



Newsletter



October 2025



Programs & News

"Dalki Guli Hub is now open to the community a place of gathering, strength, and belonging. We invite everyone to come, enjoy, and make it your own."

John Gorton

Thursday 6th November
4-7 pm at
The Botanical Gardens



www.goolumgoolum.org.au/handup
#artcanheal #strengthandconnection





Welcome

Goolum Goolum Aboriginal Co-operative respectfully acknowledges that our offices are based on unceded land of the Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagulk peoples. We pay our respects to their ancestors, and to Elders, both past and present, and to the future Elders and caretakers of this land. Always was, always will be, Aboriginal Land.



CEO Ants Craig

Board of Directors



Jake Goodes
Chairperson



Nola Illin
Vice Chairperson



Kelly Britten
Board Director



John Gorton
Board Director



Lachlan Marks
Board Director



Pamela Branson
Board Director



Brandi Olston
Board Director

Dalk **Welcome to the October edition** **of our newsletter**

With the Sun starting to make its presence felt, you will notice that our October newsletter has a few more activities and events published in it. An exciting time of year for all our Mob.

We are very excited to be calling October – ‘GET OFF YA MOOM! month. This will be an opportunity for us all to get off our mooms (butts) and be more active. All this month we will be asking community to be part of the fun, with plenty of activities to be part of. Keep an eye on our socials for more information and if you haven’t already – register to get a GoyM! pack. Being a Magpie supporter, I am very happy to see Leon Davis, ex-Collingwood superstar getting involved as the ambassador for our Walk/Run/Ride event at Maydale Pavilion on Wednesday 22nd October. Speaking of events, we’ll be following up our GoyM! month with our annual HAND UP event in early November, so our staff are very busy getting ready to highlight our cultural resilience, celebrating our collective strength and the importance of good mental health, with a twilight family friendly event at the Horsham Soundshell.

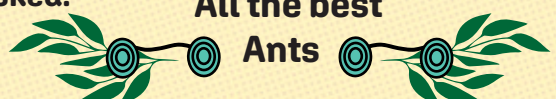
The Dalki Guli HUB is open, and our community is trickling in to witness all that is on offer. It has been great to see our community utilise this new space to gather, learn and most importantly, eat Fab Lauricella’s fabulous food from the fully functional Café.

You will see in this edition, that we have welcomed some new staff members as we keep growing our programs and service. Congratulations to the Grampians RAJAC award winners – including our very own Yallam Yallam Justice initiative in the Strengthening Culture category. Congratulations also, to our Hoop Against Violence basketball team for taking out this year’s tournament. The event is always a highlight of the year and greatly supported by Goolum, BADAC and Victoria Police.

I hope you enjoy this month’s newsletter edition and all our programs on offer....and always remember “Don’t be Gammin’, get your health checked!”

All the best

Ants



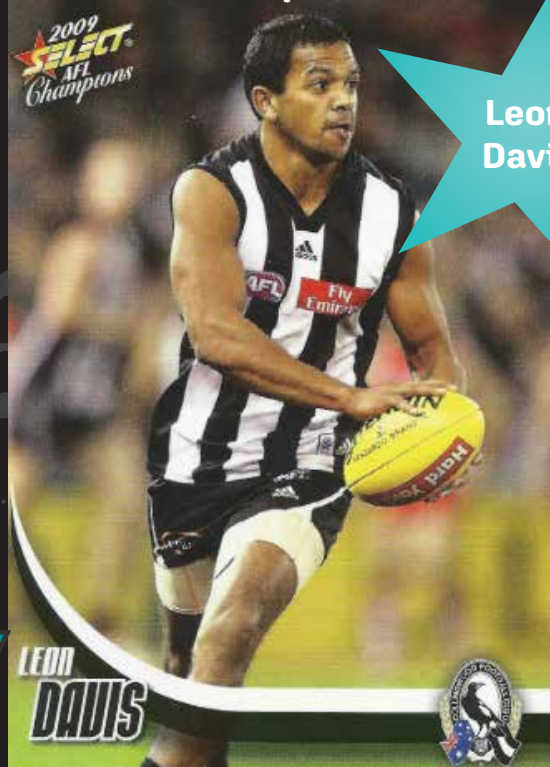


Get Off Ya Moom!



