



# Valley Voice

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## County, Tribe Form Emergency Services Partnership

The Yolo County Board of Supervisors approved an Intergovernmental Agreement with the Yocha Dehe Wintun Nation (Tribe) for direct financial support of the county's Office of Emergency Services. Per the Intergovernmental Agreement, the Tribe will provide \$163,660 in funding for Office of Emergency Services operations for fiscal year 2010/11.

"The Tribe has really stepped up at a time when the county is hurting financially," said Yolo County Board of Supervisors Chairwoman Helen M. Thomson. "This is a very tough budget year for the county. With the Tribe's help, we can continue to provide the coordinated emergency services that residents deserve."

The funds from the Tribe will be used to maintain the Emergency Services Manager position. Funding required for additional program staff and operating costs will be matched using a Federal Emergency Management Performance Grant and administrative reimbursement under the Homeland Security Grant Program.

"Understanding the critical role the Office of Emergency Services plays in developing preparedness and response plans for emergency events in Yolo County, in coordination with local governments, including our Tribe, we felt it a priority to assure the continuance of the manager position by providing the funds necessary for its support," said Tribal Chairman Marshall McKay.

The Tribal funding will allow the Office of Emergency Services to continue to work with partners in emergency management programs in the cities of Davis, West Sacramento, Winters and Woodland, as well as the Yocha Dehe Wintun Nation and University of California at Davis, and special districts and joint powers authorities within Yolo County.

"I want to commend the county and the Yocha Dehe Wintun Nation for their vision and understanding of the need to maintain Yolo County's emergency preparedness program by entering into the inter-governmental agreement, ensuring that the Tribe and all Yolo County governments are prepared to implement programs design to protect our citizens during times of disaster," said Yocha Dehe Fire Chief Mike Chandler.

Beth Gabor, Yolo County Information Officer

# Yolo County Fair

Dates: August 18-22  
at the Yolo County Fair Grounds.

August 2010

## Exciting Days at the Yolo County Fair



Save the date  
Gala Opening Night

August 18, 2010  
6pm - 8pm

### Gala Opening Night Celebration

Celebrate Yolo County's Bounty of wonderful agricultural products and produce on the opening night of the Yolo County Fair. Enjoy a tasting with local music and fun visits.

**Where:** Main Entrance of the Agriculture Building  
1250 Gum St., Yolo County Fair Grounds in Woodland

**When:** Wednesday, August 18 from 6:00 to 8:00 p.m.  
Gala tickets will be on sale at the County Fair Office or at the Esparto Chamber Office prior to the event.  
\$10 each for advance purchase; \$15 at the event.

While visiting the fair look for the many entries of Madison, Esparto and Capay Valley artists, crafters, bakers, farmers, students, gardeners, and all FFA ag student projects.  
Submitted by the Chamber Office

### \*Important Reminder:\*

Applications for the Esparto After School Program will be available on Monday, August 2<sup>nd</sup> at the RISE Office (by the Supermarket) or the RISE After School Program Office on the Elementary School campus (Room 30, a portable in the back). Both sites will be open at 8:00 a.m. on Monday, August 2.

Please - Mark your calendars!

{There is a waiting list every year for this program— don't let it be your family waiting!! This notice is important!

You must complete & return an application to get on the program list!!

Enrollment is first come, first serve—your application will be "logged in" when completed and returned—the day and time of the receipt will be noted.

Submitted by the RISE Staff

**Valley Voice  
Subscription Form**

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is a perfect way to keep up to date with all the Capay Valley news and events.  
Complete the order below.

Name:  
Mailing Address:  
City, State:  
Phone Number:

**Please Select:**

- One Year: 12 editions (\$25.00)
- Two Years: 24 editions (\$50.00)

Please make checks out to RISE, Inc.  
Mail to: RISE, Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office in downtown Esparto at 16858 Yolo Ave. .

**The Valley Voice Needs YOU!!**

The *Valley Voice* is a community newspaper. It is generously supported by local advertisers, public agencies, and the Tribal Council of the Yocha Dehe Wintun Nation. It is published and designed for and by the Capay Valley Region. It is free to every residence. A "Committee of Local Citizens" helps to determine the paper's mission, publishing priorities, and best approaches to sustain the community's overall support and interest.

**The Valley Voice Citizen Committee is open to all volunteers. It meets only as needed – a commitment of only 15-20 hours per year! Please let us know if you would like to participate in these meetings – we would be pleased to notify you!**

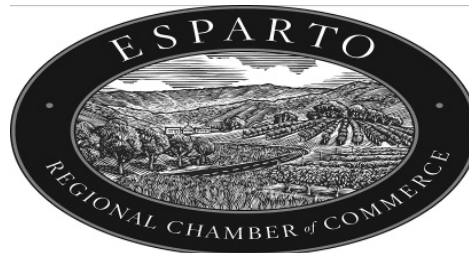
**Thank you for your interest!**  
To advise the paper of your interest to serve, please call 787-3433 and leave your name, address & phone number OR email the *Valley Voice* at [valleyvoice2@hotmail.com](mailto:valleyvoice2@hotmail.com)  
OR mail your name, address and phone number to the *Valley Voice*, c/o P.O. Box 133, Esparto, CA 95627.

**The Valley Voice  
P.O. Box 133  
Esparto, CA 95627**

For article inquires, call 787-4110, or send an e-mail message to Greta Taber, Editor, at [valleyvoice2@hotmail.com](mailto:valleyvoice2@hotmail.com). For billing inquiries or ad rates, call 787-4110. **All articles are due by the 20th of each month.** Ads must be paid in advance and accounts must be paid up to date by the **20th of each month.** We reserve the right to edit articles at our discretion, due to space limitations and other criteria. The *Valley Voice* is published monthly by a community partnership between RISE, Inc., Esparto Unified School District, and the Yocha Dehe Wintun Nation. Articles published do not necessarily express the views of the *Valley Voice* editor or committee.

