

Upeksha 🌿 Voices of Resilience

Annual Report 2024



www.upeksha-vor.org

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Preface of the General Director

The fourth year of Upeksha started outside of South America, yet still within Colombia, on the tropical island of San Andres. Famous for its ‘Sea of Seven Colors’, the Caribbean island has a rich culture that remains largely unseen by the many tourists that enjoy the blue waters and bright sun of San Andres every year. Upeksha shed light on the culture of the Raizales through interviews and the documentation of their musical culture: reggae and Rastafari. In June Upeksha traveled to the other side of Colombia: Cali. In Cali we recorded four songs and four music videos with Dobby Flow. His tracks merge the Latin sounds of reggaeton, dynamic trap, and even the evocative tones of Mexican Mariachi. A diverse mix of sounds and themes, capturing the diversity that can be found in Colombia, and even within ourselves. Finally, in Bogotá, Upeksha recorded another five songs and music videos with a known face: Smith Freesoul. With the release of his second album in collaboration with Upeksha, we are privileged to delve deeper into the lives, history, and culture that unfold on the streets of Bogotá. Smith's work offers a sincere portrayal of the realities faced by many thousands anonymous individuals in cities like Bogotá, where fundamental human rights are often a privilege for only a fortunate few. Yet, Smith also reminds us that our identities are not determined by our circumstances. Although these situations may be bleak, the individuals enduring them display remarkable resilience, creativity, and diligence. Smith shares the narratives of those who inspire hope for a brighter future.

In our fourth year Upeksha saw an exponential rise in number of subscribers, views and engagement on it's social media platform, in particular YouTube. Upeksha's YouTube channel reached monetisation, which means that any video is now eligible to gain ad revenue. While the initial returns remain fairly low, this opens the door to more financial opportunities in the future, which will help Upeksha improve and expend its work, and more importantly: pay the artists for their hard work.

As always, we want to personally thank everybody that contributed to making Upeksha a reality. There are no words to express our gratitude for those who supported us, those who created the first projects with us, those who followed us from the beginning, and those who encouraged us, donated, or shared their knowledge helping us come into existence. We especially thank everyone in Colombia that has worked with Upeksha so far. It is because of you that we know that Upeksha is on the right path. You give us the believe that despite all the hardships in the world, there are possibilities for change. And together

we can create the world we dream of. We hope to see all of you back in 2025 to join us further on this journey to create a world of compassion, equality and love.



Picture 1: Recording a cover of 'Redemption Song' on the beach of San Andres

1. Activities

Our **mission statement** states our strategy in the broadest sense: to co-create spaces that amplify the voices of marginalised individuals and communities that historically have been ignored and silenced. We approach communities, both physical (slums, villages, etc.) and social (LGBTQIA+, Indigenous, etc.), that are either ignored or misrepresented by the media, politics and society in general, to let them tell their *own* stories in their *own* way. Now, storytelling can be done in many different ways: from a simple writing or speech to creative expressions such as music and art. Stories can even be told through food, sports, cultivation and plants. We, as Upeksha, don't decide *how* a story is told. That is up to those who tell their stories. Our projects are therefore set up in a way that best facilitates the storytelling of the communities and people we hear. One of our main projects is called **Faces of Resilience** through which we shed light on the stories of people around Colombia, highlighting their struggles, but mostly celebrating their resilience, culture and beauty. Stories are documented through videos, photos, writings, art pieces and more. As of 2020, Upeksha is registered in the Netherlands while conducting its activities in Bogotá, Colombia. However, we highlight the importance of working in different places, for the communities we aim to reach are spread around the country and even the world. We therefore always look to conduct projects in different parts of Colombia, as well as in other countries. As such, we created the project **Voices of Sucre** in cooperation with the locally organised project *Sucre Escucha*. In 2025 we hope continue this collaboration, and find other places to create similar projects, as well as connect communities such as those in Sucre, with communities elsewhere.

With these projects we aim to counter false narratives about these communities that breed discrimination, racism and hate, and further increase social divisions, violence and human suffering. Suffering that adds to the traumas already caused by poverty, displacement and violence. Those traumas have to be dealt with as well, for we believe that we cannot heal the world until we heal ourselves. Therefore, for those who suffer traumas, depression or PTSD, it is important to find ways to deal with these issues before they turn into something worse, like self-harm, abuse or violence¹. Unfortunately, many people that live in marginalised communities, don't have access to professional help. Therefore, our projects also intent to heal the soul. This means that sometimes a story needs to be told in a safe space, where they are shared among each other but will not be published. This we do within

¹ Read more on what we call "the cycle of invisibility" [here](#)

a project called **Cartography of the Body and the Mind** in which we adopt the use of meditation, yoga, art and talking to turn inwards and heal together.

