



# Sistas are back!

"Sistas, It's Time to Connect - Join Our Circle!"

Fortnightly
Thursday Horsham
11:00am to 2:00pm

Fortnightly
Friday Stawell
11:00am to 2:00pm

0000 0447 946 250

Please Contact: Kym Bateson 0447 846 250





Goolum Goolum Aboriginal Co-operative respectfully acknowledges that our offices are based on unceded land of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk peoples. We pay our respects to their ancestors, and to Elders, both past and present, and to the future Elders and caretakers of this land.

Always was, always will be, Aboriginal Land.



**CEO Ants Craig** 





Jake Goodes Chairperson



**Kelly Britten**Board Director



**Nola Illin** Vice Chairperson



**John Gorton**Board Director



**Lachlan Marks**Board Director



Pamela Branson Board Director



**Brandi Olsten**Board Director



# Dalk Welcome to our February newsletter

I trust for many of our families we are all back into the school routine and that our kids are all settling in well. It was interesting to learn that we have record numbers of kids in the pre-school system with kindergartens- great to see and our Early Years team is very active in this space ensuring services are culturally safe - never hesitate to reach out to our team.

Good to see programs getting going again with Celebrating Sistas, Youth group and the Elders all getting back into the swing of things.

Lots happening at the Hub with flooring going in this week and landscaping works are underway.

Great work by all concerned at the start of the month assisting community who needed to evacuate Dimboola – thanks to BGLC for coordinating with us – a great example of mob working together.

Have a great month ahead.



Ants



This is your opportunity to ask questions & raise issues to the Grampians RAJAC Chairperson & EO to seek answers at the Aboriginal Community Justice Forum. The AJF is made up of government representatives and leaders from the Victorian Aboriginal Community.



# ABORIGINAL COMMUNITY FORUM

HAVE YOUR SAY ON JUSTICE, HOUSING, EDUCATION, VICTORIA POLICE, CHILD PROTECTION MATTERS OR ANY MATTERS THAT AFFECTING YOUR COMMUNITY

WHEN: Tuesday 2nd March 2025

5.30 pm – 7pm (followed by light dinner)

WHERE: Auntie Irene Room

43 Hamilton Street Horsham, Victoria 3400

This is your opportunity to ask questions & raise issues to the Grampians RAJAC Chairperson & EO to seek answers at the Aboriginal Community Justice Forum

The AJF is made up of government representatives and leaders from the Victorian Aboriginal Community.

For more information, please contact:

Adina King | Executive Officer

Regional Aboriginal Justice Advisory Committee (RAJAC)

Mobile: 0429 205 436 | Email: Adina.King@justice.vic.gov.au









# YALLUM YALLUM ART COMPETITION

Design a new logo for our program and if selected you can win \$500 worth of vouchers!

\*Artwork must be created by local Aboriginal and/or Torres Strait Islander Community member

\*Artwork must follow the attached brief

\*All submissions will be anonymously judged by Elders and Respected Persons council

\*All submissions to be emailed to michael.fowler@goolumgoolum.org.au

Entries close 5:00pm, 1st May 2025
Winner to be announced 12th May 2025

For further information please contact Yallum Yallum Coordinator, Mick Fowler on 0400 627 487 or email michael.fowler@goolumgoolum.org.au





### **Art Competition**

The Yallum Yallum Elders and Respected Persons Council is a group of Elders and Respected Persons who are brought together to provide guidance and form an agreement with participants during their engagement with the program to strengthen their cultural connection and identity and explore, address and repair harm related to their behaviour.

### What?

- Piece of art created by local Aboriginal and or Torres Strait Islander Community member. Traditional Owner or non TO. To be used as official Yallum Yallum logo moving forward.
- Artwork will become the property of GGAC to use for Yallum Yallum branding.

# When?

Entries close 1st of May 2025

# Why?

- Yallum Yallum is a fully self-determined Justice model that is proving to divert our Aborignal and Torres Strait Islander community members away from the justice system. Following a successful 12-month pilot, Yallum Yallum has been fully funded for the next 3 years and is expanding in to other Communi-
- The artwork is required to be used for identifiable branding on documentation, Elders and Respected Persons Council uniform, advertising, etc.

