

# Holy Spirit Study Guide

"For the kingdom of God does not consist of food and drink, but righteousness, peace, and joy in the Holy Spirit. For the one who serves Christ in this way is pleasing to God and approved by people." Romans 14:17

The Holy Spirit is an essential part of the Trinity that often gets overlooked, forgotten, and reduced to a theological debate. But if we look at scripture carefully, with open eyes and away from our presuppositions, we notice that the Spirit is all the things that we know God to be. The Spirit is omnipotent, omnipresent, and omniscient, and takes part in creation, in redemption, in empowering, in counseling. How can something as incredible as the Spirit be so easily overlooked?

Francis Chan, in his book *The Forgotten God*, asks, "If everyone gave and served and prayed exactly like you, would the church be healthy and empowered? Or would it be weak and listless? . . . My purpose in these questions is to get you to take 1 Corinthians 12 seriously, to believe that you have been given a manifestation of the Spirit and that your church, the worldwide body of Christ, and the world are crippled without your involvement." If we are truly a church that Lives and Loves like Jesus, we would not only be empowered by the Spirit, but we would be dependent on the Spirit (Luke 4:1-21, Acts 10:38).

In this series we will ask, and answer, questions about the Holy Spirit in an effort to not only gain a better understanding, but a deeper connection and a more empowered and emboldened faith to glorify God in our world.

Feb	Series
7	Why do we need the Spirit? Gal 5:13-26, Ezekiel 36:26-27, James 3:10-11, Phil 1:18-20
14	What is the Holy Spirit? (What does Pathway believe?)
21	How does the Holy Spirit work? See F. Chan P 74-76
28	Who can have the Holy Spirit? John 14:16, Acts 2:38
Mar	Series
7	Where is the Spirit? 1 Cor 6:19, Romans 8:8-9
14	When has/does the Holy Spirit work? (Acts 2, Eph 4:30-32, Luke 12:11-12, Eph 3)



# <u>Week 1</u>

Why Do We Need the Holy Spirit?

Galatians 5:13-26, Ezekiel 36:26-27, James 3:10-11, Phil 1:18-20

**Discussion Question:** What past thoughts, understanding, or church culture experiences do you have about the Holy Spirit? Understanding each other's backgrounds and being transparent about both positive and negative experiences will help with open dialogue during this series.

#### Scripture:

#### Galatians 5:13-16

Practice Love

13 For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity to indulge your flesh, but through love serve one another. 14 For the whole law can be summed up in a single commandment, namely, "You must love your neighbor as yourself." 15 However, if you continually bite and devour one another, beware that you are not consumed by one another. 16 But I say, live by the Spirit and you will not carry out the desires of the flesh. 17 For the flesh has desires that are opposed to the Spirit, and the Spirit has desires that are opposed to the flesh, for these are in opposition to each other, so that you cannot do what you want. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are obvious: sexual immorality, impurity, depravity, 20 idolatry, sorcery, hostilities, strife, jealousy, outbursts of anger, selfish rivalries, dissensions, factions, 21 envying, murder, drunkenness, carousing, and similar things. I am warning you, as I had warned you before: Those who practice such things will not inherit the kingdom of God!

22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. Against such things there is no law. 24 Now those who belong to Christ have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also behave in accordance with the Spirit. 26 Let us not become conceited, provoking one another, being jealous of one another.

# Contrasting Motivations:

While there are many texts that we can look at to study the Holy Spirit, this is a well known verse about the effects of the Spirit to answer the question, "Why do we need the Spirit?"

Two contrasting lifestyles are presented: living by the flesh and living by the Spirit. Following the desire of either would have a believer moving away from obeying the other (v.16-17, cf. James 3:10-11). The two lists seen in v. 19-21, 26 (the flesh) and v. 22-24 (the Spirit) may have extremely different descriptive words, but it is just a minor change in perspective and priority in someone's heart that would change them from living for their own desires to living to produce fruit that nourishes others for God's glory.