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1/2 page: \$100 per month  
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**News from the Esparto Regional Chamber:**

We are pleased to announce that the Esparto Regional Chamber of Commerce office will once again share a building with Capay Valley Vision, in the current ERCC office located on Yolo Avenue in downtown Esparto. This exciting news will allow the offices to have a downtown presence on highway 16, and the office will be open four days a week, Monday-Thursday.

**Please Welcome New Members:**

**Allied Computer Solutions, Inc.**

Steve Knightley  
285 W. Court St. Suite 203, Woodland, CA 95695  
Phone: 530-662-6704 Fax: 530-309-0390  
[stevek@alliedcomputersolutions.com](mailto:stevek@alliedcomputersolutions.com) or [www.alliedcomputersolutions.com](http://www.alliedcomputersolutions.com)

A local computer network, website building & hosting company specializing in Search Engine Optimization.

**Bella Bartending Service**

Anna Del Castillo  
603 First St., Woodland, CA 95695  
Phone: 530-908-4847  
[bellabartending@att.net](mailto:bellabartending@att.net)

Bella's Bartending Service. Your "Spirit" Squad is for hire at your event & location.

Hire Bella's Bartending for your next event & fulfill all your bartending needs! Complete Mobile Bars from your beverage Catering Professionals. Licensed & Insured

**Castles Information Network**

James Downey  
PO Box 2368, Vacaville, CA 95696  
Phone: 707-455-3401

[jdowney@castles.com](mailto:jdowney@castles.com) or [www.castles.com](http://www.castles.com)

Castles Information Network provides High Speed Wireless Internet, DSL Web Design and Business Consulting Services. Castles specializes in web design for small businesses. Their strategy has always been to focus their efforts on superior customer service.

**Florals by Chris**

Chris Jones  
PO Box 902, Winters, CA 95694 (530) 795-3279  
Please call her for all your floral arrangement needs. She delivers in the Capay Valley and has FTD.

**Jim Hilliard State Farm Insurance**

451 First St., Woodland, CA 95695  
Phone: 530-661-6666 Fax: 530-661-3973  
[jim@jimhilliard.com](mailto:jim@jimhilliard.com)

State Farm Insurance agency serving northern Yolo County with Home, Car, Farm/Ranch, Business, Life and Long Term Care insurance.

To view member directory or upcoming events or to download an application for membership please visit: [www.espartoregionalchamber.com](http://www.espartoregionalchamber.com)

Submitted by Monique Garcia of the Chamber of Commerce

**Speed Bump**  
WEDNESDAY  
EVERY WEDNESDAY 4-9PM

**\$1.00 \$1.00**  
**BURGERS FRIES**



**\* Live Music in AUGUST \***

- 8/4: The Bottom Dwellers. . . . . 5-8
- 8/11: The Buckford Band . . . . . 5-8
- 8/18: The Groovenators . . . . . 5-8
- 8/21: Amanda Gray . . . . . 11-3
- 8/25: Rachel Steele & Road 88 . . . . . 5-8

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- Best of Class: Los Angeles County Fair



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# CAPAY VALLEY VISION

Preserving a sense of place

## Capay Valley Vision Feedback:

Capay Valley Vision Board of Directors announces the retirement of their Executive Director, Sue Heitman. Sue will continue to farm their almond orchard in the Capay Valley with her husband, Larry, and have now added grapes and olives to the mix. The Board has brought on Monique Garcia, who has previously worked with Capay Valley Vision (CVV), to continue the CVV work.

Prior to CVV, Sue worked for Yolo County in a variety of managerial positions; ran a 14-county regional coalition on tobacco control; worked as a director for both the American Lung Association and the American Cancer Society and was a Senior Manager for United Way of the Bay Area and Sacramento. Sue first started her career in the Midwest as a director of a mental health facility; college teacher, and had an active private practice providing training and consultation to businesses. She is a published author of four books on business management; a former foster parent and has served on over 100 different local, County, State and Regional boards including an international board with the Center for Disease Control in Atlanta. Sue was one of the original founders of Capay Valley Vision along with Dave Scheuring, Jan Lowery, Paul Muller, Ron Voss, and then Tribal Chair, Paula Lorenzo Tackett and Tribal Representative, Jorgi Boom. Created to expand the dialogue, specifically between our community and the Tribe, the organization was founded to enhance ongoing communication within the diverse communities of the Capay Valley region, reflecting opinions and searching for common ground on the vision for the Valley's future. Recognizing that change is inevitable, the organization has worked to manage and guide change in a way that best preserves the Valley's rural character, agriculture, history and natural environment, while supporting a vital local economy. Sue served two terms as the Board President before replacing Thomas Nelson as Executive Director when he returned to graduate school.

During Sue's tenure as a Board member and then Executive Director, Capay Valley Vision has worked on a variety of projects beginning with a series of strategic planning sessions and town hall meetings to determine the needs and direction of communities from Madison to Rumsey. This original and updated "road map" has continued to guide Capay Valley Vision through the years. A partial listing of these projects includes:

### Published Reports:

Highway 16 Corridor Study; Capay Valley Atlas; Action Plan for the Capay Valley Region; Agricultural Plan for the Capay Valley Region; Housing: Needs and Solutions for the Capay Valley-Esparto Region; Esparto Streetscape Plan

