



Practice News

- Welcome back to school. We hope all of our patients have a great year and learn lots of new things!
- We will be closed on September 4th for Labor Day.
- We are now open for scheduling through December.



A Lesson In Kindness

Teaching children kindness is an important aspect of childhood development. By fostering kindness, we empower children to create a positive impact on the world around them. One way to teach kindness is by modeling it ourselves. Demonstrating acts of kindness and empathy towards others helps children understand the value of compassion and encourages them to follow suit. Engaging children in activities that promote empathy, such as volunteering or participating in community service projects, can instill a sense of social responsibility. Encouraging children to practice kindness through simple gestures like sharing, helping others, or expressing gratitude further reinforces these values.

[Learn More](#)



Reading Teaches Important Values

A great book has the power to teach children important lessons. Literature often conveys moral and ethical values such as kindness, honesty, resilience, and compassion. By engaging with characters and their experiences, children develop a sense of empathy, learn to make ethical choices, and understand the consequences of their actions.

[Book Recommendations](#)



What Does Kindness Mean To You?

"Being kind means having empathy and compassion for others. As kids are returning to school this month, it is a good time to remember the importance of instilling the value of kindness in your kids. Be a role model for your children by demonstrating acts of kindness for them. Teach them not to exclude or make fun of others who may be different than them. Teach them to be welcoming to the new kid at school or to the kid who doesn't have a lot of friends. Let them see how being friendly and generous can make a positive impact in the lives of others. Smiling doesn't cost anything and can make all the difference in someone's day."



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