
- ♦ Share you Esparto/Madison/Capay Valley story! If you would like to participate in the *California of the Past* Digital Storytelling Project, please contact the Esparto Regional Library at 530-787-3426. Tell a story about a person, place, event or a family history. This project is made possible through a grant provided by the California State Library.
- ♦ Meet new and interesting people in your community! The Esparto Regional Branch Library is looking for volunteers to help others improve their English language skills by encouraging conversation in a social setting. For approximately one hour per week, volunteers meet at the library with a small group of adults who want to practice their English skills. If you are interested in helping the library to start this *new* program, please contact the library staff.
- ♦ Yolo Reads, a program of the Yolo County Library, aims to help adults improve their reading and writing skills through free one-on-one tutoring with a volunteer. Adults in our program learn new computer skills, resume writing, studying to pass the citizenship exam or GED test. To volunteer, contact Yolo Reads. If you know anyone who wants to improve their reading and writing skills, please tell them about Yolo Reads today! Contact Yolo Reads at 530-666-8019 or 866-609-7303 (toll free).

Submitted by Malinda Baker, Librarian

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Twelfth Edition, Volume 1, January 2010

Esparto Writers' Group

The Esparto Writers' Group will continue to meet on the third Thursday of the month. The change in date announced last month will not work out. Our next meeting will be from 6:00 to 8 p.m., Thursday, January 21, 2010 at the Esparto Library. If you made a New Year's resolution to try something new in 2010, joining the writers' group may be just the thing for you.

Winter months are a great time to take time to try your hand at writing. With the shorter days, the TV reruns and the let down after the holidays, people need something to perk themselves up. Give writing a try. Our writing prompt for the January meeting is, "Move away from the leopard print. I repeat: Move away from the leopard print." This prompt is a suggestion and is intended to "ignite your fiction." If you would be interested in trying a different prompt, or if you have questions about the Esparto Writers' Group please contact Barbara Durst, Coordinator, by email at bdurst@mac.com or by phone at 666-3104.

Submitted by Barbara Durst

76th Annual YOLO COUNTY 4-H SPRING SHOW 2010

Yolo County Fairgrounds Friday, April 30th, 4 p.m.-8 p.m., Saturday, May 1st, 8 a.m.-6 p.m. Sunday, May 2nd, 8 a.m.-6 p.m.

The following information can be found at the Spring Show Website listed here: $http://ceyolo.ucdavis.edu/4-H_Program/Spring_Show.htm$

- Qualifications Due Dates for all animals
- Spring Show contacts
- Spring Show schedules
- Entry Forms
 - Animal Entry Forms & Medical Release 2010
 - Creative Arts & Science Entry Form & Medical Release 2010
- Auction Information
- Go to the website for all spring show information.

Submitted by Karisa Huie of UCD



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"THE BEST PEACHES IN THE WEST"

Twelfth Edition, Volume 1, January 2010

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Ring in the New Year with the **ABCs of Child Development**

First 5 Yolo's Tips for Boosting Your Child's Growth and Brain Development

The New Year is a time for renewal and an opportunity to make a fresh start. While young children can't set their own goals, parents and caregivers can resolve to focus on fostering their children's healthy growth and development. Infants start learning and exploring from the day they are born – and 90 percent of their brains develop in their first 5 years! As your child's first teacher, you play an important role in helping him or her grow up to be healthy and ready to learn. First 5 Yolo offers these tips to help parents and caregivers foster healthy development in the New Year: **Start a Conversation:**

- Develop your infant's language skills by talking with him or her often. Not only is language the foundation for your child's thinking and communication skills, it also helps to nurture bonds of love and trust between a parent and a child.
- Encourage your baby to make sounds and be sure to respond.
- Talk, sing and rhyme to your infant it helps him or her learn new
- Read daily to your baby and repeat stories to stimulate language and listening. Teach colors, numbers, shapes in picture books.

Make the Most of Teachable Moments:

- Whether you're running errands or driving, make the most of opportunities all day to teach toddlers and preschoolers new lessons.
- Involve your child in activities like shopping at the supermarket. For example, discuss shapes and colors and numbers when choosing fruits and vegetables in the produce section.
- Point to signs and traffic lights to teach words and colors in the car.
- Remind your child to say "please" and "thank you" when asking for help at the library or checking out books.