### Projects:

- Capay Valley Regional Farmers' Market
- Economic Development Task Force leading to the creation of New Season Community Development Corp. and restoration of the Lindbergh Building (Home of ACE Hardware)
- Parks improvement projects including the new children's structure, bathroom and surface of Esparto Park, and currently facilitating the Parks and Recreation Task Force with WYORCA
- Esparto streetprint laid on Yolo Ave. and restoration of diagonal parking in downtown with funding from SACOG and the Yocha Dehe Wintun Nation
- Creation and dedication of the Jan Lowery pavilion
- Partnering with Yolo County on CDBG studies and business plans for local businesses

(Cont. top of 2nd column)

(Cont. from 1st column)

- Community Enhancement funding recognized by Yolo County ACTM to fund on-going community projects
- Defeating TANC with the help of others in the community
- Hosting election debates
- Hosting the first CAVVIES event
- Writing grants for other organizations, i.e. the Certified Kitchen with Western Yolo Grange, and USDA Lindbergh Restoration grant for New Season
- Ag Task Force providing multiple technical resources to local farmers and the *Capay Valley Grown* brand and website.
- Celebrations of the Valley including Taste of Capay and Rockin' in the Capay Valley, supported by the Yocha Dehe Wintun Nation

Capay Valley Vision has accomplished much with its Board members and partners in the short time of its existence. We are grateful to all of the past and future Board members that made this possible, including Sue.

We thank Sue for her work and hopes she continues to serve on local boards with the same energy, knowledge and love of the Valley that she has brought to Capay Valley Vision.

Submitted by Capay Valley Vision Board of Directors: Wyatt Cline and Lynn Rolston, Co-Presidents, Aida Buelna, Secretary, Giacomo Moris, Treasurer, Thaddeus Barsotti, Barry Burns, James Kinter, Tom Lopez, Rudy Lucero, Betsy Marchand, Paul Muller, Ron Voss, and Cathie Wicks



## GRAND OPENING of the Renovated Lindbergh Building Anticipated by the New Season Community Development Corporation

Behind the construction barriers on Yolo Avenue exciting things are happening to the old and neglected Lindbergh Building. The following items are complete!

- Structural work to bring the Lindbergh Building up to code
- Electrical work, complete rewire of upstairs, downstairs and basement.
- Upstairs windows have been replaced and new windows installed. The downstairs windows are scheduled to arrive this week for installation.
- Upstairs floor completely replaced and most of the downstairs floor refurbished
- A freight elevator and shaft has been installed to service the second floor.
- New bathrooms have been built and are awaiting fixtures for completion
- Outside stucco prep starts this week
- New sheetrock on most of the interior

Watch for the planned celebration in September and opening of ACE in the Fall. More information will be in the Valley Voice about a *Renovation Celebration* hosted by New Season thanking our partners and welcoming ACE Hardware to Esparto!

Submitted by the New Season Board Members



## Manas Ranch

**Fred and Alice Manas, Owners**  
25838 County Road 21A  
Esparto California 95627  
(530) 787-3228  
Fax: 787-1878  
fjmanas@sbcglobal.net

“THE BEST PEACHES IN THE WEST”



**News from Esparto Unified School District  
Submitted by Aida Buelna, Superintendent**

**New Teachers in Esparto:**

Please join me in welcoming the following new staff at Esparto High School:

**Lesley Campoy—English Teacher**

Education: California Polytechnic State University, San Luis Obispo  
Single Subject Teaching Credential, English

**Don Hayward—Social Studies Teacher**

Education: California State University, Sacramento  
Preliminary Single Subject in Social Studies

**Charlie Abee—Ag Teacher**

Education: California State University, Fresno  
Agriculture Credential & Ag Specialist Credential

**GRAND JURY REPORT**

On June 30, 2010 the Yolo County Grand Jury provided the following report on its investigation and review of the Esparto Unified School District conducted January 15, 2010:

**Comments:**

*“The Grand Jury observed that EUSD is a well-functioning and modern school district prepared to face future educational challenges. Staff appeared enthusiastic, professional, and dedicated to providing academic growth. Students were respectful to teacher and others. The facilities observed were clean and well cared for at both the new middle school and the high school, parts of which are over 60 years old.*

*Despite the fact the migrant students have arrived every year for decades, the assimilation each year is challenging and difficult. Considering this difficulty, we congratulate this district for the sustained effort.*

*Knowing that fiscal restraints will continue, EUSD is aware that population growth in the community may require future construction.”*

**Individuals may request a copy of the complete report from the office of the Yolo County Clerk.**

**Summer Hours-District Office**

The District office summer hours for first two weeks of August are as follows:

Monday - Thursday  
6:00 am - 5:00 pm  
Closed Fridays

**2010 - 2011 School Year**

We look forward to another year beginning August 23, 2010.



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**Farm Stand Open  
Fridays 2 p.m. to 6 p.m.  
Road 43, just past Guinda  
For more info: 796-2214**

**Important Notice from the Esparto Unified School District**

The following is a brief summary of new legislation that is affecting the District with regard to *volunteers and individuals who work with students in a student activity and sports programs sponsored by the school district:*

**Assembly Bill (AB) 1025 (Chap. 379, Stats. 2009)** was signed by the Governor on October 11, 2009. The legislation requires individuals who supervise, direct, or coach pupil activity programs to obtain an *Activity Supervisor Clearance Certificate (ASCC)* from the California Commission on Teacher Credentialing. The Commission distributed Coded Correspondence 09-19 on December 2, 2009.

The Commission conducted a Webinar on February 9, 2010 concerning AB 1025 and the ASCC. In addition the Activity Supervisor Clearance Certificate was a topic at the Commission’s Spring Credential Workshop on March 16, 2010. A new list of Frequently Asked Questions (FAQs) has been developed that incorporates the FAQs sent in during the webinar, the original FAQs in Coded Correspondence 09-19, and the additional FAQs that were posted with the webinar information. Similar and duplicate questions were combined. The new list of FAQs may be found with Coded Correspondence 09-19 at:

<http://www.ctc.ca.gov/notices/coded/2009/0919.pdf>.

