



Valley Voice

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Heat & Air Quality Concerns

The Yolo-Solano Air Quality Management District, in consultation with Yolo County Health Officer, Bette Hinton, M.D., and Solano County Deputy Health Officer, Mark Maus, D.O. MPH, is advising residents to take precautions and avoid outdoor activities when there are high particulate levels from wildfire smoke. High temperatures may also increase ozone levels further degrading air quality.

If you smell or see smoke, individuals should take the following actions:

- Everyone should avoid outdoor activities if you can see or smell smoke, even if you are healthy.
- Children, the elderly and people with respiratory or heart conditions should be particularly careful to avoid exposure.
- Stay indoors with doors and windows closed as much as possible.
- Asthmatics should follow their asthma management plan.
- Contact your doctor if you have symptoms of cough, shortness of breath, or other symptoms you believe to be caused by smoke.
- Those with heart disease should especially limit their smoke exposure since particulate matter (PM)* can cause heart attacks.

* Fine particles of solid matter or liquid droplets from smoke, dust and fly ash.

Residents are encouraged to stay indoors when there is particulate matter in the air. Those who do not have adequate air conditioning may experience heat-related problems. If your home does not have adequate air conditioning, find a relative to stay with or another location in the community, such as a public building, shopping center, restaurant or movie theater, where air conditioning is available. Residents are urged to protect themselves during hot weather by taking the following precautions:

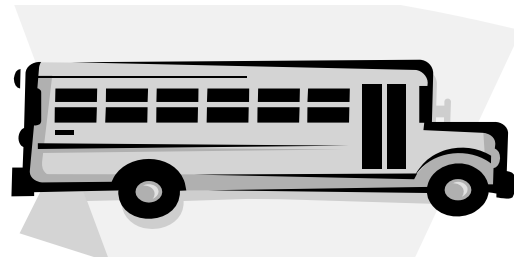
- Drink extra non-alcoholic fluids, especially water.
- Stay cool indoors in air-conditioned facilities, especially during the hottest part of the day.
- Pace yourself and avoid heavy exertion in the heat.
- Wear lightweight, loose fitting clothing and sunscreen.
- Avoid hot foods and heavy meals.
- If you become lightheaded, feel confused or experience any other symptoms of heat exhaustion, get to a cool area until you feel better.
- Never leave a person or animal in a parked car. Temperatures inside a vehicle can rise to dangerous levels in minutes.
- Don't forget pets that also need extra water and shade.

Submitted by Beth Gabor, Yolo County Information Officer

(See page 5 for more information.)



Tenth Edition, Volume 8 August 2008



August 2008

Esparto Schools Begin Classes on August 18

Students in the Esparto Unified School District will begin classes on Monday, August 18, 2008. On this day students will meet their new teachers, get their schedules of classes, greet old friends and meet new friends and start a new year of school. The RISE After School Programs will also begin on this day their new program for the school year for parents who need extended supervision for their children.

On Friday, August 8 a Kindergarten Roundup will be held for incoming kindergarten students and their parents. This event, to be held at the Elementary school from 9:00 a.m. to noon, will introduce parents and students to the school, and will provide them with various activities to help them start school positively. Sponsored by RISE, Inc. in collaboration with Esparto Unified School District, this is an event not to be missed. (see pg. 10)

Three schools in the district, Esparto Elementary School, Esparto Middle School and Esparto High School, will have new administrators. Veronica Michael comes to the elementary school with much enthusiasm, following the retirement of Ms. Linda Dufault. A Yolo County resident, Mrs. Michael is also a bilingual speaker and an experienced administrator.

Mr. Robert Verdugo comes to Esparto with many years and much experience in education. He will be the new principal at the middle school. Mr. Troy Johnston, the new high school principal, comes to Esparto with many years as a secondary principal. He looks forward to working with the staff, parents and students at the high school. Mr. Richard Radcliffe will continue as principal of Madison High School.

The Esparto school community welcomes these new leaders and looks forward to working with them.

All school offices opened on July 28. Applications for entrance can be picked up at individual schools.

Editor

Don't Forget these Dates:

- August 4: Esparto Blood Drive at the Esparto Fire Station**
- August 8: Kindergarten Roundup at Esparto Elementary School**
- August 9: Capay Valley Regional Farmers' Market Fruit Festival**
- August 13-17: Yolo County Fair**
- August 18: Esparto Schools Begin 2008-09 school year**
- August 30-September 1: Labor Day Weekend**

**Valley Voice
Subscription Form**

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is a perfect way to keep up to date with all the Capay Valley news and events.
Complete the order below.

Name:
Mailing Address:
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Please Select:

- One Year: 12 editions (\$25.00)
- Two Years: 24 editions (\$50.00)

Please make checks out to RISE, Inc.
Mail to: RISE, Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office in downtown Esparto at 16858 Yolo Ave. .

The Valley Voice Needs YOU!!

The Valley Voice is a community newspaper. It is generously supported by local advertisers, public agencies, and the Advisory Committee on Tribal Matters (ACTM). It is published and designed for and by the Capay Valley Region. It is free to every residence. A "Committee of Local Citizens" helps to determine the paper's mission, publishing priorities, and best approaches to sustain the community's overall support and interest.

The Valley Voice Citizen Committee is open to all volunteers. It meets only as needed – a commitment of only 15-20 hours per year! Please let us know if you would like to participate in these meetings – we would be pleased to notify you!

Thank you for your interest!

To advise the paper of your interest to serve, please call 787.3433 and leave your name, address & phone number OR email the Valley Voice at **valleyvoice2@hotmail.com** OR mail your name, address and phone number to the Valley Voice, c/o P.O. Box 133, Esparto, CA 95627.

**The Valley Voice
P.O. Box 133
Esparto, CA 95627**

For article inquiries, call 787-4110, or send an e-mail message to Greta Taber, Editor, at valleyvoice2@hotmail.com. For billing inquiries or ad rates, call 787-4110. All articles are due by the 20th of each month. Ads must be paid in advance and accounts must be paid up to date by the 20th of each month. We reserve the right to edit articles at our discretion, due to space limitations. The Valley Voice is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and contributions from grants, Foundations, and local community service organizations. Articles published do not necessarily express the views of the Valley

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WATERMELON FESTIVAL & MUSIC CONTEST

TRI-TIP BBQ & BEER AT THE FIRE STATION

September 13, 2008

10:00 a.m. to 1:00 p.m.

Contest begins at 9:00 a.m. and goes through lunch

CASH & PRIZES WORTH \$500 FOR EACH WINNER



CO-SPONSORED BY: ESPARTO REGIONAL CHAMBER &

WATERMELON MUSIC

EVENT SPONSORS: CAPAY VALLEY REGIONAL

FARMERS' MARKET & CAPAY VALLEY B&B

ENTRY CATAGORIES: 18 & UNDER & ADULT

(17&UNDER MUST BE ACCOMPANIED BY AN ADULT.)

