

# **KEY ANNOUNCEMENTS**

### Swim Team Private Training Now Available!

Give your swimmer an edge this season with <u>Brazadas private training</u>. Our coaching staff offers focused, one-on-one instruction designed to build stronger technique, boost confidence, and accelerate skill development. It's one of the most effective ways for athletes to make fast, meaningful progress in the water.

Private sessions are open to all Brazadas Swim Team members, and swimmers are welcome to train with any coach - Jackson, Daran, Rachel, Ethan, or Dawson - regardless of their daily practice group. Each session is 30 minutes of personalized, high-quality coaching.

To reserve a spot, please reach out to your preferred coach first to coordinate a time. Once confirmed, sessions can be purchased through our booking link.

#### Private Lesson Availability

Monday, Wednesday, Friday: 6:00–7:30 AM

• Tuesday, Thursday: 6:00-7:00 AM

Monday–Friday: 4:00–7:30 PM

• Saturday: 7:00-10:30 AM

Purchase your private training sessions here.

Questions? Call 661-456-8401 or email <a href="mailto:swim@brazadas.org">swim@brazadas.org</a>.

### Boathouse Team Store Reopened Through December 7

The Boathouse apparel store is open again for a special December ordering window. Families can purchase parkas, warm-ups, embroidered sweatshirts, quarter-zips, baseball hats, and beanies.

Minimum order requirements (as it stands no orders placed yet):

• Parkas, warm-ups, sweatshirts, quarter-zips: 6 items

Hats and beanies: 12 items

Orders typically arrive in 4–6 weeks. Due to seasonal production delays, delivery before the holidays is unlikely.

Shop here: <a href="https://btownswimwinter2025.itemorder.com/shop/home/">https://btownswimwinter2025.itemorder.com/shop/home/</a>
This link is also available on our website: <a href="https://www.brazadas.org/shop">https://www.brazadas.org/shop</a>

Please place orders before December 7.

# PRACTICE SCHEDULE

Click here for practice schedule.

Get all required practice gear at our <u>Brazadas FINIS team store</u>. It's built just for us, includes each group's needs, gives you 30% off, and supports the club.

### December Practice Schedule

Attached you will find the December practice schedule.

### Practice Schedule Updates

Below are the adjustments to the normal practice schedule for this week and next. <u>Only groups listed have changes.</u> If your swimmer's group does not appear below, their schedule remains the same.

### Saturday, December 6

All groups (including Masters) – Brazadas away at TNT Winterfest Meet

### Saturday, December 13

• SR Prep & B-Team, no practice due to Reindeer Relays

# **COMPETITION NEWS & INFORMATION**

Click here for competition schedule

#### **TNT Winter Fest**

- Dec 6-7 in Kingsburg, CA
- Meet information click here
- Registration deadline closed

#### Senior Sectionals

- Dec 19-22 in Walnut, CA
- Meet information click here
- Registration deadline closed

### **COMMUNITY NEWS**

### Save the Date: Saturday, December 13

Mark your calendars. Brazadas Swim Club will be hosting a fun relay day with treats and goodies for all Brazadas swimmers. Coach Jackson will send details by the end of the week.

### COACH'S CORNER

We are looking forward to the meet this upcoming weekend. We have more than 30 athletes attending, and it is exciting to see such a big turnout. Meets like this are great opportunities for progress and team bonding, and we can't wait to watch everyone compete.

We are approaching the middle of our season with Sectionals coming up soon. Keep up the great work and stay consistent.

Bronze and Silver athletes have done an excellent job learning to use the clock, practicing intervals, and improving lane etiquette. They are starting to look like experienced athletes, and we are very proud of their growth.

Great things ahead for Brazadas!

Coach Jackson Buyers

# **DIRECTOR'S DESK**

Dear Brazadas Families,

I hope you all had a wonderful Thanksgiving and found some time to rest, recharge, and enjoy being with the people who matter most. Coming back to the pool this week has reminded me how much I appreciate the spirit our swimmers and families bring to this club.

A big good luck to everyone heading to the TNT Winterfest meet. Race hard, cheer loudly, and have a great weekend together.

December always seems to move quickly, but it's one of my favorite stretches of the season. The energy around the pool shifts as we head toward the holidays, and I'm excited for all the little moments that make this time of year special.

Go Brazadas!

Craig

### Office Hours & Contact:

Our regular office hours are Monday–Friday, 1–3 p.m. at East Side Aquatic Center. But you're welcome to call or email anytime or request a meeting at another time.

To meet with the Director or Head Coach, email <u>Craig</u> or <u>Jackson</u>. If we miss your call at 661-456-8401, please leave a message. We return emails and calls within 24 hours on weekdays (except meet days).

#### Team Resources:

Team Member Handbook and Brazadas Blast archive available on the <u>Resources Page</u>. The Blast is sent every Tuesday, miss one? Find it in the archive.