**Key Provisions:**

The provisions of AB 1025 make specific employees and volunteers subject to uniform fingerprinting and Commission character and fitness. The ASCC is meant to reduce the risk that individuals can move from one local employing agency to another with past misconduct or criminal history. Prior to the enactment of this statute, when a coach or supervisor of an extra-curricular activity was asked to leave because of allegations of (non-criminal) misconduct there was no oversight or resource to alert future school employers. Individuals applying for an ASCC will be subject to the same character and professional fitness requirements as those who apply for a teaching or services credential.

What this means for the District is that any individual working with students in a student activity and/or sports program must apply to the California Commission on Teacher credentialing for the Activity Supervisor Clearance Certificate *before* they can begin working with our students. Once the District receives clearance from the Commission, individuals such as the Cheer Coach, Athletic Coaches, and Auditorium Manager can begin working with students. Unless we receive clearance from the Commission, we can not allow individuals to volunteer or work with district students in any student activity or sports program.

Submitted by Aida Buelna, Superintendent



Pictured above is Deputy Stephanie Stuck, Coordinator of the 2nd Annual Safety and the Community Event, held in the Esparto Park on July 22. Deputy Stuck is welcoming children, guests and presenters to the event.

### **Community Medical Centers**

**Esparto**  
17050 Grafton Street  
Esparto CA 05627  
(530) 787-3454

#### **Medical Services for the Entire Family**

General Medicine-Family Planning-Prenatal Care  
Well Baby Care and Immunizations  
Employment Physicals –DMV Physicals and Sports Physicals  
Health Counseling and Education, CHDP Provider

#### **Servicios Médicos para toda la Familia**

Medicina General-Planificación de Familia-Cuidados Prenatales  
Cuidados del Bebe y Vacunas  
Exámenes físicos: de Empleo, Licencia de Manejar y Deportes  
Consejería y Educación de Salud  
Proveedores de exámenes de CHDP-Servicios de WIC

#### **Clinic Hours—Horario De La Clinica**

*Monday: 9:00 a.m. to 1:00 p.m.*  
*Tuesday, Wednesday, Thursday, and Friday: 2:00 p.m. to 6:00 p.m.*  
*Lunes: 9:00 a.m.-1:00 p.m.*  
*Martes, miércoles, jueves y viernes: 2:00 p.m.-6:00 p.m.*

**SAME DAY APPOINTMENTS AVAILABLE**  
**CITAS DISPONIBLES EL MISMO DÍA**

### **News from Esparto Regional Library Branch of Yolo County Library**

- Bilingual pre-school Story Time: every Thursday morning at 10:30 a.m. in the Wintun Room, featuring stories, finger-plays, and songs.
- The book club will be meeting on August 19th at 7:00 p.m. We will be discussing "The Devil's Highway" by Luis Alberto Urrea.
- The Teen Book Club is on summer break until September.
- The English Conversation Class meets on Tuesday, 1-2 p.m. in the Wintun Room. All English learners welcome. Practice your English in a group setting.
- The Senior Computer Class will meet on August 19<sup>th</sup> at 10:30 a.m. Call for details at 787-3426.
- The 2010 Yolo County Summer Reading program is "Make a Splash @ Your Library...READ!" Be sure to register for one of our three Summer Reading-Incentive Programs. We will have a Read-to-Me incentive program for children 0-5 and their parents. Children 6-12 can participate in a similar reading incentive program for prizes and certificates. Teens in grades 7-12 can read, write reviews and enter a raffle drawing to win prizes. The Summer Reading Program will end on August 21<sup>st</sup>. Call the library at 530-787-3426 for details.
- In addition to the reading program we will host special events for children in August:
  - \* August 5th at 1:30 p.m.: The Bubble Lady will delight all ages with a special performance.
  - \* August 19th at 2:00 p.m.: Bird Migration presented by California Waterfowl.

All children's summer programs are held in Wintun Room and are sponsored by the **Friends of the Esparto Regional Library**.

Submitted by Malinda Baker

# **TRIPLEPLAY**

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## MOMMY AND BABY'S NIGHT OUT!

### If you are a teen Mom this program is for you!

Fun activities for you and your child will be introduced along with refreshments, raffles and take-home goodies!

Information on healthcare, child development, education, and everyday child needs that you will encounter will be discussed.

This program is geared towards helping young mothers learn that growth takes place the first three years of a child's life, and how your child will grow in all areas: emotionally, socially, physically, and cognitively.

### You won't go home empty handed!

Sign-ups are now taking place at  
**RISE Inc at 17317 Fremont Street, Esparto, CA**  
You may also call and ask for Oralia, Lupe or Stella  
at 530-787-4110 Monday through Friday  
for more information on this program.

## NOCHE DE SALIDA PARA MAMI Y SU BEBE !

### ¡Si usted es una Mamá adolescente, este programa es para usted!

¡Habrà actividades divertidas para usted y su niño  
junto con refrescos, rifas y

algunos regalos que se podrá llevar a casa!

Información en el cuidado de salud, el desarrollo de niño,  
la educación, y las necesidades diarias del niño que usted  
se encontrará será discutido. Este programa es especial-  
mente para que las madres jóvenes que aprenderán que el  
crecimiento sucede los primeros tres años de la vida de un  
niño, y cómo su niño crecerá en todos los áreas:  
de emocionalmente, socialmente, físicamente,  
y cognoscitiva menté.¡

### ¡Usted no regresará a casa con las manos vacías!

Apúntense ahora en el programa de  
**RISE 17317 a Calle Fremont, en Esparto, CA**  
Usted también puede llamar y pedir hablar con  
Oralia, Lupe o Stella al 530-787-4110 de lunes a viernes  
para mas información .

