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September 2023

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First Backpack Giveaway!

Welcome to the 2023-2024 school year!

Esparto Unified, in partnership with Rise Inc. and the Esparto Chamber of Commerce, hosted its first Backpack Giveaway.

We were able to provide over 450 backpacks to students in our community. Rise Inc., did a fabulous job providing day time activities to well over 150+ students which led into National Night Out.

We would like to thank all our wonderful community partners that came together and celebrated this amazing event (Madison, Yocha DeHe, Esparto Fire), Yolo County Sheriff, Jr Spartans, Esparto Little League, Capay AYSO, Esparto 4-H, Double Dipper, EUSD Teachers Union, and EUSD Chapter 510, Esparto High School Cheer). We look forward to continuing to work together with all our local organizations.

Juan Juarez/Community Schools



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The Valley Voice

P.O. Box 133

Esparto, CA 95627

For article inquires, email Tina Minges, Editor at ValleyVoice@riseinc.org. For billing inquiries or ad rates, call (530) 787-4110. All Articles are **due on/before the 15th of each month**. Accounts must be paid and up to date by the **20th of each month**. We reserve the right to edit articles at our discretion, due to space limitations and other criteria.

The Valley Voice is published monthly in partnership with Yocha Dehe Wintun Nation, RISE Inc., & Esparto Unified School District.

Valley Voice Subscription Form

Let all your friends and relatives know that for just \$25 per year we will mail them each month's edition! This is the perfect way to keep up to date with all the Capay Valley news and events.

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Please make checks out to **RISE Inc.** mail to: RISE Inc. at P.O. Box 133, Esparto, CA 95627 or drop off at the office at 17317 Fremont Street in Esparto.

You may also sign up for the RISE e-newsletter on the RISE, Inc. website at www.riseinc.org. When you enter your e-mail address under the Get E-mail Updates, you will receive our e-newsletter with links to the Valley Voice so you can read it online.



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The Moon before the Equinox

This month of September signals the change of seasons. Announcing that change will be the appearance of the first quarter moon on September 22nd. This year the Equinox occurs on the 23rd of September. This will be a benchmark for you. The new moon which will follow and occur on October 14th. Which is also the date of the upcoming solar eclipse. The eclipse is Annular in type, at the centerline it will display a ring of fire. An Annular eclipse occurs when the moon is not positioned correctly to totally cover the face of the Sun. But rather, it fits within the Sun's disk leaving what appears as a ring of fire around the moon. We are not on the centerline consequently, we will not experience the ring of fire. We will see a partial eclipse. The eclipse will happen between 8:00am-10:50am Saturday, October 14th. Eclipse glasses can be obtain at Amazon for a small purchase price. A recommended brand is Rainbow Symphony! Eclipse glasses or a solar filter equipped optical device is needed to view this event! To learn more about eclipses check online, at your library or ask a science teacher at school. Eclipses are free and awe inspiring. Enjoy this one! Please note, your eclipse glasses should be ISO certified to insure the highest safety standards. Rainbow Symphony glasses are as are some others. Be sure to check before you buy!

Submitted by: Clarence Underwood



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Candice Schaer, B.Sc., MT, HHP

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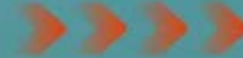


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TUESDAY, SEPTEMBER 26 AT 9-30 AM**

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FITNESS PROGRAMMING FOR SENIORS
THE IMPORTANCE OF ACTIVE AGING**

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for inside dining

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Esparto, Ca 95627

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Tentatively set to open fall of 2023!
 This facility will house social, community, and mental health services provided by RISE Inc. along with medical, dental, behavioral health services, and a pharmacy that will all be provided and managed by Winters Healthcare.



