
Magnesium Citrate – **Additional Bowel preparation**

You are being asked to take an additional step in your bowel clean out before your colonoscopy. This may be due to underlying constipation or inadequate/poor bowel preparation on a prior colonoscopy. This step is to help ensure your bowels are completely clear of stool at the time of colonoscopy.

Two (2) days prior to procedure:

1. **At 6:00 PM:** Drink one (1) 10-ounce bottle of Magnesium Citrate.
2. **Please follow the remainder of the bowel preparation instructions included in this packet as this is an additional step and not the complete bowel preparation.**

✂ (Cut here and take with you to your drug store) ✂

Purchases:

You will need to purchase the following item. This laxative is available over-the-counter.

1. One (1) 10 ounce bottle of Magnesium Citrate

Please refer to the remainder of this packet for further bowel preparation items or prescriptions and instructions.