Encourage Curiosity and Creativity:

- Being curious is important because it's how children learn. By asking questions and finding answers, kids discover ways to solve problems and how the world works. Encourage this and give them answers.
- Ask your toddler questions that require more than a "yes" or "no" answer – this fosters thinking and communication skills.
- Play with your child and encourage imaginative thinking.
- Try new activities, like gardening or cooking, to stimulate your children's minds.

For more information about healthy child development and information on First 5 Yolo's programs, services and resources, please visit www.first5yolo.org

> **Compliments of First 5 Yolo** 530-669-2475 www.first5yolo.org

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Esparto Community Services District Dedicated to Safe Water and Responsible Waste Management

P.O. Box 349, 26490 Woodland Ave, Esparto, CA 95627 Phone: 530-787-4502 Fax: 530-787-4219 E-mail: ron@ecsd-ca.org

NEWSLETTER WATER METERS

There are three new numbers on the water bills that have been sent out:

- PRIOR READING
- **CURRENT READING**
- **CURRENT USAGE**

The first and second numbers under these headings are water meter readings, and the difference between them is the third number, the current water usage.

The first two numbers can be from three to six figures long, the important number is the third number, the water usage amount. It reflects the current usage for the month, the difference between the current reading and the prior reading. These figures represent usage in hundred cubic feet.

The normal amount of water usage for a household in the United States is between 10 and 15 hundred cubic feet per month. A cubic foot equals 7.48 gallons of water or 7480 gallons per 1000 cubic feet (10 hundred cubic feet). The average water usage in the United States per household is from 7,480 gallons (usage of 10 hundred cubic feet) to 11,220 gallons (usage of 15 hundred cubic feet) of water per month. Numbers to remember: 1 cubic foot of water contains 7.48 gallons of water.

The <u>first reading</u> of the <u>meters</u> took place <u>December 1, 2009</u>, and this will be the baseline for the reading for next month. This will show up as the current meter reading in the bill for December. In January this will be reflected as the prior meter reading. The water bill in January will show the prior, and current meter readings. The usage amounts shown on the January 1, 2010 billing will reflect the difference between these two numbers. WE ARE URGING EVERYONE TO PAY ATTEN-TION TO THE USAGE AMOUNTS ON THEIR BILLS. As soon as the Esparto Community Services District has enough data to arrive at an accurate metered billing rate, and has accurate data for establishing a base line of water usage allowed, then usage charges will be billed using a Block Rate billing system, as required by the state of California, later in 2010.

During the next three to six months there will be Town Hall workshops to explain the proposed billing system, the proposed baseline amount and the schedule for proposed excess water usage. Advice on conservation will be given at these meetings to help residents learn strategies to reduce their water usage as much as possible. In about a year there will be a rate system used in Esparto and residents will see this reflected on their water bills.

IF YOU HAVE ANY QUESTIONS FEEL FREE TO CALL at (530) 787-4502 Submitted by Ron Loudon, General Manager/Superintendent





Children's Shopping Day—a Big Success Thank you to the many individuals and organizations that made the Children's Shopping Day on December 13 a success. A special thank you to the secret elves who brought new gifts such as scarves, light bulbs, automobile oil, and jewelry. Unpacking the bags of goods was always a surprise! Below is a list of volunteer helpers who made this event memorable for the children in the community. Forgive us if we have forgotten any names, but please know your generosity was noted by the community.

Lions:

FERL members:

Julio Cota Betty Koeppen Al and Ethel Emerick Becky Carson Malinda Baker

PTA/Community members:

Barbara Kitchen Joann Rees Lana Harman Diana Harvey

Ingrid Dittmar

Michael Reid Pam Miller Jane Stallings Rie Surad Claire Miller Katie Miller Carlos Martinez

Dawn, Alexis, and Lacey Konstantinopoulos

Leos:

Cleveland Bellard Rizpah Bellard Mike Evans Britney Muller Mikayla Gnoss Avalon Lucero

Jim and Marlene Schulte Freeman and Carol Barsotti Nick McNicholas

JoAnn Crouse Al Obermueller Gabe Galvan

Country Villa Mobile Estates:

Annette May Sandy Andersen Beverly Cooper

Flex/Yes Exchange Students:

Misha Chigogidze Nana Rostobaia Anna Udovenko Nodari Idvanze Ditjola Naco

Submitted by Julie Rose and Carol Dittmar

Lions Donate to Shopping Day

Esparto Lions donated a trunk full of items, from stuffed animals, to jewelry, Christmas ornaments, knick knacks and other miscellaneous items for the children to buy at their shopping day on December 13. Lions also donated 40 + rolls of wrapping paper, tape and a variety of gift tags. All gifts were priced from \$.10 to \$1.00. Every child went home with gifts for their entire family. Thanks to Lion Marlene Schulte for organizing the Lions, and for help in setting up and cleaning up after the sale.