GET OFF YA MOOM!

**Get off ya Moom! Ambassador
Former AFL superstar.**



**Leon
Davis**

This October is 'Get off ya Moom! Month. This will be your opportunity to get up and moving! We'll have challenges for you to get involved with. Heaps of prizes. You'll be able to register in September to receive your GoyM! Pack (full of goodies). On the 22nd October, we will be holding a GoyM! (Walk, Run, Ride) event at Maydale Pavilion in Horsham. They'll be challenges, stalls, giveaways and medals!!!

GoyM! Page:

Make sure you register to receive your GoyM! pack by using the QRcode or visit the 'What's Happening' page on our website - goolumgoolum.org.au



Make sure you register to receive your GoyM! pack by using the QRcode.

For more information:

**Christine.Schirmer@goolumgoolum.org.au
or call 0417511890**





Get Off Ya Moom!

GET OFF YA MOOM!

Special Twilight Event

Date

WEDNESDAY
22 ND
OCTOBER

Time

3.30PM
TO
6.00PM

WHERE

MAYDALE
PAVILION
(HORSHAM
SHOWGROUNDS)

TO CELEBRATE GET OFF YA MOOM! (GOYM!) MONTH, GOOLUM GOOLUM IS HOLDING A RUN, WALK, RIDE, ETC CHALLENGE TWILIGHT EVENT ON WEDNESDAY 22ND OF OCTOBER ALONG THE WIMMERA RIVER (BARRINGGI GADYIN) AT MAYDALE PAVILION IN HORSHAM.

THIS IS A GREAT OPPORTUNITY FOR US ALL TO GET TOGETHER AND CHEER EACH OTHER ON AS WE MAKE OUR WAY AROUND THE GOYM! CIRCUIT. THERE'LL ALSO BE PLENTY FUN & GAMES, GIVE-AWAYS AND NEW GOYM! MEDALS TO WIN!!!

REMEMBER TO REGISTER FOR YOUR GOYM! PACK FULL OF GOODIES - TSHIRT, WATERBOTTLE, TOWEL, AND MORE!!!



SCAN THE QR CODE OR VISIT THE GOOLUM GOOLUM WEBSITE - WHAT'S HAPPENING PAGE.
[HTTPS://WWW.GOOLUMGOOLUM.ORG.AU/CAMPAIGNS](https://www.goolumgoolum.org.au/campaigns)

KEEP AN EYE ON OUR SOCIALS FOR CHALLENGES, COMPETITIONS AND MORE INFORMATION.

Event for Goolum Goolum
community members





Hand Up



HAND UP

Join us for HAND UP Day!

**Support Mob's
Mental Health**

**Thursday 6 November
4:00pm to 7:00pm**

"Art Can Heal"

Meet at Botanical Gardens for Walk of Solidarity

#artcanheal #strengthandconnection

www.goolumgoolum.org.au/campaigns

HAND UP is a mental health awareness campaign initiated by Goolum Goolum Aboriginal Cooperative.

This event celebrates connected strength in putting our Hand Up, not only to offer support to others but seek support from others for ourselves in times of need.



Need Transport?



Bus transport is available in Ararat and Stawell, for Dimboola & Horsham
Please contact
Kym Bateson 0447846250

