

# BRAZADAS BLAST

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## KEY ANNOUNCEMENTS

Please be sure your swimmer brings their own training equipment to and from practice. Equipment lists for each group are posted on the [Swim Team page](#) under training group descriptions. To make it easier, our sponsor FINIS has created a [team store](#) with all required gear organized by group and discounted for Brazadas members. SNORKELS ARE REQUIRED FOR THE NEXT SEVERAL WEEKS!

### Coaching Staff for the Short Course Season

- Head Coach Jackson will lead the Bronze, Silver, and B-Team groups.
- Coach Daran will lead the Gold group.
- Coach Craig will lead the Senior Prep group.
- Coach Rachel will assist with Senior Prep a couple days each week.
- Coaches Dawson and Ethan, who also coach Centennial High School water polo, will be around to help assist.

### Team Resources

Our [Resources Page](#) now includes the Team Member Handbook along with an archive of newsletters. The Brazadas Blast will be sent out every Tuesday, so please check your email each week for team announcements and updates. If you miss the email, you can always find the archive on the Resources Page.

### Office Hours and Contact

B-Town Brazadas will now hold regular office hours Monday through Friday from 1:00–3:00pm at the East Side Aquatic Center starting after Labor Day.

If you'd like to set up a meeting with the Director or Head Coach, please reach out to [Craig](#) or [Jackson](#) by email.

You can also call us anytime at 661-456-8401. If we don't answer, please leave a message and we'll return your call as soon as possible.

We are committed to returning phone calls and emails within 24 hours, Monday through Friday, except on meet days.

## **PRACTICE SCHEDULE**

Entering the East Side Aquatic Center: Please use the swim club entrance between the tennis courts and football field at Highland High School. Parking is on the west side of campus off Claymore Street, at the far west end of the lot near the entrance.

### No Practice Notice

- Tuesday, September 23: No PM practice due to water polo game.
  - Senior Prep may swim at 6:00 AM with B Team.
- Saturday, September 27: No practice Masters, B-Team, Senior Prep due to swim meet

[Click here for practice schedule.](#)

## **COMPETITION NEWS & INFORMATION**

- Mark your calendar! First meet of season is Saturday, September 27 at Clovis. This meet will be for all training groups. Meet info coming soon.
- Our team records from the long course season are also published here: [Team Records.](#)

[Click here for competition schedule](#)

## **COMMUNITY NEWS**

Tryouts are a great chance to welcome new swimmers to our team. Please help spread the word by sharing info with friends, classmates, and neighbors who may want to join Brazadas.

Let's keep growing together!

- Tryouts available every Monday and Wednesday — details here: [Schedule a tryout](#)
- Team tryout for all groups: Saturday, October 4 — sign-up details and info to share here: [Swim Team Tryouts.](#)

### **Join Us for Our First Free Water Safety Clinic**

We're excited to announce our first free [Water Safety Clinic](#) on Saturday, October 18. This is an important opportunity for families in our community to gain confidence around the water, especially for those who may feel hesitant to get in.

## Why It Matters

- Drowning is the number one cause of death for children ages 1–4 in the U.S.
- It is the second leading cause of death for kids 5–14.
- Nationwide, more than 4,500 people die from drowning each year, about 11 lives every day.

The CDC emphasizes that access to swim lessons and safety clinics is one of the most effective ways to prevent drowning and save lives. By spreading the word and encouraging others to participate, we can help protect more children and families.

## How You Can Help

- Encourage friends, neighbors, and families, especially those unsure about water activities, to [sign up](#).
- Share this clinic as a safe and supportive way to learn essential water safety skills.
- Remind them it is completely free and open to the community.

Together, we can make a difference and create a safer community around water.

## COACH'S CORNER

- B-Team Morning Practices: Now is the time to balance your school and swim schedules. You're welcome to leave practice early if needed.
- I understand the challenges—you're not alone! I was once a swimmer commuting an hour to practice and 30 minutes to school, all while trying to make it to class on time.
- Please use me as a resource. I'm here to help you find a routine that works for you.

A little bonus information that I found trying to attach the coaches to our team on USA Swimming. I have attached a couple of screenshots of our club ranking.

- Fastest team in the nation for under 50 athletes.
- 15<sup>th</sup> fastest team in the nation for under 75 athletes.
- 45<sup>th</sup> fastest team in the nation for under 100 athletes.

Coach Jackson

## DIRECTOR'S DESK

Dear Brazadas Families,

Today marks the first official week of our new season at the East Side Aquatic Center! I am so excited for our swimmers to dive in and bring this beautiful facility to life with their energy and hard work. Thank you all for your patience and support during the transition. I still have many of you to meet, so please feel free to come talk with me at the pool. My door is always open, and I look forward to getting to know each of you as we begin this new chapter together.

With gratitude,  
Craig