The Genetics of Heart Disease in African Americans

Dr. Waymon Drummond, MD attended Howard University in Washington, D.C. and graduated with high honors in the field of internal medicine. Post-graduate training included studies at NIH with a fellowship in clinical pathology in the field of cholesterol and coronary artery disease. He is currently Medical Director of the Renaissance Clinical Research and Hypertension Center in the DFW Metroplex. With over 30 years of treating patients primarily in the African American community, Dr. Drummond focuses on high risk patient populations in hypertensive cardiovascular disease and the metabolic syndrome.

Take it to Heart: How lifestyles relate to diagnosis, treatment

Dr. Jill Waggoner, MD holds a Master’s Degree and a Medical Degree from the University of Oklahoma. She is a residency trained, board certified Family Practice Physician and has practiced in the Dallas area for more than 15 years. Dr. Waggoner has a special interest in Integrative Medicine, and approaches the treatment of patient’s from a whole person, total healing perspective. She is a radio personality and discusses relevant medical topics weekly on the “Ask Dr. Jill” radio segment. She is an author and has penned two books; “My Sister’s Keeper, Is your temple in order?” and the new book, “Stress, your secret weapon for success.”

Facilitator: The Heart of African Americans in Clinical Trials

Dr. Tayo A. Addo, MD, attended medical school at University of Texas Southwestern Medical School and graduated in 1997. His Cardiovascular Disease and Internal Medicine training was conducted at University of Texas Southwestern Medical School where he obtained board certification from the member board for Cardiovascular Disease and Cardiology. Dr. Addo specializes in internal medicine, cardiology, cardiovascular disease and interventional cardiology and has expertise in Myocardial Infarction.

The AACTI Dinner Lecture Series

"African Americans in Clinical Trials" Lectures are designed to bring community leaders, survivors, doctors, church ministries and survivors together for an educational dialogue about diseases and health care disparities within our communities. The Series addresses diseases that critically affect African Americans and to better understand the importance of clinical trials in new drug discoveries. The Educational Component provides information about diseases and treatment options available. The Site Component provides participants an opportunity to learn about clinical trials first-hand, and to query physicians on the pros and cons of participating in certain clinical trials.
What is The CALL TO ACTION?
The Dallas CALL TO ACTION Coalition is part of a national strategy to reach and educate African Americans both about disease conditions and the importance of participating in new drug discoveries. In 2008, NPFR PROJECT, networking with over 103 partners from around the U.S, developed a national Field Research called C.E.D.R.I.C.T. (Coalition to Eliminate Disparities and to Research Inclusion in Clinical Trials) for African Americans. The collective national coalition, called The AACT (African Americans in Clinical Trials) Coalition partners with existing local medical groups to engage African American communities in health discussions and bring directly to the audience viable clinical trials that could impact their lives. Health advocates, church ministries and networks partner to address racial disparities in health care and actual clinical trials available to them in their community. Each city forms a replicable MODEL whose purpose is to provide ongoing education and a better understanding of critical diseases and how their participation in clinical research trials impact their health now and in the future.

Heart to Heart: A Look at African Americans in Clinical Trials

Ester Davis- MODERATOR
Ester Davis hosts the weekly "Ester Davis Show" in 9 major markets on ION Media Networks, the nation's largest television network. Her weekly column, "My Day," appears in four newspapers across the south with a combined viewer-readership of 8 million. Ester currently chairs the Senior Affairs Commission for the City of Dallas and serves on an advisory board for Dallas County Community Colleges. An advocate for women's issues and world literacy, Ester was recently invited to speak at a Congressional Hearing by the Women's Federation for World Peace, Washington, D.C, on the plight of women in China.

Thanks to all who made "African Americans in Clinical Trials" possible
Ester Davis Panel The Golden Vessels Advisory Team* 50 Hoops/NPFR Staff Volunteers
Association of Black Cardiologists LaRetta Williams "Pieces of My Dreams" Centerpieces
A&J Caterers (Jazz and Andrew) Kim McGrew- The Potter's House of Dallas American Heart Association
Ron Boggs, Television Cameraman Methodist Hospital of Dallas Parkland Hospital Audio Visual Event
NEW DRUG DISCOVERIES.
CAREGIVERS SUPPORT For Chronic Heart Disease

Clinical Trial SITE: UT Southwestern Medical Center
Brenda S. Thompson, MS, R.N. is a Sub-Site Investigator for UT Southwestern Medical Center. She received her Bachelor of Science in Nursing and Master of Science (summa cum laude), majoring in nursing with specialty as a Medical Surgical Clinical Nurse Specialist from Texas Woman's University. A Registered nurse for over 25 years, Brenda is certified as a Critical Care Registered Nurse, Fellow of the American Heart Association, AHA advanced Cardiac Life Support Instructor and Basic Life Support Instructor. She has received numerous awards for Excellence in her field and Who's Who Among Young Professionals.

