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Serving Madison, Esparto, and the Capay Valley

Inside this Issue:

- Health and Safety Fair is coming up!
- Help a child, become a CASA
- Who's new at your school?
- Great programs at the Esparto Library
- Improvements planned for Highway 16

Presented by a community partnership between Healthy Start, Esparto Unified School District, ER-FINEST, and RISE, Inc.

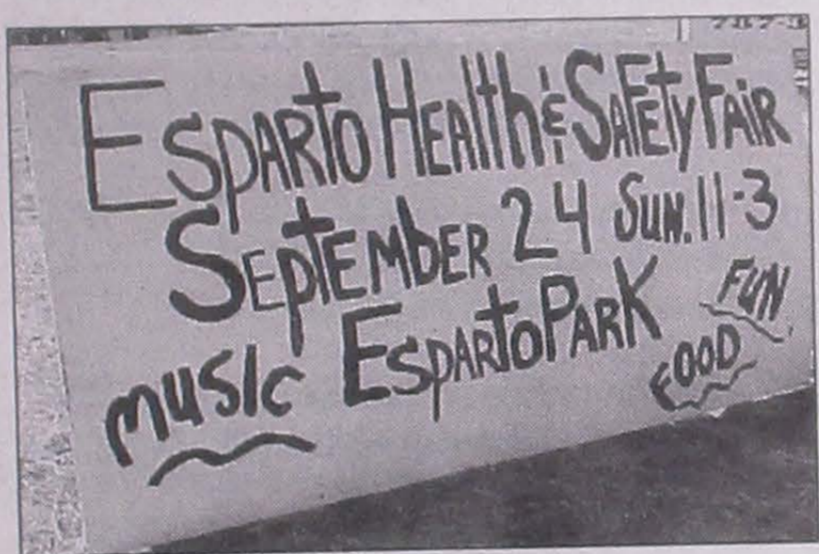
## Second Annual Esparto/Capay Valley Healthy Start Health and Safety Fair

By, Debbie Kaake

What do you do on the weekend? Tired of the usual routine? Perhaps it's time to go out to the park and have a little fun on your weekend — we can tell you where to start. The Esparto/Capay Valley Healthy Start is sponsoring the second annual Health and Safety Fair on Sunday, September 24, 2000 at the Esparto Park from 11:00 a.m. to 3:00 p.m.

The focus of the health fair is to provide free health screening and preventative information along with safety information and services. Communicare Health Centers, Yolo County Department of Health, Esparto Family Practice, the Lion's Club, Phillip's Chiropractic, and Dr. James Newell will all be present to provide attendees with medical screenings. Some highlights of the health screening include: dental screening & sealant, HIV testing, Glaucoma test, Immunizations (bring the yellow immunization card for each child), spinal checks, blood pressure checks and sports physicals.

Safety information and services available will include child car seat installation checks from 11 a.m. to 2 p.m., Speed Ball trailer, Red Cross safety information (i.e. disaster preparedness, water safety, etc.), rescue boat, ambulance, fire trucks, and hazardous materials response vehicle, DARE car, Humbee, Cops for Kids car and more.



Signs advertising the upcoming Health and Safety Fair can be found all around Esparto and outlying areas.

One exciting new feature at the fair this year is a computerized fingerprinting and identification file provided by the Landmark-Buckeye Masonic Lodge #195. Not only does this program allow a child's thumbprint and portrait to be scanned on to a computer file, but it also allows parents to type in identification information about their child such as height, weight, eye color, and more. For parents, this feature means extra security and a better chance of success in finding a child if they become missing. For kids, it will be a lot of fun watching their picture and fingerprints come up on the computer monitor.

In addition to screenings and safety demonstrations, there will be a number of exhibitors from all around the county anxiously giving away prizes and literature to keep the community healthy and safe. Many will feature games and giveaways.

The Master of Ceremonies for the day will be Jolene Berg this year's Almond Festival Queen. Assemblywomen Helen Thomson is our special guest speaker and will be on stage about noon. Other fun events will include Smokey the Bear, face painting, Fun Jump House, free raffle drawings for prizes, booths with community and local resource information, good food, and a possible surprise performance from a local sports team mascot!

Center stage events include: Esparto High and Middle School Cheerleaders, Esparto Ballet Folklorico Dancers, Taekwondo demonstrations, Family Games with Woodland Parks and Recreation, and the Aztec Dancers.

The park is located next to the New Library on Yolo Avenue (Highway 16) in downtown Esparto. For more information, call Debbie Kaake, Healthy Start Coordinator at (530) 787-3519.

Esparto Spartan Volleyball 2000			
Date	Opponent	Place	Time
Aug. 29	Maxwell	EHS	5:30
Sept. 1	Woodland Christian	EHS	5:00
Sept. 4	Princeton	Princeton	5:00
Sept. 5	Delta	EHS	5:30
Sept. 12	Faith Christian	Yuba City	5:00
Sept. 14	Pierce	EHS	5:00
Sept. 15	Rio Vista	EHS	5:00
Sept. 19	Mercy	EHS	5:30
Sept. 26	Biggs	EHS	5:30
Sept. 28	Winters	Winters	5:30
Oct. 3	Williams	Williams	5:30
Oct. 5	Los Molinos	EHS	5:30
Oct. 12	Mercy	Mercy	5:30
Oct. 19	Biggs	Biggs	5:30
Oct. 26	Williams	EHS	5:30
Oct. 31	Los Molinos	Los Molinos	5:30

