



Valley Voice

Free

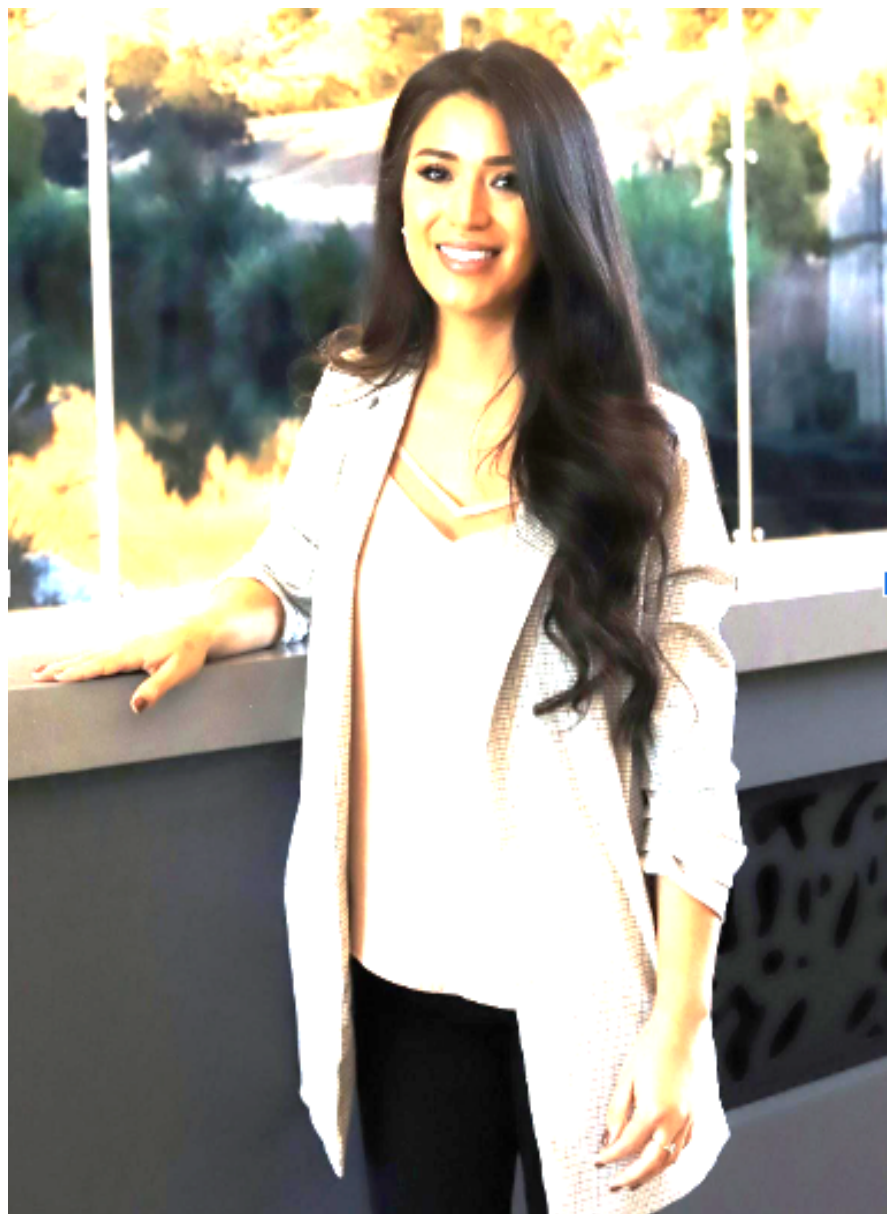
Serving Madison, Esparto, Capay, Brooks, Guinda and Rumsey

Nonprofit Org.
U.S. Postage
PAID
Permit No. 2
Esparto, CA 95627

November 2023

Postal customer
Esparto CA 95627

RISE Inc., Announces New Executive Director



On October 16th, the RISE Board of Directors announced the hiring of Laura Guevara as the new Executive Director. Laura is the 3rd Executive Director of RISE, Inc. since its inception in 1987.

Laura is a committed professional who has made significant impacts during her tenure at RISE. In four years with our organization, Laura took on numerous pivotal roles, with her most significant contributions in the After School Program. As program coordinator, she managed RISE's largest program, overseeing the educational journeys of more than 150 students and guiding a team of over 15 staff members. Her unwavering dedication to this program allowed her to build deep community connections and foster meaningful partnerships with various stakeholders. When challenges of the COVID-19 pandemic emerged, Laura showcased her leadership strengths by piloting an innovative program tailored to the needs of 60 students and their working families. This program was the only service in Yolo County providing in-person distance-learning support to students while also offering a sense of normalcy during this challenging period. Under Laura's guidance, the program achieved remarkable success, with not a single positive COVID-19 case reported throughout the school year. The following year, Yolo County Office of Education recognized Laura Guevara and the After School program with the, "Excellence in Education" award.

Laura is a proud UC Davis alumna. During her college years, she worked as a Lead Tutor at Pioneer High School in Woodland. Prior to her tenure at RISE, she held the role of Case Management Supervisor at a non-profit organization in San Mateo County. In this capacity, she played a critical role in offering support to youth dealing with severe mental health challenges, closely collaborating with their families to connect them with essential community resources, and providing training and guidance to her team of Case Managers. Undoubtedly, investing in youth and families has been a consistent theme during her 10+ years of professional experience. Laura's immigration journey from Mexico to California, motivated by her family's pursuit of a better life, ignited a sense of resilience and determination within her. Her upbringing as the daughter of farmworkers continues to be a source of inspiration, reinforcing her commitment to assisting rural communities in accessing essential resources.

With Laura's vision and experience, we are excited to continue our mission of making a positive impact on the lives of the individuals and families we serve.

VALLEY VOICE AD RATES

CLASSIFIED ADS

25 WORDS FOR \$10

DISPLAY ADS

Business-card size: \$25/month

1/4 page: \$50/month

1/2 page: \$100/month

Full page: \$200/month

For more information, and yearly discounts email

ValleyVoice@riseinc.org

The Valley Voice

P.O. Box 133

Esparto, CA 95627

For article inquires, email Tina Minges, Editor at ValleyVoice@riseinc.org. For billing inquiries or ad rates, call (530) 787-4110. All Articles are **due on/before the 15th of each month**. Ads must be paid in advanced and accounts must be paid up to date by the **20th of each month**. *We reserve the right to edit articles at our discretion, due to space limitations and other criteria.*

The Valley Voice is published monthly in partnership with Yocha Dehe Wintun Nation, RISE Inc., & Esparto Unified School District.

