

BRAZADAS BLAST

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KEY ANNOUNCEMENTS

Account Update Notice

Please update your Captyn account name to reflect the parent or guardian's name. Many accounts are currently set up under the swimmer's name, which makes communication difficult. Thank you for helping us keep records accurate!

Training Equipment Reminder

Please ensure your swimmer brings their own training equipment to practice. This applies to ALL swimmers! Equipment lists are posted on the Swim Team page under group descriptions. Our sponsor FINIS has a [team store](#) with all required gear, discounted for Brazadas members. Snorkels are required for all the groups!

Team Swag Memo

Thank you for all the questions about team swag. Every swimmer receives a team suit, one silicone cap, one latex cap, and a three-pack of t-shirts within the first week of joining. Our coaching staff will make sure each swimmer gets their Brazadas gear.

If you would like extra items, our online [Brazadas team store with gearUP](#) is always open. You can find Nike t-shirts, sweatshirts, backpacks, and shorts with fast shipping year-round.

The Brazadas Team Outerwear store with Boathouse opens a few times a year for custom parkas and warm up jackets and pants. Since we are growing, we will time this so more families can order parkas, warm ups, and other items. The next opening will be in October for one week.

For swimmers who joined this summer and did not receive a team suit because of sizing, we will place another order in October. Please note that custom suits take a little time to arrive.

Swimmers are expected to wear their team suit, cap, and assigned tee color (as directed by Head Coach Jackson) at all meets unless otherwise specified. If you do not have a team suit yet, a dark blue or black suit is fine. Tech suits are reserved for specific meets and older swimmers as assigned by the coaching staff.

PRACTICE SCHEDULE

[Click here for practice schedule.](#)

Athletes must have their own equipment. Purchase here: [FINIS Swim](#).

No Practice Notice

- Tuesday, September 23: No PM practice due to water polo game.
 - Senior Prep may swim at 6:00 AM with B Team.
- Saturday, September 27: No practice Masters, B-Team, Senior Prep due to swim meet

COMPETITION NEWS & INFORMATION

[Click here for competition schedule](#)

- Mark your calendar! First meet of season is Saturday, September 27 at Clovis. This meet will be for all training groups. Meet info coming soon from host team.
- **2025 Paseo Fall Kickoff Season Opener**
 - October 11–12 in Santa Clarita
 - Open to all swim groups
 - Entry deadline: Monday, September 22 – no late entries will be accepted.
 - Meet details [click here](#)
 - Register [click here](#)

COMMUNITY NEWS

Tryouts are a great way to welcome new swimmers. Please share with friends and neighbors who may want to join Brazadas. Let's keep growing together!

- Tryouts available every Monday and Wednesday: [Schedule a tryout](#)
- Team Tryouts for all groups: Saturday, October 4, details and info to share here: [Swim Team Tryouts.](#)

Join Us for Our First Free Water Safety Clinic

We're excited to announce our first free [Water Safety Clinic](#) on Saturday, October 18. This is an important opportunity for families in our community to gain confidence around the water, especially for those who may feel hesitant to get in.

Why It Matters

- Drowning is the number one cause of death for children ages 1–4 in the U.S.

- It is the second leading cause of death for kids 5–14.
- Nationwide, more than 4,500 people die from drowning each year, about 11 lives every day.

The CDC emphasizes that access to swim lessons and safety clinics is one of the most effective ways to prevent drowning and save lives. By spreading the word and encouraging others to participate, we can help protect more children and families.

How You Can Help

- Encourage friends, neighbors, and families, especially those unsure about water activities, to [sign up](#).
- Share this clinic as a safe and supportive way to learn essential water safety skills.
- Remind them it is completely free and open to the community.

Together, we can make a difference and create a safer community around water.

COACH'S CORNER

As we begin the season, remember that consistency builds success. Focus on technique now; speed will come later. Good habits today lead to strong races months from now.

Coach Jackson

DIRECTOR'S DESK

Dear Brazadas Families,

Our first week at the East Side Aquatic Center was such an exciting milestone. Of course there were a few hiccups as we settled in, but overall it felt wonderful to see the pool come alive with our swimmers' energy. Thank you for your patience as we all adjust together. This really is a special, state of the art facility, and having visited aquatic centers all over the country, I can say Bakersfield is fortunate to now have one of the very best.

I have loved seeing so many swimmers and families filling the pool, stands, and deck. Please don't hesitate to introduce yourself if we haven't yet met. My door is always open, and though I'm busy coaching Senior Prep, I'm easy to catch right after practice. Building those connections with you is one of the best parts of my job!

Our coaching staff has been fantastic as well. Head Coach Jackson has gotten off to a great start, running regular coaching meetings and setting a strong foundation for the season. We are lucky to have such a committed team leading our athletes.

I also want to thank those of you who have been spreading the word about Brazadas. Swimming truly is a sport for life, and it's exciting to welcome new families into our community. If you are interested in helping a little more, I have 5x7 postcards with details about our upcoming Team Tryout on Saturday, October 4 and our Free Safety Swim Clinic on Saturday, October 18. I can

also send you a digital version if you'd prefer to share by email. Just let me know if you'd like some (and how many you would like), and I'll make sure you get them. Your support in reaching out to others is deeply appreciated.

With gratitude,
Craig

Office Hours & Contact: Monday–Friday, 1–3pm at East Side Aquatic Center. To meet with the Director or Head Coach, email [Craig](#) or [Jackson](#). Call 661-456-8401 and leave a message if we miss you. Emails and calls are returned within 24 hours on weekdays (except meet days).

Team Resources: Team Member Handbook and Brazadas Blast archive available on the [Resources Page](#). The Blast is sent every Tuesday, miss one? Find it in the archive.