

Life. Love. Legacy.™
2100 10th Ave
Vero Beach, FL 32960
(772) 562-8491

YOUR
LEADERSHIP
TEAM



Peter Rost
Executive Director



Jerome Leake
Sales & Marketing
Director



Danielle A. Castro
Resident Services
Director



Tejai Jones
Life Enrichment
Coordinator &
Regional Dining
Services Specialist



Dawn Gonzales
Assisted Living
Life Enrichment
Director



Chef Jaime Wallace
Dining Services
Director



Juan Perez
Maintenance
Director



Alla Kramer
Business Office
Manager



Richard Rosalia
Chaplain



A MESSAGE FROM YOUR EXECUTIVE DIRECTOR: OCTOBER 2026



October arrives with its own quiet invitation to slow down and notice what matters. The air turns crisp, leaves begin their colorful descent, and familiar sweaters find their way back into our daily routines. It's a season of change—but also one of remembrance, gratitude and renewed appreciation for the people around us.

At the heart of our work is a simple but meaningful mission: "To serve the Greatest Generation with honor, respect, faith and integrity." Living out that mission means seeing more than a room number, a care plan, or a daily schedule. We see the mother who once kissed scraped knees, the carpenter whose hands built homes, the teacher who encouraged generations of children, and the friend who never failed to show up when someone needed them. We take the time to know each person—their story, preferences, faith, humor, wisdom and the experiences that shaped them into who they are today. Each life holds hard-earned perspective, deeply held values, wisdom gathered through a lifetime of experience, and memories worthy of being known, shared, and honored.

There is something powerful about being known. We seem to recognize familiar voices somewhere deep within us, connecting the sound almost instantly with memories, emotions, and a sense of identity. That may help explain why hearing someone say our name with warmth—or recognizing the voice of a person we trust—can make us feel more at ease. A familiar voice can bring comfort before the words themselves have even registered. Long before a conversation unfolds, something within

us is already saying, "I know this person, and this person knows me." It's a small reminder that familiarity is more than recognition; it is one of the ways we experience connection, reassurance and belonging.

That sense of familiarity is built through small moments, repeated with genuine care: remembering how someone takes their coffee, knowing which song makes them smile, asking about the work they once loved, or taking time to hear a favorite story again—even when we've been fortunate enough to hear it before. It grows through shared laughter, a gentle greeting in the hallway, and noticing when someone seems a little quieter than usual. These details may appear ordinary, but together they create something meaningful. They tell a person: You are seen. You are known. You matter here. And perhaps just as importantly, they remind all of us that the time we spend getting to know one another is never wasted.

Thank you for allowing us to continue serving you and those you love. We're grateful for the trust you place in our communities and for the many ways you help make them feel like home. Please drop in and join us whenever you can for anything scheduled during October. Your presence is always welcome, and it means more than you may know.

Wishing you a peaceful October filled with gratitude, connection and the quiet beauty of the season.

Sincerely,

Peter S. Rost
Executive Director

Celebrations
& Milestones

Welcome to our newest residents!

- Chris Sinton
- Barbara Sharpe
- Doris Walton

Let's celebrate everyone marking
a special moment this month!

RESIDENT BIRTHDAYS

- Oct. 4: Richard K.
- Oct. 6: Elaine B.
- Oct. 8: Norman D.

TEAM MEMBER BIRTHDAYS

- Oct. 8: Yolanda
- Oct. 15: Ra'Naysha
- Oct. 21: Zeria
- Oct. 28: Michele

RESIDENT ANNIVERSARIES

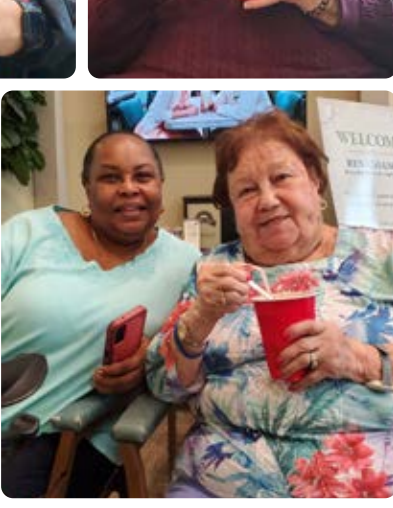
- Colette A.—9 yrs.
- Elaine B.—2 yrs.
- Barth S.—1 yr.