Valley Voice Subscription Form

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is the perfect way to keep up with all the Capay Valley news and events.

Name: _____
Mailing Address: _____
City, State, Zip: _____
Phone Number: _____

Please Select: ☐ One Year: \$25.00 (12 editions)
☐ Two Years: \$50.00 (24 editions)

Please make checks payable to RISE Inc. Mail to RISE Inc. at P.O. Box 133
Esparto, CA 95627 or bring it into our office.



Located in Esparto • Shop Local

- Full Van Conversions •
- Partial Buildouts •
- DIY Help •

<https://www.yolocampervans.com>

info@yolocampervans.com

[@yolocampervans](https://www.instagram.com/yolocampervans)



All are invited to Rumsey Improvement Association's

First-of-the-Month Potluck At Rumsey Town Hall

Monday, Monday, Nov 6th
Meet at 6:00,
eat at 6:30

Please bring food to share.
If possible, bring your own plate, utensils, ect.
Catch up with your neighbors and meet new people.
Bring friends.

November Hosts are Gretchen C., Mica B. and/or Valentine T.

Venegase todos
para conocer a sus vecinos.

Hay una cena cada primer lunes del mes
en el salon de Rumsey

el Lunes, 6 de Noviembre a las 6:00
Trae algo de comer o beber para compartir.

Happy Thanksgiving

CLOSED THURS, NOV 23 & FRI, NOV 24

24989 STATE HWY. 16 • CAPAY, CA • [530] 796-3778
ROADTRIPBG.COM

MORE FUN THAN JUST YOGA!



For Mobility, Balance, Agility, Strength, Pain Relief and Smiles

Call for class time/place: 858-232-1005
Candice Schaer, B.Sc., MT, HHP

**FOR SERVICE CALL
916-868-4042**



**BETTER PARTS
BETTER WARRANTY
BETTER SERVICE**



BULLOCKGARAGE.COM

**WE OFFER 24 HOUR
EMERGENCY REPAIRS**

LISC #1031917



**RISE Inc.,
Valley Senior Program**



**FITNESS & NUTRITION
ESPARTO, CA**

FREE Senior Exercise Classes
Every Tuesday 9:30 to 10:00 a.m.
RISE Inc., Community Room
17317 Fremont Street
Esparto



**Esparto's Local Meat
Market and Taqueria**

Party trays available

- Rice and beans
- Chicken Fajitas
- Chicken Enchiladas
- Chile Verde Beef
- Carnitas

Tables now available
for inside dining

16939 Yolo Ave.

Esparto, Ca 95627

530-787-3532

eltorofood@gmail.com

Online ordering available at
eltoroesparto.com

RISE Inc. Seniors Celebrate Park Bench Installation

by Laura Guevara, Executive Director of RISE Inc.

Tuesday October 17th, we celebrated an incredible achievement made possible by the commitment and advocacy of our Senior Program Coordinator, Tina Minges, and the seniors who wrote letters to the county.

I am thrilled to announce the installation of four brand-new benches at Tuli Mem Park. Thanks to the dedicated efforts of our Senior Program, our Esparto community seniors now have a comfortable space to exercise, unwind, and take well-deserved breaks. This wonderful addition to the park is a testament to the power of collective action and community spirit.

Special thanks to the Yolo County Board of Supervisors and county staff for making this project a reality. Their support and commitment to our community have truly made a lasting and positive impact for years to come.

This accomplishment is a perfect example of what we can achieve when we work together with passion and dedication. We are proud of our Senior Program's accomplishments and grateful for the county's support.



 **Hooray for** 
America Recycles Day!

November 18th, 2023

**50%
OFF**

COME SHOP AT THE BIG BLUE BARN

**50%
OFF**



Yolo County Landfill
44090 County Rd. 28H, Woodland

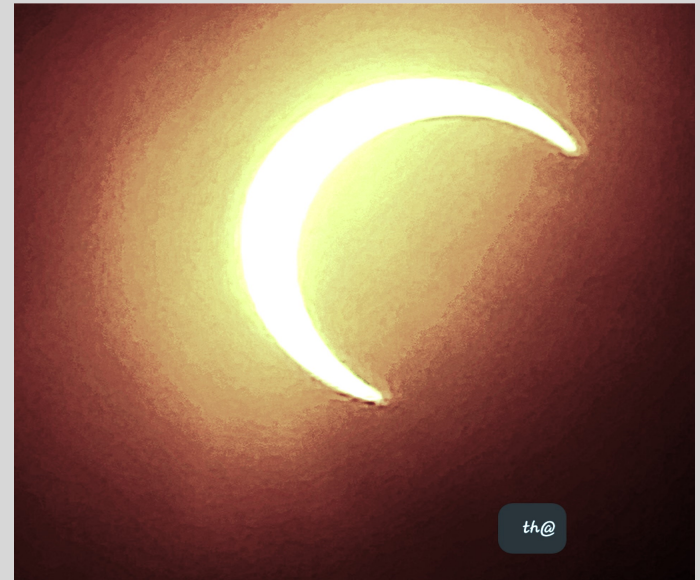
**choose
TO
REUSE**

Corner Beautification Project submitted by Carolyn Nordstrom

Have you noticed that the corner of Grafton and Omega next to the RISE Preschool could use a little love? This corner is currently a rocky, weedy patch of dirt, but it has the potential to be a beautiful and educational garden designed to attract pollinators: bees, butterflies, and hummingbirds. That is the vision of Esparto Middle School agriculture teacher Erin Simons and Yolo County Master Gardener Carolyn Nordstrom. In October the Esparto Unified School District and the Yolo County Master Gardeners approved a project to begin turning this unused eyesore into a community asset. With the support of the Esparto Community School team, we have been able to unite the school district, Yolo County Master Gardeners, and RISE to improve our neighborhood. Site preparation will begin this fall with some new irrigation and soil conditioning with cover crops. We're hoping for a wet winter to get this started. In the spring, the cover crops will be mowed down and we will begin planting.