• What does it look like (either hypothetically or something you have seen before) when someone chooses to live by the desires of flesh? What does it look like when we observe someone living by the Spirit? How does it look when someone tries to do both?



#### • Spiritual Fruit to Nourish:

Take some time to read and describe the fruit of the Spirit. What do these 9 fruits mean? What do these fruits look like in the world (either through your life or seen in people around you)? What does love look like in your daily life? When does joy shine the brightest in your contexts? Peace? Patience? Etc.

Read and discuss 1 Corinthians 14:12 along with this guote from Francis Chan's book. "On a scale of one to ten, how much do you love the church? As you look around at your brothers and sisters, do you think to yourself, I love these people so much. I pray God empowers me in some way to encourage these people toward a deeper walk with Him? How much do you care? The Holy Spirit has given you a supernatural ability to serve the people God has placed around you. If God cares enough about His church to give you this Spirit-empowered ability, shouldn't you care enough about the church to use that gift for the same purpose? The apostle Paul wanted desperately to go to heaven, but he was torn because he loved the church so much. His love for the church was the only thing that kept him tied to life on earth. He wrote, "I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better. But to remain in the flesh is more necessary on your account. Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith" (Phil. 1:23-25). Do you resonate with Paul's purpose in life and love for the church? There are far too many people who seek the Spirit for the wrong reasons." p85

#### • Gifts to Use:

What are your spiritual gifts? Make a free account and then take this test at <u>https://spiritualgiftstest.com/</u>. Share your results with the pastors by emailing <u>tim@pathwaycc.co</u> and share your results with your life group! When someone shares, make sure to reply and affirm the things you see in them, how the Spirit has gifted that person. Then find ways that you can be using your gifts together for God's glory.



# <u>Week 2</u>

# What is the Holy Spirit? What does Pathway believe?

Verses

**Discussion Question:** In what ways have you heard, read, or thought that the Holy Spirit would look like? Or interact with us? Any movies, books, or stories that portray the Spirit in different ways?

Scripture: Below are just a small sample of Scripture that use the Hebrew word and Greek words for Spirit. Take time to read them and see how these verses affirm the statement "The Spirit is God" and see how the Spirit has worked as an integral part of the trinity in God's story.

Hebrew: רוח (ruakh) Genesis 1:1-3 Genesis 6:1-3 Psalm 139:1-7 Greek: πνεῦμα (pneuma) Matthew 1:18-20 Matthew 3:11-17 Matthew 28:16-20 Acts 1:7-8 Acts 2:1-4 Acts 5:1-11 2 Corinthians 13:11-13

• **Descriptions of God:** As you read these verses, what descriptive words that you would use for God that you might not always think about when you describe the Holy Spirit specifically?

<u>Comments:</u> We see that the Spirit has been present since before time began (Genesis 1) and was therefore present during creation. The Spirit is creator and sustainer of life (Job 33:4). The Spirit is also omnipresent (Psalm 139) and is not just a segment of God, partially present in one given area. While David writes from the perspective of fleeing from God, we should rejoice in the fact that wherever we would go, that the life giving sustainer of life will be wherever we are!

We must also recognize that the Holy Spirit is Holy. As a perfect, righteous God, the Holy Spirit maintains the same high standard of righteous that fallen humanity cannot hold to (Genesis 6, Acts 5).

In the grand story of God's gospel, God creates the world, watches it fall through sin, and then works to redeem, connect, and reconcile creation to Him. The Spirit is part of all of it. From creation, to the plan to forgive sins of the world (Matthew 1:18-20), the presence of God to anoint and bless (Matthew 3, Matthew 2) and initiate/empower the redemptive work of the church for God's glory (Matthew 28, Acts 1).

The work of the Trinity is important, but unless we recognize all aspects of the Trinity, our ability to fully move and work within God's plan will be seriously impaired. May the grace of the



Lord Jesus Christ and the Love of God and the fellowship of the Holy Spirit be with you all! (2 Cor 13).