Art and in particular music can be very beneficial in healing the soul, dealing with trauma and depression, and making sense of suffering. Music is also a very powerful means of storytelling and is even considered an important form of social and political capital. Therefore, an inequality in music production will contribute to the reproduction of social inequality. We therefore created a separate project called **Sounds of Resilience** in which we produce, record and distribute music from talented artists that have not been able to flourish due to their social economic situation. You can read more about the psychological, social and physiological **power of music** on our website. In 2024, we decided to rent professional musical studios to record music. Later this year, we hope to open a mobile music studio with the project 'Harmony on Wheels', which will include a fully equipped studio built into a van, that will allow us to bring the studio to the most remote areas of Colombia.

Finally, in our podcast **Everyday Heroes** we talk with regular people who make our world a better place every day. They are experts by experience that can teach us a lot about the world, its most pressing problems, and how to solve them.

All of our projects also include an educational component. We find it very important that NGOs don't just impose their projects upon people. This causes a dependency that will leave the participants empty handed when the NGO decides to discontinue their activities with that particular community. We want to leave our participants with something they can take with them and use for the rest of their lives. We want to offer them the knowledge, skills and tools to continue their work without us. For this reason, Upeksha offers workshops on topics such as music production, storytelling, self-reflection, English, and everything else that might be wished for by participants. All together, these projects aim to alleviate dehumanisation, stigmatisation and discrimination around the world by providing spaces of visibility, empowerment and creative realisation to promote equality, inclusiveness and compassion, while mitigating psychological injuries caused by human suffering that stand in the way of a global society of indiscriminate love and prosperity.

1.2 Upeksha in Colombia

During the establishment of Upeksha, it was decided that Upeksha would conduct its first activities in Colombia. While Upeksha's vision is global, its activities are local, and due to its founders' previous experience, Colombia proved to be an appropriate place to start these activities. Colombia is a country with a violent past. Although Colombia has seen spectacular developments in recent years, certain groups of people have been left behind. Certain people have not benefited from its economic growth and decrease in violence. We do not intend to criticise or depreciate the positive sides of Colombia's accomplishments. Rather, we want to contribute to it by focussing our work on those that have not quite yet experienced those positive developments. We want to give this population a voice, so they have the tools to resist the violence, stigmatisation and discrimination they still suffer from.

Who are the people that we consider to be left behind? In Colombia there is wide range of groups that still suffer from some kind of violence. We prefer not to label people and we don't think people should be defined by the circumstances they live in. However, for practical reasons, we do need to define certain places where we are going to approach participants. Therefore, to locate our participants we have defined the circumstances they live in. Below is an inconclusive list that describes some of these circumstances:

- Lack of access to basic human needs
- Lack of access to spaces of visibility
- Victims of physical violence or the threat of violence
- Victims of sexual abuse
- Victims of hate, discrimination and stigmatisation
- Victims of forced and economic displacement
- Victims of drug addiction
- Victims of silencing and marginalisation

Through its activities Upeksha aims to resolve the social and psychological factors that keep these groups of people from achieving a dignified and flourishing life. In the following, we reflect on how and to what extent we came closer to this goal in 2024 and what we can do in the future to increase our impact.

1.3 Reflection on Activities

As Upeksha – Voices of Resilience, we find it important to continuously reflect, learn and improve our work and its impact. We also hope to expand global knowledge on development, conflict resolution and positive social change. Specifically, we are interested how storytelling, art and music can be beneficial in psychological healing in circumstances of war, poverty, (domestic) abuse, drug consumption, and homelessness, as well as mitigate stigmatisation, discrimination and hate, connecting people across borders, creating mutual compassion and understanding between people and communities across the world. We analyse our impact within three main areas: social impact, psychological impact and educational impact. We aim to fight stigmatisation, social inequality and discrimination by shedding light on people and communities that are generally ignored by society. We aim to alleviate psychological barriers caused by trauma and inhumane social circumstances, that stand in the way of a brighter future for those communities. And lastly, we emphasise the importance of education, leaving our participants with the knowledge and skills necessary to become autonomous individuals, able to create the best future for themselves, without depending on NGOs like us. Before we go further into an analysis of our impact within these three areas, we provide a quantitative summery of the number of projects conducted in 2024 and how many participants Upeksha worked with.