Pollination is the process that most plants use to produce fruit and seeds. As bees, butterflies, moths, birds, and other pollinators visit flowers to sip nectar or gather protein, pollen grains are moved around, allowing the plants to reproduce. More than 75% of the world's plants rely on animals for pollination. By gardening for pollinators, we will not only bring beauty to our community, but we will help support a diversity of native bees, butterflies, and birds. The Esparto pollinator garden will follow best practices for creating a pollinator habitat, including using a variety of plant types that will bloom throughout the year; providing plants with a variety of flower structures that offer nectar, pollen, or both; incorporating California native plants that are uniquely adapted to support native bees; and avoiding the use of pesticides.

The Esparto Community Schools program strives to engage the whole community with connections to educational programs and school sites. The UC Master Gardeners program provides research-based information about home horticulture, pest management, and sustainable landscape practices to the public. This project will invite Esparto community members to be involved in the development and maintenance of this garden for all of us.



Picture captured by my brother outside of Esparto!

Eclipse in Esparto

By Clarence Underwood

It was the 14th of October, 2023.

The morning sky was cloudy
Not much to see. An eclipse was
Hidden, it started around 8 AM.
The people were frustrated waiting
For the clouds to thin. Suddenly,
A beam of light was seen, but the
Clouds were still in place. One beam
Was followed by another, then we
Saw the Sun's eclipsed face. Gradually
We could see more, but the clouds
Were still there. I hope you saw the
Spectacular ending, as the moon
Left the Sun's face bare. The eclipse had
Ended. The sky had began to clear.

Perhaps next year things will be
Different, maybe the sky will be clear!
April 8, is the date when another eclipse
Will be here. So, although some of you
May have missed the event this year,
We can all look forward in hopes of a
Better time next year!



2024 Season Registration

Open October 1 - January 15

Register online at:

www.espartolittleleague.com

Follow us on social media to stay up to date on all our upcoming events and season announcements!



@esparto_little_league



Esparto Little League - Baseball



Inscripción Temporada 2024

Abierto el 1 de Octubre al 15 de Enero

Regístrese en línea en:

www.espartolittleleague.com

¡Síguenos en las redes sociales para mantenerte actualizado sobre todos nuestros próximos eventos y anuncios!



@esparto_little_league



Esparto Little League - Baseball



Exciting Capay Valley Preservation Project Launched

In the 1930s, the WPA funded the construction of the cabin at Camp Haswell on Cache Creek above Rumsey. Local residents built the cabin by hand using creek stone and mortar. The cabin eventually became known as the “Boy Scout Cabin”. It was and still is a popular stop for recreation on the Cache Creek and has withstood flood and severe wind for 9 decades. Taking the beautiful drive up CA-16 on the way to Rumsey Canyon, visitors can stop by the Boy Scout Cabin to explore and enjoy this perfectly placed picnic spot on Cache Creek. Any visitors during high waters will marvel at how perfectly designed

this tiny cabin is for surviving the floods and winds over the years without destruction. In recent years, Yolo County Parks and Recreation took over management of the cabin. Most recently, there was talk by the county of tearing the structure down because the roof needed to be replaced. The stone structure itself is stable so it would not require any work to ensure the safety of others or the integrity of the building. One of the boys, Matt Gwerder, who grew up playing in the cabin is now a young adult resident of the valley. Auspiciously, he is also a licensed building contractor and was made aware of the County’s intent to demolish the building. He has taken it upon himself to spearhead the preservation of the Cabin as one of the few remaining examples of WPA work in the Valley and a favorite place for locals and visitors alike. Matt is a young, busy contractor, father and husband with a passion for preserving history. He has worked tirelessly with the County and received approval to push the project to completion. Matt is donating his time & expertise to repair the roof and secure the building for future generations as well as inspired other community members to lend a hand.

With the support of the Yolo County Historical Society, fund raising has begun to cover the cost of materials (\$30,000). If you are interested in donating to this worthy project, please send a check made out to the Yolo County Historical Society, PO Box 1447, Woodland, CA 95776, with “Camp Haswell” on the memo line. Alternatively, follow the link or QR code to the YCHS page where you may donate online. <https://bit.ly/camphaswell> As always, donations may be tax deductible. Please check with your tax preparer. For more information or to ask any questions, please contact Moira Fitzgerald at fitzgerald011@gmail.com.

Esparto: A New Season is Born--Chapter 1

It started with a town hall workshop filled with Esparto and Valley residents. Each of us had brought our high hopes for our communities' future. Capay Valley Vision, with the support of their Board members, Dave Scheuring and Paula Lorenzo Tackett, brought professionals to town to help us map out a future for the Valley. (We all considered the Valley from Madison through Rumsey, right?). White butcher-block paper covered the walls of the Boy Scout cabin where we met. Each comment and thought from the audience about our future was written down on big paper to form a big picture--a drawing of our hopes and dreams.

This planning workshop and the series that followed in 2005, led to the creation of Task Forces, one of which was the Economic Development Task Force. Esparto had two operating commercial businesses at the time. One was the Burger Barn and the other was what we called "Paul's 76 station". We had public facilities like the new Esparto library, Esparto High School, Esparto Fire Department and the Community Service District standing with the other buildings in the commercial zone empty and neglected, and many with absentee owners.

The Economic Development Task Force continued meeting throughout the next year and began to hone a philosophy for growing economic vitality in Esparto. And since there was no other organization whose mission was fully about economic growth, we decided to become an official non-profit organization. New Season Community Development Corporation was born and incorporated in 2006.

Mission Statement: New Season Community Development Corporation is dedicated to restoring the vitality of Yolo County's rural communities. Through a realistic use of resources and assets, New Season Community Development Corporation will:

- Serve as a catalyst for community prosperity

- Provide a balanced approach to development that transforms ideas into action

- Create economic revitalizations throughout rural Yolo County

- Foster a community's special character

- Provide opportunities for new family wage jobs, housing and small business development

A Board of Directors was formed of these Valley residents, many of whom still serve today-- 17 years later! Coming next, Chapter 2-The Lindbergh Building Success



Ray Burton, Thomas Nelson, Mike McDonald, Wes Ervin with Yolo County, Sue Heitman, Seated, Lynn Rolston, Jim Durst and Alice Manas

ECAC UPDATE

The Esparto Citizens Advisory Committee (ECAC) met September 19 to provide a recommendation on a use permit application for a licensed cannabis operation north of Esparto. The project includes a request to cultivate up to four acres of cannabis canopy (two acres per operation) and request for regional processing and distribution licenses. The committee recommended approval of the use permit (4-1 vote).