RISE, Inc.
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 Incorporated

Co-located with us at 17340 Yolo Ave. Esparto, CA 95627

In partnership with:






Aligning the Work of the Esparto Unified School District

Christina (Christy) Goennier Ed.D.
Superintendent
Esparto Unified School District

Dear Esparto Unified School District Families and Community Members,

I hope this letter finds you well. As we continue to navigate the ever-evolving landscape of education, it is my pleasure to share with you an exciting opportunity that will shape the future of our school district. We are embarking on a journey to create a Graduate Profile and develop a Strategic Plan, and we want you to be an essential part of this transformative process.

Our goal is to ensure that every student who graduates from our schools is equipped with the knowledge, skills, and values necessary to thrive in the 21st century. To achieve this, we are committed to developing a comprehensive Graduate Profile that outlines the qualities and capabilities we aspire to instill in our graduates. This profile will serve as a guiding light, helping us align our educational practices with the needs of our students and the demands of a rapidly changing world.

We believe that a strong partnership between our school district, families, and the broader community is essential to creating a robust and meaningful Graduate Profile. We value your insights, experiences, and perspectives, and we invite you to actively participate in this important endeavor. Your voice matters, and together, we can ensure that our graduates are not only academically prepared but also equipped with essential life skills, social-emotional well-being, and a strong sense of community and civic responsibility.

Additionally, our commitment to excellence extends beyond the Graduate Profile. We recognize the importance of a well-defined and dynamic Strategic Plan that will guide our district's actions over the coming years. This plan will outline our key priorities, initiatives, and resource allocations, with the overarching aim of providing an outstanding educational experience for all our students. Your input in shaping this plan is invaluable, as it will help us chart a course that truly reflects the aspirations and needs of our community.

Over the next several months, we will be engaging in various forums, surveys, and workshops to gather your input and insights. We encourage you to participate, share your ideas, and be part of this exciting journey. Together, we can create a brighter future for our students and our community. There is a survey on the front page of the district website: <https://edo.eusdk12.org/>

Please stay tuned for announcements regarding upcoming opportunities to get involved. We value your partnership, and we are excited to collaborate with you in creating a transformative Graduate Profile and Strategic Plan that will define the future of our school district.

Thank you for your continued support, and I look forward to working closely with you as we embark on this important endeavor.

Warm regards,

Christina (Christy) Goennier Ed.D.

Esparto Community Schools

Welcome to the 2023-2024 school year!

Reminder to Register your students to participate in our Esparto Scholars (ELOP) program for students TK-5. The application is available at the Rise Inc. office. We will be offering amazing enrichment and intervention opportunities throughout the school year.

We will be offering Tutoring for students at the Middle school and High school levels. Keep an eye out for our flier with more information regarding the times and days.

September Important Dates:

8/22- Esparto Middle School	Event: Back to School Night 6:00 PM - 7:00 PM
8/24- Esparto Elementary	Event: Back To School Night 5:30 PM - 6:30 PM
8/30- Parent Academy	Event: Monitoring Video games & Screen Limits
8/31- Esparto High School	Event: Back To School Night Time: 6:00 PM - 7:30 PM
9/04- No School - Labor Day	
9/13- Migrant Math Night	
9/20- Parent Academy	Event: Renaissance and Lexia Workshop



Escuela Comunitaria de Esparto

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Biblioteca - Puerta de la calle Grafton

530-787-3417 ext 540 Servicios de 7 AM - 8 AM

Exciting News for Our Community!

Hey there, wonderful parents of Esparto Elementary School!!

We have been listening closely to your valuable input during our recent focus group meetings, and we're thrilled to announce an amazing new initiative- **BEFORE SCHOOL CARE** at our community schools!

Starting Monday, August 28th, we're extending our support to make your mornings a whole lot smoother.

Our before school care is a **DROP-IN** program. For more information, please contact Sherrie Vann svann@eusdk12.org



Esparto Community School

Join Us for Before-School Childcare Fun!

