

PNEWSletter OMMAY 2025

CHUNKY MOVE & GOOLUM YOUTH DANCE WORKSHOP



Kids and families from all over the region spent the first week of the school holidays enjoying teachings in dance and cultural learning. Always a popular program, we continue to embrace the partnership with the Chunky Move dance company.

FAMILY VIOLENCE INFORMATION EVENING

THURSDAY MAY 15 4-8 PM

Fed Uni - 289 Baillie Street, Horsham SPECIAL GUEST SPEAKER: LEAH PURCELL AM/DINNER PROVIDED.











Goolum Goolum Aboriginal Co-operative respectfully acknowledges that our offices are based on unceded land of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk peoples. We pay our respects to their ancestors, and to Elders, both past and present, and to the future Elders and caretakers of this land.

Always was, always will be, Aboriginal Land.



CEO Ants Craig

Board of Directors



Jake Goodes Chairperson



Kelly BrittenBoard Director



Nola Illin Vice Chairperson



John GortonBoard Director



Lachlan MarksBoard Director



Pamela Branson Board Director



Brandi OlstonBoard Director



Dalk Welcome to the May Newsletter

I trust everyone enjoyed the Easter break and that the return to school went well for all involved.

We have been enjoying lots of warm weather, but no doubt the cold is not too far away.

In today's edition we are strongly encouraging everyone to get their Flu vaccination – Flu season is well and truly underway, and we should never underestimate how unwell we can become with a dose of the flu.

Protect yourselves and those around you by getting vaccinated asap.

Great to see all the young ones getting involved with the Chunky Moves dance workshop and I also encourage participation in other programs and opportunities:

*Dads and Prams.

*FV Information night with special guest speaker Leah Purcell.

*HRCC community round table - have

your say!

*Voting in the Federal election – I

*Voting in the Federal election – I encourage all eligible community members to cast their vote and to exercise your right to have a voice.

The HUB is getting closer to completion, and we are now organising furniture and other fittings with handover due by end of May.

Take care.









Gap Gap Dyirr **FAMILY VIOLENCE INFORMATION EVENING**

OUR COMMUNITY OUR RESPONSIBILITY SAFE, STRONG 8 **EMPOWERED**

WILL YOU BE THE DIFFERENCE?



the orange door





HURSDAY MAY 15 4–8 PM

Fed Uni - 289 Baillie Street, Horsham Join us for an evening of awareness, support, and action as we stand together against family violence.

Special Guest "Leah Purcell", acclaimed actor, writer, and advocate for change. Dinner provided.



EXPRESSION OF INTEREST

Aboriginal Community Roundtable

Nominations are invited from Aboriginal & Torres Strait Islander community members to participate on the Horsham Rural City Council's Aboriginal Community Roundtable. There is currently a community representative vacancy on this committee.

The selection criteria for community representatives are those that:

- Live, work, study in, or have a current connection to Horsham Rural City
- Have an understanding of the issues that impact Aboriginal & Torres Strait Islander people and relations with government and non-government institutions in Australia.
 - Have a commitment to social justice and willingness to engage in dialogue on reconciliation.
- Have strong community linkages with the ability to represent and engage with a broad-range of community views.
- Are willing to constructively participate in an advisory capacity.
 - The ability to attend bi-monthly meetings is essential to being a member of the committee.