ALL CONTESTANTS MUST SUBMIT MUSIC FOR APPROVAL PRIOR

TO SEPTEMBER 13.

CALL: 530-787-3242

APPLICATION FORM:

Band Name:

Member Names & Ages (if 18 & under):

Type of music:

Instruments:

Address of key contact:

Phone:

Email:

Alternate contact:

(Parent/Guardian if under 18)

Application Rules and form: All contestants must submit music in advance for approval. All music must be free of racial or vulgar speech & lyrics must be audible. Submitted by Elizabeth Campbell, Executive Director

CAPAY VALLEY VISION

Preserving a sense of place

CAPAY VALLEY VISION COMMUNITY FEEDBACK

It may seem early, but mark your calendar for **October 26** for the Taste of Capay at Taber Ranch Event Center.

Highway 16/Esparto Downtown Streetscape Design

Capay Valley Vision and New Season Community Development Corporation have both approved terms on a streetscape contract from ACTM. These funds will be used to support a Project Manager for implementing the lighting project. The RFP for this Project Manager has been released. In addition to hiring a Project Manager, the RFP will begin the process for streetprint usage in Esparto and preparing plans for a "complete" street application. Complete street projects typically look at fixing overall problems such as sidewalks, ramps, drains, etc. A County-staffed Task Force has been formed including locals, Tammy Fullerton, Alice Meserve Manas, Mike McDonald and Sue Heitman.

With the help of Holophane Lighting, Tammy Fullerton on behalf of New Season Community Development Corp., walked with PG&E on Yolo Ave. and marked locations for streetlights. (Notice the white circles on the ground.) We are hopeful that the project funding will help us launch this as soon as possible.

New Season Community Development Corporation

New Season has taken possession of the Lindbergh Building! Thanks to volunteer Project Coordinator, Mike McDonald, the building has been thoroughly cleaned. New Season has a signed contract with Mercy Development and Bob Candliss to complete an architectural feasibility study. Soon, New Season will host an open house for the community to get your thoughts and ideas on how to make this community asset come to life again.

Capay Valley Vision and the Esparto Chamber are joining with New Season to decorate the windows. Look for a banner soon introducing the building to the community again.

If you would like to get involved or have good ideas for building usages, please contact Jim Durst or any New Season Board members, Alice Meserve Manas, Mike McDonald, Ray Burton, Lynn Rolston, Thomas Nelson or Sue Heitman.

CAVVIES (Help us with this name!): A Community Recognition Event

Progress has been made on launching a new community recognition event that will occur yearly. The event would be held in the high school auditorium a week before Thanksgiving and give thanks to nominated individuals and organizations in a number of categories. Some of the suggested categories are: Spirit of the Valley, Volunteer/Citizen of the Year, Non-Profit Organization of the Year, Business of the Year, Youth of the Year, Good Neighbor and Farm Employee of the Year. Please contact Chelsea Becker at ce.becker@yahoo.com if you have ideas on how to recognize community members and would like to be a part of the planning for this event.

Yolo County Fair

The Yolo County Fair is fast approaching and Capay Valley Grown will be a major part of it again. With the help of Ron Voss, the fair will host a Gala Event on the opening night with free sampling from local Yolo growers and wine makers. Additionally, Chelsea Becker is helping organize the featured tastings of the Capay Valley products on the weekend nights. For those of you who participated in the past, it was fun, fast and furious as fair-goers ate all of the products the Valley had to offer. **August 13-August 17!!**

Submitted by Capay Valley Vision Staff



News from Esparto Unified School District
Submitted by Aida Buelna, Superintendent

School Facilities

We are currently accepting bids for the new Middle School Multipurpose Room. As this project moves forward we shall update the community on its progress.

Yolo County Fair:

Please support the FFA/Ag students by attending the Yolo County Fair. Our students will be showing in the following categories: Sheep, Pig, and Catfish.

Middle Principal Position

Please join me in welcoming our newest administrator, Mr. Robert Verdugo. He shall take the helm at Esparto Middle School. Mr. Verdugo is not unknown to the Esparto Community; 15 years ago he helped coach the wrestling and football teams. He is eager to begin serving the Esparto parents and community.

Technology

The newest member to the district team is Susie Hedrick who began work on June 16, 2008. She comes to us with over 20 years of experience from Davis Unified School District.

District Office Hours

Office hours at the district office beginning August 1, 2008 will be from 8:00 a.m. to 5:00 p.m. Our school sites were reopened on July 28, 2008. All school site office hours will be as follows: the week of July 28, 2008 7:30 a.m. to 4:00 p.m., and then beginning August 4, 2008 through June 17, 2009, the hours of operation will be from 7:30 a.m. to 4:30 p.m.

2008-2009 School Year

The school calendar was posted on the district website beginning July 1, 2008. If you have any questions please do not hesitate to contact the district office. Students will begin the new school year on August 18, 2008.

Minimum Days

For the 2008-2009 school year all school sites will be on the same minimum day schedule. The minimum days will be on the 2nd and 4th Mondays of the month except on holidays when they will be moved to the following Monday.



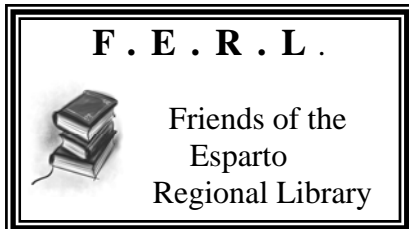
Training on Electrical Inspections

The Yolo County Planning and Public Works Department Building Inspection Division is offering a training program on inspections of grounding and bonding of electrical systems and equipment, August 12, 8:30 a.m. to 11:30 a.m. at 292 W. Beamer Street in Woodland. Registration is \$50 per person and includes a certificate of attendance, course hand-outs and refreshments.

The course will be conducted by Bill Clark, a retired chief electrical inspector with 21 years of experience. Mr. Clark has trained at the University of California, Berkeley and teaches electrical seminars throughout the United States.

Registration forms are due August 5, 2008 and may be obtained from the Yolo County Planning and Public Works Department at 292 W. Beamer Street in Woodland, or downloaded from their Web site at <http://www.yolocounty.org/Index.aspx?page=1243>, or by calling (530) 666-8775. Seating is limited.

Submitted by Beth Gabor, Yolo County Information Officer



Library Hours
 Monday: 1:00-8:00 p.m.
 Tuesday: 8:30-12:00, 1:00-8:00 p.m.
 Wednesday: 8:30-12:00, 1:00-8:00 p.m.
 Thursday: 10-12:00, 1:00-8:00 p.m.
 Friday: 1:00-5:00 p.m.
 Saturday: 10:00-2:00 p.m.