- ✓ FREE Breakfast
- ✓ FREE Hands-on Learning Activities
- ✓ FREE Chromebooks for Education
- ✓ FREE Homework Help from Staff

Beginning August 28th

Esparto Elementary School
Library - Grafton St Gate

530-787-3417 ext 540 Drop-in Service 7 AM - 8 AM

A Short Swim Season at Tuli Mem Park Leaves Hopes for Next Year

Despite our greatest efforts and wishes, the Tuli Mem Park swim season was cut short for 2023 due to equipment failures. Yolo County Parks and Recreation released an official statement to the community describing the event, which you can find below.

The swim season will end Labor Day, September 4th 2023. We hope 2024 will bring us the full and rich swim season this community deserves. Despite these setbacks, we thank our partners in making the pool available for parts of the summer. Namely, Yolo County Parks and Recreation, Esparto Unified School District, Esparto Community Service District, RISE, and individuals who donated to make free recreation swim available.

In August and September, our sponsors were:

Sun Tracker Farm

Double Dipper

BZ Bees

The Crowe Family

Jim and Deborah Durst

The Ravine

Trini Campbell and Wyatt Cline

Thank you, donors!

If the swim season is extended you can find current information at www.tulimem-park.com or by following @tulimempark on Instagram.

Carine Hines

President of the WYORCA

Statement by Yolo County Parks and Recreation in Regards to Tuli Mem Park

In late June, the Lap Pool at the Tuli Mem Aquatics Center temporarily closed due to a broken line reactor linked to the pools main pump, which safeguards against electrical disturbances for the variable frequency drive (VFD). This incident posed no potential risk to the safety of any patrons or staff.

The problem resulted from a loose terminal bolt, causing an electrical arc that melted the terminal in the line reactor. Staff made calls to as many pool equipment distributors as possible in attempt to purchase a new line reactor but were unsuccessful. Staff quickly learned from distributors and pool technicians that line reactors are not a standard piece of equipment stocked in stores or is something easily replaceable. Additionally, staff spoke with the Cities of West Sacramento, Davis, and Woodland for insights, but found no similar experiences.

The new line reactor had to be made to order by a manufacturer in Wisconsin, staff requested expedited shipping, and the new unit was received on August 1st, fully restoring pool operations. To prevent future occurrences, our staff will now include terminal bolt inspections in routine maintenance, and we've also ordered a backup line reactor. We appreciate the Esparto communities patience and understanding during this inconvenience.

See you at the pool!

Carine Hines

“CLIMATE AND CONVERSATION” WITH THE LEAGUE OF WOMEN VOTERS

A review of Yolo County's 2030 Climate Action and Adaptation Plan will be hosted by the League of Women Voters of Woodland as part of a “Climate and Conversation” event. The meeting is set for 7:00pm, Thursday, Sept. 21, at Norton Hall, 70 Cottonwood St., Woodland.

Kristen Wraithwall, Yolo County's Sustainability Manager since 2022, will present information on the 2030 Climate Action and Adaptation Plan (CAAP). The CAAP serves as a comprehensive road map identifying opportunities to achieve reductions in Greenhouse Gas (GHG) emissions, as well as develop comprehensive strategies to respond to the growing effects of climate change on all people, industries and areas of Yolo County. Wraithwall, who holds a Bachelor of Arts degree from Harvard in environmental science and public policy and a Master of Science from Yale in environmental management, will discuss the CAAP process and timeline, its current survey, outreach efforts (especially to historically underserved communities), and regional collaborations and partnerships in California.

This event is free to the public and light refreshments will be available. Donations are appreciated, however, to make more programs like this possible. Seating at Norton Hall is limited, so attendees are urged to send an email to woodlandleagueneeds@gmail.com if they plan to attend and the size of their party. More information about the CAAP is available at <https://www.yolocaap.org/>. The League of Women Voters is a non-partisan organization dedicated to voter education and empowering citizens to shape better communities worldwide. For information on the Woodland League's climate change position and advocacy activities, please visit <https://my.lwv.org/california/woodland/recent-issues/climate-change>.



Despite its interruption, the Tule Mem Park swim season brought joy to many!



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Esparto Middle School Attendance Awareness Month

By: Aman Kullar

Hello Esparto Community!