Quantity of participants reached and publications

In 2024, Upeksha published a total of 22 videos on its YouTube channel, working with about 42 participants. Compared to the year before, we see a decrease in the quantity of publications. There're several reasons for this. First of all, the focus on the *type* of publications has shifted slightly. In 2024, Upeksha produced ten original songs, including music videos. These types of productions naturally take more time than a short interview or a podcast. Regarding the availability of the volunteers of Upeksha, we are forced to make certain choices. Therefore, in 2024, we have focused more on the production of original songs, rather than podcasts. However, in the future, an increase in volunteers and employees would allow us to produce more content, and reach more people.

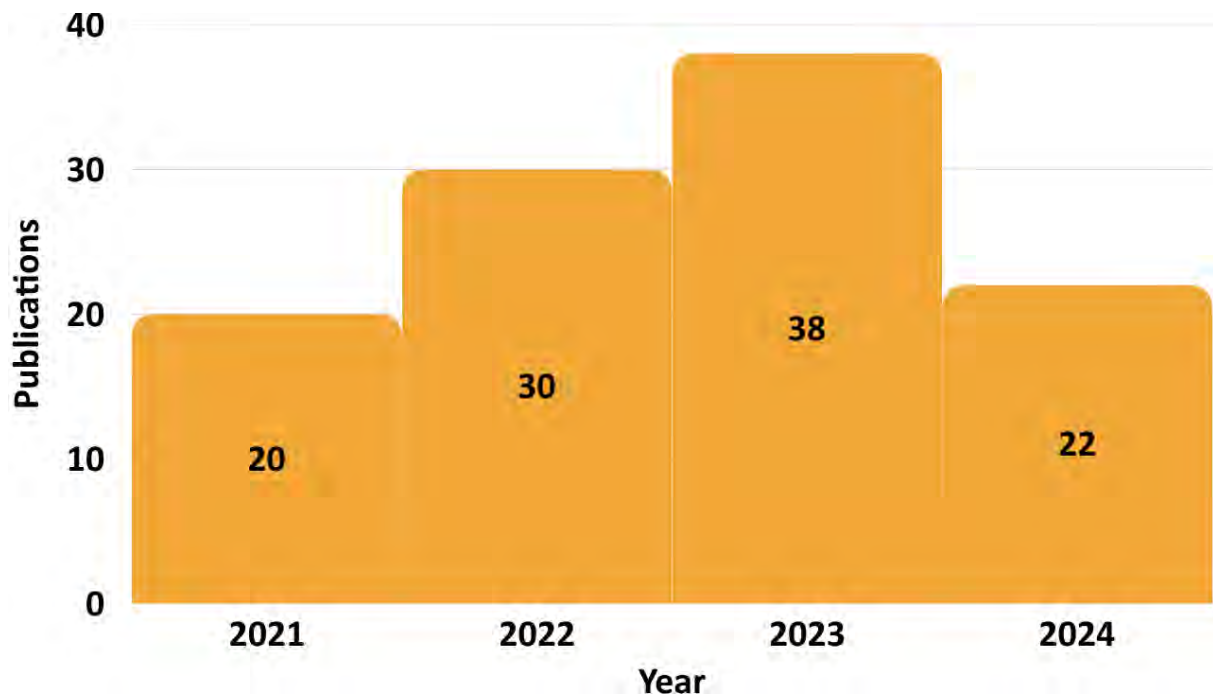


Table 1: Number of Youtube publications from 2021 till 2024

Level of impact on participants: visibility, psychology, education

The success of Upeksha is not only measured by the quantity of participants, but also the qualitative impact that the projects have on their lives and their communities. This part is much harder to measure, and we believe that impact cannot always be reduced to numbers. Nonetheless, we do have to think of ways to measure and increase that impact.

Social Impact: Visibility

First of all, we need to find ways to promote our productions as effectively as possible. The more visible a video becomes, i.e., the number of views, likes, etc. the more we achieved our goal of shedding light on the artists and their communities. In 2024, Upeksha's YouTube channel gained 13.410 new subscribers, as opposed to 3.000 in 2023. A higher number of subscribers will push the YouTube algorithm to present our videos to more people, hence helping our goal to make visible the stories, communities and people shown in these videos. Additionally, a high number of subscribers along with at least 4.000 yearly watch hours, will allow us to monetise the videos. We reached this milestone in 2024, which means Upeksha is now able to gain some revenue through its publications. This will be used to sustain Upeksha's activities and to financially compensate the artists that created these videos.

