

# **BRAZADAS BLAST**

## PRACTICE SCHEDULE

[Click here for practice schedule.](#)

### Practice Schedule Updates

- Tuesday and Thursday, February 10 and 12: Bronze and Silver added practices at regular times
- Starting Tuesday, February 10: Senior Prep will no longer have dryland on Tuesdays and Thursdays through the end of the month. Practice will begin at 5:00pm instead of 4:30pm
- Starting Friday, February 13: No morning practices for B-Team through the end of the month
- Friday, February 13: No afternoon or evening practices for Bronze, Silver, Gold, or Senior Prep due to Age Group Championships
- Saturday, February 14: No practices for Senior Prep due to Age Group Championships
- Monday, February 16: No practices for all groups due to the holiday
- Tuesday, February 17: Bronze and Silver added practices at regular times
- Thursday and Friday, February 19 and 20: B-Team practice from 5:00–6:30pm
- Saturday, February 21: No practices for all groups. Masters practice will still be held from 7:00–8:00am

 Please refer to the [February calendar](#) for full details.

Get all required practice gear at our [Brazadas FINIS Team Store](#).

The store is built specifically for our team, includes each group's required equipment, offers 30% off, and supports the club.

## COMPETITION NEWS & INFORMATION

[Click here for competition schedule](#)

## JO Age Group Championships

- February 13-16 in Clovis, CA
- Meet information click [here](#).
- Registration deadline has closed.

## Juanita Allington Memorial Senior Meet

- February 19-22 in Clovis, CA
- Meet information, click [here](#)
- Registration deadline has closed.

## Senior Sectionals

- February 26-March 1 in Carlsbad, CA
- Meet information coming soon
- This meet is open to qualified swimmers.

# COMMUNITY NEWS

## Help Us Build Toward Hosting Meets

As we work toward hosting swim meets at East Side Aquatic Center, we are continuing to grow our team of meet volunteers and swim officials.

We are currently starting small with intrasquad meets and learning the ropes, with the goal of hosting visiting teams in the future. Having trained volunteers and officials is a key part of that process and also allows us to support other teams when we travel.

No prior experience is required. Training is provided, and Brazadas reimburses required fees.

Interested in getting involved? Contact Jason Minch at [swimofficialdadcc@gmail.com](mailto:swimofficialdadcc@gmail.com).

# COACH'S CORNER

Hi all,

A couple of important items as we head into JOs & Juanita:

### **Parent Volunteer Timing**

All families in attendance at meets are required to time for at least one timing slot per meet. Timing responsibilities will be divided evenly among the team.

Once we receive official timing assignments from the host team, I will send out a JO timing sign-up sheet for everyone to register for their required slot.

If you need help with your athlete while you are timing, please do not hesitate to ask one of the coaches. That is what we are here for. More often than not, your swimmers are more independent than you might think.

### **JO Relays and Meet Information**

Attached you will find our relay lineups for JOs. Please review them and let me know if you have any questions.

Reminder: Relays can change day by day and are not finalized. Athlete performance at JOs may result in adjustments to relay lineups.

Also attached is a document with all important JO meet information for your reference.

### **Juanita Entries**

I will be submitting Juanita entries tonight. Please let me know if there are any last-minute changes your athlete needs to make. Thank you.

Thanks everyone. Looking forward to a great championship meet.

Jackson Buyers

## **DIRECTOR'S DESK**

Dear Brazadas Families,

With the Super Bowl behind us, I was reminded of a simple but powerful lesson that applies directly to what our swimmers are experiencing right now. Big moments are rarely about one single performance. They are the result of months of preparation, discipline, and showing up day after day. Championships are built over an entire season.

Since September 2, our swimmers have been putting in the work. Early mornings, tough sets, new techniques, learning how to race, recover, and push through discomfort. All of that effort is now coming together as we move into the heart of championship season. The upcoming meets are a chance for swimmers to see what steady commitment can produce.

What stands out most, whether in sports or in life, is not just talent, but how individuals and teams operate over time. Understanding your role, trusting the process, and showing up consistently is what leads to success.

To our swimmers competing this weekend at Age Group Championships, I wish you the best of luck. Trust your training, race with confidence, support your teammates, and enjoy the experience. No matter the outcome, be proud of the work you've put in to get here.

Let's keep building, together.

Go Brazadas,  
Craig

### Office Hours & Contact:

Our regular office hours are Monday–Friday, 1–3 p.m. at East Side Aquatic Center. But you're welcome to call or email anytime or request a meeting at another time.

To meet with the Director or Head Coach, email [Craig](#) or [Jackson](#). If we miss your call at 661-456-8401, please leave a message. We return emails and calls within 24 hours on weekdays (except meet days).

### Team Resources:

Team Member Handbook and Brazadas Blast archive available on the [Resources Page](#). The Blast is sent every Tuesday, miss one? Find it in the archive.