TEAM ANNIVERSARIES

- Carol—6 yrs.
- Ray—4 yrs.
- Michele—3 yrs.
- McKayla—1 yr.
- Annsy—1 yr.

SCOOP. SIP. SMILE.

VANESSA (USA) &
BROOKE (ADVANTAGE
POINTE HOME CARE)
TREATED RESIDENTS TO
ROOT BEER FLOATS



IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!

Your kind words don't just make our
day—they help other families find us.



A FEW OF OUR
COMMUNITY
PARTNERS

Kenny & Jami of Coastal Concierge
hosted an ice cream social.

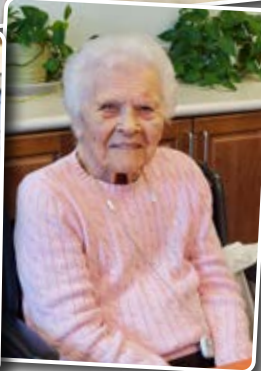
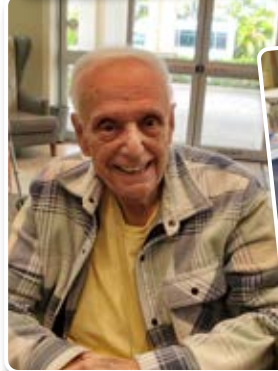
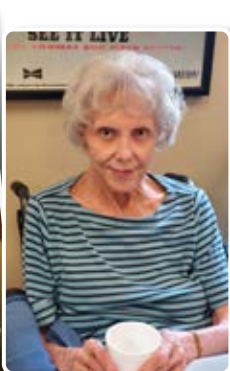
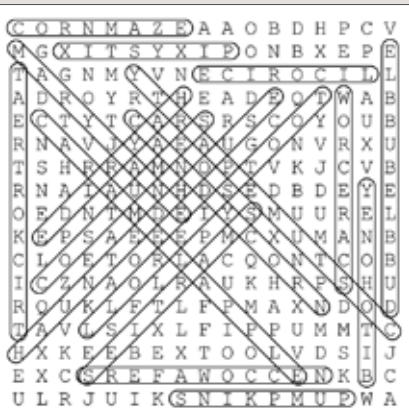


Stacy King shared skin
care from Dillards.



The Sunshine Singers of
First Methodist Church

We appreciate you all!



Miss Fancy's
Style Spotlight







SERVICE, TRAVEL & A HOLE IN ONE: THE MANY CHAPTERS OF *Chris Sinton*

Chris Sinton's life has taken him from the Pacific Northwest to Vietnam, through a banking career spanning more than four decades and eventually to the sunny shores of Florida. Along the way, his story has been shaped by service, hard work, travel and a love story that began in a wonderfully unexpected place.

Born on September 5, 1944, in Port Angeles, Washington, Chris grew up to answer the call to serve his country. He became an officer in the United States Army and served in Vietnam, where his courage and dedication earned him two Bronze Stars. His time in the military remains an important part of a life marked by commitment, discipline and service to others.

After completing his military service, Chris began a long and successful career in banking. He spent more than 46 years in the industry, working in New Jersey and Massachusetts before continuing his career in Florida. His professional journey reflected the same sense of dedication he brought to his military service.

One of the happiest chapters of Chris's life began at his 30th college reunion. It was there that he met JJ, the woman who would become his wife. What started as a reunion among former classmates grew into a lasting partnership, and Chris and JJ have now been married for more than 27 years.

After marrying, the couple moved to Florida and built a life together in the Sunshine State. Chris spent 16 years working at The Bank of Tampa, bringing his decades of banking

experience to the organization before retiring. Once his career came to a close, he and JJ moved to Vero Beach and embraced a new season of life together.

Retirement gave Chris and JJ more time to travel and enjoy the places they had long wanted to see. Their adventures took them to Europe, including memorable visits to Italy and London. These trips became part of the life they created together, filled with new experiences, shared discoveries and time spent enjoying one another's company.

Chris has always appreciated staying active. Fitness and sports remain important to him, and he especially enjoys skiing and golf. His time on the golf course led to an unforgettable achievement on July 5, 2022, when he recorded his first hole in one. For any golfer, it is a moment worth celebrating, and for Chris, it became another special milestone in a life already filled with them.

From serving as an Army officer in Vietnam and earning two Bronze Stars to building a 46-year banking career, finding love at a college reunion and traveling with JJ, Chris has lived with courage, dedication and an appetite for new experiences. Today, his story continues at Renaissance Senior Living of Vero Beach, where he enjoys an active life and the many rewards of a journey well lived.