Thank you to Lion Gabe Galvan, Leo advisor and the Leo's, for their help with the children's selection and wrapping of their gifts.

A special thanks to Esparto Lion Carol Barsotti and husband, Freeman, President Lion Nick Mc Nicholas, Lion JoAnn Crouse, Al Obermueller, and Jim Schulte for loading the unsold items and taking them to Goodwill when it was all over.

Submitted by Jim and Marlene Schulte



Pictured above are children and helpers choosing and wrapping selected gifts.

Pictured to the right are the gift wrapping items donated by the Lions Club to this event.



Countryside Community Church

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Bring your children to Sunday School and Worship with us at 10 a.m. on Sunday.

Located at Fremont and Grafton in Esparto / 787-3586

Rev. Dr. Pamela Anderson, Pastor Presbyterian Affiliation

Frederick's Dream for Capay Valley Vineyards

By Cynthia Knight Clarke

Tom Frederick and his wife Pam Welch moved from San Francisco in 1979 when they answered an ad for a 60-acre almond orchard located in the Capay Valley. Tom explained, "We immediately fell in love with the view and lovingly purchased the property on sight." Before taking up residence in the sumptuous Capay Valley, Mr. Frederick fabricated McLaren race cars and other limited racers in Chicago, Illinois. While touring the property, he proudly displayed his 1969 McLaren, which is a "one of a kind racer" and featured in a number of Can Am books.

Tom Frederick has increased his quest to excel at winemaking by taking advantage of Viticulture (from the Latin word for *vine*) courses offered at UC Davis. While his knowledge about grapes, vineyards and wine has dramatically increased, the couple still has a professional winemaker on staff – Terri Strain. "She is an excellent winemaker and instrumental in quality and product control. Terri brings not only technical expertise and experience, but an artistic flair along with a great palate." says Tom. Wine production in the valley was a momentous undertaking and the concept and dream required a unique spirit to bring this endeavor to fruition. Wine and vineyards are compared to France's wine producing region, but the Capay Valley has proven to be a good climate for growing grapes.

After ten years of selling wine, the current economic downturn has not had too much effect on their winemaking business. Capay Valley Vineyards has slowly increased their volume while providing assistance to other local farmers in wine processing. Their currently released wines include: 2008 Viognier, 2003 Syrah, 2006 Tempranillo, 2005 Cabernet Sauvignon, Sparkling Viognier, Syrah Port, and chocolate dipped bottles.

Since the late 1980s, plantings of Viognier grapes in the United States have increased dramatically. California's Central Coast is the leading producer, with over 2,000 acres of this grape variety planted. California Viogniers are noticeably higher in alcohol content as compared to other wines. Viognier wines are well-known for their floral aromas, which are also found in Muscat and Riesling wines. The Tempranillo wines can be consumed young, but the most expensive ones are aged for several years in oak barrels. The wines are ruby red in color, with aromas and flavors of berries, plums, vanilla and herbs. Capay Valley Vineyards sells their wine predominately in northern California, with some online sales.

Capay Valley Vineyards uses Australian technology both in the fermentation and storage of their red wine varietals. The winery also uses conventional barrels made of French, Hungarian, and American oak. Each barrel holds 60 gallons and each storage tank holds 300 gallons. The final step is the blending of the wine for the perfect taste with a minimum aging of 18 months prior to drinking. In 2008 only part of the production was on site. Then in 2009 all red wine production was moved from Sonoma to their site in the Capay Valley.

Tom Frederick and Pam Welch were married in 1972 after meeting at a racetrack during the Monterey, California tours. Retirement is not in their plans. Frederick commented, "While body parts are still mobile and working, there's always stuff to do." Since Capay Valley Vineyards is run as a "mom and pop operation" with no investors and only two employees, their morning starts around 5:00 a.m. seven days a week. There is always joy and a sparkle in Tom's eyes as he talks about his career change and the challenge winemaking has brought to his life.