### **Criteria**

■ Yallum Yallum is Wergaia language meaning "Many Ponds". This refers to the many areas of support required by some. Yallum Yallum's values include:

Respect

Non-judgment

Cultural Lore

Empathy

Honestv

Empowerment

Pride

Council members would like the restorative justice themed artwork to depict:

Connection

Courage

Strength

Healing

Artwork must represent the above in a way that gives a visual representation of the many areas of support required to help grow and heal. This will form the basis for introduction of Justice model.

### **Prize**

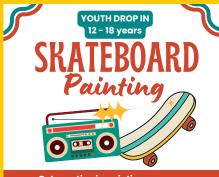
The winning artwork will be selected by the Yallum Yallum Elders and Respected Council at their May 9th Committee meeting. This will be done with all artworks deidentified.

> The winning artist will receive \$500 in gift vouchers of their choice. The artwork will then be licensed to GGAC to use for Yallum Yallum.









Get creative in painting your own skateboard, followed by a BBQ tea! All equipment and food are provided for this free workshoo

Where: 'The Station' 16 Pynsent St, Horsham Date: Wednesday 19th Feb Time: 4:00pm - 6:00pm

All boards to be displayed in 2025 NAIDOC Art Exhibition For more info please contact Hannah on 0484 268 536 This activity is made available through Dhelit Dja. Safe Our Way Community Intellibrie Fund



Contact Hannah on 0484 268 536 Pizza in the Park!: Big hello to all out there who attended and those that wanted to but couldn't get there. What an evening – my first time being with a great crowd of Mums, Dads, Carers and kids who I had the pleasure to share our Culture and have lots of fun with it.

I don't know exactly how many young ones that were along with the adults, but it makes it a good event with quite a lot coming along.

I brought my Goolie Resource Kit that I have been using for over 50 years. I still have 90% left of what I was given in late 1970s. The crowds no matter who I show it to love seeing something they have never seen before and that is a great buzz for me. The weather was spot on, the venue very comfortable and a great time for all – my teaching, crowd participation and great tucker – Pizza and fruit.



There were some younguns that I have worked with before and the new ones. There were a lot of activities I did and a lot of activities that I had no time for facepainting for ceremonial dance with clapping sticks. boomerangs and other. It all went just too quickly.

So it was a fantastic first up Pizza in the Park, thank you to Goolum-Goolum staff who organised and made it happen.

I always say when signing off – "NUNKERI WOOREN" here's my hand, here's my heart.
THANK YOU TO ALL, UNCLE RON MARKS.



# Motivational Mondays



Motivational Mondays group has taken off in 2025!
We visited Kryal Castle in Ballarat to get our steps in, learn about medieval history, play games, and watch knights in a jousting battle.
MM Group has cooled down in

the warmer weather with visits to both the Stawell and Ararat pools to get our laps in. We have also engaged in a walking tour of J-Ward in Ararat to learn about stories of what it was like in an old gaol and be a prisoner in those times.



If you would like to take part in "Motivational Mondays" please reach out to Mel on 0436 011 250.

Motivational Mondays runs every Monday from GGAC's Stawell building (46 Leslie Street) at 10:30am.





# congratulatio



#### **Back to School 2025**

**Thank You to Our Amazing** Community!

A big thanks to everyone who attended the Back to School event and shared your thoughts about the day. Hearing from our kids and families about what the event meant to them made it even more special.

Your feedback inspires us to keep creating events that truly matter.

#### Do you know who's behind all this hard work?



A big congratulations and thank you to our amazing Maintenance Crew! Not only do they keep everything running smoothly, but in 2024, they were a huge help in setting up community events and delivering Christmas hampers. Their dedication and hard work ensured our gatherings were successful and that families received the support they needed during the festive season.

As they put it: "We are very happy that the community lets us be part of this."

Your efforts don't go unnoticed—thank you for always being there for our community!





# ngratulatio



Federation University Australia has appointed proud Wotjobaluk woman Katrina Beer as its inaugural Associate Deputy Vice-Chancellor, Indigenous. In the new position Ms Beer will drive Federation's Indigenous strategies to achieve better outcomes and participation of Aboriginal and Torres Strait Islander peoples in education, training, employment, and research, and promote a sustainable culture of inclusion, diversity and high cultural competency within the University.