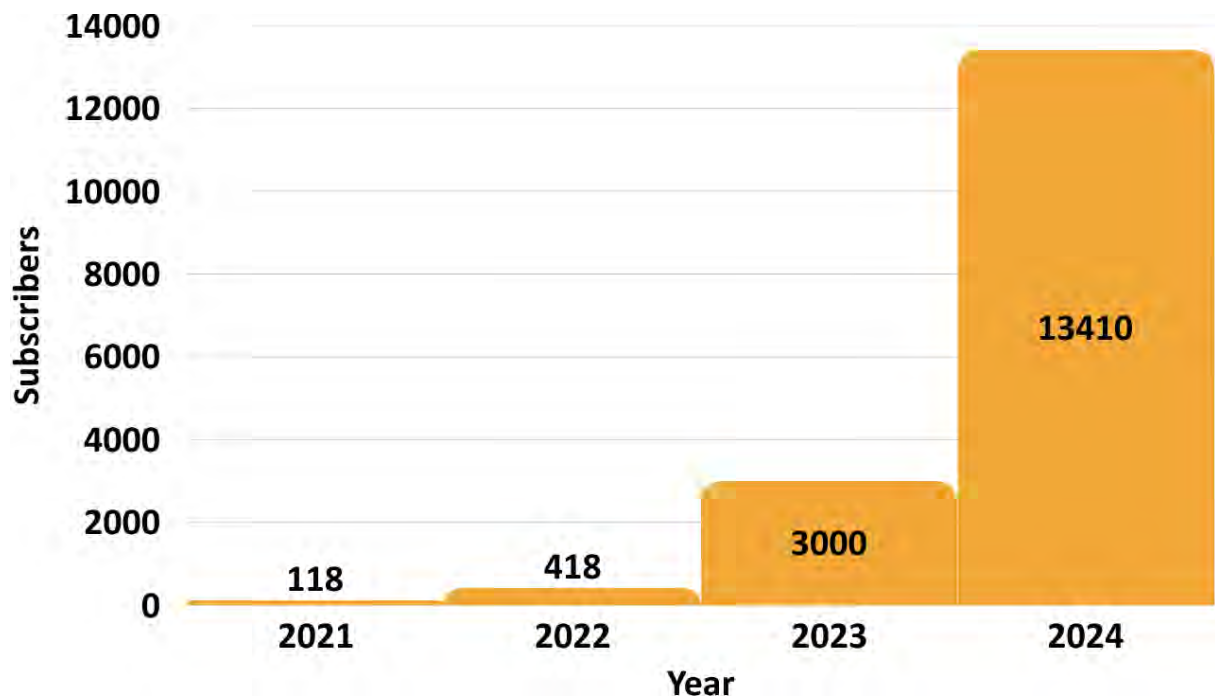


Table 2: Number of new Youtube Subscribers from 2021 till 2024

The same applies to streams on Spotify and Apple Music regarding our musical releases and podcast episodes. This will obviously have a tremendous effect on Upeksha's impact on its participants. US rapper Slug from the group Atmosphere has once said: "the best artist may be very well the poorest artist. Being successful in art is about knowing how to sell you art". For this reason, we consider marketing and advertisement one of the most important aspects of Upeksha's contribution to the artists' work. Therefore, we attribute a lot of time and effort to experimenting with different ways to improve Upeksha's marketing strategies. Our next concrete goal will be to increase the revenue on our publications. Strategies to achieve this include social media marketing through Instagram, Youtube shorts, Tik Tok, Facebook and Twitter. We also promote Upeksha during live events and we allocate some funds to advertise Upeksha's videos, songs and other productions through means such as Google and Facebook ads.

Numbers don't really express well how this visibility really impacts the lives of our participants. Therefore, we like to share some words of one of our participants, Harold Días, a young rapper who lives in the city of Sincelejo, Sucre.