Ararat



Pick up at
Information Centre
82 Vincent St,
Ararat @ 2:30pm

Stawell



Pick up at
Stawell Bus Station
46 Leslie st
Stawell @ 3:15pm

Dimboola



Pick up at
Post Office
65 Lloyd Street
Dimboola @ 3:15pm

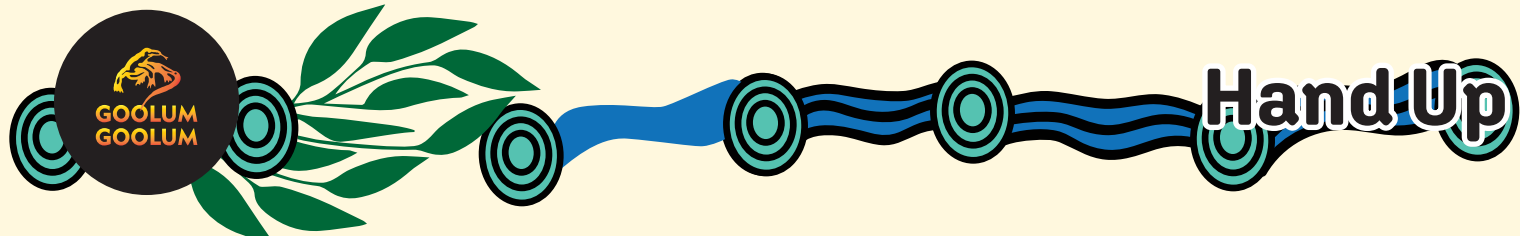
Horsham



Please contact
Goolum Goolum
Kym on
0447846250

The bus will wait 10 mins before departing each pickup location
Returning bus will depart from Horsham at 7:00pm

Bus will drop off passengers at Botanical Gardens
to begin the Walk of Solidarity



Expression of Interest Hand Up 2025



HAND UP

We're looking for artists of all kinds to share their work at our upcoming Hand Up event 2025.

Whether you paint, weave, carve, create digital art, perform, or express culture and creativity in any way, we'd love to hear from you.

This is a great opportunity to showcase your talent, celebrate culture, and inspire our community.

If you're interested, please get in touch with us to be part of this deadly event!

[#artcanheal](#) [#strengthandconnection](#)

www.goolumgoolum.org.au/campaigns

Contact Hannah on 0484 268 536





Hoops Against Violence Ballarat 2025



Congratulations! This year Horsham bring home the trophy.



Hoops Against Violence tournament in Ballarat. The event was full of energy, teamwork, and community spirit, with Horsham proudly bringing home the Trophy. A special congratulations goes to Tyler Roach for being named Best on Court Player. Huge thanks to our players, families, and sponsors, together we proved that basketball is more than a game, it's a powerful way to unite, inspire, and stand strong against violence.



Grampians RAJAC Award



Congratulations !

Chris Harrison for winning the Grampians RAJAC award in the category **Adult and Elders** for his work in justice. Chirs has multiple years of involvement with Aboriginal justice including being the first Aboriginal Youth Justice worker in the state. He has also been heavily involved in the massive Murray paddle in it's early inception by getting youth to attend from the Wimmera. He also ran a youth group that had involvement of PALOs which was really successful. He has for a number of years been involved with the Aboriginal Community Justice Panel (ACJP) and is currently the statewide Chair of the ACJP. He is also a member of the Grampians RAJAC, member of the Aboriginal Justice Caucus (AJC) and also Co-Chair of the AJC and sits on multiple justice related committees.

...and more congratulations!

Yallum Yallum Elders and Respected Persons program for winning the Grampians RAJAC award in the category **Strengthening Culture** for their work with community. A culturally led, self-determined justice initiative that offers an alternative pathway for Aboriginal people involved in the justice system. Developed in partnership with the Grampians RAJAC and the RMIT, the program diverts low-level Aboriginal offenders away from the formal court system and toward a culturally safe, restorative process led by Elders and respected community members. Culture plays a key role in getting positive outcomes for the community.





SUP Programs



VICTORIAN
INDIGENOUS
SURFING PROGRAM

GOOLUM GOOLUM

ABORIGINAL AND
TORRES STRAIT ISLANDERS
COMMUNITY

SUP PROGRAMS

What: Learn to be safe on the river while having fun. You'll go Stand Up Paddle Boarding, Learn about the river and rescue techniques.

Where & When

Drummond Street Ramp (Weir Park) - Horsham

Tuesday 28th October - 4:30pm - 6:30pm

Lake Fyans, Angling Club - Stawell

Tuesday 11th November - 4:30pm - 6:30pm

Dimboola Rowing Club - Dimboola

Tuesday 25th November - 4:30pm - 6:30pm

All equipment provided, + snacks.