HAPPY BOSS'S DAY!

We know who's really in charge around here—the residents, of course!

Still, we're grateful to our Executive Director, **Peter S. Rost**, for his leadership, dedication, and good humor. Thanks for keeping everything running smoothly, Peter!



OCTOBER Highlights

9th Lunch Outing to Ocean Grill
29th 3PM Halloween Social
5-6PM Trunk or Treat
(parking lot)



Trunk or Treat
Thurs. Oct. 29
5-6 PM
IN OUR PARKING LOT!

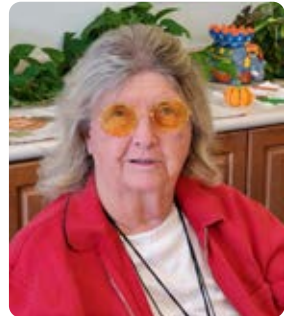


ALZHEIMER'S SUPPORT SERVICES

LEGACYSL.NET/ALZHEIMERS-SUPPORT



NATIONAL ASSISTED LIVING WEEK
Groovin' through the 70s



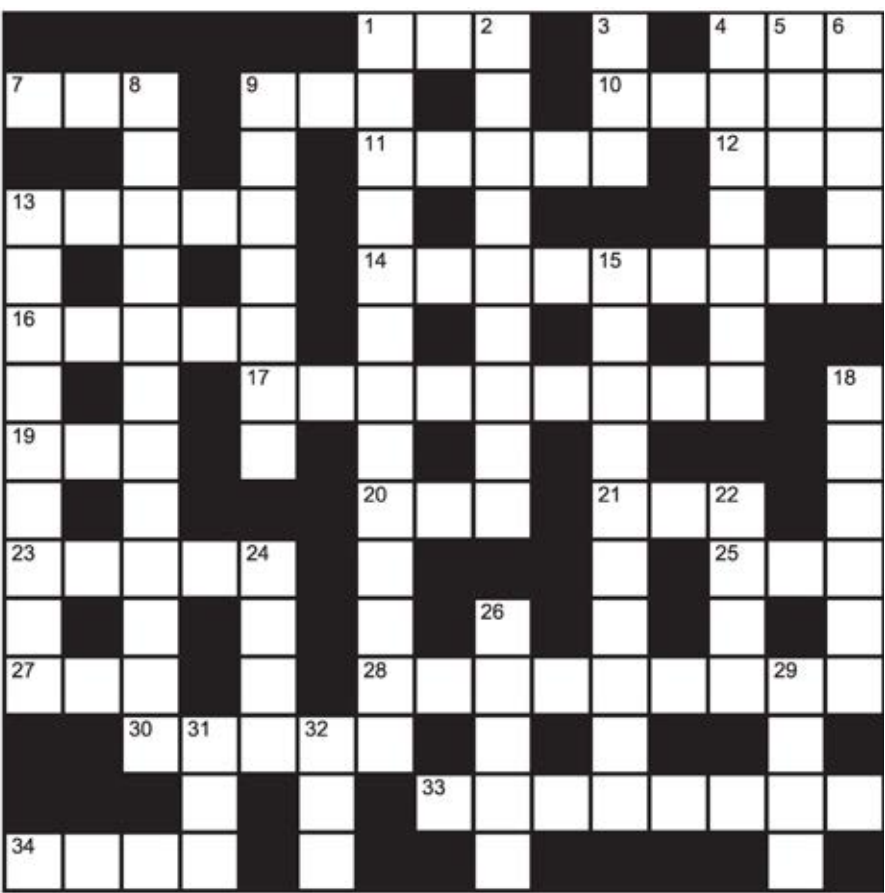
PRESSED FLOWER PROJECT

ACROSS

- 1. Royal carpet color
- 4. Huge conflict
- 7. "Jeremiah _____ a bullfrog..."
- 9. Driving range accessory
- 10. Major artery in the body
- 11. Fog or mist, for example
- 12. Light switch setting
- 13. Mr. Ed, for one
- 14. French, English, and Spanish are some
- 16. Without any money to spend
- 17. Mothlike insect
- 19. Sprinted, for example
- 20. "Strike three; you're _____!"
- 21. Male
- 23. Getting older
- 25. Cardiologist's test, abbrev.
- 27. Grade A item
- 28. What's left
- 30. Like corn tassels
- 33. In-depth
- 34. Place for picnicking

DOWN

- 1. American ____ War; "shot heard round the world"
- 2. Unable to do without
- 3. Tavern
- 4. Not in the right way
- 5. Automotive Transmission Fluid, abbrev.
- 6. Castaways' transports
- 8. Environment
- 9. Shakespeare: "And ____ hangs a tale"



- 13. Sleep through winter
- 15. Not known; strange
- 18. Can be used for pointing
- 22. A friend in _____
- 24. Lass
- 26. Mutual of ____'s Wild Kingdom
- 29. Sharp part of a sword
- 31. Kind, type
- 32. "Break me off a piece of that ____ Kat Bar!"