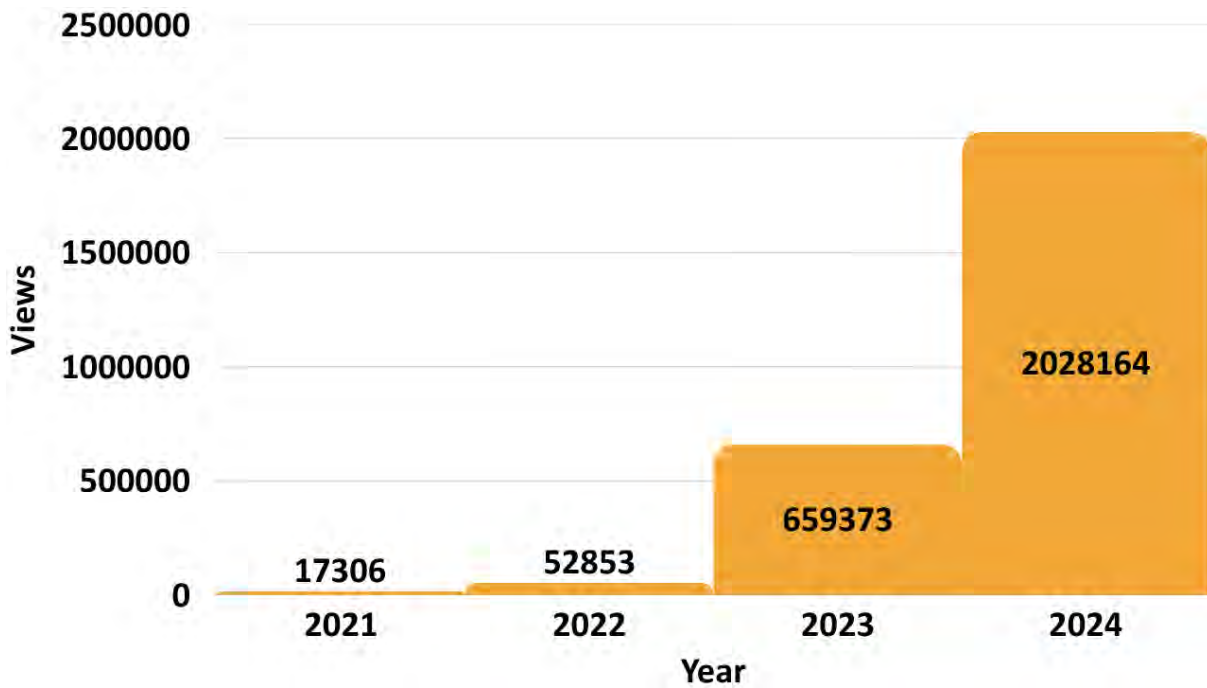


Table 3: Number of Youtube views from 2021 till 2024

Within a context of poverty, gang violence and little opportunities on the horizon, many young men like Harold, suffer from depression and despair. Despair so intense that some of them decide to end it all. The music has helped Harold regain confidence, self love and hope.

About one of the finished music videos Harold writes:

“Brother, thanks for working with me and thanks for giving me this great opportunity. Let's go for it and we're going to make more music, bro. Every time you send me videos like this of what we are working on, it gives me even more morale to keep going. Thank you very much.”

Sometimes, more than financial resources, all we need is to be part of something, to have someone that listens to us, and something that gives meaning to our life.

Psychological impact – Breaking down mental barriers

One of the reasons Upeksha works with art is because of its potential in dealing with trauma and depression. Yan Carlos (Free Soul) has told us that music is the only reason that he is still alive. That is the potential impact of art. This type of impact is much harder to translate to numbers, and can really only be described through anecdotal evidence. A beautiful example

is the story of Juanlo, a shy and insecure young man who went from barely being able to greet us, **to performing a self-written rap** song in front of thousands of people with confidence, energy and joy.

Juanlo was born in downtown Bogotá. An area infamous for its high crime rates, drug consumption and prostitution. With few opportunities and many bad influences, it is easy to go down the wrong road. But throughout his young years Juanlo never let himself be tempted by the prospect of easy money through crime or escape through drugs. However, a bigger, and less-discussed issue arises for people that grow up in these types of circumstances: a lack of self-worth, hope and believe that prosperous future is possible. Juanlo always wanted to be an artist. He is a talented rapper and graffiti artist, but because of his social economic circumstances he was never able to enter any art academy. But even worse, because of the continuous negative stigmatisation of young man like him, he never actually believed himself he was worth a prosperous future. Juanlo is one of those people that don't "fit in" any marginalised group that receives help from the government or NGOs. He's not displaced, homeless, addicted to drugs, neither is he a single mom or transsexual. Usually those "types" of people receive help, while young men like Juanlo are left to fend for themselves.

When I met Juanlo, he was barely able to look me in the eyes while he awkwardly shook my hand. Juanlo had gotten the invitation to participate in a rap concert with the philharmonic orchestra of Bogotá and Upeksha was going to accompany him in the process of writing and producing the song he would perform. Even though the prospect of performing in front of thousands of people made him want to run away and never look back, he decided to take this opportunity and face his fears, to be able to accomplish his dreams. Half-way the process, Juanlo almost decided to walk away, but he pulled through. This young man, who just a couple of months earlier was barely able to introduce himself in front of a group of no more than five people, was about to perform his song "**De La Tierrita Crece**" in front of a few thousand people. Juanlo did an absolute amazing job and showed us all what music can do to an individual. Just performing this one song, gave him the confidence and self-believe that he *is* worth a dignified and flourishing future.