September is attendance awareness month! Why are we working so hard to raise attendance awareness? It's because attendance stands as a vital pillar in the educational journey, with far-reaching implications for students' academic success and personal development.

Why is regular attendance so important? School is a space for students to interact with peers from diverse backgrounds, fostering social skills and the ability to work in teams. Regular attendance facilitates the formation of friendships and the nurturing of interpersonal relationships, contributing to emotional intelligence and a well-rounded personality.

Regular school attendance is also how students access a world of knowledge, engage in interactive learning, and build essential skills for their future endeavors. Attending school consistently not only ensures that students receive uninterrupted instruction but also fosters a sense of responsibility, time management, and discipline that are integral to their overall growth. By being present in the classroom, students actively participate in discussions, collaborate with peers, and absorb the intricacies of subjects, setting the stage for a lifelong love of learning and paving the way for a prosperous future. This is why students must come to school, on time, every day!

I would like to conclude this article by welcoming the new members of the Esparto Middle School team:

Kate Diezel, Special Education Teacher:

"My name is Kate Diezel. This is my fifth year teaching specialized academic instruction at EUSD. I have spent the past four years teaching at the elementary school, and am excited to join the middle school team this year. I look forward to working with my former students and seeing how they've grown and progressed! I grew up in Esparto and attended school here K-12th grade. It is a pleasure to be back in our amazing community as a teacher! "

Cristina Jauregui, PE Teacher:

"My name is Cristina Jauregui. I grew up playing sports in Woodland, CA. I am excited to be part of the EMS family and look forward to a year full of fun where our students gain knowledge of personal conditioning and fitness to promote individual wellness. Go Wildcats!"

Rosa Marquez, Literacy Aide:

"My name is Rosamaria Marquez and it's my first year as a Literacy Assistant. I am thrilled to be a part of the district that helped mold me into the person that I am. I am looking forward to helping our students achieve their goals this year."

We are excited to have these individuals join our team. It's going to be a great school year!

Sincerely,

Aman Kullar
Principal
Esparto Middle School

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Saturday 7:00 p.m. Spanish

Sunday 8:30 a.m. English

Wednesday 6:00 p.m. Bilingual

Confession

Sunday 8:00 a.m.—8:20 a.m.

**Come to me, all you who labor and are
burdened, and I will give you rest.**
(Matthew 11:28)

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ORGANICS: HOW IT WORKS

LIFE CYCLE OF YOLO COUNTY ORGANICS TO COMPOST

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Capay Valley Business Spotlight

Candace Schaer , B. Sc., MT, HHP

In a world where stress and fast-paced lifestyles have become the norm, finding a way to lessen the impact of stress on your body is crucial. Meet Candice Schaer, highly skilled in therapeutic massage with a holistic health attitude. And she is LOCAL! Her practice is in Guinda, California. She also has an ongoing class called "More Fun Than Just Yoga" on Wednesday mornings in Guinda. And, when the Tuli Mem pool is open in Esparto, she leads a cool class in Water Yoga on Wednesdays at noon.

In this Capay Valley Voice business spotlight, we delve into Schaer's background. She brings a unique blend of knowledge, experience and compassion to her practice. Her training spans bodywork from Body Mind College in San Diego to Donna Eden's Energy Medicine training seminars held all over the world, to the Upledger Institute of the International Alliance of Healthcare Educators in CranioSacral Therapy. She has also been trained in Lymph Drainage Therapy and Myofascial Release and sports massage and more. She is licensed by the State of California and has 15 years of experience. She continues to expand her training and research. Her goal is for clients to regain range of motion, relieve pain, take charge of their health and to have fun.

She describes her sessions with clients as a team effort with the clients giving feedback and sometimes even instructions! She feels that it's important to know that being on the outside of someone's skin is different that being the person inside the skin. She also assigns 'homework' to her clients so that they continue to improve.