Please bring bathers and a towel

To register contact Kym Bateson

Kym.Bateson@goolumgoolum.org.au

0447 846 250



UNCLOUD.ORG



VicHealth





Guli-Big Opening



The Grand Opening of our beautiful Dalki Guli HUB is happening this November. You are all invited to attend and check out your new state of the art community centre, full of program rooms and your very own Café. This is Goolum Goolum's opportunity to hand over the Dalki Guli HUB to our community. Look forward to seeing you all there!



Come to celebrate!

**DALKI GULI
HUB OPENING**

**THURSDAY 13TH NOVEMBER
11:00 AM TO 1:00 PM
DALKI GULI HUB
36 HAMILTON STREET HORSHAM**



**NOTICE TO ALL MEMBERS
ANNUAL GENERAL MEETING**

**GOOLUM GOOLUM
ABORIGINAL CO-OP**



**AGM
2025**

**FRIDAY 14TH NOVEMBER 11AM
DALKI GULI HUB
36 HAMILTON STREET HORSHAM
MART ROOM - CONFERENCE ROOM**





Girrin Playgroup

For Aboriginal and Torres Strait Islander children and their family, from Birth to Kinder Age

Stawell
TUESDAYS - 10.30am-12.30pm
 Fortnightly at the Stawell Hub

Horsham
THURSDAYS - 10.00am-12.00pm
 Weekly - @ the new Goolum Hub




Contact Phoebe or Matt @ Goolum Goolum for more info: 0460 431 066




GG New Staff Profiles

Peter Yates



Program Area

Position

Mob

Sports

Favourite Sports Team

Other Interest

Corporate Services

Property Maintenance Team Leader

Gunai Kurnai + Ngarrindjerri

Football

Western Bulldogs

Enjoy time with my kids

Jessica Mayes



Program Area

Position

Place of Birth

Favourite Food

Favourite Quote

Other Interest

Family Services

OOHC Case Contacting Worker

Warracknabeal

Bonnie & Clyde Pizza

The greatest pleasure in life is doing what people say can't do!

Hanging out with my kids, movies, walking around Murtoa Lake



GOOLUM GOOLUM ABORIGINAL CO-OP

YOUTH DROP IN

FOR 12 - 18 YEAR OLDS

FREE MONTHLY PROGRAM FOR HIGH
SCHOOL MOB TO HANG OUT, PLAY
GAMES, HOMEWORK HELP AND
PLENTY MORE FUN ACTIVITIES!

4:00PM - 6:00PM

ACTIVITY & LOCATION TO BE
ADVISED EACH MONTH

*DATE TO BE CONFIRMED EACH MONTH

ALL SNACKS AND DRINKS PROVIDED

- PARENT/GUARDIAN PERMISSION REQUIRED
- *FOR ABORIGINAL AND TORRES STRAIT
ISLANDER YOUTH ONLY

**For more
information
Please contact:**

Regan Shaw PH: 0428 801 474

Jaara Secombe PH: 0427 284 843



Family Services Programs at GGAC



Please contact
Samantha Darcy

samantha.darcy@goolumgoolum.org.au

**Family Violence and Respite Trial Programs
Confirmation of Aboriginality AFLDM/NJERNA Gap Gap Dyirr,
and Cultural Support Plans**



Please contact
Monique Emmett

monique.emmett@goolumgoolum.org.au

Kinship Care, First Supports and Play Therapy



Please contact
Rhianna Peachey

rhianna.peachey@goolumgoolum.org.au

Tuning Into kids, Tuning Into Teens and Carer Network Group



Please contact
Sharna Cockerall

sharna.cockerall@goolumgoolum.org.au

**Integrated Family Services, Family Preservation & Reunification
Response (FPRR) program and parenting program.**

**Alternatively, you are welcome to call the
GGAC Family Services team**

 **(03) 5381 6333**

Artwork by Jasmine Harrison

WARDA WILLANEN

TO COME TO CHANGE



FAMILY VIOLENCE BEHAVIOUR CHANGE PROGRAM



ARE YOU WORRIED ABOUT HOW YOU TREAT
THE PEOPLE YOU ARE CLOSE TO?