Picture 2: Juanlo during a rehearsal for his first concert with the philharmonic orchestra of Bogotá

Educational impact – Looking into the future

We are aware that Upeksha cannot produce the artists' craft forever. So, in more practical terms, Upeksha wants to teach them to record, produce, and distribute their own songs, videos and other forms of art. In other words, we want to help them to become autonomous. That way, they will be able to create a better life for themselves and the people around them. A fundamental believe of Upeksha is that NGOs should not impose all kinds of projects upon its participants. Rather, participants should be at the centre of the creation of those projects. They are the ones that live in the circumstances we try to change, and they are the ones that know best what is needed to accomplish that. One of the workshops that arose from this strategy was an English class. Not only will a better understanding of the English language broaden their opportunities in life, an English entry exam is required to enter public university in Colombia. Many of them simply can't enter university because they never learned English. Therefore, we offered a series of English classes, preparing them for their English entry exam. Some of them finally past their exam and were able to enter public university. An opportunity that is not available for millions of young Colombians that cannot afford private schools and universities.



Picture 3: Brandon during one of the English classes in El Bronx, Bogotá

2. Future

In 2025 Upeksha will build upon the lessons learned in 2024 and keep increasing its visibility and improving its impact. In the policy plan of 2022 you can read in more detail what Upeksha plans to do in the coming years. Here we provide a small summary of the most important points. Upeksha will focus on the development of three main areas: growth and expansion.

Growth: Marketing Strategies

Upeksha aims to increase the number of people it works with, increase the production of videos, music and art, and increase the impact it has on participants' lives. Following the reflection on 2024 in the previous chapter, Upeksha has concluded that one of our main priorities of 2025 should be marketing. Our entire purpose is to shed light on communities, people and artists, that live on the margins of society, that are not listened to, and that often forgotten by the politicians, the media and the general public. Marketing in our case, simply means, increasing the intensity of the light that we shine, bringing the songs, the stories, and the videos to as many people as possible. Building connections within and between different communities in Colombia and across the whole world. For this reason, Upeksha is setting up a online marketing strategy to increase the number of views and subscriptions to its social media channels.

Expansion: Building Bridges

Secondly, Upeksha looks to expand its work to different communities around Colombia and possibly even outside of Colombia. The more remote and isolated communities are, the higher the necessity to shed light on their stories, lives and cultures. Upeksha also highlights the importance of finding connections, mutual compassion and solidarities between communities across the country and the world. Therefore, Upeksha will look to conduct its projects in different locations, like we did with the project Voices of Sucre, shedding light onto remote communities that continue to live in the dark.

For this reason, Upeksha has now started the fundraising for a new project: Harmony on Wheels. Harmony on Wheels is a mobile music studio designed to travel across regions, engaging marginalised communities to share their stories through the creation of original

music. We will aim to empower underrepresented groups by providing a platform for their voices to be heard, blending personal narratives with sound to foster connection, healing, and social change. Through storytelling, collaboration, and music production, Harmony on Wheels will amplify voices often left unheard—immigrants, refugees, indigenous communities, the economically disadvantaged, LGBTQ+ individuals, and others—transforming their stories into powerful songs.



Picture 3: Logo of Upeksha's future project 'Harmony on Wheels'

3. Organization

Upeksha holds the ANBI-status provided by the Dutch tax authorities and her organisational structure aligns the management code of the SBF-Code Goed Bestuur. The foundation is led by a general director who is responsible for the execution of the foundation's daily activities and the implementation of the policy plan and statutory goals. As of January 2023 the general director is employed by the organisation on voluntary basis with possibility of receiving a salary in the future. The board of directors is responsible for the supervision of the organisation's activities and making sure that the statutes, policy plan, Dutch and international laws are honoured. The board members do not receive a compensation for their work.

3.1 Board

The board of Upeksha consists of four members. The president, treasurer, and secretary are part of the board since the establishment of the foundation in November 2020.

President:	<i>Prof. dr. Henricus Petrus Joseph te Riele</i>
Treasurer:	<i>MSc. Mr. Emanuel Pieter Sachse</i>
Secretary:	<i>MSc. Mrs. Dorine van Woerden</i>
Board member:	<i>MSc. Mr. Hendrik Aalbert Jansen</i>

3.2 Employees and Volunteers

The General Director of Upeksha – Voices of Resilience is Mr. Casper Hein te Riele. He is registered as such at the Dutch Chamber of Commerce. He does not receive a salary or compensation for this position. The board of Upeksha and the Director have jointly decided to not pay salaries to employees until the foundation is financially strong enough to create a fair balance between salaries and other expenses. Alongside Casper, Catalina Barragán Hinestroza is also in charge of daily practices and operations on the ground and works on a voluntary basis as well. Additionally, several volunteers help out with different projects in Colombia on a sporadic basis. Recurring volunteers are Juan Felipe Hernández, Natalia Pineda and Valeria Nieto. In 2025, Upeksha hopes to include more volunteers, to be able to work more efficiently and productively.