Donations to the Partners in Hours-- for a donation of \$25.00 or more you may join our club. You may use your Business name or your personal one. We will publish this list every month in our newsletter seen in the Valley Voice. The Friends are digging deeply into our reserves to maintain our present commitment of over 600 extra open hours for the Library. This is due to the increase of cost per hour, drop in membership, and other cost increases.

Library News and Notes:

- The Library will participate in the Kinder Round Up this year at the Esparto Elementary School on August 8th from 9 a.m. to 12 p.m. Parents can get library cards for their new kindergarten students. All parents are encouraged to come to the library and get library cards for their children before school starts on August 18th.
 - The summer reading program for children, "Catch the Reading Bug", continues until school starts. Children can continue to read and get prizes during the rest of summer vacation.
 - The Book Club for adults will meet on August 18th at 7:00 p.m. in the Wintun Room.
 - Every Thursday morning at 10:30 a.m. bring your pre-school child to story time.
 - The summer temperatures soar. The library is a very "cool" place to spend time reading and relaxing.
 - Now available for purchase in the Library:
 - 1 gig Flash Drive -- \$10.00
 - 512 mb Flash Drive -- \$5.00
 - Library Lanyard -- \$2.00
 - Earbuds -- \$2.00
 - Lanyard and Earbud Set -- \$3.00
- Submitted by Malinda Baker, Librarian

MEMORIALS

For: Audrey Tadlock Christine Carson Dorothy Fletcher Lucille Erickson	By: Elizabeth Phillips Al and Ethel Emrick Don and Gerry Warren Beth and Phil Phillips Jane and Sam Cody
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Memorials represent contributions by community members to the Friends of the Library. They are in remembrance of a departed friend of the contributor and of the whole community, recognizing the memory and value of the departed with a lasting and meaningful gift to that community.

Esparto Branch Library is a designated "cooling center" for those who may need relief from heat or smoke. Hours for this are 1:00 p.m. to 10:00 p.m. (closes at 8:00 p.m. if there are no occupants.) 787-3426.

FERL Directors...

Jon Durst, President	jondurst@mac.com	787-3100
Anna Blunt, V. Pres.	annaleeb@hotmai.com	902-5124
Rie Surad, Secretary	riesdolf@ao.com	406-1905
Al Emrick, Treasurer	eth_al@mac.com	787-3858
Al Obermueller	alobe@afes.com	787-3903
Julio Cota	juliocota@yahoo.com	
Betty Koeppen		
Malinda Baker, Librarian	malinda.baker@yolocounty.org	787-3426
Lynn Morgan	lmorgan@yoga-dreams.com	

Directors meet 1st Tuesday of each month, 7 p.m., at the Library-all are welcome!

2008 Partners in Library Hours

Copper

Aune, Shirley
 Bramlet, Robert and Shirley
 Campbell, Trini
 Carson, Larry and Becky
 Ceteras, Gretchen
 Cody, Sam. and Jane
 Demaria, Anthony & Christine
 Dugan, Margaret
 Durst, Jean
 Emrick, Al & Ethel
 Frederick, Tom
 Garry, Marsha
 Hayes, Gary and Diana
 Hayes, Laurie and sons
 Haertle, William. & Kandi
 Harland, Bill & Nancy
 Heitman, Larry and Sue
 Herren, Hans & Barbara
 Jensen, Glen
 Johnston, Richard Jr.
 Karlstad, Betty Ann
 Lapami Bookkeeping and Tax Services
 Main, Jeff & Ann
 Mast, Cowles & Donna
 Martin, Paul & Trudie
 Meade, Pat
 Means, Carol
 Montes, Maria and Lopez, Daniel
 Morgan, Lynn and George
 Murray, Stewart
 Obermueller, Al (Obie)
 O'Neil, Constance
 Phillips, Phillip & Beth

Reynolds, Vince & Jean
 Robbins, Jon
 Rolston, Larry & Lynn
 Scheuring, David & Ann
 Stallings, Jane
 Stone, Sumner
 Schwartz, Julie
 Taber, Harmon & Greta
 Taylor, James and Ann
 Viking Propane Inc.
 Voss, Ron & Helen
 Warren, Don & Gerry
 Welch, Pam
 Western Yolo VFW Post #7143
 Wilson, John
 Yolo Produce

Bronze

Bledsoe, Sam. & Caroline
 Duleck, Harry and Michelle
 Full Belly Farm
 Harrington, Gordon & Delia
 Oak Villa Farms
 Rink, Max and Suematsu, Cathy
 Salonites, Robert and Lajean

Silver

Durst, Jon & Barbara
 Durst, James & Deborah
 Murphy, Hildur
 Stephens, John and Meredith

Gold

Adams, John & Alessandra
 Esparto Lions

Platinum

Anonymous Donor

The Friends of the Esparto Regional Library are dependent on your dues and contributions for support of our Library. **Our fiscal year for membership starts in October**, so it's time to re-join for 2008-- please help us start off right and send your membership contribution in right away! Thanks!! We encourage our business and farm supporters to join FERL as Benefactors, as several of our former advertising supporters have done-- all will be recognized in our Newsletter.

FERL Membership rates:

Junior-----\$ 1.00
 Senior-----8.00
 Single-----10.00
 Family -----\$25.00 (OR MORE)

Become a **Partner for Open Library Hours** with your contribution in excess of membership rates:

Partnership Level	Open Library Hours supported, @ \$25/hr
Copper	1- 5 (\$25 - \$125)
Bronze	6- 10 (\$150 - \$250)
Silver	11- 25 (\$275 - \$625)
Gold	26- 100 (\$650 - \$2500)
Platinum	101+ (>\$2500)

Please make check payable and send to:

Friends of Esparto Regional Library

P.O. Box 787

Esparto, CA 95627

****Tax Deductible****

Wildfire Smoke and Your Health FAQs

What is in wildfire smoke?

Smoke is made up particles, gases and water vapor. Water vapor makes up the major percentage of smoke. The remainder is carbon monoxide, carbon dioxide, nitrogen oxide, irritant volatile organic compounds, air toxics and very small particles. Particles from smoke tend to be very small - less than one micrometer in diameter. Such small particles can be inhaled into the deepest recesses of the lung and are thought to represent a greater health concern than larger particles.

What are the health effects of smoke?

The effects of smoke range from eye and respiratory tract irritation to more serious disorders, including reduced lung function, bronchitis, exacerbation of asthma, and premature death. Studies have found that fine particles are linked (alone or with other pollutants) with aggravation of pre-existing respiratory and cardiovascular disease. In addition, particles are respiratory irritants, and exposures to high concentrations of particulate matter can cause persistent cough, phlegm, wheezing and difficulty breathing. Particles can also affect healthy people, causing respiratory symptoms, reduced lung function and lung inflammation. Particulate matter can also affect the body's immune system and make it more difficult to remove inhaled foreign materials from the lung, such as pollen and bacteria. The principal public health threat from short-term exposures to smoke is considered to come from exposure to particulate matter.

Who is most affected by smoke?

