



Welcome to our SDPA Fall Conference: Beyond the Mirrors: Integrating Research and Clinical Applications in Eating Disorders on

October 10, 2026 (7 APA CEs) DoubleTree by Hilton Hotel San Diego

8:00 AM - 8:15 AM		Welcome!	
Welcoming Remarks Michelle Carcel, PsyD, SDPA President and Conference Chair			
8:15 AM - 9:15 AM		Keynote	1.0 APA CEs
Leadership in Turbulent Times: Lessons from Navigating Volatility and Uncertainty Debra M. Kawahara, PhD			
9:15 AM - 9:30 AM		Award Presentations	
9:30 AM - 9:45 AM		Break	
9:45 AM - 11:15 AM		Breakouts	1.5 APA CEs
Overcoming Challenges in Family-based Treatment for Adolescents with Eating Disorders Anna Karam Jones, PhD, Hanah Weldon, PsyD, and Antionette Gutierrez, PsyD		Navigating Eating Disorder Care: Early Recognition & Coordinated Treatment Amy Costa, PsyD & Christine Wood, MD, FAAP, CEDS,CLE	
11:15 AM - 11:30 AM		Break	
11:30 AM - 1:00 PM		Breakouts	1.5 APA CEs
Evidence-Based Strategies for Addressing Co-Occurring PTSD and Disordered Eating Kim Claudat, PhD & Sanvi Beri, MA, LPCC		Food Addiction: What All Psychologists Should Know Bruce Liese, PhD, ABPP	
1:00 PM - 2:00 PM		Lunch/Visit Exhibitors	
2:00 PM - 3:30 PM		Breakouts	1.5 APA CEs
Integrated Treatment of Co-Occurring Substance Use Disorders within Eating Disorder Treatment Britt Bohrer, PhD & Marti Edwards, LPCC, NCC		Special Considerations in the Treating Children with Eating Disorders Ana Ramirez, PhD	
3:30 PM - 4:00 PM		Break/Snacks/Visit Exhibitors	
4:00 PM - 5:30 PM		Breakouts	1.5 APA CEs
Eating Disorders in Boys and Men: Clinical Considerations, Research Knowledge and Next Steps William Grunewald, Ph.D.		Cultural Considerations for Eating Disorders Neha Goel, PhD	