## RENAISSANCE

SENIOR LIVING of VERO BEACH

Life. Love. Legacy.™
2100 10th Ave
Vero Beach, FL 32960
(772) 562-8491

#### **Your Administrative Team**



Peter Rost Executive Director



Jerome Leake Sales & Marketing Director



Lisa Nizam, BSN, RN Resident Services Director



Tejai Jones Life Enrichment Coordinator & Regional Dining Services Specialist



**Juan Perez**Maintenance Director



Francisco Rodriguez
Dining Services
Director



Alla Kramer Business Office Manager



Dawn Gonzales
Assisted Living Life
Enrichment
Director



### Message From Your Executive Director: October 2025



As the leaves start to change and the air turns crisper, it seems like life speeds up for everyone. Around here, fall is a season bustling with activity—festivals, family events, and traditions both old and new. For many, this time of year is a juggling act: kids settling into the

school routine, calendars filling up with sports and lessons, and workplaces picking up the pace after summer. If you're part of the "sandwich generation," you know better than anyone what it means to be pulled in all directions at once, balancing the needs of growing children and supporting aging parents or grandparents, often while still managing careers and everything else life throws your way.

We know that when a loved one moves into our community, it's usually because families need a helping hand. What might come as a surprise is how often you'll hear from us, too, inviting you to join in for a meal, a festival, a musical performance, or just a moment to connect. I send out a regular updates through MailChimp to help you stay in the loop. If you're not receiving these, please let me know at prost@renaissanceverobeach.com which email address we should use to enroll you. We do this not to add to your already-full plate, but because we

believe that staying connected, even in small ways, means everything to the people who live here—and to those who love them.

Still, we understand that you can't be everywhere at once. Sometimes, you're running from a school bake sale to a weekend tournament, and there just isn't enough of you to go around. Please know: we see you, we appreciate you, and we're grateful for every moment you share with us, even if it's just a phone call or a note sent in.

This month, as we roll out fall celebrations and family-friendly events, we hope you'll find a few minutes to join us when you can. Our doors are always open, and there's nothing better than seeing families come together, whether for a pumpkin craft, a game night, or just to laugh and swap stories. Maybe, just maybe, our little gatherings will make it a bit easier to spend time with your loved ones, all in one place.

Thank you for trusting us with someone so important to you. We're honored to be part of your extended family.

Sincerely,



# Michael Ilardi: A Life Full of Stories (and a Wagging Tail)

If you've had the pleasure of meeting Michael Ilardi, you

already know he has a warm smile and a story or two to share. Michael was born in the Bronx, NY, and grew up in a lively Italian neighborhood filled with good food, strong family ties, and plenty of hard work. As a young boy, he kept busy delivering bottles of bleach to neighbors and lending a hand in a local Italian deli. Those early years taught him responsibility, community, and a love for simple things done well.

As he got older, Michael found his way into the roofing business. He was taught the trade by a man who would one day become his father-in-law—a relationship that added both skill and family to his life. After many successful years, Michael

decided to sell the business and head south with his family for a new chapter in Jupiter, Florida. There, he tried his hand at real estate and even worked as a limo driver, enjoying the chance to meet new people from all walks of life.

These days, Michael makes time for the things that bring him joy. He's an avid golfer and never passes up the chance for a good game. But if you ask him, his biggest source of pride is being "daddy" to his dog Bruno, who keeps him smiling and active.

Michael's life has been filled with hard work, adventure, and love for family—both two-legged and four-legged. He reminds us all that no matter where life takes you, it's the relationships and little joys that make the journey worthwhile. We're so glad to call Michael part of our community!





2025 SCAVENGER HUNT CHAMPIONS!



#### Welcome to our newest residents!

- Joan E.
- Michael I.
- Alma P.



### Let's celebrate everyone marking a special moment this month!

#### **RESIDENT BIRTHDAYS**

- Oct. 4: Richard K.
- Oct. 6: Elaine B.
- Oct. 8: Norman D.
- Oct. 27: Frances C.