Most healthy adults will recover quickly from smoke exposures and will not suffer long-term consequences. However, certain sensitive populations may experience more severe short-term and chronic symptoms from smoke exposure. These include:

- Individuals with respiratory disorders such as asthma and chronic obstructive pulmonary disorder (COPD)
- Individuals with cardiovascular disease such as high blood pressure, coronary artery disease and congestive heart failure
- The elderly
- Children
- Pregnant women
- People who smoke

What are some precautionary measures I can take?

- Pay attention to local air quality reports and stay alert to any news coverage or health warnings related to smoke.
- Use common sense. If it looks smoky outside, it's probably not a good time to go for a run. And it's probably a good time for your children to remain indoors.
- If you're advised to stay indoors, keep your windows and doors closed. Run your air conditioner, if you have one. Be sure to keep the fresh air intake closed and the filter clean. If you are traveling by car, take the same precautions.
- Help keep particle levels inside low by avoiding using anything that burns, including wood stoves, gas stoves and candles if possible. And don't smoke. That just puts even more pollution in your lungs - and those of the people around you. If you have asthma, be sure to take your medicines, as prescribed by your doctor. If you're supposed to measure your peak flows, make sure you do. Call your doctor if your symptoms worsen.

(cont. on next column)

Loving Hands Pre-school and Daycare in Esparto

Hours of operation are from 6:30 a.m. to 5:30 p.m. with low weekly rates.
Call Joy Escalante at (530) 787-3497 for more information.

Do dust masks or air filters help?

Paper "comfort" or "nuisance" masks are designed to trap large dust particles- not the tiny particles found in smoke. These masks generally will not protect your lungs from wildfire smoke. On the other hand, air filters do help. Indoor air filtration devices with HEPA filters can reduce the levels of particles indoors. Make sure to change the filter regularly. Don't use an ozone-generating air cleaner. That puts more pollution in your home.

How can I find out what the air quality is where I live?

If you have access to the Internet, you may go to www.sparetheair.com and check current conditions. This website is updated on a regular basis. The following index is useful in judging the levels near you if you do not have access to the Internet:

- **Good** (can see 10 miles or more) - No cautionary statements.
- **Moderate** (can see 5-10 miles) - Unusually sensitive people should consider reducing prolonged or heavy exertion.
- **Unhealthy for Sensitive Groups** (can see 3-5 miles) - People with heart or lung disease, older adults, and children should reduce prolonged or heavy exertion.
- **Unhealthy** (can see 1½ -3 miles) - People with heart or lung disease, older adults, and children should avoid prolonged or heavy exertion. Everyone else should reduce prolonged or heavy exertion.
- **Very Unhealthy** (can see 1-1½ mile) - People with heart or lung disease, older adults, and children should avoid all physical activity outdoors. Everyone else should avoid prolonged or heavy exertion.
- **Hazardous** (can see 1 mile or less) - Everyone should avoid all physical activity outdoors; people with heart or lung disease, older adults, and children should remain indoors and keep activity levels low.

Submitted by Beth Gabor, Yolo County Information Officer

Community Medical Centers

Esparto

17050 Grafton Street
Esparto CA 05627
(530) 787-3454

Medical Services for the Entire Family

General Medicine-Family Planning-Prenatal Care
Well Baby Care and Immunizations
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Health Counseling and Education, CHDP Provider

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Consejería y Educación de Salud
Proveedores de exámenes de CHDP-Servicios de WIC

Clinic Hours—Horario De La Clinica

Monday: 9:00 a.m. to 1:00 p.m.
Tuesday, Wednesday, Thursday, and Friday: 2:00 p.m. to 6:00 p.m.
Lunes: 9:00 a.m.-1:00 p.m.
Martes, miércoles, jueves y viernes: 2:00 p.m.-6:00 p.m.

SAME DAY APPOINTMENTS AVAILABLE
CITAS DISPONIBLES EL MISMO DÍA

Eastern European International Host Families Wanted:

(Host families needed for Davis, Esparto, Pioneer, & Woodland HS 08-09)

The Future Leaders Exchange Program (FLEX) sponsored by the U.S. Government and Congress is designed to bring youth ages 14-17 from the Eurasian countries of the former Soviet Union to the USA for one academic year to study in American high schools. Students develop their leadership and citizenship skills to serve as "agents of change" in their home countries when they return through organized alumni activities. Students are selected on the basis of merit and the process begins with over 50,000 applications for 1200 positions. Students are selected from various countries, regions, ethnic, religious and economic backgrounds. Countries involved in FLEX include: Russia, Ukraine, Kazakhstan, Uzbekistan, Kyrgyzstan, Tajikistan, Turkmenistan, Azerbaijan, Armenia, Georgia and Moldova. In addition to attending school, students are required to learn about community service, leadership and the rule of law in the United States. Students give presentations about their country to educate Americans about their homeland, while learning about the real America. Strong alumni groups help students reenter their native culture at the completion of the program, and assist in finding ways to implement ideas for improvement development while in the USA. Students who are selected have excellent English skills and must demonstrate good adaptation communication and academic skills with the final decision being made in Washington based on merit.

Applications are now available for potential host families. Host families responsibilities include: providing a nurturing environment, three meals per day and a bed to sleep in. The students receive a \$ 125.00 per month stipend and a \$300.00 start up fee for clothing, etc. with medical and dental included. Students generally arrive in early August and return home in late May or early June. They attend the local high school of the host family. During this past year six of these students attended school at Woodland, Pioneer and Esparto High Schools.

Other programs also sponsored by the U.S. Government are ASMYLE (students from Serbia and Montenegro). Also YES (students from Afghanistan 4th year.) Eighty-five students are currently available from the three programs for host families to select from.

Esparto Students and host families for the 2007-08 school year included: Anastasiya Bukhteyeva from Russia and her hosts were the Scott Mills family Ionel Hornet from Moldova and his hosts were the Al Obermueller family Ksenija Pesic from Serbia and her hosts were the Jim Schulte family

If anyone is interested in hosting a student for the upcoming school year, please contact:

Jim Schulte at 530-787-4441 or email: jschulte_611@hotmail.com.



**Gardens wanted to buy: succulents and cactus.
Landscaping service provided.
Call Riv at 796-4191 for more information.**

DURST



ORGANIC

GROWERS

James & Deborah Durst
26100 County Road 16
Esparto, CA 95627
530-787-3390



Fruit Festival at the Capay Valley Regional Farmers' Market

The Capay Valley Regional Farmers' Market Fruit Festival will be held on Saturday, August 9, from 9 a.m. to noon at Esparto Community Park. Join us for fruit tasting, fruit carving and **free fruit** (bring in the Farmers' Market ad with the free fruit coupon from this newspaper). Come and get delicious summer fruits and vegetables and the ever-popular nuts, jams and jellies, honey, olive oil, breads and tortillas, crafts and other wonderful items. Bring the kids to enjoy Dilly-Dally the Clown and her fruit balloons and face-painting, or just show up to meet with friends and neighbors.