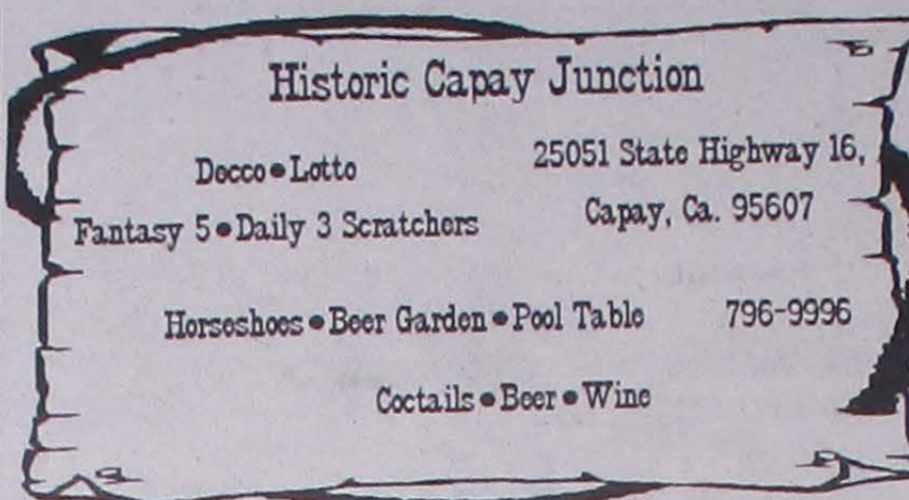
### Come Lead Club Live!

Esparto Middle School is looking for someone to co-advise a Club Live (CL) chapter. Club Live is associated with Friday Night Live (FNL): FNL is for high school aged youth and CL is for middle school aged youth. All parents, teachers and other adults interested in working with youth can apply to be a CL advisor. This program builds partnerships between young people and adults for positive youth development as well as providing opportunities for youth to be leaders and resources in their communities, while remaining alcohol-, tobacco-, and other drug-free!

To be an advisor you must be able to meet at least once a month (preferably twice a month) with the CL chapter. Chapters can be based from a school campus, recreation facilities, housing projects or even youth detention centers. As an advisor, you participate and assist in planning for meetings, fundraisers, and yearly events, and organize meetings with youth during lunch time or after school. This is a great opportunity for those of you who want to give back to our youth. You will meet some incredible and talented youth!

For more information, please contact Debbie Carrión at 666-8659.

Esparto Spartan Football 2000			
Date	Opponent	Place	Time
8/25	Hayfork	Hayfork	5:30/7:30
9/1	BYE		
9/8	Winters	Winters	5:30/7:30
9/15	Maxwell	EHS	5:30/7:30
9/22	Princeton	EHS	5:30/7:30
9/29	Westwood	Westwood	5:30/7:30
10/6	Hamilton City	EHS	5:30/7:30
10/13	Williams	Williams	5:30/7:30
10/20	Mercy	EHS	5:30/7:30
	(Homecoming)		
10/27	Los Molinos	Los Molinos	5:30/7:30
11/3	Biggs	Biggs	5:30/7:30
11/10	First Round Play-offs		
11/17	Play-Offs, Semi-Finals		
11/22	Section Championship		



### Ten tips for drivers who pick up and drop off children at school

(provided by the Yolo County Department of Health)

- Buckle Up Passengers**
  - It's the law
  - Children under 12 go in back
  - One child per seat and belt
- Drive at a Safe Speed**
  - School areas can be hazardous
  - 25 mph max when children are present
- Learn and Obey the Right-of-Way Rules**
  - Don't create traffic gridlock
  - Yield RIGHT-OF-WAY when required
- U-Turn Only if Safe and Legal**
  - Never block other traffic
  - Avoid U-Turns in school zones, congested areas, or close to an intersection
- Obey Parking Rules When You Stop or Park**
  - Don't park – even if temporarily – where it's illegal
  - Don't block other vehicles
- Use Designated Areas to Drop Off or Pick Up**
  - Always pull to the curb
  - Load/unload on the curb side
- Try Not to Stop Across from the School**
  - Send children to a crosswalk if you must stop across the street
  - Never direct or allow a child to cross unsafely
- Have the Children Cross Only Where Safe**
  - Marked crosswalks are best
  - Unmarked crosswalks at intersections are OK, too
- Walk WITH Them – After You Park Farther Away**
  - You reduce congestion close to the school
  - You can use this time to talk about traffic safety
- Other Important Guidelines**
  - Praise good behavior – how they walk, check for traffic and cross
  - Cooperate with adults who are directing traffic

### Can-Do Kids Who Care...

... finished vacation bible school at Countryside Community Church July 28<sup>th</sup> with a bang. This summer, children in the Capay Valley learned how the children in the bible were not too young to be helpers, such as Jesus welcoming the little children; Marian taking care of baby Moses as he floated on the river; David slaying Goliath; Samuel answering God's call in the middle of the night; and the little boy reaching out to share his lunch with Jesus. In the same way children in the Bible helped out their contemporaries, the "Can-Do Kids" wish to share with their own community. Over \$200 in pennies were collected and used to purchase books on tape for the library. The books on tape were presented Monday evening, August 14<sup>th</sup> at 5:00 pm to the friends of the library. Among those in attendance were Nadine DeSmet, Esparto branch librarian, and Marilyn Corcoran, Assistant County Librarian.

### Congratulations County Fair Winners!

- Susan Jorgensen won Sweepstakes for a Cut Flowers display on Thursday at the Yolo County Fair.
- Ben Cooper and Murphy (his lamb) came out champions in the Best of Breed contest.
- Best of Show — Crafts and Hobbies was granted to Alice Garrison who painted a buffalo on a saw blade.

### Hoes Down Harvest Festival

Once again the Full Belly Farm will host the Hoes Down Harvest Festival the first Sunday of October. This is a family event aimed towards celebrating rural living and raising awareness about sustainable agriculture. In the past, this event has drawn around 2000 people and a similar turn-out is expected for this year. All proceeds from the event go to non-profit groups such as the Ecological Farming Association (formerly known as the Committee for Sustainable Agriculture).