AN OLD-FASHIONED Halloween

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- BIT O HONEY
- CANDY CORN
- CARAMEL APPLE
- CORN MAZE
- COSTUME PARTY
- COSTUMES
- DUBBLE BUBBLE
- HAUNTED HOUSE
- HAYRIDE
- LICORICE
- MARY JANE
- NECCO WAFERS
- PIXY STIX
- PUMPKINS
- SCARECROW
- SMARTIES
- TOOTSIE ROLL
- TRICK OR TREAT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music by Mary Ann and Paula	2 9:30 - Chair Yoga 10:00 - Coffee and Chat 1:00 - Activity Committee Meeting 1:30 - Bingo 3:00 - October's Birthday Party 5:30 - Poker Night	3 9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Simple C Trivia Simchat Torah Begins
4 10:15 - Church Service with Pastor Richard 12:30 - Catholic Church Service with Holy Cross 1:00 - Football Game 1:30 - Word Games 3:00 - Coffee and Tea Chat	5 9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Trivia 1:30 - Bingo 3:00 - Stained Glass Craft 6:00 - Dominoes	6 Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:30 - Resident Council Meeting 1:30 - Bingo 3:00 - Apple Cider Social 5:30 - Card Games	7 Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Cauldron Craft 1:30 - Coffee with a Cop 3:00 - Music by JB Wallace National Coffee with a Cop	8 9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music by Anthony Schillizzi	9 9:30 - Chair Yoga 11:00 - Lunch Outing/Ocean Grill 3:00- Happy Hour/Meet your Neighbors 5:30 - Poker Night	10 9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Simple C Trivia
11 10:15 - Church Service with Pastor Richard 12:30 - Catholic Church Service with Holy Cross 1:00 - Football Game in Movie Room 1:30 - Word Games 3:00 - Shut the Box	12 9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Painting Class with Dawn 1:30 - Bingo 3:00 - Clay Ghost 6:00 - Dominoes Columbus Day (U.S.)	13 Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:00 - Food Demo with Jaime Director of the kitchen 1:30 - Bingo 3:00 - M & M Social 5:30 - Card Games National M&M Day	14 Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Macrame ghost 1:30 -Kenny from Coastal Concierge held activity 3:00 - Dessert Social National Dessert Day	15 9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music with Brian Bogart	16 9:30 - Chair Yoga 10:00 - Beaded pumpkin Craft Lunch - Pizza Party 1:00 - Food Committee Meeting 1:30 - Tour Around Town 3:00 - Happy Hour 5:30 - Poker Night	17 9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Simple C Trivia
18 10:15 - Church Service with Pastor Richard 12:30 - Catholic Church Service with Holy Cross 1:00 - Football Game in Movie room 1:30 - Word Games 3:00 - Pencil Art	19 9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Trivia 1:30 - Bingo 3:00 - Cheesecloth Ghost 6:00 - Dominoes	20 Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:30 - Music with Methodist Church in the Lobby 1:30 - Bingo 3:00 - Painting Pumpkins 5:30 - Card Games	21 Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Pencil Art with Dawn 1:30 - Bingo 3:00 - Music by Jo-Ann Scotto	22 9:30 - Exercise in Chapel 10:00 - Joyous Sing-A-Long with First Presbyterian Church in Chapel 1:30 - Bingo 3:00 - Music with Digger	23 9:30 - Chair Yoga 10:00 - Jewelry Class with Tejai and Dawn 1:30 - Bingo 3:00 - Happy Hour/ Music by David Perri 5:30 - Poker Night	24 9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Halloween Costume Concert with Mary-Ann and her Students