Once again, we'll offer free health information, screenings and related activities, and **free bags of fresh, healthy locally-grown produce** to the first 40 participants, so bring your family and friends to experience the bounty of the beautiful Capay Valley region!

The Capay Valley Regional Farmers' Market is open the 2nd Saturday of each month from 9 a.m. to noon, April through December. Each Market is a festival with a different theme, featuring special entertainment, educational events, free health screening and vendor and community booths.

If you would like to participate or receive more information, please visit our website at www.capayvalleyfarmersmarket.com, or contact Pat Meade at info@capayvalleyfarmersmarket.com, or call 530-787-3319.

For your convenience, you can now download the *Market Rules and Regulations* and *Application to Sell* directly from our website.

Submitted by Pat Meade, Market Coordinator

Woodland Local Bus Service To Double

YOLOBUS will begin serving Woodland's new Gateway Shopping Center, including Costco and Target, as well as Woodland's new Community and Senior Center, starting Sunday, July 27th. Woodland local bus service will double, serving these places, plus providing closer access to Douglass and Lee Middle Schools, as well as to the senior housing on Cottonwood north of Beamer.

What used to be a two route, two bus local service will be expanded to involve four routes and four buses on weekdays. On weekends, the previous one route, one bus operation will be doubled to two buses and two routes.

Bus schedules are also available at Woodland City Hall, the Library, the Woodland Community and Senior Center and at various stores in town. Copies of bus schedules are also available by contacting YOLOBUS at 530-666-2877 or by going to the YOLOBUS web site: www.yolobus.com.

The basic bus fare is \$1.50, 60 cents for seniors age 62 and over and eligible disabled. During the rest of the summer (through August 31st), the fare for youth is only 35 cents. The youth fare goes back to 75 cents September 1st, with the exception of children living at the Yolo Housing Authority in Woodland, who will continue paying 35 cents.

Submitted by Terry Bassett, Executive Director of Yolo Co. Transportation Services

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CAPAY VALLEY REGIONAL FARMERS' MARKET

Fruit Festival! ¡Festival de la Fruta!
 Saturday • August 9 • 9 a.m. to noon
 Esparto Community Park

el Sábado 9 de Agosto • 9:00 a.m. a las 12:00 p.m.
 en el Parque Comunitario de Esparto

Delicious local produce, activities for the kids,
 Dilly-Dally the Clown, free health screenings.
 Free produce for early arrivals!

Free Fruit! ¡Frutas Gratis! **Bring this coupon Traiga esta Cupón**

Deliciosos productos locales, actividades para las niñas y niños, Dilly-Dally la Payasa, pruebas de salud gratis.
 ¡Productos vegetales gratis para los primeros en llegar!

For more information - Para más información:
www.capayvalleyfarmersmarket.com, 787-3319

 Building a Healthier Community - funded by the US Department of Agriculture Food Stamp Program through the Network for a Healthy California

Pregnancy Support Group Seeks Donations

The Pregnancy Support Group in Woodland is in need of donations of gently used items for their Baby Closet. Items such as baby clothing, strollers, cribs, high chairs, blankets, and maternity clothing for mothers are especially needed and appreciated. Young mothers-to-be earn these items by coming to educational classes on pregnancy, labor, delivery and learning parenting skills. This organization is able to provide these trainings only through support from the community and through donations. Helping young mothers become better parents is a service that benefits the whole community. Anyone who wishes to donate can bring the items to 324 Lincoln Avenue in Woodland or call 661-6333.

Submitted by Linnea Erickson

R.H. PHILLIPS WINERY

LINE OF

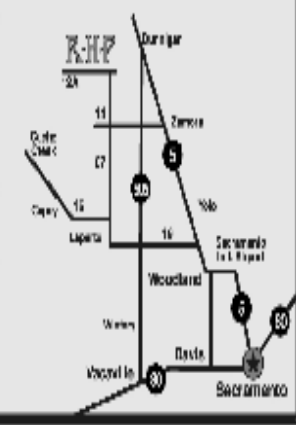
NIGHT HARVEST
 by R.H. PHILLIPS

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 11 A.M. to 5 P.M.
 ★★

8 MINUTES
 NORTH OF ESPARTO ON
 COUNTY RD 87 & 12A
 ★★

530.662.3215
WWW.RHPHILLIPS.COM



County of Yolo
 Parks & Resources Department

You are Invited!

*Please join us to celebrate
 the Grand Opening of our newest park!*

Capay Open Space Park

Date: August 8th, 2008
Time: 9:30a.m. - 10:30a.m.
Place: Capay Open Space Park
Address: 15063 CR 85, Esparto, Ca 95627

West of Esparto and North of Capay

Refreshments will be available!

RSVP: holly.malcolm@yolocounty.org or call: 530-406-4891

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Staying Healthy for Your Baby
*An Expectant Mother's
 Guide to Prenatal Care*

Expectant mothers who receive routine prenatal care – the medical attention a woman receives throughout her pregnancy – are more likely to have healthier babies and less likely to deliver prematurely or have other serious problems during pregnancy. To help you understand what to expect during your prenatal appointments, First 5 Yolo offers the following:

The First Step: Prenatal care begins at conception. Visit a health care provider as soon as you think or know you are pregnant. Your health insurance company can recommend a doctor or midwife in your area who specializes in pregnancies. If you are pregnant and do not have health insurance, there are low or no-cost health insurance options available. Contact the Yolo County Children's Alliance at 866-607-4030 for more information. Meet with your health care professional regularly throughout your pregnancy.

What to Expect at Your First Appointment:

- **Medical history review:** Knowing your medical history as well as your family's and the baby's father's history will allow your health professional to monitor and anticipate any problems that could occur during your pregnancy. Answer as many questions as you can, but do not worry if you cannot answer them all. If you smoke, tell your doctor, as smoking is harmful to you and your pregnancy.
- **Due date:** Women typically deliver within two weeks of their due dates.
- **Physical exam:** Your health care provider will perform a variety of exams to check your health and make recommendations for a healthy pregnancy.
- **Blood and health tests:** These tests will indicate your blood type and whether you have any infections that could harm the baby. If you do have an infection, the doctor or midwife can usually treat it without affecting your pregnancy.
- **Pregnancy tips and resources:** Your health care professional will provide tips on how to stay healthy during your pregnancy such as making nutritious food choices and taking prenatal vitamins. You also may discuss local pregnancy resources such as childbirth classes, the *Kit for New Parents* and your local Women, Infants and Children (WIC) program.
- **Schedule your next appointment.**

Follow-up Prenatal Appointments: After your first appointment, prenatal care visits are usually shorter and more routine. Your health care provider will likely check your heart rate and blood pressure; measure your weight gain and the growth of your stomach; check your hands, feet and face for swelling; listen to the baby's heartbeat and feel its movement and position in your abdomen; and conduct needed tests such as blood tests or ultrasounds.

