01 / THE COMPLETE JOURNEY

From the website to the final report

Two ways to begin, one account entry and tools selected for the needs of each person or program.

PUBLIC WEBSITE | www.wewonsss.com

Explore the company, tools, client experiences and service scope. Choose **Create your account** or **Request an institutional demo**.

A. Individual account

Continue with Google at MatriX. Complete an athlete or coach profile; eligible personal accounts can activate through this process.

B. Institution or pilot program

Discuss the program and arrange a demo. Agree on goals, responsibilities, access and implementation.

1. Set up

Account, athlete profile where needed, consent and agreed scope.

2. Organize

Athlete: personal workspace.
Coach: profiles and teams in Team Builder.

3. Plan

Planning: cycles and sessions.
My Training: personal training records.

4. Observe

AFE and WPM, when relevant: observations and follow-up in context.

5. Review & report

App reports; professional review and a consulting report within the agreed service.

The cycle continues: report + professional discussion + adjustments + the next session, visit or season.

Arrows show the working sequence. Data transfers depend on the tools and permissions in use. Each app retains its specialized records; tool selection follows each client's needs.

Start with WeWoN MatriX

Tool overview: page 3

02 / YOUR CLIENT JOURNEY

Two ways to work with WeWoN

Individuals can manage their own process. Institutions agree on a consulting, training and implementation program.

INDIVIDUAL | PERSONAL WORKSPACE

1. **Sign in.** Continue with your verified Google account at WeWoN MatriX.
2. **Complete your profile.** Add your name, sport and personal role: athlete or coach.
3. **Activate eligible access.** Complete the available personal setup. Program-specific access follows its own conditions.
4. **Manage your work.** Record training or organize teams and plans using the tools enabled for your account.
5. **Review and continue.** Review available history and reports. Request consulting support when useful.

Tools, report options and access conditions depend on your account and the version you use.

INSTITUTION | CONSULTING / PILOT

1. **Understand and agree.** Define needs, goals, scope and responsibilities.
2. **Informed consent.** Explain notices, permissions and intended data use.
3. **Starting point.** Review the program context and initial observations.
4. **Organize and plan.** Set up authorized roles, athletes, teams and the season.
5. **Train staff.** Prepare institutional staff, WeWoN delivery or a combined approach.
6. **Observe and adjust.** Follow the agreed routine, review quality and track progress.
7. **Report and continue.** Deliver summaries, review progress and agree on the next cycle.

Before collecting or sharing: explain the educational and experimental scope of AFE, obtain the appropriate consent and agree on who may view each result. Institutional agreements define recipients and responsibilities.

03 / TOOLS AND ATHLETE PROFILES

What each tool contributes

Your sign-in account and athlete profiles serve different purposes. Available connections and report options depend on permissions and version.

Tool	Starting information	Main use	Report or output options	Connection and scope
MatriX Center	Google account, profile and authorized role.	Account access and the My Training personal workspace.	Personal sessions, notes and available training history.	Use the same account when returning; access follows your enabled role.
Team Builder **Professional Coach Dashboard**	Authorized athlete profiles and team information.	Organize teams, positions and tactical planning.	Rosters and boards; tactical PDF / PNG exports where enabled.	Compatible tools can reuse athlete identities through authorized sharing.
MatriX Planning	Athletes, teams, goals and dates.	Seasons, training cycles, sessions, execution and attendance.	Season reports in PDF / Word where enabled; finalized season records.	Exports and connected features depend on enabled access.
AFE™ Safety Check	Authorized profile; compatible sensor, wearable or manual input where supported.	Experimental, non-invasive effort and recovery observation.	Individual and longitudinal PDF / Word report options in the web app.	Guest mobile history may remain on the device; follow supported account-linking steps.
WPM **Wellness Physio Monitor**	Repeated sessions or observations and relevant context.	Longitudinal wellness follow-up and trend review.	Individual or group PDF reports where enabled.	Use the authorized transfer process; a shared account does not transfer every record.

WeOne AI Coach+: optional assistance where included. Suggestions and drafts require professional review. They do not provide medical diagnoses or make participation decisions.

04 / FROM RECORDS TO THE DELIVERABLE

How the final report comes together

App-specific reports support the process. The responsible professional reviews and consolidates the consulting deliverable.

1. Gather
Authorized session, attendance and observation records.

→

2. Define scope
Select the person or team, reporting period and usable records.

→

3. Export
Choose the relevant reports from the enabled applications.

→

4. Review
Interpret findings in context and prepare educational conclusions.

→

5. Deliver
Share with authorized recipients and agree on follow-up.

Planning
Season, execution, attendance.
PDF / Word options

AFE web
Observation and follow-up.
PDF / Word options

WPM
Individual or group sessions.
PDF options

Team Builder
Team and tactical support.
PDF / PNG options

Suggested consulting report structure

Scope: purpose, period, person or team and intended recipient.

Sources: records used and the conditions of observation.

Execution: the plan, completed sessions and participation.

Findings: observations, trends and data-quality limitations.

Review: non-clinical conclusions and professional context.

Next steps: agreed actions, responsibilities and the next review date.

Delivery and recordkeeping

Individual, team or institutional summaries follow the service agreement.

Use an authorized delivery and storage location, with a report date, version and responsible reviewer.

Final consolidation and delivery are managed steps. They should not be assumed to happen automatically across all apps.

A favorable AFE result does not guarantee safe participation. Reports do not replace medical diagnosis, treatment or professional medical evaluation.

05 / RESPONSIBLE USE AND NEXT STEPS

Start with a clear scope and shared expectations

Choose the right entry point, confirm the features available to your account and agree on how the results will be used.

Individual accounts

Use MatriX to set up an eligible personal profile, organize your process and review the history available to you.

Institutions and programs

Discuss a demo, the program scope, staff preparation, authorized roles and reporting needs with WeWoN.

Professional responsibility

Interpret observations alongside the athlete's context. Agree on follow-up and involve the appropriate professional when needed.

Important boundaries

Experimental and educational: AFE supports non-invasive wellness observation and sports education.

Non-clinical scope: the tools do not diagnose, treat or prevent disease, predict injury or provide medical clearance.

Consent and sharing: use the appropriate notices and permissions; share reports only with authorized recipients.

Mobile history: follow the app's supported linking and synchronization process. A web account alone does not back up device history.

Availability: tools, devices, integrations and exports depend on app version, enabled access and the agreed service.

Explore public information

01 Company website

02 Create or access your MatriX account

03 Consulting and institutional services

04 Planning with WeWoN

05 AFE Safety Check overview

06 Privacy policy

07 Terms of service

For an institutional demo, use the request form on the company website.

This public overview explains the client workflow. The service agreement and the notices in each app define the applicable scope and conditions.