Clinical Trial SITE: Southwest Family Medicine Associates
Dr. Chrisette Dharma, MD, Principle Investigator, joined The Clark Family Medicine Center after training with Dr. Clark for three years. Dr. Dharma opened The Clark Family Medicine Center, following Dr. Clark’s retirement, where she was able to provide services of family medicine in a comfortable homey environment. She expanded the practice in 2009 and changed its name to Southwest Family Medicine Associates. The clinic uses cutting edge technology, keeping up with the advancing front of medicine. Dr Dharma is on the Board of Directors of TAFP, Dallas Chapter; Genesis Physician Group and South Hampton Hospital.

Clinical Trial SITE: Cardiovascular Institute of Dallas
Dr. Martin R. Berk, MD, Principle Investigator, is board certified in cardiovascular disease and internal medicine. He is a fellow of the American College of Chest Physicians and of the American Heart Association. He graduated from University of the Witwatersrand in Johannesburg, South Africa, and completed a cardiology fellowship at the University of Kentucky in Lexington. He worked on the cardiology faculty at the University of Kentucky as Director of the Heart Failure Program. Dr. Berk performs a full range of invasive and noninvasive cardiac procedures and is the principal investigator on many important heart failure, hypertension, and atrial fibrillation research studies.

Clinical Trial SITE: Galenos Research
Dr. Rafael Canadas, MD, Principle Investigator, completed his residency in Internal Medicine at the Montefiore Medical Center, the University Hospital of the Albert Einstein College of Medicine in New York. He is board certified and a Diplomat of the American Board of Internal Medicine, a Specialist in Clinical Research, and a Certified Physician Investigator (CPI) by the Association of Clinical Research Professionals (ACRP). For over 10 years, he has been dedicated to Pharmacological Clinical Trials and participated as a Principal Investigator in more than 60 research studies. He’s active in the American College of Physicians, AMA, Dallas County Medical Society, and Texas Medical Association.
**AACT I Dinner Lecture Series**

**Program**

6:00–6:30: Welcome
Opening PRAYER – Pastor

Dinner Service Begins
Panel, Physicians, Guests and moderator served

6:30 – 6:45: Dinner Service continues
Program overview Introduction of Guests: Pat Sanders, Program Director
Ms. Ester Davis: CALL TO ACTION

6:45-7:00: Introduction of Panel (Bios)
7:00 – 7:15: Genetics of Chronic Heart Disease: Dr. Waymon Drummond, MD

7:15 – 7:30: Lifestyles and diagnosis of Heart Disease: Dr. Jill Waggoner, MD

7:30 – 7:40: Wrap and comments: Dr. Tayo Addo, MD, Physician Moderator

7:40 – 8:10: Ms Ester Davis: Introduction of Chronic Heart Disease Clinical Trials Sites
Sites Overview of Trials

8: 10 – 8: 20 Panel Wrap-Up: Panel and Sites
Why is African American participation in clinical trials important to new drug discoveries?

8:20 – 8: 45: OPEN FORUM: Dr. Tayo Addo, Moderator
Q&A “Doctors in The House”

Treatment Options, Clinical Trials: Myths, Facts and Fiction. Let’s talk about it
3-minute limit
Panel, visiting physicians and Clinicians, Trial Investigators
Surveys COLLECTED for PRIZE tickets (in background)

8:45 – 9:00 Who, What, Why – Ed and Pat Sanders, AACT I Lectures
Speaker, Guest Recognitions

Ester Davis: Introduction of VIP Visiting Doctors
ANNOUNCEMENT GIFTS & PRIZES FOR SURVEYS – Portia Tucker

**P&E Associates and NPFR:** Thanks to Ester Davis, Panel, Potter’s House of Dallas, Advisory Team,
Golden Vessels and DFW Medical Partners (Methodist Hospital, Parkland Hospital, MLK Medical Center, UT Southwestern Medical Center)

Certificates, gifts for Panel, Introduction of Advisory Team
Gifts and prizes: DRAWINGS + Special Surprise DRAWING
Heart Disease Participants and Caretakers (self-introduction)
A Special Thanks to A&J Caterers for the beautiful meal!

Please see Site Doctors to schedule time to talk in private about the trials
Adjourn

PLEASE VISIT THE “TESTIMONIAL VIDEO STATION”
Please Complete the Evaluation Form and leave on table

Testimonial may be broadcasted as part of a free patient education program on
“African American Health Matters” Fridays on www.cyberstationusa.com