Prenatal Care Schedule for a Normal Pregnancy:

- During **weeks 4 to 28** of your pregnancy, visit your health provider **once per month**.
- During **weeks 28 to 36**, visit **twice per month**.
- During **week 36 until delivery**, visit your doctor or midwife **once per week**.
- A woman with a "high-risk" pregnancy may have to see her health care professional more often.
- Even if you are feeling fine, it is important to attend all prenatal appointments.

Sources: March of Dimes and the Mayo Clinic
Compliments of First 5 Yolo
 403 Court Street
 Woodland, CA 95695
 530-669-2475
 www.First5Yolo.org

**MIDDLE SCHOOL STUDENTS SERVE AS
 RECREATIONAL LEADERS FOR SUMMER PROGRAMS!**

Many of the local Middle School students have stepped forward to be important leaders and facilitators of summer programs throughout the community! They helped adult staff provide a fun and active summer for younger children – and gained valuable "work skills" and training themselves! Over 825 hours of community service time has been offered up by these local youth, volunteering in jobs like Teachers' Aide, Community Recreation Leader, Summer Day Camp Leader, Pre-School Aide, and Bike Clinic Coach.

To be a junior staff person in one of these positions, each youth had to complete mandatory training on work ethics, interpersonal skills, leadership skill building, and coaching basics. In addition, weekly staff meetings were held every Monday – youth discussed their experiences, challenges at the worksite, got feedback from involved adult staff, and learned a new "skill for effective leadership" each week. Youth staff were easily recognized by their staff name badges, RISE staff shirts, clipboards, and official timesheets. This program was developed to acknowledge the assets young emerging adults have to offer the community, and to engage these assets and energy in a meaningful way with an established program adult. The youth have demonstrated great responsibility and have had a very meaningful role in the programs, always under the direct supervision of adult staff. The community should be very proud of these youth leaders – they have devoted much time and effort and have brought energy, enthusiasm and excitement to the programs. The younger children have enjoyed these relationships and the youth leaders have practiced learned skills in encouraging, coaching and building the esteem/self confidence of others through active and quiet play.

The following youth staff completed the training, displayed the characteristics and committed the time noted above and are important junior staff in the community's summer programs: Thomas Cope (outstanding staff person for month of June!); Katie Warde, Emmanuel (Manny) Marquez; Jeremiah Wise; Michael Murphy, Conor Warde; Tyler Slack; Lina Schwenger; Miranda Miller; Jane Schwenger; and Britney Halley. We are proud of these youth!

It should be noted that seven of these youth met at 7:00 a.m. on July 9th and represented the Esparto Region at the Sierra Health Foundation REACH Youth Development Conference. The conference was entitled "Our Voices Creating a New World" and an all-day event held at the Radisson Hotel in Sacramento. Over 350 youth attended and a huge variety of workshops and activities were offered all day. The big seven youth attending were: Manny Marquez, Michael Murphy, Thomas Cope, Jeremiah Wise, Jane Schwenger, Tyler Slack, and Lina Schwenger.

This program of leadership development will also be continued during the school year, with new opportunities for youth training and involvement. The overall purpose is to build good citizenship, actively involve young adults in meaningful community service, and encourage strong interpersonal facilitation skills. Thanks to our youth!!! ... They are making a difference!

Submitted by the RISE Staff

Youth Staff pictured (left to right): Katie Warde, Britney Halley, Jane Schwenger, Jeremiah Wise, Lina Schwenger, and Miranda Miller. Sitting below (left to right): Conor Warde, Tyler Slack, Tyler Zentner.

Missing in this photo: Thomas Cope, Manny Marquez, Michael Murphy



Cache Creek Watershed Stakeholders Group (CCWSG) Update

The last meeting was held on July 10th at the Grange Hall, and there were several announcements by Tanya:

- A new Executive Director for the Yolo County Resource Conservation District (RCD) has been hired to replace Paul Robins: Dan Efseaff will be starting August 18; Jeanette Wrysinski is the interim ED.
- Kamman Hydrology and Engineering presented to the Yolo RCD a report of their research into streambank instability and erosion along Cache Creek. We will get them to present their findings at a future CCWSG meeting.
- The USDA-ARS granted the RCD some funds to hire an intern, Allie Scrivner from UCD, to perform beetle counts along the creek. If you are open to allowing access to your tamarisk to let her count beetles, please contact Tanya at (662-2037, x114).
- The next meeting will be Thursday September 11, 2008 at the Grange Hall at 6 p.m.

Will Baker Native Plant Garden Update

Dimitrios Georges gave Tanya an update which she relayed to the group. The project went out to bid in June, and a low bidder was identified. The contract was being processed by the County, and it was hoped that the notice to proceed would be issued in July. The County Parks staff is in the process of coordinating other work, which is not to be performed by the contractor, such as upgrading the water pump and the water tank to handle the increased water needs of the project, and relocating the park host's trailer to the northwest section of the park.

Submitted by Tanya Meyer with John Capitano

Rumsey Band Pays \$6.25 Million to Fulfill State Compact Terms

The Rumsey Band of Wintun Indians, operators of the Cache Creek Casino Resort, recently made a \$6.25 million quarterly payment to the State of California under terms of its compact with the state. "Through the compacts, we have made major financial commitments to the state and Yolo County and recognize these funds are important sources of revenue to local and state government," said Tribal Chairman Marshall McKay. "We take our agreements very seriously; the compact is key to the Tribe's ability to provide for our people now and in the future."

The compact is an agreement the tribe made with the state to establish casino-style gaming. The compact sets parameters for gaming and ensures that the state will benefit from gaming through a calculated contribution of the Tribe's gaming revenue. The five California Tribes with 2004 amended compacts, including the Rumsey Band of Wintun Indians, may operate an unlimited number of slot machines and maintain geographic exclusivity in exchange for revenue to the general fund, additional state regulation, environmental oversight, and worker and customer protections. In July, the Tribe will make another payment of about \$4 million to the state based on fees for slot machine operation.

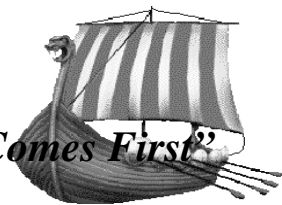
In addition to state compact payments, the Tribe has a Memorandum of Understanding with Yolo County that includes:

- \$2.5 million for County roads improvements
- \$43,000 annually to the County to maintain road improvements
- \$500,000 to County to assist the City of Woodland with traffic-related improvements
- \$10,000 annually to the County to assist in maintaining these improvements
- \$1,900,000 to reimburse County for one-time costs associated with mitigations of off-Reservation impacts
- Annual payments to County to reimburse costs associated with off-reservation impacts and intangible expenses unrelated to mitigations of environmental impacts. Since 2003, these payments have totaled \$20 million, with at least another \$5 million to be paid in October of this year.