Her clients come from Vacaville, Dixon, Winters, and Woodland as well as Capay Valley. She takes clients on Thursdays and Fridays, but call or text ahead of time for an appointment. Her number is 858-232-1005. The other days she maintains a small farm of chickens, ducks and geese flocks and rosemary and loofah crops.



Sunday Services

WORSHIP - 9:00 AM • SUNDAY'S TABLE - 10:00 AM
 CHILDREN'S SUNDAY SCHOOL - 9:00-10:30 AM

Everyone Welcome!

Located at 26479 Grafton St, Esparto, CA 95627
 (on the corner of Grafton and Fremont streets)

For more information call 530-787-4040 or visit espartocountrysidechurch.org



Having difficulty scheduling an appointment online?
 Need Help?

Call Tina, RISE Senior Program Coordinator at
 530-787-4110 extension 209



SEPTEMBER 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1 NO DELIVERY - FROZ	2
3	4 NO DELIVERY - FROZ	5 NO DELIVERY - FROZ	6 WOODLAND - CONGR Beef Stroganoff	7 Chicken Salad with C	8 NO DELIVERY - FROZ	9
10 Teriyaki Pork	11	12 NO DELIVERY - FROZ	13 WOODLAND - CONGR Baked Fish	14 Egg Salad Sandwich	15 NO DELIVERY - FROZ	16
17 BBQ Chicken Tenders	18	19 NO DELIVERY - FROZ	20 WOODLAND - CONGR Taco Soup with Chees	21 Asian Chicken Salad	22 NO DELIVERY - FROZ	23
24 Chicken Sandwich	25	26 NO DELIVERY - FROZ	27 WOODLAND - CONGR Balsamic Chicken Le	28 Pasta Chicken Salad	29 NO DELIVERY - FROZ	30

All meals served with bread, fruit, and 8 oz. of 1% milk.

Meals are subject to change due to availability of ingredients.

Can't eat/don't like a main course? Please contact us at (530) 662-7035 to request a frozen vegetarian entree as an alternative for that date.

YOLO COUNTY NEEDS YOUR INPUT! TAKE THE CLIMATE ACTION & ADAPTATION PLAN SURVEY!



Have your say in Yolo County's Climate Action and Adaptation Plan! Provide your input to help the County design future programs, policies, and other recommendations to reach our greenhouse gas (GHG) reduction goals and help our community be more resilient to climate impacts such as higher temperatures, more frequent wildfires and floods, and drought.

PARTICIPATE TODAY!
Survey Link:
YoloCounty.org/CAAPEN
Deadline September 22nd



SURVEY PARTICIPANTS WILL HAVE THE OPPORTUNITY TO BE ENTERED INTO A DRAWING FOR GIFT CARDS AND OTHER PRIZES!



Yolo County Needs Your Input! Take the Climate Action and Adaptation Plan Survey Today!

What is the Climate Action and Adaptation Plan? In 2020, the Yolo County Board of Supervisors set the goal of meeting a carbon-negative footprint—removing more carbon from the atmosphere than we produce—by 2030 with a focus on equity and justice. The Climate Action and Adaptation Plan (CAAP) will outline what Yolo County will do to meet our greenhouse gas (GHG) reduction goal and help our community be more resilient to climate impacts such as higher temperatures, more frequent wildfires and floods, and drought. Why should you fill out this survey? The CAAP will be driven by YOUR input! Filling out this survey will help the County design funding programs, policies, and other recommendations for how we can lower emissions, protect our natural resources, and make sure that Yolo County is a thriving, sustainable community for generations to come. Your survey response will ensure that the CAAP reflects and responds to the needs of your community. We expect this survey will take approximately 10 minutes to complete. The survey will close on September 22, 2023.

¡EL CONDADO DE YOLO NECESITA SU OPINIÓN! ¡HAGA LA ENCUESTA PARA EL PLAN DE ADAPTACIÓN Y ACCIÓN CLIMÁTICA!