The ECAC meets on the third Tuesday evening of each month, as needed (Currently at the fire station or library conference room). To receive notices of upcoming meetings, including agendas and minutes, you can subscribe via the Yolo County website (<https://www.yolocounty.org/government/advanced-components/-subscribe>)

The Esparto Citizens Advisory Committee is appointed by the Board of Supervisors to act as advisors to the Planning Commission concerning land use matters. The opinions expressed by this committee are not necessarily those shared by the Planning, Resources, and Public Works Department.

Submitted by G. Moris, ECAC Secretary

**2024
ALMOND
QUEEN
PAGEANT**

**Interested
in
competing?**

**First
meeting is
11/2/2023,
1pm, EHS**

You must be a senior at
Esparto High School or
live within the Esparto
Unified School District
boundaries and be a
senior at an accredited
High School!

If you don't attend EHS but want to compete,
please contact Coordinator: Caitlin Zavala at
queencoordinator19@gmail.com



Dear Esparto Unified School District Community,

Thank you for your invaluable contributions and active participation in the process of defining the graduate profile competencies. Your insights and dedication have played a critical role in shaping the foundation of our strategic planning process for the betterment of our educational community. Together, we embarked on a journey to articulate the essential competencies that will define our graduates, paving the way for their success in an ever-evolving and complex world. Your thoughtful input, diverse perspectives, and collaborative efforts have significantly enriched this crucial initiative. Through community forums, stakeholder interviews, surveys, and open dialogues, we have gathered a wealth of collective wisdom. The thoughtful discussions and constructive feedback have enabled us to pinpoint the key competencies that we want our graduates to possess as they step into the world beyond our educational institution.

Your Graduate Profile recommendations emphasize the following competencies: **Career:** encompass technical expertise, soft skills, problem-solving abilities, adaptability, communication skills, leadership, critical thinking, and other qualities necessary to excel in a particular field and contribute to organizational goals and objectives. **Communication:** skills such as active listening, empathy, clarity in expression, cultural awareness, non-verbal communication, persuasion, and conflict resolution. **Well-being:** refers to an individual's ability to effectively navigate and manage various aspects of their well-being, encompassing physical, mental, emotional, and social dimensions. It involves having the knowledge, skills, attitudes, and behaviors necessary to promote and maintain a state of overall wellness and contentment in one's life. **Critical Thinking and Problem-Solving:** refers to the ability to analyze, evaluate, and synthesize information in order to make informed decisions, solve complex problems, and formulate effective solutions. **Financial Literacy:** encompasses a range of abilities, including understanding financial concepts, managing personal finances, budgeting, saving, investing, understanding credit and debt, evaluating financial products and services, and planning for the future. **Collaboration, Teamwork, and Citizenship:** emphasizes the importance of collaboration and teamwork, instilling a sense of civic responsibility and active participation within our community. Our students will become engaged citizens who contribute positively to society, valuing diversity and promoting unity. These competencies will be woven into our curriculum and extracurricular activities, allowing students to develop and refine these skills throughout their educational journey. Our dedicated educators are committed to fostering an environment that supports the growth of these competencies, enabling our students to excel academically and personally. As we craft our strategic plan, these elements - the Graduate Profile and selected competencies - will be at the heart of our deliberations. We seek to align our strategic goals, initiatives, and investments with these educational outcomes. This ensures that our educational programs and support services align with the needs of our students and the expectations of our community. The graduate profile serves as a foundational document that outlines the essential skills, knowledge, and attributes we aim to cultivate in our students by the time they complete their education with us. It is a reflection of our educational mission and sets the standard for what we strive to achieve in preparing our students for success in their future endeavors. The next step involves evaluating the current state of our institution in relation to the graduate profile. We will conduct a comprehensive assessment to identify strengths, weaknesses, opportunities, and threats that affect our ability to effectively meet the objectives outlined in the graduate profile. This analysis will help us gain a clear understanding of where we stand and what areas require improvement. Following this evaluation, we will engage stakeholders from various backgrounds, including educators, administrators, parents, students, and community members. Their valuable insights and perspectives helped us gain a well-rounded view of our institution's strengths and weaknesses, aligning with the goals set in the graduate profile. Next, we will define our strategic objectives, outlining specific initiatives and actions to bridge the gaps identified during the evaluation phase.

These initiatives will encompass curriculum enhancements, professional development for educators, community engagement programs, and investments in educational technology.

In summary, our strategic planning process, utilizing the graduate profile results, is a dynamic and ongoing effort. It will allow us to tailor our educational strategies to align with the overarching goals of producing well-rounded, capable graduates who are prepared to face the challenges of the future.

Thank you for your attention, and I look forward to working collaboratively with all stakeholders to achieve our shared vision for educational excellence.

Thank you for your continued support and partnership.

Christina Goennier Ed.D.

Superintendent

Esparto Middle School

6th Grade Sports Teams Mrs. Aman Kullar, Principal

Greetings! It's an exciting time at our school as we proudly introduce our first-ever 6th grade sports teams! This groundbreaking initiative marks a significant milestone in our commitment to fostering not only academic excellence but also the overall development of our students. With the addition of these new sports teams, we aim to provide our young athletes with a unique opportunity to explore their athletic talents, build teamwork and sportsmanship skills, and create lasting memories during their middle school journey.

Historically, we have only had 7th and 8th grade sports teams for our YCAL middle school league. Our 6th grade students were only allowed to join the 7th grade teams if we did not have enough 7th grade players to make a team. Unfortunately, 6th graders could not play once the team reached the cap. Seeing the disappointment on our 6th grade students' faces, Mrs. Janice Cristian, our athletic director, knew something must be done! She took the initiative to collaborate with schools in Dixon and Winters in order to find a way to allow our 6th graders the opportunity to participate. Her hard work has paid off, as this is the first school year where our 6th graders have their very own teams. Now, we can proudly say that EMS provides all of our students with the opportunity to take part in athletics. As we embark on this new adventure, we look forward to seeing our 6th-grade athletes grow and excel both on and off the field, setting the stage for a bright future in sports and academics.