• **Continued Study:** Find other passages on the Spirit. You can use a concordance, blueletterbible.org, or google. As you read stories or descriptions about the Spirit, what attributes of God (the big entity of God) do you see as you read these passages?

From the other perspective, what attributes of God do you know from stories, memory verses or reading scripture that you may not always attribute to the Spirit?

• Video: The Bible Project has some great concise videos with a lot of deep but simple explanations. Here is an example of one of the verses on the Holy Spirit. https://bibleproject.com/learn/holy-spirit/



# <u>Week 3</u>

# How Does the Holy Spirit Work? Romans 8:14-17; Ephesians 1:11-14; 2 Corinthians 1:3-4

# **Opening Discussion Question:**

- What are some things that bring you comfort in life?
- What are some things (or situations) that make you particularly uncomfortable?
- Do you think comfort is required to experience joy?
- Is it possible to feel joy while also experiencing discomfort? How so?

#### Scripture: Romans 8:14-17 (ESV)

14 For all who are led by the Spirit of God are sons of God. 15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" 16 The Spirit himself bears witness with our spirit that we are children of God, 17 and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

#### Observations and discussion from the passage above:

- What type of relationship does a faithful believer have with the Holy Spirit? (Hint: there are multiple observations to be found.)
- What do we learn from this passage about the relationship between comfort and following the Holy Spirit's leading?
- How are you doing with allowing the Spirit to lead you? What areas of your life do you think could use work when it comes to decreasing your control and allowing you to be led by the Spirit more?
- How would you explain what it means to "suffer with" (v.17) Christ? What might this look like in a believer's life?

# Quote from "Forgotten God":

"The truth is that the Spirit of the living God is guaranteed to ask you to go somewhere or do something you wouldn't normally want or choose to do. The Spirit will lead you to the way of the cross, as He led Jesus to the cross, and that is definitely not a safe or pretty or comfortable place to be. The Holy Spirit of God will mold you into the person you were made to be. This often incredibly painful process strips you of selfishness, pride, and fear." (*"Forgotten God", Francis Chan, pg.50*)



• In your own life do you have any examples of what Francis Chan describes? What have you done, experienced, taken-on, that you know you wouldn't or couldn't, if it were not for the power and prompting of the Holy Spirit? Sharing these experiences is one way we bring glory and honor God.

#### Additional Going Deeper Passages (if you so desire):

# 2 Corinthians 1:3-4 (ESV)

3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

• What does this passage teach us about what we can expect when it comes to comfort in this world? What distinction can we make between being comforted by the Spirit versus expecting comfort from this world?

#### Ephesians 1:11-14 (ESV)

11 In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, 12 so that we who were the first to hope in Christ might be to the praise of his glory. 13 In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, 14 who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

• Refer back to the Romans 8:14-17 verses above. What do these verses further teach us about being co-heirs with Christ and the role of the Holy Spirit?

- Considering today's study are there areas of your life that warrant some reflection and prayer?
- In what ways can you apply what you studied today into your life?



#### <u>Week 4</u>

Who can have the Holy Spirit? John 14:15-26

# **Opening Discussion Question:**

- Share some of your most prized possessions and treasures?
- What are some things that you wish you had?
- Who is someone you look up to or respect?

# Scripture: John 14:15-26 (ESV)

15 "If you love me, you will keep my commandments. 16 And I will ask the Father, and he will give you another Helper, to be with you forever, 17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you. 18 "I will not leave you as orphans; I will come to you. 19 Yet a little while and the world will see me no more, but you will see me. Because I live, you also will live. 20 In that day you will know that I am in my Father, and you in me, and I in you. 21 Whoever has my commandments and keeps them, he it is who loves me. And he who loves me will be loved by my Father, and I will love him and manifest myself to him." 22 Judas (not Iscariot) said to him, "Lord, how is it that you will manifest yourself to us, and not to the world?" 23 Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him. 24 Whoever does not love me does not keep my words. And the word that you hear is not mine but the Father's who sent me. 25 "These things I have spoken to you while I am still with you. 26 But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.