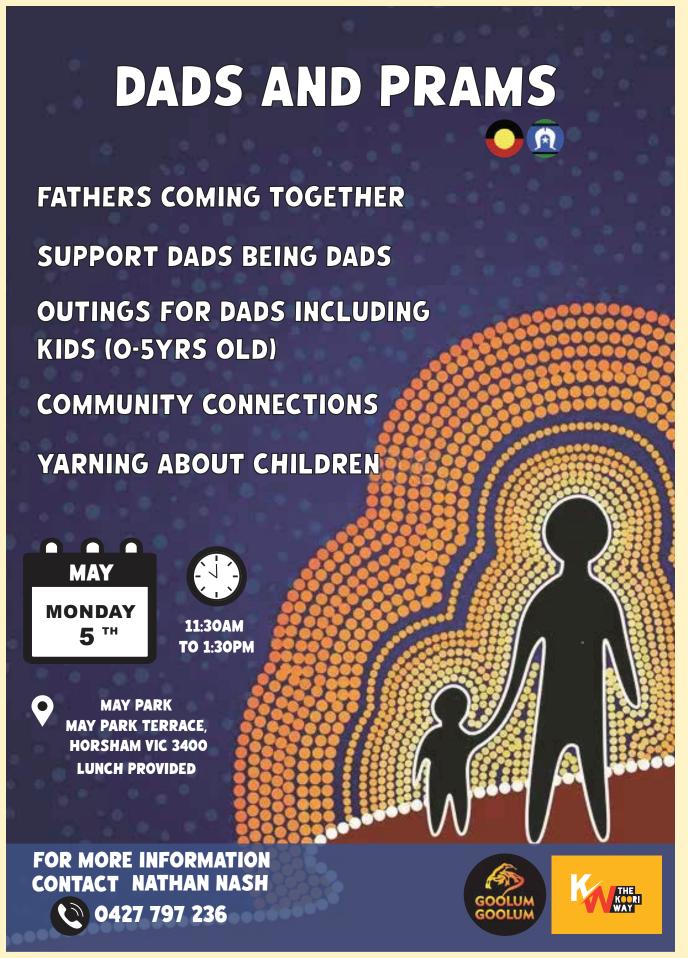
If you would like an application contact Johnny at Goolum at john.gorton@goolumgoolum.org.au

Brett Harrison at brett.harrison@goolumgoolum.org.au

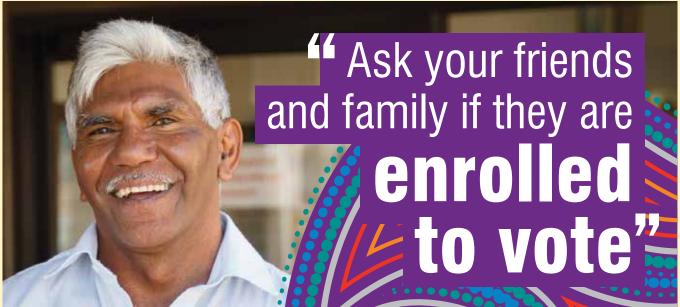
For more information contact Kevin O'Brien at Horsham Rural City Council kevin.obrien@hrcc.vic.gov.au











VOTING

Why voting is important

Your vote is your voice on the laws and decisions that affect you and your community.

By voting in elections, you have the opportunity to choose the person who you think will best represent your views in the Parliament. Voting is also important to many Aboriginal and Torres Strait Islander people because Indigenous Australians did not achieve equal voting rights for federal elections until 1962.

When and where do I vote?

Federal election day is always on a Saturday. Voting takes place between 8am and 6pm at polling places around the country. Mobile polling teams also visit many remote areas in Australia in the weeks before election day.

If you can't make it to a polling place on election day, you may be entitled to vote early either in person or by post. Details about how to vote early will be available from the Australian Electoral Commission (AEC) closer to election day.

What happens if I don't vote?

Voting is compulsory for Australian citizens aged 18 years or older. If you do not vote and don't have a valid and sufficient reason, you may be fined. The AEC will write to you at the address listed on the electoral roll and ask you to provide a reason why you did not vote.

Who am I voting for?

At election time, you will vote for a person to represent your area (known as an electorate) in the House of Representatives. There are 151 members in the House of Representatives. You can find out which electorate you live in on the AEC's website.

You will also vote for senators who will represent your state or territory in the Senate. There are 12 senators for each state, and two senators for each territory.

To enrol to vote, scan the QR code or visit aec.gov.au/enrol













Council is currently developing its Council Plan and reviewing the Community Vision to ensure it is in line with the communities hopes, aspirations and priorities and want your input into that process. We encourage all members of our community to participate in our survey and/or register to attend in person workshops which will inform the renewal of these key documents.

> Survey closes Friday 2nd May. For details visit the Engage Horsham section of HRCC's website.



Notice to Community

To all community members seeking sponsorship,

The board is asking that all sponsorship requests from the community

be submitted a minimum of 4 weeks in advance of needing the sponsorship. If requests for sponsorship aren't received in this time frame requests won't be considered.

> If you need anymore information Contact: Johnny at



john.gorton@goolumgoolum.org.au







Goolum: Community: Ho





The new Goolum Community Hub has taken a big step forward with its latest upgrades. Visitors can now experience the full display of Wathaurong glass and artworks, which are prominently featured throughout

The outdoor areas have also been upgraded, making the site more accessible and welcoming.









WHAT HAPPENED TO YOU MATTERS

If you (or someone you know) has experienced discrimination, you can make a complaint with the support of someone you trust. This page includes information on how we can support you in speaking up, stories from other First Nations people and other available services.



Visit: humanrights.vic.gov.au/first-nations



Call us- 1300 292 153 complaints@veohrc.vic.gov.au



DELKAIA ABORIGINAL

Best Start Program

MOB WITH CHILDREN WHO:

ATTEND 3 OR 4 YEAR OLD KINDERGARTEN AND/OR ATTEND ALLIED HEALTH SERVICES SUCH AS SPEECH PATHOLOGY OR OCCUPATIONAL THERAPY

Please find below a link to a quick and confidential survey asking you about your experiences using these services.

https://www.surveymonkey.com/r/9MS3V95

Our GGAC staff will use this information to guide the work they do to support Kindergarten and Allied Health services throughout 2025. Thank you for your support.















The 2025 First Peoples Youth Dance Workshops with Chunky Move and Goolum Goolum brought together an energetic group of young dancers for three exciting days at Horsham Town Hall. Kids participated in powerful and creative movement workshops led by **Chunky Move, exploring culture** and self-expression through dance. The free program also included healthy meals and created a space for connection, fun, and confidence-building.



Ballarat Youth-Trip



Some of our youth joined together during the school holidays and travelled to Ballarat for a day full of fun. They started the day racing go karts and running around playing laser tag. The group then had lunch and headed to the trampoline park. We finished the day with a adults vs youth dodgeball game.











Budj:Bim National:Par

Some of the youth travelled to Budj Bim National Park to have a cultural tour of Tae Rak (Lake Condah). This is located in Gunditimara Country. The youth had a great time learning about the life cycle of Kooyang (short-finned eel), how the "Eel Channels" were created, to seeing a 300 year old tree oven.

Tae Rak is made up of 1,700 hectares of significant wetlands and stony rises right next to the historic lava flows of Budj Bim National Park in south-west Victoria. Tae Rak itself was probably formed about 8,000 years ago as a result of the basalt flow impounding the flow of the Darlot Creek and Condah Swamp outfall. Gunditimara people witnessed the explosion of Budj Bim volcano and knew it to be the revelation of an important Creation Ancestor.





There are six seasons of Gunditimara Country, characterised by climate and the lifecycles of eels, birds, bees, and reptiles. The seasonal calendar features information on each of the seasons, and what is happening in and around the landscape at that time.





Two "Eel channels" divert water from a creek. Along each of these, a hand-woven cylindrical net would have been placed to catch eels





Family Services Programs at GGAC



Please contact Samantha Darcy

samantha.darcy@goolumgoolum.org.au

Family Violence and Respite Trial Programs Confirmation of Aboriginality AFLDM/NJERNA Gap Gap Dyirr, and Cultural Support Plans



Please contact **Monique Emmett**

monique.emmett@goolumgoolum.org.au

Kinship Care, First Supports and Play Therapy



Please contact **Rhianna Peachey**

rhianna.peachey@goolumgoolum.org.au

Tuning Into kids, Tuning Into Teens and Carer Network Group



Please contact **Sharna Cockerall**

sharna.cockerall@goolumgoolum.org.au

Integrated Family Services, Family Preservation & Reunification Response (FPRR) program and parenting program.

Alternatively, you are welcome to call the **GGAC Family Services team** (03) 5381 6333

Artwork by Jasmine Harrison





STARTING TO TALK ABOUT FAMILY VIOLENCE TAKES COURAGE

We offer Aboriginal and Torres Strait Islanders people who are or have experienced Family Violence, a safe and private space where you can share your story and find your Strength again.

Family Violence Counselling

There are many different feelings and experiences associated with family violence, and we work with you to meet your individual needs and identified goals.