This year's Festival will feature farm workshops, farm tours, children's area, and a farmers' market and crafts. Among other topics, guests will get a chance to learn about cow milking, sheep shearing, and herb gardening. For those who decide to take a farm tour and aren't up for an hour-long walking tour, a horse drawn wagon ride is in store for you! If it's pumpkin carving, homemade ice cream, and corn dolls that really float your boat, you must check out the children's area. And if you're looking to stock up on produce and decorations for the winter, the farmers' market and crafts area is the place to go.

The Hoes Down Festival will be held on Saturday, October 7, 2000 from 11:00 a.m. to 11:00 p.m. at the Full Belly Farm in Yolo County. This event promises to have something for everyone, so don't miss it!

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## Free Food Boxes for the Hungry

By, Kacey Kamrin

Many of you may know about the Community Food and Clothes Closet at the Community Church which provide emergency food and clothing, but there is an additional emergency program that comes to Esparto once a month. The last Thursday of every month families in need can receive a large box of food at the Esparto Community Room. This food program is sponsored by the Yolo County Food Bank and coordinated in Esparto by Dottie and Robert Queen. There are also monthly food deliveries to Dunnigan (at the Happy Time RV), Guinda (at Guinda Grange), Madison (at the Madison Migrant Center), Winters (at both the Community Center and Yolo Housing), and Yolo.

These food boxes are available to anyone who meets certain income criteria. For example, 2-person households can receive food if they earn \$1,221 per month or less; 3-person households can receive food if they earn \$1,536 per month or less. Boxes include items such as dried pastas, rice, juice, cereal, granola bars, applesauce, and soup. All items are non-perishable, so families can take their time in using the food.

Where does all of this food come from? Much of the food that makes it into these boxes has a colorful history. Most items start off as emergency supplies that the U.S. ships to countries that are in crisis. The food that doesn't fit on the ship headed across the seas gets sent to a variety of local food banks. The Food bank of Yolo County in Woodland receives some of this surplus emergency supply, as well as donations from local grocery stores. Upon receipt, staff at the Food Bank construct well-balanced boxes of food for the various cities in Yolo County. Once the boxes are ready, representatives from each of the cities make the trip to Woodland to stock up on boxes for their communities.

One hundred Esparto residents currently use these food boxes, but Dottie Queen believes there are many more families who could use this service but are not taking advantage of it. This food supply is an invaluable opportunity for many local families. Hopefully we will see a larger turn-out at the end of September.

## Happenings in the Valley

By: Artie Laing

A Cheerie goodbye to Nathan Riley, a Dartmouth student who will be leaving soon for Scotland as an exchange student.

If you've noticed occupied cars parked on Yolo Ave. and Highway 16 when entering Esparto or on the side street of our park, they belong to Cal Trans employees who are tallying our traffic through town.

The Capay Valley volunteer fire department had their annual Labor Day weekend rummage sale — the proceeds help offset some of their expenses.

Betty and Dan Keoppen visited their daughter Cate and husband Eric in North Liberty, Iowa. While enjoying their visit, they became first time grandparents. Nathan Ernest was born July 23, weighing 9lbs. 3oz.

Rather than walking to the bus stop, many Valley residents are driving and parking their cars in nearby parking lots in order to catch the bus to Woodland. This is a very cost effective way to get around Woodland.

After a three week tour around eleven European countries, the Herbst family was welcomed home. While in Sweden they saw the Lund and — which is the size of a city block — and also visited the dormitory in which their daughter, Jennifer — a college student in San Diego currently studying as an exchange student — is residing.



Head Start representatives from Woodland are investigating a rental space in Esparto that they can use for their program.

The EUSD school maintenance crew is greatly appreciated for its accomplishments in repairing and cleaning the vandalism and graffiti.

How exciting! Cable has been extended to Capay and by the end of the week Madison will also have it.

Mary Comevell became a great grandmother for the seventh time. Amber Marie arrived weighing 8lbs. 4oz. Her parents are Christina and Robert Bouser.

Our condolences to the Galvan family on the loss of their father.

What fun! Homecoming theme this year is "Flash from the past," 60's, 70's and 80's.

We will miss long-time Esparto residents Eileen Raymond and her husband, both of whom have moved to St. John's in Woodland.

It was a busy fundraising weekend for the FFA members. They helped to set-up and serve for Cal Form picnics in Vacaville at Pena Adobe Park.

We hope Rick Wilson will share his experience as a student for a day at Esparto High at the next school board meeting.

We appreciate Ruth McGuiness's help with the Healthy Start free clothes and food center located in the basement of the Community Church on Grafton in Esparto.

## Community Input Aids Hwy. 16 Improvement Plans

By, Kacey Kamrin

More than one hundred people came to Esparto High School to give CalTrans their input regarding the proposed changes to Highway 16 on August 22, 2000. CalTrans received one hundred and eighteen written comments from the public, all of which will aid in planning the changes to the highway.

When Highway 16 was first built, it was designed with the intentions of only serving rural vehicles and traffic. Since its inception, the number of cars traveling on the highway has increased exponentially. This has caused increased traffic problems. Additionally, modern automobiles are designed to travel at much higher speeds than the vehicles for which Highway 16 was originally intended. These modern developments have led to increased accidents and fatalities along the highway.

Currently, CalTrans is planning to widen the highway from Interstate 505 to Brooks. The width of the road will increase from twenty-four feet to forty feet. Flood drainage and curve realignment are two

other items CalTrans hopes to address with these improvements.

While these improvements should all help to solve some of the safety issues on Highway 16, don't expect a quick fix. The community input sessions are the very beginning stages of what will probably be a five-year-long improvement process. Once the community comments are taken into consideration, CalTrans will decide exactly what improvements will be done, engage in an environmental impact study, create a construction schedule, buy the land necessary to widen the highway, relocate existing residents, and, finally, begin construction.