# Observations and discussion from the passage above:

- How is the question of "who can have the Holy Spirit" addressed in this passage?
- Who is the "you" that Jesus is addressing to?
- Who is the Holy Spirit and how does the Holy Spirit work?
- What does it mean for the Holy Spirit to be "the Helper" (v. 26)?

# Quote from "Forgotten God":

"Jesus said that the Father would give the disciples "another Counselor to be with [them] forever" (14:16 NIV). In this case, the Greek word another means another that is just like the first (as opposed to another that is of a different sort or kind). So Jesus was saying that the One who would come would be just like Him! Have you ever thought about the significance of having "another" Counselor who is "just like" Christ? Right now, imagine what it would be like to have Christ standing beside you in the flesh, functioning as your personal Counselor. Imagine the peace that would come from knowing you would always receive perfect truth and flawless direction from Him. That sounds amazing, and none of us could deny the benefit of having Jesus here physically, guiding and enabling us every step of the way" (Chan, 34).



• In your own life do you have any examples of what Francis Chan describes? What have you done, experienced, taken-on, that you know you wouldn't or couldn't, if it were not for the power and prompting of the Holy Spirit? Sharing these experiences is one way we bring glory and honor God.

# Additional Going Deeper Passages (if you so desire):

# 1 Corinthians 6:19-20 (ESV)

19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body

• What does this passage teach us about the Holy Spirit and His presence in a believer?

# Ephesians 1:13-14 (ESV)

13 In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, 14 who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

• What do these verses further teach us about the Holy Spirit and who has the Holy Spirit?

# Exodus 31:1-3; Numbers 11:24-25 -- Old Testament v. New Testament Believers

Reading through the Old Testament and the New Testament, we see that the Holy Spirit works and manifests Himself in similar yet different ways.

• In what ways does the Holy Spirit work differently in the Old Testament? In what ways does He work in the same way?

# Share and Pray:

• What is holding or keeping you back from wanting the Holy Spirit to fully live, lead, and work in you?

- What would your life look like if you were Spirit-filled and Spirit-led?
- Is the Holy Spirit leading you to share your faith and the gospel to someone?
- In what ways can you apply what you studied today into your life?



# <u>Week 5</u>

Where is the Spirit? Psalm 139:1-13, 1 Cor 6:19-20 and John 14:15-21

#### **Opening Discussion Question:**

Can you give an example of a time when you were "with" someone, physically in the same space as them, but they were still distant? Or maybe a time when you were going through something and you know your mind was not present while you were meeting with others? Describe that situation and what it feels like.

#### Scripture (NET):

Psalm 139:1-13 For the music director, a psalm of David. 1 O LORD, you examine me and know. 2 You know when I sit down and when I get up; even from far away you understand my motives. 3 You carefully observe me when I travel or when I lie down to rest; you are aware of everything I do. 4 Certainly my tongue does not frame a word without you, O LORD, being thoroughly aware of it. 5 You squeeze me in from behind and in front; you place your hand on me. 6 Your knowledge is beyond my comprehension; it is so far beyond me, I am unable to fathom it. 7 Where can I go to escape your spirit? Where can I flee to escape your presence? 8 If I were to ascend to heaven, you would be there. If I were to sprawl out in Sheol, there you would be. 9 If I were to fly away on the wings of the dawn, and settle down on the other side of the sea, 10 even there your hand would guide me, your right hand would grab hold of me. 11 If I were to say, "Certainly the darkness will cover me, and the light will turn to night all around me," 12 even the darkness is not too dark for you to see, and the night is as bright as day; darkness and light are the same to you. 13 Certainly you made my mind and heart; you wove me together in my mother's womb.

# 1 Corinthians 6:19-20

19 Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? 20 For you were bought at a price. Therefore glorify God with your body.



