

BRAZADAS BLAST

PRIVATE LESSONS WITH WORLD CLASS SWIMMERS

Enter for a chance to win a 30-minute private lesson with Olympian Kim Vandenberg or World Champion Madison Kennedy. Every eligible swimmer receives one free entry. Additional entries are optional and support Brazadas Swim Club programming.

The raffle entry deadline is Thursday, July 2, and winners will be announced on Friday, July 3.

Enter the raffle [here](#).

GUEST COACHES: JULY 6-7 SCHEDULE REMINDER

Olympian Kim Vandenberg and World Champion Madison Kennedy will be on deck next week as part of our first anniversary celebration.

Monday, July 6

White Team and Summer Recreation Team

- Practice with Kim and Madison: 5:30–6:30 PM
- Athlete Q&A and discussion: 6:30–7:00 PM

Tuesday, July 7

Navy Team and B-Team

- Practice with Kim and Madison: 7:00–9:00 AM
- Athlete discussion and Q&A: 9:00–10:00 AM

A few reminders:

- These sessions are included at no cost for current Brazadas Swim Club and Summer Recreation Team athletes.
- Swimmers should arrive 10–15 minutes early – LIKE YOU SHOULD ALWAYS DO FOR PRACTICE.
- Please bring normal practice equipment and a water bottle.

JOLYN SUITS AVAILABLE – FIRST COME, FIRST SERVED

We have a small number of extra JOLYN team suits available from our most recent order. Sizes 26, 28 and 30.

If you'd like to purchase one, please email Craig at craig@brazadas.org. The cost is \$65, which will be charged to your Brazadas account.

HAVE YOU PICKED UP YOUR BAG TAGS?

All Masters, White Team, Navy Team, and B-Team members should have received two Brazadas bag tags. If you haven't received yours, ask your coach.

PRACTICE SCHEDULES

June Practice Schedule

 [Monthly team calendar](#)

July Practice Schedule

 [Monthly team calendar](#)

Masters Practice Schedule

 [Weekly coached workouts](#)

Lap Swim Schedule

 [Open lap swim availability](#)

COMPETITION SCHEDULE & INFORMATION

[LA Invite](#)

 Meet Dates: July 9-12, 2026

 Registration Closed

[Zadas Last Chance](#)

 Meet Date: July 10

 Registration Closes Tuesday, July 7

[Age Group Championships](#)

 Meet Dates: July 15-19, 2026

 Registration Closed

[Western Senior Zones](#)

 Meet Dates: July 28-Aug 1, 2026

 Registration Closes July 19

Futures

 Meet Dates: July 29-Aug 1, 2026

 Registration Opening Soon!

BETWEEN THE LANE LINES

We're adding new articles and parent education resources to the Brazadas blog to help families better understand our program, our philosophy, and our way of developing swimmers.

These articles are designed to give families helpful insight into the sport, athlete development, team culture, and how we can best support swimmers together.

Check out our Between the Lane Lines [here](#).

COACH'S CORNER

Brazadas had a great weekend racing at the Santa Barbara Semana Nautica Long Course Meet. What a beautiful setting for a swim meet, and what a great opportunity for our athletes to race, compete, learn, and keep growing in the middle of a tough summer training season.

We had some great swims, including personal bests, event wins, top finishes, and a 3rd-place team finish in the James & Ruth Johannsen Memorial Sprint Team Award. That is a big-time team result and a great sign of where this group is headed.

But mid-season meets are also important learning opportunities. Sometimes you get a best time, and sometimes you do not. That is swimming. The question is not always, "Did I go a best time?" The better questions are: Did I race the way I have been training? Did I do the details right? How does this compare to where I was last year? What did I learn? What do I need to own moving forward?

These meets are stepping stones toward bigger goals. Swimmers, this is your swimming. Own it. Keep learning. Keep showing up. Team Rule #1 matters: show up to practice ready to take advantage of the opportunity in front of you.

Parents, your support matters more than you know. Sometimes the best thing we can do after a race is cheer, smile, give them a hug, and let the swimmer process their own race. When swimmers are allowed to own their swimming, they grow so much more from the experience.

The first month of summer has also been incredibly busy for Brazadas. Our Swim School continues to grow each session, and we love seeing more kids come through the program. A special thank you to our swim teachers, many of whom are our B-Team athletes. Several of them have shared that teaching has helped them reconnect with the foundational parts of swimming they sometimes forget in their own training. What a great full-circle moment: our older swimmers giving back to the next wave of Brazadas swimmers.

We also wrapped up our Learn-to-Swim partnership with Beardsley last week. For those who do not know, we taught water safety skills to more than 150 kids during the month of June. One story really says it all. During the first week, two brothers were so scared they could not even get in the pool. A few weeks later, their mom told the Beardsley superintendent that they were at a birthday pool party, and she could not get them out of the water when it was time to leave! That is what this is all about. Kids overcoming fear, learning to swim, loving the water, and becoming safer around it.

We are already in conversations about continuing that partnership long term. We are grateful for Beardsley, our swim teachers, and everyone who helped make that possible.

Next coming weekend, we wrap up our rec season by hosting the championship meet at East Side Aquatic Center. We are excited for our facility to take center stage in the Bakersfield swim community and host a large championship meet. Coach Jay has been working extraordinarily hard with his staff to prepare for the day, and we are excited for what this means for our athletes, families, and the broader swim community.

It has been a full summer already, and July is just about here. Keep showing up. Keep learning. Keep cheering for each other.

Happy Fourth of July weekend, and happy 250 years, America!

Go Brazadas!

Craig

CONTACT & RESOURCES

 East Side Aquatic Center

 (661) 456-8401

 swim@brazadas.org

 Office Hours: Monday–Thursday, 1:00–5:00 PM

 [Team Resources & Newsletter Archive](#)