Since many residents of the Capay Valley rely on Highway 16 as a major roadway to travel to nearby cities such as Woodland and Sacramento, it is very important that everyone gives CalTrans the input necessary for them to create a safe and practical highway for everyone living in the region. There will be another community input session scheduled sometime in the spring of 2001 — we hope to see everyone there!

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### LOCAL CHAMBER OF COMMERCE INSTALLS OFFICERS

The Esparto District Chamber of Commerce started a new year by installing elected Officers and Board of Director members. The Installation Dinner was held Wednesday, September 6<sup>th</sup> and featured a buffet dinner at the Cache Creek Casino in Brooks.

Two honorary businesses in town were introduced as recipients of the first complimentary memberships for the year: Gretchen Ceteras of Blue Heron Farms and Jack Huie of the Esparto Supermarket were announced as this year's recipients. The program seeks to acknowledge commendable local businesses that are not yet Chamber members. They are awarded one full year's free membership in recognition of their business success, diversity, and/or community contributions.

The new agenda format for Chamber meetings was also announced. This year meetings will be more oriented around "mixer" and program time and less around routine business that can easily be handled by Board members. Try attending a meeting under the new arrangement - we think you'll like it!

The President gave a short presentation regarding the new mission of the local Chamber, which is trying to more appropriately dedicate itself to local business interests. Energized efforts will be made to build up the "promote-able" in our communities; pursue economic development; recognize the broad and diversified local business community; be visible in representing business; and act as a cooperative partner with other groups in a variety of special projects. The Chamber also revealed its intention to not be the foundation organization to coordinate the community's Almond Festival, and introduced the letter going out to pivotal local organizations announcing this change.

The Chamber of Commerce is pleased to announce the following officers and Board members for the 2000-2001 year: President Cathie Wicks; Vice President Meredith Stephens; Secretary Marion Nichols; Treasurer Bill Rominger; Board members Tom Taylor, Dona Mast, Ben Adamo, Pat Harrison, James Haag, and Tammy Fullerton. Join now by sending only \$25.00 to the Esparto District Chamber of Commerce, P.O. Box 194, Esparto, CA 95627-0194. You'll get notice of all meetings!

### Winter Energy Prices To Remain High Propane Industry Advises Consumers: Be Prepared. Fill Your Tank Early.

Lisle, IL, September 6, 2000 .... Driven by a variety of supply and demand factors, virtually all fuel prices rose sharply during the first half of 2000: heating oil, gasoline, natural gas and propane. Given the current market status and predictions of a colder winter, experts predict that prices are likely to remain high during the upcoming winter heating season. In an effort to hedge against these high winter prices, the propane industry is encouraging consumers to take early precautions by filling up their propane tanks and carefully maintaining their propane home appliances.

"Propane customers can help shield themselves from the expected high winter costs by getting their tanks filled now, before the weather turns cold," said Daniel N. Myers, Executive Vice President and General Manager for the National Propane Gas Association (NPGA). "Some consumers might be postponing deliveries in the hopes of lower prices, but those lower prices are not expected during the coming heating season."

#### Colder Winter Ahead

After two years of above-normal temperatures, colder temperatures are expected this winter. Weather has a large impact on heating fuel demand. If it's cold, consumers will use more, and prices are likely to increase.

In addition to the weather, continuing high crude oil prices are expected to impact all energy prices this winter. According to Purvin & Gertz, Inc., an international energy industry consulting firm headquartered in Houston, Texas, the following additional factors are expected to influence propane prices this winter:

- Low U.S. propane inventory levels. As of July 31, U.S. propane inventories were 5.5 percent lower than a year ago and the lowest since 1996. Primary stocks are continuing to build, but experts are concerned that distributor and customer storage may be low. They are urging customers to fill up now.

- Record high natural gas prices. The American Gas Association has warned that U.S. consumers could face significantly higher natural gas prices this winter - an average increase of more than 30 percent over 1999. This could impact propane prices because 48% of domestic propane is produced from natural gas plants.

- Low propane imports. Total U.S. propane imports have dropped over the last two years, from over 4 million barrels (MMB) at this time in 1998 to approximately 0.5 MMB this year. Imports, which mostly come from Canada, make up 10% of the U.S. supply.

- Continued growth in Far East propane demand. China had the largest growth in propane demand in

the Far East, with an annual growth rate of more than 19%. At the same time, the countries that comprise Southeast Asia had a total growth in demand in excess of 10%, and demand in India has been growing at nearly 9.5% a year.

- A booming Mexican market. Mexico is now the third largest propane consumer in the world, and demand continues to grow by 3% annually.

- Middle East petrochemical plant startups that also consume propane. Propane demand in the Middle East is growing faster than the world average. Between 1990 and 1999, demand in this region increased by just under 8% per year.

There is ample propane supply worldwide, but prices are what drive product distribution. U.S. suppliers compete in a global market for the propane. Thus, if there should be a sudden, heavy demand for propane due to colder weather, prices could escalate rapidly.

Even in light of the current situation, the bottom line is efficiency. The Propane Education & Research Council (PERC) has developed a set of "Energy-Saving Tips For Your Home." These are easy and practical ideas that homeowners can implement to cut their energy bills. Available from your propane supplier.

"Propane provides consumers with clean, efficient, and cost effective alternative home energy source," said Roy Willis, president of the PERC. "To ensure a warm home and steady energy supply during harsh winter weather, homeowners should stock up on propane and carefully maintain their propane appliances to cut costs," added Willis.

For a detailed explanation on the potential impact of higher propane prices, visit the Purvin & Gertz, Inc. website at <http://www.purvingertz.com/ogj062600.html>.