### Pre-School Opportunities in the Esparto Area

- **Esparto Unified School District State Pre-School:** Call Esparto Elementary School for more information on qualifying factors at 787-3417 after Aug. 2.
- **RISE Universal Early Learning Pre-school:** services all children between one and a half to five years of age on Tuesdays, Wednesday, and Thursdays. Free to all, but a parent needs to be present. Call 787-4110 for more information.
- **Esparto Child Development Center:** serves children 3-5 years of age, Monday through Friday. Call 787-3305 for more information.
- **YCOE Head Start:** serves children 3-5 years, Monday through Thursday, from 1:00-4:30 p.m. Call 668-5160 for more information.

Editor

*Patrick Scribner* \_\_\_\_\_ 

Certified Public Accountant

507 First Street, Suite B  
Woodland, CA 95695

(530) 666-2727  
Fax: (530) 668-6822

email: pscpa@pacbell.net



**VALLEY SENIORS PROGRAM AT RISE  
SCHEDULE FOR AUGUST 2010  
SPONSORED BY THE YOCHA DE HE COMMUNITY FUND.  
Summer Hours: Starts at 9:00 a.m.**

If you are 55 or over, Please join us at RISE; 17317 Fremont Street in Esparto, next to Esparto Market and the D. Warren Insurance Agency.

**JOIN US ON TUESDAYS & THURSDAYS,  
FROM 9:00 a.m. to 12:00 p.m.  
FOR FOOD, DAY TRIPS, HEALTH, EXERCISE, CLASSES & INFORMATION:**

**August 3<sup>rd</sup>—August 5<sup>th</sup>: Program closed For summer break**

**August 10<sup>th</sup>: 9:00: Chair Volley Ball/Knitting  
11:00: Lunch**

**August 12<sup>th</sup>: 9:00: Coffee/Tea & Chat  
10:00: Speaker: Peggy Phelps of Yolo Hospice.  
11:15: Lunch Served**

**August 17<sup>th</sup>: 9:00: Meet at RISE for Breakfast  
10:00: Arthritis Self Care by Calagribility**

**August 19<sup>th</sup>: 9:00: Meet at RISE for Breakfast  
10:00 Computer Class at Esparto Library**

**August 24<sup>th</sup>: 9:00: Coffee/Tea and Chat. Food Prep.  
10:30—Noon Laura Martinez: Nutrition Class  
Group makes Tortillas and Cheese.**

**August 26<sup>th</sup> : 9:00 Old Sacramento Tour & Lunch**

**August 31<sup>st</sup> 9:00 Local Field Trip**

**Call Beth @ RISE, 530-787-4110 FOR QUESTIONS & UPDATES.  
Submitted by the RISE Staff**

**Local Teen to Represent Yolo County in the  
Miss Teen 2011 USA California Contest**

April McNamara, a student at Esparto High School, has been selected to participate in the Miss Teen 2011 USA California Contest that will be held in Palm Springs in November 2010. If she wins in this contest, she would represent California in the Miss Teen USA Contest. Congratulations to April!!

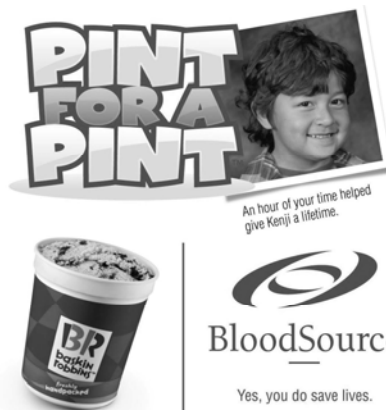
April stated that she hopes that this experience will help her with career training, life experiences, and will continue to make her a well-rounded person who will prosper and become a successful person in life, work and in the community.

April is funding this venture by offering to help promote community businesses or associations at events that might be planned in exchange for products or a stipend. Sponsors are also being sought. For more information on how you can help to sponsor April, please call (530) 908-8362.

Submitted by Anna McNamara



Pictured left: McGruff, the Crime Dog, made a special appearance at the Safety and the Community Event in Esparto Park on July 22.



BloodSource blood donors receive a coupon for a FREE pint of Baskin-Robbins® Ice Cream at any BloodSource Center or mobile drive!

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**Monday, August 2<sup>nd</sup>  
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Pam Pearson (530) 787-3300**

Eligibility questions contact BloodSource: 1-866-822-5663

Please bring Photo ID Please eat & drink plenty of fluids prior



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**Matthew Milliron**  
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## Don't Wait to Vaccinate A Parent's Guide to Immunizations

With fall almost here, it's time to immunize your child before the start of preschool or kindergarten. *Vaccinations boost a child's immune system and help protect kids from serious infections and diseases. It's especially important for parents to make sure children under age 5 receive certain childhood vaccinations to help keep them healthy as their bodies grow and immune systems develop.*

*According to the Centers for Disease Control and Prevention (CDC), vaccine-preventable diseases are now at or near record lows – thanks to vaccinations. Before vaccines, many children suffered from diseases that vaccines now prevent such as whooping cough, measles and polio. Those same germs exist today, but because kids are protected by vaccines, we do not see the diseases as often.*

August is National Immunization Awareness Month and, as kids get ready to start preschool and kindergarten, *First 5 Yolo provides parents and caregivers answers to frequently asked questions about vaccinations. Remember also to consult with a family doctor for your child's specific needs.*

### **When does my child need to be vaccinated?**

Pediatricians recommend that children receive their first vaccination at birth. The Yolo County Health Department or your family doctor can provide an immunization schedule and help you decide what is best for your child. The immunization schedules and guidelines are available at <http://www.yolocounty.org/Index.aspx?page=161>. Additional information is available on the California Department of Public Health's Web site at [www.cdph.ca.gov](http://www.cdph.ca.gov).