¡Haga escuchar su voz en el Plan de Adaptación y Acción Climática del Condado de Yolo! Dé su opinión para ayudar al condado a diseñar programas, políticas normativas y otras recomendaciones sobre cómo podemos reducir las emisiones y ayudar a nuestra comunidad a ser más resistente a los impactos climáticos, como temperaturas más altas, incendios forestales e inundaciones más frecuentes y sequías.

¡PARTICIPE HOY!
Enlace de la encuesta:
YoloCounty.org/CAAPES
Responda antes del 22 de sept.



LAS PERSONAS QUE RESPONDAN A LA ENCUESTA TENDRÁN LA OPORTUNIDAD DE PARTICIPAR EN UN SORTEO DE TARJETAS DE REGALO Y OTROS PREMIOS.



Survey Participants will have the opportunity to be entered into a drawing for gift cards and other prizes!!

We expect this survey will take approximately 10 minutes to complete. The survey will close on September 22, 2023.

A Thorn in our Sides: Yello Star Thistle in Capay Valley

Barbara Gemmill-Herren Capay Valley Regeneration Group

Yellow Star Thistle is having a banner year in 2023- numerous fields in the Valley are cloaked with this weed, its pale green color being about the only thing green on many hillsides and road verges.

Two years ago, in the context of a California Naturalist course held at Wilbur Hot Springs just north of us, we started some discussions with the (new at that time) owners of the facility about their struggles to manage the vast Yellow Star Thistle infestation on their adjacent Nature Preserve. On the thesis that local knowledge is always rich and relevant, I asked farmers and land managers in Capay Valley to share their experiences in controlling this weed.

Here are small excerpts from the wealth of information shared- noting that this sort of place-based knowledge is something we hope to continue collecting and sharing through the Capay Valley Regeneration Group. Our website, where we can post such information, is soon to appear. **Landowner near Guinda:**{35 years ago, when first bought the land}: The star thistle was so dense we had to wear chaps and leather boots to walk anywhere on our property that September. After 10 years of not disturbing the soil and mowing every week all Spring until the rains stop, we rarely see star thistle on our property...Leaving the land undisturbed and mowing weekly all Spring until the rains stop seems to have worked for both our place and our neighbor's. Cattle will not eat mature star thistle and disturb the soil with every step and munch they take. I don't know about sheep, goats and pigs. **Landowner west of Guinda:** When we first moved here almost twenty years ago, our place had been largely abandoned for years. We were overrun with star thistle. We mowed pastures and orchards. Then introduced goats and sheep to the property. Sheep eat the young greens and goats will eat anything. Watching them eat mature thistle is like watching them munch on hypodermic needles. But they did it! In our yard we watered, donned gloves and pulled them up. After about three years we were thistle free. **Writer referring to the work of the SkyHigh farm outside of Winters:**[This research farm run by Helga and Bill Olkowski- no longer in existence was] committed to figuring out the conundrum of star thistle, whose seed remains viable for ten years. Sheep are the answer. Pasturing them early in the season is most successful. **Presentation to Esparto Science Club from UCD weed expert:** UCD's guidance was to mow star thistle when it was 80% flowered. I think the strategy is to let the plant waste energy on getting big, then knock it down when it has little energy left to regrow and seed. If you mow too early, then it just grows back and flowers low to the ground where the mower won't cut it anymore. **Farmer near Esparto:** The last few years, I've made a lot of effort to get rid of star thistle on our property and it has been successful. First, we have a herd of 16 goats and of course there is no star thistle in any of their pastures. Outside the pastures, star thistle gets thick where the ground has been disturbed (like discing for firebreaks) and they have good access to sun. A few years ago, when we had the wet and late spring, (note- like this year!) the star thistle came on strong in the summer. Knowing this was going to happen, I followed the 80% flower guidance with the tractor mower and also weedwacked a couple times. Also, since star thistle is easy to pull, I hand pulled quite a bit. **From a biologist advising local ranchers:** It is likely that [Wilbur Hot Springs'] mowing regime is making the problem worse, but it sounds like they have to mow for fire protection. I have been involved in using sheep to reduce it and seen good results, but the timing/intensity of sheep grazing is important, as well as combining them with other management efforts like avoiding ground disturbance as mentioned, but also allowing competition from other plants to reduce star thistle growth and reproduction (e.g., avoiding mowing so annual grasses like rye or oats outcompete the star thistle for sunlight and other resources).