#### TEAM MEMBER BIRTHDAYS

- Oct. 15: Ra'Naysha
- Oct. 19: Camila
- Oct. 21: Zeria
- Oct. 21: Lynzi
- Oct. 28: Michele



#### RESIDENT ANNIVERSARIES

- Colette A. 8 years
- Clara P. 5 years
- Joy J. 2 years

#### TEAM ANNIVERSARIES

- Carol 5 years
- Ray 3 years
- Michele 2 years
- Ivette 2 years





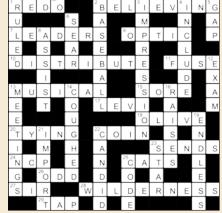












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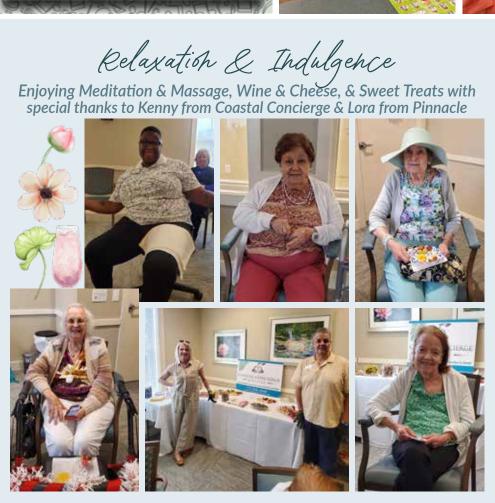
















## GET TO KNOW PETE: 20 Questions Edition

Ever wonder what makes Pete tick? In honor of National Boss's Day, we put him in the hot seat and asked 20 fun and revealing questions. Whether you've known Pete for a while or you're just joining our community, here's your chance to get to know the person behind the job title!

- 1. If you were a cartoon character, who would you be? Bugs Bunny. He's a smart-aleck and always comes out on top.
- 2. What's your signature dance move? The Filet-
- 3. Which mythical creature would you adopt as a pet? Dragon
- 4. Do you have any "useless" talents or party tricks? ? I can touch my nose with my tongue (eliminates the middleman  $\bigcirc$ )
- 5. If you could have dinner with any fictional character, who would it be? Hannibal Lecter
- 6. What's the worst haircut you've ever had? Not had but gave. In 5th grade my friend Kenny Schwartz and I were in the garage when he said he needed a haircut. I used bush pruning scissors and halfway through he realized he was late for dinner. As my family sat for dinner, my Mom got a call from Mrs. Schwartz. Apparently, Kenny was wearing a hat at dinner, a no-no, and when she forced him to take it off was aghast at the damage I had done. I ended up paying for Kenny's crew cut as that was the only way to repair my damage.
- 7. If you had to give yourself a new name, what would you pick? Rip Rock Rost
- 8. What's the oddest thing you've ever eaten? A German sausage made with brains, stomach and intestines. I read in a guidebook that it cured hangovers and having spent too much time in the Beer Garden the night before, I decided to try it. Three days later I learned what it was made of, and I suffered from dry heaves thinking about what I ate. (It did help the hangover. though.)
- 9. If you woke up tomorrow as an animal, what social, smart and playful.
- 10. What's one thing you can't live without? Air.

11. What's your go-to karaoke song? If I'm about to sing

Karaoke, take away my car keys!!! I certainly can't drive if I believe I can sing.

