

Volleyball

Coming in 2027: Tab Recreation Volleyball

Tab Recreation is excited to officially launch Volleyball in 2027, bringing one of the fastest-growing youth sports in the country to our community. Beginning with 12U divisions for both boys and girls, the program will continue through middle school age levels, which aligns with the national average age range for recreational volleyball programs in the United States.

Our goal is to build a volleyball program that is energetic, developmental, welcoming, and community-focused from day one. Whether athletes are brand new to volleyball or already have experience, Tab Recreation Volleyball will provide a fun and structured environment where players can grow in confidence, teamwork, communication, and athletic ability.

As a Christ-centered community, we also believe sports can be a powerful tool for building character, encouraging others, and developing young leaders who learn the importance of humility, discipline, service, and respect both on and off the court.

Program Vision

Volleyball is one of the best sports for developing coordination, movement, teamwork, leadership, and communication. At Tab Recreation, we want to create a program that teaches the fundamentals of the game while also helping athletes build friendships, confidence, discipline, and a love for competition.

The program will feature:

- Boys and Girls Volleyball Seasons
- Developmental and recreational league play
- Skill-focused practices and instruction
- Team-based competition
- Positive coaching and mentorship
- Opportunities for beginner and experienced athletes alike

Expected Age Divisions

Initial divisions are expected to include:

- 12U Volleyball
- 14U Volleyball
- Middle School Volleyball Divisions

Additional age groups may be added as the program grows.

What Athletes Will Learn

Players will focus on:

- Serving and passing fundamentals
- Setting and hitting technique
- Court movement and communication
- Defensive positioning and teamwork
- Conditioning and athletic development
- Sportsmanship and leadership

Our coaching philosophy will emphasize development first, ensuring athletes learn the game in a positive and encouraging environment where effort, growth, and teamwork are valued above individual success.

The Tab Recreation Difference

Like all Tab Recreation programs, Volleyball will be about more than just competition. We want families to feel connected, athletes to feel supported, and every participant to grow both on and off the court.

Families can expect:

- Organized practices and league play
- Safe and welcoming environments
- Development-focused coaching
- Strong emphasis on teamwork and character
- High-energy game day experiences
- Community-centered programming

- Faith-based encouragement and mentorship

Looking Ahead

As Tab Recreation continues expanding programming into the new Oaks Fieldhouse, Volleyball will become another opportunity for youth in our community to stay active, build relationships, and discover new passions through recreation.

We're excited to build a volleyball culture that is competitive, encouraging, community-driven, and grounded in the values that make Tab Recreation unique.

We can't wait to serve the next generation of volleyball athletes beginning in 2027.