Over her career Ms Beer has built strong working relationships with government departments, industry and Aboriginal and Torres Strait Islander communities and has over 20 years' experience in the vocational and higher education sectors, working with Federation since 2017 most recently as Senior Manager of the **University's Aboriginal Education Centre.** 

Previously she ran her own success business, Yanikan-Werritj Training and **Employment, working with Aboriginal and Torres Strait Islander people to achieve** their goals.

In 2024 Ms Beer led Federation's successful bid for the 2024 Wurreker Award for Innovative Koorie Learner Pathways award, and has also been recognised in Federation's Vice-Chancellor's Awards on numerous occasions.

Ms Beer will work closely with the university's extended leadership team, particularly Associate Deputy Vice-Chancellor, Reconciliation, Professor Andrew Gunstone, who leads all reconciliation matters at the university, including the National Centre for Reconciliation, Truth and Justice.

The appointment of Ms Beer highlights the university's strong commitment to reconciliation and is another step in Federation's ongoing journey in supporting the national reconciliation movement and working collaboratively and inclusively to advance outcomes for Aboriginal and Torres Strait Islander peoples'.





YOUTH DROP IN 12 - 18 years

# SKATEBOARD Painting



Get creative in painting your own skateboard, followed by a BBQ tea!
All equipment and food are provided for this free workshop

Where: 'The Station' 16 Pynsent St, Horsham
Date: Wednesday 19th Feb
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This activity is made available through Dhelk Dja: Safe Our Way Community Initiative Fund











# © Career Pathways)

We are looking forward to again hosting our 2025 **Pathways Expo for** our local **Aboriginal & Torres Strait** Islander secondary school students at the Maydale Pavillion. It is looking to be bigger and better with the amount of interest already being shown from a number of Schools. **Universities &** Tafes.



# **Career Pathways**





Are you interested in a career in public service?
The Australian Government Indigenous
Apprenticeships Program is a pathway for
Aboriginal and Torres Strait Islander peoples to
start their careers in the Australian Public
Service (APS).

Since 2015, the IAP has given over 2,100
Aboriginal and Torres Strait Islander people
opportunities to join the APS. This program
helps people with diverse backgrounds start a
new career. This includes people leaving school,
finishing study or looking for something new.
It's a great way for Aboriginal and Torres Strait
Islander peoples to make a difference in the
lives of Australians.

If you would like to know more about this program, search 'Indigenous apprenticeship program' on your internet browser.



### Playgroup is back!

Goolum Goolum playgroup now has a new name

### "Girrin Playgroup"

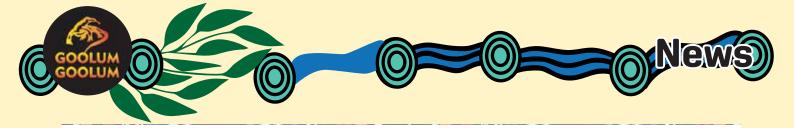
Girrin means Red-Tailed Black Cockatoo in Wergaia language, and we are excited to be starting the new year with our new name. Stawell Playgroup has now been moved to Tuesday with the same start time of 10.30am, at our Stawell Hub.



Horsham Playgroup will also have a new home for Term 1, whilst we wait for the completion of the new Goolum Goolum Horsham hub. Girrin Playgroup will be running at 'The Station' - the former **NEXUS** building in Pynsent street Horsham, on Thursdays from 10am. We are really excited to see everyone again!





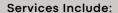


## INTRODUCING THE NEW

ABORIGINAL HEALTH LIAISON OFFICER (AHLO) SERVICE

#### **HOW WE CAN HELP YOU**

Tonya Fedel and Kymberley Williams, Aboriginal Health Liaison Officers, are here to support you in receiving culturally appropriate health care.



- Supporting Aboriginal and Torres Strait Islander Peoples who use the health service.
- Advocating for you while accessing health services and connecting with other support networks.
- Attending appointments with you.
- Assisting you and your family to communicate with the medical team about your care.
- Helping you feel comfortable and understand processes while using services.
- Connecting you with referrals to other health and community services.
- Promoting health and wellbeing for the Aboriginal and Torres Strait Islander community.
- Improving cultural understanding and supporting staff to provide culturally appropriate care.





If you would like to speak with us about your or a family member's care, please ask your treating medical team.

Or call us directly on

03 5461 0333

Together, we aim to make healthcare a safe and welcoming space for all.