4. Financial Report 2024

Presented below is the annual financial report of 2024.

4.1 Financial Report 2024

FINANCIAL REPORT	2022
INCOME	
INCOME FROM OWN FUNDRAISING	€ 4.884,92
INCOME FROM 3RD PARTIES	€ -
INCOME FROM SUBSIDES	€ -
INCOME FROM INVESTMENTS	€ -
OTHER INCOME	€ -
TOTAL INCOME	€ 4.884,92
EXPENSES	
COSTS MANAGEMENT AND ADMIN	€
SPEND ON GOALS	€ 223,92
ADDED TO RESERVES	€ 5.925,08
WITHDRAWN FROM RESERVES	€ -
TOTAL EXPENSES	€ 6.149,34
ASSETS	
IMMATERIAL FIXED ASSETS	€ -
MATERIAL FIXED ASSETS	€ -
LIQUID ASSETS	€ 1.793,98
TOTAL ASSETS	€ 1.793,98
LIABILITIES	
RESERVES AND FUNDS	€ 1.793,98
LONG-TERM DEBTS	€ -
SHORT-TERM DEBTS	€ -
TOTAL LIABILITIES	€ 1.793,98

4.2 Justification Annual Financial Report

The annual accounts of Upeksha – Voices of Resilience are presented above. Upeksha has not yet received any income from subsidies in 2024, but exclusively from its own fundraising through WhyDonate and donations through direct bank transactions. The expenses are exclusively used for resources to achieve Upeksha's goals. For example, material was bought (including microphones, cameras), travel expenses were paid for (to reach marginalised communities) and the videos were promoted (to introduce as many people as possible to the stories, cultures and problems of these communities). The rest of the income has been added to the reserves, to ensure continuity of the work in 2025. Finally, Upeksha owns neither fixed assets nor does it has debts.

A relatively large amount of the donations has been added to the reserves. Part of these reserves will be used for the financing of the project, Harmony on Wheels. Other reserves will be held in case of unforeseen costs. The next chapter goes more into depth on how Upeksha plans to use its resources in 2025. For more details on the content of the specific projects, see the policy plan of 2022.

5. Budget 2025

All the work Upeksha does will be primarily to the benefit of the people it aims to help. Everything will be done in honour of its **vision and mission**. Projects are conducted in the most economical way possible while not economising on quality of impact. We believe that the social economic conditions of the people we work with should not be a factor in the quality of their productions. In 2024, the work of Upeksha is conducted by volunteers. However, the more funds we manage to obtain, the more work we will be able to do and the more we can achieve. But we do keep in mind that funds only serve as a means to achieve those goals, rather than become a goal by itself. Therefore, any kind of fundraising that opposes our own vision will be avoided. And when a decision has to be made between our vision and financial opportunities, or between money and the people we are trying to help, we will *always* choose the people. Having said that, we will raise funds to support our projects in two main ways: through crowdfunding and the application of subsidies and grants. Individual donations will allow us to start our first projects and goals. As of 2022, Upeksha runs a continuous crowdfunding campaign through the platform Why Donate. This platform allows donors to donate through a link on Upeksha's website. To be able to set-up long-term projects we will apply for different grants and subsidies from foundations that provide support in both the art and the development sector.

Upeksha intends to ultimately spend *all* donations to reach its objectives. Funds received for specific projects will be allocated according to the established budget of the project proposals. The foundation will not hold more funds than necessary for the continuity of the activities of the foundation. More specifically, funds will be spent on five main areas:

- Harmony on Wheels
- Travel Expenses
- Promotion and Distribution
- Material and equipment

5.1 Harmony on Wheels

As explained, we plan to launch the project Harmony on Wheels in late 2025 or early 2026. We will raise funds and apply for subsidies specifically to finance this project. We will have

one-time costs (vehicle purchase), as well as variable costs (travel costs and lodging). Based on the budget estimate below, we will be able to launch the project after raising about €20.000.