NPGA is the national trade association for the U.S. propane gas industry. With a membership of more than 3800 companies in all 50 states, 38 affiliated state or regional associations, and members in 28 foreign countries, NPGA represents every segment of the propane industry. Over 90% of the U.S.' propane supply is produced domestically, and 60 million Americans choose Propane. Exceptional Energy as their energy source. For more information call (630) 515-0600 or visit [www.npga.org](http://www.npga.org).

PERC was authorized by the U.S. Congress with the passage of the Public Law 104-284, the Propane Education & Research Act (PERA), signed into law on October 11, 1996. The mission of PERC is to promote the safe, efficient use of odorized propane gas as a preferred energy source. For more information about the Propane Council, please call (202) 452-8975 or visit the website at [www.propanecouncil.org](http://www.propanecouncil.org).

## CASAs Speak Up On Behalf Of Children

Over 500 children in Yolo County were so abused and neglected that they have been removed from their homes and placed in the foster care system. Alone and frightened these children are dependent on strangers to determine their future. Yet because of the Yolo County Court Appointed Special Advocate (CASA) program and CASA volunteers like Moira Nobles of Esparto, some of these children have a friend to help them navigate the court system maze.

"Three years ago I took my first case. I was appointed to an eight year old little girl," Nobles said. Moira became interested in the CASA program after attending an orientation and strongly felt that as a community volunteer she could help some of our communities most vulnerable children by just being a friend. Moira completed the 30 hours required training and before long found herself becoming a supportive friend. Together they went to the library, enjoyed doing arts and crafts, and even sewed doll clothes. What the little girl did not see was the time Nobles spent advocating for her needs in court. Talking with other providers — attorneys, social workers, and teachers, Nobles made recommendations to the judge as to what was in the best interest of her assigned child. "CASAs make sure kids do not fall through the cracks in the system," Nobles says.

Yolo County CASA is a non-profit organization committed to advocating for abused and neglected children in the juvenile justice system. The Yolo County CASA program recruits, trains, and supervises volunteers to develop a relationship with a child and to speak for that child in court. A CASA volunteer spends an average of two hours a week with a child and becomes a critical voice in determining that child's future. Currently, there are over 100 CASA volunteers advocating for 120 children in Juvenile Court. However, there is still a tremendous need for additional advocates. By handling only one case at a time the CASA volunteer has the time to advocate for services on behalf of their assigned child.

Today, you will find Nobles as a CASA volunteer in Juvenile Drug Court. Juvenile Drug Court is a new juvenile diversion program in Yolo County geared toward giving youth a second chance who have been first time offenders. Nobles states, "CASAs are about being there when kids feel most alone. CASA provide support and work with other providers in the system to assure they have a chance to be whole, productive adults."

To learn more about the CASA program, you are invited to attend an orientation on Thursday, September 28 at 6:00pm at the Esparto Library. For more information contact Yolo County CASA at 666-8267, volunteer@yolocasa, or visit us on-line at www.yolocasa.org.



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## Summer Saddle Series Makes Summer Fun!

Taken from the *Winters Express* article By, May Gillham

Summer can be a lot of things to a lot of different people. For some it is just the long hot days that just seem to drag on and on. For others, summer just isn't long enough. For the kids who have been involved with the Summer Saddle Series, summer could have gone on for at least another month because they were having so much fun.

Created by Pam Eary and set in the arena at the Crinner Ranch, the Summer Saddle Series taught young owners of horses the responsibility of training their horse to obey commands.

The Summer Saddle Series divided the participants into three age divisions, the Little Britches, 8 years and under; Juniors, 9 to 12 years; and Seniors, 13 to 18 years. All levels compete in three timed horse-riding events: goat tying, pole bending, and barrel racing. The riders who attended at least seven out of the ten competitions and acquired the most points qualified to win the top prize: a saddle. The second place prizes were Reserve Champion Buckles. Third places received silver bits with "SS 2000" engraved on them. Fourth place received show blankets. Fifth place received horse blankets. Sixth place received embroidered jackets.

Little Britches winners were: first place, Ashlee McMahan; second place, Christina Lopez; third place, Austin Farnham; fourth place, Samantha; and fifth place, Tyler Eary.

Junior Division winners were: first place, Allie Hamner; second place, Robin Schlosser; third place, Lyssa Moreland; fourth place, Laura Vannucci; fifth place, Leah Vanucci; and sixth place, Tiffany Farnham.

Senior Division winners were: first place, Crystal Smyth on Tucker; second place, Krystal Crinner; third place, Crystal Smyth on Bob; fourth place, Jackie Schmauderer; fifth place, Deanna Key; and sixth place, Jamie Harrison.

July was set aside for the July Buckle Series. Crystal Smyth, senior; Robin Schlosser, Junior; and Ashlee McMahan, Little Britches, were the winners in barrel racing. Jackie Schmauderer, Senior; Allie Hamner, Junior; and Austin Farnham were the winners for goat tying. Crystal Smyth, Senior; Allie Hamner, Junior, and Ashlee McMahan were the pole bending winners.

## The Valley Voice would like to welcome Esparto Unified School District's new teachers:

Esparto High School:  
Sandra McNeal (special education)  
Dan Redelbrugge (special education)  
Jim Hunter (business)  
Susan Melton-Piper (science)  
... and transferring from Esparto Middle School:  
Dwight Barnes (math and computers)  
Dan Alvarez (language and math)

Esparto Middle School:  
Sylvia Post (reading, language arts)  
Teresa Warde (8<sup>th</sup> grade math and government)  
Daniel Redelbrugge (RSP)  
... and long-term substitute:  
Anson Cornwell (P.E.)