### **Why should my child be vaccinated?**

Childhood vaccines have kept children in the U.S. healthy for more than 50 years and have proven to be effective in preventing many diseases. The Food and Drug Administration, along with the CDC, American Academy of Pediatrics and American Academy of Family Physicians, ensure all vaccines are continually tested and inspected to be sure they are safe for kids. Most importantly, whooping cough is now considered an epidemic in California. Parents and caregivers of young infants are being directed to get a pertussis booster shot to protect their infants who are too young to be vaccinated. For more information about this epidemic, visit the California Department of Public Health's Web site at: <http://www.cdph.ca.gov/Pages/NR10-041.aspx>

### **How much do vaccines cost?**

Vaccines are available to all children regardless of family income. Many health care plans provide children's vaccines for free or for a small fee. California Healthy Families and Medi-Cal programs also offer free immunizations for eligible children.

### **How can I prepare my child for a vaccine shot?**

Arrive on time for the appointment and bring your child's favorite toy, book or snack to provide comfort and keep your child occupied in the waiting room. Be sure to give your child a big hug after the vaccination shot!

### **What else do I need to do?**

Take your child's vaccination records with you to every doctor visit and keep them in a safe place – you will need them for school and child care. Ask the doctor or nurse what to expect after the shot, and monitor your child for possible side effects. In case of problems, immediately call your doctor.

First 5 Yolo encourages parents to learn more about vaccinations and ways to help protect young kids and keep them healthy. For more information on vaccinations and First 5 Yolo's programs, visit [www.first5yolo.org](http://www.first5yolo.org).

Compliments of First 5 Yolo  
530-669-2475 [www.First5Yolo.org](http://www.First5Yolo.org)

## Back to School Vaccinations for Yolo Kids

Ah, August! Time to get the kids ready to go back to school. Time to start making a list of things to do to get the little tikes ready. Time for backpacks, pens and pencils, crayons and markers, rulers, shots... Shots?????

Many parents don't think about the vaccines that are needed to help their kids stay healthy. Yes, they got lots of shots when they were babies, but there are some that are needed when they start preschool or kindergarten and even for those older kids in middle school.

As infants, kids get vaccine to protect them against nine diseases that are totally preventable. Many are diseases that are passed through blood and body fluids such as mucus and saliva, which means they can get them from each other as well as their parents and caregivers. We have done such a good job of covering kids with the vaccines needed to prevent these diseases that we rarely see them anymore. That's why when something like whooping cough rears its ugly head and makes us and our children sick, and puts babies at risk of death, doctors and nurses start paying attention. Moreover, encourage parents, brothers, sisters, grandparents, and anyone else who comes near the babies to get a shot.

Vaccines are usually given in a series, so kids can build the proper level of immunity to the diseases. That's why, when they get ready to enter preschool or kindergarten, parents are required to take them to their doctors to get booster doses of vaccines to prevent polio, diphtheria, tetanus, pertussis (whooping cough), measles, mumps, rubella and chicken pox. It sounds like a lot, but many of these vaccines are found in combination vaccines, so they get doses of 3 or 4 vaccines in one shot.

But they are not done there! 5-6 years later, when they are going into middle school, they need a dose of Tdap (tetanus, diphtheria, and acellular pertussis). At this age, we also recommend that girls get three doses of human papilloma virus vaccine, the virus that causes cervical cancer. Boys should get one dose. In addition, they should get a dose of the vaccine that prevents certain types of meningitis. Meningitis is an infection of the nervous system that can cause severe disability and death.

So parents, as you make your list of things to do and buy to get the kids ready for school, add shots to your list. Check with your child's doctor, or call the Health Department at 530-666-8645 for a list of clinics where shots are available. The Health Department has walk-in hours for shots on Wednesdays, from 2:00—5:00 p.m. at low or no cost.

Don't wait! Vaccinate! Submitted by Dee Dee Gilliam, Yolo County Health Department

## Capay Valley Regional Farmers' Market

The Board of Directors of the Capay Valley Regional Farmers' Market voted in February to temporarily suspend the market as it had been run. The market had been operating on funds provided generously by the ACTM committee and the Yocha Dehe Community Fund. It was also supported by Capay Valley Vision financially in its early years. With these funds the board paid for health and nutrition education, funded community activities for the the market, hired bands to perform at the markets, funded a part-time market manager, and paid for advertising, County and State fees, permits, as well as insurance, etc.

Factors influencing the decision to suspend the market were the low community turnout for the 2009 year. A "catch 22" effect took place: the low turnout of patrons attending the market made it unprofitable for farmers to bring their goods to the market, which further decreased the attendance. In addition to this, there were issues with Caltrans regarding placement of signs for the market, issues with the County regarding park usage, the Yolo County Health Department regarding specifics of their requirements for Farmers' Markets, fees, and licenses. Furthermore, the board lost some very important board members, leaving only three acting members on the board.

The market is currently looking for some additional Board members who can provide direction in going forward with the market in some form. Insurance, fees to the County, the State, and the filing of Federal tax returns are on-going issues that need a full board of directors. If there are any community members who would be interested in joining the board of the Capay Valley Regional Farmers' Market, please contact Julio Cota at [juliocota@yahoo.com](mailto:juliocota@yahoo.com).

Submitted by Julio Cota, CVRFM Board President



### Is Health Insurance for your Child a Problem??

In these difficult economic and health reform times, good health insurance coverage for your children may be a problem. There are three different publically-supported options now available, which seek to assist many levels of incomes and urgent situations. You may qualify for at least one of these:

- **MediCal**—For those families most in need. Job loss &/or changes in income power may now qualify you. Review of your eligibility situation is free.
- **Healthy Families**—Federally and State Supported with low premiums. Serves the children of families who earn too much for MediCal help. Has low premiums. Once enrolled, your enrollment lasts for a year without further review. Find out today if you qualify.
- **Healthy Kids**—Supported by local funds and efforts. This health insurance option seeks to insure that all children have access to health care. Higher income families can successfully utilize this option. Thanks to the generosity of the Yocha Dehe Wintun Nation, no qualifying local child will be put on a waiting list. Monthly premiums are low.

Check these options out! Free!

If you are interested in further discussing any of these health insurance options, please call RISE Inc. at 787-4110 and ask for a screening appointment with Beth Conn-Ossenfort or Lupe Saucedo. Free.

### The Esparto Writers' Group

The Esparto Writers' Group will meet from 6:00-8:00 p.m., Thursday, August 19 at the Esparto Library. Our writing project for August is to do a list poem. Choose a topic or an idea and make a list of everything that comes to mind. Your listed thoughts can be anything from a single word to a short phrase. For more information please contact Barbara Durst, Coordinator, by email, bdurst@mac.com, or phone, 530-666-3104. Submitted by Barbara Durst

### Countryside Community Church

Bring your children to Sunday School and  
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**Information Evening August 5th**  
Guinda Grange, 7:00 p.m.

The Capay Valley Schoolhouse is an independent learning center now being sponsored by Heritage Peak Charter School, a nonprofit independent study charter school for students in grades Kindergarten through 12<sup>th</sup> grade. A hybrid model of independent study/home schooling is used to provide an alternative educational program for students who desire a change from traditional classroom schooling.

Kindergarten-6th grade reading, writing, and math class will be held at the Guinda Grange Hall Tuesday - Thursday mornings beginning August 16th. Spanish, Music and Art classes will be available in the afternoons. Families have freedom of choice and a personal budget to choose curriculum (following state standards) and enrichment classes. Every student has a credentialed teacher/coach who works with the student and family to plan and deliver the appropriate courses for his individual circumstances. We assess and then plan methods and instruction that meet the particular needs of each student. Elvira Paoletti, a ten year resident of the Capay Valley, will be the Guinda teacher and Heritage Peak school liaison. She brings many years of experience as both a home school parent and teacher, with specialties in Waldorf Education, Project-Based learning, and Social-Emotional learning.

Enrollment is open to all students K-12 on a first come, first serve basis. Come to the information evening August 5th to meet other parents and learn more. Light refreshments will be served.

For more information contact: Elvira Paoletti at 530-908- 9919  
CVSchoolhouse.wordpress.com  
HeritagePeak.org

Submitted by Elvira Paoletti



Zumba fuses Latin and international rhythms with easy to follow dance moves (hip-hop, reggaeton, salsa, samba and merengue) to create a dynamic fitness workout. Routines feature interval training sessions to tone and sculpt your body while burning fat.

**Cost: \$45.00 per month (first class is free )Tuesdays & Thursdays from 6:00 to 7:00 p.m.**

Certified Zumba Instructor **Thania Coutinho**. Register with the instructor. Classes are Tuesday and Thursdays at Esparto Middle School Multipurpose Room located at 26058 County Rd. 21A.

For more info contact [thanya\\_brasil@yahoo.com](mailto:thanya_brasil@yahoo.com), or call 707-365-3372.

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Remember a year ago? Pictured below is Sue Heitman holding a brick from the in-process demolition of the Wyatt Building on Yolo Ave.



### Families and Friends of Woodland Use Hearts and Feet to Fight Cancer



*This summer, more than 200 walkers—with the goal of raising \$80,000—will go around the clock in the battle against cancer when the American Cancer Society Relay For Life® gets underway with teams of residents from Woodland.*

Relay For Life events are held overnight as individuals and teams camp out at an athletic track, park or other gathering area, with the goal of keeping at least one team member on the track or pathway at all times throughout the evening. Teams do most of their fundraising prior to the event, but some teams also hold creative fundraisers at their camp sites during Relay. Relay brings together friends, families, businesses, hospitals, schools, faith-based groups . . . people from all walks of life – all aimed at furthering the American Cancer Society’s efforts to save lives by helping people stay well, by helping them get well, by finding cures and by fighting back. Relay For Life of Woodland will take place at Woodland High School, 21 N. West Street, on September 18, starting at 10:00 a.m.

Funds raised at Relay For Life of Woodland enable the American Cancer Society to impact the lives of those touched by cancer within the community including support programs for cancer patients and their families, early detection and cancer risk reduction education and promotion, research and advocacy programs.

Relay For Life’s Luminaria Ceremony takes place after sundown, honoring the community’s cancer survivors and remembering those lost to the disease. Participants will circle a track that is surrounded with glowing luminaria that bear the name of someone who has battled cancer.

Also a part of Woodland’s Relay For Life event is the “Fight Back” Ceremony, in which a community leaders will inspire Relay participants with their own commitment and will challenge them to take a personal pledge of action (e.g., stop smoking, eat more healthily, exercise regularly, etc.) in fighting back.

To learn more about how you can participate, visit [www.relayforlife.org/woodlandca](http://www.relayforlife.org/woodlandca). Or contact Team Captain Coordinator, Kelly Stephens, at [adminassistant001@nuggetmarket.com](mailto:adminassistant001@nuggetmarket.com). Or contact Andrea Barish at the American Cancer Society at [andrea.barish@cancer.org](mailto:andrea.barish@cancer.org).

Submitted by Chelsea Fahr, Relay For Life Manager



Pictured above: Winters Fire Department staff, Sebastian Salas and Alex Thomson, educate children from the community on fire safety and prevention. The staff allowed children to explore the fire engine.