Seasonal Recipes

Using ingredients sourced from farms in the Capay Valley

Pamela Bateman

Gazpacho - Cold vegetable soup

The ingredients and the amounts in this recipe are only suggestions and should be adapted to one's taste and available vegetables.

- 4 or 5 Heirloom tomatoes
- 1 Striped Armenian cucumber *
- 1 sweet pepper
- 1/2 red onion
- 1 small clove of garlic
- 2 Tablespoons red wine vinegar
- 2 Tablespoons extra virgin olive oil
- 1 Tablespoon honey
- Dash of Tabasco sauce
- Juice and zest from 1 lime or lemon
- Salt to taste
- 2 cups organic tomato juice

Roughly chop the tomatoes, cucumber, pepper and red onion and add them to a large bowl. Mince the garlic and add to vegetable mixture. Add the red wine vinegar, extra virgin olive oil, honey, tabasco sauce, lime juice and zest. At this point if you want a smooth texture to the soup you can blend the above ingredients in a blender until the vegetables are finely chopped or continue to blend until they are liquified. However, if you like a chunky soup omit this step. Salt to taste. Finally, add the tomato juice to the blended vegetables. Chill the soup for a few hours and then serve with French bread or corn bread.

Optional- to make this soup a meal add cooked baby shrimp or cooked flaked white fish to the soup.

This soup is the best when using fresh, local, farm grown vegetables that are perfectly ripe.

*Note :

Striped Armenian Cucumbers are available at several farms in the Capay Valley. It is a delicious, mild cucumber that has a crisp melon-like flavor.

COMMUNITY CALENDAR

Please contact the group you are interested in, to see if they are still meeting at this time.

AA Meeting: Tuesday at 7 pm in the basement of the Countryside Community Church in Esparto. 1 hour open.

Spanish AA: Alcohólicos Anónimos: Detrás de El Toro. Los lunes, miércoles, y viernes a las 7 pm - 9 pm.

Spanish AI-Anon: Spanish AI-Anon: Detrás de El Toro (26628 N. Grafton). Los Martes a las 7 pm - 8:30 pm.

AI-Anon: Countryside Community Church on Tuesday from 7:00 p.m. to 8:00 p.m.

Calvary Baptist Church: Meets Sunday's at 11 am at 26479 Grafton Street.

Calvary Baptist Church Community Dinner: Every Tuesday at 4 pm located at 26479 Grafton Street, Free, Everyone Welcome.

Capay Valley Christian Fellowship: 11 am adult Sunday school; 11:45 am social; 12:10 pm - 1:10 pm worship/children's Sunday School at the Guinda Community Church.

Capay Valley Fire Commission Meeting: Meets the 2nd Monday of each month at 6:30 pm at the Guinda Fire Station.

Capay Valley Garden Club: 4th Wednesdays, 6 pm, location varies, see Facebook page for more information.

Capay Valley General Plan Advisory Committee: Meets every 1st Wednesday at 7 pm at the Grange Hall in Guinda. Open to all.

Capay Valley Science Club, 4th Mondays, 6 pm, location varies. See Capay Valley Science Club" Google Group for information.

Capay Valley Vision Board: Meets on the third Wednesday of every month at the Esparto Library at 6:30 p.m. (Meetings are OPEN TO THE PUBLIC.)

Cottonwood Cemetery District: Upcoming meetings will be September 11th and October 9th 9:00 a.m. RISE building.

Countryside Community Church: Sundays at 9 am Worship Service and Sunday School.

Esparto Ag Boosters: Meets on the 3rd Wednesday of each month at 6 pm in the Ag Department at the high school.