Esparto Elementary School:  
Myriam Soulier (1<sup>st</sup> grade)  
... and long-term substitutes:  
Kathy Ogg (1<sup>st</sup> grade)  
Jan Cauble (1<sup>st</sup> grade)

## And welcome back our returning teachers!

Elementary School:	Nancy Lugo
Virginia Sinor	Ghiseli Ramirez-Tate
Elaine Barnes	Andy Pataky
Marie DeGand	Barbara Thompson
Lynn Logan	Enid Williams
Nancy Ryel	Larry Mayer
Melissa Campbell	Larry Taber
Kathy Harrison	Joy Hoffman
Carol Martin	
Deborah Klinkenborg	

Middle School:	David Collinworth
Sandra Bravo	Bart Haley
Susan Cooper	Sue Kennedy
Patricia Johnson	Doug Wright
Tracy McIntyre	
David Yust	

High School:	Jessica Downing
Dave Collingsworth	Barbara Hickman
Cindy Hayes	Jim Mullins
Lynn Howard	Debbie Rogers
Mark Perkins	Jim Schulte
Jeff Sammons	Carol Summers
Sandy Smith	

Bald Mountain Communications  
John Stephens, Owner  
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Esparto, Ca. 95627  
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Fax: (530) 787-3267  
email: mks@afes.com



Yolo County Court Appointed Special Advocates (CASA)

## Speak Up For A Child in Court



**CASA.** A powerful voice in a child's life.

**CASA.** It's about helping children replace a life of hurt with one of hope.

To find out more about becoming a  
CASA volunteer,  
attend our next orientation:

Thursday, September 28  
Esparto Library at 6:00 p.m.



(530) 666-8267 [www.yolocasa.org](http://www.yolocasa.org)

### Be a reporter for the *Valley Voice*!

Have you ever wanted to write? Are you thinking about entering a writing career? Are you associated with an organization and want to get the word out about your events? If your answer to any of these is "yes," volunteer as a reporter for the *Valley Voice*. Please call Debbie Kaake, 787-3519, if you're interested.

### Traditions in Transition to begin at library

"Traditions in Transition," three separate workshops portraying how rural life is changing and evolving to meet modern day demands, will be held at the Esparto Regional Library starting in late October. Yolo is one of only two counties in the state where the workshops are being held. Yolo County has been chosen as the Northern California site because it is a good representation of a largely rural county adeptly adapting to the rapid changes taking place in agrarian life, and at the same time integrating with the more urban portions of the area.

The first workshop on Saturday October 21<sup>st</sup> at 2pm will be a slide show and lecture with photographer Gerry Tsunada. The second in the series will be a photo collection workshop with photographer Matt O'Brien from 10am to 2pm on Saturday November 11<sup>th</sup>. The third workshop will consist of readings related to Yolo County by three local writers—Will Baker, Barbara Durst, and May Gillham on Saturday November 18<sup>th</sup> at a time yet to be determined.

## HEAD LICE!!

Don't let your head become their home

By, Cheryl Boney, Yolo County Health Dept.

Probably the most unwanted present is pediculosis capitis, or more commonly known as head lice. These little guys (smaller than pin heads) can cause an adult human to shake at the knees and instantly cause their scalp to itch. Getting head lice is not as bad as we may think. They may be annoying and time consuming to deal with, but they are not life threatening. It's not a sign of uncleanliness or poor health habits. It is not limited to the poor or to certain racial or ethnic group. It can happen at any age and is not gender specific. So forget the stigma and don't bother blaming anyone. In fact, over 10 million Americans are infected with head lice each year.

**What are head lice?** They are tiny insects that live in human hair. They hatch from small, tear-drops-shaped eggs, called nits that attach firmly to the base of individual hairs. The eggs hatch in approximately 10 days and reach maturity approximately two weeks after hatching. The female louse lives for 20-30 days and can lay up to six eggs per day.

**How does someone get head lice?** You get them from other humans. They are most commonly found with preschool and elementary age children. Since they can only live in human hair, you cannot get them from the family pet. They do not fly or jump great distances, so it is usually spread through contact with another person's hair, such as when children are playing. They also can be found on hats, combs, hairbrush, stuffed toys, upholstery and bedding, as well as any other items where the person's head has been.

**What signs should you look for?** Persistent itching/scratching of the head and the back of the neck can indicate head lice. Most of all, look for nits attached to individual hairs. Being shy and light sensitive creatures, they especially like to hide in the hair behind the ears and at the nape of the neck. Using a magnifying glass in bright light can help you identify them more quickly. Also, check all other family members. If one person has head lice, everyone should be checked.

**How do you treat head lice?** Once head lice are found, the problem should be taken care of immediately to prevent spreading to other people. An over-the-counter pediculocide (lice-killer) containing pyrethrins is effective. Pyrethrins are extracted from flowers belonging to the chrysanthemum family. This method of treatment should be avoided by people with allergies to ragweed or

chrysanthemums. The pyrethrins come in shampoo form. The shampoo should be left on the head for 10 minutes. After completing the treatment, all the nits should be combed out of the hair with a special "nitpicking" comb. This can take several hours. Always follow the directions on the package and remember that pediculocides are an agricultural insecticide, and should be treated with care. Pediculocides should not be used on children under two years of age.

An alternate treatment for pediculocides is to use olive oil or mayonnaise. Olive oil/Mayonnaise smothers and kills active head lice, and prevents attachment of the nits to the hair shaft. The child's entire head should be covered with the olive oil or mayonnaise, covered with a shower cap and left on overnight. Leave on oil/mayo on the hair for combing out the nits. Use a good metal comb and comb by sections of hair. Remove stubborn nits with thumb and forefinger, then wash out the oil/mayo. Repeat the olive oil/mayonnaise treatment on days 2,5,9,12,17, and 21. This schedule coincides with the life cycle of the louse. You can do other treatments more often, but do not miss any of these days, or you may have to start over.