DO YOUR FAMILY + FRIENDS THINK YOUR
BEHAVIOUR IS ABUSIVE?



ARE YOU CONCERNED THAT YOUR
RELATIONSHIPS ARE TOXIC BECAUSE
OF YOUR BEHAVIOURS?

Goolum Goolum Warda Willanen (To Come To Change)
behaviour change program is a safe space for you
to understand you, your behaviours and
still support you to change



Contact:

Johnny on 0417665159

Sam on 0407064808



Please contact
Medical Reception Clinic
5381 6301

Speech Pathology **Mary Jean (MJ)**

Every Thursday alternates between Horsham and Stawell

Days: Thursday 9 Nd October

Days: Thursday 2 Nd October

10:30 am - 3:30 pm
Place: Horsham

10:30 am - 3:30 pm
Place: Stawell



Please contact
Medical Reception Clinic
5381 6301

Diabetes Educator **Lesley Robinson**

Every 2nd Wednesday

Days: Tuesday 14th October, Tuesday 28 th October
and Tuesday 30th September 10:30 am - 3:30 pm

Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Clinic Doctor **Dr Garry Matthews**

Days: Monday 9:00 am - 5:00 pm

Thursday: 9:00 am - 5:00 pm

Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Clinic Doctor **Dr David Hunchak**

Days: Tuesday: 9:00 am - 5:00 pm

Wednesday: 9:00 am - 5:00 pm

Friday: 9:00 am - 5:00 pm

Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Clinic Doctor (Off site) **Dr Emily Wilson**

Days: Thursday 9:00 am - 5:00 pm

Telehealth and phone calls only



Please contact
Medical Reception Clinic
5381 6301

Podiatry (Monthly) **Andrew Nashed**

Days: Tuesday 21th October 2025 10:00 am - 4:00 pm

Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Maternal Child Health Nurses

Days: Thursdays
Nurses: Jenny Bull
-Eliza Miller- Amy Beddison
Place: Horsham

Days: Wednesdays
Nurses: Jenny Bull
-Eliza Miller- Amy Beddison
Place: Stawell



Please contact
Medical Reception Clinic
5381 6301

Women's Health Nurse **Selina Pilgrim**

Days: Mondays and Wednesdays 9:00 am - 12:00 pm
Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Aboriginal Health Workers **Louise King/Carol Kennedy**

Days: Monday-Friday 9:00 am - 5:00 pm
Place: Horsham



Please contact
Medical Reception Clinic
5381 6301

Clinical Nurses **Brian Harrison/Selina Pilgrim/Tracey Wood**

Days: Monday-Friday 9:00 am - 5:00 pm
Place: Horsham





Maternal and Child Health



At our recent Mums and Bubs gathering, we were joined by Ambulance Victoria for a really valuable session. The team shared practical tips about health and safety, and explained when and how to call for help in an emergency.



Emergency

In a health emergency:

- ▶ Call Triple Zero (000)
- ▶ Ask for ambulance

Say "ambulance" and then the language you speak in English.

Calltaker will ask

▶ Where do you need the ambulance?

Write your address

Victoria

Write nearest cross street or landmark

▶ What is your emergency?

▶ What is your phone number?

Write your phone number

Do not hang up until the calltaker tells you!

AmbulanceVictoria



WE ARE HERE FOR YOU 24/7

Victorian Virtual Emergency Department

OPEN 24/7



Scan the QR code or visit vved.org.au



The Victorian Virtual Emergency Department allows you to access care for non-life-threatening emergencies, 24 hours a day, seven days a week.

You will be connected to our doctors and nurses via a video call and receive medical advice from the comfort of your home.

Interpreter services are available.

If your emergency is life-threatening, call Triple Zero (000).



VVED is an emergency care service a public health service for non-life-threatening emergencies. Access, from anywhere in Victoria, 24 hours a day, seven days a week.

visit vved.org.au

Northern Health



Women's Health Mobile Clinic

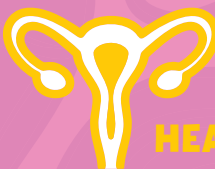


**Don't Wait for the New Year
Prioritise Your Health
Before the Festive Season**

FREE TO WOMEN OF ALL AGES AND TEENAGERS

45'
MINUTES

**APPOINT
-MENT**



**WITH A SEXUAL
AND REPRODUCTIVE
HEALTH NURSE PRACTITIONER
AND SELINA PILGRIM**

**CALL SELINA TO BOOK YOUR
APPOINTMENT ON 5381 6301**

****This is a free and confidential service****

**Cervical and
bowel screening**

**Contraception
(IUDs & Implants)**

**STI testing and
treatment**

Pregnancy options

**Menopause and
bladder health**

**Pelvic pain and
irregular bleeding**

**Any other
women's health
concerns**

LOCATION



**43 Hamilton
st Horsham**



Hearing or speech difficulties TTY 13 36 77

interpreter support 13 14 50





Artist name: Kylie Taylor; Yorta Yorta Woman on Wotjobaluk Country

Free breast screens

Aboriginal and Torres Strait Islander women will receive a **FREE** beautiful shawl to use during their screen and keep afterwards. (Limited number available)

Want to keep yourself healthy and strong? Come and get your breasts screened and protect yourself against breast cancer.



Free



Takes about
10 minutes



With a woman
radiographer



Does not require a
Medicare card or
doctor's referral



For people
without breast
symptoms

Wednesday 15 – Friday 17 October 2025

43 Hamilton Street, Horsham VIC 3400

Goolum Goolum Aboriginal Co-Operative
03 5381 6330



BreastScreen Victoria
acknowledges the support of
the Victorian Government.

Hearing or speech
difficulties TTY 13 36 77

 Interpreter
support 13 14 50



**NOVEMBER IS....
DEADLY AND SAFE MONTH!**

  **FREE**
STI
SCREENING **15-30**
YEARS

BOOK WITH SELINA FOR THEIR ANNUAL STI SCREENING
QUICK, CONFIDENTIAL, AND CULTURALLY SAFE CARE
ON COMPLETION, YOU' WILL RECEIVE A \$25 VOUCHER

WHY IS IMPORTANT GET CHECKED?

LOOK AFTER YOUR HEALTH & COMMUNITY

MOST STIS DON'T HAVE SYMPTOMS

EASY TO TREAT IF PICKED UP EARLY

**REGULAR CHECKS - TAKING CONTROL
OF YOUR HEALTH**

*Proudly supporting our mob's
health & wellbeing
LGBTQIA + Diversity Friendly*



 **Hamilton Street
MEDICAL CLINIC**





Expression of Interest Hand Up 2025



We invite you to decorate emu eggs, a beautiful tradition full of meaning and expression.

For more information
contact Kylie Tylor on 0481 481 893

GOOLUM GOOLUM WEB SITE NEWS

We've updated our website to make it easier for our community to stay in the loop!
Just head to www.goolumgoolum.org.au, go to the top menu and click
"What's Happening" to see all our upcoming events.

What's Happening

Get involved and help us make a difference!



OCTOBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			CHUNKY MOVE			
5 	6	7	8	9	10	11
12	13	14	15	16 	17 	18
19	20	21	22 	23	24	25
26	27	28 SUP PROGRAMS HORSHAM	29	30 	31 	



**CLOSE
THE GAP**



**BUILDING
OUR FUTURE**



**FOCUS
ON FAMILIES**



**STRONG
VOICES**



Strategic Plan
2022-2026

Goolum Goolum, more than just a health service.
We strive to provide a holistic model that
supports the physical, social, emotional, cultural,
and spiritual needs of our people.



**Feel free to contact us if you would like to contribute
to the next Newsletter or have feedback.
See our contact details below.**

www.goolumgoolum.org.au



goolumgoolumaboriginalco.op



reception@goolumgoolum.org.au



43 Hamilton St, Horsham VIC 3400



(03) 5381 6333