CATEGORY	COST ESTIMATE (EURO)	
VAN PURCHASE & CUSTOMISATION		
VEHICLE ACQUISITION	€	17.500
SOUNDPROOFING & STUDIO CONVERSION	€	370
SOLAR/BATTERY POWER SETUP	€	462
TOTAL INCOME	€	18.332

AUDIO EQUIPMENT		
RECORDING AND PRODUCTION GEAR	€	TBD
PORTABLE INSTRUMENTS & ACCESSORIES	€	TBD
TRAVEL EXPENSES		
GAS, INSURANCE, VEHICLE MAINTENANCE	€	TBD
LODGING & MEALS FOR TEAM	€	TBD

5.2 Travel Costs

As said before, an important part of Upeksha's work will take place at remote locations, as the communities that live there experience the highest lack of visibility. Until the launch of Harmony on Wheels, Upeksha will continue to reach remote communities by different ways of travel. How often we can do this in 2025 depends partly on our financial possibilities and the distance of travel. One journey with two volunteers could cost anywhere between € 200, - and € 1000, -. The resources that will be used for this will come from funds that are not specifically raised for the project described above.

5.3 Promotion and Distribution

The impact of Upeksha depends largely on how many people see what we publish. While we may shed light on marginalised communities, our followers and supporters are those who provide the electricity that makes that light shine. For that reason we reserve part of our

funds for the promotion of our publications. In 2025 we will reserve approximately € 20, - for each video published on YouTube and each song published on Spotify. With estimate publication of 50 videos and 10 songs, we therefore expect to spend € 1.200, - on promotion. This money will be taken from funds and donations that are not directly raised for the Upeksha Creative Centre.

5.4 Equipment

To produce songs and record videos we need equipment such as cameras, microphones, computers, etc. Additional equipment will be bought if it will contribute significantly to the goals of Upeksha and our financial situation allows it. This could entail additional recording equipment allowing us to record at different places at different times or to improve the quality and efficiency of the productions. Additionally, for projects outside of the Upeksha Creative Centre we will have to acquire art and craft material for those who want to express themselves through art and for workshops like Cartography of the Body and the Mind.

Appendix

Videos and Songs in 2024

Songs produced

1. Dis Da Fi Mi Island - 2Fayah Bon
2. El Mas Demente - Dobby Flow
3. Yo Vengo - Smith Freesoul & Anestesia Negra
4. Lujuria - Smith Freesoul
5. Historias de Ayer - Smith Freesoul
6. Me Tienes Loco - Dobby Flow
7. Raíces del Pasado - Smith Freesoul
8. Asi Me Mantengo - Dobby Flow
9. Buscandote - Dobby Flow ft. Hablame Niche & Andreis Rivas
10. Derivas - Smith Freesoul


Number of Artists: 7

Videos published

1. Best Cover of No Woman No Cry - Amazing Female Reggae Singer Arkal Walters | San Andres Island
2. Female Reggae Singer Sings Is This Love by Bob Marley. You Won't Believe Her Voice!
3. Female Reggae Singer sings War by Bob Marley (Cover) What a Voice! | Dian Celis
4. Reggae from San Andres | No More Crying By Felix Mitchell Gordon
5. Great Performance of Coming in From the Cold by Bob Marley with Raizal Roots on San Andres Island
6. Best Cover of Soul Rebel Live on San Andrés Island - Felix Mitchell Gordon & Raizal Roots
7. Amazing Cover of Redemption Song By San Andres Singer Arkal Walters with Raizal Roots
8. One Love in San Andres | Bob Marley Homage | Caribbean Night on San Andres
9. Mother and Daughter Sing Redemption Song on the Beach of San Andres (Amazing Female Reggae Cover)

10. Para Soñar No Hay Que Cerrar Los Ojos, Hay Que Leer un Libro | Picnic de Palabras en La Calera
11. Dis Da Fi Mi Island - 2Fayah Bon | San Andrés Backyard Sessions
12. El Mas Demente - Dobby Flow (Official Music Video)
13. Yo Vengo - Smith Freesoul & Anestesia Negra (Official Music Video)
14. Lujuria - Smith Freesoul (Official Music Video)
15. Historias de Ayer - Smith Freesoul (Official Music Video)
16. Me Tienes Loco - Dobby Flow (Official Music Video)
17. Raíces del Pasado - Smith Freesoul (Official Music Video)
18. Asi Me Mantengo - Dobby Flow (Official Music Video)
19. Buscandote - Dobby Flow ft. Hablame Niche & Andreis Rivas (Official Music Video)
20. Derivas - Smith Freesoul (Official Music Video)

Number of participants: ±36



“History changes according
to the voice that sings it”

Eduardo Galeano