WE CAN HELP BY

- Talking through your life Story
- Building your confidence
- Finding ways to cope and heal
- Planning for your safety

Giving support around what matters to you and creating a friendly, private space where everyone feels respected and understood.

CONTACT Sam Darcy

samantha.darcy@goolumgoolum.org.au

Paige Flaherty paige.flaherty@goolumgoolum.org.au

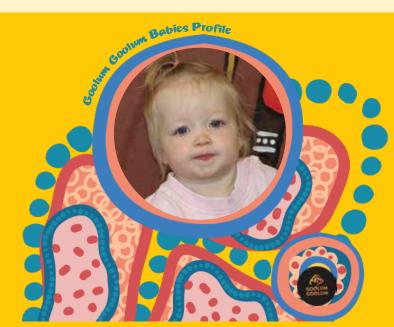
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Supporting Families Through Goolum MCH Nurses and Our Village



OurVillage WHAT WE DO We collect and rehome

essential baby and children's items. Partnering with social workers and health nurses. we deliver these items to families who need them most. Each year, we support over 20,000 children across Victoria. Together, we reduce waste and create brighter futures. Families donate quality goods; volunteers lovingly prepare them. Instead of landfill, these items bring hope and new beginnings. Every act of giving builds stronger, kinder communities.We believe every child deserves the best start in life. Together, we make lasting change possible.





Wrevie Pollock 1 year old



Favourite Food: Chocolate frog



Superpower: Sprint Crawler



Biggest Fear:

Loosing her dummies



Favourite Song:

Row Row your boat



Special Skill:

Standing



Fun Fact:

Has a pet pony at Nanna's called Coco



Favorite toy

Cosy Coupe Car





We're looking for enthusiastic Swim Teachers to inspire young swimmers in our community, helping them develop essential swimming skills, teach vital water safety, and be a role model who makes a difference.

WHY JOIN US?

- Make an Impact: Help children and adults build confidence in the water while teaching life-saving water safety skills
- Flexible Schedules: Balance your work and life with ease, thanks to our adaptable rostering
- **Career Growth**: Gain opportunities for personal and professional development in a supportive and empowering environment
- **Great Benefits:** Enjoy free gym and swim membership at Horsham Aquatic Centre and online wellness access via Virtual Y
- Community First: Work in a nurturing, inclusive workplace that values your contributions

WHAT WE'RE LOOKING FOR:

You might already be a Swim Teacher with experience, or maybe this is a new opportunity for you. We're looking for friendly, enthusiastic people who are committed to uplifting others and who believe in the power of sport and recreation to bring communities together.

No experience? Funding may be available for the essential qualifications needed for the right candidate.





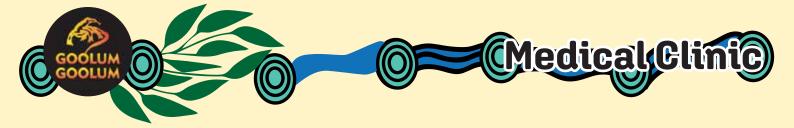
53 Hamilton Street, Horsham 3400

P: 5382 2576

W: horsham.ymca.org.au









Please contact **Medical Reception Clinic** 5381 6301

Speech Pathology Mary Jean (MJ)