**What else should you treat?** Because lice can live for up to two days away from a human hair, they can also be transferred to humans from other sources like hats, bedding and towels. These can be washed in very hot water and dried at a hot setting for at least 20 minutes. Articles that cannot be washed — stuffed animals, hats or coats — can be dry cleaned or stored in a sealed plastic bag for two weeks. Combs and brushes can be cleaned by placing them in boiling water. Vacuum the house thoroughly, especially the living room and bedrooms, cleaning rugs, upholstery, beds and pillows to pick up the lice. Also consider other items that may be shared like bicycle helmets, batting helmets, pool towels, and other items.

**What can you do to prevent re-infestation?** Avoid borrowing personal items such as combs, brushes, hats, towels or clothing from others. Only use your own personal items. For young children with long hair, keep it up in a braid or ponytail, to decrease the chance of contact with head lice. Also, periodically check your child's hair for nits. Pick a time each week when you can sit and check your child's hair. Try to make it fun like singing songs, or having them read to you while you check their hair.



## Update on the New Esparto Library Hours and Services

By: Dave Silverman

The Esparto Regional Library has more to offer than ever! Its expanded hours, its collection of over 20,000 books (including books on tape and videos), and its supply of four computers (one in Spanish) with Internet access, word processing, games and an electronic encyclopedia and atlas are among the library's most exciting features.

The library is now open in the mornings from 8:30 to noon on Tuesday, 10am to noon Wednesday and Thursday, and 10am to 2pm on Saturday. New evening hours are 1pm to 8pm Monday thru Thursday. The evening hours make it more convenient for Valley residents who work in Woodland or Sacramento to stop in and check out a book or surf the web on their way home at night.

Librarian Nadine DeSmet says that modern day technology is the biggest change she has seen in her years working in the field. "Computers and what they do for us, and all the equipment that comes along with them, that's the biggest change I've seen," she says. She adds that she tries to assist patrons if possible when they need help learning to use the computers. "That's the challenging part, because the Internet is relatively new to me," she laughs.

Although technology has certainly changed the look of the library (including a computerized card catalogue replacing the familiar wooden drawers), DeSmet says the library serves the same functions it always has. "The basics are the same--people

want to read, they come here to get material to learn about a certain subject and they come here to use that material in a way that broadens their knowledge on that particular subject."

She adds, "I think what's available in terms of that material may have changed somewhat over the years, as certain subjects or issues come to the



The Esparto Regional library is located right across from the Community Park

forefront or become important in society. We may carry more books in that area--and certainly there have been lots of new areas and subjects that have become of interest in society in my time here," she says.

The new freestanding 5,600 square foot library (it opened last December) is more convenient for patrons to get in and out of than the previous site. The new site may be a little less intimidating to some as well. DeSmet says, "Previously the li-

brary had been in a room in the high school; and it was a long walk into the library. A person had to come into the high school which, at times, could be somewhat daunting to walk past all the students. That was not nearly as convenient as it is now," she says.

The Esparto Library is one of seven in Yolo County. Valley residents should be aware that they can check out materials available at any of the seven locations without ever going farther than Esparto through the intra-branch loan option. If a person wants to check out a book, audiotape, or video that isn't carried at the Esparto branch but is available at one of the other six county locations, the Esparto branch simply sends a notice to the branch that has the desired material to secure a hold. At that point, the material is sent on to the library and is usually available within three to five days if it is not checked out at the time.

What part of the job gives DeSmet the greatest satisfaction? "The best part for me is getting to see the people and getting to know them, and at this point to see the different generations. Kids that were in high school when I started here, it's fun to see them come with their kids now."

### MARK YOUR CALENDAR...

...for the Friends of the Esparto Regional Library (FERL)

**ANNUAL HARVEST TURKEY DINNER!!**  
Dinner will be on Sunday, November 5 from 1:00 p.m. to 4:00 p.m.

Tickets cost \$10, and \$5 for kids under 12. Advanced ticket sales will be available soon.

For more information, please call Betty Koeppen at (530) 787-3814

### GOT TALENT?

If so, sign up for the:

#### Esparto/Capay Valley Talent Show

scheduled to take place on **November 9, 2000 at 7:00 p.m.** The Esparto High School Associated Student Body is looking for some talented folks to participate in their upcoming fundraiser.

**COST:** \$5 for a group of up to 5 people. For each additional person, the cost is an additional \$1. For those who'd rather just watch, the cost is \$4 for General Admission, \$3 for children ages 2-10, and \$2 for Senior Citizens. Admission is free for kids under 2 years old.

Pick up your sign-up forms at the Esparto High, Middle, and Elementary Schools or at the Esparto Supermarket cashier's counter.

**SUPPORT YOUR LOCAL HIGH SCHOOL,  
COME OUT AND STRUT YOUR STUFF!**

## Esparto/Capay Valley Adult Literacy Program

By, Pat Meade

The Esparto/Capay Valley Adult Literacy Program is happening! We now have tutors and students matched and working together, but we need help getting the word out to more people. Our goal is to serve the community. People have asked if we can help with skills other than reading, and our answer is YES. Our tutors are happy to help teach basic math, financial literacy and other job/life skills. Right now we don't have any bilingual tutors, but we hope to have at least one Spanish/English bilingual tutor trained by November. If someone needs help with Spanish reading and writing before then, we'll try to find a tutor. Employers, please encourage your employees to improve their job skills. It's convenient and it's free.

For more information, call Pat Meade at 662-8630, or visit the FERL/Literacy booth at the Esparto/Capay Valley Health and Safety Fair at Esparto

Community Park September 24 from 11 AM to 3 PM.