- 12. If you could invent a holiday, what would it celebrate and how would you celebrate it? My half-birthday! As an identical twin born 10 days after Christmas, my brother and I would get a gift to "Peter and David. Merry Christmas and Happy Birthday." So basically, a quarter-gift. It would be called Twin Fairness Birthday Day!
- 13. If you could have any superpower, what would it be? Invisibility.
- 14. What's the best trip you've ever taken? New Year's Eve 1989 on top of the Berlin Wall. At 11:30 pm the Eastern German Guards were pushing us off the wall. By 11:45 they were helping us up and drinking champagne!
- 15. What song always makes you dance or sing along? "Bohemian Rhapsody" and "American Pie" (me and everyone else)
- 16. Morning person or night owl? Morning person.
- 17. What's the most adventurous thing you've ever done? Skydiving, Bungee Jumping, Scuba Diving (when I was young; not today!)
- 18. What's a book you think everyone should read? A Simple Plan.
- 19. If you could time travel, would you go to the past or the future and why? Five Years in Future - find the stocks that appreciated the most, go back and buy them!
- 20. What's the best gift you've ever received? A personalized Santa with a Nice List of my wife, kids and friends from my sister.
- animal would you hope to be? *Dolphin. They're* 21.If you could instantly master any skill, what would it be? Dancing or Guitar.

#### **ACROSS**

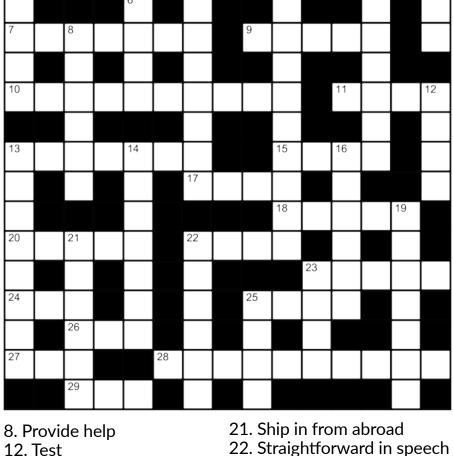
- 1. Make over
- 2. "Seeing is \_\_\_\_."
- 7. Team captains are some
- 9. Vision-related
- 10. Hand out; dispense
- 11. Needed to ignite dynamite
- 13. Common Broadway offering with lots of singing
- 15. "I have \_\_\_ muscles after my workout."
- 17. Strauss & Co. (jeans magnate)
- 18. Popeye's gal
- 20. \_\_\_\_ the knot; marrying
- 22. Piggy bank jingler
- 23. "That \_\_\_\_ shivers up my spine!"
- 24. North Celestial Pole, abbrev.
- 25. Felines
- 26. Peculiar
- 27. Knight's title
- 28. An untouched forest
- 29. Pub fixture

#### **DOWN**

- 1. 1. Reigned
- 2. Sport at which Willie Mays excelled
- 3. Comedic imitation
- 4. "Please \_\_\_\_ payment with your order."
- 5. Generation \_\_\_ (difference between ages)
- 6. Burn the surface of

- 8. Provide help
- 13. Encounters
- 14. Cleared one's throat 16. Elevates

  - 19. Infinite



The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

NEVIRDOEDORALWI IZZLYHSHRSOIV SIBMHMENCTXKSNE ETEWJOOUHIRWAEL IGSILQRABRNGG HTLUSEULPEUMGKO ADWSRASHYSKJEOL T M I E K F T S G W T A L S D EMLEKIPIAOOVETR K D S L F J B V V L X O S U U AHFFBODIEZGZDNS IDIAMNUSLNMEH D R A O B F R U S K Z I U F D

G T T S A O C T S E W M E S G

DISNEYLANDHVEXS

**BIG SUR** GRIFFITH PARK NUTS BODIE **GRIZZLY** DISNEYLAND HOLLYWOOD EARTHQUAKES LAKE TAHOE **EUREKA** LEVI'S **FRUITS** LOS ANGELES **GOLD RUSH** MISSIONS

**RODEO DRIVE** SUNGLASSES SUN-MAID **SURFBOARD WEST COAST** WINE

23. "When You Wish Upon a

25. Secret message



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2 RENAISSANCE	025	Doctors Appointments 1 9:30 - Catholic Service with St. Helen 10:00 - Pencil art w/ Dawn 1:30 - Movie Matinee - My Fair Lady (1964)  Yom Kippur Begins	9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Arts & Crafts - Cheesecloth ghosts	9:30 - Chair Yoga 10:00 - Word Scramble With Dawn 1:00 - Activity Committee Meeting 1:30 - Elder Home Care - Trivia Bingo with Susan 3:00 - October's Birthday Party 5:30 - Poker Night	9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Chat with friends 5:00 - 8:00 - Car Show
10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Therapy with Carol	9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:30 - Resident Council 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes  Sukkot Begins	9:30 - Exercise in Gym with Legacy Rehab 10:00 - Painting Class W/Dawn 1:30 - Bingo 3:00 - Beaded Pipe Cleaner Pumpkins 5:30 - Card Games	9:30 - Catholic Service with St. Helen 10:00 - Drum Circle w/ Brandon 1:30 - Rummikub 2:30 - Movie Matinee - The Thin Man (1934)	9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music with Anthony Schillizzi	9:30 - Chair Yoga 11:00 - Lunch Outing/Ocean Grill 3:00 - Happy Hour/Trivia 5:30 - Poker Night	9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Music with Mary Ann and her students for a Halloween Costume Concert
10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Therapy with Carol	Chapel 10:00 - Shopping with Rick 10:00 - Simple C Trivia 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes Indigenous Peoples' Day Columbus Day (U.S.)	9:30 - Exercise in Gym with Legacy Rehab 10:00 - Maintenance Director Making a Bird House 1:30 - Bingo 3:00 - Dessert Social 5:30 - Card Games Simchat Torah Begins National Dessert Day	9:30 - Catholic Service with St. Helen 10:00 - Pencil art with Dawn 1:30 - Movie Matinee - South Pacific (1958)	9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:00 - Food Committee Meeting 1:30 - Bingo 3:00 - Music with Brian Bogart	9:30 - Chair Yoga 10:00 - Word Scramble with Dawn 1:30 - Bingo 3:00 - Oktoberfest Party with Amy Hueston for Entertainment 5:30 - Poker Night	9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Chat with Friends
10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Therapy with Carol	9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Simple C Trivia 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes	9:30 - Exercise in Gym with Legacy Rehab 10:30 - Music with Mark and Methodist Church in the Lobby 1:30 - Bingo 3:00 - Painting Pumpkins 5:30 - Card Games	9:30 - Catholic Service with St. Helen 10:00 - Pencil art with Dawn 1:30 - Movie Matinee - West Side Story (1961)	9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Boston Cream Pie Social  National Boston Cream Pie Day	9:30 - Chair Yoga 10:00 - Word Scramble with Dawn 1:30 - Halloween Epoxy Coasters (Resin) 3:00 - Happy Hour/Trivia 5:30 - Poker Night	9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Chat with Friends
10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Therapy with Carol	9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Gardening Club for the Fall 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes	9:30 - Exercise in Gym with Legacy Rehab 10:00 - Legacy - Snack and Chat 1:30 - Bingo 3:00 - Chocolate Social 5:30 - Card Games National Chocolate Day	9:30 - Catholic Service with St. Helen 10:00 - Pencil art with Dawn 2:00 - Movie Matinee - Hocus Pocus (1993)	9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Hot Chocolate Social/Candy Corn	9:30 - Chair Yoga 10:00 - Word Scramble with Dawn 1:30 - Bingo 3:00 - Halloween Party with Scotch and Soda for Entertainment 5:30 - Poker Night Halloween	Activity's are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	October 2025 2	025	Pledge & Devotions 1  8:00- Sunshine Greetings 9:30- Catholic Church Service 10:00 - Wednesday Workout 1:00 - Trivia Bingo 2:00 - Chronicles & Coffee 3:00 - Minute To Win It Sort, Match, & Stack 6:00 - Name that 50's Tune Yom Kippur Begins	Pledge & Devotions 2 8:00- Sunshine Greetings 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town-Bus Adventure 2:30 - Patio Chat & Garden Club 3:00 - Piano Music with Mary Ann 6:00 - Evening Game: Dominoes	Pledge & Devotions 3  8:00- Sunshine Greetings 10:00 - T.G.I.F Workout 1:00- Daily Chronicle & It's in the Bag Trivia 2:00 - October Birthday Celebration 3:00- Mini Golf Challenge 6:00 - Evening Show: My Three Sons	Pledge & Devotions 4  9:30 - Saturday Swing 10:00 - Morning Prayer Group 1:30 - Beanbag Toss 2:30 - Motown Music Corner 3:00 - Simple C-Reminiscing 6:00 - Evening Show: I Love Lucy
Pledge & Devotions 5	Pledge & Devotions 6	Pledge & Devotions 7	Pledge & Devotions 8	Pledge & Devotions 9	Pledge & Devotions 10	Pledge & Devotions 11
Pastor Richard 10:00 Patio Chats 12:15 Catholic Services 1:30 - Sun Tea & Trivia 2:00 - Surprise Bingo	8:00 - Morning Greetings 10:00 - Am Wake Up Shake Up 1:00- Balloon Volleyball 2:00- This is Jeopardy( Trivia) 3:00 - Piano Lounge w/ Mark 6:00 - Radio Classics Malt Shop Oldies  Sukkot Begins	8:00 - Sunshine Greetings 10:00 - Chair Yoga 10:30 - Showtime w/ Mark 1:00 - Pumpkin Painting 2:00 -Patio Chat & Daily Chronicle 3:00 - Cornhole 6:00 - Evening Show: The Honeymooners	8:00 - Morning Greetings 9:30 - Catholic Church Service 10:30 - Drum Circle w/ Brandon 1:00 - Afternoon Game: Sorry 3:00 - Rain Drop Umbrella Ball Toss 6:00 - Name that Tune-The Rat Pack	8:00 - Morning Greetings 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town Beach Side 2:30 - Patio Chat & Daily Chronicle 3:00 - Music w/ Anthony Schillizzi 6:00 - Evening Game: Classic Checkers	8:00 Morning Greetings 10:00 -Rocking the House w/ Digger 11:00 - Lunch Outing/Ocean Grill 1:00 - At the Cinema: The Haunted Mansion 3:00 - Get To Know Your Neighbor 6:00 - Easy Listening: Michael Buble	9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Color Me Calm 2:00 - Weekend Coffee Chats 3:00- Piano Music w/ Mary Ann 6:00 - Evening Show: I Love Lucy
Pledge & Devotions 12	-	Pledge & Devotions 14	Pledge & Devotions 15	Pledge & Devotions 16	Pledge & Devotions 17	Pledge & Devotions 18
Pastor Richard 10:00 Patio Chats 12:15 Catholic Services 1:30 - Tea & Trivia 2:00 Simple C Program	8:00- Sunshine Greetings 10:00 - Move It Monday 1:00 - Balloodle Circle w/ Friends 2:30 - 50's & 60's Commercial Trivia 3:00 - Piano Lounge w/ Mark 6:00 - Radio Classics: The Lone Ranger Indigenous Peoples' Day Columbus Day (U.S.)	8:00 - Morning Greetings 10:00 - Move & Groove Workout 10:30 - Showtime w/ Mark 1:00 - Indian Corn Crafting Studio 2:00 - Harbor Resident Council 3:00 - Patio Chat in the Garden 6:00 - Evening Show: Carol Burnette Show	8:00- Sunshine Greetings 9:30 - Catholic Church Service 10:00 - Golden Year Walking Club 1:00 - What's Inside the Box( Ghoulish Things) 3:00 - Spooky Halloween Art Studio 6:00 - Evening Music: Johnny Cash	8:00- Sunshine Greetings 10:00 - Move & Groove 1:00 - At the Cinema: Ghostbusters Frozen Kingdom 2:00- Color Me Calm 3:00 - Music with Brian Bogart 6:00 - Dominoes	8:00-Sunshine Greetings 10:00 - Friday Fitness Hour 11:30 - Rocktastic Pizza Party 1:00 - Activity Committee Meeting 1:30 - Fluorescent Art Paint Shop 3:00 - Oktoberfest Celebration 6:00 - Evening Show: Gomer Pyle U.S.M.C	9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:30 - Beanbag Toss 2:30 - Afternoon Cider Social w/ Friends 3:00 - Simple C-Reminiscing 6:00 - I Love Lucy
Pledge & Devotions 19	Pledge & Devotions 20	Pledge & Devotions 21	Pledge & Devotions 22	Pledge & Devotions 23	Pledge & Devotions 24	Pledge & Devotions 25
10:00 -Beautiful Day Patio Chats 12:15 - Catholic Services 1:30 - Trivia & Tea	8:00- Morning Greetings 10:00 - Monday Fitness 1:00 - Rainbow Volleyball 2:30 - Pumpkin Patch Trivia 3:00 - Piano Lounge w/ Mark 6:00 - Radio Classics: Patsy Cline	8:00 - Sunshine Greetings 10:00 - Morning Workout 10:30 - Music w/ Mark and the Methodist Choir 1:00 - Color with a Twist 2:00 - Passport To: Transylvania 3:00 - Tast Station: Authentic Sarmale 6:00 - Evening Show: Johnny Carson	8:00- Morning Greetings 9:30-Catholic Church Services 10:00- Workout Wednesday 1:00 - Bowling for Big Bucks 3:00 - Halloween Town Chronicles 6:00 - Name that Tune: The 1950's	8:00 Morning Greetings 10:00 - Tai Chi with Me 1:00 - Tour the Town Sebastian River 2:30 - Patio Chat w/ Friends 3:00 - Pumpkin Bucket Toss Challenge 6:00 - Evening Game: Classic Dominoes	8:00- Morning Greetings 10:00 - Work of Art Jewlery Class 1:00- Friday Field Day- Sensory Games 2:00 - At the Cinema: Hocus Pocus 6:00 - Radio Classic-Vincent Price	9:30 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Color Me Calm 2:30 - Classic Commercial Trivia 3:00 - Simple C-Reminiscing 6:00 - I Love Lucy
9:00 - Morning Church Service w/ Pastor Richard 10:00 - Sunshine Coffee Chat 12:15 - Catholic Services 1:30 - World Trivia 2:00 - Patio Conversations w/ Friends	Pledge & Devotions 27  8:00- Sunshine Greetings 10:00 - Move It Monday 1:00 - Balloodle 2:30 - The Monsters Trivia & Coffee 3:00 - Piano Lounge w/Mark 6:00 Radio Classics: Dionne	Pledge & Devotions 28 8:00-Morning Greetings 10:00 - Workout at Legacy Gym 10:30 - Showtime w/ Mark 1:00 - Meditative Painting Studio 2:00 - Cornhole-Ghost in the Bag	Pledge & Devotions 29 8:00-Sunshine Greetings 10:00 - Morning Meditation 1:00 - Guys & Ghouls Bingo 2:00 - Hand and Nail Therapy 3:00 - Classic Trivia & Chronicles 6:00 - Name that Tune: Country	8:00- Sunshine Greetings 10:00 - Crafting Friendsgiving Invitations 1:00 - At the Cinema: The Addams Family 2:00 - Tour the Town: Ft. Pierce Inlet 3:00 - Afternoon Garden Club: Fall Vegetables	Pledge & Devotions 31  8:00- Sunshine Greetings 10:00 - Candy Chucking Contest 1:00 - Bowling for Rotten Apples 2:00 - Welcome to The Bakery( Spooky Treats) 3:00 - Spooktacular Halloween Party	THE HARBOR
3:00 - Simple C Program 6:00 - Turner Classic Movie	Warwick	3:00 - Chronicles at the Coffee House	Classics	6:00 - Evening Game: Uno Card Game	Music by Scotch & Soda 6:00 - Evening Game: Dominoes Halloween	/(•) \\