The tasting room is open Saturday and Sunday, from 12:00 noon to 5:00 p.m. (and weekdays by appointment). Gourmands constantly inquire about the natural fruit flavors that are specific to this region. In comparing California wine to French wines, Frederick states that there is a fundamental difference. French reds require a longer aging period, in part to soften tannins. Consequently, they need to "lay down" to develop their full potential. While the couple's personal preference is red wine, they say that both red and white wines are bought equally, and that individual customer preference guides the purchase selections. Capay Valley Vineyards provide personal private group tours, with Cache Creek Casino Resort referring many patrons to the vineyard. Tom Frederick

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that the Yocha Dehe Golf Course borders his vineyard's back property and that the beautifully landscaped course provides a great view from his property. "The Clubhouse décor and design complements the natural countryside," states Tom.

Tom Frederick, a great, slender, stoic, silver-haired gentleman walks proudly beside Pam Welch, a sentimental, short and curly haired lady, as they peer across their vineyard. A friendly and welcoming couple, who live vibrantly and relish in sharing their love of the Capay Valley and their immense knowledge of viticulture and wine. Breathtaking scenery and delicious wine await visitors at Capay Valley Vineyards.

Contact information: Tom Frederick or Pam Welch, P.O. Box 17, 13757 State Highway 16, Brooks, CA 95606. Phone/Fax: (530) 796-4110. Email: info@capayvalleyvineyards.com or www.capayvalleyvineyards.com

Submission Opportunity

Anyone is welcome to submit an article about a special person in the Madison, Esparto, and Capay Valley region. One article each month will be considered for publication. It should be written about a person other than the submitter and will be subject to editing at the editor's discretion based on space available and other criteria. Articles should be sent to the Valley Voice at valleyvoice2@hotmail.com no later than the 20th of each month. Editor

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Little League Sign-ups

Esparto Little League/Softball Important Dates:

Jan. 5: Sign-ups 5:30-7:30 p.m. at the Fire House Jan. 19: Sign-ups 5:30-7:30 p.m. at the Fire House

Jan. 30: Try- outs 1100 a.m.-2:00 p.m. at the high school gym

Feb. 2: Draft 6:00 p.m.

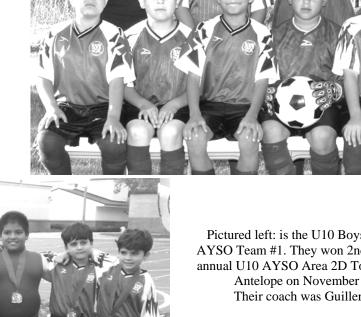
Feb.13, 23: Field Prep



Pictured above: The U19 Boys' Team won the championship match, placing first. They beat Davis1-0 at the Area Tournament final game held in Davis on November 22, after earning the most tournament points over Winters and one other Davis team in this age group. They are pictured here with the U19 Boys' Coach, Dave Schwenger.

> Pictured right: The U12 Boys' team who placed 3rd at the AYSO Area Tournament held in Davis on November 22. They are pictured here with the U12 Boys' Coach, Jose Heredia.





Pictured left: is the U10 Boys' Capay Valley AYSO Team #1. They won 2nd place at the first annual U10 AYSO Area 2D Tournament held in Antelope on November 21 and 22. Their coach was Guillermo Avina.

One correction to last month's edition:

The U14 Girls' team placed 4th after competing against many teams from Davis, Winters, and Antelope on November 22 in Davis (Not 3rd as previously stated last month.)



Congratulations to these fine young athletes and soccer players!!

COMMUNITY CALENDAR

AA meetings: Countryside Community Church, located at 26479 Grafton St. on Tuesdays at 7:00 p.m. Call 1-800-970-9040 for more information. Guinda Community Church, Tuesday, Thursday and Saturday at 7:00 p.m. in Spanish.

Ala-teen meetings: meets at Guinda Community Church 16671 Forest Ave. Call Lynn for details at 787-4566 or Pastor Noble at 668-0870.

Capay Valley Christian Fellowship: meets at 11:00 a.m. on Sunday at 7588 St. Route 16, Guinda.

Capay Valley Fire Commission Meeting: meets the 2nd Monday of each month at 7:30 p.m. at the Guinda Fire Station.

Capay Valley General Plan Advisory Committee: meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.

Capay Valley Vision Board: meets on the fourth Wednesday of every month at the Library from 5:00 to 7:00 p.m.

Countryside Community Church: Sundays at 10:00 a.m. Worship Service and Sunday School.

Dental Office in Esparto: is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.

Early Learning Center Program: held from 9:00-11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church

Esparto Baptist Church: Worship and preaching service at 11:00 a.m. on Sundays. Bible Study on Sundays at 9:45 and Wednesdays at 7:00 p.m.