Submitted by Nicole Leddy

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at 787-3265



**New Kindergarten Students
and Their Parents
Are Invited to Attend the
Kindergarten Roundup on August 8**

Parents and kindergarten students: Mark your calendars now for the "Kindergarten Round-up" to be held Friday, August 8th in the Multi-Purpose Room at Esparto Elementary School! The event will be held from 9:00 a.m. to 12:00 noon, with families attending in "staggered" or "convenience-centered" times designed to maintain a fun and manageable flow! Special activities are being planned to start children off with a positive feeling about the upcoming start of school! In addition, special materials will give parents hints for family transitions, dealing with the child's first week of school, and "get ready" steps for school start-up. Parents will be receiving important information on their child's first few weeks at school and will have the opportunity to meet the new elementary principal, Mrs. Veronica Michael.

The "Round-Up" will also give parents a last minute opportunity to ensure that all paperwork required for school is complete and in order, and that the medical and emergency information and requirements are completed. Some professional screening opportunities will be available. Participation in mini workshops, health screenings and assessments will be strictly voluntary. Bilingual assistance will be available for Spanish-speaking parents.

The "Kinder Round-Up" is sponsored by the Esparto Unified School District and RISE, Inc. and support for the "Round-Up" has been provided by FIRST 5 Yolo Children and Families Commission. Mark your calendars! Watch for a reminder and more details through the mail! Pick up Kinder registration packets at the school after July 28, if you have not already done so! If you have questions about the event, call RISE at 787-4110. See you there!

Submitted by the RISE staff

Esparto Writers' Group

The Esparto Writers' Group's next meeting is Thursday, August 21 at the Esparto Regional Library from 6 p.m. to 8 p.m. The group is growing, but there is always room for more writers who want to share their work. There is a new suggested assignment for August. NPR radio has a series called "This I Believe." Information about the series can be found at npr.org. The suggested assignment is to write 50 words or less on the topic "This I Believe." Of course, members are welcome to bring any written work to share and the assignment is only a suggestion. For more information call or email Barbara Durst at 787-3100 or bdurst@mac.com.

Submitted by Barbara Durst

Countryside Community Church

Bring your children to Sunday School and Worship with us at 10 a.m. on Sunday.

Located at Fremont and Grafton in Esparto / 787-3586

Rev. Dr. Pamela Anderson, Pastor
Presbyterian Affiliation

Give a Pint - Get a Pint

Esparto Community

Blood Drive

Monday, August 4

3:00 p.m. to 7:00 p.m.

**Located in the
Community Hall next to
the Fire Station.**

**For more information:
Pam Pearson at
(530) 787-3300**



Natalie's mom survived life-threatening post-natal complications, thanks to BloodSource blood donors.

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All participants will receive a coupon for a FREE Pint of Baskin-Robbins Ice Cream!!

**Please bring photo ID.
Please eat and drink
plenty of fluids.**

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**Area Kids Participate in 14th Annual
"Summer Saddle Series"
Hosted by Criners' Arena**

Set in the foothills of Lamb Valley west of Esparto lies a small arena that has seen lots of activity each and every Monday night of the summer. Kids from as far away as Oregon and as close as perhaps your neighbor, have been participating in the rodeo events held at Criners' Arena for the past 14 years. The contestants are into the last week of the ten week series, following the "parent challenge" that was held on July 28. In this challenge the parents were afforded an opportunity to compete against their children in the Barrel Racing, Pole Bending, Goat Tying and a special Mystery Event to show them "how it is done". In years past there have been children from two years old all the way to 18 years old competing during the summer events. This year the youngest little cowgirl is four years old and the youngest little cowboy is three years old.

Each year brings new and old contestants riding for Saddles, Buckles, Spurs, Headstalls and other awards that are given out on the final day, which will be August 3rd this year. The day will begin with the contestants competing for the final time at 9:00 a.m. in the morning, followed by the annual barbeque and potluck at noon, and will conclude with the presentation of awards at 1:00 p.m. This year the competition has been brutal at times with both tears and cheers, and never lacked the competitive spirit as many family and friends, new and old, watched and held their breaths, as their favorites rode for the fastest time or just to remain in the buggy. As quoted by Mason Thomas, one of the "Little Britches" contestants from Woodland, "I am in it to win it," as his older sister led him around the barrels on his new pony.

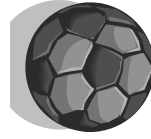
In the Senior Division, a local girl from Esparto has led the pack for the trophy saddle. Angelina Carrion has kept the lead for the entire series. Only two points behind her is Christopher from Middletown, who won the Reserve Champion Buckle last year. Right behind Christopher is Ashley McMahon from Woodland, who won her first saddle here in the Little Britches division several years ago. Brooks resident, Miranda Reyes, is only 5 points behind Ashley and has improved with each rodeo. Jennifer and Janelle Oakham from Capay remain in the top eight even as they split their time with the All Stars. Joseph from Middletown is back again after suffering a broken collar bone and sits 7th in this competition. Hannah West from Esparto rounds out the top ten for the seniors.

In the Junior Division Samantha from Middletown is the likely candidate for the trophy saddle this year. Former Little Britches Champion, Breanne "Breezy" Justice from Woodland has been in the running for the Reserve Champion Buckle. Breezy has been competing here since she was 2 years old. In third place from Esparto Jaelyn Dutton has been "tearing up the sand". Right on her heels is Bobbi Jo Criner from Arbuckle, a seasoned Criners' Arena competitor. Blayne Shoffit from Woodland, new to the arena, has held the 5th place spot, with Wyatt Criner only 7 points behind her. Mariah Rivera from San Jose, a first time rider, has worked her way up to 8th place with Lindsey from Arbuckle holding the ninth place. Makenna Thomas of Woodland, who is riding a new horse this year and has improved every week, completes the top ten in this section.

The Little Britches Division has been led by Rachell from Arbuckle, but Mackenzie from Woodland has trailed her by only 3 points. Gage Hillard of Capay has sat in third place. Sitting is a relative term as most of these little cowboys and cowgirls do a lot of bouncing, giggling and laughing. In fourth place is Mason Thomas of Woodland, the "I am in it to win it" kid". This is his first year, and undoubtedly will not be his last. Clohe of Woodland has been the 5th place cowgirl at the whopping age of four and our three year old cowboy, Andrew Dutton from Esparto, has held 6th place this year.

The final day of competition for this exciting year will be on August 3 with competitions starting at 9:00 a.m.

Submitted by Pam Criner



**Capay Valley AYSO (American Youth Soccer Organization)
"TO PROVIDE WORLD CLASS YOUTH SOCCER
PROGRAMS THAT ENRICH CHILDREN'S LIVES"
Open Registration - Balanced Teams - Everyone Plays -
Good Sportsmanship - Positive Coaching**

Volunteer coaches are needed for the 2008 Fall Soccer Season. Practices start mid-August. Games start the first Saturday after Labor Day in September. Better trained coaches make for higher skilled players, which creates higher energy level, more excitement and fun, as well as success.