An EWHS and MDHS Partnership











# East Winnera Health Services

#### **Acute Care**

EWHS offers a range of acute services across its five campuses. Each community is supported by a local doctor, who provides ongoing care.

#### Renal Dialysis Donald Campus

Monday, Wednesday & Friday - currently with two shifts each day.

Bookings are required phone 5478 6293 or 5478 6200.

**Urgent Care Centre** All Campuses Open 24 hours a day, 7 days a week.

#### **Aged Care**

Residential aged care is for older people who can no longer live at home. Reasons can include illness, disability, bereavement, an emergency, the needs of their carer, family or friends, or because it is no longer possible to manage at home without help.

The aged care system aims to ensure that all older people receive support and quality care when they need it. EWHS has residential aged care facilities located at Birchip, Charlton, Donald, St Arnaud and Wycheproof.

All five of our fully accredited residential care facilities are co-located with the local acute hospital, and in most cases, are also within easy access to the local GP.

Visit the MyAgedCare website for more information. https://www.myagedcare.gov.au/

#### **Primary Care**

Primary care is all the health services people can access in their community, without needing to travel to or be admitted to hospital.

#### Referrals

Referrals for EWHS Primary Care services are accepted via self-referrals, GPs and other health professionals. All enquiries and referrals for Primary Care Services are through our Central Intake service.

To access any of EWHS Primary Care services. please contact our friendly central intake team on 5477 2222 or intake@ewhs.org.au who will conduct an assessment and eligibity for services.

#### **PRIMARY CARE SERVICES**

**Continence Service** 

**Diabetes Education** 

Dietitian

**District Nursing** 

**Domiciliary Nurse** 

**Foot Care Nurse** 

**Hospital Admission Risk Program** 

Healthy@Home

**Health Promotion** 

Home Services

Personal Care, General Home Cleaning, Home Maintenance, Delivered Meals (Buloke only).

**Medical Imaging** 

**Occupational Therapy** 

**Physiotherapy** 

**Planned Activity Groups** 

**Podiatry** 

**Post Acute Care** 

**Social Work** 

#### St. Arnaud Campus 52 North Western Road St. Amaud, VIC 3478 P. 03 5477 2100 F. 03 5477 2131 E. stamaud@ewhs.org.au

<b>Donald Campus</b>
1 Aitken Avenue
Donald, VIC 3480
P. 03 5478 6200
F. 03 5497 1715
E. donald@ewhs.org.a

#### **Wycheproof Campus** 9 Grandview Street Wycheproof, VIC 3527 P. 03 5478 0700 F. 03 5493 7865 E. wycheproof@ewhs.org.au





### Family Services Programs at GGAC



Please contact
Samantha Darcy

samantha.darcy@goolumgoolum.org.au

Family Violence and Respite Trial Programs

Confirmation of Aboriginality AFLDM/NJERNA Gap Gap Dyirr,
and Cultural Support Plans



Please contact
Kelly Britten

kelly.britten@goolumgoolum.org.au

**Individual and Family Therapy** 



Please contact
Monique Emmett

monique.emmett@goolumgoolum.org.au

Kinship Care, First Supports and Play Therapy



Please contact
Rhianna Peachey

rhianna.peachey@goolumgoolum.org.au

**Tuning Into kids, Tuning Into Teens and Carer Network Group** 



Please contact
Sharna Cockerall

sharna.cockerall@goolumgoolum.org.au

Integrated Family Services, Family Preservation & Reunification Response (FPRR) program and parenting program.

Alternatively, you are welcome to call the GGAC Family Services team
(03) 5381 6333

**Artwork by Jasmine Harrison** 





# Aboriginal Community Respite Care Program

Movie Mate Respite Roomie Bowling Bestie Brunch Buddy

# **WE WANT YOU!**

Whether it's for a few hours, a weekend,
a day trip to the Zoo, or for an
awesome Goolum Goolum event-you could be
providing a golden opportunity to a
young person needing a break, or even
just a bit of fun for you both!

Goolum Goolum wants to extend an invitation to our mob to be part of our new carers respite pool!

Carers are paid for their time and care, per child, per night.

Our new program will provide respite for community, by community!

If this is something you are interested in or want to know more about-please contact Sam Darcy or complete the form at the back of the Newsletter.

Exploring Sleepovers

Cooking

Fishing Kids Capers Culture Convo's Sport

Art On Country

CONTACT



📞 samantha.darcy@goolumgoolum.org.au

www.goolumgoolum.org.au



03 5381 6333



43 Hamilton Street, Horsham, Victoria 3400







### **GGAC New Staff Profiles**

#### **Amber Louison-Suwal**



**Start Date** 

3/02/2025

**Program Area** 

Medical Centre

**Position** 

Director of Health

**Favourite Sports Team** 

I'm not a footy fan... yes I am Victorian!

Fun facts or hobbies

Millinery

**Welcome Amber Louison-Suwal** 

#### **Shae Harrison**



**Start Date** 

29/01/2025

**Program Area** 

Medical

**Position** 

**CHSP Worker** 

**Favourite Sports Team** 

Bulldogs

Fun facts or hobbies

Gardening

**Welcome Shae Harrison** 





Please contact Medical Reception Clinic

5381 6301

#### Speech Pathology Mary Jean (MJ)

Every Thursday alternates between Horsham and Stawell

Days: Thursday 27th January Days: Thursday 20th February Time: 10:30 am - 3:30 pm Time: 10:30 am - 3:30 pm

Place: Horsham Place: Stawell



Please contact Medical Reception Clinic 5381 6301

### Diabetes Educator Lesley Robinson

**Every 2nd Wednesday** 

Days: Wednesday 12th February and 26th February

**Time:** 10:30 am - 3:30 pm

Place: Horsham



Please contact Medical Reception Clinic 5381 6301

Clinic Doctor Dr Garry Matthews

Days: Monday 9:00 am - 5:00 pm

Thursday: 9:00 am - 5:00 pm

**Place:** Horsham



Please contact Medical Reception Clinic

5381 6301

Clinic Doctor Dr David Hunchak

**Days:** Tuesday: 9:00 am - 5:00 pm Wednesday: 9:00 am - 5:00 pm

Friday: 9:00 am - 5:00 pm

Place: Horsham



Please contact Medical Reception Clinic

5381 6301

#### Clinic Doctor (Off site ) Dr Emily Wilson

**Days:** Thursday

Time: 9:00 am - 5:00 pm

Telehealth and phone calls only



Please contact Medical Reception Clinic

5381 6301

#### Podiatry (Monthly) Andrew Nashed

Days: Tuesday 18th February 2025

Time: 10:00 am - 4:00 pm

Place: Horsham





Please contact
Medical Reception Clinic
5381 6301

#### **Maternal Child Health Nurses**

Days: Thursdays Nurses: Jenny Bull

-Eliza Miller- Amy Beddison

**Place:** Horsham

Days: Wednesdays Nurses: Jenny Bull

-Eliza Miller- Amy Beddison

**Place:** Stawell



Please contact
Medical Reception Clinic
5381 6301

Women's Health Nurse Selina Pilgrim

**Days:** Mondays and Wednesdays

Time: 9:00 am - 12:00 pm

**Place:** Horsham



Please contact
Medical Reception Clinic
5381 6301

Aboriginal Health Workers Louise King/Carol Kennedy

Days: Monday-Friday
Time: 9:00 am - 5:00 pm

**Place:** Horsham



Please contact

Medical Reception Clinic

5381 6301

Clinical Nurses

Brian Harrison/Selina Pilgrim/Tracey Wood

Days: Monday-Friday
Time: 9:00 am - 5:00 pm

**Place:** Horsham

# Time for Your Cervical Screening?

Book your appointment with Selina Pilgrim today!

Early detection saves lives schedule now to stay on top of your health





**CLOSE** THE GAP



BUILDING OUR FUTURE



**FOCUS ON FAMILIES** 



**STRONG VOICES** 



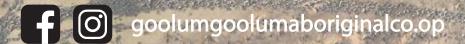
Strategic Plan 2022-2026

Goolum Goolum, more than just a health service. We strive to provide a holistic model that supports the physical, social, emotional, cultural, and spiritual needs of our people.



Feel free to contact us if you would like to contribute To the next Newsletter, have feedback.
See our contact details below.

ww.goolumgoolum.org.au



reception@goolumgoolum.org.a



43 Hamilton St, Horsham VIC 3400 (03) 5381 6333