Esparto Citizens Advisory Committee Planning Council: meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.

Esparto Community Services District: meets on the 2nd Wednesday of each month at 7:00 p.m.

Esparto Family Practice: open Monday from 9:00 a.m.-1:00 p.m.. Tuesday, Wednesday, Thursday and Friday from 2:00 to 6:00 p.m.

Esparto Lion's Club Meeting: meets on the 1st and 3rd Thursday at the VFW hall 7:00 p.m.

Esparto Regional Chamber of Commerce: meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)

Esparto Unified School Board Meeting: meets on the 1st and 3rd Wednesdays at 5:30 p.m. at the Library.

Food and Clothes Closet: open on Wednesdays & Fridays at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.

Friends of Esparto Regional Library Board of Directors' Meeting: meets on the first Tuesday at 7:00 p.m. at the Library.

Home Schooling Cooperative: Call Anna Brait at 796-3801.

Legal Services in Esparto: free services offered on the 1st and 3rd Thursdays at the RISE office from 9:00 a.m. to 11:00 a.m.

Guinda Community Church: Sunday School for youth at 8:45 a..m. and Sunday Service at 9:30 a.m.

Madison Advisory Committee: Jan. 2010: 4th Thursday at 6:30 at the Madison Community Services District. No meetings in May, November or December.

MEDI-CAL and Food Stamps Services: Wednesday 2:00 to 4:00 p.m. at the RISE Inc. office. Call 787-4110 for appointments.

Rotary Club of Capay Valley: meets at 12 noon every Friday at the C² Restaurant at Cache Creek Casino Resort.

St. Martin's Church: Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street

Western Yolo Grange: meets on the 2nd Thursday at 6:30 p.m. for a potluck dinner and meeting at the Grange Hall at 16787 Forrest Ave. in Guinda.

WYORCA: meets on the 2nd Thursday at 7:00 p.m. at the Esparto Library.

RISE Collaborative Meeting: meets the 3rd Friday at 9:00 a.m. at the RISE building (except August).

WIC Services: located in the Esparto Family Practice office at 17050 South Grafton St. on the 4th Wednesday. (2:00-6:00 p.m.)

If you would like to include calendar events or change information, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.

Esparto High School Sports Schedule Home Games for January 2010

1-6: Kelseyville	Girls' Basketball	2:00/5:00 p.m.
1-6: Kelseyville	Boys' Basketball	3:30/6:30 p.m.
1-8: Quincy	Girls' Basketball	5:00 p.m.
1-8: Quincy	Boys' Basketball	7:00 p.m.
1-12: Pierce	Girls' Basketball	5:30/7:30 p.m.
1-12: Durham	Soccer	3:30 p.m.
1-19: Hamilton Marathon Girls' Basketball		2:00/5:00 p.m.
1-19 Hamilton Marathon Boys' Basketball		3:30/6:30 p.m.
1-21: Williams	Soccer	3:30 p.m.
1-26: Williams	Girls' Basketball	5:30/7:30 p.m.
1-27: Williams	Boys' Basketball	5:30/7:30 p.m.
1-26: Rio Vista	Soccer	3:30 p.m.
1-28: East Nicholas	Girls' Basketball	5:30/7:30 p.m.
1-29 East Nicholas	Boys' BB	5:30/7:00 p.m.

Activity Calendar for January 2010 (as mentioned in this paper)

January 1: New Year's Day

January 4: Esparto Schools resume classes January 4: Woodland Health Department Vaccination Clinic open

Mon./Wed. from 2:00 to 5:00 p.m.

January 5:

RISE Senior Program resumes from 10:00 a.m. to 1:00 p.m. at the RISE Community Room on Tuesdays and Thursdays Little League Sign-ups from 5:30-7:30 p.m. at the Fire House January 5:

January 11: EUSD Community Forum from 5:30 to 6:30 p.m. in the

Alice Marsh Hall

January 17: Last day for Christmas recycling at Esparto Convenience Center open from 9:30-5:00 p.m.

Martin Luther King Birthday observed (holiday) January 18:

January 19: Little League Sign-ups from 5:30-7:30 p.m at the Fire House

Esparto Writers' Group meets at the library from 6:00-8:00 p.m. January 21:

January 23: Free Dental Screening for children at Communicare in Woodland

from 8:00 a.m. to 3 p.m.

Little League Try-outs at the high school gym from 11:00-2:00 p.m January 30:

