



Valley Voice

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Esparto Unified Schools Earn Statewide Recognition for Positive School Supports

Esparto Unified School District is proud to celebrate a districtwide accomplishment: all three of its comprehensive schools have been recognized by the California PBIS Recognition Program for their work to create positive, supportive, and effective learning environments for students. For the 2025–26 school year, Esparto Elementary School and Esparto Middle School earned Gold Recognition, while Esparto High School earned Silver Recognition.

The recognition celebrates more than a behavior program. In Esparto Unified, Positive Behavioral Interventions and Supports (PBIS) is an important part of our work as Community Schools and our commitment to creating schools where students experience belonging, safety, care, and the support they need to succeed.

As a Community Schools district, Esparto Unified works to bring academics, student wellness, family engagement, expanded learning, and community partnerships together rather than treating them as separate initiatives. PBIS provides one of the systems that helps make that vision a reality inside our schools and classrooms.

PBIS establishes clear expectations and supportive environments for all students while creating systems to identify and respond when students need something more. The California PBIS Recognition Program evaluates schools on the fidelity of their implementation as well as the outcomes they achieve for students.

That approach closely aligns with Community Schools. When a student is struggling with behavior, attendance, academics, relationships, or emotional regulation, the goal is not simply to respond to the behavior. We want to understand what the student needs to be successful and how the school, family, and community can work together to provide that support.

The Gold Recognition earned by Esparto Elementary and Esparto Middle reflects work that focuses on creating positive, predictable, and supportive environments for all students, while providing additional interventions for students who need more targeted assistance. California's Gold criteria specifically examine schools' Tier 2 social-emotional and behavioral interventions and whether students are benefiting from them.



(Continued on page 3)

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The Valley Voice, P.O. Box 133, Esparto, CA 95627

For article inquiries, email Yessennia Galvan, Editor,
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For billing inquiries or ad rates, call (530) 787-4110 ext 237.

All articles and **payments** are **due on or before the 15th of each month**.

*We reserve the right to edit articles at our discretion,
due to space limitations and other criteria.*

**The Valley Voice is published monthly in partnership with Yocha Dehe
Wintun Nation, RISE Inc., & Esparto Unified School District.**

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Let all your friends and relatives know that for just \$25 per year we will mail
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ESPARTO UNIFIED SCHOOL DISTRICT



"Serving Yolo County since 1868"

Roxanne Brown, Interim Superintendent

26675 Plainfield Street
Esparto, California 95627

Tel.: (530) 787-3446
Fax: (530) 787-3033

**NOTICE OF PROVISIONAL APPOINTMENT TO THE BOARD OF
EDUCATION OF THE ESPARTO UNIFIED SCHOOL DISTRICT**

On September 10, 2026, the Governing Board of the Esparto Unified School District made a provisional appointment to fill the vacant Trustee Area 1 seat on the Board of Trustees.

The vacancy occurred following the resignation of Trustee Ygnacio Lua, effective July 22, 2026. After conducting a public application and interview process, the Governing Board appointed Emma Guillen to serve in the vacant position.

Pursuant to California Education Code sections 5091 and 5092, the provisional appointment is subject to a 30-day period during which registered voters of Trustee Area 1 may file a petition with the Yolo County Superintendent of Schools requesting that the vacancy be filled by a special election.

If a legally sufficient petition is not filed within 30 days of the date of the provisional appointment, the appointment will become final.

Individuals seeking information regarding the petition process should contact:

Yolo County Office of Education
1280 Santa Anita Ct #100
Woodland, CA 95776
(530) 668-6700

For questions regarding the Board appointment process,
please contact the Esparto Unified

Check out the digital, **color edition of the Valley Voice** online at **Riseinc.org**! Explore the archives—you never know, you might just find yourself featured in a past edition!

(Continued from page 1)

At Esparto Elementary, for example, students have participated in Zones of Regulation social skills groups, where they learn to identify emotions, develop self-awareness, communicate effectively, and practice coping strategies. Many of the participating students demonstrated positive progress in emotional regulation, peer interactions, and the use of coping strategies.

At Esparto High School, Silver Recognition reflects continued progress toward a positive school culture and stronger student engagement. The PBIS team is using student voice to rethink the school's acknowledgement system, including plans to survey students about the incentives and privileges they value and to relaunch the Sparty Bucks program with experiences, privileges, school-spirit items, raffles, recognition, and other opportunities that are meaningful to students.

Student voice is an important part of Esparto Unified's Community Schools approach. Rather than adults making every decision about what students need, schools are working to create more opportunities for young people to help shape their school experience.

Earning Gold or Silver recognition does not mean the work is finished. In fact, continuous improvement is central to both PBIS and the Community Schools model.

Our school teams examine data, listen to students and families, identify gaps in their systems, and determine what needs to change. The California PBIS recognition process itself requires schools to identify areas for improvement and develop action steps for the coming year.

That makes these awards particularly meaningful. They recognize the systems Esparto Unified has built while also reinforcing the district's commitment to keep learning and improving.

Most importantly, the recognition represents the collective efforts of the people who make our Community Schools possible. Teachers, classified staff, administrators, counselors, mental health and wellness staff, expanded learning staff, students, families, and community partners all play a role in creating environments where young people can thrive.

Esparto Unified is proud to celebrate Esparto Elementary and Esparto Middle for earning Gold PBIS Recognition and Esparto High for earning Silver PBIS Recognition. These awards are an important affirmation of our Community Schools work and of our shared commitment to ensuring that every student is known, supported, connected, and given the opportunity to succeed.

Submitted by: Director of Education Community Schools



Fall fun is on the way with two Chamber events

The Capay Valley Regional Chamber is bringing the community together this fall with two October events celebrating local businesses, making connections and, of course, getting into the Halloween spirit.

Fall Chamber Mixer

Mark your calendar for Oct. 15, when the Capay Valley Regional Chamber hosts its Fall Mixer from 5 to 8 p.m. at Buckhorn Meat Co. and Sunberry Marketplace.

This jointly hosted event is a chance for Chamber members and community members alike to mingle, meet local business owners and neighbors, learn about upcoming events and volunteer opportunities, and enjoy samplings from both businesses.

And don't forget to bring a little luck — a raffle will round out the evening's festivities.

Trunk or Treat

Ready for some Halloween fun? The Capay Valley Regional Chamber is getting into the spooky spirit with its annual Trunk or Treat from 5 to 7 p.m. on Oct. 31.

The location will be announced on the Chamber's website and social media accounts.

Residents who would like to get in on the fun by decorating a vehicle and hosting a trunk spot can register online at <https://forms.gle/qM9srnFDLsKH3fvZ9>.

The Chamber is also collecting candy donations to help make sure every little trick-or-treater goes home with a treat. For information about donating candy, email info@espartoregional-chamber.com.

So grab your calendar, save the dates and get ready to celebrate fall with the Capay Valley community.



Celebrating Three Years of SL8 Fitness and Our Senior Program

This September, our Senior Program had the wonderful opportunity to celebrate **three years of partnership with SL8 Fitness!** For the past three years, the dedicated team at SL8 Fitness has been bringing energy, encouragement, and fitness to our Seniors every Tuesday and Thursday.

To celebrate this special milestone, our Seniors and SL8 Fitness came together for a potluck celebration filled with delicious food, laughter, and great company. It was a wonderful way to recognize the positive impact SL8 Fitness has had on our Senior Program and the friendships that have grown along the way.

We are incredibly grateful to the SL8 Fitness team for their continued commitment to our Seniors. Week after week, they show up with enthusiasm and create fitness classes that encourage our participants to stay active, strong, and healthy while having fun.

Their twice-weekly classes have become an important part of our Senior Program, and we truly appreciate the time, care, and positive energy they bring to our community.

Thank you, SL8 Fitness, for three amazing years! We are so thankful for your dedication and for being such an important part of our Senior Program. We look forward to continuing this wonderful partnership and celebrating many more milestones together!

Here's to three years of movement, friendship, fitness, and community!



Senior Fitness Classes

Tuesdays & Thursdays

9:30 AM – 10:00 AM

RISE Inc., 17340 Yolo Avenue, Esparto



Know Your Rights / Conocimiento De Sus Derechos

RISE Inc. recently hosted community workshops aimed at providing local farm workers and their families with information, resources, and support on issues that affect their everyday lives. The workshops were held in our Capay Valley Health and Community Center in Esparto and at our Winters RISE office. They were made possible through the collaboration of two community organizations, Catholic Charities of Yolo-Solano and Vision y Compromiso, which helped provide valuable information, resources, and support to participants.

Participants learned about their legal rights and responsibilities, including California workplace protections, sick leave, vacation pay and rights related to unlawful termination. They also learned how to recognize and avoid immigration scams, where to find trusted assistance, and what resources are available in the community. Through these collaborations, participants had the opportunity to ask questions and sign up for appointments with Catholic Charities to receive immigration-related assistance from an attorney.

We are grateful for these partnerships and for the opportunity to help farm workers connect with trusted community resources, make informed decisions, and feel more confident and prepared with the knowledge they gained.

Submitted by: Maira Galvan



Visión y Compromiso



CAPAY VALLEY FOOD DISTRIBUTIONS

Esparto - RISE, Inc.

Thursday, October 1st and 15th
starts @ 9:30am

~~~~~

Monday, October 26th  
starts @ 10:30am

~~~~~

Food Pantry

Every Friday, 2:00pm - 5:00pm

(17317 Fremont Street, Esparto CA)

Madison Community Committee Food Closet

Monday, October 12th and 26th
starts @ 4:00pm

(28963 Main St, Madison, CA)

Guinda Grange Hall

Monday, October 12th and 26th
starts @ 9:30am

(16787 Forest Ave, Guinda, CA)

A SUCCESSFUL 2026 SWIM SEASON AT TULI MEM PARK

Labor Day often signals the end of summer, and for Tuli Mem park it was the last day of the swim season and another free swim day! Now that the 2026 swim season has come to a close, WYORCA would like to thank the lifeguards, the County, and all the swimmers in our community for a successful season that was well attended and had both pools open. WYORCA would also like to thank all the Friends of Tuli Mem (see list below) for their support to keep the pool open and free on Wednesday evenings, Sundays, opening day, and holidays – 33 days in total!

WYORCA is also looking for new board members, so if you are interested in helping us support Tuli Mem park and pool, please talk to any one of our board members (list below) or email us at FriendsofTuliMem@gmail.com

We look forward to another fun season of swimming in 2027.

Submitted by G. Moris

WYORCA Board Members

Sandra Adams, Carine Hines, Giacomo Moris, Jodee Treat, Sherrie Vann, David Vigil

THANK YOU to all our members of Friends of Tuli Mem!

Renewed membership is needed for ongoing support of the pool programs

Great Blue Heron Level (\$1500 and higher!)

R&R Pacific Construction
Sherri Wood
John and Sandra Adams
Sam and Jane Cody

River Otter Level (\$1000)

Esparto Broadband
Jim and Deborah Durst
Jenna and Amon Muller
Kris and Carolyn Nordstrom
Anonymous

Egret Level (\$300)

Dru and Paul Muller
David and Loreal Vigil
Anonymous
Trini and Wyatt Cline
Double Dipper Ice Cream
The Hines Family
Max Vann Landleveling
Bob and Vicki Murphy
Nancy Vigil

Letty Melendez and Homero Gomez

Pond Turtle Level (\$100)

Carolyn Martin
Pam Welch and Tom Fredricks
Alice Manas
Becca and Rye Muller

Marsh Wren Level (\$75)

The Moris Family
Judith Redmond and Thomas Nelson

Chorus Frog Level (\$25)

Claire Haag
Pat Power
Jennifer Marks
Thomas Griffin
Dan and Annette Jones
Susan and Cesar Calzada
Eric Melendez
Johnny Melendez



PLEASE JOIN US FOR AN EXCITING EVENT!



SATURDAY, OCTOBER 10TH
11:00 AM – 4:00 PM



Capay Valley
Fire Station
in Guinda

We are celebrating FIRE PREVENTION WEEK with the following opportunities:



Gift bags for the kids



Household safety package for the first 20 families
(fire extinguisher and Go Bag starter kit)



Vehicle extrication demonstration



BRING YOUR FIRE EXTINGUISHER!

We have arranged to have it inspected and recharged



Sign up for a smoke detector installation
in your home



Order address markers for your home to help
first responders locate you quickly



Find out how to make a go bag



And always a favorite: Practice using a fire extinguisher
with live fire! (Noon to 1:00 pm.)



We will be serving
HOT DOGS
from 11am to 3pm.



Contact capayvalleyera@gmail.com if you have questions.

Capay Valley Flora, Fauna and Farms

By Pamela Bateman

Capturing Wild Yeast for Making Bread

When making bread at home most people reach for a package of dried yeast that comes sealed in a small envelope. But it is possible to capture wild yeast right from your garden to make bread. Wild yeast can be found throughout the world with scientists having identified thousands of different types. *Saccharomyces cerevisiae* and *Brettanomyces* are two varieties of wild yeast used in bread making which can be found growing on fruit such as grapes. If you look closely at the surface of ripe purple grapes you can see the yeast growing as a whitish powder. By picking ripe grapes, crushing the fruit and straining the juice into a bowl of whole wheat flour you can capture these wild yeasts to make bread.



Classified as flora, yeast is single-cell organism in the mushroom family but unlike plants (autotrophs), yeast, a heterotroph, cannot produce its own food from the process of photosynthesis and, like animals, must find a food source to survive. Yeast thrives on organic compounds such as the sugar produced by plants and does not require sunlight to grow. Yeast is used in fermentation to produce bread, wine, beer and other products used for human consumption. Fermentation is the result of the yeast growing and consuming sugar or starch transforming it into alcohol and carbon dioxide (CO₂). This is the process that makes bread dough rise and changes it from a simple unleavened bread such as flat breads into a bread that is leavened or fermented in order to lighten and inflate the bread giving it a distinct flavor and smell while playing a role in gluten development. The longer the fermentation the more pronounced the flavors become as the microbes create aromatic compounds.

To use wild yeast it is best to first familiarize yourself with bread making using commercial yeast then experiment with capturing wild yeast. There are many videos on YouTube and many websites describing these processes. The information may seem confusing because there are numerous ways to make leavened bread and to capture wild yeast. Recently, in the summer warmth of my kitchen, I crushed freshly picked, ripe grapes from my neighbors vineyard and strained the juice into a small bowl filled with approximately a half a cup of whole wheat flour making a mixture with the consistency of pancake batter. I covered the bowl and let it sit at room temperature for twenty four hours. After this time very tiny bubbles could be seen in the batter. I then fed the yeast one quarter cup of tepid water (approximately 90- 95 degrees) and an equal amount of whole wheat flour and let it sit until larger bubbles began to form in the mixture. A second feeding of water and flour took place several hours later. After these two feedings I had a usable active yeast and proceeded with a recipe for bread that included refrigerating the dough overnight before baking the bread. I saved part of the active yeast to continue feeding and using for future loaves of bread.

The science behind yeast and bread making can be overwhelming but do not let this hinder you from experimenting with capturing wild yeast. This three day process can give you insight into how humans have been making bread for housands of years and a connection to the flora and microorganisms living in our local environment.

Seasonal Recipes

Using ingredients sourced from the Capay Valley
From the kitchen of Pamela Bateman

Potatoes with Bacon & Gruyere Cheese

6 medium Yukon Gold Potatoes
1 pound bacon
1 medium yellow onion diced
1/4 to 1/2 cup sour cream or heavy cream
4 to 6 oz of Gruyere Cheese or your favorite cheese grated
Salt to taste
Chopped chives (optional)



Dice potatoes and place in a pot with about one inch of water in the bottom of the pan. Sprinkle with salt and cook covered with a lid over medium heat until potatoes are fork tender. Remove from heat and set aside.

In a cast iron skillet over medium heat brown the bacon until crisp. Remove from skillet and drain the bacon on paper towels. Remove all but one tablespoon of the bacon grease from the skillet. Add the diced onion to the skillet cooking until onions start to soften. Turn off heat. Add the potatoes back into the skillet and mix with the onions. Crumble the bacon and add it to the potatoes and onions. Mix in the sour cream. Taste for salt and add more if necessary.

Top the mixture with the grated cheese. Place the skillet in the oven and broil until the cheese begins to melt. Remove from the oven and garnish with chopped chives. Serve hot.

RISE Program Spotlight: Esparto Scholars After School Program

At RISE Inc., we are proud to provide programs and services that support children, families, and seniors throughout our community. Beginning this month, we will be using the Valley Voice to highlight the different programs at RISE and share more about the people, activities, and impact behind the work we do.

This Month: Esparto Scholars After School Program

The Esparto Scholars After School Program, operated by RISE Inc., continues to grow and make a difference in the lives of local students and families. During the 2026–2027 school year, our elementary and middle school programs are serving more than 220 students in our community.

The Esparto Scholars After School Program provides students with a safe, supportive, and engaging place to spend their afternoons. Students have opportunities to receive homework and academic support, participate in enrichment activities, build social-emotional skills, and enjoy structured recreation.

At the elementary level, students participate in a variety of hands-on enrichment activities, including arts and crafts, STEM, gardening, science, sports, music and dance, and more. These activities give students opportunities to explore their interests, make choices, build friendships, and develop skills outside of the traditional classroom.

A big part of what makes the Esparto Scholars After School Program special is the partnerships we have built with local agencies and organizations. RISE works closely with the Esparto Unified School District, as well as community partners such as the Woodland Opera House, Vitality Martial Arts, and other local organizations. These partnerships allow us to bring new experiences, skills, and opportunities to our students while creating stronger connections within our community.

Our middle school program provides students with a space to connect with peers, receive support, participate in activities, and build independence in a positive after-school environment.

While every afternoon may look a little different, our goal remains the same: to create a place where students feel safe, supported, connected, and excited to come each day.

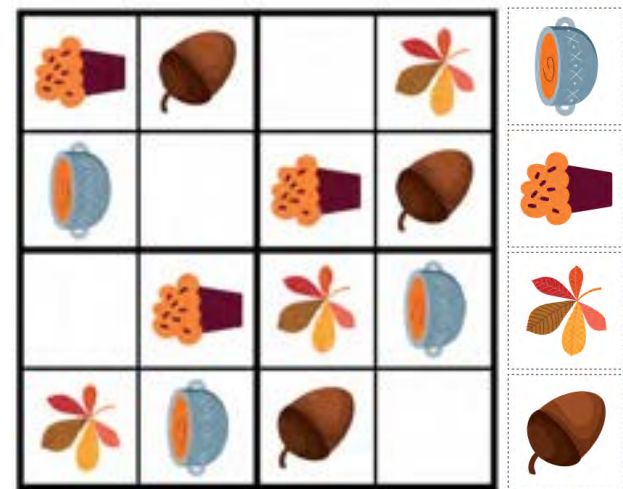
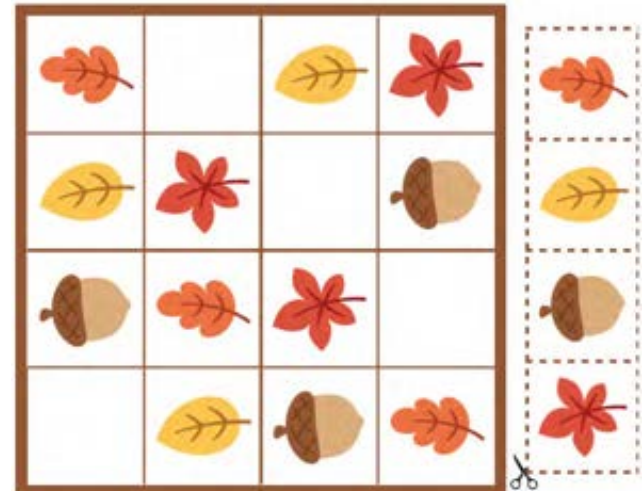
Serving more than 220 students is a reflection of the trust our families place in RISE. We are grateful to our students, families, school partners, community organizations, and dedicated staff who make the Esparto Scholars After School Program possible.

We look forward to sharing more stories throughout the year and highlighting the students, staff, and community partners who make the Esparto Scholars After School Program such a special part of our community.

Submitted by: Perla Aguirre, RISE ASP Coordinator

Fall Sudoku

Each picture should appear only once in each row, column, and block.



Fall is in Full Swing at Esparto Unified

The school year is off to a great start across Esparto Unified School District. Our three site principals continue to work closely together to make sure students and families are receiving the support they need throughout the district. It was wonderful to see so many of our families at Back-to-School Night, connecting with teachers and visiting our campuses. Strong schools depend on strong partnerships with families and the community, and we appreciate everyone who continues to support our students. As we move into October, we are looking forward to several exciting events and opportunities across our schools.

Esparto Elementary – Dr. Lopez

Esparto Elementary is off to a wonderful start! Our students and staff have settled into the school year, and we are excited about the learning and growth already taking place across our campus. This year, we continue to focus on creating a school where every student feels safe, supported, and ready to learn. Through our PAWS expectations: Prepare for Success, Act Responsibly, Work and Play Safely, and Show Respect, we are helping students build positive habits that support them both in and out of the classroom.



Our teachers are also working closely together through grade-level collaboration to strengthen instruction and respond to the individual needs of our students. We are committed to ensuring that every child has opportunities to learn, grow, and thrive.

We were especially grateful to welcome so many families to our campus for Open House. Seeing families connect with teachers and students proudly share their classrooms reminded us how important the partnership between home and school is to our success.

As we move into October, we look forward to continuing to strengthen those connections and celebrating the many accomplishments of our students. Thank you to our families, staff, and Esparto community for your continued support of Esparto Elementary. Together, we are helping our students Bloom, Grow, and Thrive!

Esparto Middle School - Principal Kullar

Thank you for all of your support as we begin another exciting school year at Esparto Middle School! We truly appreciate your partnership, encouragement, and continued involvement in our school community. We are looking forward to a wonderful year together and have some exciting events coming up. Our annual Fall Festival will take place on Friday, October 16. This is a combined fundraiser for Esparto Elementary School and Esparto Middle School and is always a fun opportunity for our students, families, and community to come together. We hope you will join us for an evening of fun while supporting both of our schools!



We also want to remind families that Student-Led Conferences will take place October 21–23. These conferences are a great opportunity for students to take the lead in sharing their academic progress, accomplishments, goals, and areas for continued growth. By leading their own conferences, students are encouraged to take greater ownership of their learning and reflect on the work they have done so far this year. We look forward to welcoming our families to campus and celebrating the progress our Wildcats are making. Thank you again for your continued support and partnership!

Esparto High School - Principal Tamayo

At Esparto High School, we are excited for our annual Homecoming Parade on Friday, October 23, beginning at 11:00 a.m. We invite our community to come out, enjoy the parade, and celebrate with our students. The festivities will continue that evening as the Spartans host Lindhurst High School at 7:00 p.m. for our Homecoming football game. We hope to see our families, alumni, and community members filling the stands and showing their Spartan pride. October is also an important month for our seniors as college application season gets underway. We encourage seniors who are considering college to begin working on their applications and to take advantage of the support available on campus. Our school counselor is available to help students with applications, questions, and planning for life after high school. October is a busy month at EHS, but it is also filled with opportunities for our students, families, and community to come together, celebrate, and make memories that will last forever.



Candidate and Voter Education Forums Available to You

The League of Women Voters of Yolo County will be hosting a public, nonpartisan candidate forum for the House of Representatives 4th Congressional District on October 8 in advance of the general election on November 3. It will also host a voter education forum focusing on Proposition 39, also known as the Prohibit Voting Without Government-Issued ID initiative.

District 4 Candidate Forum

On Thursday, Oct. 8, from 6:30 to 8:00 p.m., the top-two primary vote winners, Eric Jones and Mike Thompson, will participate in a 90-minute discussion of opportunities and challenges facing District 4 residents. The forum will take place at the Woodland Community and Senior Center, 2001 East St., Woodland.

Rep. Mike Thompson currently represents the 4th Congressional District. With the passage of Proposition 50 in 2025, the revised district includes all of Colusa, Napa, Sutter, and Yuba counties, and parts of Lake, Placer, Sacramento, Sonoma, and Yolo counties. Thompson serves on the House Committee on Ways and Means, where he is Ranking Member of the Subcommittee on Tax and a senior member of the Health Subcommittee.

Thompson has taken action on many issues on behalf of the district, including health care, wine and agriculture, jobs and the economy, education, and fiscal responsibility. He has stated “My number one priority ... is growing our economy, creating good jobs and strengthening our middle class. That’s why I’m fighting for job-creating investments in infrastructure, energy and education that will put people to work now, and put our economy on solid ground for years to come.”

Eric Jones and his family have lived in Sonoma County for several years. Formerly a partner at Dragoneer Investment Group, Jones and his wife founded the Rachel and Eric Jones Foundation, described as “a community-rooted family foundation,” and Jones co-founded the American Dream Institute focusing on the “next generation of voices.”

Jones has stated that he isn’t running for political reasons, but “because he can no longer stand by as the people who are causing this affordability crisis remain corrupt and fraudulent – all while promising they are going to be the ones that get us out of the mess we’re in.”

Questions will be prepared by League representatives and written questions will be accepted from the audience, but no voice questions or statements will be allowed. No campaign literature or paraphernalia such as signs, T-shirts, hats, buttons, etc. will be allowed inside the meeting rooms.

Woodland TV, or Channel 21, will be recording and broadcasting the event their YouTube channel at <https://youtube.com/live/PnRXRZkPJM0>. A link to the video and recording will also be available on the League of Women Voters of Woodland website at <https://lwvyolo.org> through election day.

Proposition 39 Voter Education Forum

While the League’s education forum on Proposition 39 took place on Sep. 30, it is available for viewing through election day on its website at <https://lwvyolo.org>.

Proposition 39 aims to require all voters in California to present government-issued identification when they submit their ballot and to prove U.S. citizenship at the time they register to vote. This initiative is designed to create a new voter ID requirement and a new citizenship documentation process for voter registration. Proposition 39 increases the documentation requirements for eligible citizens to participate in elections in an effort to prevent non-citizen voting.

League members will join election and voting rights guest speakers to present Proposition 39 information to help us all better understand current Voter Registration/ CA Voter ID laws and constitutional provisions, and how this proposition will change them if passed.

The League of Women Voters is a non-partisan, grassroots, national organization dedicated to local voter education and empowering citizens to shape better communities for more than 100 years. The views of the candidates do not necessarily reflect the views of the League of Women Voters.





"Death is like a mirror in which the true meaning of life is reflected"

-Sogyal Rinpoche

Dinner with Death

Join us for a casual, and dare we say, **FUN!** evening comprised of play, nourishment, community connection and conversation.

Grief Specialist and Certified Death Doula, Debra Chapman, will lead us through the exploration of our thoughts, fears, curiosities, and worries utilizing the **Death Deck Card Game**, a lively game of surprising conversations around the culturally taboo topic of our dying.

After dinner & community conversation, we'll be provided with tools and instructions to complete crucial documents and more for one of life's great final acts of love.

This gathering is a **gentle approach** to what we believe is the best gift you can give not only to yourself but to those you love. What we know to be true is: by having these plans in place; allows for more spaciousness to tend to grief; creates more peace of mind and confidence for your beloveds as they care for you; and as one client shared:

"Having completed my end-of-life planning after my stage IV cancer diagnosis, has allowed me the ability to truly live the remainder of my days knowing that everything is completed for my care and affairs are in order" – Kelly A

Date: Tuesday, October 13 2026, 4-7pm

Location: Esparto Regional Library

17065 Yolo Avenue, Esparto, CA 95627

To register, scan the QR code here:
or call (530) 758-5566



About Center for Loss & Hope

All support groups offered by The Center for Loss & Hope are free of charge and available to anyone in Sacramento, Colusa, Sutter, Solano, Placer, or Yolo Counties.

Please call (530) 758-5566 to register for a support group or to learn more about how YoloCares' Center for Loss & Hope can support you during this season of grief.

About YoloCares

YoloCares is the leading provider of hospice, palliative care, grief support, and caregiver resources in Northern California. Our mission is to provide the highest quality of care to every patient, every family, every time. Find us online at yolocares.org

in partnership with:



Catered by Chef Rachel Casa

COMMUNITY EVENT

Fire-Resistant Landscapes

Sponsored by CVERA / Firewise USA

Saturday
October 24, 2026
11am to 2pm

Western Yolo Grange
6787 Forest Ave, Guinda, CA 95637

Featuring

- Explore the Miridae Mobile Nursery, where you can discover a wonderful selection of native plants for sale!
- Get involved with the Yolo Monarch Waystation Project and support pollinator-friendly habitats in Yolo County.
- Learn about the impactful initiatives of the Yolo Resource Conservation District (RCD) – they're making a difference!
- And that's not all – there are even more exciting projects and opportunities to engage with!



Looking up before Dawn in the morning I saw something beautiful. I present it here to share with you. It is the Orion Nebula. Well known near and far. If you hadn't seen it before, here you are! It is visible to the naked eye as a tiny cloud in the sword of Orion. Seen in dark skies, a favorite of many! About 1500 light years from earth and equal to about 2000 solar masses. The Hunter is back in the sky. It is beautiful in the dark sky of Esparto. Look up this fall! Use binoculars or a telescope if you have one or check one out of the library! Enjoy!

Clear skies,
Clarence Underwood

Answers on page 11

OCTOBER Crossword



Across

2. Tradition of going door to door for candy
4. What witches use to fly
5. Outfit worn for trick-or-treating
6. Fruit often picked in October
9. Triangular candy often eaten in October
10. Place where ghosts might live
12. Framework of bones often seen in Halloween decorations
13. Large fire often lit in October
15. Warm clothing worn in October

Down

16. Color commonly associated with Halloween
18. Season in which October falls
22. Spooky spirit often seen on Halloween
23. Nighttime sky object that shines in October
24. Eight-legged creature that spins webs
25. Sweet treat kids collect on Halloween
26. Stalks used to make scarecrows

Down

1. Carved pumpkin with a light inside
3. Magical character who rides a broomstick
4. Flying creature associated with Halloween
7. Classic Halloween decoration
8. Figure used to scare away crows from fields
11. Gathering of crops in the fall
14. Color of pumpkins & Halloween
17. Misty weather often seen in October
18. Nut that falls from oak trees
19. Wrapped figure from ancient Egypt, often seen on Halloween
20. Sound made by an owl
21. Drink made from pressed apples
24. Something that might make you scream
25. Vegetable often found in autumn decorations

Word Bank

Acorn	Candy Corn	Hay	Scary
Apple	Cider	Hoot	Skeleton
Autumn	Corn	Jack-O'-Lantern	Spider
Bat	Costume	Moon	Sweater
Black	Fog	Mummy	Trick-or-Treat
Bonfire	Ghost	Orange	Witch
Broomstick	Harvest	Pumpkin	
Candy	Haunted House	Scarecrow	



31 NIGHTS OF HALLOWEEN

A DIFFERENT HALLOWEEN MOVIE EVERY NIGHT!

OCT 1	HOCUS POCUS	OCT 16	FRIDAY THE 13TH
OCT 2	ADDAMS FAMILY	OCT 17	CHILD'S PLAY
OCT 3	CASPER	OCT 18	POLTERGEIST
OCT 4	THE NIGHTMARE BEFORE CHRISTMAS	OCT 19	THE CONJURING
OCT 5	Coraline	OCT 20	George Brice
OCT 6	MONSTER HOUSE	OCT 21	A QUIET PLACE
OCT 7	BEETIEJUICE	OCT 22	The Witches
OCT 8	HOTEL TRANSYLVANIA	OCT 23	GREMLINS
OCT 9	Goosebumps	OCT 24	Trick + Treat
OCT 10	SCREAM	OCT 25	THE BLAIR WITCH PROJECT
OCT 11	PARANORMAN	OCT 26	ANNABELLE
OCT 12	THE EXORCIST	OCT 27	HALLOWEEN
OCT 13	IT	OCT 28	THE TEXAS CHAIN SAW MASSACRE
OCT 14	The Haunted Mansion	OCT 29	Shaun of the Dead
OCT 15	THE OTHERS	OCT 30	THE LOST BOYS
OCT 31	HALLOWEENTOWN		

GRAB THE SNACKS, TURN OFF THE LIGHTS AND ENJOY THE SPOOKY SEASON!

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COMMUNITY CALENDAR

Please contact the group you are interested in, to see if they are still meeting at this time.

AA Meeting: Tuesday at 7 pm in the basement of the Countryside Community Church in Esparto. 1 hour open.

AA Spanish: Alcohólicos Anónimos: Detrás de El Toro. Los lunes, miércoles, y viernes a las 7 pm - 9 pm.

AI-Anon: Countryside Community Church on Tuesday from 7:00 p.m. to 8:00 p.m.

AI-Anon Spanish: Spanish AI-Anon: Detrás de El Toro (26628 N. Grafton St.). Los Martes a las 7 pm - 8:30 pm.

