

BRAZADAS BLAST

SPECIAL GUEST COACHES JULY 6-7

Olympic medalist Kim Vandenberg and World Champion Madison Kennedy will be on deck at Brazadas as part of our first anniversary celebration. Full details and schedules will be sent later this week.

JOLYN SUITS AVAILABLE – FIRST COME, FIRST SERVED

We have a small number of extra JOLYN team suits available from our most recent order:

- Size 26 (limited quantity)
- Size 28 (limited quantity)
- Size 30 (limited quantity)

If you'd like to purchase one, please email Craig at craig@brazadas.org. The cost is \$65, which will be charged to your Brazadas account.

Available on a first-come, first-served basis while supplies last.

HAVE YOU PICKED UP YOUR BAG TAGS?

All White Team, Navy Team, B-Team, and Masters members should have received two Brazadas bag tags:

- Your **Athlete Member Card Bag Tag**
- Your **2025–2026 "Make It Happen" Bag Tag** for the new season.

If you haven't received both bag tags yet, please ask your coach. Then make it happen and get them attached to your swim bag - you'll be one of the cool kids on deck!

PRACTICE SCHEDULES

June Practice Schedule

 [Monthly team calendar](#)

July Practice Schedule

 [Monthly team calendar](#)

Masters Practice Schedule

 [Weekly coached workouts](#)

Lap Swim Schedule

 [Open lap swim availability](#)

COMPETITION SCHEDULE & INFORMATION

[SBSC Semana Nautica LCM Meet](#)

 Meet Dates: June 26–28, 2026

 Registration Closed

[LA Invite](#)

 Meet Dates: July 9-12, 2026

 Registration Closes: Monday, June 29

Zadas Last Chance

 Meet Dates: July 10

 Registration Opening Soon!

Age Group Championships

 Meet Dates: July 15-19, 2026

 Registration Opening Soon! (attached order of events and qualifying times)

BETWEEN THE LANE LINES

A positive attitude doesn't happen by chance—it happens by choice. Read Coach Craig Charlson's insights on how changing our mindset can lead to growth, confidence, and success. [Click here.](#)

COACH'S CORNER

We are rolling into the final weeks of June, and our programs are in full stride. As we begin to see the light at the end of the Long Course season, let's continue bringing great energy, positivity, and dedication to practice each day as we work toward our goals.

Masters – Amazing work this summer! For those preparing for a triathlon or swimming in the Parent Relay at this weekend's Rec meet, best of luck. We love seeing our Masters athletes continue to challenge themselves both in and out of the pool.

Club Swimmers – It has been exciting to watch your progress this summer. Good luck to those competing at the Santa Barbara meet, and remember to #TrustTheProcess. The hard work you put in each day will continue to pay off.

Thank you to all of our swimmers, parents, officials, and volunteers who make our programs successful. If you have questions or concerns, please reach out. We look forward to seeing you poolside.

Best,

Jay

CONTACT & RESOURCES

 East Side Aquatic Center

 (661) 456-8401

 swim@brazadas.org

 Office Hours: Monday–Thursday, 1:00–5:00 PM

 [Team Resources & Newsletter Archive](#)