Congratulations to the following ROARing Students & Staff of the Month for October:

David Barajas Maddie Bailey
Adam George Sergio Hernandez
Jesus Montes Ricardo Alvarez Lopez
Guadalupe Flores Alan Afanador
John Kitchen Casie Valle
Krystal Ramos Olivares Emily Conrique
Ms. Rose Barajas Ms. Marisol Castaneda
Mr. Kevin Oehmigen Ms. Mary Kay Fallbeck


Guinda Corner Store

Proudly serving the Valley Community for 130 Years

- Local Products
- Expansive Beer and Wine selection
- Automotive essentials
- Groceries
- Camping, Bait, and other recreation supplies!



Mon in' and say
"Hey!" to Pierce,
Ron, and the old
man!

 (530) 796-3770

 @guindacornerstore

SEKA HILLS OLIVE MILL and TASTING ROOM

Loyalty has its rewards!
Enjoy 10 of our signature deli sandwiches and
get your next one FREE!

Artisan Sandwiches

THE ITALIAN BIRD

BYO TURKEY SANDWICH

ITALIANO

NISQUALLY SALMON SANDWICH

CAPAY VALLEY VEGETARIAN SANDWICH

OLIVE GROVE MUFFALATTA

WINTER VEGGIE SANDWICH

PROSCIUTTO & HONEY SANDWICH

Other Deli Offerings

OLIVE MILL SIGNATURE PASTA SALAD

TASTING ROOM ORGANIC GREEN SALAD

GOAT CHEESE ALMOND SPINACH SALAD

WOOD BOARD PLATTERS

SEKA HILLS HUMMUS TRIO

Tasting Room Hours:
Wednesday-Sunday 11:00am-5:00pm
530.796.2810
sekahills.com

WIOA

WIOA a program that offers youth employment for ages 16-24
living in the Capay Valley, Esparto, Winters, Woodland and Yolo
areas.

In this program you will gain

- Up to 300 hours PAID work experience
- Job Development Skills
- Resume & Master Application Assistance
- Career Assessment Tools
- Job Searching Techniques
- Job Interview Training

Looking for Paid work experience? Then give us a call we start
enrolling in July!

RISE, Inc. Winters (530)794-6000
Esparto (530)787-4110
Woodland (530)665-6730

DURST ORGANIC GROWERS

James & Deborah Durst
26100 County Road 16
Esparto, CA 95627
530-787-3390

Madison Community Food Closet Distribution

The Madison Community Committee Food Closet new
distribution dates are the second and fourth Monday of each
month from 4:00 pm to 5:00 pm.

PROPANE

Allied Propane Service

RESIDENTIAL * COMMERCIAL* AGRICULTURAL

**SAVE ON
FUEL COSTS**

“Local, family
owned & operated
since 1967”

**PROPANE
IRRIGATION
ENGINES ARE
HERE!**



Pro-Gas

ALLIED PROPANE SERVICE

DOWNTOWN DIXON
1700 North First Street, Dixon
707-678-8500

**PROPANE DISCOUNT FOR
FARM BUREAU MEMBERS**
www.alliedpropaneservice.com

A free home safety inspection is offered to new clients



Knowledge. Courtesy. Trust.

***In Capay Valley and surrounding regions, you have a
better choice from a proven company, ranked in top 1% Nationally!***

What differentiates us:

#1 National Ranked Websites, plus over 3500 specialty websites
Property Type Buyer Database; Auction Services
National Exposure with local expertise!
Exclusive Real Estate Catalogs and 3rd party internet sites
Signs, local internet, local reputation and local advertising

What local brokers offer:

Local reputation and local advertising
Signs and local promotion

No one knows country property like we do!



Tim Kruse - Broker/Owner
707-454-6398
BRE#01916932

*Call us today so we can show
you how our skills can best serve
your real estate buying and
selling needs!*

Visit us at:

www.GreenFieldsRE.com



Curtis Stocking, Broker Associate
707-761-3343
BRE#01722363

play the best.



**YOCHA DEHE
GOLF CLUB**



**CACHE CREEK
CASINO RESORT**

cachecreek.com



CALVARY
BAPTIST CHURCH

SUNDAY, 11:00 A.M.
26479 GRAFTON STREET

 /calvaryesparto - www.calvaryesparto.org
Pastor Kris Nordstrom - 530-383-2106

Full Belly Farm

530-796-2214
www.fullbellyfarm.com

CSA boxes available
for pickup at the farm
or in Esparto.



Welcome to St. Martin De Porres Catholic Mission Church

25633 W. Grafton Street – Esparto, CA 95627

Join us in our celebrations of the Holy Mass
Mass Schedule

Saturday 7:00 p.m. Spanish

Sunday 8:30 a.m. English

Wednesday 6:00 p.m. Bilingual

Confession

Sunday 8:00 a.m.—8:20 a.m.

**Come to me, all you who labor and are
burdened, and I will give you rest.**
(Matthew 11:28)

Parish Office

**51 Main Street, Winters, CA. 95694
(530)795-2230**

The Rumsey Paddle Club proudly announces the start of 2023-2024 season:

Every Monday except the first Monday of the Month

6:30-8:00pm

Rumsey Hall

All ages and abilities!
Equipment provided

By donation only, to support our Rumsey Town Hall
Guaranteed FUN!



Need Help?

**St. Vincent de Paul
is available to help those in need.**

For more information call (530) 312-8967

D. Warren Insurance Agency

Brookie Jo Campbell

Lic.# OD21886

main 530-787-3558
fax 530-787-3233
brookiejs@outlook.com

Auto, Home, Life
Farm, Commercial, Health

17309 Fremont St
Esparto, Ca, 95627

COMMUNITY PROGRAMS AT YOLOCARES

CHAMPIONS NEEDED

We are Hiring Community Champions

Get paid to attend
events in your own
community, become
a Certified End-of-Life
Specialist, train
others, and more.
\$25/ hour

Scan below for details



The Champion's Program aims to improve end-of-life care for rural, indigenous and all underserved communities, through community leaders who raise awareness, provide education, and offer support for Advance Care Planning, grief resources, and navigating hospice and palliative care.

We are looking for
members of the Capay
Valley Community to
serve as outreach voices,
leaders and
representatives for your
community.