#### John 14:15-21 Teaching on the Holy Spirit

15 "If you love me, you will obey my commandments. 16 Then I will ask the Father, and he will give you another Advocate to be with you forever - 17 the Spirit of truth, whom the world cannot accept, because it does not see him or know him. But you know him, because he resides with you and will be in you.

18 "I will not abandon you as orphans, I will come to you. 19 In a little while the world will not see me any longer, but you will see me; because I live, you will live too. 20 You will know at that time that I am in my Father and you are in me and I am in you. 21 The person who has my commandments and obeys them is the one who loves me. The one who loves me will be loved by my Father, and I will love him and will reveal myself to him."

# • "Where is the Spirit?" can be broken down into two questions.

# What space does the Spirit occupy?

Before we even turn to scripture, the easiest place to begin to answer this question is to speak about what space God occupies. Where is God? On top of reading Psalm 139, you can look at Genesis chapter 1, Job chapters 38-40, Jeremiah 23:23-24, and many more scriptures to see that God is everywhere. We believe that the Spirit is part of the triune God, and therefore fully God. Anything that describes God is a description of the Spirit. You cannot flee His presence, His Spirit is literally everywhere we see since God created everything we see and no creator is every limited or contained by their own creation.

- With that in mind, practically speaking, do you see God everywhere?

- Do you think that you overlook God in your life at times?

- When you stop to think about your world, community, family, life, where has God been working that you have overlooked?

- Can you see God working in the life of someone else in your group in a way that they do not notice?

# Am I present in God's presence?

If God is everywhere, including inside of us as He inhabits His holy temples (1 Peter 2:4-5, 1 Corinthians 6:19-20) and also knowing that He promises to be intimately connected with us wherever we go (Hebrews 13:5), then why do we feel disconnected from the Spirit? We are always in His presence wherever we go and yet we can feel distant. Why is that?

Read John 14:15-21 together.

- Spiritually, do you connect more to this passage as a believer or as an unbeliever?

- Practically in your day to day life, do you connect more to this passage as a believer who sits in the presence of the Father by reaction and obedience, or more like the unbeliever who does not see or know the Spirit?

- What does this passage say about connecting to God and responding to Him in love?

- What does that obedience look like in your life practically? Where can you connect to God and the Spirit more in how you live your life daily?



# Additional discussion questions:

- How do you practically or tangibly see or experience the Spirit working? Where have you felt or witnessed the Spirit?

- What can you do to commit this week to intentionally sit, live, work, love in God's presence this week?



# <u>Week 6</u>

When does the Spirit work?

# **Opening Discussion Question:**

This session, we will briefly discuss the question "When does the Spirit work?" but we will also wrap up the Holy Spirit series as a whole. As we finish this series, has your understanding of what is, where is, how does, when does, who can have, or why do we need the Holy Spirit be challenged, changed, or grown? In what ways do you hope to live differently with what you've learned about the Spirit?

# Scripture (NET):

#### Ephesians 4:17-32

Live in Holiness

17 So I say this, and insist in the Lord, that you no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding, being alienated from the life of God because of the ignorance that is in them due to the hardness of their hearts. 19 Because they are callous, they have given themselves over to indecency for the practice of every kind of impurity with greediness. 20 But you did not learn about Christ like this, 21 if indeed you heard about him and were taught in him, just as the truth is in Jesus. 22 You were taught with reference to your former way of life to lay aside the old man who is being corrupted in accordance with deceitful desires, 23 to be renewed in the spirit of your mind, 24 and to put on the new man who has been created in God's image - in righteousness and holiness that comes from truth.

25 Therefore, having laid aside falsehood, each one of you speak the truth with his neighbor, for we are members of one another. 26 Be angry and do not sin; do not let the sun go down on the cause of your anger. 27 Do not give the devil an opportunity. 28 The one who steals must steal no longer; rather he must labor, doing good with his own hands, so that he may have something to share with the one who has need. 29 You must let no unwholesome word come out of your mouth, but only what is beneficial for the building up of the one in need, that it may give grace to those who hear. 30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 You must put away every kind of bitterness, anger, wrath, quarreling, and evil, slanderous talk. 32 Instead, be kind to one another, compassionate, forgiving one another, just as God in Christ also forgave you.