Every Thursday alternates between Horsham and Stawell

Days: Thursday 15th May

Thursday 29th May

Days: Thursday 8th May Thursday 22th May 10:30 am - 3:30 pm

Place: Horsham

10:30 am - 3:30 pm Place: Stawell



Please contact Medical Reception Clinic 5381 6301

Diabetes Educator Lesley Robinson Every 2nd Wednesday

Days: Wednesday 9th April 10:30 am - 3:30 pm

Place: Horsham



Please contact Medical Reception Clinic 5381 6301

Clinic Doctor Dr Garry Matthews

Days: Monday 9:00 am - 5:00 pm Thursday: 9:00 am - 5:00 pm

Place: Horsham



Please contact Medical Reception Clinic

5381 6301

Clinic Doctor Dr David Hunchak

Days: Tuesday: 9:00 am - 5:00 pm Wednesday: 9:00 am - 5:00 pm

Friday: 9:00 am - 5:00 pm

Place: Horsham



Please contact **Medical Reception Clinic** 5381 6301

Clinic Doctor (Off site) Dr Emily Wilson

Days: Thursday 9:00 am - 5:00 pm Telehealth and phone calls only



Please contact **Medical Reception Clinic**

5381 6301

Podiatry (Monthly) Andrew Nashed

Days: Tuesday 20th May 2025 10:00 am - 4:00 pm

Place: Horsham





Please contact Medical Reception Clinic 5381 6301

Maternal Child Health Nurses

Days: Thursdays Nurses: Jenny Bull

-Eliza Miller- Amy Beddison

Place: Horsham

Days: Wednesdays Nurses: Jenny Bull

-Eliza Miller- Amy Beddison

Place: Stawell



Please contact **Medical Reception Clinic** 5381 6301

Women's Health Nurse Selina Pilgrim

Days: Mondays and Wednesdays 9:00 am - 12:00 pm

Place: Horsham



Please contact Medical Reception Clinic

5381 6301

Aboriginal Health Workers Louise King/Carol Kennedy

Days: Monday-Friday 9:00 am - 5:00 pm

Place: Horsham

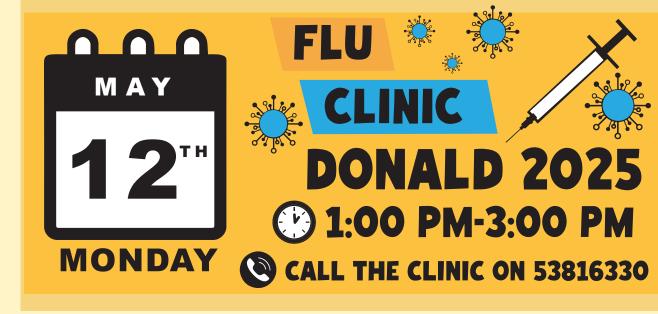


Please contact **Medical Reception Clinic** 5381 6301

Clinical Nurses Brian Harrison/Selina Pilgrim/Tracey Wood

Days: Monday-Friday 9:00 am - 5:00 pm

Place: Horsham







reast Screening Shaw

ART COMPETITION

BreastScreen Victoria and Goolum Goolum invite you to submit your art design in our competition. Your artwork will feature on the Breastcreen shawl that wraps around our **Aboriginal** and Torres Strait Islander Women when having their **Breast Screen**

Artwork must be submitted by Friday 30/05/25

For more information contact: **Toni Martin** toni.martin@goolumgoolum.org.au







Proudly delivered in partnership with

\$1500

Open to all female Aboriginal and/or Torres Strait Islander artists. all ages.

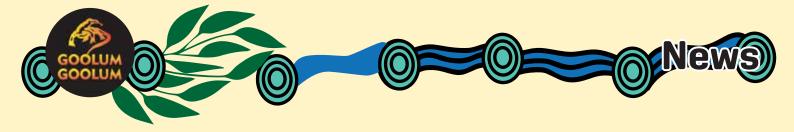
The Art submitted must be:

- * Rectangular landscape
- * Full colour
- * No white background
- * It can be a piece of art you have already created

Please provide the following info with your work:

- * Artist name
- * email address
- * Mobile
- * Artwork name/title
- * Artist Mob/country
- * Artist statement/ story behind the artwork
- * The Art will be used for 2 visits (5 years non-exclusive contract)







to put my views forward

for my family

for my community

for my kids' futures

for my Elders

to honour those who came before me

to help decide who represents my community in Parliament for a seat at the table

because it affects all of us



Learn more at aec.gov.au/indigenous



Authorised by the Electoral Commissioner, Canberra.

Important update



Our Newsletter will be switching from a printed version newsletter by post to an online version!

Scan the QR Code to Subscribe to our online Newsletter







CLOSE THE GAP



BUILDING OUR FUTURE



FOCUS ON FAMILIES



STRONG VOICES



Strategic Plan 2022-2026

Goolum Goolum, more than just a health service. We strive to provide a holistic model that supports the physical, social, emotional, cultural, and spiritual needs of our people.



Feel free to contact us if you would like to contribute To the next Newsletter, have feedback.
See our contact details below.

ww.goolumgoolum.org.au







3 Hamilton St, Horsham VIC 3400 (03) 5381 6333