25 10:15 - Church Service with Pastor Richard 12:30 - Catholic Church Service with Holy Cross 1:00 - Football Game in Movie room 1:30 - Word Games 3:00 - Hand and Nail Care	26 9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Painting Class with Dawn 1:30 - Bingo 3:00 - Pumpkin Social 6:00 - Dominoes National Pumpkin Day	27 Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:00 - Legacy - Snack and Chat 1:30 - Bingo 3:00 - American Beer Social 5:30 - Card Games National American Beer Day	28 Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Pencil Art with Dawn 1:30 - Movie Matinee - The Haunted Mansion (2023)	29 9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Halloween Social/ Music with Jim Clark 5:00 - 6:00 - Trunk or Treat	30 9:30 - Chair Yoga 10:00 - Candy Corn Social 1:30 - Tour Around Town 3:00 - Happy Hour 5:30 - Poker Night National Candy Corn Day	31 9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Simple C Trivia Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Pledge & Devotions 1 8:00- Sunshine Greetings 9:30 - Thursday Stretch (Chapel) 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town-Bus Adventure 2:30 - Patio Chat & Garden Club 3:00 - Piano Music with Mary Ann	Pledge & Devotions 2 8:00- Sunshine Greetings 10:00 - T.G.I.F Workout 1:00- Daily Chronicle & It's in the Bag Trivia 2:00 - October Birthday Celebration 3:00- Dinner Music Hour w/Friends	Pledge & Devotions 3 9:30 - Saturday Swing 10:00 - Morning Prayer Group 1:30 - Beanbag Toss 2:30 - Motown Music Corner 3:00 - Simple C-Reminiscing Simchat Torah Begins
Pledge & Devotions 4 9:15 Morning Church Service w/ Pastor Richard 10:00 Patio Chats 12:30 Catholic Church Service 1:30 - Sun Tea & Trivia 2:00 - Surprise Bingo 3:00 - Short Stories w/ Lily	Pledge & Devotions 5 8:30 - Morning Greetings 9:30 - Am Shake Up Workout 10:00 - Morning Brain Spark 1:00- Balloon Volleyball 2:00- This is Jeopardy(Trivia) 3:00 - Stained Glass Craft	Pledge & Devotions 6 8:30 - Sunshine Greetings 9:30- Chair Yoga 10:00 - Morning Brain Spark 1:00 - At the Cinema: The Haunted Mansion w/ Ghostly Hallow Cookies & Crystal Ball Mocktails 3:00 - Apple Cider Social	Pledge & Devotions 7 8:30- Sunshine Greetings 9:30- Catholic Church Service 10:00 - Smoky Witch Cauldron Craft 1:30 - Coffee with a Cop 2:00 - Snack & Chat w/ Friends 3:00 - Smooth Sounds of J.B. Wallace	Pledge & Devotions 8 8:30 - Morning Greetings 9:30 - Morning Stretch (Chapel) 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town Beach Side 2:00 - Serenity Color in Motion 3:00 - Music w/ Anthony Schillizzi	Pledge & Devotions 9 8:30 Morning Greetings 9:30 - Friday Fitness(Chapel) 10:00 -Rocking the House w/ Digger 11:00 - Lunch Bunch: Ocean Grill 1:00 - Puzzle Magic 3:00 - Get To Know Your Neighbor	Pledge & Devotions 10 9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Color Me Calm 2:00 - Weekend Coffee Chats 3:00- Piano Music w/ Mary Ann
Pledge & Devotions 11 9:15- Morning Church Service w/ Pastor Richard 10:00 Patio Chats 12:30 Catholic Church Service 1:30 - Tea & Trivia 2:00 Simple C Program 3:00 - Short Stories w/ Lily	Pledge & Devotions 12 8:30- Sunshine Greetings 9:30 - Move It Monday 10:00 - Sunshine Bingo Hour 1:00 - Puzzle Magic 2:30 - 50's & 60's Commercial Trivia 3:00 - Clay Ghost Craft	Pledge & Devotions 13 8:30 - Morning Greetings 9:30 - Move & Groove Workout 10:00 - Food Demo with Jaime 1:00 - At the Cinema: The Addams Family w/ Grandmama's Newt Brew 2:00 - Harbor Resident Council 3:00 - M & M Social National M & M Day	Pledge & Devotions 14 8:30 - Morning Greetings 9:30 - Catholic Church Service 10:00- Macrame Ghost Craft 1:00 - One