#### 1 Thessalonians 5:12-22 Final Instructions

12 Now we ask you, brothers and sisters, to acknowledge those who labor among you and preside over you in the Lord and admonish you, 13 and to esteem them most highly in love because of their work. Be at peace among yourselves. 14 And we urge you, brothers and sisters, admonish the undisciplined, comfort the discouraged, help the weak, be patient toward all. 15 See that no one pays back evil for evil to anyone, but always pursue what is good for one another and for all. 16 Always rejoice, 17 constantly pray, 18 in everything give thanks. For this is God's will for you in Christ Jesus. 19 Do not extinguish the Spirit. 20 Do not treat prophecies with contempt. 21 But examine all things; hold fast to what is good. 22 Stay away from every



form of evil.

#### Grieving and Quenching the Holy Spirit

- As you read these verses, what do you think grieving or extinguishing/quenching the Spirit means?

- Have you done, or do you regularly do things that might grieve or quench the Spirit?

- In these two passages, what are things that the Spirit leads us to that are positive characteristics and following God's direction?

#### Francis Chan, The Forgotten God

"Since He created emotions, why is it difficult to believe that He Himself has emotions? The Spirit is grieved when there is a breach in relationship, whether it be relationship with God or relationship with other people. When we are disunified, unloving, hateful, jealous, gossipy, etc., that is when we grieve the Spirit of God. And since He is the creator of emotions, I believe that the Spirit grieves more deeply than we can even understand. . . I believe that if we truly cared about the Holy Spirit's grief, there would be fewer fights, divorces, and splits in our churches."

# Series Review. . . The Questions

As we close out this series, can you or your group give answers to these questions about the Holy Spirit from what you've known or learned in your own words?

- Why do we need the Holy Spirit?
- What is the Holy Spirit?
- How does the Holy Spirit work?
- Who can have, or who does have, the Holy Spirit?
- Where is the Holy Spirit?
- When does the Holy Spirit work?

# Series Review. . . The Answers

The Holy Spirit is fully God, which means our minds will never fully understand the answers to these questions. . . but we understand enough to be changed eternally. The Holy Spirit goes BEYOND, but we understand ENOUGH.

• Why do we need the Holy Spirit? We need the Spirit because we need God to live beyond the limits of our sinful nature. The Spirit gives us power to do the things that God has called us to do for His kingdom and glory!

• What is the Holy Spirit? The Holy Spirit is God! We can see what the Spirit is by the purpose the Spirit enacts. The Spirit sustains life, gives us power, guides us in wisdom, and grows our heart. So we understand the Spirit is life giving, powerful, a wise counselor and emotionally connected and invested in His creation.



• How does the Holy Spirit work? The Spirit works by completing us in our great needs: a comforter when we're uncomfortable, power when we are weak, an advocate when we cannot speak for ourselves, and a counselor when we are lost.

• Who can have, or who does have, the Holy Spirit? Anyone "can" have the Holy Spirit, but those that know God and have Jesus actually "have" the Spirit. If the Spirit is all the things we said in the question above, why would we not do everything we could to have a Spirit that gives comfort, power, wise counsel, etc?

• Where is the Holy Spirit? The Spirit is everywhere and is always working. Most of the time when we ask where the Spirit is, we're actually asking "What effect does the Spirit have in my life?" If the Spirit is everywhere, both around and dwelling within you, the Spirit is constantly working in your life. Are you present in the Spirit's presence?

• When does the Holy Spirit work? The Spirit is working as long as it is "today." The Spirit works through grieving and conviction when we are choosing the flesh, but also works in leading us to take steps of faith, to do things for God's glory!

#### Additional discussion questions:

- How do we continue to grow in the Spirit after this series? What can you, or your group, do to continue to intentionally seek, listen to and follow the Spirit?