Visit YoloCares.org

For qualifications and other information, please
call Brandy Jones (530) 902-0221
bjones@yolocares.org



Discovering the Organic Beauty that is our Neighbor Business in the Capay Valley

Full Belly Farm

By Liz Steiner

Discovering the Organic Beauty that is our neighbor business in the Capay Valley, Full Belly Farm. This 400 acre farm located right here in the Capay Valley is a certified organic beacon of sustainable agriculture and natural beauty, attracting both locals and visitors seeking a glimpse into the world of eco-friendly farming annually at the Hoes Down Festival in October. This year the festival was on October 7 and they hoped to attract more than 2000 visitors. The visitors they attract also visit other local businesses thus furthering Full Belly Farms impact on the local economy.

Full Belly Farm epitomizes the essence of organic farming, embodying a commitment to cultivating the land responsibly and sustainably. Since its inception and then certification in 1985, the farm is a testament to the dedication of its founders, who strive to produce high-quality, organic produce while minimizing their ecological footprint. Together with their 80 employees they produce an array of vegetables, herbs, nuts, flowers and fruits year round. The farm also has a variety of farm animals. All of these wonderful organic sustainable items are available locally in grocery stores and on many restaurant menus throughout Northern California and beyond. Additionally all of us have the opportunity to enjoy their products in a Community Supported Agriculture box or CSA box. CSA is a subscription based model where you buy directly from the farmer. These weekly CSA boxes are filled with a variety of fruits, vegetables and other products and can be ordered on their website <https://fullbellyfarm.com/join-our-csa>.

Full Belly farm also offers many opportunities to get closer to nature by visiting their farm at an event. They offer workshops and classes monthly along with a pizza night. Check their website for details <https://fullbellyfarm.com/events/>. Remember supporting local businesses supports more than that one business, it supports many.

FOOD DISTRIBUTION

FIRST & THIRD THURSDAY OF THE MONTH

BEGINNING AT 9:30 A.M. WHILE SUPPLIES LAST

RISE INC.
17317 FREMONT STREET



Sunday Services

WORSHIP - 9:00 AM • SUNDAY'S TABLE - 10:00 AM
CHILDREN'S SUNDAY SCHOOL - 9:00-10:30 AM

Everyone Welcome!

Located at 26479 Grafton St, Esparto, CA 95627
(on the corner of Grafton and Fremont streets)

For more information call 530-787-4040 or visit espartocountrysidechurch.org

Friends of the
Esparto Regional Library
presents

CHILDREN'S SHOPPING DAY!

Saturday, December 9th

Help us make the holidays brighter for
Capay Vally Families!

Please donate new or gently used
items that could make great gifts for any
and every member of the family.

Look for donation boxes at the Library and
local businesses. Thank you!



Padilla, Garamendi and Thompson Urge Biden Administration to Expand Berryessa Snow Mountain National Monument

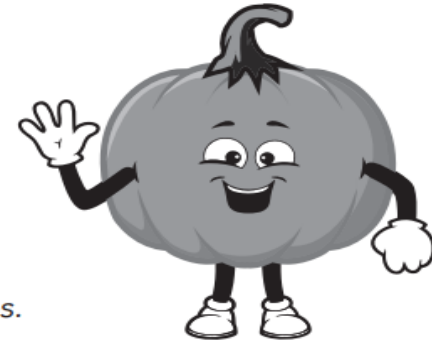
BROOKS, Calif. (October 19, 2023) —Following the September 24, 2023 site visit by U.S. Secretary of the Interior Deb Haaland, Tribal and community leaders, and Members of Congress to the area known as Molok Luyuk ("Condor Ridge" in the Patwin language), Senator Alex Padilla, Congressman John Garamendi, and Congressman Mike Thompson have sent a letter to reiterate their calls for President Joseph Biden to use his authority under the Antiquities Act of 1906 to expand the Berryessa Snow Mountain National Monument to include the entirety of the ridge. Lawmakers also urged Secretary Haaland to order the U.S. Board on Geographic Names to rename "Walker Ridge" to "Molok Luyuk." Berryessa Snow Mountain National Monument was created in 2015, leaving most of Molok Luyuk out of the designation. Since then, the Expand Berryessa coalition—a group of tribes, environmental and conservation organizations—has been pushing to protect the entirety of Molok Luyuk by expanding the monument to include the remaining 13,753 acres of the ridge. "We were honored to have our Nation's leaders visit us on our ancestral lands," said Tribal Chairman Anthony Roberts. "Molok Luyuk is traditionally important to the lifeways of the Patwin people, and we consider the protection and stewardship of this land to be part of our sacred responsibility. The expansion of the monument would provide a greater level of protection and additional federal resources for cooperative land management." The Yocha Dehe Wintun Nation thanks its Congressional representatives and Secretary Haaland for their ongoing support efforts to help tribes steward and protect traditional lands.

Yocha Dehe Wintun Nation is an independent, self-governed nation that supports our people and the Capay Valley, CA community by strengthening our culture, stewarding our land and creating economic independence for future generations.

Join us for The Farm Stop's FINAL Thanksgiving Meal Giveaway.

**Receive a complete holiday meal,
to cook at home, for those in need on**
Wednesday, November 22, from 12 - 2 PM
at Hog Canyon (16811 Yolo Ave, Esparto, CA)

*Provided by The Farm Stop, New Season Development
Corporation, and your Capay Valley farms and businesses.*



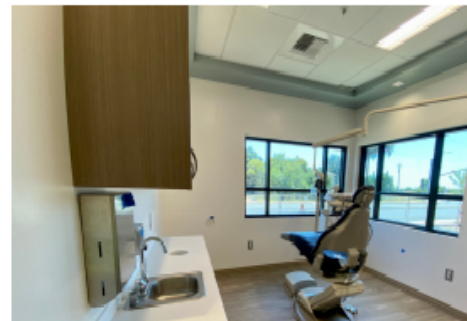
SAVE THE DATE FOR ESPARTO'S 6TH ANNUAL

Christmas Tree Lighting

FRIDAY, DECEMBER 8, 2023 | 6:00 PM
ESPARTO FIRE HOUSE, YOLO AVE


wintershealthcare
www.wintershealth.org
(530) 795-4377

Esparto Dental Providers



NOW OPEN

Our Esparto location is officially open
inside of the Capay Valley Health and
Community Center effective
November 6th, 2023.
To get scheduled with our dental team,
please call 530-795-0898.

