

BRAZADAS BLAST

Attitude is Everything

THIS WEEK AT BRAZADAS...

It's another busy week at Brazadas as we head into our first away meet of the fall season!

Good luck to our swimmers competing at the Clovis Swim Club Fall Classic this Saturday.

Also this week: updated practice schedules, PASEO meet registration is due, TYR Team Store reminders, and details on Kim Vandenberg and Madison Kennedy returning October 3.

SWIM TEAM

KIM VANDENBERG & MADISON KENNEDY RETURNING TO BRAZADAS

Kim Vandenberg and Madison Kennedy return to Brazadas on Saturday, October 3, for another special morning with our Swim Team athletes.

Schedule

- 7:00–9:00 AM — B-Team & Navy Team Practice
- 9:00–10:00 AM — Swim Talk & Q&A for B-Team, Navy Team & White Team
- 10:00–11:00 AM — White Team Practice
- 11:00 AM–12:00 PM — Private Lesson Raffle Sessions

Kim and Madison will each offer two 30-minute private lessons. Four swimmers will be selected.

[Enter the Private Lesson Raffle](#)

Entry Deadline: Thursday, October 1

Winners Announced: Friday, October 2

Raffle proceeds help offset the cost of bringing special guest coaches to Brazadas and allow us to continue creating opportunities like this for our swimmers.

BRAZADAS TYR TEAM STORE IS OPEN!

The Brazadas TYR Team Store is open with special team pricing for swimmers, parents, families, and fans.

Use code **WELCOME20** for a one-time \$20 gift card.

[Shop the Brazadas TYR Team Store](#)

Need help logging in? Visit our [Brazadas Shop page](#) for instructions.

Please purchase required training equipment through the team store whenever possible.

PASEO FALL KICKOFF SEASON OPENER

October 10–11

Santa Clarita Aquatic Center

All White Team, Navy Team, and B-Team swimmers are expected to participate. This is our first full weekend meet.

Please opt in or opt out by this Sunday, September 27.

12 & Under: Morning Session

13 & Over: Afternoon Session

[Register in Captyn](#)

Meet Fee: \$80 per swimmer

Full meet details are available in Captyn.

UCLA BRUIN BUILT 4 SPEED CLINIC

UCLA is hosting a one-day speed and power clinic for swimmers in grades 8–12 on Sunday, October 18, at Spieker Aquatic Center.

The clinic will focus on technique, speed, power, underwater video analysis, resistance work, and race details with UCLA Associate Head Coach Bex Freebairn, UCLA Olympians, and current UCLA swimmers.

[Register and learn more](#)

SWIM TEAM PRACTICE SCHEDULE

- [September Practice Calendar](#) (updated 9/19)
- Tuesday, 9/22: No White Team practice
- Tuesday, 9/22: Navy Team and B-Team practice, 6:00–7:30 AM
- Thursday, 9/24: White Team practice, 6:15–7:15 PM
- Thursday, 9/24: Navy Team practice, 7:00–8:30 PM
- Thursday, 9/24: B-Team practice, 6:00–7:30 AM
- Tuesday, 9/29: No White Team practice
- Tuesday, 9/29: Navy Team and B-Team practice, 6:00–7:30 AM

October schedule will be released soon. We are waiting on some times from KHSD.

SWIM LEAGUE

REMINDERS...

- Swim League T-shirts are available for pickup.
- Swimmers should have their own fins, pull buoy, and kickboard.
- Equipment can be purchased through the [Brazadas TYR Team Store](#).

First time using the TYR store? Visit our [Brazadas Shop page](#) for simple registration and login instructions.

MASTERS & LAP SWIM

REMINDERS...

- There are no organized Masters workouts on Saturdays. Masters swimmers are welcome to use Saturday Lap Swim, which is now 10:00–11:30 AM.
- This Saturday's lap swim is NOT cancelled.

MASTERS PRACTICE SCHEDULE

- [Weekly coached workouts](#)

LAP SWIM SCHEDULE

- [Open lap swim availability](#)

CONTACT & RESOURCES

East Side Aquatic Center

(661) 456-8401 | swim@brazadas.org

Office Hours: Monday–Thursday, 1:00–5:00 PM

Head Coach — Erin Sanchez

erin@brazadas.org

Head Age Group Coach — Sam Ybarra

sam@brazadas.org

Aquatics Director — Craig Charlson

craig@brazadas.org

Team Store

[Shop Brazadas TYR Gear](#)

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“Just Keep Swimming...”