The National Coaching Commission recommends that all head coaches and assistant coaches be trained at the age/skill level of the team they are coaching. This will be a requirement for all secondary programs (like Select Tournaments) starting in August 2009.

Although we are all volunteers, it is our responsibility to attend the highest level of clinic we need to provide the best, most positive, and safest environment for the players.

The coach clinics have been scheduled as follows and are posted on the Davis AYSO website (<http://www.davisayso.org/training.htm>) :

- August 9: U6 to U12
- August 16 AND 17: Intermediate Coach (U14) - (U12) is a pre-requisite for this course]
- August 23: U6 to U10
- Training happens in Davis at the Davis AYSO Office.
- Check the website for times and location.

Sign-up on line at [eayso.org](http://www.davisayso.org) or RSVP to coachtraining@davisayso.net

COACHES TRAINING CAMPS

For Advanced Coach, Coach Instructor and Advanced Coach Instructor courses, the Golden Gate Camp is on Aug 1-3 in Moraga. Fees reimbursed by the region. Check the section 2 website for registration information and form. [The Intermediate Coach course is a pre-requisite for the Advanced course. The U12 course is a pre-requisite for the Coach Instructor course]. Registration closes one week before the beginning of the camp so sign-up now!

The Coach Safe Haven classes (child and volunteer protection certification, mandatory to all coach volunteers, one time 2 hours class) have also been scheduled and dates are posted on the website. They are August 7, August 21 and September 1.

Contact Anna Brait at (530)796-3801 for additional information. Thank you for volunteering with Capay Valley AYSO.

To sign up for soccer volunteer coach training contact:

JP Marié, Area 2D Coach Administrator
Coach Instructor & Advanced Management Instructor
(530) 304-3251 or jpmarie_davisayso@sbcglobal.net

Submitted by Trini Campbell



Fresh, organic fruits & vegetables delivered to the Capay Valley Vision office in Esparto every Wednesday.

Farm Stand open every Friday from 2-6 p.m. At Full Belly Farm (Road 43)

For more information, call (530) 796-2214.

COMMUNITY CALENDAR

AA meetings:

Countryside Community Church, located at 26479 Grafton St. Entrance is on west side. Call 1-800-970-9040 for more information.

Guinda Community Church, Tuesday, Thursday and Saturday at 7:00 p.m. in Spanish.

Ala-teen meetings: meets at Guinda Community Church 16671 Forest Ave. Call Lynn for details at 787-4566 or Pastor Noble at 668-0870.

Ag Task Force of Capay Valley Vision, meets on the first Thursday of every month at the Library at 7:00 p.m.

Capay Valley Christian Fellowship: meets at 11:00 a.m. on Sunday at 7588 St. Route 16, Guinda.

Capay Valley Farmer's Market Board, meets the 3rd Thursday of every month at FreeHeart Farm at 7:00 p.m.

Capay Valley Fire Commission Meeting: meets the 2nd Monday of each month at 7:30 p.m. at the Guinda Fire Station.

Capay Valley General Plan Advisory Committee: meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.

Capay Valley Regional Farmers' Market: is every Saturday (2nd Saturday is Market Fest), April - December, from 9:00 a.m. to noon in Esparto Park

Capay Valley Vision Board, meets on the first Monday of every month at the Library at 4:30 p.m.

Dental Office in Esparto is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.

Early Learning Center Program.: held from 9:00-11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church

English as a Second Language classes: held on Mondays and Wednesdays from 6:00 to 8:00 p.m. at Esparto Elementary School (Room 32)

Esparto Citizens Advisory Committee Planning Council: meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.

Esparto Family Practice: open Monday, Wednesday & Thursday from 2:00 to 6:00 p.m. and on Tuesday & Friday from 9:00 a.m. to 1:00 p.m.

Esparto Lion's Club Meeting: meets on the 1st and 3rd Mondays at 7:00 p.m. at Esparto Community Center.

Esparto Regional Chamber of Commerce, meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)

Esparto Unified School Board Meeting: meets on the 1st and 3rd Wednesdays at 5:30 p.m. at the Library.

Food and Clothes Closet: open on Wednesdays & Fridays at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.

Friends of Esparto Regional Library Board of Directors' Meeting: meets on the first Tuesday at 7:00 p.m. at the Library.

Home Schooling Cooperative: Call Anna Brait at 796-3801.

Guinda Community Church: Children's Sunday School & Bell Choir practice at 8:45 a.m. Sundays; 7:00 p.m. Monday prayer meeting for all.

Madison Advisory Committee: meets the 1st Thursday at 6:30 p.m. at the Madison Fire Department.

St. Martin's Church: Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street

Western Yolo Grange: meets on the 3rd Thursday at 6:30 p.m. at the Grange Hall for a potluck dinner and meeting.

WYORCA: meets on the 2nd Thursday at 7:00 p.m. at the Esparto Library.

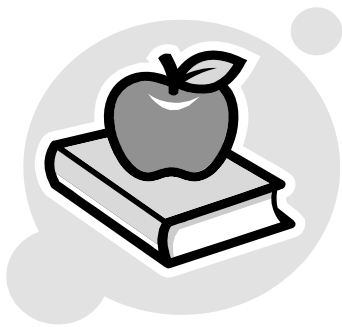
R.I.S.E. Collaborative Meeting: meets the 3rd Friday at 9:00 a.m. at the Esparto Community Hall (except August).

WIC Services located in the Esparto Family Practice office at 17050 South Grafton St. on the 4th Wednesday. (2:00-6:00 p.m.)

If you would like to include calendar events or change information, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.

Activity Calendar for July 2008

(as mentioned in this paper)



- August 3:** Last Rodeo competition at Criners' Arena starting at 9:30 a.m.
- August 4:** Esparto Blood Drive at Esparto Fire House from 3:00 p.m. to 7:00 p.m.
- August 8:** Kindergarten Roundup at Esparto Elementary School from 9:00 a.m. to noon
Opening of Capay Open Space Park on Road 85 from 9:30 to 10:30 a.m.
- August 9:** Capay Valley Regional Farmers' Market Fruit Festival in Esparto Park from 9:00 a.m. to noon
- August 9, 16, 17 and 23:** AYSO Soccer Coaching Clinics in Davis for volunteer coaches.
- August 12:** Electrical Inspection training in Woodland from 8:30-11:30 a.m.
- August 13-17:** Yolo County Fair
- August 18:** Esparto Schools begin classes for the 2008-09 school year.
Adult Book Club meets at the Library at 7:00 p.m.
- August 21:** Esparto Writers' Group meets at the Library at 6:00 p.m.