### More Tutor Training Workshops

If you're interested in becoming an adult literacy tutor and missed the June workshop, two more are coming up. (If you're Spanish/English bilingual, we could really use your help!) The Saturday, September 30 workshop will be at the Woodland Library, and the Saturday, November 18 one will be at the Davis Library. To sign up for one of these workshops or to get more information, call Nancy at the Woodland Library Literacy Office, 661-5987. These workshops are the same as the one given in Esparto last June, and will train you to become an adult literacy tutor for the Esparto/Capay Valley Area.

The Esparto Chamber of Commerce Proudly Presents:



## The Dynamic Duo



The internet wave has hit just about every piece of land across the world—from large urban centers, to small rural towns. It has become the latest fad of modern culture, replacing the “good old ways” of doing business with new, and innovative technology. And guess what? The inter-net has come to Esparto!

Long time Capay valley resident Tom Taylor, owner of Taylor Auto Parts, located in the heart of downtown Esparto, is living proof that cyber space is a quick, and easy way of doing business, all the while still conducting the normal, person to person business transactions. In his four years in business, this devout businessman has served countless Esparto and Capay valley residents alike. But his clientele is not limited to this region alone. Wanting to expand his services, Tom joined the wave of cyber business, placing a wide array of his antique auto parts for sale on the EB auction website. Interestingly, Tom receives orders from people all around the world seeking American antique auto parts. Though Tom admits that the inter-net is great for business, there is no need for anyone to jump to conclusions and worry about him closing up his shop and going full time cyber businessman. Esparto’s rural setting and friendly customers are two things that Tom greatly enjoys—two things he doesn’t want to trade in quite yet. So the next time you’re looking for an old antique auto part, there is no reason to drive yourself crazy looking for it. Just get online and look for it on the EB website! With luck you may find that one auto part you’ve always been looking for, and it may be Tom who ends up selling it to you!

What a better way to serve your childhood community than by opening up an auto service and repair shop. Well, that’s exactly what Tim MacLaughlin, owner technician of MacLaughlin Auto Service and Repair, did about four years ago. Realizing Esparto residents’ need for a mechanic shop, and being a former, but nonetheless, active member of the community, Tim decided that Esparto was the excellent spot for his business venture. And sure enough, Tim was right!

Tim’s decision to return to his childhood community and open up a mechanic shop has been a significant contribution to this area. Whether you’re a daily commuter, full time mom, or an agricultural worker, we all know that our daily routines—especially living in Esparto—, in some way or another, include the use of motor vehicles. And again, we all know perfectly too well that our daily routine can be hindered when our cars are feeling a little on the down side. Luckily, however, we need not worry, because the car doctor, Mr. Tim MacLaughlin, is just down the street in downtown Esparto. So if your car is a little on the unhealthy side, whether because it is making weird, strange noises, leaking an unknown chemical, or exuding a funny smell, don’t wait too long before scheduling an appointment with the car doctor. Let the car doctor put his skills to the test and get your car back on the road and on its path to a healthy recovery!

## Esparto receives a visitor from Ukraine

By, Kacey Kamrin and Sebrina Powell

The Schulte family in Esparto have an exciting guest staying with them this year. Vladislava Khaskina has traveled across the continent from Ukraine to study at Esparto High school for a year and to experience American life.

A sixteen-year-old from the city of Odessa, Vladislava — Vlada for short — was one of 400 students chosen out of 10,000 applicants to study as an exchange student in the United States. Her travels abroad are being funded by the Freedom Support Act, a non-profit company located in Washington D.C.

It is no surprise that Vlada got selected to participate in the program. When it comes to academics, she certainly excels. Vlada is fluent in three languages — Ukranian, Russian, and English — and is in the process of learning Spanish. Her goal is to be fluent in six languages. Much of her selection to the program was based on her academic and psychological performance on a number of tests.

Vlada comes from an intellectual family. Her mother is a doctor and her father is the director of a computer center. They have passed on skills and knowledge to their daughter, but more importantly, they have passed on their desire to learn and achieve.

Based on her performance at her hometown high school, there is no doubt Vlada will excel at Esparto High, despite the cultural and language differences. And there are plenty of differences. Coming from a city of over one million people, Esparto’s size is a little hard to get used to. Imagine learning in a school of 4,000 students in Odessa, then transferring to a high school of two hundred and forty-nine students in Esparto. And how about the change in academic subjects? In Odessa, students learn sixteen subjects, while in Esparto students only cover eight.

Vlada is planning to attend college, although she’s not sure where. She may return to the U.S. to get her degree, but she will have to wait two years before coming back. In the Ukraine, law dictates that a resident who has traveled abroad for an extended period of time must stay in their home country for two consecutive years before they can go abroad again. So perhaps we’ll see Vlada again in 2003!

### PICTURE YOUR AD HERE!

*The Valley Voice* delivers all the way up the Capay Valley and is one of the only forms of communication that covers that area. If you’d like to promote your business to your community, why not place an ad in *The Valley Voice*? To place an ad, call Lupe Saucedo at ER-FINEST, (530) 787-4110

**Guinda Community Methodist Church**  
16681 Forrest Ave.  
Guinda, CA 95637

**Children’s Sunday School** 9:00 a.m.  
**Sunday Worship Service** 10:30 a.m.  
**Wednesday Night Service** 6:00 p.m.

**Ed or Pat Coker 796-2188**

### Explore new horizons in this years After School Program.

The Healthy Start After School program is bigger and better than ever this year. The program begins October 9<sup>th</sup> for students in kindergarten- 8<sup>th</sup> grade at 4 sites: Esparto Elementary School, Madison, Guinda & Esparto Middle School. It will run all school days from 2- 6PM. Applications are available at Esparto Elementary School Office, Esparto Middle School Office and the Healthy Start Resource Center. Call 787-3519 for more information. Community members who have a talent, skill or interest that they are willing to share with the students one time for an hour or two, please call Trudie Hunter at 787-4575.



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