

RENAISSANCE

SENIOR LIVING of VERO BEACH

Life. Love. Legacy.™

2100 10th Ave
Vero Beach, FL 32960
(772) 562-8491

RENAISSANCE

SENIOR LIVING of VERO BEACH



YOUR LEADERSHIP TEAM



Peter Rost
Executive Director



Jerome Leake
Sales & Marketing Director



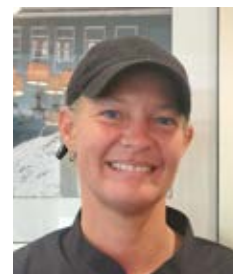
Danielle A. Castro
Resident Services Director



Tejai Jones
Life Enrichment Coordinator & Regional Dining Services Specialist



Dawn Gonzales
Assisted Living Life Enrichment Director



Chef Jaime Wallace
Dining Services Director



Juan Perez
Maintenance Director



Alla Kramer
Business Office Manager



Richard Rosalia
Chaplain

A MESSAGE FROM YOUR EXECUTIVE DIRECTOR: JUNE 2026



Dear Residents, Families, and Friends,
June always seems to arrive as an invitation—a gentle nudge to step outside, savor the longer days, and find joy in simple things. Gardens burst with color, porches grow livelier, and there's a quiet sense that something new might be waiting just around the corner.

Here's a bit of trivia that surprised me recently: June is the only month in the year without a single federal holiday. It's funny, isn't it? For a month so often filled with weddings, reunions, and Father's Day celebrations, June manages to feel festive all on its own. Maybe that's the gift of this time of year—a little extra space to make our own traditions, whether that means a leisurely walk, sharing a favorite story, or just taking time for an extra-long conversation with someone you care about.

This month, I find myself reflecting on a quiet lesson once shared by my Dad: "You don't have to have all the answers. Just be willing to listen, and show up when it matters." That simple wisdom has stayed with me, a reminder that

the most meaningful impact often comes from small moments—patience, presence, encouragement—rather than grand gestures.

As Father's Day approaches, it's a chance to honor not just fathers, but all those who have offered guidance, support, and love along the way. Whether you're remembering someone, celebrating a mentor or friend, or simply feeling grateful for the caring people in your life, I hope the day brings comfort and connection in whatever form feels right to you.

Across our community, June means more time for laughter, fresh air, and the feeling of truly belonging. Thank you for making this place so welcoming and warm. Here's to a month of discovery, connection, and all the comforts of home.

With warmest wishes,

Peter S. Rost
Executive Director

Celebrations & Milestones

Welcome to our newest residents!

- Meredith Hernandez
- James Scott
- JoAnn Johnson
- Erika Zeck

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- June 2: Robert S.
- June 8: Emel F.
- June 26: Helen K.
- June 30: Linda B.
- May 29: David B.

TEAM MEMBER BIRTHDAYS

- June 3: Jackie
- June 8: Stephanie
- June 8: Jean
- June 19: Dawn
- June 24: Lenora

RESIDENT ANNIVERSARIES

- Marlowe A. - 4 years



**ACROSS FIELDS & OCEANS:
MEET Helen Pajak**

Helen T. Pajak's life began on a crisp January day in 1934, in Warwick, New York. The daughter of Jacob and Victoria Shuback, Helen grew up surrounded by the lively bustle of a family farm in Pine Island, working alongside her five siblings: Tekla, Victor, Arthur, Theodore, and Jack. Days were filled with hard work, laughter, and the sense of togetherness that comes from tending the land as a family.

It was in Pine Island, at a local dance, that Helen met a young man who would become her partner for life—Victor Pajak. Their story together began with a simple dance and blossomed into a marriage that started on October 14th, 1957. Together, Helen and Victor built a family

of their own, welcoming four children: Victor Jr., Donna, Barbara, and Debbie. Helen's life was never confined to just one place. With Victor, she traveled across North Africa, the Mediterranean, and Europe, collecting memories and adventures along the way. They found joy in the sun and sea, spending cherished time in Hawaii and Florida as well. After Victor's passing, Helen embraced a new chapter by moving to Las Vegas for nine years, finding her footing and new friendships in the desert city. Eventually, she settled in Florida to be closer to her son, bringing with her the warmth and resilience that have always defined her. Helen's journey is a testament to family, adventure, and an open heart—rooted on a New York farm, carried across continents, and held together by love.

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HATS!

The Real Reason There's a Derby Each May!



RIDDLE ME THIS!

I speak without a mouth and hear without ears. I have no body, but I come alive with the wind.
What am I?

CAUGHT IN THE MOMENT



Peacock Patrol

Property Passes Unannounced Flair Evaluation

COMMUNITY STYLE QUOTIENT CONFIRMED.

P	A	N	E	L	S	E	P	U	M	A	T	N	K	H	J	Q	U	Y	N	J	S	O	T	D	M	I	S	B	J	C	N	R	O	M	
H	V	S	P	U	M	A	T	N					B	E	A	K	G	C	B	O	V	Z	R	G	V	D	J	N	Z	P	E	I			
O	B	O	E	P	O	I	G	R	A	N	T		Z	B	N	U	V	H	X	T	M	O	L	F	V	D	J	N	P	J	P	B			
T	C	A	C	E									K	U	W	S	F	L	T	E	P	D	K	Y	G	D	D	P	O	Y	L	A	M		
O	R	C	H	A	R	D	O	A	R	F	A		L	L	T	K	W	R	B	R	P	M	N	P	Q		P	A	B	X	P	R			
G	U	I	U	N	A								T	Z	P	R	Y	C	A	J	G	P	Q	X	K	R	O	X	L	L	A	M			
R	P	E	R	P	E	N	D	I	C	U	L	A		R	J	Q	U	Y	O	R	R	N	U	W	G	I		R	O	R	E	R	L	R	
A	A	R	E	R	S	A							R	U	T	P	N	O	A	N	F	A	D	C	C	P	L	L	K	R	E	S	L	P	
P	O	T	A	T	O	M	A	E	A				A	Y	B	Z	P	M	U	U	M	A	A	Z	L		K	M	P	N	E	L	K		
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C	O	N	S	T	I	N	G						N	O	A	Q	O	E	R	W	Q	D	C	C	K	E	S	H	E	S	H				
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MEET CULINARY MAESTRO JAIME WALLACE

When Jaime Wallace steps into the kitchen, she brings more than just culinary skills—she brings two decades of passion, creativity, and a genuine love for creating meals that feel like home. With over 20 years in the restaurant industry and six years dedicated to senior living dining, Jaime has transformed countless meals from simple sustenance to genuine experiences of comfort and joy.

A graduate of Paul Smiths College with a Bachelor's Degree in Culinary Arts and Service Management, Jaime has honed her craft across the country and even internationally. Originally from New York and now a proud Floridian, she balances her professional expertise with the joy of being a mom to her 9-year-old son, often finding inspiration for her cooking between beach outings and workout sessions.

At Renaissance Senior Living of Vero Beach, Jaime isn't just a chef—she's a culinary storyteller, ready to create delicious memories, one meal at a time.



FATHER'S DAY SOCIAL SUNDAY, JUNE 21ST 3:00PM

Stay tuned for details coming soon!

NATIONAL NURSING ASSISTANTS WEEK



Your dedication and compassion make all the difference each day. Your hard work, gentle hands and heart for service bring comfort, dignity and joy to our residents.

JUNE 11-17 *We see you. We appreciate you.*



IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!



WE APPRECIATE YOUR FEEDBACK!

TACO 'BOUT a Fiesta

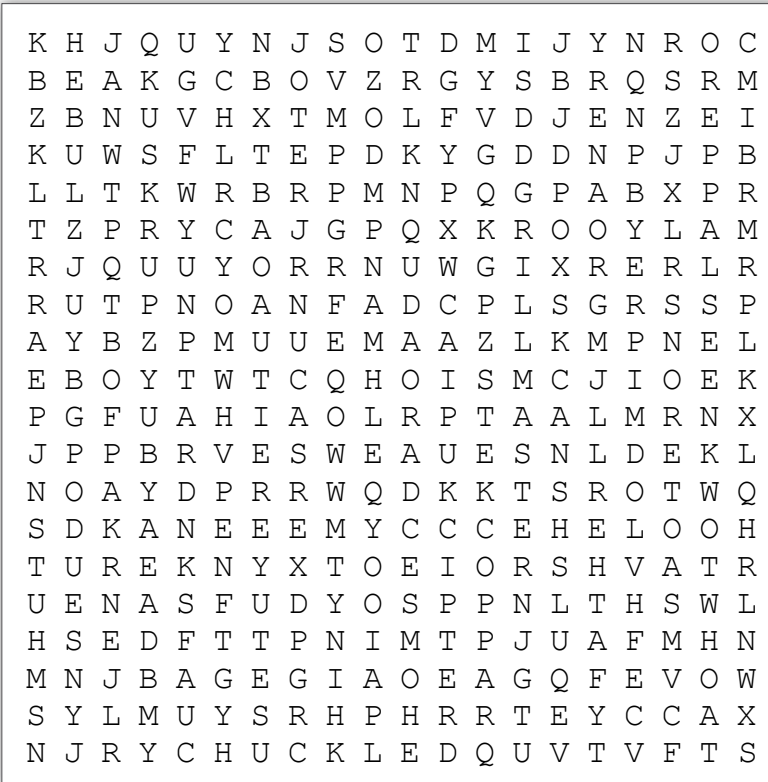
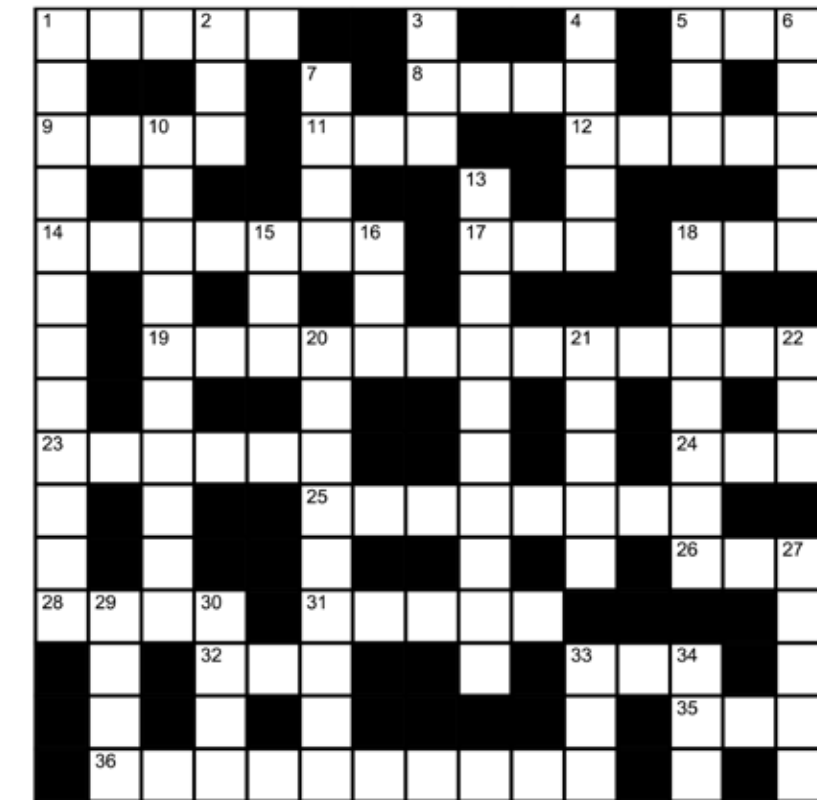


ACROSS

1. The entire ____ of judges gave the skater 10s
5. Greek alphabet's 23rd letter, ψ; rhymes with sigh
8. Feline-inspired athletic shoe brand
9. Double-reeded instrument; clarinet's cousin?
11. Hawaiian dish; rhymes with soy
12. Ulysses S. ____; president on the \$50 bill
14. An area of fruit trees
17. Helpful tool when rowing a boat
18. "Long ago and ____ away..."
19. At a right angle; not horizontal
23. _____ pancakes; latkes
24. "It's a dog-____-dog world"
25. Feeling gratitude
26. ____ high: about that tall
28. Pros and ____ of an issue
31. A bee's defense
32. Before shot and after hot
33. "____ Now or Never" by Elvis Presley
35. ____ up with; tolerate
36. Not planned; unintentional

DOWN

- | | | |
|---|-------------------------------------|---------------------------------------|
| 1. Extremely keen kind of memory | 7. Practice with a boxer | 21. Embroidery or pottery for example |
| 2. <i>The Three Faces of</i> ____, starring Joanne Woodward | 10. Job; profession | 22. Mickey's larger cousin? |
| 3. Prefix for dermis or pen | 13. Ostracizing; punishing | 27. Severe; critical |
| 4. Racetrack bet | 15. "Love Is in the ____" | 29. Killer whale |
| 5. Parent Teacher Association, abbrev. | 16. Preceded by past or over | 30. Blueprint or plan |
| 6. Lay to rest; entomb | 18. Untruthfully | 33. Not well |
| | 20. Complained; raised an objection | 34. Hot tub or wellness retreat |






DAD-ISMS

The words listed can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|-------------|-------------|------------|
| ADVICE | JOKESTER | ROAD TRIP |
| CORNY | KNEESLAPPER | SNACKS |
| CHUCKLE | LAWN | SNEAKERS |
| FATHER | PICKUP | SNORE |
| GRILLMASTER | POCKETS | SUNDAY NAP |
| GROANER | PUNNY | THERMOSTAT |
| HANDY | REMOTE | TOOL BELT |



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Care with Carol</p> <p>Flag Day (U.S.)</p>	<p>9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Trivia 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes</p>	<p>Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:30 - Resident Council Meeting 1:30 - Bingo 3:00 - Rocky Road Ice-cream Social 5:30 - Card Games</p> <p>National Rocky Road Day</p>	<p>Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Pencil Art with Dawn 1:30 - Bingo 3:00 - Music by JB Wallace</p>	<p>9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music with Mary Ann and her students</p>	<p>9:30 - Chair Yoga 10:00 - Coffee and Chat 1:00 - Activity Committee Meeting 1:30 - Rock Painting 3:00 - June's Birthday Party 5:30 - Poker Night</p>	<p>9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Simple C Trivia</p>	
<p>10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Care with Carol</p>	<p>9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Painting Class with Dawn 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes</p>	<p>Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:00 - Maintenance Director Activity 1:30 - Bingo 3:00 - Strawberry Rhubarb Pie Social 5:30 - Card Games</p> <p>National Strawberry Rhubarb Pie Day</p>	<p>Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Drum Circle w/ Brandon 2:00 - Movie Matinee - The Bishop's Wife (1947)</p>	<p>9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music by Anthony Schillizzi</p>	<p>9:30 - Chair Yoga 10:45 - Lunch Outing/Sonny's BBQ 3:00 - Happy Hour/Meet your Neighbors/Music with Jim Clark 5:30 - Poker Night</p>	<p>9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Simple C Trivia</p>	
<p>10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Care with Carol</p> <p>Flag Day (U.S.)</p>	<p>9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Trivia 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes</p>	<p>Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:30 - Music with Mark and Methodist Church in the Lobby 1:30 - Bingo 3:00 - Pinecones Flowers 5:30 - Card Games</p>	<p>Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Pencil Art with Dawn 2:00 - Movie Matinee - Stage Coach (1939)</p>	<p>9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music with Brian Bogart</p>	<p>9:30 - Chair Yoga 10:00 - Pressed Flower Candle Lanterns Lunch - Pizza Party 1:00 - Food Committee Meeting 1:30 - Suncatchers crafts 3:00 - Happy Hour/Music with David Perri 5:30 - Poker Night</p> <p>Juneteenth</p>	<p>9:30 - Exercise in Chapel 10:00 - Prayer Group with Lee and Carol 1:30 - Bingo 3:00 - Simple C Trivia</p>	
<p>10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Father's Day Social</p> <p>Summer Begins Father's Day</p>	<p>9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Painting Class with Dawn 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes</p>	<p>Doctors Appointments 9:30 - Exercise in Gym with Legacy Rehab 10:00 - Legacy - Snack and Chat 1:30 - Bingo 3:00 - Campfire Stories with Jerome 5:30 - Card Games</p>	<p>Doctors Appointments 9:30 - Catholic Service with St. Helen 10:00 - Pencil Art with Dawn 1:30 - Movie Matinee - The Best Years of Our Lives (1946)</p>	<p>9:30 - Exercise in Chapel 10:00 - Jewelry Class with Tejai, Carol and Dawn 1:30 - Bingo 3:00 - Music with Digger</p>	<p>9:30 - Chair Yoga 10:00 - Rummikub 1:30 - Nutritional Talk with Rachel from the Treasure Coast Food Bank 3:00 - Happy Hour/Music with Tom Smith 5:30 - Poker Night</p>	<p>9:30 - Exercise in Chapel 10:00 - Prayer Group with Francine and Carol 1:30 - Bingo 3:00 - Simple C Trivia</p>	
<p>10:15 - Church Service with Pastor Richard 12:30 - Catholic Service with Holy Cross Church 1:30 - Word Games 3:00 - Hand and Nail Care with Carol</p>	<p>9:30 - Move it Monday in the Chapel 10:00 - Shopping with Rick 10:00 - Trivia 1:30 - Bingo 3:00 - Music with Mark 6:00 - Dominoes</p>	<p>9:30 - Exercise in Gym with Legacy Rehab 10:00 - Pencil art with Dawn 1:30 - Bingo 3:00 - Shut the Box 5:30 - Card Games</p>	 <h1 style="font-family: cursive; color: blue;">June 2026</h1>  <p>All Activities are subject to change</p>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Pledge & Devotions 1 8:30 - Sunshine Greetings 9:30 - Wake Up Shake Up Workout 10:00 - Coffee Chat & Morning Chronicle 1:00- Silly Goose Mad Libs 2:00- Double TT's Word Game 3:00 - Music w/ Mark	Pledge & Devotions 2 8:30 - Sunshine Greetings 9:30 - Morning Stretch 10:00 - Daily Chronicle 10:30 - Showtime w/ Mark 1:30 - At the Cinema: Mrs. Doubtfire	Pledge & Devotions 3 8:30- Sunshine Greetings 9:30- Catholic Church Service 10:00- Morning Brain Spark 1:00 - Kite Crafting Workshop 3:00 - Music w/ J.B.Wallace	Pledge & Devotions 4 8:30- Sunshine Greetings 9:30 - Thursday Stretch Fitness 10:00 - Work of Art Jewelry Class 1:00 - Tour Around Town & Dukin Run 3:00 - Piano Music w/ Marianne National Doughnut Day	Pledge & Devotions 5 8:30- Sunshine Greetings 9:30 - Fitness Friday 10:00 - Chronicles in the Garden 1:00- Indoor Glow Volleyball 2:30- Celebrating June Birthday's 3:00- Fun Friday Trivia Social	Pledge & Devotions 6 9:40 - Saturday Swing 10:00 - Morning Prayer Group 1:00- Trivia Pursuit Showdown 2:30 - Coffee Chats & Chronicles 3:00 - Reminiscing- 60's Hollywood
Pledge & Devotions 7 9:15 Morning Service w/ Pastor Richard 10:00 Sunshine Patio Chats 12:30 - Catholic Church Service 1:30 - Afternoon Short Stories w/ Lily 2:30 - Colorform Workshop	Pledge & Devotions 8 8:30- Sunshine Greetings 9:30 -Fitness Monday 10:00 - Morning Jams w/ Digger 1:00 - Let's Go Fishing(Hat Making) 2:30 - Harbor Residents Council Meeting 3:00 - Music w/ Mark	Pledge & Devotions 9 8:30 - Morning Greetings 9:30 - Sit & Get Fit 10:30 - Showtime w/ Mark 1:00 - Test Kitchen: Watermelon Lemonade Refreshers 2:00 - Sunshine Prize Bingo 3:00 - I Remember That 1960's Commercials	Pledge & Devotions 10 8:30 - Morning Greetings 9:30 - Catholic Church Service 10:00 - Drum Circle w/ Brandon 1:00 - Afternoon Bucket Golf Challenge 3:00 - Great Lakes Trivia Show Down	Pledge & Devotions 11 8:30 - Morning Greetings 9:30 - Thursday Morning Fitness 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town: Downtown Ft. Pierce 3:00 - Music w/Anthony Schillizzi	Pledge & Devotions 12 8:30 Morning Greetings 9:30 - TGIF Friday Workout in the Chapel 10:15 - Lunch Bunch - Sonny's BBQ 3:00 - Music w/Jim Clark	Pledge & Devotions 13 9:40 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Reminiscing- Classic TV Shows 2:30 - Tic Tac Toss 3:00- Piano Music w/ Marianne
Pledge & Devotions 14 9:15-Morning Service w/Pastor Richard 10:00- Sunshine Patio Chats 12:30 - Catholic Church Service 1:30 - Afternoon Short Stories w/Lily 2:30 - Tea & Trivia Flag Day (U.S.)	Pledge & Devotions 15 8:30- Morning Greetings 9:30 - Move It Monday 10:00 - Sunshine Chat & Daily Chronicle 1:00 - Bakers Corner: Blueberry Sunshine Cake 2:30 - Guess Who, What & Where 3:00 - Music w/ Mark	Pledge & Devotions 16 8:30 - Sunshine Greetings 10:00 - Morning Fitness 10:30 - Showtime w/Mark & Methodist Church Singers 1:00 - At the Cinema: Father of the Bride 3:00- Walk Down Memory Lane	Pledge & Devotions 17 8:30- Sunshine Greetings 9:30 - Catholic Church Service 10:00 - Music Matters w/ Maureen 1:00 - Passport To: South Pacific Island 2:00 - Taste Station: Coconut Sweet Bread 3:00 - Table Talk: Life & Leisure	Pledge & Devotions 18 8:30- Sunshine Greetings 9:30 - Morning Stretch 10:00 - Work of Art Jewelry Class 1:00 - Tour Around Town- Ride a Long 3:00 - Music with Brian Bogart	Pledge & Devotions 19 8:30-Sunshine Greetings 9:30 - Fun Fitness Friday 10:00 - Morning Brain Spark 11:30 - Rocktastic Pizza Party 1:00 - Activity Committee Meeting 2:00- Summertime Rock Art Shop 3:00 - Supper Club Social/music with David Perri Juneteenth	Pledge & Devotions 20 9:40 - Morning Exercise 10:00 - Morning Prayer Group 1:00 - Prize Bingo 2:30 - Patio Chat & Chronicles 3:00 - Get to know your Neighbor
Pledge & Devotions 21 9:15 - Church Service w/ Pastor Richard 10:00 - Sunday Morning Patio Chats 12:30 - Catholic Church Service 1:30 - Afternoon Short Stories w/ Lily 2:30 - Afternoon Card Games Summer Begins Father's Day	Pledge & Devotions 22 8:30- Sunshine Greetings 9:30 - Golden Chair Workout 10:00 - Morning Chat & Daily Chronicle 1:00 - Meditation Painting in Motion Art Class 2:30- Afternoon Stroll w/ Friends 3:00 - Music w/ Mark	Pledge & Devotions 23 8:30-Morning Greetings 9:30- Tuesday Morning Stretch 10:30 - Showtime w/ Mark 1:00 - Indoor Garden Club(Summer Flower Potting) 2:30- This is Jeopardy(Modern) 3:00 - Music w/ Tom Smith	Pledge & Devotions 24 8:30- Morning Greetings 9:30- Catholic Services 10:00- Wiggle Wednesday 1:00 - Mini Golf Challenge 3:00 - Table Talk: Life & Leisure	Pledge & Devotions 25 8:30 Morning Greetings 9:30 - Fitness Thursday 10:00 - Work of Art Jewelry Class 1:00 - Tour the Town: Sit Back & Ride 3:00 - Music w/ Digger	Pledge & Devotions 26 8:30- Morning Greetings 10:00: TGIF Workout 1:00- Mosaic Flag Art Shop 2:00- Chronicles at the Coffee House 3:00- Music w/ Tom Smith	Pledge & Devotions 27 9:40 - Morning Exercise 10:00 - Morning Prayer Group 1:00- Color Me Calm 2:00- Weekend Coffee Chats 3:00 - Reminiscing- Oldie Goldie Music
Pledge & Devotions 28 9:15 - Church Service w/ Pastor Richard 10:00 - Sunday Morning Patio Chats 12:30 - Catholic Church Service 1:30 - Afternoon Short Stories w/ Lily 2:30 - Afternoon Social Club	Pledge & Devotions 29 8:30- Morning Greetings 9:30 - Move It Monday 10:00- Patio Chat & Daily Chronicle 1:00 - Building Mini Gliders 2:30 - Guess Who, What & Where 3:00 - Music w/ Mark	Pledge & Devotions 30 8:00-Morning Greetings 9:30 - Morning Fitness 10:00 - Morning Brain Games 10:30 - Showtime w/ Mark 1:30 - At the Cinema: Night at the Museum Secret of the Tomb	 June 2026 			