Capay Cemetery District Board meeting: Held on the 2nd Wednesday of each month at 6pm at the Esparto Community Hall, 17020 Yolo Avenue, Esparto, CA 95627.

Capay Valley Christian Fellowship: 11am adult Sunday school; 11:45am social; 12:10pm - 1:10pm worship/children's Sunday School at Guinda Community Church.

Capay Valley Fire Commission Meeting: Meets the 2nd Monday of each month at 6:30 pm at the Guinda Fire Station.

Capay Valley Garden Club: 4th Wednesdays, 6 pm, location varies, see Facebook page for more information.

Capay Valley General Plan Advisory Committee: Meets every 1st Wednesday at 7 pm at the Grange Hall in Guinda. Open to all.

Capay Valley Vision Board: Meets on the third Wednesday of every month at the Esparto Library at 6:30 p.m. (Meetings are OPEN TO THE PUBLIC)

Cottonwood Cemetery District: Next meeting will be October 12th at 9am, at the Esparto RISE office (17340 Yolo Avenue, Esparto).

Countryside Community Church: Sundays at 9 am Worship Service and Sunday School.

Esparto Ag Boosters: Meets on the 3rd Wednesday of each month at 6 pm in the Ag Department at the high school.

Esparto Citizens Advisory Committee Planning Council: Meets 3rd Tuesday at 7 pm at the Esparto Regional Library.

Esparto Community Services District: Meets on the 2nd Wednesday of each month at 7:00 p.m.

Esparto Food Distributions: 1st and 3rd Thursday of the month from 9:30 am - Until supplies last and 4th Monday of the month 10:30am - noon.

Esparto Lions Club Meeting: Meets the 1st and 3rd Thursdays at the Boy Scout Cabin Social hour at 5:30pm, 6pm Dinner, For Zoom link, please call 530-787-3892.

Esparto Regional Chamber of Commerce: Meets monthly on the 2nd Thursday at 6pm, at Capay Valley Health & Community Center (17340 Yolo Avenue, Esparto). Questions, call (530) 787-3242.

Esparto Unified School Board Meeting: Meets on the 4th Wednesday at 6 pm in Room A - 7 at the High School.

Esparto Fire Commissioners Meeting: Meets the 2nd Thursday of each month at 6 pm at the Esparto Fire Station.

Food Pantry: Fridays at 2 pm - 5 pm. (17317 Fremont Street, Esparto)

Friends of Esparto Regional Library Board of Directors' Meeting: The 2nd Monday of the month at 5pm (except for July and November) at the Library.

Guinda Community Church: Sunday Service at 9 am.

Guinda Food Distribution: Yolo Food Bank 2nd and 4th Mondays, from 9:30 AM to 11 AM at the Grange Hall on Forest Ave. Drive through distribution, first come first served, line starts at 8:30 AM. Produce, canned food, dry goods, meat and dairy.

Homeschooling: Carly Castruita Gordon at (916) 616-5419.

Madison Advisory Committee: 4th Wednesday at 6 pm at the Madison Community Services District. No meetings in May, November or December.

Madison Community Committee: 3rd Thursday at 6 pm at the Madison Community Services District.

Madison Fire Commissioners Meeting: 1 pm on the 2nd Monday of each month at the Madison Fire Department at 17880 Stephens Street.

Madison Food Closet: Open on the 2nd and 4th Mondays of each month from 4pm to 5pm at the Madison Community Services District Building.

Madison Service District Meeting: 3rd Thursday at 6:00pm in the District office at 28963 Main Street in Madison.

New Life Christian Center in Madison: Sunday Service at 11:00am with Jr. Church for ages 5-12 years. Home Bible Studies on Wednesday.

On Fire Fellowship of Esparto: Sunday service at 9am. Bible Study: Wednesday at 6:30pm. Youth Group: Friday at 6:30pm; Ladies: 1st/3rd Tuesday 6:30pm.

RISE Collaborative Meeting: 4th Friday of each month at 9am. Meeting held in-person at the RISE, Inc Esparto Office. (17340 Yolo Avenue, Esparto)

RISE Valley Seniors: Meets Tuesdays & Thursdays from 9am - 12pm at the RISE office. (17340 Yolo Avenue, Esparto)

Rumsey Improvement Assoc.: 1st Monday potlucks at Rumsey Hall October - June. Mingling at 6pm, food served at 6:30pm. Bring a dish to share & your own utensils.

St. Martin's Catholic Mission Church: English Mass: 8:30am on Sundays; Spanish Mass: 7pm on Saturdays. (25633 Grafton Street, Esparto)

Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 1st Wednesday each month, at Post Home, Orleans Street and Highway 16.

Western Yolo Grange: Meets on the 3rd Tuesday at 6:30 PM, except for July and August. All are welcome, you do not need to be a member to attend.

4-H: Meets at 6pm on the 3rd Tuesday of every month at the Esparto Community Hall, 17020 Yolo Avenue, Esparto CA.