Pictured right: Esparto High School Coach leads children in an exercise warm-up to kick off the 2<sup>nd</sup> Annual Safety and the Community Event on July 22 in Esparto Park.



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## COMMUNITY CALENDAR

- AA meetings:** *Countryside Community Church*, located at 26479 Grafton St. on Tuesdays at 7:00 p.m. Call 1-800-970-9040 for more information.  
*Guinda Community Church*, Tuesday, Thursday and Saturday at 7:00 p.m. in Spanish.
- Capay Valley Christian Fellowship:** meets at 11:00 a.m. on Sunday at 7588 St. Route 16, Guinda.
- Capay Valley Fire Commission Meeting:** meets the 2nd Monday of each month at 6:30 p.m. at the Guinda Fire Station.
- Capay Valley General Plan Advisory Committee:** meets every 1st Wednesday at 7:00 p.m. at the Grange Hall in Guinda. Open to all.
- Capay Valley Vision Board:** meets on the fourth Wednesday of every month at the Library from 5:00 to 7:00 p.m.
- Countryside Community Church:** Sundays at 10:00 a.m. Worship Service and Sunday School.
- Criner's Arena:** Summer Saddle Series on Monday nights at 6:30 p.m. from June 7th to Sunday, August 8th.
- Dental Office in Esparto:** is open from 8:00 a.m. to 5:00 p.m. every Tuesday. Call 787-4972 to make an appointment.
- Early Learning Center Program:** held from 9:00 to 11:30 a.m. Tuesdays, Wednesdays and Thursdays at the Countryside Community Church
- Esparto Baptist Church:** Worship and preaching service at 11:00 a.m. on Sundays. Bible Study on Sundays at 9:45 and Wednesdays at 7:00 p.m.
- Esparto Citizens Advisory Committee Planning Council:** meets 3rd Tuesday at 7:00 p.m. at the Esparto Regional Library.
- Esparto Community Services District:** meets on the 2nd Wednesday of each month at 7:00 p.m.
- Esparto Family Practice:** open Monday from 9:00 a.m. to 1:00 p.m.. Tuesday, Wednesday, Thursday and Friday from 2:00 to 6:00 p.m.
- Esparto Lions Club Meeting:** meets on the 1st and 3rd Thursday at the VFW hall 7:00 p.m.
- Esparto Regional Chamber of Commerce:** meets every month on the 2nd Wednesday at the Chamber Office on Yolo Avenue unless it is a mixer. (787-3242)
- Esparto Unified School Board Meeting:** meets on the 1st and 3rd Wednesdays at 5:30 p.m. at the Library.
- Food and Clothes Closet:** open on Wednesdays & Fridays at Countryside Community Church. Contact RISE Inc. at 787-4110 for information.
- Friends of Esparto Regional Library Board of Directors' Meeting:** meets on the first Tuesday at 7:00 p.m. at the Library.
- Home Schooling Cooperative:** Call Elvira Paoletti at 796-4676.
- Legal Services in Esparto:** free services offered on the 1st and 3rd Thursdays at the RISE office from 9:00 a.m. to 11:00 a.m.
- Guinda Community Church:** Sunday School for youth at 8:45 a.m. and Sunday Service at 9:30 a.m.
- Madison Advisory Committee:** 4th Thursday at 6:30 p.m. at the Madison Community Services District. No meetings in May, November or December.
- MEDI-CAL and Food Stamps Services:** Wednesday 2:00 to 4:00 p.m. at the RISE Inc. office. Call 787-4110 for appointments.
- Rotary Club of Capay Valley, Brooks:** meets at 7:00 a.m. every Friday at the C<sup>2</sup> Restaurant at Cache Creek Casino Resort.
- St. Martin's Church:** Spanish Mass: 7:00 p.m. on Saturday; English Mass: 8:30 a.m. on Sunday at St. Martin's Church on Grafton Street
- Veterans of Foreign Wars (VFW), Veterans of Foreign Wars, Western Yolo Post 7143,** meets 2nd Mon, each month, at Post Home, Orleans St. & Highway 16.
- Western Yolo Grange:** meets on the 2nd Thursday at 6:30 p.m. for a potluck dinner and meeting at the Grange Hall at 16787 Forrest Ave. in Guinda.
- WYORCA:** meets on the 2nd Thursday from 5:00 to 6:30 p.m. at the Esparto Library.
- RISE Collaborative Meeting:** meets the 3rd Friday at 9:00 a.m. at the RISE building (except August).
- WIC Services:** located in the Esparto Family Practice office at 17050 South Grafton St. on the 4th Wednesday. (2:00 to 6:00 p.m.)

*If you would like to include calendar events or change information, please e-mail the editor of the Valley Voice at valleyvoice2@hotmail.com or call 787-4110.*



***Children are back to school on August 23.  
 Please watch out for children  
 walking to and from school and  
 to and from buses.***

### **Activity Calendar for August, 2010 (as mentioned in this paper)**

- August 2; Esparto Community Blood Drive in the Community Hall from 3:00 to 7:00 p.m.
- August 5: Information Meeting for the Capay Valley Schoolhouse at the Guinda Grange Hall at 7:00 p.m.
- August 5: Bubble Lady at the Esparto Library at 1:30 p.m.
- August 18-22: Yolo County Fair at Yolo County Fair Grounds
- August 18: Gala Celebration of Yolo County Bounty at the Ag Building at the Fair Grounds from 6:00 p.m. to 8:00 p.m.
- August 19: Senior computer class at the Esparto Library at 10: 30 a.m.
- August 19: Bird Migration at the Esparto Library at 2:00 p.m.
- August 19: Book Club meets at the Esparto Library at 7:00 p.m.
- August 19: Esparto Writers' Group at the Esparto Library at 6:00 p.m.
- August 23: Esparto Schools begin fall session