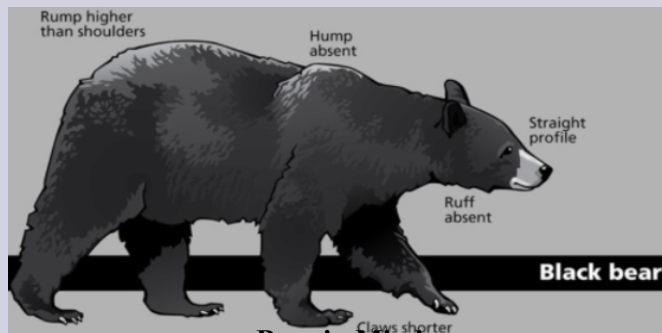
 **RISE, Inc.**
Rural Innovations
in Social Economics,
Incorporated

Co-located with
us at 17340 Yolo
Ave. Esparto, CA
95627

In partnership with:



Esparto Dental Team



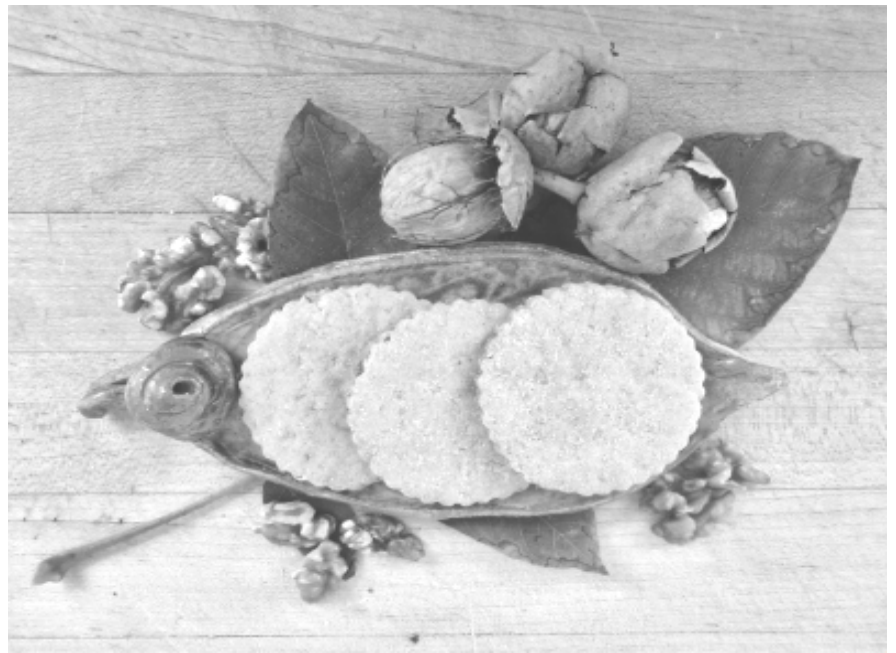
Bear in Mind

Barbara Gemmill-Herren

Capay Valley Regeneration Group

We have very conflicted feelings about bears: we encourage children to cuddle up with teddy bears, yet we instinctively fear them and want them nowhere near our houses, families, and livestock. It may be a good idea to try to better understand our local bear, now named “Dakota” after she (probably a mother, with one or two cubs) visited many farms in upper Capay Valley in September of this year and ravaged through a fair amount of chicken, ducks, geese and hogs. She is a black bear, which a bit confusing as she is more probably brown, rather than black. She is not a grizzly bear, the bear that is the focus of much terror around bears! Grizzly bears can stand on their feet (up to 10 or more feet tall), run very fast, and rip the arms off, or kill, people, especially when defending cubs. But black bears are not the same. About 70 percent of human deaths from grizzly bears are from others defending cubs, but black bear mothers have not been known to kill anyone in defense of cubs. Most fatal encounters between black bears and people involve dogs: when dogs try to attack bears, and the owners try to defend their dogs, it generally doesn’t end well for anyone involved.

Why did Dakota come to make farm visits this September? Black bears are really mountain bears; their traditional territory in California is the Sierra Nevada Range, and rugged parts of the Coast Range. (Grizzly bears, on the other hand, did roam over the territory where we now live, the inland and coastal grasslands and valleys, before they were exterminated- and then made the symbol of California on our flag). Black bears like to live among forests and trees and can easily climb trees. Their preferred foods, surprisingly for such a big animal, are nuts, acorns, fruit, insects, and succulent greens. Meat and less succulent greens are eaten when preferred foods are scarce. Someone mentioned that Dakota may have come down into the farms of Capay Valley because the fires we have had in the Blue Mountains to the west of the Valley have vastly reduced their regular fall harvests of acorns and berries, like manzanita. The acorns and the berries will come back as the hillsides recover, and we can hope Dakota and her kin will stay there in the future. What we don’t want is for her to develop a habit of harvesting our livestock, or other food like the bears in Tahoe. Scaring her off by shooting over her head may have helped discourage her, and as many people noted, having bear-hardened coops, motion alarms and electric fencing around livestock is very wise. For an easy to build chicken coop: <https://www.thegarden-coop.com/product/garden-coop-walk-in-chicken-coop-plans/>) There are last-resort steps for people who experience serious damage from a problem bear, but the first step will be to make our Valley not interesting (and scary) for a bear. But we might also take pride and pleasure in knowing that we live next to an intact and healthy wild ecosystem, supporting an apex animal like a bear along with all kinds of other creatures, right next to our Valley.



Seasonal Recipes

Using ingredients sourced from farms in the Capay Valley

by Pamela Bateman

Walnut Wafers

2 cups White Sonora Wheat Flour* or All Purpose Flour
 1/2 teaspoon salt
 3 Tablespoons Butter - softened
 1/2 cup finely ground Walnuts *
 1/4 cup Honey *
 1/4 cup water

Preheat oven to 400 degrees.

In a bowl combine the flour, salt and butter until thoroughly mixed. Mix in ground walnuts. In a measuring cup combine honey and water. Add honey water to flour mixture and stir until ingredients come together. Additional water, a teaspoon at a time, may be needed to incorporate all the flour. Do not add too much water. The mixture should be moist enough to form into a ball. Divide the dough into two balls. On a floured surface roll each ball out to a little less than 1/4” thickness. Cut dough into desired shapes and place on two cookie sheets. Bake at 400 degrees for 10-12 minutes or until wafers are lightly browned. Makes approximately 24 wafers

* Note:

* White Sonora Wheat is available from several farms in the Capay Valley

* Walnuts and Honey are available from local farms

COMMUNITY CALENDAR

Please contact the group you are interested in, to see if they are still meeting at this time.

