

*cucumbi*



# Welcome

We'll be delighted to have you with us at our peaceful countryside retreat. Here, surrounded by nature's rhythm and the warmth of our land, you'll discover the essence of Cucumbi.

During your stay, we invite you to slow down, breathe deeply, and enjoy a unique collection of activities crafted to nourish both body and soul:

## Orange Picking in Our Sun-Kissed Groves

Stroll through our fragrant orchards and pick fresh oranges straight from the trees. Enjoy the vibrant flavors, learn about our sustainable growing practices, and experience the simple pleasure of harvesting fruit under the open sky.

## Culinary Workshop with Our Private Chef

Join Chef Emma for a hands-on culinary journey inspired by the season's harvest. You'll learn farm-to-table techniques, discover new flavors, and prepare beautiful dishes using fresh ingredients grown on our land. All in a warm, intimate atmosphere.





## Ceramics & Creative Crafts with Our Ceramicist

Explore your artistic side as our ceramicist guides you through the process of shaping, designing, and decorating your own handmade pieces. Whether you're a beginner or an experienced creator, you'll enjoy a relaxing and inspiring session rooted in creativity.

## Free Time to Explore Our Property

Wander freely through our gardens, trails, and peaceful corners. Whether you choose to relax by the fields, read under a tree, or discover hidden spots around the farm, your time is yours to enjoy at your own pace.

## Moments of Joy, Connection & Nature's Simple Pleasures

From shared laughter to quiet reflection, we hope you find many opportunities to connect with nature, with others, and with yourself.



# Retreat Program

## 25<sup>th</sup> March: Welcome Day

Arrive, settle into your room, and ease into the calm rhythm of our organic farm.

In the evening, join us for a Welcome Dinner, where we gather to share a delicious farm-fresh meal and introduce the retreat experience.

## 26<sup>th</sup> March: Orange Picking

Begin your first full day with a relaxed Brunch featuring seasonal ingredients from our farm.

In the afternoon, head into our fragrant orchards for Orange Picking, learning about our organic methods while harvesting the fruit you'll use later in the retreat.

Enjoy a comforting Dinner as the day winds down.

After dinner, you are welcome to join an optional Sound Healing Session, a soothing experience designed to help you relax deeply and unwind.

## 27<sup>th</sup> March: Cooking Workshop

Start your morning with a nourishing Brunch before joining our private chef Emma for a hands-on Culinary Workshop using the oranges you picked. Discover new techniques, flavors, and the joy of farm-to-table cooking.

End the day with a delightful Dinner made by you and crafted from fresh seasonal produce.



## 28<sup>th</sup> March: Ceramic Workshop

Begin the day with a peaceful Brunch overlooking the property.

Then, explore your creativity during our Ceramic Workshop, guided by our ceramicist, where you'll shape and design your own handcrafted piece.

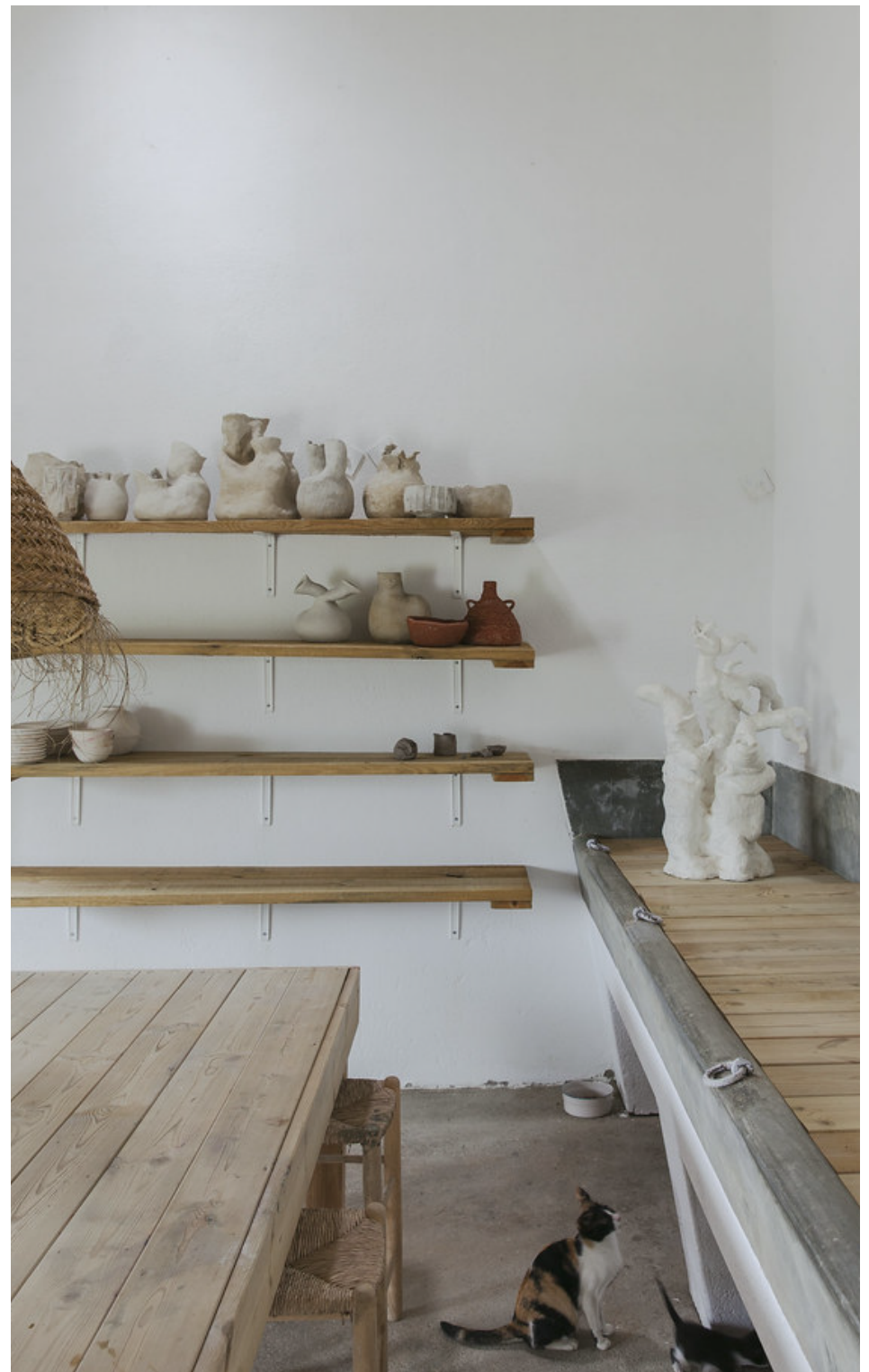
Gather once more in the evening for a warm and cozy Dinner.

## 29<sup>th</sup> March: Goodbye

Enjoy a gentle farewell Brunch on your final morning.

Take a last walk through the property, soak in the quiet beauty around you, and carry the calm of Cucumbi with you as you head home.













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