Esparto Citizens Advisory Committee Planning Council: Meets 3rd Tuesday at 7 pm at the Esparto Regional Library.

Esparto Community Services District: Meets on the 2nd Wednesday of each month at 7:00 p.m.

Esparto Family Practice: Open: Monday, Tuesday, and Friday from 9 am - 5 pm, Wednesday 2 pm - 6 pm and Thursday from 1 pm - 6 pm

Esparto Food Distribution: Esparto Food Distribution 1st and 3rd Thursday of the month from 9:30 am - Supplies Last and 4th Monday of the month 10 am - noon.

Esparto High School Ag Boosters Meets on the third Wednesday of each month at 6:00 p.m. in the Ag Classroom at the high school.

Esparto Lions Club Meeting: Meets on the 1st and 3rd Thursdays at the Boy Scout Cabin Social hour at 5:30 pm, 6 pm Dinner, For Zoom link, please call (787-3892)

Esparto Regional Chamber of Commerce: Meets monthly on the 2nd Thursday at 6:30 pm, currently via Zoom. (For Zoom Link, please call (787-3242))

Esparto Unified School Board Meeting: Meets on the 4th Wednesday at 6 pm in Room A - 7 at the High School.

Esparto Fire Commissioners Meeting: Meets the 2nd Thursday of each month at 6 pm at the Esparto Fire Station.

Food Distribution at Countryside Community Church: Fridays: 2 pm - 5 pm.

Friends of Esparto Regional Library Board of Directors' Meeting: The 2nd Wednesday at 4 pm (except for July and November) at the Library

Guinda Community Church: Sunday Service at 9 am

Guinda Food Distribution: 9:30-10:15am on the second and fourth Monday of each month. 10 am - 11 am at the Guinda Grange Hall.

Homeschooling: Carly Castruita Gordon at (916) 616-5419.

Madison Advisory Committee: 4th Wednesday at 6 pm at the Madison Community Services District. No meetings in May, November or December.

Madison Community Committee: 3rd Thursday at 6 pm at the Madison Community Services District.

Madison Fire Commissioners Meeting: 1 pm on the 2nd Monday of each month at the Madison Fire Department at 17880 Stephens Street.

Madison Food Closet: Open the 2nd and 4th Mondays of each month from 4 pm to 5 pm at the Madison Community Services District Building

Madison Service District Meeting: 3rd Thursday at 6:00 p.m. in the District office at 28963 Main Street in Madison.

New Life Christian Center in Madison: Sunday Service at 11:00 a.m. with Jr. Church for ages 5-12. Home Bible Studies on Wednesday.

On Fire Fellowship of Esparto: Sunday service at 9 am Bible Study: Wed. at 6:30 p.m. Youth Group: Friday at 6:30 pm; Ladies: 1st/3rd Tues. 6:30 pm.

RISE Collaborative Meeting: 4th Friday of each month at 9 am. Meeting held in-person at the RISE, Inc Esparto Office (17317 Fremont Street).

RISE Valley Seniors: Meet Tuesdays & Thursdays at the RISE office (17317 Fremont Street) 9 am - noon. Meet at Boy Scout Hall (17020 Yolo Ave) First & Third Thursday of each month

Rumsey Improvement Association: Rumsey Improvement Association Summer break: First-Monday-of-the-month potlucks will resume after fall equinox

St. Martin's Catholic Mission Church: English Mass: 8:30 am on Sundays; Spanish Mass: 7 pm on Saturdays at St. Martin's Catholic Mission, 25633 Grafton St.

Veterans of Foreign Wars (VFW): Western Yolo Post 7143, meets 1st Wednesday each month, at Post Home, Orleans St. and Highway 16.

Western Yolo Grange: Meets on the 3rd Tuesday at 6 pm social, and 6:30 pm potluck dinner and meeting at the Grange Hall at 16787 Forrest in Guinda.

4-H: Meets at 6:30 pm on the 2nd Monday of each month at the Community Center in Esparto.