on One w/ Tejai & Lily 2:00 - Snack & Chat w/ Friends 3:00 - Dessert Social National Dessert Day	Pledge & Devotions 15 8:30- Sunshine Greetings 9:30 - Move & Groove(Chapel) 10:00- Work of Art Jewelry Class 1:00 - Tour Around the Town 2:00- Candy Pong Contest 3:00 - Music with Brian Bogart	Pledge & Devotions 16 8:30-Sunshine Greetings 9:30 - Friday Fitness Hour 10:00 - Beaded Pumpkin Art Class 11:30 - Rocktastic Pizza Party 1:00 - Activity Committee Meeting 1:30 - Ghost in the Hole Game 3:00 - Social Hour w/ Friends	Pledge & Devotions 17 9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:00 - Afternoon Movie w/ Lily 2:00 - Rest & Relaxation Hour 3:00 - Dinner Music Hour
Pledge & Devotions 18 9:15 - Morning Church Service w/ Pastor Richard 10:00 -Beautiful Day Patio Chats 12:30 - Catholic Church Service 1:30 - Trivia & Tea 3:00 - Short Stories w/ Lily	Pledge & Devotions 19 8:30- Morning Greetings 9:30- Move it Monday 10:00 - Bean Bag Toss in the Garden 1:00 - Color with a Twist 2:30 - Pumpkin Patch Trivia 3:00 - Cheesecloth Ghost	Pledge & Devotions 20 8:30 - Sunshine Greetings 9:30 - Morning Workout 10:30 - Music w/ The Methodist Choir 1:00 - At the Cinema: Hocus Pocus w/ A Muck A Muck Cake 3:00 - Pumpkin Paint Class	Pledge & Devotions 21 8:30- Sunshine Greetings 9:30 - Catholic Church Service 10:00 - Music Matters w/ Laureen 1:00 - One on One w/ Tejai & Lily 2:00 - Snack & Chat w/ Friends 3:00 - Music w/ Jo-Ann Scotto	Pledge & Devotions 22 8:30 - Morning Greetings 9:30 - Thursday Stretch (Chapel) 10:00 - Joyus Sing a Long (Chapel) 1:00 - Tour the Town Sebastian River 2:30 - Patio Chat w/ Friends 3:00 - Music w/Digger	Pledge & Devotions 23 8:30- Morning Greetings 9:30 - Morning Workout (Chapel) 10:00 - Work of Art Jewelry Class 1:00- Sensory Station: Taste Buds Overload 2:30 - Double OO's Word Game 3:00 - Music w/ David Perry	Pledge & Devotions 24 9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Color Me Calm 2:30 - Classic Commercial Trivia 3:00 - Halloween Concert w/ Mary Ann & Students
Pledge & Devotions 25 9:15 - Morning Church Service w/ Pastor Richard 10:00 - Sunshine Coffee Chat 12:30 - Catholic Church Service 1:30 - Around the World Trivia 2:00 - Patio Conversations w/ Friends 3:00 - Short Stories w/ Lily	Pledge & Devotions 26 8:30- Sunshine Greetings 9:30 - Morning Stretch 10:00 - Finish the Phrase 1:00 - Double TT's Word Game 2:30 - The Monsters Trivia & Coffee 3:00 - Pumpkin Social National Pumpkin Day	Pledge & Devotions 27 8:30-Morning Greetings 9:30 - Motion Workout on the Patio 10:30 - Snack & Chat w/ Friends 1:00 - At the Cinema: Night at the Museum Battle of the Smithsonian 2:00 - Puzzle Magic Hour 3:00 - National American Beer Day: Beer Social National American Beer Day	Pledge & Devotions 28 8:30- Morning Greetings 9:30-Catholic Church Services 10:00- Workout Wednesday 1:00 - One on One w/ Tejai & Lily 2:00 - Snack & Chat w/ Friends 3:00 - Halloween Town Chronicles	Pledge & Devotions 29 8:30- Sunshine Greetings 9:30 - Thursday Stretch(Chapel) 10:00 - Work of Art Jewelry Class 1:00 - Pumpkin Carving 3:00 - Halloween Social Hour w/ Music by Jim Clark 5:00-6:00 Trunk or Treat	Pledge & Devotions 30 8:30- Sunshine Greetings 9:30 - Morning Workout (Chapel) 10:00 - Candy Corn Social 1:00 - Halloween Town Short Stories 2:00 - Puzzle Magic 3:00 - Patio Chat w/ Friends National Candy Corn Day	Pledge & Devotions 31 9:30 - Saturday Swing 10:00 - Morning Prayer Group 1:30 - Beanbag Toss 2:30 - Music Corner 3:00 - Simple C-Reminiscing Halloween