AA Meeting: Tuesday at 7 pm in the basement of the Countryside Community Church in Esparto. 1 hour open.

Spanish AA: Alcohólicos Anónimos: Detrás de El Toro. Los lunes, miércoles, y viernes a las 7 pm - 9 pm.

Spanish AI-Anon: Spanish AI-Anon: Detrás de El Toro (26628 N. Grafton). Los Martes a las 7 pm - 8:30 pm.

AI-Anon: Countryside Community Church on Tuesday from 7:00 p.m. to 8:00 p.m.

Calvary Baptist Church: Meets Sunday's at 11 am at 26479 Grafton Street.

Calvary Baptist Church Community Dinner: Every Tuesday at 4 pm located at 26479 Grafton Street, Free, Everyone Welcome.

Capay Valley Christian Fellowship: 11 am adult Sunday school; 11:45 am social; 12:10 pm - 1:10 pm worship/children's Sunday School at the Guinda Community Church.

Capay Valley Fire Commission Meeting: Meets the 2nd Monday of each month at 6:30 pm at the Guinda Fire Station.

Capay Valley Garden Club: 4th Wednesdays, 6 pm, location varies, see Facebook page for more information.

Capay Valley General Plan Advisory Committee: Meets every 1st Wednesday at 7 pm at the Grange Hall in Guinda. Open to all.

Capay Valley Science Club, 4th Mondays, 6 pm, location varies. See Capay Valley Science Club" Google Group for information.

Capay Valley Vision Board: Meets on the third Wednesday of every month at the Esparto Library at 6:30 p.m. (Meetings are OPEN TO THE PUBLIC.)

Cottonwood Cemetery District: Next meeting will be November 13th at 9:00 a.m. in the RISE community Room

Countryside Community Church: Sundays at 9 am Worship Service and Sunday School.

Esparto Ag Boosters: Meets on the 3rd Wednesday of each month at 6 pm in the Ag Department at the high school.

Esparto Citizens Advisory Committee Planning Council: Meets 3rd Tuesday at 7 pm at the Esparto Regional Library.

Esparto Community Services District: Meets on the 2nd Wednesday of each month at 7:00 p.m.

Esparto Family Practice: Open: Monday, Tuesday, and Friday from 9 am - 5 pm, Wednesday 2 pm - 6 pm and Thursday from 1 pm - 6 pm

Esparto Food Distribution: Esparto Food Distribution 1st and 3rd Thursday of the month from 9:30 am - Supplies Last and 4th Monday of the month 10 am - noon.

Esparto High School Ag Boosters Meets on the third Wednesday of each month at 6:00 p.m. in the Ag Classroom at the high school.

Esparto Lions Club Meeting: Meets on the 1st and 3rd Thursdays at the Boy Scout Cabin Social hour at 5:30 pm, 6 pm Dinner, For Zoom link, please call (787-3892)

Esparto Regional Chamber of Commerce: Meets monthly on the 2nd Thursday at 6:30 pm, currently via Zoom. (For Zoom Link, please call (787-3242))

Esparto Unified School Board Meeting: Meets on the 4th Wednesday at 6 pm in Room A - 7 at the High School.

Esparto Fire Commissioners Meeting: Meets the 2nd Thursday of each month at 6 pm at the Esparto Fire Station.

Food Distribution at Countryside Community Church: Fridays: 2 pm - 5 pm.

Friends of Esparto Regional Library Board of Directors' Meeting: The 2nd Wednesday at 4 pm (except for July and November) at the Library

Guinda Community Church: Sunday Service at 9 am

Guinda Food Distribution: 9:30-10:15am on the second and fourth Monday of each month. 10 am - 11 am at the Guinda Grange Hall.

Homeschooling: Carly Castruita Gordon at (916) 616-5419.

Madison Advisory Committee: 4th Wednesday at 6 pm at the Madison Community Services District. No meetings in May, November or December.

Madison Community Committee: 3rd Thursday at 6 pm at the Madison Community Services District.

Madison Fire Commissioners Meeting: 1 pm on the 2nd Monday of each month at the Madison Fire Department at 17880 Stephens Street.

Madison Food Closet: Open the 2nd and 4th Mondays of each month from 4 pm to 5 pm at the Madison Community Services District Building

Madison Service District Meeting: 3rd Thursday at 6:00 p.m. in the District office at 28963 Main Street in Madison.

New Life Christian Center in Madison: Sunday Service at 11:00 a.m. with Jr. Church for ages 5-12. Home Bible Studies on Wednesday.

On Fire Fellowship of Esparto: Sunday service at 9 am Bible Study: Wed. at 6:30 p.m. Youth Group: Friday at 6:30 pm; Ladies: 1st/3rd Tues. 6:30 pm.

RISE Collaborative Meeting: 4th Friday of each month at 9 am. Meeting held in-person at the RISE, Inc Esparto Office (17317 Fremont Street).

RISE Valley Seniors: Meet Tuesdays & Thursdays at the RISE office (17317 Fremont Street) 9 am - noon. Meet at Boy Scout Hall (17020 Yolo Ave) First & Third Thursday of each month

Rumsey Improvement Association: Rumsey Improvement Association Summer break: First-Monday-of-the-month potlucks will resume after fall equinox

St. Martin's Catholic Mission Church: English Mass: 8:30 am on Sundays; Spanish Mass: 7 pm on Saturdays at St. Martin's Catholic Mission, 25633 Grafton St.

Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 1st Wednesday each month, at Post Home, Orleans St. and Highway 16.

Western Yolo Grange: Meets on the 3rd Tuesday at 6 pm social, and 6:30 pm potluck dinner and meeting at the Grange Hall at 16787 Forrest in Guinda.

4-H: Meets at 6:30 pm on the 2nd Monday of each month at the Community Center in Esparto.



Tables now available
for inside dining

16939 Yolo Ave.
Esparto, Ca 95627
530-787-3532
eltorofood@gmail.com

Esparto's Local Meat Market and Taqueria

Party trays available

- **Rice and beans**
- **Chicken Fajitas**
- **Chicken Enchiladas**
- **Chile Verde Beef**
 - **Carnitas**

Online ordering available at
eltoroesparto.com